Standing Committee Annual Report

Name of Committee or Council: Mental Health and Wellness Committee

Chair: Dr. Uma J. Iyer

Meeting Dates in Current Year: 01/29, 02/05, 03/26 and 04/09/2021

Major Actions or Accomplishments:

The Mental Health and Wellness Committee used a D2L course shell to discuss items and exchange information throughout the academic year Fall 2020-Spring 2021. The committee chair was instrumental in deploying and administering the Fall 2020 Wellbeing Survey to the student population. The committee discussed and decided to participate in the Well-being Collaborative Initiative which is organized by the Wake Forest University. The committee chair was instrumental in obtaining permission from various offices on campus and deploying the Fall 2020 Wellbeing Survey to the student population. The Fall 2020 Well-being Survey, developed by the researchers at the Wake Forest University, in addition to the obvious wellbeing items had several Covid-19 related items. A copy of the survey with Covid related items highlighted (Appendix A) was sent to the Campus Covid Command team for information, further additions or edits and approval. Permissions and approvals were obtained from several offices on campus including, IRB, the Survey Policy Oversight Committee (SPOC), Decision Support and Institutional Research (DSIR) and the Office of the Registrar. Also needed paperwork (for example, the Permission to Sample – Appendix B) was obtained from APSU DSIR for the Wake Forest University. Flyers containing information about the survey was circulated on campus through various avenues as a heads up for students. The Fall 2020 Wellbeing Survey was deployed in the month of Oct-November of 2020 to students via student email. The committee received a Preliminary set of results in the month of February 2021 and a Final report in March 2021. The committee members volunteered to study the report and posted their comments in D2L to share with others in the committee. The chair presented the Final Report to the Student Wellness Steering Committee on April 20th. The presentation with the results of the survey is attached as Appendix C. The Wellbeing Assessment Online Report Guide Fall 2020 is attached as Appendix D. AP-IRB Approval letter is attached as Appendix E to this report.

Appendices:

Appendix A: Fall 2020 Wellbeing Survey (with Covid -19 related items Highlighted).
Appendix B: Permission to Sample
Appendix C: PowerPoint presentation of results of Fall 2020 Wellbeing Survey
Appendix D: The Wellbeing Assessment Online Report Guide Fall 2020

WFU Wellbeing Assessment Fall 2020 Codebook

Items in the codebook should have variable names that are similar to the items in the data set. There may be some small differences, but the names in the data set should be close enough to the codebook so that you know which items they are in the codebook.

Table of Contents

Wake Forest Wellbeing Assessment 2
Mood 2
Demographics 4
Work & Academic Plans 10
Life Satisfaction & Self-Esteem 11
Positive Attitudes 12
Activity Engagement 13
COVID-19 Prevention 16
Inclusion & Social Justice - Racism 17
Academic Engagement 18
Belonging 20
Meaning 22
Purpose 23
Positive Coping 24
Basic Security Needs 25
Open response 25

Copyright © 2020 Wake Forest University
Return to top

WAKE FOREST WELLBEING ASSESSMENT

This questionnaire asks you about your wellbeing. The results will be used to inform programs and policies at your school. Nobody will ever associate your answers with your identity, and all responses are confidential.

Please try to answer each question as best you can. If, however, you would prefer not to answer a particular question, just leave it blank and go on to the next. If you have any concerns or questions about this project, feel free to contact Dr. Nicole Brocato at brocatnw@wfu.edu

MOOD

These items ask you about how you have been feeling lately. There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

Over the **past two weeks**, how often have you experienced any of the following:

**Note: You will see all-caps labels in the left-hand columns of the item tables and next to some of the item numbers. These are just variable names that we use to help us sort and analyze data. Students will not see those labels.

	Happiness	1	2	3	4	5
HAPPY_1	Feeling cheerful	Not at All	Several days	Half the days	Over half the days	Nearly every day
HAPPY_2	Being in good spirits	Not at All	Several days	Half the days	Over half the days	Nearly every day
HAPPY_3	Feeling extremely happy	Not at All	Several days	Half the days	Over half the days	Nearly every day
HAPPY_4	Feeling full of life	Not at All	Several days	Half the days	Over half the days	Nearly every day
	Anxiety					
ANX_1	Feeling nervous, anxious or on edge	Not at All	Several days	Half the days	Over half the days	Nearly every day
ANX_2	Not being able to stop or control worrying	Not at All	Several days	Half the days	Over half the days	Nearly every day
ANX_3	Worrying too much about different things	Not at All	Several days	Half the days	Over half the days	Nearly every day
ANX_4	Being concerned that something bad might happen	Not at All	Several days	Half the days	Over half the days	Nearly every day
	Depression					
DEP_1	Feeling depressed	Not at All	Several days	Half the days	Over half the days	Nearly every day
DEP_2	Feeling sad	Not at All	Several days	Half the days	Over half the days	Nearly every day
DEP_3	Feeling like nothing can make you happy	Not at All	Several days	Half the days	Over half the days	Nearly every day
DEP_4	Thinking that others would be better	Not at All	Several days	Half the	Over half the	Nearly every

Copyright © 2020 Wake Forest University
Return to top

	off without you			days	days	day
DEP_5	Feeling like you have let yourself, friends, or family down	Not at All	Several days	Half the days	Over half the days	Nearly every day
	Loneliness					
LONE_1	Feeling like you don't have friends	Not at All	Several days	Half the days	Over half the days	Nearly every day
LONE_2	Feeling left out	Not at All	Several days	Half the days	Over half the days	Nearly every day
LONE_3	Feeling isolated from others	Not at All	Several days	Half the days	Over half the days	Nearly every day
LONE_4	Feeling like no one understands you	Not at All	Several days	Half the days	Over half the days	Nearly every day
LONE_5	Feeling excluded	Not at All	Several days	Half the days	Over half the days	Nearly every day
	Social anxiety					
SOCANX_1	Feeling an intense and persistent fear of a social situation in which people might judge you	Not at All	Several days	Half the days	Over half the days	Nearly every day
SOCANX_2	Fearing that you will embarrass yourself	Not at All	Several days	Half the days	Over half the days	Nearly every day
SOCANX_3	Fearing that people will notice that you are anxious	Not at All	Several days	Half the days	Over half the days	Nearly every day

The COVID-19 pandemic has impacted our lives in many ways, and everyone's experience is unique.

	COVID impact					
COVIDSTRESS_1	In the **spring semester,** how stressed were you by the COVID-19 pandemic?	Not at all stressed	Slightly stressed	Moderately stressed	Stressed	Extremely stressed
COVIDSTRESS_2	**Currently**, how stressed are you by the COVID-19 pandemic?	Not at all stressed	Slightly stressed	Moderately stressed	Stressed	Extremely stressed

Copyright © 2020 Wake Forest University
Return to top

DEMOGRAPHICS

(On a separate page with additional formatting):

As a reminder, you can skip any items that you do not wish to answer.

These items ask you to describe aspects of your demographic identity and experience. We ask these questions for two reasons. First, these demographics allow us to determine how well our survey sample represents the student body. Second, understanding more about your background helps your school to tailor programs, policies, and other resources to your unique needs.

You may skip any items that you do not wish to answer.

(On a usual page with the items):

There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

As a reminder, you can skip any items that you do not wish to answer.

CLASS ("CLASS" is a variable label that students won't see): What class are you in?

Your class standing is determined by the number of credit hours you have earned. If you're not sure which answer to choose, select the one that seems like it is the most true for you.

1. First year or freshman
2. Sophomore
3. Junior
4. Senior
5. Graduate student

FTPT Are you enrolled as a full-time or part-time student?

1. Full-time
2. Part-time

DISTANCE: Are you primarily a distance or on-campus learner?

1. On-campus, but most of my classes are online because of the COVID-19 pandemic
2. On-campus, and half or more of my classes are on-campus
3. Distance, and I enrolled as an online learner

REGION: Where did you live before enrolling in your school? (That may be the same place you currently live.)

1. Outside of the US

Copyright © 2020 Wake Forest University Return to top

2. Midwest US - IA, IL, IN, KS, MI, MN, MO, ND, NE, OH, SD, WI
3. Northeast US - CT, DC, DE, MA, MD, ME, NH, NJ, NY, PA, RI, VT
4. Southeast US- AL, AR, FL, GA, KY, LA, MS, NC, SC, TN, VA, WV
5. Southwest US - AZ, NM, OK, TX
6. West US - AK, CA, CO, HI, ID, MT, NV, OR, UT, WA, WY

HOUSING: Where do you currently live? (select one)

Special interest housing

1. First-year student housing
2. Culture-specific student housing
3. Special academic program housing
4. Other special interest housing

Regular college housing

5. Residence hall
6. Apartment
7. Fraternity or sorority housing
8. Other residential housing

Off campus

9. At home with family
10. Fraternity or sorority
11. Rented apartment house
12. Other

GENDER: Which term do **you** use to describe your gender identity (select all that apply)

1. Woman or female
2. Man or male
3. Genderqueer
4. Agender
5. Genderfluid
6. Non-binary
7. Prefer to self-describe: _____

TRANS: Transgender is an umbrella term that refers to people whose gender identity, expression or behavior is different from those typically associated with their assigned sex at birth. Other identities considered to fall under this umbrella can include non-binary, gender fluid, and genderqueer – as well as many more.

Do you identify as transgender or a person of transgender experience?

1. No
2. Yes

SEX_ORIENT: How do you describe your sexual orientation? (select all that apply)

Copyright © 2020 Wake Forest University Return to top

1. Asexual
2. Bisexual
3. Gay
4. Lesbian
5. Pansexual
6. Queer
7. Questioning
8. Straight/Heterosexual
9. Prefer to self-describe (write-in)

RACETHN: Added a calculated variable to reflect federal reporting requirements as of 2007, which are:

1. Hispanic/Latino of any race
2. American Indian or Alaska Native, not Hispanic
3. Asian, not Hispanic
4. Black or African American, not Hispanic
5. Native Hawaiian or Other Pacific Islander, not Hispanic
6. White, not Hispanic
7. Two or more races, not Hispanic

ETHNICITY: Are you Hispanic or Latino? (select one)

1. No
2. Yes

RACE: Select one or more of the following races: (select all that apply)

1. RACE_1: American Indian or Alaska Native
2. RACE_2: Asian
3. RACE_3: Black or African American
4. RACE_4: Native Hawaiian or Other Pacific Islander
5. RACE_5: White

PAREDU: Has one or more of your parents or guardians completed at least one year of college?

1. No
2. Yes
3. Don't know___

AGE: What is your age? (drop-down menu)

1. Younger than 17

17-40. Ages 17-40 are coded with the age numbers

41. Older than 40

GPA: What is the most recent grade point average (GPA) you have received? For first-year students, this could be your GPA senior year of high school. For all others, report your current overall GPA. (select one)

Copyright © 2020 Wake Forest University Return to top

1. A+ (4.0)
2. A or A- (3.7-3.9)
3. B+ (3.3-3.6)
4. B (3.0-3.2)
5. B- (2.7-2.9)
6. C+ (2.3-2.6)
7. C (2.0-2.2)
8. C- (1.7-1.9)
9. D or lower (1.6 or lower)

MAJOR: Which of these fields best describes your major? (Select up to 2) [These are individual variables in the data set: MAJOR_0, MAJOR_1, etc.]

1. MAJOR_0: Not yet selected a major
2. MAJOR_1: Agriculture
3. MAJOR_2: Biological/life sciences (biology, biochemistry, botany, zoology, etc.)
4. MAJOR_3: Business (accounting, business administration, marketing, management, etc.)
5. MAJOR_4: Communication (speech, journalism, television/radio, etc.)
6. MAJOR_5: Computer and information sciences
7. MAJOR_6: Education
8. MAJOR_7: Engineering
9. MAJOR_8: Ethnic, cultural studies, and area studies
10. MAJOR_9: Foreign languages and literature (French, Spanish, etc.)
11. MAJOR_10: Health-related fields (nursing, physical therapy, health technology, etc.)
12. MAJOR_11: History
13. MAJOR_12: Humanities (English, literature, philosophy, religion, etc.)
14. MAJOR_13: Liberal/general studies
15. MAJOR_14: Mathematics
16. MAJOR_15: Multi/interdisciplinary studies (international relations, ecology, environmental studies, etc.)
17. MAJOR_16: Parks, recreation, leisure studies, sports management
18. MAJOR_17: Physical sciences (physics, chemistry, astronomy, earth science, etc.)
19. MAJOR_18: Pre-professional (pre-dental, pre-law, pre-medical, pre-veterinary)
20. MAJOR_19: Public administration (city management, law enforcement, etc.)
21. MAJOR_20: Social sciences (anthropology, economics, political science, psychology, sociology, etc.)
22. MAJOR_21: Visual and performing arts (art, music, theater, dance, etc.)
23. MAJOR_22: Other (please specify) _____

**Note: The variable name for text entries for MAJOR_23 is MAJOR_22_TEXT.*

F1VISA: Are you studying at your school on an F1 Visa?

Copyright © 2020 Wake Forest University Return to top

1. No
2. Yes

COVIDRISK_1: The CDC currently advises that some factors may lead to a heightened risk of severe illness from COVID-19. Which of the following risk factors apply to you personally? (check all that apply)

1. I am 65 years of age or older
2. I have an underlying medical condition that places me at risk (e.g., chronic lung disease or asthma, serious heart condition, compromised immunity, severe obesity, diabetes, kidney disease, undergoing dialysis, etc.)
3. None of the above

COVIDRISK_2: Which of the following risk factors apply to someone in your household? (check all that apply)

1. 65 years of age or older
2. Have an underlying medical condition that places them at risk (e.g., chronic lung disease or asthma, serious heart condition, compromised immunity, severe obesity, diabetes, kidney disease, undergoing dialysis, etc.)
3. None of the above

DISABL: Do you have any of the following? (select all that apply)

1. DISABL_0: None
2. DISABL_1: Learning disorder (e.g., dyslexia, etc.)
3. DISABL_2: Attention-deficit/hyperactivity disorder (e.g., ADHD, ADD, etc.)
4. DISABL_3: Chronic illness (cancer, diabetes, autoimmune disorders, etc.)
5. DISABL_4: Psychological disorders (e.g., anxiety, depression, etc.)
6. DISABL_5: Mobility impairment
7. DISABL_6: Traumatic Brain Injury
8. DISABL_7: Visual impairment
9. DISABL_8: Hearing impairment
10. DISABL_9: Other_____*(*Note: The variable name for text entries is DISABL_9_TEXT)*

FIN_RES: Please indicate how often you have experienced the following during the current academic year:

		1	2	3	4	5
FIN_RES_1	**During the current academic year,** I have worried about being able to pay for my educational expenses.	Never	Seldom	Sometimes	Often	Very often
FIN_RES_2	**During the current academic year,** I was unable to participate in events and activities at school because I didn't have enough money.	Never	Seldom	Sometimes	Often	Very often
FIN_RES_3	**During the current academic year,** I	Never	Seldom	Sometimes	Often	Very often

Copyright © 2020 Wake Forest University
Return to top

	contributed money to help support my family.					

PAY: How are you paying for your education costs?

		1	2
PAY_1	Resources from your family (e.g., parent or relative savings, etc.)	No	Yes
PAY_2	Your own personal resources (e.g., your savings, income from a job, etc.)	No	Yes
PAY_3	Financial aid that does not need to be repaid (e.g., scholarship or grant money)	No	Yes
PAY_4	Financial aid that you will repay (student loans)	No	Yes
PAY_5	Financial aid that your parent/family will repay (loans in your parent/family's name)	No	Yes
PAY_6	Other: (write-in)	No	Yes

NEED (if YES to PAY_3): Is any portion of your financial aid need-based?

1. No
2. Yes

LOANS (if YES to PAY_4 student loans): About how much do you currently owe on student loans? (select one)

3. Less than $10,000
4. $10,000 - $19,999
5. $20,000 - $29,999
6. $30,000 - $39,999
7. $40,000 or more
8. Not sure

Copyright © 2020 Wake Forest University
Return to top

WORK & ACADEMIC PLANS

This set of items asks about your work and academic plans. There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

OUTCOMES: How likely is it that you will do any of the following:

		1	2	3	4	5	6
OUTCOMES_1	Leave your school before graduating and transfer to another school?	Very Likely	Moderately Likely	Slightly Likely	Slightly Unlikely	Moderately Unlikely	Very Unlikely
OUTCOMES_4	Leave your school before graduating without transferring to another school?	Very Likely	Moderately Likely	Slightly Likely	Slightly Unlikely	Moderately Unlikely	Very Unlikely
OUTCOMES_ 2	Attend a graduate or professional school (e.g., law school, medical school, a PhD or master's program) within 6 months of graduating from your school?	Very Likely	Moderately Likely	Slightly Likely	Slightly Unlikely	Moderately Unlikely	Very Unlikely
OUTCOMES_ 3	Have a job (of any type) within 6 months of graduating from your school?	Very Likely	Moderately Likely	Slightly Likely	Slightly Unlikely	Moderately Unlikely	Very Unlikely

Copyright © 2020 Wake Forest University
Return to top

LIFE SATISFACTION & SELF-ESTEEM

This set of items asks how satisfied you are with several areas in your life. There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

Please rate how strongly you agree or disagree with the following statements.

		1	2	3	4	5	6
	Life satisfaction						
LIFESAT_1	So far I have gotten the important things I want in life.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
LIFESAT_2	Overall, I would say that I am satisfied with my life.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
LIFESAT_3	I am satisfied with the direction my life is going.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
	Self-esteem						
SELFEST_1	I really like myself.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
SELFEST_2	On the whole, I am satisfied with myself.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
SELFEST_3	I feel that I have a number of good qualities.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree

Copyright © 2020 Wake Forest University
Return to top

POSITIVE ATTITUDES

This set of items asks about your behaviors and attitudes toward life. There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

Please rate how strongly you agree or disagree with the following statements.

		1	2	3	4	5	6
	Optimism						
OPT_1	When things are uncertain in life, I expect the best.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
OPT_2	Overall, I expect more good things to happen to me than bad.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
OPT_3	When I think about the future, I feel positive about it.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
	Perseverance						
PERS_1	I finish whatever tasks I begin.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
PERS_2	I stay committed to my goals, even if they take a long time to achieve.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
PERS_3	I keep working on my tasks, even if I feel like quitting.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree

Copyright © 2020 Wake Forest University
Return to top

ACTIVITY ENGAGEMENT

This set of items asks about the activities you are involved in. There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

ACTIVITIES_1: In an **average week during the school year**, do you participate in any of the following?

		1	2	3	4	5
		All students		*If yes to this item, present these options:* Where do you typically participate in this activity?		
ACT1_1	Social fraternity or sorority	No	Yes	--	--	--
ACT1_2	Academic, pre-professional, and honors societies	No	Yes	--	--	--
ACT1_3	Campus spirit and traditions	No	Yes	--	--	--
ACT1_4	Intercollegiate sport	No	Yes	--	--	--
ACT1_5 Drop-down: ACT1_16	Club/intramural sport	No	Yes	Through my school	Not through my school	Both
ACT1_6 Drop-down: ACT1_17	Recreation activities (e.g. group fitness classes, outdoor excursions, etc.)	No	Yes	Through my school	Not through my school	Both
ACT1_7 Drop-down: ACT1_18	Arts group (e.g., performing arts, visual arts, music, etc.)	No	Yes	Through my school	Not through my school	Both
ACT1_8 Drop-down: ACT1_19	Civic engagement or service groups	No	Yes	Through my school	Not through my school	Both
ACTS1_9 Drop-down: ACT1_20	Spiritual/faith-based group	No	Yes	Through my school	Not through my school	Both
ACT1_10 Drop-down: ACT1_21	Political group	No	Yes	Through my school	Not through my school	Both
ACT1_11 Drop-down: ACT1_22	Student government/leadership initiatives	No	Yes	Through my school	Not through my school	Both
ACT1_12	Peer education and	No	Yes	Through my	Not through	Both

Copyright © 2020 Wake Forest University
Return to top

Drop-down: ACT1_23	mentoring			school	my school	
ACT1_13 Drop-down: ACT1_24	Cultural/ethnic organization	No	Yes	Through my school	Not through my school	Both
ACT1_14 Drop-down: ACT1_25	Media group (e.g. newspaper, radio station, etc.)	No	Yes	Through my school	Not through my school	Both
ACT1_15 Drop-down: ACT1_26	Other: _____ **Note: The variable name for text entries is ACT1_15_TEXT.*	No	Yes	Through my school	Not through my school	Both

Copyright © 2020 Wake Forest University
Return to top

ACTIVITIES2: **Thinking about *all* the activities you are involved in**, please rate how strongly you agree or disagree with the following statements.

Please think about both in-person and **online** activities.

	Outcomes	1	2	3	4	5	6
ACT2_1	I am involved in at least one activity that I enjoy.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
ACT2_2	I am involved in at least one activity that has expanded my skills.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
ACT2_3	I am involved in an at least one activity that is meaningful to me.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
	Pathways						
ACT2_4	Participating in activities is important to me.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
ACT2_5	My school currently offers activities that are interesting to me.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
ACT2_6	If I want to, I know how to get help finding activities at my school.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
ACT2_7	**During the current academic year,** I've heard faculty or staff talk about the benefits of being involved in activities.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
ACT2_8	**During the current academic year,** I've tried new activities.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
ACT2_9	I am extremely involved in activities.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
ACT2_10	**During the current academic year,** there have been times when I have wanted to participate in an activity, but I was too busy.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree

Copyright © 2020 Wake Forest University
Return to top

COVID-19 PREVENTION BEHAVIORS

Physical distancing means deliberately increasing the physical space between people (6 feet or more) to avoid spreading illness.

Some have used "social distancing" to convey this idea, however *you can remain socially connected while maintaining physical distance.* We use the term "physical distancing" in this survey.

Please rate how strongly you agree or disagree with the following statements.

I believe it is my ***responsibility*** to:

	Attitudes	1	2	3	4	5	6
COVIDATT_1	Use face cloth coverings while in public to reduce the spread of COVID-19	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
COVIDATT_2	Practice physical distancing while in public to reduce the spread of COVID-19	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
COVIDATT_3	Practice regular hand washing or use of hand sanitizer to reduce the spread of COVID-19	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
COVIDATT_4	Avoid large gatherings of people to reduce the spread of COVID-19	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree

How often do ***you*** do the following:

	Behaviors	1	2	3	4	5	6
COVIDBEHAV_1	Use face cloth coverings while in public to reduce the spread of COVID-19	Never	Rarely	Sometimes	Often	Very often	Always
COVIDBEHAV_2	Practice physical distancing while in public to reduce the spread of COVID-19	Never	Rarely	Sometimes	Often	Very often	Always
COVIDBEHAV_3	Practice regular hand washing or use of hand sanitizer to reduce the spread of COVID-19	Never	Rarely	Sometimes	Often	Very often	Always
COVIDBEHAV_4	Avoid large gatherings of people to reduce the spread of COVID-19	Never	Rarely	Sometimes	Often	Very often	Always

Copyright © 2020 Wake Forest University
Return to top

How often do you think ***other students at your school*** do the following:

	Social norms	1	2	3	4	5	6
COVIDSN_1	Use face cloth coverings while in public to reduce the spread of COVID-19	Never	Rarely	Sometimes	Often	Very often	Always
COVIDSN_2	Practice physical distancing while in public to reduce the spread of COVID-19	Never	Rarely	Sometimes	Often	Very often	Always
COVIDSN_3	Practice regular hand washing or use of hand sanitizer to reduce the spread of COVID-19	Never	Rarely	Sometimes	Often	Very often	Always
COVIDSN_4	Avoid large gatherings of people to reduce the spread of COVID-19	Never	Rarely	Sometimes	Often	Very often	Always

STANDING UP TO DISCRIMINATION - RACISM

This set of items asks you about some of your social experiences. There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

Please rate how strongly you agree or disagree with the following statements.

		1	2	3	4	5	6
DISCRIM_1	When I witness racial discrimination, I have trouble knowing how to effectively challenge it.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
DISCRIM_2	I feel responsible for challenging racial discrimination whenever I witness it.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
DISCRIM_3	When I am talking to someone who says something racially discriminatory, I challenge them.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
DISCRIM_4	**During the current academic year,** at least one of my courses has included discussions about challenging racial discrimination (such as whether to and how to challenge discrimination).	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
DISCRIM_5	I think the culture on my campus discourages people from challenging racial discrimination.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree

Copyright © 2020 Wake Forest University
Return to top

ACADEMIC ENGAGEMENT

This set of items asks you about your academic experience. There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

Please rate how strongly you agree or disagree with the following statements.

	Outcomes	1	2	3	4	5	6
ACAENG_1	**During the current academic year**, my classes have been generally interesting and engaging.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
ACAENG_2	**During the current academic year,** I have been able to find courses that are interesting to me.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
ACAENG_3	**During the current academic year**, the academic projects I have worked on have excited me.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
	Pathways						
ACAENG_4	In general, I feel respected by my professors.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
ACAENG_5	There is at least one faculty or staff member at my school who has been a mentor to me.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
ACAENG_6	There is at least one faculty or staff member at my school who cares about me as a person.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
ACAENG_7	My opinions are taken seriously in at least one of my classes.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
ACAENG_8	I regularly interact with faculty or staff about academic matters outside of class.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
ACAENG_9	I discuss my academic plans with an advisor.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
ACAENG_10	I often study with one or more other students.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
ACAENG_11	I actively participate during class.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
ACAENG_12	**During the current academic year**, I have worked on a research, scholarly, or creative project with a faculty member at my school.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
ACAENG_13	My interest in academics has been	Strongly	Disagree	Slightly	Slightly	Agree	Strongly

Copyright © 2020 Wake Forest University
Return to top

	negatively impacted by the COVID-19 pandemic	disagree		disagree	agree		agree

Copyright © 2020 Wake Forest University
Return to top

BELONGING

This set of items asks you about your sense of belonging at your school. There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

Please rate how strongly you agree or disagree with the following statements.

	Outcomes	1	2	3	4	5	6
BELONG_1	I feel a sense of belonging to my school.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
BELONG_2	I feel accepted at my school.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
BELONG_3	I feel included at my school.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
	Pathways						
BELONG_4	There are faculty or staff who help me feel like I belong at my school.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
BELONG_5	I would have to change myself in order to feel like I fit in at my school.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
BELONG_6	People at my school are friendly toward me.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
BELONG_7	I belong to a group of friends at my school who are important to me.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
BELONG_8	I regularly participate in at least one activity at my school that helps me feel like I belong.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
BELONG_9	The academic experiences I have had at my school help me feel like I belong.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
BELONG_10	There are campus programs and events that help me feel like I belong at my school.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
BELONG_11	I feel safe in my school.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
BELONG_12	I feel close to people at this school.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
BELONG_13	It's important to me to go to a school where I feel like I belong.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
BELONG_14	My sense of belonging to my school has been negatively impacted by the COVID-19 pandemic	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree

Copyright © 2020 Wake Forest University

Return to top

This set of items asks you about your experiences with discrimination at your school. There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

During the current academic year, I have experienced discrimination (e.g. being excluded from activities or being the target of disparaging jokes, slurs, or comments) as a result of my:

		1	2
BDISC_1	Racial/ethnic background	No	Yes
BDISC_2	Gender	No	Yes
BDISC_3	Religious affiliation	No	Yes
BDISC_4	Socioeconomic status	No	Yes
BDISC_5	Political beliefs	No	Yes
BDISC_6	Sexual orientation	No	Yes
BDISC_7	Disability (physical mobility, learning ability, chronic illness, hearing/vision ability)	No	Yes

During the current academic year, how much stress associated with current events (e.g., elections, political appointments, police actions, responses to systemic injustices, violent events, etc.) have you experienced as a result of your:

		1	2	3	4	5
CESTRESS_1	Racial/ethnic background	Not at all stressed	Slightly stressed	Moderately stressed	Stressed	Extremely stressed
CESTRESS_2	Gender identity	Not at all stressed	Slightly stressed	Moderately stressed	Stressed	Extremely stressed
CESTRESS_3	Religious affiliation	Not at all stressed	Slightly stressed	Moderately stressed	Stressed	Extremely stressed
CESTRESS_4	Socioeconomic status	Not at all stressed	Slightly stressed	Moderately stressed	Stressed	Extremely stressed
CESTRESS_5	Political beliefs	Not at all stressed	Slightly stressed	Moderately stressed	Stressed	Extremely stressed
CESTRESS_6	Sexual orientation	Not at all stressed	Slightly stressed	Moderately stressed	Stressed	Extremely stressed
CESTRESS_7	Disability (physical mobility, learning ability, chronic illness, hearing/vision ability)	Not at all stressed	Slightly stressed	Moderately stressed	Stressed	Extremely stressed

Copyright © 2020 Wake Forest University
Return to top

MEANING

This set of items asks you about your sense of meaning in life. There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

Please rate how strongly you agree or disagree with the following statements.

	Outcomes	1	2	3	4	5	6
MEANING_1	My life feels meaningful to me.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
MEANING_2	I do something meaningful with my life every day.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
MEANING_3	I live my life in a meaningful way.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
	Pathways						
MEANING_4	I can talk to my parents/guardians about what I find meaningful in life.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
MEANING_5	I have found faculty or staff at my school I can talk to about things I find meaningful in life.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
MEANING_6	I have friends or classmates at my school I can talk to about things I find meaningful in life.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
MEANING_7	I have taken courses at my school that have made me think about what I find meaningful in life.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
MEANING_8	I know what I find meaningful in life.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
MEANING_9	My life matters in the world.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
MEANING_10	I see the world as full of possibilities.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
MEANING_11	I have a sense of how I fit in the world.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
MEANING_12	As a result of the COVID-19 pandemic, my life feels less meaningful.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree

Copyright © 2020 Wake Forest University
Return to top

PURPOSE

This set of items asks you about your goals in life. By *goals*, we mean plans for your life after graduation.

There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

Please rate how strongly you agree or disagree with the following statements.

	Outcomes	1	2	3	4	5	6
PURP_1	I have a set of goals that I care about for my life after graduation.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
PURP_2	I have a set of goals for my life after graduation that are in line with my true interests.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
PURP_3	I have a set of goals for my life after graduation that are guided by my values.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
	Pathways						
PURP_4	I have actively worked to define my goals.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
PURP_5	There are faculty or staff at my school I can talk to about my goals.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
PURP_6	I have taken courses at my school that made me think about my goals.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
PURP_7	I can talk to my parents/guardians about my goals.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
PURP_8	I am distressed by the pressure my parents/guardians are putting on me to pursue certain goals.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
PURP_9	I have actionable plans for achieving my goals.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
PURP_10	I know what resources are available at my school to help me with my goals.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
PURP_11	I have a sense of what my skills and talents are.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
PURP_12	I am less confident about my goals for my life after graduation as a result of the COVID-19 pandemic.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree

Copyright © 2020 Wake Forest University

Return to top

POSITIVE COPING

This set of items asks about your behaviors and attitudes towards stressful events. There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

Please rate how strongly you agree or disagree with the following statements.

	Outcomes: Coping self-efficacy	1	2	3	4	5	6
COPING_1	I tend to take a long time to get over stressful events in my life.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
COPING_2	I have a hard time making it through stressful events.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
COPING_3	It is hard for me to tolerate it when something bad happens.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
	When faced with stressful events, I:	1	2	3	4	5	6
	Pathways: Self-compassion						
COPING_4	Make sure to be kind to myself	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
	Pathways: Use of social support						
COPING_5	Know at least one faculty/staff person at my school I can talk to	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
COPING_6	Have at least one friend at my school I can talk to	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
	Pathways: Primary coping						
COPING_7	Take action to resolve the problem	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
	Pathways: Secondary coping						
COPING_8	Try to see the stressful event in a more positive light	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree
	Covid						
COPING_9	I am having a hard time coping with the Covid-19 pandemic.	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree

Copyright © 2020 Wake Forest University
Return to top

BASIC SECURITY NEEDS

This set of items asks you about **some basic needs.** There are no right or wrong answers. If you don't know which answer to choose, select one that seems like it is the most true for you, even if it is not exactly right.

Please rate how strongly you agree or disagree with the following statements.

	Access to basic security needs	1	2
FOOD	During the last month, did you ever eat less than you felt you should or skip meals because there wasn't enough money for food?	No	Yes
HOUSING	Do you currently have a safe and secure place to live?	No	Yes
CAREMED1	Do you currently know where to obtain medical care if you need it?	No	Yes
CAREMED2	Can you currently afford to obtain medical care if you need it?	No	Yes
CAREMENT1	Do you currently know where to obtain mental health care if you need it?	No	Yes
CAREMENT2	Can you currently afford to obtain mental health care if you need it?	No	Yes

		1	2	3	4	5	6
COVIDSAFE	Do you think your school is doing enough to keep students safe and healthy during COVID-19?	Strongly disagree	Disagree	Slightly disagree	Slightly agree	Agree	Strongly agree

OPEN RESPONSE

Your answers to these items will be shared directly with your school. Please keep that in mind before you share any personally identifying information. We will separate your responses to these items from the rest of your survey items before we share the data with your school, but we encourage you not to share specifics about your name, email address, revealing anecdotes, or other uniquely identifying information.

COIVDOPEN_1: What parts of your school's response to the COVID-19 pandemic have you found to be the most helpful? (In the next question, you will have a chance to tell us what they could be doing better.) (write in)

COVIDOPEN_2: What have you found missing in your school's response to the COVID-19 pandemic?

Copyright © 2020 Wake Forest University
Return to top

OPEN: How could [insert school name] better support your wellbeing? [write-in response]

Copyright © 2020 Wake Forest University
Return to top

Fall 2020 Wellbeing Assessment
Survey Permission to Sample

Austin Peay State University	grants Wake Forest University

Name of Institution

permission to administer the Fall 2020 Wake Forest University Wellbeing Assessment to a (*choose **ONE***):

ⓧ	**Census** of students	*A census refers to **all** full-time enrolled, traditionally aged, undergraduate students at your school*
◯	**Sample** of students	*A sample refers to a **selection** of full-time enrolled, traditionally aged, undergraduate students at your school*

*IF you selected **Census:***

*a. Pease provide the **approximate number** of all full-time enrolled, traditionally aged undergraduate students at your school*	7850

IF you selected ***Sample:***

*a. Please provide the **exact number** of students who will be included in the sample*	NA
*b. Please specify the **nature of the sample** (e.g., "Random", "Stratified by year in school", "Student athletes", etc.)*	NA

Signed:

Full Name (Printed)

Title and/or Department

Signature *Date*

Wellbeing Assessment
Fall 2020 Results - Austin Peay State University
(Wellbeing Collaborative Initiative, WFU)

Dr. Uma J. Iyer
Chair, Mental Health and Wellness Committee
Department of Psychological Science and Counseling
Austin Peay State University

April 20, 2021

Other Popular Wellbeing Measures Used in Higher Ed

Measure	Focus
• National College Health Assessment - NCHA	Physical Health
• Healthy Minds Study	Mental Health
• Thriving Quotient (Schreiner)	Multiple Dimensions
• Gallup-Purdue Index	Multiple Dimensions
• The College Student Subjective Wellbeing Questionnaire	Multiple Dimensions

WFU Wellbeing Assessment

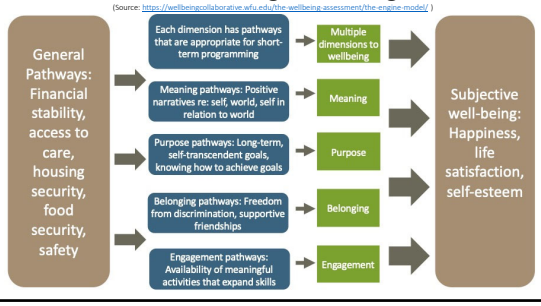
- The Wellbeing Assessment is a national survey developed by Wake Forest University in 2012 as part of the Wellbeing Collaborative Initiative
- Assessing Wellbeing in Higher Education
  - Assessing Wellbeing: "measures of wellbeing should assess not only the attainment of wellbeing but also whether respondents have the necessary precursors for wellbeing" (Brocato and Jayawickreme, 2017).
  - The Engine Model of Wellbeing – Conceptual framework that integrates precursors into the assessment.
    - Precursors are now referred as Pathways.

The Wellbeing Assessment

- Is designed to help university offices and staff develop targeted, effective, and evidence-informed programming to support student wellbeing.
  - Is developed to account for the unique development needs of undergraduate students in early adulthood
  - It evaluates both (a) whether students are well and (b) whether students have the pathways – skills, resources, and conditions – they need to be well.

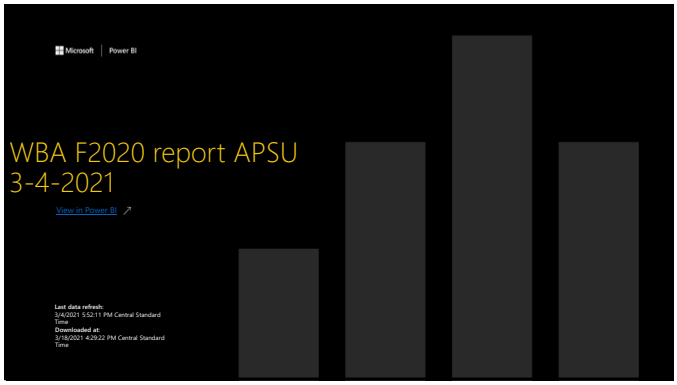
Adaptation of The Engine Model in Assessing Wellbeing

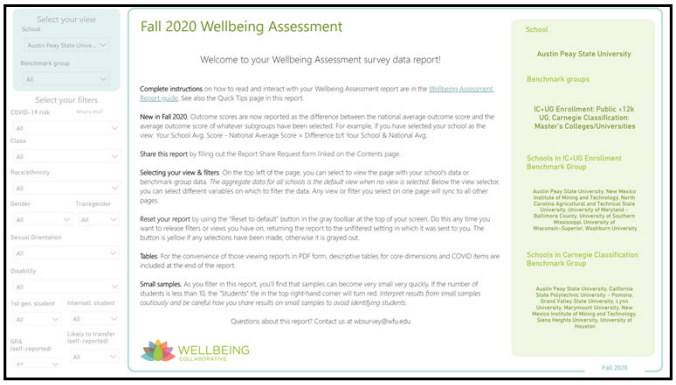
(Source: https://wellbeingcollaborative.wfu.edu/the-wellbeing-assessment/the-engine-model/)



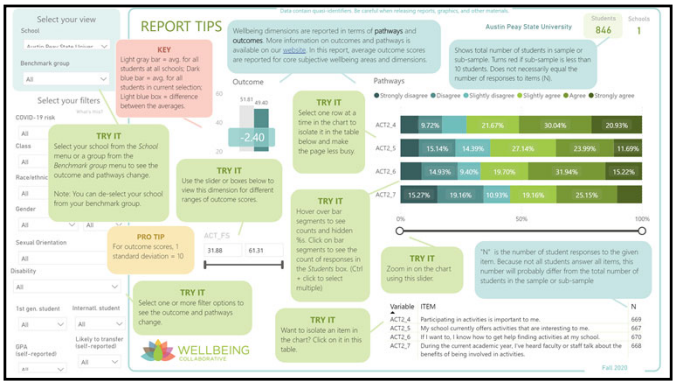
Wellbeing Survey Items & Topics Covered

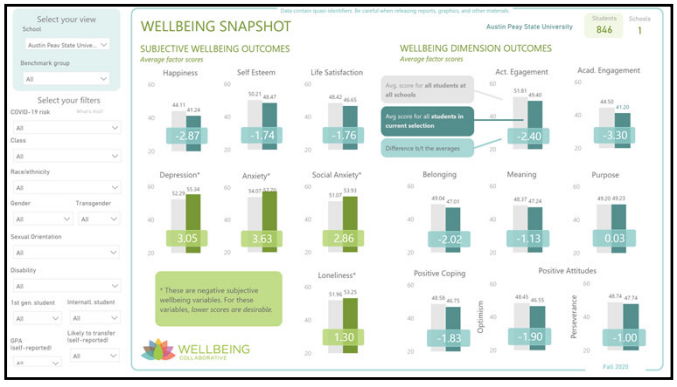
- Mood
- Life Satisfaction and Self-Esteem
- COVID-19 Prevention
- Work and Academic Plans
- Activity & Academic Engagement
- Belonging
- Inclusion and Social Justice - Racism
- Meaning
- Purpose
- Positive Attitudes
- Positive Coping
- Basic Security Needs & Finances
- COVID -19 Prevention Open Responses
- Wellbeing Open Responses
- University Demographics

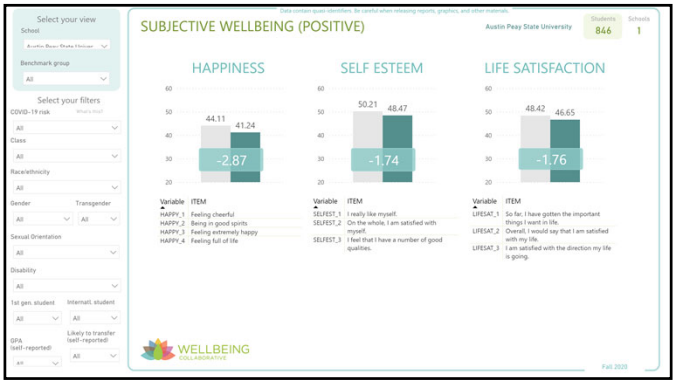

Microsoft | Power BI
WBA F2020 report APSU 3-4-2021
View in Power BI
Last data refresh:
3/4/2021 5:52:11 PM Central Standard Time
Downloaded at:
3/18/2021 4:29:22 PM Central Standard Time

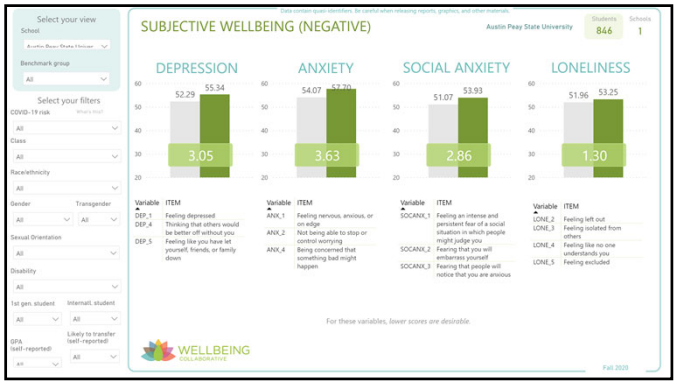

Fall 2020 Wellbeing Assessment
Welcome to your Wellbeing Assessment survey data report!
WELLBEING COLLABORATIVE

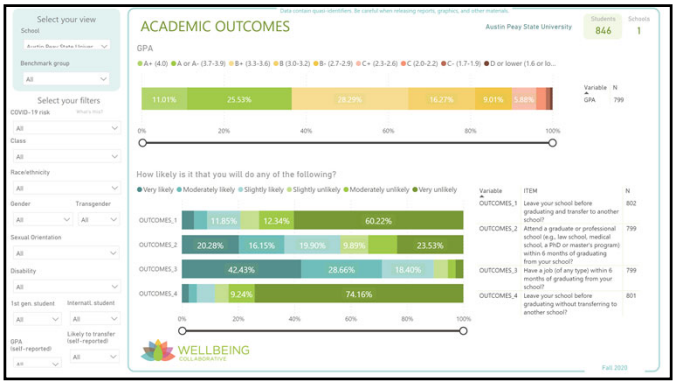
CONTENTS
RESOURCES
Report Guide
Codebook
Website
Margin of Error Calculator
Report Share Request
WELLBEING COLLABORATIVE

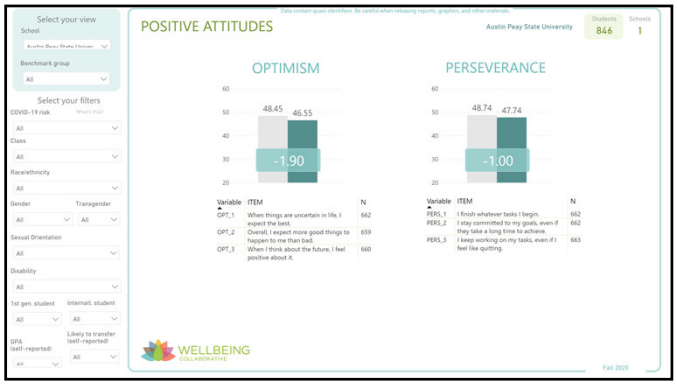

REPORT TIPS
WELLBEING COLLABORATIVE

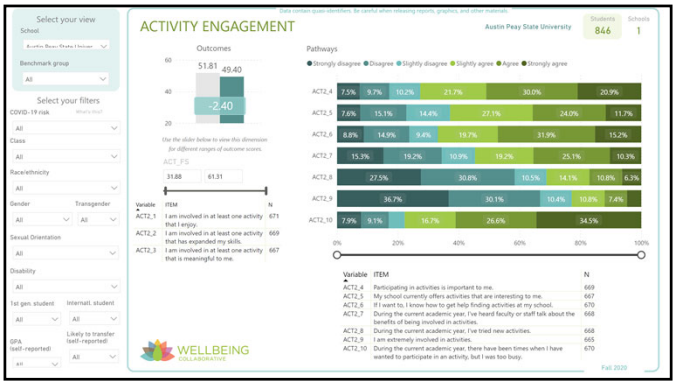

WELLBEING SNAPSHOT
SUBJECTIVE WELLBEING OUTCOMES
WELLBEING DIMENSION OUTCOMES
WELLBEING COLLABORATIVE

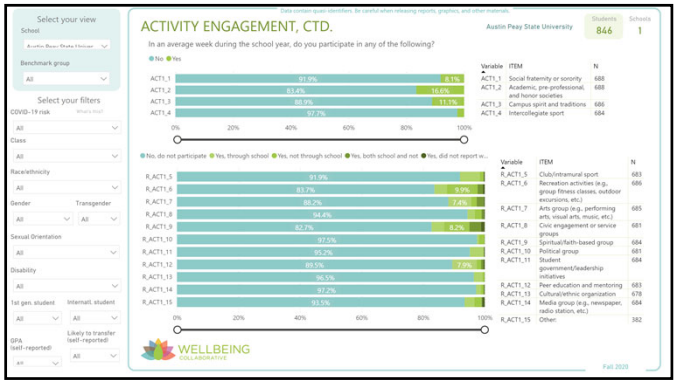

SUBJECTIVE WELLBEING (POSITIVE)
HAPPINESS
SELF ESTEEM
LIFE SATISFACTION
WELLBEING COLLABORATIVE

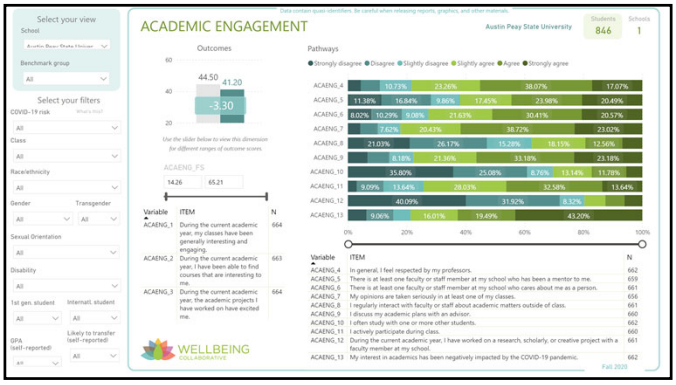

SUBJECTIVE WELLBEING (NEGATIVE)
Austin Peay State University
Students 846
Schools 1
DEPRESSION
ANXIETY
SOCIAL ANXIETY
LONELINESS
52.29
55.34
3.05
54.07
57.70
3.63
51.07
53.93
2.86
51.96
53.25
1.30
For these variables, lower scores are desirable.
WELLBEING COLLABORATIVE
Fall 2020

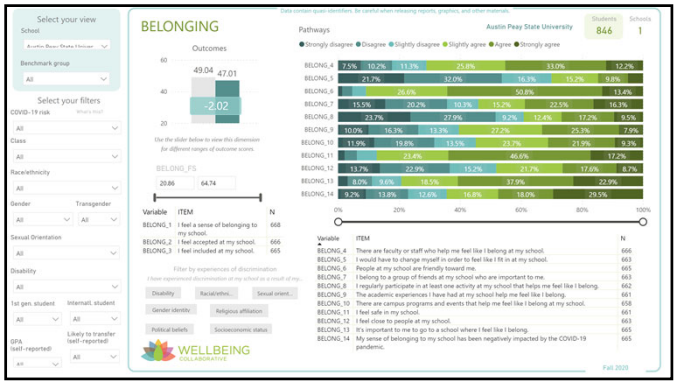

ACADEMIC OUTCOMES
Austin Peay State University
Students 846
Schools 1
GPA
How likely is it that you will do any of the following?
Very likely
Moderately likely
Slightly likely
Slightly unlikely
Moderately unlikely
Very unlikely
OUTCOMES_1
OUTCOMES_2
OUTCOMES_3
OUTCOMES_4
WELLBEING COLLABORATIVE
Fall 2020

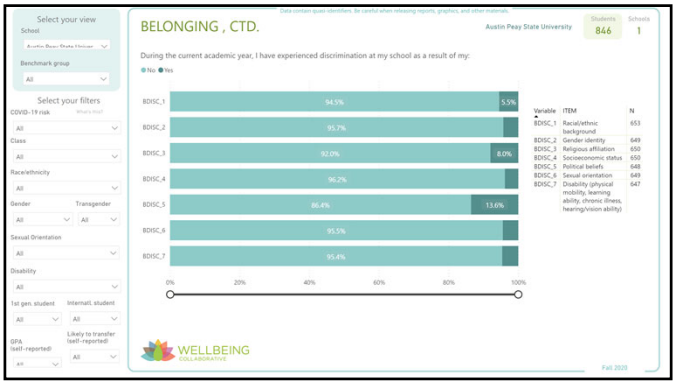

POSITIVE ATTITUDES
Austin Peay State University
Students 846
Schools 1
OPTIMISM
PERSEVERANCE
48.45
46.55
-1.90
48.74
47.74
-1.00
WELLBEING COLLABORATIVE
Fall 2020

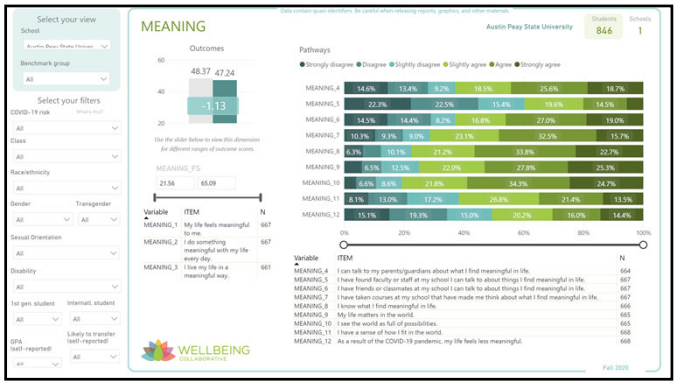

ACTIVITY ENGAGEMENT
Austin Peay State University
Students 846
Schools 1
Outcomes
Pathways
51.81
49.40
-2.40
WELLBEING COLLABORATIVE
Fall 2020


ACTIVITY ENGAGEMENT, CTD.
Austin Peay State University
Students 846
Schools 1
In an average week during the school year, do you participate in any of the following?
No
Yes
WELLBEING COLLABORATIVE
Fall 2020

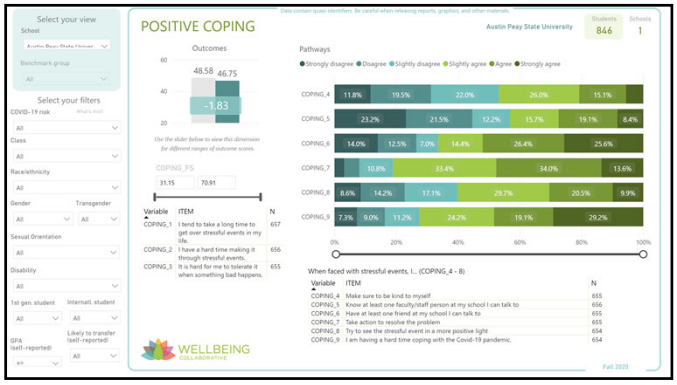

ACADEMIC ENGAGEMENT
Austin Peay State University
Students 846
Schools 1
Outcomes
Pathways
44.50
41.20
-3.30
WELLBEING COLLABORATIVE
Fall 2020


BELONGING
Austin Peay State University
Students 846
Schools 1
Outcomes
49.04
47.01
-2.02
Pathways
Strongly disagree Disagree Slightly disagree Slightly agree Agree Strongly agree
BELONG_1 I feel a sense of belonging to my school. 668
BELONG_2 I feel accepted at my school. 666
BELONG_3 I feel included at my school. 665
BELONG_4 There are faculty or staff who help me feel like I belong at my school. 666
BELONG_5 I would have to change myself in order to feel like I fit in at my school. 663
BELONG_6 People at my school are friendly toward me. 665
BELONG_7 I belong to a group of friends at my school who are important to me. 663
BELONG_8 I regularly participate in at least one activity at my school that helps me feel like I belong. 662
BELONG_9 The academic experiences I have had at my school help me feel like I belong. 661
BELONG_10 There are campus programs and events that help me feel like I belong at my school. 658
BELONG_11 I feel safe in my school. 661
BELONG_12 I feel close to people at my school. 663
BELONG_13 It's important to me to go to a school where I feel like I belong. 665
BELONG_14 My sense of belonging to my school has been negatively impacted by the COVID-19 pandemic. 665
WELLBEING COLLABORATIVE
Fall 2020

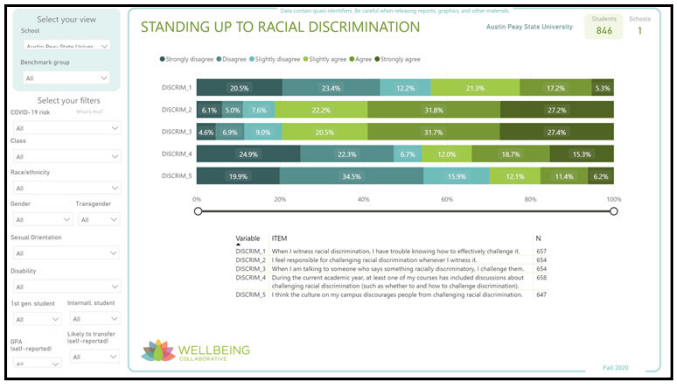

BELONGING , CTD.
Austin Peay State University
Students 846
Schools 1
During the current academic year, I have experienced discrimination at my school as a result of my:
No Yes
BDISC_1 94.5% 5.5%
BDISC_2 95.7%
BDISC_3 92.0% 8.0%
BDISC_4 96.2%
BDISC_5 86.4% 13.6%
BDISC_6 95.5%
BDISC_7 95.4%
BDISC_1 Racial/ethnic background 653
BDISC_2 Gender identity 649
BDISC_3 Religious affiliation 650
BDISC_4 Socioeconomic status 650
BDISC_5 Political beliefs 648
BDISC_6 Sexual orientation 649
BDISC_7 Disability (physical mobility, learning ability, chronic illness, hearing/vision ability) 647
WELLBEING COLLABORATIVE
Fall 2020

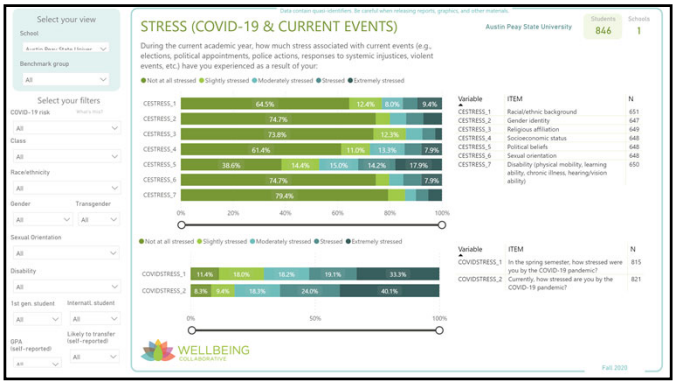

MEANING
Austin Peay State University
Students 846
Schools 1
Outcomes
48.37
47.24
-1.13
Pathways
Strongly disagree Disagree Slightly disagree Slightly agree Agree Strongly agree
MEANING_1 My life feels meaningful to me. 667
MEANING_2 I do something meaningful with my life every day. 667
MEANING_3 I live my life in a meaningful way. 661
MEANING_4 I can talk to my parents/guardians about what I find meaningful in life. 664
MEANING_5 I have found faculty or staff at my school I can talk to about things I find meaningful in life. 667
MEANING_6 I have friends or classmates at my school I can talk to about things I find meaningful in life. 667
MEANING_7 I have taken courses at my school that have made me think about what I find meaningful in life. 667
MEANING_8 I know what I find meaningful in life. 666
MEANING_9 My life matters in the world. 665
MEANING_10 I see the world as full of possibilities. 665
MEANING_11 I have a sense of how I fit in the world. 668
MEANING_12 As a result of the COVID-19 pandemic, my life feels less meaningful. 668
WELLBEING COLLABORATIVE
Fall 2020

PURPOSE
Austin Peay State University
Students 846
Schools 1
Outcomes
49.20
49.23
0.03
Pathways
Strongly disagree Disagree Slightly disagree Slightly agree Agree Strongly agree
PURP_1 I have a set of goals that I care about for my life after graduation. 641
PURP_2 I have a set of goals for my life after graduation that are in line with my true interests. 641
PURP_3 I have a set of goals for my life after graduation that are guided by my values. 639
PURP_4 I have actively worked to define my goals. 638
PURP_5 There are faculty or staff at my school I can talk to about my goals. 639
PURP_6 I have taken courses at my school that made me think about my goals. 638
PURP_7 I can talk to my parents/guardians about my goals. 637
PURP_8 I am distressed by the pressure my parents/guardians are putting on me to pursue certain goals. 636
PURP_9 I have actionable plans for achieving my goals. 638
PURP_10 I know what resources are available at my school to help me with my goals. 638
PURP_11 I have a sense of what my skills and talents are. 637
PURP_12 I am less confident about my goals for my life after graduation as a result of the COVID-19 pandemic. 636
WELLBEING COLLABORATIVE
Fall 2020

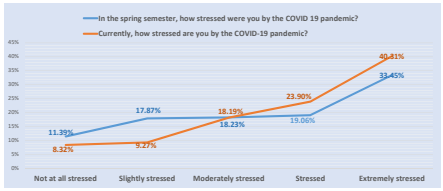

POSITIVE COPING
Austin Peay State University
Students 846
Schools 1
Outcomes
48.58
46.75
-1.83
Pathways
Strongly disagree Disagree Slightly disagree Slightly agree Agree Strongly agree
COPING_1 I tend to take a long time to get over stressful events in my life. 657
COPING_2 I have a hard time making it through stressful events. 656
COPING_3 It is hard for me to tolerate it when something bad happens. 655
When faced with stressful events, I... (COPING_4 - 8)
COPING_4 Make sure to be kind to myself 655
COPING_5 Know at least one faculty/staff person at my school I can talk to 656
COPING_6 Have at least one friend at my school I can talk to 655
COPING_7 Take action to resolve the problem 655
COPING_8 Try to see the stressful event in a more positive light 654
COPING_9 I am having a hard time coping with the Covid-19 pandemic. 654
WELLBEING COLLABORATIVE
Fall 2020

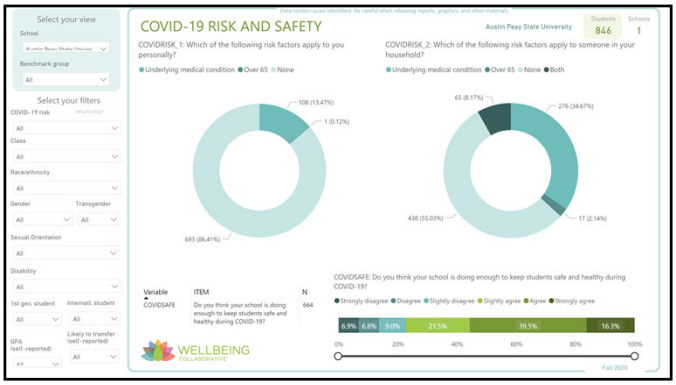
COMPARE YOUR SCHOOL
See how your school compares to national or benchmark groups on core wellbeing dimensions
1: Choose a core dimension:
2: Choose a filter (if applicable)
Use "Select your filters" pane
3: Choose your school and comparison view (if applicable)
using drop-down menu over each chart.
If no selection, menu says "All" and chart displays aggregate sample
SCHOOL
COMPARISON
Austin Peay State Univer...
846
All
10900
31
Pathways
Outcome
47.24
48.37
AVG SCORE
WELLBEING COLLABORATIVE
Fall 2020

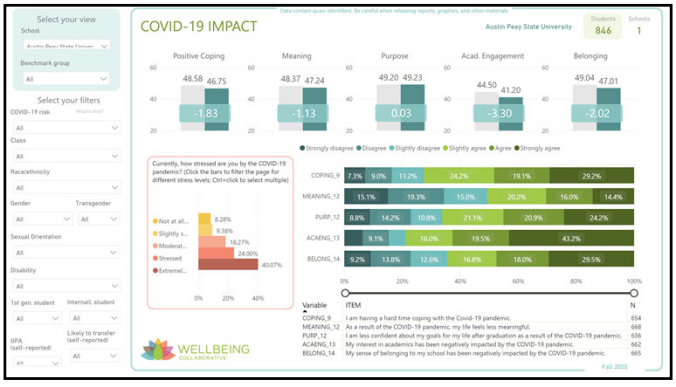


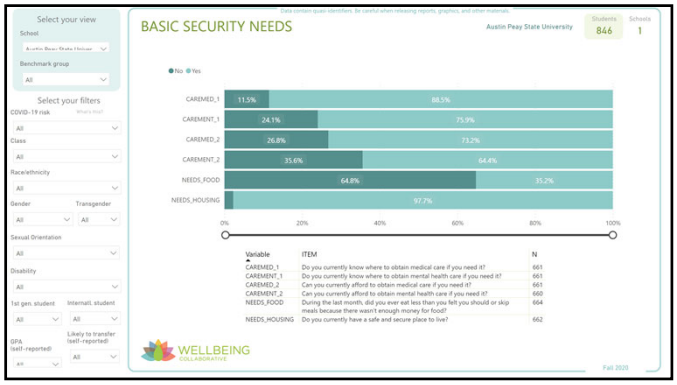


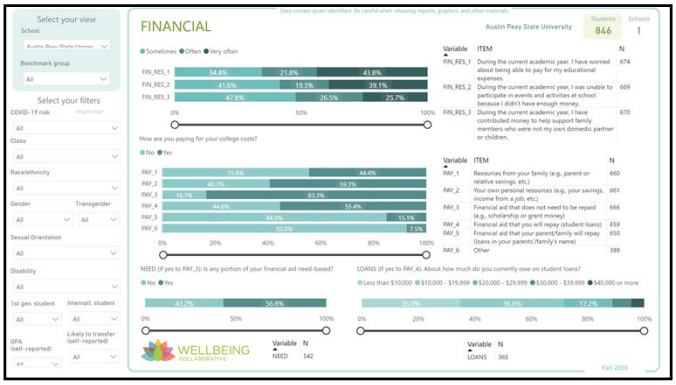
Stressed? Spring 2020 Vs Fall 2020

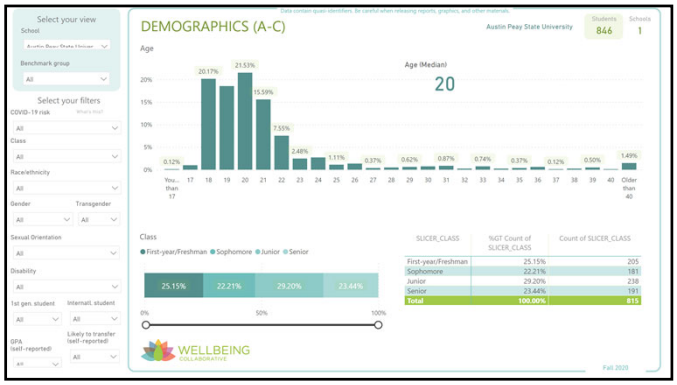


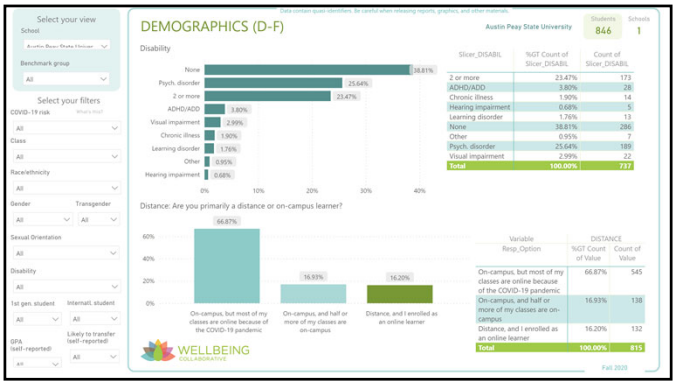


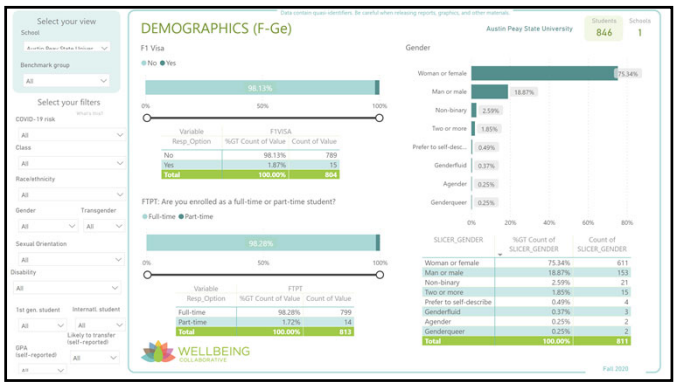


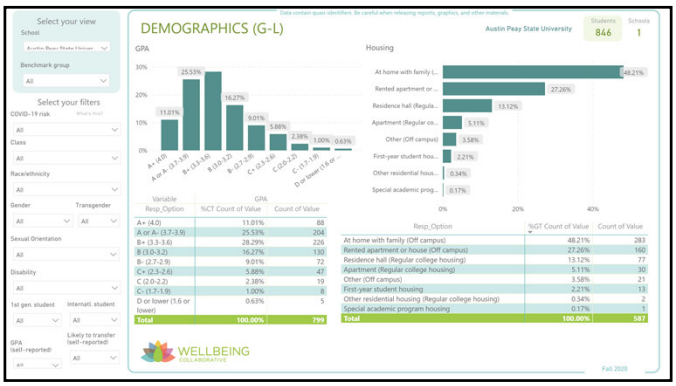

BASIC SECURITY NEEDS
Austin Peay State University
Students 846
Schools 1
Select your view
Select your filters
No Yes
CAREMED_1 11.5% 88.5%
CAREMENT_1 24.1% 75.9%
CAREMED_2 26.8% 73.2%
CAREMENT_2 35.6% 64.4%
NEEDS_FOOD 64.8% 35.2%
NEEDS_HOUSING 97.7%
0% 20% 40% 60% 80% 100%
Variable ITEM N
CAREMED_1 Do you currently know where to obtain medical care if you need it? 661
CAREMENT_1 Do you currently know where to obtain mental health care if you need it? 661
CAREMED_2 Can you currently afford to obtain medical care if you need it? 661
CAREMENT_2 Can you currently afford to obtain mental health care if you need it? 660
NEEDS_FOOD During the last month, did you ever eat less than you felt you should or skip meals because there wasn't enough money for food? 664
NEEDS_HOUSING Do you currently have a safe and secure place to live? 662
WELLBEING COLLABORATIVE
Fall 2020

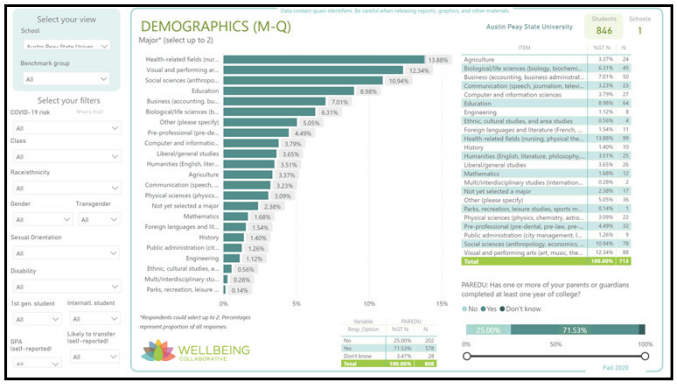

FINANCIAL
Austin Peay State University
Students 846
Schools 1
Select your view
Select your filters
Sometimes Often Very often
FIN_RES_1 34.4% 21.8% 43.8%
FIN_RES_2 41.6% 19.3% 39.1%
FIN_RES_3 47.8% 26.5% 25.7%
0% 50% 100%
Variable ITEM N
FIN_RES_1 During the current academic year, I have worried about being able to pay for my educational expenses. 674
FIN_RES_2 During the current academic year, I was unable to participate in events and activities at school because I didn't have enough money. 669
FIN_RES_3 During the current academic year, I have contributed money to help support family members who were not my own domestic partner or children. 670
How are you paying for your college costs?
No Yes
PAY_1 55.6% 44.4%
PAY_2 40.7% 59.3%
PAY_3 16.7% 83.3%
PAY_4 44.6% 55.4%
PAY_5 84.9% 15.1%
PAY_6 92.5% 7.5%
0% 20% 40% 60% 80% 100%
Variable ITEM N
PAY_1 Resources from your family (e.g., parent or relative savings, etc.) 660
PAY_2 Your own personal resources (e.g., your savings, income from a job, etc.) 661
PAY_3 Financial aid that does not need to be repaid (e.g., scholarship or grant money) 666
PAY_4 Financial aid that you will repay (student loans) 659
PAY_5 Financial aid that your parent/family will repay (loans in your parents'/family's name) 650
PAY_6 Other 389
NEED (If yes to PAY_3): Is any portion of your financial aid need-based?
No Yes
43.2% 56.8%
0% 50% 100%
Variable N
NEED 542
LOANS (If yes to PAY_4): About how much do you currently owe on student loans?
Less than $10,000 $10,000 - $19,999 $20,000 - $29,999 $30,000 - $39,999 $40,000 or more
35.0% 36.6% 17.2%
0% 20% 40% 60% 80% 100%
Variable N
LOANS 365
WELLBEING COLLABORATIVE
Fall 2020

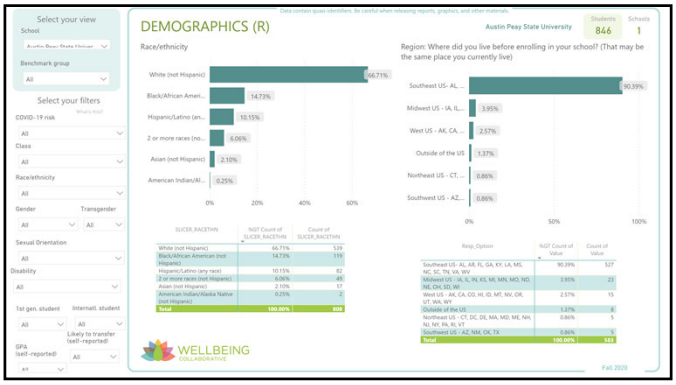

DEMOGRAPHICS (A-C)
Austin Peay State University
Students 846
Schools 1
Select your view
Select your filters
Age
Age (Median)
20
20.17% 21.53% 15.59% 7.55% 2.48% 1.11% 0.37% 0.62% 0.87% 0.74% 0.37% 0.12% 0.50% 1.49%
0.12%
You... than 17
17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40
Older than 40
Class
First-year/Freshman Sophomore Junior Senior
25.15% 22.21% 29.20% 23.44%
0% 50% 100%
SLICER_CLASS %GT Count of SLICER_CLASS Count of SLICER_CLASS
First-year/Freshman 25.15% 205
Sophomore 22.21% 181
Junior 29.20% 238
Senior 23.44% 191
Total 100.00% 815
WELLBEING COLLABORATIVE
Fall 2020

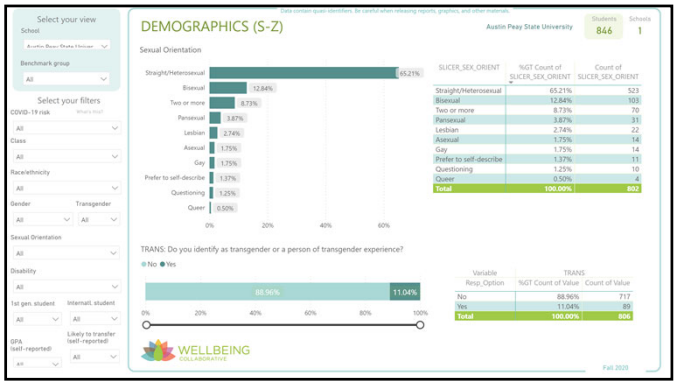

DEMOGRAPHICS (D-F)
Austin Peay State University
Students 846
Schools 1
Select your view
Select your filters
Disability
None 38.81%
Psych. disorder 25.64%
2 or more 23.47%
ADHD/ADD 3.80%
Visual impairment 2.99%
Chronic illness 1.90%
Learning disorder 1.76%
Other 0.95%
Hearing impairment 0.68%
0% 10% 20% 30% 40%
Slicer_DISABIL %GT Count of Slicer_DISABIL Count of Slicer_DISABIL
2 or more 23.47% 173
ADHD/ADD 3.80% 28
Chronic illness 1.90% 14
Hearing impairment 0.68% 5
Learning disorder 1.76% 13
None 38.81% 286
Other 0.95% 7
Psych. disorder 25.64% 189
Visual impairment 2.99% 22
Total 100.00% 737
Distance: Are you primarily a distance or on-campus learner?
66.87% 16.93% 16.20%
0% 20% 40% 60%
On-campus, but most of my classes are online because of the COVID-19 pandemic
On-campus, and half or more of my classes are on-campus
Distance, and I enrolled as an online learner
Variable Resp_Option DISTANCE %GT Count of Value Count of Value
On-campus, but most of my classes are online because of the COVID-19 pandemic 66.87% 545
On-campus, and half or more of my classes are on-campus 16.93% 138
Distance, and I enrolled as an online learner 16.20% 132
Total 100.00% 815
WELLBEING COLLABORATIVE
Fall 2020

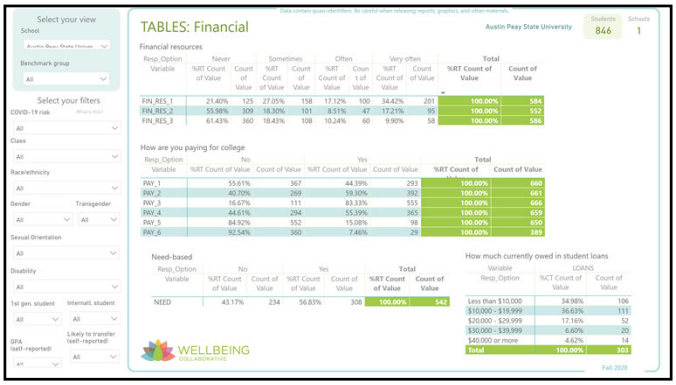

DEMOGRAPHICS (F-Ge)
Austin Peay State University
Students 846
Schools 1
Select your view
Select your filters
F1 Visa
No Yes
98.13%
0% 50% 100%
Variable Resp_Option FTVISA %GT Count of Value Count of Value
No 98.13% 789
Yes 1.87% 15
Total 100.00% 804
FTPT: Are you enrolled as a full-time or part-time student?
Full-time Part-time
98.28%
0% 50% 100%
Variable Resp_Option FTPT %GT Count of Value Count of Value
Full-time 98.28% 799
Part-time 1.72% 14
Total 100.00% 813
Gender
Woman or female 75.34%
Man or male 18.87%
Non-binary 2.59%
Two or more 1.85%
Prefer to self-desc... 0.49%
Genderfluid 0.37%
Agender 0.25%
Genderqueer 0.25%
0% 20% 40% 60% 80%
SLICER_GENDER %GT Count of SLICER_GENDER Count of SLICER_GENDER
Woman or female 75.34% 611
Man or male 18.87% 153
Non-binary 2.59% 21
Two or more 1.85% 15
Prefer to self-describe 0.49% 4
Genderfluid 0.37% 3
Agender 0.25% 2
Genderqueer 0.25% 2
Total 100.00% 811
WELLBEING COLLABORATIVE
Fall 2020

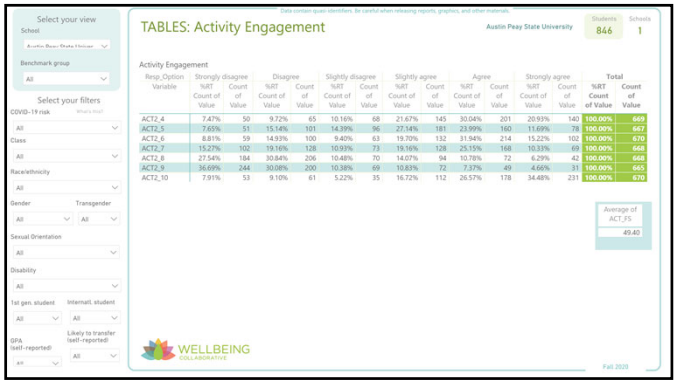

DEMOGRAPHICS (G-L)
Austin Peay State University
Students 846
Schools 1
Select your view
Select your filters
GPA
25.53% 11.01% 16.27% 9.01% 5.88% 2.38% 1.00% 0.63%
A+ (4.0) A or A- (3.7-3.9) B+ (3.3-3.6) B (3.0-3.2) B- (2.7-2.9) C+ (2.3-2.6) C (2.0-2.2) C- (1.7-1.9) D or lower (1.6 or lower)
Variable Resp_Option GPA %CT Count of Value Count of Value
A+ (4.0) 11.01% 88
A or A- (3.7-3.9) 25.53% 204
B+ (3.3-3.6) 28.29% 226
B (3.0-3.2) 16.27% 130
B- (2.7-2.9) 9.01% 72
C+ (2.3-2.6) 5.88% 47
C (2.0-2.2) 2.38% 19
C- (1.7-1.9) 1.00% 8
D or lower (1.6 or lower) 0.63% 5
Total 100.00% 799
Housing
At home with family (... 48.21%
Rented apartment or ... 27.26%
Residence hall (Regula... 13.12%
Apartment (Regular co... 5.11%
Other (Off campus) 3.58%
First-year student hou... 2.21%
Other residential hous... 0.34%
Special academic prog... 0.17%
0% 20% 40%
Resp_Option %GT Count of Value Count of Value
At home with family (Off campus) 48.21% 283
Rented apartment or house (Off campus) 27.26% 160
Residence hall (Regular college housing) 13.12% 77
Apartment (Regular college housing) 5.11% 30
Other (Off campus) 3.58% 21
First-year student housing 2.21% 13
Other residential housing (Regular college housing) 0.34% 2
Special academic program housing 0.17% 1
Total 100.00% 587
WELLBEING COLLABORATIVE
Fall 2020

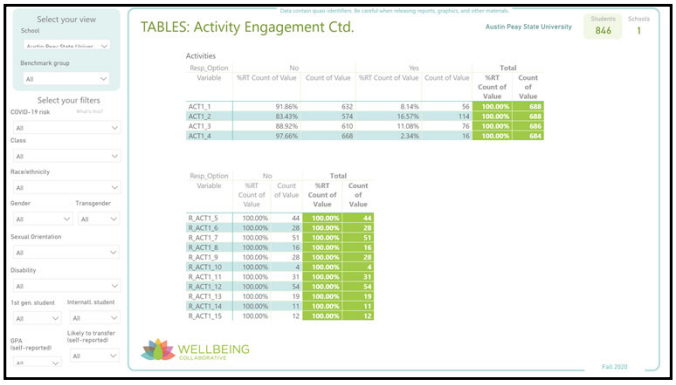

DEMOGRAPHICS (M-Q)
Austin Peay State University
Students 846
Schools 1
Major* (select up to 2)
Health-related fields (nur...
Visual and performing ar...
Social sciences (anthropo...
Education
Business (accounting, bu...
Biological/life sciences (b...
Other (please specify)
Pre-professional (pre-de...
Computer and informatio...
Liberal/general studies
Humanities (English, liter...
Agriculture
Communication (speech, ...
Physical sciences (physics...
Not yet selected a major
Mathematics
Foreign languages and lit...
History
Public administration (cit...
Engineering
Ethnic, cultural studies, a...
Multi/interdisciplinary stu...
Parks, recreation, leisure...
13.88%
12.34%
10.94%
8.98%
7.01%
6.31%
5.05%
4.49%
3.79%
3.65%
3.51%
3.37%
3.23%
3.09%
2.38%
1.68%
1.54%
1.40%
1.26%
1.12%
0.56%
0.28%
0.14%
0%
5%
10%
15%
*Respondents could select up to 2. Percentages represent proportion of all responses.
ITEM
%GT N
N
Agriculture 3.37% 24
Biological/life sciences (biology, biochemi... 6.31% 45
Business (accounting, business administrat... 7.01% 50
Communication (speech, journalism, telev... 3.23% 23
Computer and information sciences 3.79% 27
Education 8.98% 64
Engineering 1.12% 8
Ethnic, cultural studies, and area studies 0.56% 4
Foreign languages and literature (French, ... 1.54% 11
Health-related fields (nursing, physical the... 13.88% 99
History 1.40% 10
Humanities (English, literature, philosophy,... 3.51% 25
Liberal/general studies 3.65% 26
Mathematics 1.68% 12
Multi/interdisciplinary studies (internation... 0.28% 2
Not yet selected a major 2.38% 17
Other (please specify) 5.05% 36
Parks, recreation, leisure studies, sports m... 0.14% 1
Physical sciences (physics, chemistry, astro... 3.09% 22
Pre-professional (pre-dental, pre-law, pre-... 4.49% 32
Public administration (city management, l... 1.26% 9
Social sciences (anthropology, economics, ... 10.94% 78
Visual and performing arts (art, music, the... 12.34% 88
Total 100.00% 713
PAREDU: Has one or more of your parents or guardians completed at least one year of college?
No Yes Don't know
Variable
PAREDU
Resp_Option
%GT N
N
No 25.00% 202
Yes 71.53% 578
Don't know 3.47% 28
Total 100.00% 808
25.00%
71.53%
0%
50%
100%
WELLBEING COLLABORATIVE
Fall 2020

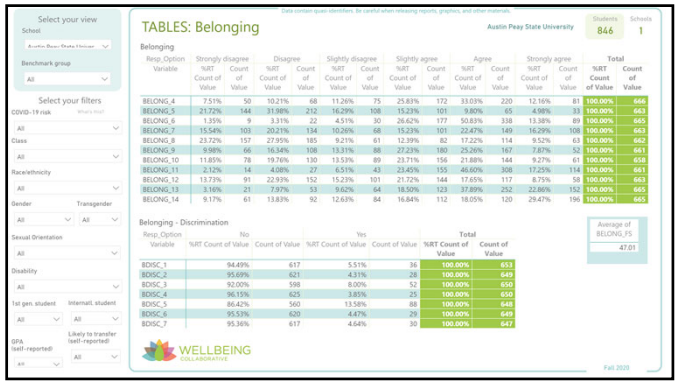

DEMOGRAPHICS (R)
Austin Peay State University
Students 846
Schools 1
Race/ethnicity
White (not Hispanic) 66.71%
Black/African Americ... 14.73%
Hispanic/Latino (an... 10.15%
2 or more races (no... 6.06%
Asian (not Hispanic) 2.10%
American Indian/Al... 0.25%
0%
20%
40%
60%
SLICER_RACETHN
%GT Count of SLICER_RACETHN
Count of SLICER_RACETHN
White (not Hispanic) 66.71% 539
Black/African American (not Hispanic) 14.73% 119
Hispanic/Latino (any race) 10.15% 82
2 or more races (not Hispanic) 6.06% 49
Asian (not Hispanic) 2.10% 17
American Indian/Alaska Native (not Hispanic) 0.25% 2
Total 100.00% 808
Region: Where did you live before enrolling in your school? (That may be the same place you currently live)
Southeast US - AL, ...
Midwest US - IA, IL,...
West US - AK, CA,...
Outside of the US
Northeast US - CT,...
Southwest US - AZ,...
90.39%
3.95%
2.57%
1.37%
0.86%
0%
50%
100%
Resp_Option
%GT Count of Value
Count of Value
Southeast US - AL, AR, FL, GA, KY, LA, MS, NC, SC, TN, VA, WV 90.39% 527
Midwest US - IA, IL, IN, KS, MI, MN, MO, ND, NE, OH, SD, WI 3.95% 23
West US - AK, CA, CO, HI, ID, MT, NV, OR, UT, WA, WY 2.57% 15
Outside of the US 1.37% 8
Northeast US - CT, DC, DE, MA, MD, ME, NH, NJ, NY, PA, RI, VT 0.86% 5
Southwest US - AZ, NM, OK, TX 0.86% 5
Total 100.00% 583
WELLBEING COLLABORATIVE
Fall 2020

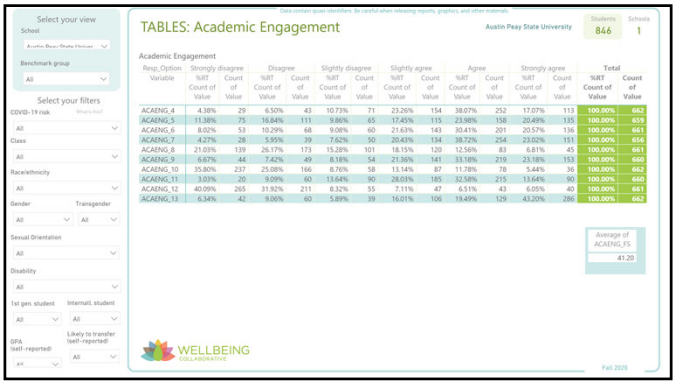

DEMOGRAPHICS (S-Z)
Austin Peay State University
Students 846
Schools 1
Sexual Orientation
Straight/Heterosexual 65.21%
Bisexual 12.84%
Two or more 8.73%
Pansexual 3.87%
Lesbian 2.74%
Asexual 1.75%
Gay 1.75%
Prefer to self-describe 1.37%
Questioning 1.25%
Queer 0.50%
0%
20%
40%
60%
SLICER_SEX_ORIENT
%GT Count of SLICER_SEX_ORIENT
Count of SLICER_SEX_ORIENT
Straight/Heterosexual 65.21% 523
Bisexual 12.84% 103
Two or more 8.73% 70
Pansexual 3.87% 31
Lesbian 2.74% 22
Asexual 1.75% 14
Gay 1.75% 14
Prefer to self-describe 1.37% 11
Questioning 1.25% 10
Queer 0.50% 4
Total 100.00% 802
TRANS: Do you identify as transgender or a person of transgender experience?
No Yes
88.96%
11.04%
0%
20%
40%
60%
80%
100%
Variable
TRANS
Resp_Option
%GT Count of Value
Count of Value
No 88.96% 717
Yes 11.04% 89
Total 100.00% 806
WELLBEING COLLABORATIVE
Fall 2020

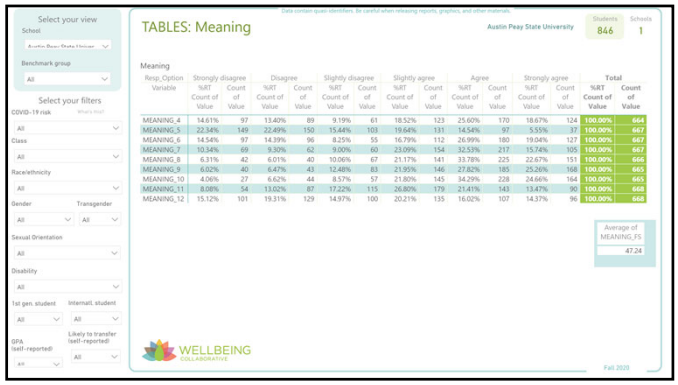

TABLES: Financial
Austin Peay State University
Students 846
Schools 1
Financial resources
Resp_Option Variable
Never
Sometimes
Often
Very often
Total
%RT Count of Value
Count of Value
FIN_RES_1 21.40% 125 27.05% 158 17.12% 100 34.42% 201 100.00% 584
FIN_RES_2 55.98% 309 18.30% 101 8.51% 47 17.21% 95 100.00% 552
FIN_RES_3 61.43% 360 18.43% 108 10.24% 60 9.90% 58 100.00% 586
How are you paying for college
Resp_Option Variable
No
Yes
Total
%RT Count of Value
Count of Value
PAY_1 55.61% 367 44.39% 293 100.00% 660
PAY_2 40.70% 269 59.30% 392 100.00% 661
PAY_3 16.67% 111 83.33% 555 100.00% 666
PAY_4 44.61% 294 55.39% 365 100.00% 659
PAY_5 84.92% 552 15.08% 98 100.00% 650
PAY_6 92.54% 360 7.46% 29 100.00% 389
Need-based
Resp_Option Variable
No
Yes
Total
%RT Count of Value
Count of Value
NEED 43.17% 234 56.83% 308 100.00% 542
How much currently owed in student loans
Variable
LOANS
Resp_Option
%CT Count of Value
Count of Value
Less than $10,000 34.98% 106
$10,000 - $19,999 36.63% 111
$20,000 - $29,999 17.16% 52
$30,000 - $39,999 6.60% 20
$40,000 or more 4.62% 14
Total 100.00% 303
WELLBEING COLLABORATIVE
Fall 2020

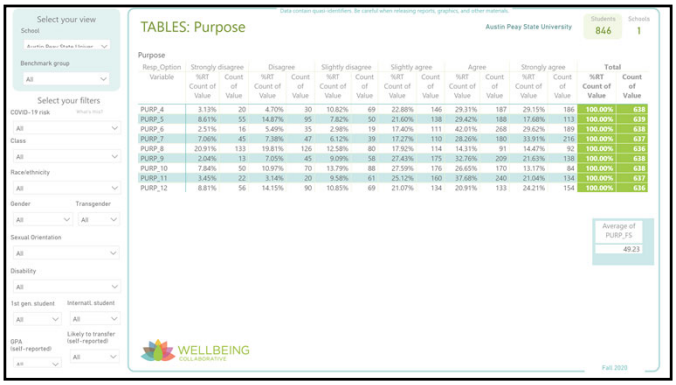

TABLES: Activity Engagement
Austin Peay State University
Students 846
Schools 1
Activity Engagement
Resp_Option Variable
Strongly disagree
Disagree
Slightly disagree
Slightly agree
Agree
Strongly agree
Total
%RT Count of Value
Count of Value
%RT Count of Value
Count of Value
ACT2_4 7.47% 50 9.72% 65 10.16% 68 21.67% 145 30.04% 201 20.93% 140 100.00% 669
ACT2_5 7.65% 51 15.14% 101 14.39% 96 27.14% 181 23.99% 160 11.69% 78 100.00% 667
ACT2_6 8.81% 59 14.93% 100 9.40% 63 19.70% 132 31.94% 214 15.22% 102 100.00% 670
ACT2_7 15.27% 102 19.16% 128 10.93% 73 19.16% 128 25.15% 168 10.33% 69 100.00% 668
ACT2_8 27.54% 184 30.84% 206 10.48% 70 14.07% 94 10.78% 72 6.29% 42 100.00% 668
ACT2_9 36.69% 244 30.08% 200 10.38% 69 10.83% 72 7.37% 49 4.66% 31 100.00% 665
ACT2_10 7.91% 53 9.10% 61 5.22% 35 16.72% 112 26.57% 178 34.48% 231 100.00% 670
Average of ACT_FS
49.40
WELLBEING COLLABORATIVE
Fall 2020

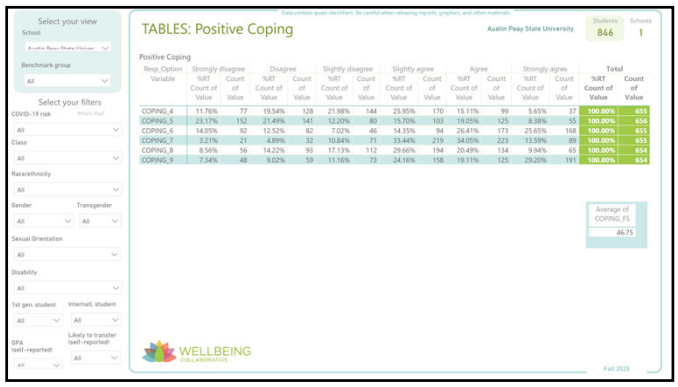

TABLES: Activity Engagement Ctd.
Austin Peay State University
Students 846
Schools 1
Activities
Resp_Option Variable
No
Yes
Total
%RT Count of Value
Count of Value
%RT Count of Value
Count of Value
%RT Count of Value
Count of Value
ACT1_1 91.86% 632 8.14% 56 100.00% 688
ACT1_2 83.43% 574 16.57% 114 100.00% 688
ACT1_3 88.92% 610 11.08% 76 100.00% 686
ACT1_4 97.66% 668 2.34% 16 100.00% 684
Resp_Option Variable
No
Total
%RT Count of Value
Count of Value
%RT Count of Value
Count of Value
R_ACT1_5 100.00% 44 100.00% 44
R_ACT1_6 100.00% 28 100.00% 28
R_ACT1_7 100.00% 51 100.00% 51
R_ACT1_8 100.00% 16 100.00% 16
R_ACT1_9 100.00% 28 100.00% 28
R_ACT1_10 100.00% 4 100.00% 4
R_ACT1_11 100.00% 31 100.00% 31
R_ACT1_12 100.00% 54 100.00% 54
R_ACT1_13 100.00% 19 100.00% 19
R_ACT1_14 100.00% 11 100.00% 11
R_ACT1_15 100.00% 12 100.00% 12
WELLBEING COLLABORATIVE
Fall 2020

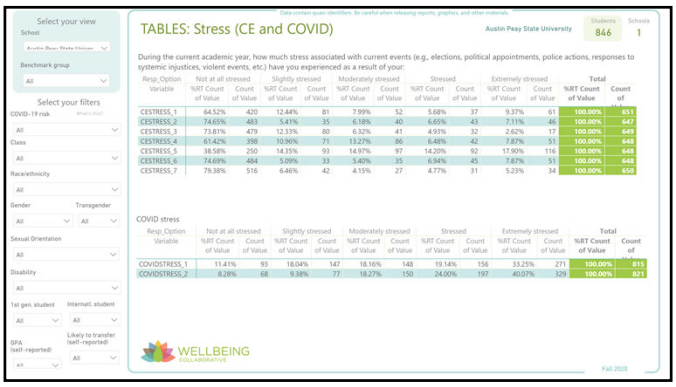

TABLES: Belonging
Austin Peay State University
Students 846
Schools 1
Belonging
Belonging - Discrimination
WELLBEING COLLABORATIVE
Fall 2020


TABLES: Academic Engagement
Austin Peay State University
Students 846
Schools 1
Academic Engagement
WELLBEING COLLABORATIVE
Fall 2020

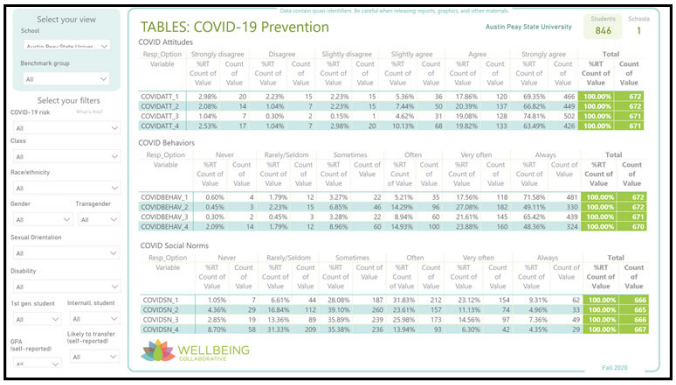

TABLES: Meaning
Austin Peay State University
Students 846
Schools 1
Meaning
WELLBEING COLLABORATIVE
Fall 2020


TABLES: Purpose
Austin Peay State University
Students 846
Schools 1
Purpose
WELLBEING COLLABORATIVE
Fall 2020


TABLES: Positive Coping
Austin Peay State University
Students 846
Schools 1
Positive Coping
WELLBEING COLLABORATIVE
Fall 2020

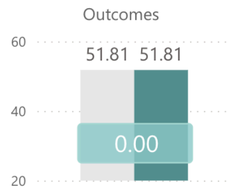

TABLES: Stress (CE and COVID)
Austin Peay State University
Students 846
Schools 1
During the current academic year, how much stress associated with current events (e.g., elections, political appointments, police actions, responses to systemic injustices, violent events, etc.) have you experienced as a result of your:
COVID stress
WELLBEING COLLABORATIVE
Fall 2020

Select your view
School
Benchmark group
All
Select your filters
COVID-19 risk
Class
Race/ethnicity
Gender
Transgender
Sexual Orientation
Disability
1st gen. student
Internatl. student
GPA (self-reported)
Likely to transfer (self-reported)
TABLES: COVID-19 Risk & Safety
Austin Peay State University
Students 846
Schools 1
COVIDRISK_1 (Do you personally have any of the following risk factors)
SELF_COVIDRISK_DETAILED
%GT Count of SELF_COVIDRISK_DETAILED
Count of SELF_COVIDRISK_DETAILED
None 86.41% 693
Over 65 0.12% 1
Underlying medical condition 13.47% 108
Total 100.00% 802
COVIDRISK_2 (Do you live with someone with any of the following risk factors)
OTHER_COVIDRISK_DETAILED
%GT Count of OTHER_COVIDRISK_DETAILED
Count of OTHER_COVIDRISK_DETAILED
Both 8.17% 65
None 55.03% 438
Over 65 2.14% 17
Underlying medical condition 34.67% 276
Total 100.00% 796
Resp_Option Variable
Strongly disagree
Disagree
Slightly disagree
Slightly agree
Agree
Strongly agree
Total
%RT Count of Value
Count of Value
%RT Count of Value
Count of Value
COVIDSAFE 6.93% 46 6.78% 45 9.04% 60 21.54% 143 39.46% 262 16.27% 108 100.00% 664
WELLBEING COLLABORATIVE
Fall 2020


Select your view
School
Benchmark group
All
Select your filters
COVID-19 risk
Class
Race/ethnicity
Gender
Transgender
Sexual Orientation
Disability
1st gen. student
Internatl. student
GPA (self-reported)
Likely to transfer (self-reported)
TABLES: COVID-19 Prevention
Austin Peay State University
Students 846
Schools 1
COVID Attitudes
Resp_Option Variable
Strongly disagree
Disagree
Slightly disagree
Slightly agree
Agree
Strongly agree
Total
%RT Count of Value
Count of Value
%RT Count of Value
Count of Value
COVIDATT_1 2.98% 20 2.23% 15 2.23% 15 5.36% 36 17.86% 120 69.35% 466 100.00% 672
COVIDATT_2 2.08% 14 1.04% 7 2.23% 15 7.44% 50 20.39% 137 66.82% 449 100.00% 672
COVIDATT_3 1.04% 7 0.30% 2 0.15% 1 4.62% 31 19.08% 128 74.81% 502 100.00% 671
COVIDATT_4 2.53% 17 1.04% 7 2.98% 20 10.13% 68 19.82% 133 63.49% 426 100.00% 671
COVID Behaviors
Resp_Option Variable
Never
Rarely/Seldom
Sometimes
Often
Very often
Always
Total
%RT Count of Value
Count of Value
%RT Count of Value
Count of Value
COVIDBEHAV_1 0.60% 4 1.79% 12 3.27% 22 5.21% 35 17.56% 118 71.58% 481 100.00% 672
COVIDBEHAV_2 0.45% 3 2.23% 15 6.85% 46 14.29% 96 27.08% 182 49.11% 330 100.00% 672
COVIDBEHAV_3 0.30% 2 0.45% 3 3.28% 22 8.94% 60 21.61% 145 65.42% 439 100.00% 671
COVIDBEHAV_4 2.09% 14 1.79% 12 8.96% 60 14.93% 100 23.88% 160 48.36% 324 100.00% 670
COVID Social Norms
Resp_Option Variable
Never
Rarely/Seldom
Sometimes
Often
Very often
Always
Total
%RT Count of Value
Count of Value
%RT Count of Value
Count of Value
COVIDSN_1 1.05% 7 6.61% 44 28.08% 187 31.83% 212 23.12% 154 9.31% 62 100.00% 666
COVIDSN_2 4.36% 29 16.84% 112 39.10% 260 23.61% 157 11.13% 74 4.96% 33 100.00% 665
COVIDSN_3 2.85% 19 13.36% 89 35.89% 239 25.98% 173 14.56% 97 7.36% 49 100.00% 666
COVIDSN_4 8.70% 58 31.33% 209 35.38% 236 13.94% 93 6.30% 42 4.35% 29 100.00% 667
WELLBEING COLLABORATIVE
Fall 2020

You may need a Microsoft ac...
Sharing your report
Reading your report
Navigating report pages
Quick Tips Page
Visualizations & Selection Pane
Charts & figures
Outcomes and Pathways
Outcomes
Wellbeing Snapshot
Interacting with your report
Selecting your view
Selecting your filters
Compare Your School page
COVID Impact page
Viewing hidden percentages, co...
View hidden percentages an...
Zoom in on hidden percentag...
View counts by clicking on c...
Pop out counts in table
View counts for Core dimens...
Other interactive features
Outcome score slider
Other filters
Reset report to default
Exporting your report
Print current page

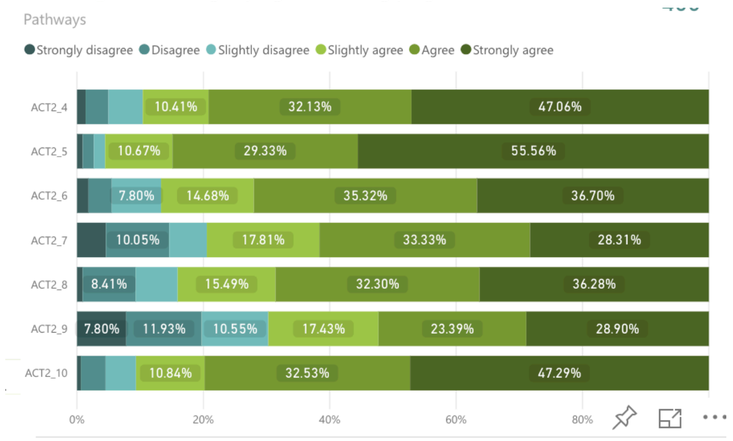
Wellbeing Assessment Online Report Guide Fall 2020
2-22-2021



Variable	ITEM	N
ACT2_1	I am involved in at least one activity that I enjoy.	8891
ACT2_2	I am involved in at least one activity that has expanded my skills.	8863
ACT2_3	I am involved in at least one activity that is meaningful to me.	8851

Pathways

Each of the dimension pages also contains a chart representing a set of pathways. Each bar in the chart represents a different pathway item, and the sections of the bars represent the proportions of students who selected each response option. In shades of **blue** are *strongly disagree - slightly disagree*. In shades of **green** are *slightly agree - strongly agree*.



The item text for the pathway items and the total N of responses for each item are listed in a table below the chart.