## **Mental Health and Wellness Committee**

**Membership:** Selected in consultation with the Student Wellness Steering Committee and the Mental Health and Wellness Committee Chair. Recommend balance of faculty and staff members, at least one staff member from Athletics, and at least one student member.

**Description:** In consultation with the Student Wellness Steering Committee, the Mental Health and Wellness Committee will engage in population assessment, community building, education, policy development, strategic planning, and reporting around key areas of student mental health, including anxiety, depression, stress, and suicide prevention/postvention. In the interest of strategically addressing these and other areas of student health, the committee will administer the Healthy Minds Survey (or similar assessment) to the student population once every three years and will use data and analytics derived from these assessments to set priorities and assign tasks.

(Approver: VPSA)

## 2020-2021 Membership:

| Name                   | Area                       | Department                           | Service   |
|------------------------|----------------------------|--------------------------------------|-----------|
|                        |                            |                                      | Terms     |
|                        |                            |                                      |           |
| Uma Iyer, Chair        | Faculty, CoBHS             | Psychology                           | 2020-2021 |
| Jessica Fripp          | Faculty, CoBHS             | Psychological Science and Counseling | 2020-2023 |
| Donna Dey              | Faculty, CoBHS             | Health and Human Performance         | 2020-2021 |
|                        |                            |                                      |           |
| Greg Singleton         | Staff, Student Affairs     | Student Affairs/Dean of Students     | 2020-2021 |
| Jo Baldwin             | Staff, Student Affairs     | Student Affairs/Student Conduct      | 2020-2021 |
| Frank Bunner           | Staff                      | Student Counseling Services          | 2020-2021 |
| Ryan Combs             | Athletics                  | Athletics                            | 2020-2021 |
| Mary Catherine Denmark | Staff, Student Success     | Student Success                      | 2020-2021 |
| Isaiah Hurtado         | Staff, Health Services     | Health Services                      | 2020-2021 |
| Haley Jacobi           | Athletics                  | Athletics                            | 2020-2021 |
| Teresa Prendes-Walls   | Staff, Counseling Services | Student Counseling Services          | 2020-2021 |
| Gena Shire             | Staff, CoAL                | Art and Design                       | 2020-2021 |
| Robert Hannah          | Student                    | Rhannah3@my.apsu.edu                 | 2020-2021 |
| Mariah Cruz            | Student                    | Mcruz8@my.apsu.edu                   | 2020-2021 |
| Linda Daniels          | Student                    | Ldaniels12@my.apsu.edu               | 2020-2021 |
| Sean Siple             | Student                    | ssiple@my.apsu.edu                   | 2020-2021 |