The voice of Austin Peay State University students since 1929

Oct. 14, 2009 | Vol. 82, Issue 7

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APSU promotes green awareness

By CODY LEMONS Staff Writer

This week you might hear students cheering "Let's Go Green" instead of "Let's Go Peay!"

That's because on Monday, Oct. 12, APSU began its first Sustainability Week with events and bringing in vendors to showcase the many different faces of the green movement.

"The purpose behind Sustainability Week is to promote green living and to bring awareness to the community about the importance of saving our Earth," said Amy Allen, event coordinator.

The events began with a Sustainability Building Expo from 11 a.m. to 1 p.m. in the University Center Ballroom.

The expo featured builders, suppliers and architects from around middle Tennessee offering presentations on green building practices and green energy.

"They will be talking about what their company personally has done to help mother earth and what we as individuals can do when improving our homes," Allen said.

"Going green can actually save people considerable money when it comes to their homes, and these different companies will be



MARLON SCOTT | NEWS EDITOR

Isaac Holman, Tara Meyers and Adam Gravley from Earl Swenson Associates were one of the featured builders with a display set up for the Sustainability Building Expo.

explaining why."

Later, in the afternoon, a bus took expo attendees from the UC to the APSU Environmental Education Center, (EEC), for a tour.

The center recently installed a solar array to power a nearby classroom using grant money provided by the Student Sustainability Fee committee.

For the past year, the EEC has also

successfully converted kitchen grease into a biodiesel product to power farm equipment.

On Tuesday, Oct. 13, students and visitors had the opportunity to purchase locally grown fruits and vegetables from a Farmers Market set up in the University Center plaza.

From 11 a.m. to 1 p.m., Wednesday, Oct. 14, interested APSU community members can see the latest electric, solar-powered and hybrid vehicles during a Transportation Exhibit in the Library Bowl.

At 7 p.m., Jeff Barrie's documentary film on the sustainability movement, "Kilowatt Ours," will be shown in UC, room 308.

"Kilowatt Ours" has won multiple awards including the Greenspirit Award at the 2008 GreenDance Film Festival and the Katherine Knight Award at the 2008 Earth Vision Film Festival.

The week's events will come to a close Thursday, Oct. 15, with the Tennessee Water Education for Teachers workshop. The program will educate the public on how to reduce pollution and improve local water

All events are free and open to the public. For more information, contact Amy Allen with Student Life and Leadership at 931-221-7838 or allena@apsu.edu. ◆

OPERATION TURNAROUND



ALL PHOTOS BY MARLON SCOTT | NEWS EDITOR





Above: Mayor Johnny Piper visits with APSU adjunct professor, Mitch Rollins at the Maaco Body Shop, site of Operation Turnaround.

Left: The frame of a '59 Pontiac Catalina, dubbed "Project

High school students work off their community service in the Operation Turnaround program.

Rollins sponsors 'Turnaround' program

By NICK OLINGER Staff Writer

Operation Turnaround is a program in Clarksville for youth at risk. This program has been taking place at Maaco on New Providence Blvd. every Saturday morning from 8 to 11 a.m. since July 2008.

The goal of this program is to take young kids from the court system and teach them social skills, listen to them and be there for them.

Mitch Rollins, an APSU adjunct professor and creator of Operation Turnaround said, "These kids have fundamental needs, such as food and water, but we give them belongingness, love and self-esteem."

His hopes are to spread what they learn here to their social life and friends they hang out with, eventually bringing the crime rate down and making Clarksville and better place for all of us.

Grant a junior at Rossview High school said, "I started three weekends ago and I am learning a lot from it."

Grant is one of the many students that currently work on a '59 Pontiac Catalina for Project '59.

Saturday, Oct. 10 was the kick-off of this project. After fully restoring the Catalina, the coordinators of Project Turnaround will sell the vehicle next October in Las Vegas at "The World's Greatest Collector Car Auction."

Afterwards, 100 percent of the selling price will go back into Operation Turnaround.

Rollins' analogy was that of the '59 Pontiac Catalina and the students. The Pontiac was wrecked and nobody wanted it. He wanted to get the students who are in trouble to engage themselves in this project to fix the old Pontiac as well as fixing themselves.

Mike a 17-year-old home school student said, "I wanted to take it as a punishment at first, but now I see it as a reward." Allen wants to pursue this work in the army in the future.

The staff of Maaco helps these students learn how to work on cars and assigning

them specific jobs. Some of these kids are there on their own. They have already completed what they needed to through the legal system, but are there now because they want to be.

Operation Turnaround receives support from the Police Department, Lowes and O'Reilly Auto Parts.

The students of Operation currently have about eight major steps done with the '59 Pontiac Catalina and plan to begin work on an old Harley Davidson Motorcycle.

EDITOR'S NOTE:

The last names of the two high school students interviewed for this story were withheld because they are minors. ◆

SGA president speaks candidly

By NICK OLINGER Staff Writer

Chris Drew is a senior currently serving as the Student Government Association president for a second term. Drew sat down with The All State to share his thoughts about serving as president again.

The All State: What are your goals as the president of SGA for a second term?

Chris Drew: "Goals this year include transitioning and making sure everyone who wants to be on the executive board knows the expectations of administrators and what needs to be done. Another big goal as president is trying to address as many concerns as possible."

TAS: How has APSU helped you

as the president of SGA as well as a student?

CD: It definitely helped me in leadership, decisions that I have to make and a lot of different details I have to follow. Also, in knowing what you want to push for and what, in the grand scheme of things, isn't going to be the most critical issue of the day.

TAS: What are some specific things you think the APSU community has helped you on?

CD: How there are so many non-traditional students, veterans, as well as traditional students. They come from both big and small communities. Also, just how all of us come together here. It's not your typical college environment here.

TAS: What made you want to go

to APSU?

CD: I'm one of those last minute people. I moved here from Orange County, Cali.. I went to Volunteer State Community College. A counselor from down there basically referred me to Austin Peay, and said I could get in with no problem.

TAS: What differences are there this term from your last term?

CD: I have a firm understanding of what's expected and what are most critical type of things. There are only four officers representing 10,000 student now, so it's a lot of pressure for us to understand what we need to advocate for.

Also, I know what to talk to students about, because I know what the administrators are looking



MARLON SCOTT | NEWS EDITOR

SGA President Chris Drew looks over the APSU Campus.

for. It takes a little time to learn what the critical issues are for the university.

TAS: What upcoming events are there for SGA?

CD: As far as an SGA sponsored event, there's G.H.O.S.T. We basically set tables around the outside circle between the UC and the library, and different

organizations around campus set up there own tables and let little kids and there families to trick-ortreat in a safe environment. It's on Sunday, Oct. 25.

We will also be handing out homecoming T-shirts on Monday, Oct. 26 of the week of homecoming. We will also hand out more shirts at the bonfire. ◆

Students share opinions on breast cancer

By CASSIETTA RUSSELL Guest Writer

October is Breast Cancer Awareness Month. Many people will wear pink in support of this month, which recognizes people with breast cancer as well as the people who survived it and educate everyone about the danger breast cancer poses. The pink wave of education and awareness spreads far and wide including the APSU community.

Breast cancer is a serious disease that occurs in women and some men. According to the American Cancer Society (ACS), male breast cancer sums up to less than one percent of all breast cancer cases and is usually found in men between the ages of 60 and 70.

Even though chances are slim for young males, some male APSU students still see the

chance as sca

"It's kind of scary because everybody suspects that only females have cancer, and then you're walking around with a lump in your chest and you just think it's a bump, and it turns out to be breast cancer. It can really scare you a lot," said APSU junior Quantez Baugus.

The chances of breast cancer occurring in women are much higher and dangerous. According to the ACS, breast cancer is the second leading cause of cancer death in women.

It's a fear many at APSU can relate to.
"My grandmother had to be seen for a

"My grandmother had to be seen for a lump in her breast, but thankfully it was a ligament. She's cancer-free, but it's always safe to know that it's not breast cancer," said APSU student Atana Brady.

On the Web site, www.cancer.gov, the

National Cancer Institute says breast cancer forms in the lobules or ducts, which are the areas in the breast that produce milk. The two main types are divided into invasive and noninvasive.

"With the technology that we have now, there is no reason why a woman shouldn't catch breast cancer early."

Courtney Pack, APSU student

The noninvasive types are called ductal carcinoma in situ (DCIS) and lobular carcinoma in situ (LCIS). There are several types of invasive breast cancer, but the most common is the "invasive ductal carcinoma",

which is the cause of 80 percent of all cases of breast cancer.

The Web site also recommends many ways to detect breast cancer early, including mammograms and manual exams.

According to the ACS, 192,370 cases of invasive cancer will be diagnosed, about 62,280 cases of CIS will be diagnosed and about 40,170 women are estimated to die from breast cancer. There are more than two million survivors in the United States.

"It matters because most people don't believe it'll happen to them, and when they find it, it's too late," Brady said.

Courtney Pack, another APSU student agrees women should heed the warnings issued this month and be proactive.

"With the technology that we have now, there is no reason why a woman shouldn't catch breast cancer early," Pack said. ◆

APSU Gay-Straight Alliance working to educate

By LEILA SCHOEPKE Staff Writer

It was 3:58 p.m. and the hallway started filling up with people. Some were sitting on the floor while others were standing. Everyone was laughing and joking with one another while waiting outside room 308 in the University Center for the weekly get together.

For some, starting meetings five minutes after the scheduled time may seem unprofessional or improper. But at the APSU Gay-Straight Alliance (GSA) weekly gatherings, being "fashionably late" is described as a tradition by GSA members.

When the GSA organization was founded, its members were very excited to start a group where individuals can come together to engage in open dialogues, discuss issues and find solutions to them.

"We are here to promote tolerance and equal rights for homosexuals," said GSA

President Chris Howard.

By "equal rights," Howard meant equal marriage rights. He said equal marriage rights is the biggest cause GSA is fighting for besides education on Gay, Lesbian, Bisexual, Transgender, Transsexual, Intersex, Queer and Questioning.

"Not everybody in the Gay-Straight Alliance is gay," said member Rhonda Chadwick. "It's like me, I'm straight but 90 percent of my friends are gay. I'm a big supporter of gay rights."

GSA's Vice President Lauren Pierce also said the members are trying to get understanding and education on campus about what being gay or transgender really is.

"We want people to know that gay people are not an abomination. Most religions actually have no problems with us, and we're trying to promote that," Howard said. "We're trying to let people understand that just because the same gender doesn't mean we are not people."

Howard said the organization was instated because Glenn Carter, a former human sexuality teacher, helped the founders put together GSA after they were originally denied. Nevertheless, through a state Supreme Court judgment, he said, GSA was allowed on campus.

"We're trying to educate people that we're not out for special rights like a lot of them believe we are."

Chris Howard, GSA President

According to GSA's president, the organization's membership increased this fall semester with 25 active members compared to typically three members the

preceding semesters, when certain reputation issues with previous GSA presidents dwindled membership.

dwindled membership.

Howard said GSA
has been rebuilding its
reputation and doing a lot of
work with the APSU student
chapter of the NAACP
as well as the Tennessee
nonprofit organization
"Nashville CARES," which
is based around raising
awareness and educating the
public about AIDS, AIDS
testing and safe sex.

"We've been getting our name out to new people. A lot of people had problems with the old presidents. Now that they are gone, I am trying to actually do something instead of just sit around and talk," Howard said.

Howard said for "The Bible Tells Me So" event, GSA invited a Christian group. But they did not attend the event as they promised they would. They, came to protest, instead.

"We've invited people to

come openly debate with us about their side of the story and try to educate them on the way we believe, because we don't believe there is any real problem with homosexuality," Howard

He also said the behavior and reactions of some of GSA's detractors who destroyed the organization's flyers and wrote profanity on them last semester were inappropriate. GSA will participate and sponsor many upcoming activities that aim to educate and promote tolerance and solidarity.

Comedian Jason Stuart will perform Monday, Oct. 26. A "Research Party" on the History of Stonewall will be coordinated in conjunction with the History Club. They will also participate in G.H.O.S.T., Sunday, Oct. 25, and a "Transgender Remembrance Day," Friday, Nov. 20.

GSA member and former soldier Eric Herron said

he is well informed about historical and current events as well as legal issues related to the gay community all over the U.S.

He said he was not really an activist until Former President George Bush started to try to take away the right for gay people to get married. Herron said he is very happy the gay community is winning that fight.

Howard said his involvement with GSA has personally given him a sense of fulfillment, because he is doing something and giving it his best. He said getting emotional support from people and direction on how well he is doing has helped him assist others.

"We're people just the same as anyone else. We are not looking to, 'eat your children and turn them gay.' We do not force people to come out of the closet, and we are not trying to push our sexuality onto other people," Howard said. •

CAMPUS CRIME LOG

we have sex with people of

The APSU crime log includes arrests and dispatch call-ins. As mandated by Tennessee law, the crime log is updated within 48 hours of an incident and available for public inspection any time during normal business hours.

- 9:15 a.m., Sept. 2, Eighth Street lot, driving on suspended license
- 7:36 a.m., Sept. 3, Burt lot, indecent exposure
- 9:41 a.m., Sept. 3, University Center, theft of property
- 1:17 p.m., Sept. 3, University Center, theft of property
- 8:12 p.m., Sept. 4, Killbrew, simple possesion, unlawful drug paraphernalia
- drug paraphernalia
 3:12 p.m., Sept. 8,
 Rawlins, theft of
 property
- 11:17 p.m., Sept. 8,

- Eighth and Bailey streets, driving on revoked license
- 3:00 p.m., Sept. 18, University Center, assault
- 2:38 p.m., Sept.
 19, Marion Street
 Apartments, vandalism
- 9:16 p.m., Sept 23, Foy Fitness and Recreation Center, theft of property
- 8:11 a.m., Sept. 24, University Center, theft of property
- 2:15 p.m., Sept. 24, Emerald Hills, simple possession, unlawful drug paraphernalia
- 7:52 p.m., Sept.
 25, Music/Mass
 Communications, theft of property
- 9:01 p.m., Oct. 1, Shasteen, vandalism
- 11:05 a.m., Oct. 1, Burt lot, unlawful drug paraphernalia
- 1:03 p.m., Oct. 3, Emerald Hills,

- especially aggravated kidnapping
- 12:18 a.m., Oct. 4, upper Dunn lot, vandalism
- 1:15 a.m., Oct. 4, Foy
- Lot, vandalism
- 4:44 a.m., Oct. 4, Foy lot, vandalism
- 4:44 a.m., Oct. 4, Foy lot, vandalism
- lot, vandalism
 4:44 a.m., Oct. 4, Foy
- lot, vandalism
- 4:44 a.m., Oct. 4, Foy Lot, theft of property
- 9:21 a.m., Oct. 5, lower
- Dunn lot, vandalism
 7:00 p.m., Oct. 5,
- Foy Center, theft of property
- 1:33 a.m., Oct. 6, Cross Hall, assault
- 9:42 p.m., Oct. 6, North Castle Heights lot, theft of property
- 9:31 p.m., Oct. 7, Foy Center, theft of property
- 9:31 p.m., Oct. 7, Clement Parking Lot, indecent exposure



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PATRICK ARMSTRONG | EDITOR IN CHIEF

To view an interactive map of campus crime, visit www.TheAllState.org.

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Smokers still leaving trail



Lisa Finocchio **Managing Editor**

As a student in my third year at APSU, I'll be the first to admit this college campus, while not perfect, is pretty great. There a lot of things I love about APSU, and I honestly enjoy being on campus. But there's one thing — besides the seemingly constant rain in the fall — I definitely don't enjoy: the

smell of wet cigarette butts in the morning.

I'm in no way against smokers; I'll be the first to admit I don't like it, and I definitely think it's terrible for you, but I'm not going to hold it against anyone. But APSU is a smoke-free campus, so there's no reason for it to smell like the back parking lot of a sketchy dive bar when the ground is still damp in the mornings.

At APSU, there are a number of designated smoking areas, and all of them are parking lots or streets. There is no shortage of trashcans on campus, either. For this reason, the cigarette

butts littering the grass along campus walkways don't really make a lot of sense to me. Last week's Our Take focused on respecting our campus, and I brought up some of the issues that were written about. I feel a little like I'm beating a dead horse, but come on — I can't be the only one who has noticed this offensive smell. When I walk to Sundquist

for class every day, I pass a grassy, tree-lined median between the Sundquist and Trahern parking lots. That grass is covered with cigarette butts, and there are trashcans at either end. According to a Discovery Channel Planet Green article, 30 percent

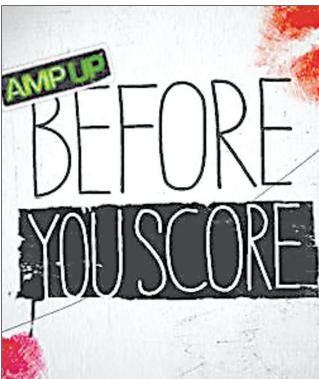
of all cigarette butts end up somewhere other than the trash where they belong.

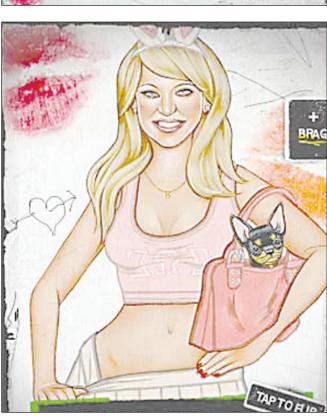
Are classes really so stressful that some APSU smokers don't have the energy to walk an extra 10 feet to dispose of their cigarette properly? Most smokers should already be in the habit of doing this, and I know many — maybe even most — do.

If you're one of those smokers, thank you. You're doing your part to respect our campus and your fellow students. Similarly, kudos to the smokers who stick to the designated smoking areas, which are pretty conveniently placed, if you ask me. I've

noticed more people walking around campus trailing cigarette smoke this semester than my previous semesters combined.

I can almost guarantee this will be the last negative opinion column from a staff member of The All State for a while, but I wanted to speak my piece. APSU may not be your favorite place to hang out, but that isn't an excuse to make it less enjoyable for the other people on campus. So put your butt where it belongs, encourage others to do the same, and make good use of the designated smoking areas; everyone will be a little happier if you do. ◆





This week in ridiculous: losing records to sexism the Williams sisters are part



Jess Nobert Chief Copy Editor

Though I don't know much about the game, I did find several ridiculous football related things over the last week and for non-sports-fans, a few nonfootball points as well.

First off, the Titans are 0-5. Didn't they go to the playoffs last year? This sort of reminds me of the post-Super Bowl season. Perhaps it could be because of their dilapidated field.

I was watching the game Sunday, Oct. 11, and I could not help but notice how awful it looked. That part reminded me of my high school's field when the pitch was too high and all the grass died.

My advice for a win:

Off the field, and into the owners' box now, I heard Gloria Estefan was a part owner of the Miami Dolphins.

Upon hearing this, I thought it could have possibly taken the cake for most ridiculous story of the week.

However, J.Lo and her Marc Anthony as well as

owners.

Leaving Miami for the NFC, the Rams have a few prospective buyers, including former ESPN football commentator Rush Limbaugh.

In a story by Chris Mortensen on ESPN.com, "NFL Players executive director DeMaurice Smith on Saturday made a move to solidify the union against a bid by conservative talk show radio host Rush Limbaugh as part of a group that aims to purchase the St. Louis Rams.

Some people should just stick to what they know, and football, as far as I can tell, might not be his ideal extracurricular.

Just in case he doesn't know, I think there still might be some black players on the team.

I decided to give the most ridiculous story of the week an award, and it is officially dubbed "The 'Dici." This week's goes hands down to Pepsi.

Î heard about Pepsi's iPhone application from a friend, but I had to see it for myself. I did a Google search to see if I could find something more about it online after reading the app

As a PCMag.com article puts it in their headline, 'Sexist? Pepsi Has an App for That." The app is free, but the content is going to

The idea behind it is to not only promote the Amp energy drink, but to encourage ways for guys to "score" 24 different types of

From sorority girls to cougars, Pepsi is bound to help you hook up with whichever type of woman you are looking for.

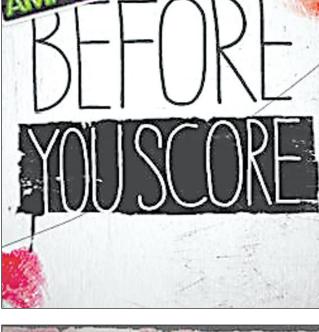
Not only will they help you get the girl, they even included a "brag list" feature, "where you can tally all the women with whom you score, inputting her name, the date, and 'whatever details you remember," according to the online story.

Finally, as most commuter students have probably seen, the Trahern lot makes me angry. When I went through with a friend to pick up another friend last week just as the 11 a.m. classes were getting out, the lot was less than half full.

If I didn't live on campus and had to drive everyday, I would be making a bit more of a fuss about this.

I do understand faculty lost a lot of parking to construction, but I do not feel the half-used lot is fair to the rest of the campus community.

EDITOR'S NOTE: Just prior to press time Monday, Oct. 12, Pepsi issued an apology for their app on Twitter, but did not remove the application from Apple's *App Store.* ♦





SCREEN CAPTURES BY JESS NOBERT | CHIEF COPY EDITOR

Advice for students: Dwonna know what I think?



Guest Writer

Dear Dwonna:

As an incoming freshman, what are, in your opinion, the "Top 10" things I should do to enjoy college life? Signed,

"The Ninetailed Fox"

Dear "Ninetailed Fox": Here's my "bucket list" of things to do/know before you leave the Peay:

1. Plan accordingly. Make sure that complete ALL of your assignments yet still have plenty of time for friends and parties.

2. Attend as many school activities as you can. Sporting events are free with your student ID, as are many concerts, art exhibits and readings. This might be the only time in your life that you have access to so many free extracurricular events.

3. Live on campus. Living on campus is the only way you can truly experience what it is to be a college student. If you live at home with your parents, APSU simply becomes a "high

school with ash trays."

4. Make lots of friends. Don't try to get hooked on one female or dude. You're too young to know who you want to be living with in the urinesmelling nursing home when you're 90. If you want to join a sorority or fraternity, that's fine, too.

5. Learn how to be more independent. You might miss your family back home, but know that they are glad you're not living with them and that you are taking your first step toward independence. 6. Work out. The Foy is

free with your student ID, and there is no time better than the present to get your body in shape. Developing a healthy workout routine now will give you a foundation for staying in good shape when you're older (like 40).

7. Get to know your professors. Though we may seem ostentatious, we really do care about you and your success. We want you to do well at the Peay, and we have the tools for helping you achieve your goals here.

8. Don't be in such a rush to graduate. At the University of Iowa, I wore a shirt that said: "The University of Iowa. The best four or five or six years of your life." The way things are today, Social Security will not

be around by the time you hit

66.5 (the current retirement age), which means many of you will be working until you're in your 70s. Does it matter whether or not you start working at 22 or 25? As my mom used to say, "You have the rest of your life to work." Enjoy the experience without feeling a need to rush through

9. Embrace learning for the sake of learning. At no other time in your life will you be able to take classes just because they sound interesting. Don't be overly concerned about what grade you make in a class to the extent that learning becomes a chore; professors find this annoying. Sometimes learning for the sake of knowing is much more valuable for being a citizen of the world.

10. Be nice. Be kind. Be compassionate. Be openminded. Everything you learn in the classroom will be for naught if you do not possess these character traits.

Dear Dwonna: I was standing in the parking lot with the smokers, and I overhead three white students talking about you and a presentation you had given in Dr. Eichhorn's Vagina Monologues" class. One of them said you were racist and favored the black

students in the class; the second student said that you treated everyone equally and the third student just listened to the conversation. I'm in one of your classes, and I'm curious about what these students said since I haven't seen evidence of racism. Enlighten me, please. Signed,

"Is Black is Beautiful?"

Dear "Is Black is Beautiful?": I'm not racist; some of my best friends are white. Really, they are. I grew up in Moline, Ill., home of the John Deere tractor, and did my undergraduate work at the University of Iowa.

Needless to say, I spent my formative years around white people. Moreover, my best friend is a white woman, and my boyfriend is a Mexican from Michigan.

Still, I've heard many times from my white students that I'm racist. I think some white students pull the "racist card" only because I'm talking about

Too many white students, however, try to fool themselves into believing that they live in a "colorblind" world where they "do not see race" but only "see people." Therefore, my talking about race must mean that I'm racist since they themselves didn't even notice that I am black.

I cannot tell you the number of times I've had a student say, "I don't see you as black; I just see you as Dr. Goldstone." Unless they are blind, they had to have seen that I am black.

I am the first African American professor that many students — black and white - have ever had, and it might be difficult for white students to see a black woman in a position of power. Too often white students want to blame their lack of performance in my class not on their own abilities but on me because it's easier to blame the black woman than it is to look in the

So, am I racist? It's difficult to live in America and not be racist. As former Georgetown University basketball coach John Thompson once said, "I treat everyone fairly; I do not treat everyone the same." This is my motto for teaching and for life.

Dwonna Naomi Goldstone is an associate professor in the department of languages and literature, associate dean in the College of Arts and Letters, and is the coordinator of the African-American studies

Submit your questions to Dwonna Goldstone at goldstoned@apsu.edu. ◆

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The All State is published every Wednesday of the academic year, except during final exams and

Letters to the editor should include the

author's full name telephone number (plus major and class if applicable). All letters will be checked for authenticity. Letters should be received no later than 4 p.m. on Friday of each week for it to be considered for publication. Letters may be edited for clarity and grammar.



Sunday, Oct. 25

G.H.O.S.

4 p.m., Morgan University Center Plaza — Free and open to the public. Annual Halloween event for community children. Contact Student Government Association, (931) 221-7262.

Monday, Oct. 26

Banner Contest

Student organizations decorate Homecomingthemed banners to be displayed during the week in the Morgan University Center. Sponsored by Govs Organization Council (GOC). Judging throughout the day in the Morgan University Center. Prizes will be awarded.

Step-Off

12:30 p.m., Morgan University Center Plaza (rain location: Memorial Health Gym) — Enjoy the traditional Organization Step-Off along with free T-shirts for students beginning at 11:30 a.m.

Lobby Decorating Contest

Judging at 3 p.m. All academic and administrative offices will compete for a traveling trophy for best-spirited lobby.

Paranormal Investigator Peter Jordan

6:30 p.m., Clement Auditorium — Sponsored by Student Affairs. Peter Jordan will present "A Multimedia Investigation of Haunted Places and People." Contact Student Affairs, (931) 221-7341.

Tuesday, Oct. 27

Face Painting

11 a.m. – 2 p.m., Morgan University Center Lobby — Sponsored by Student Affairs. Students have the opportunity to have their faces painted to get in the spirit of Homecoming. Contact Student Affairs, (931) 221-7341.

Govs Games

6 p.m., Intramural Field — Sponsored by Interfraternity Council (IFC), Panhellenic Council (PC) and National Pan-Hellenic Council (NPHC). Tug of War, Chariot Races and Corn Hole Tournament. Contact Fraternity and Sorority Affairs, (931) 221-6570.

Costume Party

7 - 9 p.m., Morgan University Center, Room 305 — Sponsored by the Hispanic Cultural Center. Show us your creative side with your best costume for

the chance to win a prize. Contact Hispanic Cultural Center, (931) 221-6645.

Bonfire/Cookout/Homecoming Court Announcement

7:30 p.m., Intramural Field (rain location - Memorial Health Gym)

Free and open to APSU main campus students.
Come enjoy the traditional bonfire while eating dinner. Meet the 2009 Homecoming Court with appearances by APSU head football coach Rick Christophel, the Governors Marching Band, cheerleaders and pom squad. Sponsored by Athletics, Student Life and Leadership, Govs Ambassadors, University Facilities, Student Government Association and Alumni Relations. Free T-shirts will be available for students beginning at 7 p.m.

Wednesday, Oct. 28

Chili Cook-Off

11 a.m. — 1 p.m., Morgan University Center Plaza — Free and sponsored by APSU Staff Council. Contact Brenda Hunt, (931) 221-7115.

Skull Decorating

11 a.m. – 1 p.m., Morgan University Center Lobby — Sponsored by Hispanic Cultural Center. Come experience a traditional Hispanic activity and decorate your own sugar skull. Contact Hispanic Cultural Center, (931) 221-6645.

APSU Apollo (student talent show)

7 p.m., Clement Auditorium — Free and open to the public. Sponsored by Govs Programming Council. Students amaze the audience with their talent.

Thursday, Oct. 29

Pumpkin Decorating

4 – 6 p.m., Killebrew and Cross Parking Lot — Sponsored by Residence Life. Students have the chance to carve their own Homecoming decoration. Contact Residence Life, (931) 221-7444.

Student Concert

7 p.m., Memorial Health Gym — Sponsored by Govs Programming Council (GPC). Featuring Lady Antebellum with opener. Main campus students can pick up tickets on Thursday and Friday, Oct. 22 and 23 and on Monday and Tuesday of Homecoming Week. Faculty, staff and Fort Campbell students may purchase tickets on Wednesday and Thursday, if available.

Friday, Oct. 30

Peay!Nuts Party

11:30 a.m. — 1 p.m., Morgan University Center Lobby — Sponsored by Peay!Nuts. Students gather to rally spirit for the approaching Homecoming game. Contact Athletics, (931) 221-7904.

APSU Percussion Ensemble Halloween Concert

6 p.m. and 8 p.m., Music/Mass Communication Building Concert Hall — Open to the public. Admission is \$3 or two cans of food per person. Tickets on sale starting Oct. 26 and at the door (if available). Contact APSU Department of Music, (931) 221-7818.

Saturday, Oct. 31

Homecoming Scholarship 5K Run

8 a.m., Clement Building, front lawn, College Street
— Registration \$20 in advance, \$25 day of race.
Open to the public, all ages. Fee includes T-shirt
and refreshments; prizes and cash awards. Contact
Alumni Relations Office, (931) 221-7979 or 1-800264-2586.

Homecoming Parade

2 p.m., through center of campus (Browning Drive to Marion Street) — Free and open to the public. APSU gathers together to celebrate Homecoming 2009. Tailgate Alley opens at 2 p.m. Contact Athletics to reserve a spot, (931) 221-7904. "Trunk and Treat" available for all kids under the age of 12 in costume.

Homecoming Game — APSU vs. Jacksonville State

4 p.m., Governors Stadium — Open to the public. Presentation of 2009 Homecoming King, Queen and court at halftime; Wyatt Award announcement and presentation. For admission prices, contact Athletics Ticket Office, (931) 221-7761.

Homecoming Step Show

7:30 p.m., Memorial Health Gym — \$10 APSU students with I.D.; Alumni and community \$15 in advance; \$20 at the door. Tickets go on sale beginning Oct. 26. Contact Fraternity and Sorority Affairs, (931) 221-6570.

Unless otherwise stated, contact Student Life and Leadership, (931) 221-7431, for more information about any event listed. For the full calendar of Homecoming activities, please visit http://www.apsu.edu/sll/. Austin Peay State University, a Tennessee Board of Regents institution, is an equal opportunity employer committed to the education of a nonracially identifiable student body. AP193/09-09/75

HOMECOMING - Oct. 26-31, 2009



'A LINE IN THE SAND'

Byrd shares her battle with breast cancer 10 years later



DILLON BIEMESDERFER | STAFF PHOTOGRAPHER

Breast Cancer Survivor, Sherryl Byrd, associate vice president of Student Affairs, was diagnosed with breast cancer in March of 1999 and is due to stop taking medication February 2010.

By JACKIE MOSLEY Assistant Features Editor

"A healthy person of 41 with no family history couldn't possibly have breast cancer."

That's what Sherryl Byrd, associate vice president of Student Affairs, thought when she went for her annual check-up in 1999. Byrd was wrong. Her doctor found a lump.

"At first I wasn't very concerned," Byrd said. "I had already had a baseline mammogram the previous year that showed nothing."

After a second mammogram, an ultrasound and an examination of a misshapen tumor-like lump, Byrd began to get scared. The doctors told her they were fairly certain she had breast cancer. Byrd was stunned. "I thought it only happened to older women," she said.

She drove to see her husband at work, feeling she should tell him in person rather than over the phone. She hadn't cried, yet.

"He knew something was wrong by the look on my face," Byrd said. "The tears just began to flow. I was crying so hard that it was difficult to get the words out."

Life for Sherryl Byrd changed in an instant. She describes the moment she was told she had breast cancer as "a line in the sand." All other events in her life are now before the cancer line or after the cancer line.

A plan of action was soon developed for Byrd. A "cancer team" — a surgeon, radiologist and oncologist — worked together to decide the best route to tackle Byrd's threatening tumor.

She was diagnosed in March of 1999 and had surgery in early April. A then fairly new procedure called a two weeks biopsy was performed on Byrd, which involved having a dye injected into a lymph node under her arm.

Fingers were crossed, prayers were said and victory was won after Byrd's tumor was removed.

"One big hurdle done," Byrd said.
"Unfortunately I learned from the pathology report that my type of cancer was particularly aggressive and fast growing." The possibility of her cancer spreading was high.

Against professional advice, Byrd researched her condition on the Internet.

She was encouraged by the implications that many Stage I cancers like hers did not require chemotherapy.

"I wasn't convinced that I needed it. But my team recommended chemotherapy followed by radiation."

After getting a second opinion at the University of Alabama at Birmingham Hospital's Comprehensive Cancer Center, Byrd finally came to terms with the fact she might have to face being sick and losing her hair.

"I had never had anyone close to me go through cancer treatment," Byrd said. "I didn't know what to expect."

Byrd leaned on her husband, her faith and her positive attitude during that stage of her life. Instead of adopting the ever-popular "Why me?" perspective, she chose to say "Why not me?"

"I'm not so special or important that bad things can't happen [to me]," Byrd said. "I believe that God has a plan for my life and would be with me through it all."

Byrd and her husband decided after learning of the cancer they should do something they had always wanted to do. So after her surgery and before her chemotherapy, they took a long awaited trip to Hawaii. They didn't know if they would have another such opportunity.

On the trip, Byrd received three signs that everything was going to be alright.

"On the plane, an older man sitting behind me tapped me on the shoulder and handed me a little book. He said 'I thought you might want to read this.' It was a book about angels and caring for and protecting people."

The second sign came when they were driving to the north shore.

"It had been raining," Byrd said. "A beautiful, large rainbow appeared in front of us."

The third sign came the next morning at the hotel. Byrd and her husband observed another couple walking into the complimentary breakfast. Byrd's face lit up as she realized the perfectly healthylooking woman had no hair.

"She was going through chemotherapy and was doing just fine."

In facing her first cancer treatment, Byrd hoped for the best and prepared for the worst. She was pleasantly surprised.

"I thought, 'Is this all there is to it?" said Byrd. "I have really small veins so I

had a port placed in my chest. It turned out to be a wonderful decision. They didn't have to stick me."

Byrd endured four treatments once every three weeks followed by 12 weekly treatments of a different drug, a total of six months of chemotherapy.

Two weeks into the treatment, her hair began to fall out.

"My husband and I went on the back porch of our home and he cut my hair really close to my head."

Byrd had purchased a wig in preparation for this event. It was similar in color and style to her natural hair.

"At first I felt like I had a dead animal on my head," Byrd said.

She also worried about it falling off and exposing her bald head to others. However, she quickly adjusted to wearing it and was even thankful for it as she became more fatigued and didn't feel up to fixing her hair anyway.

Byrd's second treatment proved to be not much worse than her first, and she was thankful she was not experiencing the kind of reaction typical to chemotherapy.

Her third treatment was not so easy. "I had the treatments on Fridays. I felt so bad I stayed in bed the entire

During this treatment, John F.
Kennedy Jr.'s plane went missing. The
non-stop coverage is the main thing Byrd
remembers about those particular days
in bod

The fourth and final treatment tested

Byrd's strength.

"I was weak and sick for about four days," Byrd said. "The weekly injection minimized the side effects."

However, Byrd continued to be weak and experienced numbness in her fingers and toes. On top of that, she then had radiation five days a week for seven weeks. Byrd's treatment continued through January of 2000.

Almost an entire year of Byrd's life was devoted to killing the tumor.

"My husband was my biggest supporter," she said.

During this part of her life, Byrd and her husband were living in Alabama while their entire family was in Tennessee. Thanks to friends and church family, she never went to a treatment alone.

"It is a very humbling experience to realize that so many people care about you."

One thing worked to Byrd's advantage: She was tough.

"I continued to work as best I could," she said. "I don't view my experience as a fight but rather a determination."

Opposing breast cancer is still a part of Byrd's day-to-day life. She has taken medication for almost 10 years, and she is due to stop taking it in February of next year

"That is a little scary because I have felt that I was still doing something to actively combat the disease," she said.

Byrd vowed during her battle with cancer if she was still alive in 10 years, she and her husband would go back to Hawaii. That is exactly what they did this

"The first trip was to Honolulu and Oahu. The second trip was to Maui. Both were fabulous."

Byrd lives her life differently now that she is on the other side of the line in the sand.

She and her husband have full passports from traveling. They have visited Israel with a group from their church.

They have also been to Galilee, Nazareth, Bethlehem, Jerusalem, Jericho, Masada and they have seen the Dead Sea. They have also traveled to Egypt.

"Our passports will expire in November," Byrd said. "We need to renew them soon."

Along with traveling, Byrd has learned to appreciate the little things in life. "I get excited about small things," she said. "I am not a zealous cancer crusader, but I admire those who are."

Byrd knows she is tough.
"I found that I am a stronger person than I thought I could be. I think more

practically about dying and being ready."
Cancer doesn't just happen to older
people. It doesn't just happen to everyone
else. It happened to Sherryl Byrd. It can

happen to anyone.

"We have to do our part," Byrd said.

"Take advantage of recommended screenings and seeing a doctor immediately at the onset of warning signs. Don't be scared that the news might be bad. The good news is that

there are cancer survivors everywhere." +

Grand Ole Opry goes pink for breast cancer



ASSOCIATED PRESS

Carrie Underwood performed for the "Opry Goes Pink" Benefit Concert at the Grand Ole Opry.

Associated Press

NASHVILLE, Tenn. — Carrie Underwood turned the Grand Ole Opry's red signature barn backdrop to pink with the flip of a switch to begin breast cancer awareness month.

Underwood said she was "really excited to give the Opry a little makeover and to be doing it for such a great cause."

She also said there were a lot of strong women in the audience and on the stage

The Friday Oct. 2, night show included performances by Underwood, Terri Clark, Jo Dee Messina, Lorrie Morgan, Mindy Smith and others along with special activities recognizing breast cancer survivors and the continuing fight against the disease.

Clark has witnessed cancer first hand through her mom. She said events like these give people the feeling that they're not alone.

"There's an incredible feeling of energy and love from everyone in the room," Clark said.

Robin Roberts from ABC-TV's "Good Morning America" was a special guest announcer. She is also a breast cancer survivor.

A portion of the night's proceeds were donated to Women Rock for the Cure and the Greater Nashville affiliate of Susan G. Komen for the Cure. It was also the kickoff to the Opry's 84th birthday month celebration. •

Warning signs of breast cancer

Most women are diagnosed in very early stages of breast cancer. Here are some common symptoms and signs:

- cancer. Here are some common sym Lump, hard knot or thickening
- Swelling, warmth, redness or darkening
- Change in the size or shape of the breast Dimpling or puckering of the skin
- Itchy, scaly sore or rash on the nipple Pulling in of the nipple or other parts of the breast
- Nipple discharge that starts suddenly

 New pain in one spot that doesn't go away
- Source: www.komen.org



and balloons are displayed over a stream to promote the Breast Cancer Awareness Campaign in Seoul, South Korea on Wednesday, Oct. 7, 2009.

Pink umbrellas

ASSOCIATED PRESS

Super Crossword ON GUARD



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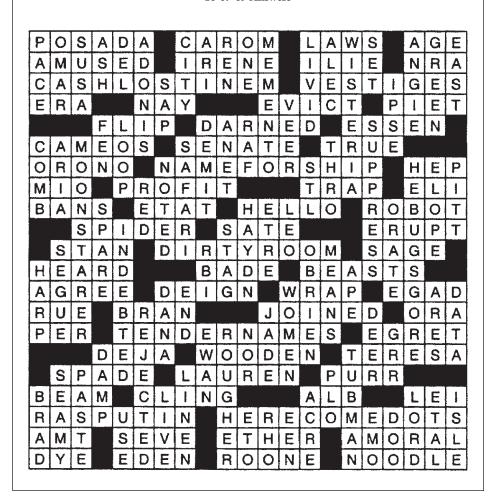
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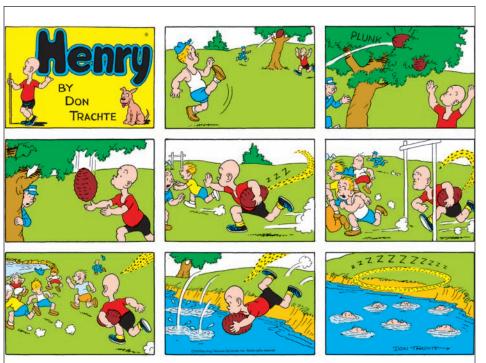
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Super Crossword

10-07-09 Answers







114

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10-07-09 Answers

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1	8	2	4	9	6	7	5	3
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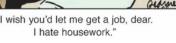


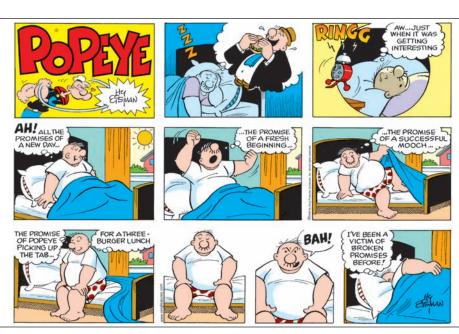
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Weekly **SUDOKU**

by Linda Thistle

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DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging

*** HOO BOY! © 2009 King Features Synd., Inc.

APSU Athletics Needs You! Farn over \$2,000 for your organization!



APSU Athletics is looking for an organization to usher during the 2009-2010 Basketball Season. The chosen organization can earn over \$2,000 for providing at least 10 members to work each of the home APSU men's single and double-header home basketball games. Any interested organizations please contact the Athletics Department by Friday, October 16, 2009 at 931-221-7761, 931-221-7904 or silvas@apsu.edu, ortegaa@apsu.edu.

FOOTBALL

Govs ground Rehawks for first OVC win

By ANTHONY SHINGLER Assistant Sports Editor

APSU was on a four game losing streak heading into the game on Saturday, Oct. 10, at Southeast Missouri.

Behind the two-headed ground assault of Ryan White and Terrence Holt, the two made their presence felt in a big way racking up 328 yards. They helped end a four-game skid by APSU, winning 24-14 at Houck Stadium.

APSU improved to 2-4 overall and 1-2 in the Ohio Valley Conference. Meanwhile, SEMO lost their fifth straight game falling to 1-5 overall and 0-4 In the

White rushed for a careerbest 228 yards on 32 carries with his first touchdown of the season, and Holt chipped in 100 yards on 23 carries and two scores. It was the second time this season that both White and Holt have rushed for over 100 yards or more in the same game, the first since the season opener against

Newberry.

APSU had to overcome four turnovers (three of which were interceptions) and 12 penalties to before the offense would get something

SEMO extended their lead to 14-3 after a 69-yard interception. APSU continued to respond with the White-Holt combo and it proved to be lethal.

With SEMO looking as if they had the game wrapped up, APSU had other thoughts going seven plays for 56 yards. The Govs used a little over three minutes to score for the first time in the half cutting the lead to 14-10 with a six-yard run by Holt.

APSU defense turned up the heat, by forcing an interception from SEMO's Matt Scheible who threw it to Jeremy Ross.

White rushed for 25 yards on three carries to score his first touchdown of the season to push APSU ahead 17-14 for the first lead of the game.

After another three and out, APSU took over at their own 36-yard line. The Govs chopped seven minutes off the clock with a 13-play drive towards another touchdown run by Holt.

The defense again came up big, holding SEMO to a fourth and 13 at SEMO's 29 yard line. APSU picked off a Scheible pass, but this time Antwaun Majors came up with the interception returning for 23 yards to the SEMO 32-yard line to seal the win. APSU totaled 418 yards total to SEMO's 154 yards and 37:24 to 22:34 for time of possession.

Holt, who came into the game leading the nation in all-purpose yards, finished with 179 total yards, while White had 234 yards total.

Jake Ryan, who had his first start, finished 9-of-17 93 yards and three interceptions.

Defensively, APSU held SEMO to 22 total yards the second half, and were lead by Tremayne Townsend's nine

tackles and Daniel Becker's seven. Kicker Stephen Stansell was 1-of-2 on field goals, hitting a 41 yarder to end the first half. The field goal came after APSU rushed the kicking team on the field with 10 seconds left in the first half. Stansell missed a 43 yarder at the end of the third quarter.

White was named OVC offensive player of the week by gaining 248 yards in the come from behind win against Southeast Missouri.

His teammate, freshman safety Jeremy Ross was named OVC newcomer of the week with his fumble recovery and interception for a touchdown.

APSU is off this week and will return to action on Saturday, Oct. 24, to face No. 17 Eastern Kentucky at home with a 6 p.m kickoff. The Govs stay at home for their homecoming game against the Jacksonville State Gamecocks Saturday, Oct. 31. ◆

FANTASY FOOTBALL



Anthony Shingler Assistant Sports Editor

Dear Diary,

Ah finally, I have had two straight weeks of losing because a player goes off on a career day, for example, Rashard Mendenhall's career day. I can not remember the week before spoiler, but according to the great Vince Lombardi "Winning isn't everything, it's the only thing." And I have gone by that motto this season.

My running back Joseph Addai went off to get my 38.00 points this week to help lead me to currently beating Marlon. But what I have to say is Marlon may have been the master of fantasy but I am ready to see Ricky Williams throw a dud so I can laugh and poke fun at my knowledge of football.

My wide receiving core led by Larry Fitzgerald has been as consistent as flies swarming a dead horse. Mario Manningham, the Michigan product has been my dark horse all season and deserves a beer for his performance. With my starting quarterback in Drew Brees being on a bye week, I had to turn the rains over to Joe Flacco and I was disappointed. I watched Joe Flacco's performance disappoint me as the Cincinnati Bengals defeated the Baltimore Ravens. I expected him to be the hot player, since he put up 25-30 point performances on the bench. His so-so performance did not turn out to hurt me, but I will be putting Flacco on the trading block so I can better my wide

For everyone who doesn't know, I faced Marlon's team last week. The trash talking began and he expected to beat me like a drum. Though, his plan was interrupted when I actually did the beating, holding a 26-point lead at press time on Monday, Oct. 12. Due to his lack of luck, he will not get past me and allow me to jump to a 2-4 record. Well Devon might have posted a higher score then me, I still got the "W" this week. Ah, this was a planned victory speech for the past two weeks and it feels great to get a win this week.

Marlon is now 0-5 and Devon is 3-2. Going to Walmart to buy tissues for Marlon and confidently researching the injury reports,

The Anthony Shingler

Highest Scoring Team: WD Forte

Running Back, Joseph Addai, 38 points Running Back, LenDale White, 15.1 points Running Back, Julius Jones, 16.6 points Wide Receiver, Mario Manningham, 11.6 points Quarterback, Joe Flacco, 16.3 points Wide Receiver, Larry Fitzgerald, 24.9 points Tight End, Tony Gonzalez, 11.5 points Defense, Pittsburgh Steelers, 12 points Kicker, Lawrence Tynes, 14 points Wide Receiver, Nate Washington, 6.7 points

COLLEGE FOOTBALL

Robinson challenges all APSU sports fans, students



Devon Robinson Sports Editor

Do the paychecks of our coaches' match the success of their respective teams? If you do your job well, you keep your job, right? The pressure of winning on coaches is a little different than what most of us face.

Whenever I do something wrong at my job, I don't have to feel the pressure of heckling fans calling me all kinds of inappropriate names, but coaches usually do. Which brings me to my next question: do we put enough pressure on our coaches?

According to its Web site, APSU mentions being one of the "fastest growing schools in Tennessee." After my fourth year at this school, attending multiple sporting events, I can tell you our pride in our sports is lacking. Maybe with the exception of basketball, our most successful sport, the support of our fans come in uneven portions.

The salaries of our coaches should be reason enough to pressure them to recruit better and lead their teams to being successful. Govs head football coach, Rick Christophel, the highest paid coach that isn't Dave Loos, should be pressured the most right now.

The slogan for last season's football campaign was "Return to Tradition." With a base salary of \$95,917.00 I find it essential that we

pressure Christophel into not making last season's effort a tradition. He probably gets paid more than your favorite professor. There are certain disparities here with our lack of care for the majority of our athletic department.

Our tuition helps pay for these sporting events. Besides being a big fan of sports, I know that's one of my motivations for coming to a

Funds put into our football program and other sporting events can be a good start on a fans' motivation. Strive to remain critical of something you pay for.]The focal point of many thriving universities is their athletic program. Your reason for not supporting our teams may be that they are not winning. I ask you to look at the Southeastern Conference. While you do have teams like LSU, Florida and Tennessee that are used to winning, you still have teams with great community support that don't do well.

Many students complain about never having anything to do on campus. In reality, there are many things that are going on. All things might not spark your interest; the opportunity is definitely

With that said, we have our bread and butter coming up, the basketball season. The Govs and Lady Govs are both coming off of successful seasons, both losing valuable players from prior years.

There is no reason our teams shouldn't have our full support with our growing population. These coaches are getting paid quite a bit, let's not let our money or their talents go to waste by sitting around. ◆

Paustin Peay State University

One Night Only! In Observance of National Disability Employment Awareness Month

Wheelchair Basketball

The Nashville Wheel Cats

Nashville Music City Lightning



6:30-9p.m., Wednesday, Oct. 21, 2009 Foy Fitness and Recreation Center

Before the game, participate in a wheelchair free-throw contest and wheelchair basketball etiquette session!

At halftime, spectators are invited to participate in activities. Door prizes will be given to APSU students with valid I.D.

Sponsored by the Office of Disability Services and University Recreation

To request disability accommodations, please contact the Office of Disability Services at 221-6230 voice or 221-6278 tty. Austin Peay State University, a Tennessee Board of Regents institution, is an equal opportunity employer committed to the education of a non-racially identifiable student body.

Florida

4. Virginia Tech

6. Boise State 7. Ohio State

9. Cincinnati

11. Miami (Fla.)

13. Penn State

14. Oklahoma State

Texas

3. Alabama

5. USC

8. TCU

10. LSU

12. lowa

15. Kansas

16. Oregon

17. Nebraska

18. Oklahoma 19. BYU

Alabama wide receiver Julio Jones (8) battles Mississippi cornerback Cassius Vaughn (24) over a second quarter pass into the end zone during an NCAA college football game in Oxford, Miss., Saturday, Oct. 10.

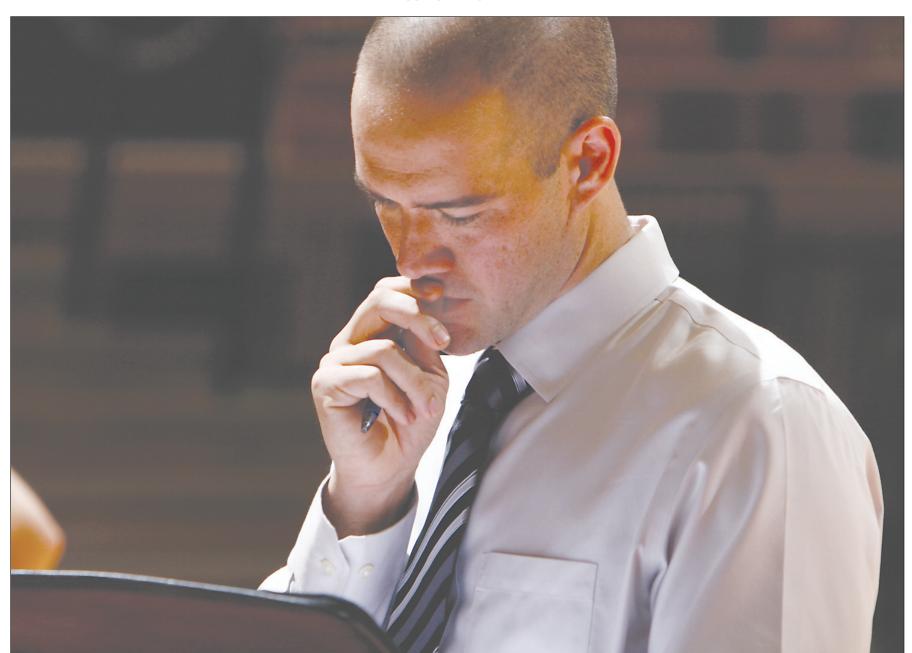
AP Football Top 25 USA TODAY Top 25

- Florida
- Alabama
- Texas Virginia Tech
- Boise State USC
- 7. Ohio State
- Cincinnati
- Miami (Fla.)
- 10. LSU
- 11. lowa 12. TCU
- 13. Oregon
- 14. Penn State
- 15. Nebraska
- 16. Oklahoma State
- 17. Kansas
- 18. BYU
- Georgia Tech
- 20. Oklahoma
- 21. South Florida
- 22. South Carolina
- 23. Houston 24. Utah
- 21. South Florida
 - 22. South Carolina 23. Houston

20. Georgia Tech

- 24. Missouri
- 25. Notre Dame 25. Notre Dame

COACH PROFILE



LOIS JONES | SENIOR PHOTOGRAPHER

Lady Govs head coach Mike Johnson looks down intently at his board. Johnson was hired last year to take the position of Jenny Hazelwood as the head coach of the Lady Govs Volleyball team. As the new coach, he has coached the team to a 13-5 overall record and a 7-1 record in the Ohio Valley Conference play.

Johnson speaks on transforming Lady Govs

By DEVON ROBINSON
Storts Editor

Mike Johnson is the new head coach for the Lady Govs volleyball team. He was hired last year to fill the shoes of Jenny Hazelwood, who left the team to coach her alma mater, Mississippi State.

After his most recent job as associate coach of the Cal-Polytechnic University Mustangs, he has led his new Lady Gov volleyball team to a 13-5 overall record.

The All State: What is the most exciting thing about APSU so far?

Mike Johnson: "The commitment these girls have made. I still feel like a relatively young coach compared to how old a coach I will be one day.

I asked these girls how hard are they willing to work and they said we're willing to do anything and whatever it takes because we believe we can win this thing. They have done that.

They are a hard working bunch, and it's made my job a whole lot easier."

TAS: How was your transition from Cal-Polytechnic University to APSU been?

MJ: As far as the size of the athletic department, very similar. Financially, close.

So just as far as running a team being around the program, being around girls, it was an easy, smooth transition. You can probably imagine that living on the beaches of California is a little different than living in the hills of Tennessee.

TAS: Looking at your profile, your track record is very rich in success with Cal-Poly and Washington University. Do you expect to land some top recruits like at these programs, or is it a work in progress?

MJ: I think it's relative to say to top. At my first recruiting class at Washington, it was ranked the sixth best recruiting class in the country.

My last class that we just had at Cal-Poly was ranked the ninth best in the country. I think the Cal-Poly was harder to get because they didn't just come off a Final Four experience.

I don't know if we're going to be out recruiting Penn State or Nebraska kids yet. With that said, we've already got some commitments from some really good kids. They are going to be freshmen like anyone else,

but there are some athletes. I'm looking forward to it.

TAS: How have seniors
Stephanie Champine and Kirstin
Distler helped lead APSU to a

booming start this season? *MJ*: Well, Champ and Distler, to start, are really good players. I don't have a huge ego about the number of wins we have, in part, because I inherited a good team.

I think Champ hits as hard as anyone out there. I think they are both good enough to play any school. They just got overlooked because they are 5'8" and 5'9". They have done a tremendous job on the court and they both lead by example. They are both, arguably, our hardest workers on defense. I think the girls see them and want to play like them.

TAS: What changes have you brought to APSU?

MJ: Systematically, we play differently than APSU played a year ago. The best analogy I can give you is that if this was college football and I inherited an option team and we're running the west coast offense. It's just a different offense.

We play a lot faster, and we pride ourselves on speed. Because we are not the biggest, we are just going to have to be faster. We're much quicker this year, much more aggressive, and we take more risks serving the ball and blocking. So, systematically we push the tempo a lot.

TAS: What inspirations drew you to volleyball?

MJ: For me, it's not as much about volleyball as it is about teaching. I've always just loved teaching. I loved teaching when I was little kid.

I coached my first team when I was 16 years old; I coached my brother's baseball team. I always knew I wanted to be a teacher, but I didn't really know I wanted to be a volleyball coach until I was one. I just got lucky.

I walked into the coach's office at Washington and they offered me a job and I hadn't even applied. I was really fortunate; I learned a lot and I had great mentors in Jim McLaughlin at Washington University and Jon Stevenson at Cal-Poly.

It's not just about wins and losses, it's about being around these girls. I just love watching them improve.

TAS: Îs there anything that motivates you before a game, anything you read or listen to?

MJ: I really enjoy reading, in general, what other great coaches and leaders are doing. I feel like I'm always trying to get better and seeing if I can draw comparisons to our own team. Before a game, I usually try to be as relaxed as possible. We don't do a lot of "rah-rah" speeches; we don't do the "win one for the gipper" talk. For me, it's just all about if we prepare ourselves in practice and we come ready to play with the will to win, we will be successful.

TAS: Is there any coach or person you look up to?

MJ: There are three influential people. My very first mentor, Jim McLaughlin at Washington, has taught me so much I learned a lot about volleyball and teaching. I still call him to this day to ask for advice.

Jon Stevenson, who I worked for at Cal-Poly, had a will to win like nobody else. It rubbed off on his team and I only studied what he did and how he motivated people.

The guy who I perhaps admire the most is John Wooten. I just read his stuff and I feel like I'm drinking pure and simple sense every time I listen or read something Wooten says. •

Lady Govs sweep TSU Tigers for second win, 7-1 OVC



LOIS JONES | SENIOR PHOTOGRAPHER

Staff Reports

The APSU Lady Govs volleyball team began their four-match road trip with a sweep of Tennessee State Tigers 3-0 (26-24, 25-13, 25-22) Friday, Oct. 9, in Ohio Valley Conference action.

The Lady Govs improve to 13-5 overall and 7-1 in OVC action, while Tennessee State drops to 2-16 overall and 1-6 in the conference slate.

APSU trailed early in the first two sets, no more than one point jumping out to a six point lead before Tennessee State would rally back to tie

the set 24-24.
Stephanie Champine would break the tie with one of her kills, and Paige Economos would serve an ace to finish

the set.

The second set was all

APSU, which was capped off
on an 11-3 run to end it 25-13.

APSU and Tennessee State

battled a tough third set. While APSU would not lead by any point more than three points, the match finished on a kill by Kristin Distler to win, 25-22. Champine had match-high

14 kills on 42 attacks and a .214 attack percentage, while Distler chipped in 10 kills on 21 attempts and a .381 attack percentage. APSU finished with 46 kills as a team and committed only 11 errors for a .271 attack percentage.

The Lady Tigers did not

The Lady Tigers did not have one player reach double digit kills and recorded only 35 kills with 18 errors and a .130 attack percentage.

APSU will take a seven-day break before going on the road to Murray State on Friday, Oct. 16, with a 7p.m. tip-off.

Then Saturday, Oct. 17, APSU will go on the road to play Tennessee Martin in conference action with a 2 p.m. tip-off. ◆

Senior Kirstin Distler leaps to perform the kill. Distler added 10 kills on 21 attempts for a .214 attack percentage in the win against TSU on Friday, Oct. 9, in Nashville.