

Maynard

CONTINUED FROM FRONT

2013 Award for Excellence in Philanthropy as a result of their support of the university.

Inside the facility there are several areas named after other individuals who have supported the campus:

The Barry and Maggie Kullback Atrium, The Drs. William O. and Elizabeth H. Stokes Classroom, The Shirley Summers Hagewood and Retired Mathematics Professors Classroom, The Robert C. and Sue Pitts Classroom, and The Bruce Myers Conference Room.

Rodriguez said he is eager to have one building for both his

mathematics and computer science courses.

“I’m excited for the little community that will exist over there,” Rodriguez said. “It’s close to the physics department; other sciences are nearby. Mathematicians and computer science majors will be in close proximity to get work done as a unit.” *TAS*

First 3 Marine women graduate infantry course

» ASSOCIATED PRESS

CAMP GEIGER, N.C. — Three Marines have become the first women to graduate from the Corps’ tough-as-nails enlisted infantry training school in North Carolina, officials said Thursday, Nov. 21.

The three completed the 59-day course and met the same test standards as the men, said Marine Corps spokeswoman Capt. Geraldine Carey.

The course includes a grueling 12-mile march with an 80-pound pack and a variety of combat fitness tests such as timed combat shuttle runs, timed ammunition container lifts and tests that simulate running under combat fire.

The step comes as the Marine Corps continues to evaluate where women might serve in combat.

Earlier this year, the Pentagon lifted the ban on women serving in combat jobs, but each of the service branches is developing how this might be accomplished.

The Army, Navy, Air Force and Marine Corps are looking at the standards required for serving in battlefield jobs such as infantry, armor and elite commando positions.

They have until Jan. 1, 2016, to open as many jobs as possible to women, and to explain why if they decide to keep

some closed.

The common requirements for men and women for each job would be based on specific tasks.

Military officials have said the standards will not be lowered in order to bring women into any combat posts.

Carey identified the women as Pvt. 1st Class Julia Carroll, 18, of Idaho Falls, Idaho, who is entering a school for signal intelligence training; Pvt. 1st Class Cristina Fuentes Monternegro, 25, of Coral Springs, Fla., who will study to become an aviation mechanic; and Pvt. 1st Class Katie Gorz, 19, of St. Paul, Minn., who is going to study logistics.

On its website, the Marine Corps said the Camp Geiger course is the follow-on training for Marines who graduate from basic training at Parris Island, S.C., and about 20,000 Marines train there every year.

Marines who complete recruit training at the post near San Diego move on to the infantry school at Camp Pendleton in California.

Parris Island is the only site where female Marines go through basic training.

Carey said 15 women began the enlisted course with 254 men in September.

It wasn’t immediately clear exactly how many male Marines completed the course to graduation

on Thursday.

She said the course is separate from one that trains Marine infantry officers for leadership positions at Quantico, Va.

Several women lieutenants have attempted to complete that course, but so far none has passed.

Under a 1994 Pentagon policy, women were prohibited from being assigned to ground combat units below the brigade level.

A brigade is roughly 3,500 troops split into several battalions of about 800 soldiers each.

Historically, brigades were based farther from the front lines, and they often included top command and support staff.

Last year the military opened up about 14,500 combat positions to women, most of them in the Army, by allowing them to serve in many jobs at the battalion level.

The January order lifted the last barrier to women serving in combat, but allows the services to argue to keep some jobs closed.

The bulk of the nearly 240,000 jobs currently closed to women are in the Army, including those in infantry, armor, combat engineer and artillery units that are often close to the battlefield.

Similar jobs in the Marine Corps are also closed. *TAS*

Vets

CONTINUED FROM FRONT

should be referred to the state group.

Programs such as Veterans Upward Bound and Keys to Entrance Exam Preparation (KEEP) Moving Forward help veterans by preparing them for admissions and placement exams and guiding them to success in their entry-level college classes. APSU is a member of Service Members Opportunity Colleges, meaning students can receive college credit for their military training and experience.

APSU also hosts a Military and Veterans

Graduate Recognition Ceremony three times per year. At the ceremony, veteran military personnel are given red, white and blue cords to wear during commencement. The students are also given a coin honoring their service.

Graduates are then invited to join the Military Alumni Chapter of the APSU National Alumni Association.

“The things that make APSU a great school for veterans likely would not have flourished without the strong support of the university’s top administration and hard work by APSU employees, which includes nearly 100 military veterans,” Clark said. *TAS*

PELP

CONTINUED FROM FRONT

“From what I saw, people don’t know that much about the disaster,” said Drew Condella, PELP freshman computer science major.

Condella said the bake sale is a good way to raise awareness to college students because they like food.

Some baked goods sold included gingersnap cookies, lemon bars, brownies, holiday cookies and chess pie.

PELP Director Matthew Kenney said the bake sale was “a good fit” for freshmen students in the program, since an emphasis of PELP is service to others.

According to Sunshine Lichauco de Leon and Calum MacLeod of *USA Today*, the typhoon had estimated winds of 75 to 150

miles per hour, making it equivalent to a Category 1 hurricane.

Typhoon Haiyan has likely been the most deadly natural disaster to occur in the Philippines, according to de Leon and MacLeod, also affecting northern Vietnam and part of China. Tacloban was the hardest hit city in the Philippines.

U.S. Marine Brig. Gen. Paul Kennedy said of Tacloban, “I don’t believe there is a single structure that is not destroyed or severely damaged in some way.”

The widespread destruction has posed a problem to disaster relief efforts and the Philippine government, according to the *Wall Street Journal*.

The sale went along with the international politics class PELP freshmen are currently taking. Kenney hopes to expand the knowledge of the Philippine disaster on campus. *TAS*

CRIME LOG

The campus crime log includes arrests and dispatch call-ins. As mandated by Tennessee law, the crime log is updated within two business days of an incident and new information to an incident available for public inspection any time during normal business hours.

- 9:12 a.m.; Nov. 19; Woodward Library;

vandalism

- 12:46 p.m.; Nov. 18; Castle Heights Hall; unlawful possession by minor
- 5:59 p.m.; Nov. 17; Blount Hall; assault
- 10:21 p.m.; Nov. 14; Castle Heights North parking lot; aggravated burglary

Visit TheAllState.org to see an interactive of the campus crime log.



WE’VE GOT YOU COVERED.



Students give their opinions about Black Friday



YOUR TAKE

STOCK PHOTO

How do you feel about Black Friday?



“

“Black Friday is full of mayhem and massive groups of people fighting over the latest, cheapest items.”

>>> **sophomore pre pharmacy-chemistry major**



“

“Black Friday is a good excuse to spend excessive amounts of money on good deals. What you experience depends on where you’re going to and who you’re going with.”

>>> **Sierra Seward**
sophomore business major



“

“I worked at Kroger’s on Thanksgiving and it was hectic trying to check out so many customers as quickly as possible so the customers don’t have to wait so long.”

>>> **Kelsey Carney**
sophomore



“

“Working on Thanksgiving isn’t going to be so bad because I only have to work four hours, but I don’t get time and a half either.”

>>> **Shannon McMeem**
sophomore mathematics major.

“Your Take” quotes and photos gathered by RAVEN BROWN | STAFF WRITER

Knowing the history of Thanksgiving is important



» **RONNIESIA REED**

Perspectives Editor

Thanksgiving is a day many college students look forward to. After going so long without home-cooked meals, it is no surprise we cannot wait for the holidays. Many people make food the main focus of Thanksgiving, but they are unaware of where the tradition of Thanksgiving really comes from.

Thanksgiving was first recognized as a holiday in 1621. It was a three-day feast dedicated to thanking God. It consisted of duck, deer meat, corn ground into porridge, seafood, cabbage

and squash.

These selections are a lot different from what Americans typically eat for Thanksgiving dinner today. Many of our family traditions now consist of eating turkey or ham with stuffing and cranberry sauce. Even the day Thanksgiving is celebrated on was different years ago. The more we know about our history, the easier it is to pass it on to the generations that will follow us.

According to *Better Homes and Gardens’* website, “George Washington declared Dec. 18 a day for solemn thanksgiving and praise. It wasn’t until the 19th century, however, that the modern Thanksgiving holiday took shape ... President Franklin Roosevelt changed the holiday from the last Thursday in November to the next-to-last Thursday to extend the Christmas shopping season. After public outrage, he signed legislation in 1941 to make Thanksgiving Day the fourth Thursday of each November.”

Many of our customs originated in different cultures years before we were born.

If we keep celebrating something without knowing where it began, eventually we will become curious as to why it is being done. If no one has the answer, we might just abandon the tradition all together.

Black Friday shopping is a tradition that began in the 1960s and has recently been spiraling out of control.

It used to be a day shoppers could look forward to so they could get good deals on Christmas gifts for loved ones.

Today, Black Friday is not just limited to Friday; it begins Thanksgiving Day for many retailers. This is not fair to workers, or even to some shoppers.

This year, the mall will be open late on Thanksgiving night, which is something I would have never imagined happening. Easter, Thanksgiving, Christmas, and New Years are the four main holidays that the mall is usually closed on.

It doesn’t seem right for it to be open on one of those days, and I am sure employees who have to leave their family while celebrating can agree.

Customers who want a specific item are now being forced to leave home and go shopping on Thanksgiving out of fear that someone might buy the item they are looking for.

Traditions are what make the holidays fun, but they are called traditions for a reason. Knowing our history and keeping it the same is important and makes the holidays more enjoyable. *TAS*

ABOUT US

Jenelle Grewell, **editor-in-chief**
Jennifer Smith, **managing editor**
Conor Scruton, **chief copy editor**
Brittany Hickey, **news editor**
Josh Stephenson, **sports editor**
Katelyn Clark, **features editor**
Ronniesia, Reed, **perspectives editor**
Janay Neal, **photo editor**
Paige Johnson, **advertising manager**
Jake Lowary, **adviser**

Morgan University Center, room 111
P.O. Box 4634,
Clarksville, TN 37044
phone: (931) 221-7376
fax: (931) 221-7377
theallstate@apsu.edu
allstateads@apsu.edu

www.theallstate.org
Facebook.com/theallstate
Twitter @TheAllState
YouTube

ABOUT THIS PUBLICATION

The All State is published every Wednesday of the academic year, except during final exams and holidays.

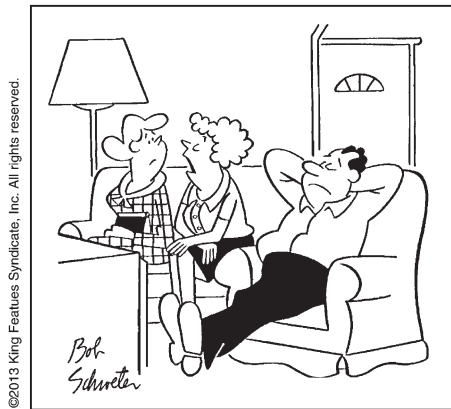
Letters to The Editor should include author’s full name, email and phone number, plus major and class, if applicable. Letters will be checked for authenticity and should be received

no later than 4 p.m. on Friday to be considered for publication. Letters may be edited for clarity and content, and should not exceed 300 words.

The All State’s mission is to publish timely and pertinent news for the Austin Peay State University community. It serves as a voice for the students and

is entirely managed and produced by APSU students.

The All State is not an official publication of Austin Peay State University. The views herein do not necessarily reflect those of *The All State*, APSU or the Tennessee Board of Regents.



"Hal's losing interest in TV — yesterday he put the _____ out during prime time."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

| | | | | | |
|---------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| Distant | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| METEOR | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Shine | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| MALGE | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Grow | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| DUBIL | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Land | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| LAHGIT | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |

TODAY'S WORD

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **A** equals **F**

DALCT RO PFVJ WA HJCCVO
VGNPV JDP MCHWRC VGWFQCP,
VWRCWSC QDMCQCP LJCR
“GWLDLWCV DN TWLLCS.”

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Super Crossword

“ISLE SAY!”

ACROSS

1 Wilde who's often quoted
6 Deli meat
13 Versatile furniture item
20 Huge crowd
21 Black piano keys, informally
22 Greed
23 Winter holiday cry on an island?
25 Decuple
26 Made haste
27 Impart gradually
28 Round Table address
29 Hollywood's West
30 Church recess
32 Event for socializing with a celebrity on an island?
36 Feels in one's bones
39 Atkins of country
41 George Bush's rival in 2000
42 Lead-in for skeleton
43 Viola relative
45 Sorrowful

47 Musical
practice
piece
51 1980s puzzle
fad on an
island?
54 "9 to 5"
singer on an
island?
58 Engendered
59 Disaffirms
61 Not made up
for, as sins
62 Bind legally
65 Barbecue
botherer
66 Russian
vodka brand,
for short
67 Snaky shape
68 1939 Oscar
winner on an
island?
73 Assents to
76 Event for the
accused
77 "Silver"
novelist Levin
78 Not far off
82 Short play or
opera
84 Skull caps?
87 Mucky earth
88 Top dog on
an island?
90 Using both
TV and radio
on an
island?
93 "—free!"
(hostage's
cry)

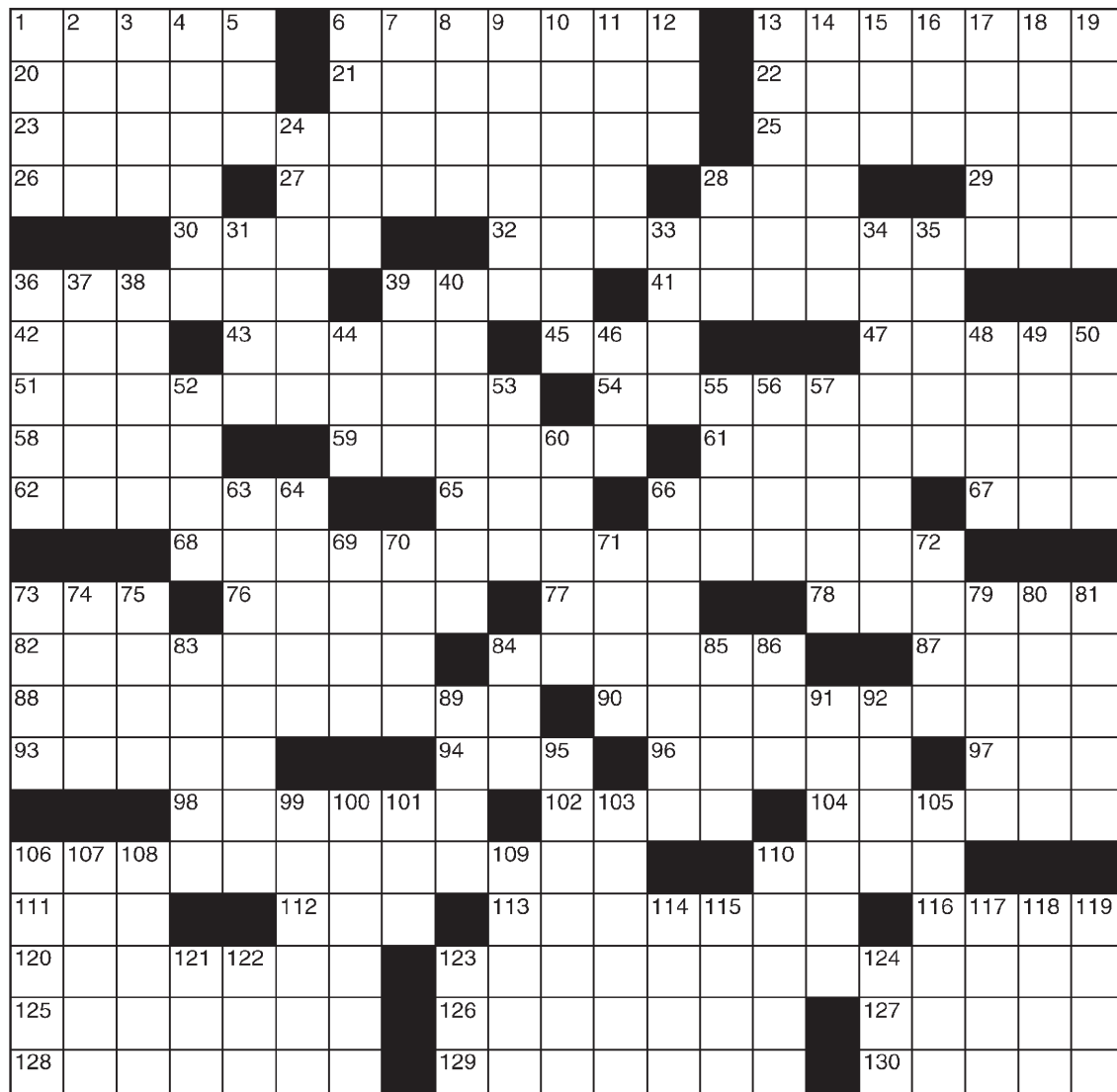
94 Atop, to
bards
96 Lerner's
"My Fair
Lady"
collaborator
97 Tank filler
98 Arctic
covering
102 Site for a
cyberuction
104 "— we met?"
106 "My Way"
singer on an
island?
110 Heap
111 Snakelike
fish
112 Make the
effort
113 More
suggestive of
an equine
relative
120 Paradoxes
123 Drawer of
needlessly
complex
machines on
an island?
125 Veer
126 Was overly
fond of
127 Actor Foxx
128 Feel
weak in the
heat
129 Spring
farm
machines
130 More cagey

DOWN

- 1 Units of resistance
- 2 Ivory, e.g.
- 3 Mötley —
- 4 Puma rival
- 5 Minicam button abbr.
- 6 Switzerland's capital, to the French
- 7 Kimono securers
- 8 Perplexed
- 9 Prompt
- 10 Limy vodka cocktails
- 11 Author Zora — Hurston
- 12 Mule's father
- 13 Filling fully
- 14 Carry to extremes
- 15 Air circulator
- 16 Dog's sound
- 17 Tundra or rain forest
- 18 Great acclamation
- 19 "Fiddle- —!"
- 24 Sounds from steam irons
- 28 Mineo of "Tonka"
- 31 Little kiss
- 33 "I did it!"
- 34 Amino acid supplement popular with bodybuilders
- 35 Prefix with fit
- 36 — -Croatian

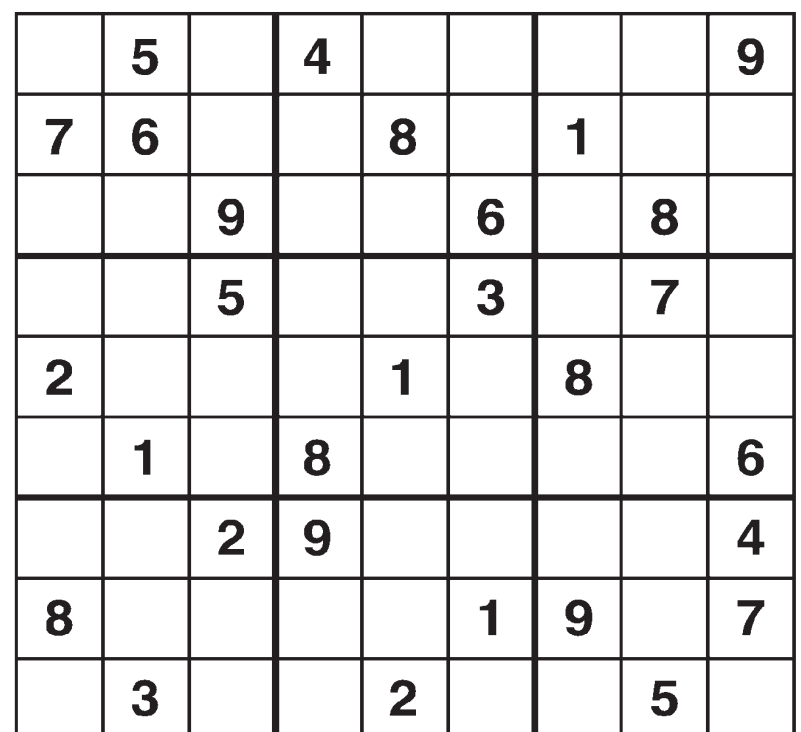
37 Affluent
outlying area
38 Peace
award
39 Solving aid
40 Boot-sole
reinforcer
44 Kind of PC
screen
46 Gym rat's
"six-pack"
48 — Reader
(magazine
name)
49 Executes
50 Terminations
52 "Got it, bro"
53 — She
Sweet"
55 Guitar's kin
56 —
pronounce
you ..."
57 Pol Sarah
60 Moral
system
63 Test of inner
courage
64 Keep an —
the ground
66 Former HHS
chief Donna
69 Bearing
70 Battles it out
71 Mine car
72 Note —
73 — and aahs
75 Leg bender
77 Chair or pew
79 Chain of hills
80 Musician
Eno

81 Fungi in a supermarket
83 Sys —
84 Make a case against?
85 Gambit
86 Holy Mlle.
89 — flight (go by plane)
91 Revolving
92 Entrée, e.g.
95 Put on a detour
99 Will concern
100 Person swearing
101 Lowell or Tan
103 — wire fence
105 Spoken
106 Eats
107 Replenish
108 Still kicking
109 Spasm
110 Lowly types
114 "Smooth Operator" singer
115 Stereotypical lab assistant
117 Prefix for "half"
118 — Canal
119 Antiquing aid
121 Baseball's Hodges
122 Tatami, e.g.
123 Radio spots
124 Radio personalities



Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

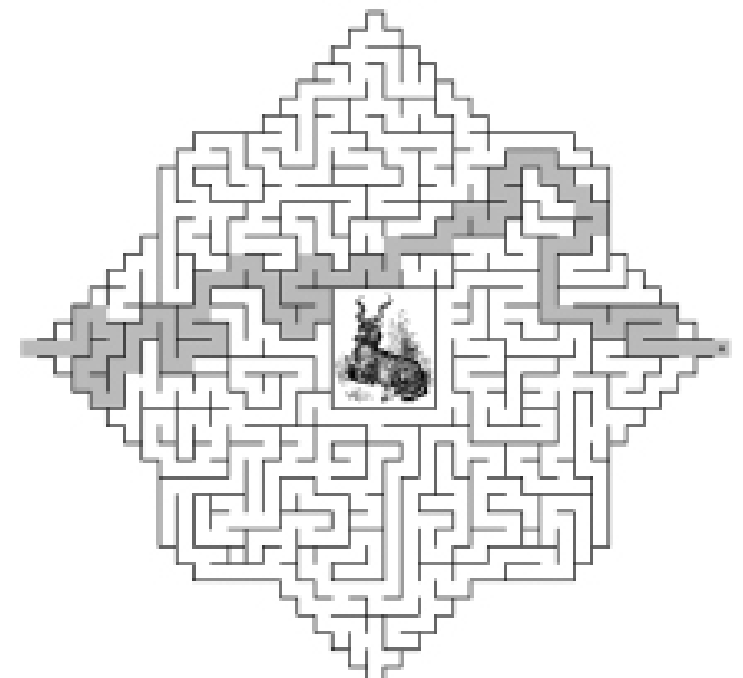
DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

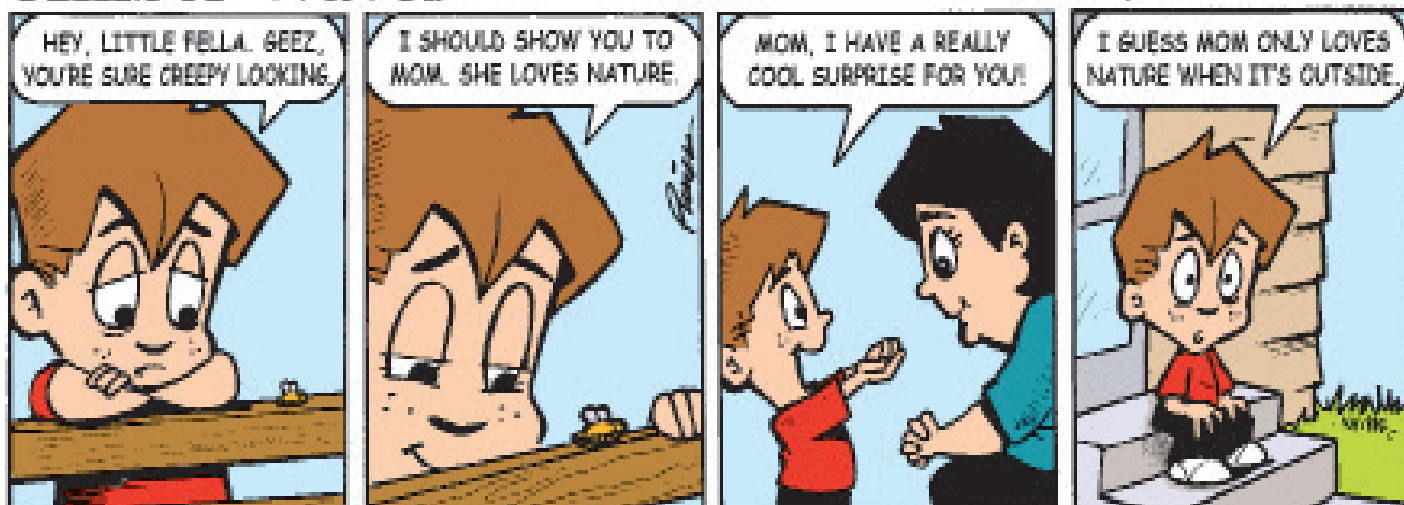
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Mega Maze

Solution



Amber Waves



Just Like Cats & Dogs

by Dave T. Phipps





EVENTS

Nov. 28-29

Thanksgiving
Break-
University
Closed

Tuesday,
Dec. 3

SLE, JSZ
Leadership
Series: Dinner
with the
President
6 p.m., MUC
Ballroom A

Wednesday,
Dec. 4

Last Day of
Classes

Student
Affairs Holiday
Reception
TBA, MUC
Lobby

Free
Lunch and
Conversations
11:30 a.m.
to 1 p.m.,
WNDAACC

Thursday,
Dec. 5

Study Day

GPC Pre-Cram
Jam: Be a Kid
Again
11 a.m. to
1 p.m., Foy
Center Courts

ODK Initiation
MSC

Mentor
Banquet
6 to 8 p.m.,
TBD

Friday, Dec. 6

First Friday
Noon to 2
p.m., MUC
Plaza

Dec. 6- Dec. 13

Final Exams

To submit on-
or off-campus
events for future
Community
Calendars, email
allstatefeatures@
apsu.edu.

Eating Insects

How to add bugs to your Thanksgiving recipes

» By **JULIE COLE HULSEY**
Staff Writer

Insects have served as a tasty and nutritional safe food source for thousands of years for people worldwide.

It may be rare in our country, but eating insects is a common practice in over 13 nations and remains popular in regions such as Central and South America, Africa, Australia and Asia.

While they are not part of Western cuisine, it seems only a matter of time until nations like the U.S., Canada and Europe catch on.

Don Sudbrink, an entomologist and chair of the Agriculture Department, recently began to raise mealworms and waxmoth larvae for scientific study and for consumption.

Not only does Sudbrink teach classes on the study of insects, but he also attends conventions on the subject, regularly collects insects and studies their behaviors in relation to pest management in Tennessee farm crops.

The idea of eating insects as an alternate food source has interested Sudbrink for awhile.

"I ate my first insect at a cicada cook-off sponsored by a Smithsonian Entomologist near Washington, D.C., in 1987," Sudbrink said. "The periodical cicadas were pretty good cooked in some teriyaki sauce, but I actually left them alone until they came out again 17 years later."

Sudbrink has lately been collaborating with English professor Amy Wright on insect recipes.

Sudbrink said he prefers mealworms sautéed in olive oil at medium heat.

"They remind me of a cross between French fries, croutons and shrimp," Sud-

brink said.

On Tuesday, Dec. 3, in Sundquist Science Center B130 from 9:35 a.m. to 11 a.m., Sudbrink is hosting a "Bug Cook-off."

"We will be finishing the semester in my economic entomology course with our edible insects class," Sudbrink said. "Light snacks will be served to any who want to try them including French fried mealworms and sautéed waxmoth larvae ... maybe even some sautéed crickets."

Sudbrink and Wright attended an "insect banquet" on Saturday, Nov. 9, as part of the Buggy Buffet Entomophagy Conference in Knoxville sponsored by the Department of Entomology and Plant Pathology at the University of Tennessee.

Entrees such as thistle grub soup, cricket and mealworm stir-fry and assorted insect desserts were served to more than 200 members of the Knoxville community.

"Eating insects and/or feeding them to livestock, such as poultry or swine, will likely be an important protein alternative in answer to increased demand for food and the problem of malnutrition faced in many developing countries," Sudbrink said. "We already eat some of their closest relatives: the crustaceans."

Edible Insects: Future Prospects for Food and Feed Security, published by Food and Agriculture Organization of the United Nations, said, "It is widely accepted that by 2050, the world will host nine billion people. To accommodate this number, current food production will need to almost double. Inefficiencies need to be rectified and food waste reduced. We need to find new ways of growing food."

CONTINUED ON **PAGE 6**

Sautéed Crickets

Serves 4-6 (also works for any insect)

Ingredients

1-2 cups of crickets, legs removed
1/4 cup of butter
3 cloves of garlic
1/4 cup chopped scallions

Directions

1. Melt butter. Add garlic and scallions, and sauté for several minutes
2. Add insects and sauté for an additional 10-15 minutes
3. Season to taste
4. Serve hot

Where to purchase edible bugs

http://importfood.com/thai_insects.html
<http://www.grubco.com/>
<http://www.wormman.com/default.cfm>
<http://ww2.wnyherp.org/buy-crickets.php>
https://www.youtube.com/watch?v=k46Sr7zTc_k

GRAPHIC BY JENELLE GREWELL | EDITOR-IN-CHIEF

Hunger:

Facing food insecurities during Thanksgiving

» By **KATELYN CLARK**
Features Editor

Thanksgiving is a holiday of family, gratitude and, of course, food.

What about the families and children who go hungry during this holiday?

According to No Kid Hungry Organization, "48.8 million Americans live in households that lack the means to get enough nutritious food on a regular basis."

A Service Learning Honors public speaking class taught by communications professor, Tracy Nichols, researched this problem on a global, national, local and campus level.

Throughout this eight-week course, students spent time volunteering at the

S.O.S. Food Pantry and Manna Café.

The S.O.S. Food Pantry, located in Emerald Hills Apt. 2C, strives to provide food and hygiene products to financially struggling APSU students.

"Hunger doesn't take a break, but we can win without bullets."

— Daniel Suiter, student

Similarly, Manna Café is a local charity that provides hot meals, grocery boxes,

free neutering and spaying for pets and an on-site chaplain.

"To attack food insecurity at the source, we have to start at home," said service-learning student, Samuel Millsbaugh.

Whether one's home is on or off campus, these two organizations push to conquer food insecurities on campus and in the community.

Through Manna Café, 1,000 pounds of food helped feed the hungry families of Clarksville in June 2013.

"The number-one killer in the world is lack of nutrition," said Daniel Suiter, volunteer at the S.O.S. Food pantry and Manna Café. "It does not discriminate against race, age or gender."

CONTINUED ON **PAGE 6**

STOCK PHOTO

Bugs in recipes

CONTINUED FROM PAGE 5

According to this publication, an estimated 26 percent of the world’s children’s growths are stunted, and two billion people suffer from one or more micronutrient deficiencies; 1.4 billion people are overweight, 500 million of who are obese.

Most countries are burdened by multiple types of malnutrition.

In February 2008, a United Nations Food and Agriculture conference in Chang Mai, Thailand promoted insects as a food source.

“Forest Insects as Food: Humans Bite Back,” advocated for greater economic development of insects as food sources.

The UN estimates at least 1,400 species of insects and worms are viable food sources in over 90 countries.

Consumption of insects ha started to become more popular in

Western culture.

The trend of eating insects is favored by some experts from various culinary and scientific fields.

Marc Dennis, founder of the website *Insects Are Food* said, “Insects in cuisine today are where sushi was two decades ago.”

However, one problem of taking bugs from the wild is not knowing what sorts of pesticides they may have come in contact with.

A good rule of thumb is to avoid eating any brightly colored, hairy or spiny bugs, as these are likely to be poisonous.

Most caterpillars are similarly inedible, however most grubs are edible.

Crickets are one of the more popular insects to eat, being among the easiest to raise, prepare and cook.

They are inexpensive to raise and maintain and are highly nutritious.

Mealworms and silkworms are also very popular, and many who try them think the grubs taste a lot like shrimp.

Mealworms can be purchased live, canned or freeze-dried from any number of suppliers, and they are relatively easy to farm and keep until you use them in a recipe.

“

The periodical cicadas were pretty good in some teriyaki sauce.”

— Don Sudbrink, chair of the Agriculture Dept.

There is an abundance of cultures that rely upon insects for sustenance.

In Ghana, during the spring rains, winged termites are collected and fried, roasted or made into bread.

In Cambodia, tarantulas are eaten and are one of the more popular food sold to tourists.

In South Africa, insects are eaten

with cornmeal porridge, and in China, beekeepers are considered virile because they regularly eat larvae from their beehives.

Monica Martinez launched Don Bugito in 2011, a street food cart project in California that sells edible insect treats at street parties, festivals and food fairs.

Inspired by pre-Hispanic and contemporary Mexican cuisine, Don Bugito features creative and traditional uses of edible insects, grown organically and naturally.

“San Francisco’s foodie culture and its large Asian and Latino communities – whose cuisines already include edible insects – make the city a natural testing ground,” Martinez said.


The cart features familiar Mexican ingredients such as soft, blue corn tortillas and chilies and cheeses, along with protein-rich insects.

Martinez serves additional toasted crickets and for dessert, he serves caramelized mealworms on top of vanilla ice cream. **TAS**



Top Left: At the Buggy Buffet, chocolate chip cookies with crickets, as well as chocolate-covered insects were served for the public to taste. Top right: Bill Kinney, agriculture student eats a grub worm. Middle: Another delicacy offered during the Buggy Buffet was “Bug Blocks,” or assorted insects in peach Jell-O. Bottom left: Amy Wright, English professor ate crickets along with other foods that contained insects. Bottom Middle: Grub worms were used in numerous recipes during the Buggy Buffet. Bottom Right: Don Sudbrink, chair of the Agriculture Department stood by a praying mantis to promote the Buggy Buffet. JULIE COLE HULSEY AND DON SUDBRINK | PHOTO CREDIT

HOUSE FOR RENT



- » 2 or 3 Bedroom
- » 1 Bath
- » \$700/month
- » 5 minutes from APSU’s campus.
- » 1200 sq. ft.
- » W/D hookups
- » Extra storage in attic, basement.

TEXT Emily at 931-220-STAR (7827)

Hunger

CONTINUED FROM PAGE 5

The students of this service learning course were able to spread awareness about the S.O.S. Food Pantry and Manna Café in many different ways. They created public service announcements, Power-Point presentations, radio spots and stump speeches to show to APSU 1000 classes.

“Knowledge is half the battle,” said sophomore Zach Puckett. “If there is anyone you know who needs this help, tell them.”

There are numerous ways to help fellow peers and the Clarks-ville community through the donation of time, money and food.

“The most powerful thing is standing in line, serving everyone breakfast and seeing the look on their faces because we’re giving them a life source,” said Mallory

Covington about her experience with Manna Café.

To find out how to help a family for Thanksgiving, visit mannacafeministries.com or apsu.edu/student-life/food-pantry.

For more information on service learning courses at APSU, visit apsu.edu/service-learning.

“Hunger doesn’t take a break, but we can win without bullets,” Suiter said. **TAS**

Rivers ready to contribute any way for Lady Govs

»COREY ADAMS
Staff Writer

She may be the shortest on the team at 5-foot-5, but freshman April Rivers has played big thus far in her first season of collegiate basketball. After 17 points in an exhibition game against Martin Methodist, Rivers followed up with a 16-point performance on the road at Western Kentucky. This was the highest total for a freshman Lady Gov in her debut since current Assistant Coach Brooke Armistead scored 20 points in the first game of the 1999-2000 season.

“That game, I was pretty nervous,” Rivers said. “I feel like anything is possible, but nothing can be done without the grace of God and having your fellow teammates to trust you, even though I’m a freshman.”

Rivers began playing basketball when she was four years old because of the influence of her older brother and dad, and by her freshman year of high school, Rivers knew she could move to the collegiate level.

“I realized with encouragement from my coaches that I could go Div. 1 as long as I continued to work hard,” Rivers said. “That was my goal. Through the times that I got tired and wanted to give up, I pushed myself through the hurt to get to the next level where I wanted to be.” A native of Las Vegas, Nev., Rivers played under former Lady Govs Assistant



Rivers on defensive end against Trevecca. BRITTNEY SPARN | APSU SPORTS INFORMATION

Coach Sheryl Krmpotich at Bishop Gorman High School. Krmpotich’s ties to APSU and Head Coach Carrie Daniels influenced Rivers to make the trip to Clarksville to become a Lady Gov. Now she has reached her destination, the freshman is still adjusting to the atmosphere.

“I’m still trying to adjust to the whole college way of playing basketball,” Rivers said. “I’m improving and I have a lot of support from my team and the coaches. I’m just looking forward to the rest of the season.”

After going 7-21 last season to miss the Ohio Valley Conference Tournament, this year’s team is looking to turn things around to reach the postseason.

The group Daniels has in 2013-14 appears to be deeper than in years past with several younger players, including Rivers, coming off the bench to play significant minutes.

“I see myself as a defensive role player as in bringing the intensity of defense and getting the opposite team to turn over the ball,” Rivers said. “I feel like it gets everybody into the feel of the game and gives us the mentality of we got this game.” Rivers admits there are still jitters stepping on the court.

“I believe we can only beat ourselves,” said Rivers “We just gotta continue to encourage each other when another person is down to uplift them. We need to talk on defense and keep our energy level up. As long as we do that, I believe we can succeed.” **TAS**

Lady Govs Basketball

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New leadership emerging:

The Lady Govs graduated three seniors from last year’s squad, which meant new leaders would have to emerge this season for the team to be successful.

Junior Kristen Stainback has embraced that role and substantially improved her play. Known mostly as a streaky shooter during her first two seasons, Stainback has recently shown remarkable consistency with her scoring, with double-digits in every game and being one of only two Lady Govs averaging more than 10 points per game.

Stainback comments about her leadership role on the team.

“It definitely helps to be an upperclassman, and after the past two years, they were

very disappointing, and I know I didn’t play to my potential at all,” Stainback said. “This year, I just wanted to focus on being a good teammate and playing hard, no matter what. No matter if my shot is falling or not, I just want to be playing hard, and with that, I felt more confident stepping up into that leadership position on the court.”

Being able to bounce back:

This year’s Lady Govs have been able to bounce back from two losses with wins in each game following a loss.

The win against Trevecca snapped a nine-game home losing streak that dated back to last season.

As the non-conference schedule gets tougher, that ability to bounce back from mistakes or bad games will be needed as the team prepares for the conference schedule. **TAS**

Govs Basketball

CONTINUED FROM **PAGE 8**

bounds down the stretch, the Govs being out-rebounded 48-34.

“Horton was big in that area, but they just pinned their ears back and came at us there down the stretch,” Loos said. “We can fix that, but rebounding is a concern for me.”

Betran led the backcourt with 16 points, and Damarius Smith contributed 12 points, while also having the assignment of guarding Jackson.

Horton was named Player of the Game, with seven blocked shots and 10 rebounds. The Govs will be on the road to play in the Central Michigan Tournament from Nov. 21-23.

“I think we have to go over there with a mindset of, ‘we got to play to our full potential,’” Triggs said. “We have to go out there, play strong, play together and just do everything in the book to get a win.” **TAS**



Zavion Williams drives on the baseline. BRITTNEY SPARN | APSU SPORTS INFORMATION

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Gray leads the way

Tiasha Gray records the first triple-double in Lady Govs history as she helps her team snap a nine-game home losing streak that dated back to last season. **BRITTNEY SPARN | APSU SPORTS INFORMATION**



Above: Forward Jennifer Nwokocha attacks the basket against two defenders from Trevecca. Bottom: Rivers pushes the ball in transition for the Lady Govs. **BRITTNEY SPARN | APSU SPORTS INFORMATION**

»**JOSHUA STEPHENSON**
Sports Editor

The Lady Govs basketball team evened its season record at 2-2 with a 98-77 win at home against Trevecca on Monday, Nov. 18. This team has been inconsistent in its first three games of the season, unable to close the deal at the end of two losses and barely escaping Southern Illinois with a win. Against Trevecca, especially in the second half, the Lady Govs showed what kind of team they are capable of being.

Here is a review of five things we learned from the Lady Govs' win over Trevecca and what they have shown four games into their non conference schedule.

Tiasha Gray makes history:

There have been a lot of great athletes to wear APSU colors, but against Trevecca, Tiasha Gray did something no one has before: She recorded the first triple-double in known Lady Govs history. She finished the night with 13 points, 12 assists, 11 rebounds and two steals. Both her totals in assists and rebounds were career highs for the local Clarksville High alumna.

After a mediocre game against Arkansas State to begin the team's current five-game home stand, Gray came out and displayed poise, and a understanding of the offense running the team like a seasoned veteran.

"I really don't know how to put that performance into words; it was just amazing," said Head Coach Carrie Daniels in a post-game interview with APSU Sports Information. "I think the big thing for her being a point guard and always handling the ball was to pull down 11 rebounds. To be able to get that triple-double with the rebounds, points and assists; it is just a remarkable feat."

Lady Gov's Freshman of the Week:

Tearra Banks saved her best performance thus far in the season for the home crowd at the Dunn center in the games against Arkansas State and Trevecca.

After not playing much in the Lady Govs' season opener against Western Kentucky and only having eight points and two rebounds versus Southern Illinois, in the second game of the season, she exploded onto the scene with her first career double-double (14 points and 11 rebounds) against Arkansas State and scored 17 points in limited minutes of the bench versus Trevecca.

The last two performances earned Banks the title of Ohio Valley Conference Freshman of the Week. A title that her teammate, Tiasha Gray, had awarded to her two of the final three weeks last season.

"I believe Tearra improved with each game she played [so far this season]," Daniels said. "Tearra has seen what she can bring to this team with her presence in the post, and that has seemed to motivate her. I believe this will be the first of many honors this season."

From a weakness to a strength:

A noticeable problem last year for the Lady Govs was the lack of depth coming off the bench on a consistent basis.

The freshmen who came in last year started and played a lot of games which forced them to grow up fast.

This has made the, now sophomore class the building block for this team, which allows this year's freshmen to settle into their roles coming off the bench, giving the Lady Govs muchneeded depth for this season. In the game against Trevecca, 11 of 13 Lady Govs scored in the contest, which exemplifies the improved bench play of this team.

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Govs hold on in final seconds, win 72-70

»**COREY ADAMS**
Staff Writer

A block by Chris Horton at the buzzer gave APSU its second win of the season on Tuesday, Nov. 19, as Southern Illinois traveled to Clarksville for the first time since 1994.

APSU (2-1) led by 17 at the 13:10 mark of the second half, but allowed the Salukis (0-3) to mount a comeback behind Desmar Jackson, who finished the game with 27 points. Southern Illinois knotted the score 68-68 with 1:19 remaining, but Travis Betran took over late in the game, scoring APSU's final four points to pull out a 72-70 victory.

"I was a little nervous, to be honest," said APSU Head Coach Dave Loos. "We played some great basketball leading up to all of that. In the second half, I thought we played our best basketball thus far. You knew they weren't going to quit. Jackson is a handful, and they got on a roll and got some momentum going. It's all we could do to hold them off."

In the first half, it took the starters some time

to find their rhythm. Senior forward Will Triggs took over in the low post, scoring 17 points and grabbing six rebounds. The Govs key area of improvement was in free-throw shooting. Coming into the game, Triggs was just 42 percent from the foul stripe, but sank seven of eight free throws on the night.

"Coach always tells us to get to the free throw line before, during and after practice," Triggs said. "I think it's paying off for us. We had some guys step up to the line and knock some down. We missed a few toward the end, but I feel like those guys are going to recover from that, and in the next situation, have the confidence to knock them down."

Southern Illinois only led once in the contest, at the 3:07 mark of the first half.

Loos said his team's defensive effort was excellent, only allowing the Salukis to shoot 40 percent from the field with just two three-pointers.

Loos is still looking to improve performance on the glass. The visitors had 19 offensive re-

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Damarius Smith elevates to score for APSU on the fast break against Southern Illinois. **BRITTNEY SPARN | APSU SPORTS INFORMATION**