Clock strikes midnight for Cinderella

Govs fall to Kansas Jayhawks 105-79 in NCAA tourney

BY GLAVINE DAY

Sports Editor

he Govs have played their final game of the season in Wells Fargo Arena in Des Moines, Iowa, and lost to the Kansas Jayhawks 105 - 79.

Sophomore Josh Robinson was the leading scorer for both teams with 24 points. There were three

Chris Horton was second with 14 points and led the team in rebounds Govs maintained a respectable with 10. John Murry was behind Horton with 13 points. Behind Murry was Khalil Davis with 12 points.

In the first half, the Govs shot 10-27 from the field and 1-8 from the 3-point line.

During the second half, the Govs improved their shooting to 15-34 and 3-7 from the 3-point line.

percentage from the free-throw line. During the first half the Govs shot 7-10 and in the second half they shot 18-27 from the free-throw line.

On the other side of the court, Kansas set an arena record for most points scored with 105.

Look inside for a special edition

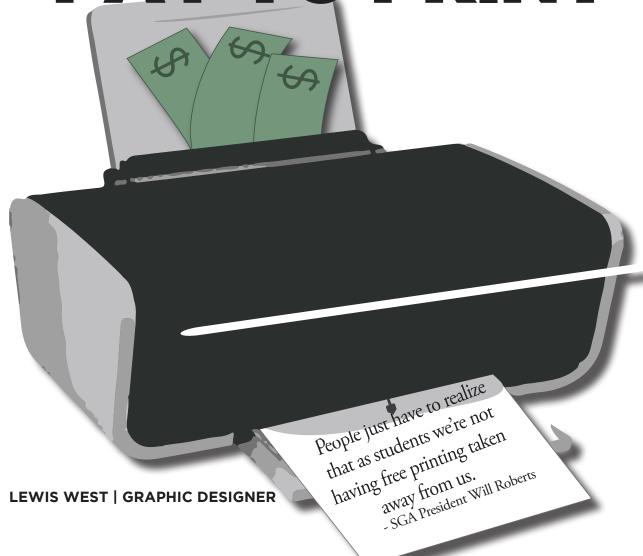


VOLUME 85

WEDNESDAY, MARCH 23, 2016

ISSUE 23

STUDENTS WILL PAY TO PRINT



BY WILL FISHER **Staff Writer**

In an effort to become more environmentally sustainable and cost effective, APSU will require students to use Pharos, a print management system, to limit the amount of paper printed on campus.

Starting May 31, students must swipe their student ID at a printing station and have the cost of the paper subtracted from a \$30 credit. At the start of each semester, the \$30 credit renews and does not roll over to the next semester. APSU is implementing Pharos to drastically cut down on paper wasted by students and make the university greener, according to Laura Prange, head of the Pharos task force.

Prange said a single sided black and white printout will cost eight cents, a double sided black and white printout will cost 10 cents

and a one-page color paper will cost 25 cents. If a student uses the allotted \$30 before the end of the semester, they will pay out of pocket for all other printouts made.

Currently, APSU spends \$120,000-\$135,000 each year on all services related to printing including paper, toner and maintenance, according to Prange.

Pharos cost the university \$50,000 to purchase and costs APSU an additional \$8,000 a year to maintain the software license. The money to buy the program and license the first year came out of the Campus Sustainability Fee fund and APSU will maintain the software license in future years with money saved by using Pharos, according to Prange.

In addition to Pharos, Prange said APSU has been encouraging all the offices on campus to move towards becoming paperless and using digital forms of

communication. While faculty and staff will not have to use Pharos, Prange said an initiative led by professor Robin Reed is in place to research ways university employees can conserve paper in their offices and classrooms.

SGA President Will Roberts serves as the student voice on the committee. Roberts said he voiced many of the concerns students may have about Pharos, including how the system works and where the money for the \$30 credit would come from.

Both Prange and Roberts said most students will not feel the effects of the new initiative and Pharos will help deter wasteful printing.

"Hopefully people keep in mind what they are printing," Roberts said. "Not going in there and printing a book or a hundred page article for a class."

SGA will host a town hall style **SEE PHAROS PAGE NO. 2**

Over 500 volunteers contribute

BY CELESTE MALONE

Assistant News Editor

For the second year in a row, The Big Event brought out more than 500 APSU students to sites around campus and the Clarksville community on Saturday, March 19.

The Student Government Association sponsored this event as a way for students to get involved and give back to the surrounding areas. SGA President Will Roberts said he wanted to continue the tradition from last year because of its success.

"It was so successful last year," Roberts said. "We kept it for the great response we had from our APSU and surrounding communities and we continued it this year."

Students that participated in The Big Event were called to various areas around APSU and Clarksville like The Service Learning Center and SOS Food Pantry, Liberty Park, the APSU Child Learning Center and Fort Defiance.

A new event SGA added was a carnival for children at Lincoln Homes held in the Foy Fitness Center after the work was done.

"As a student body, we have a lot to improve on with the way we view its residents," Roberts said. "They are our neighbors and so if we are doing something good right here, we should reach out to them."

Donned in black shirts and maybe even mud, students responded to the call of service and did not disappoint. Elizabeth Kelly, President of Collegiate FFA explained how fun it was last year and made sure her organization was

involved. "I did it last year and it was so much fun," Kelly said. "I feel like there's a stereotype surrounding students about us coming to school and partying but when they see that APSU students are actually here to benefit Clarksville, they

SEE BIG EVENT PAGE NO. 2

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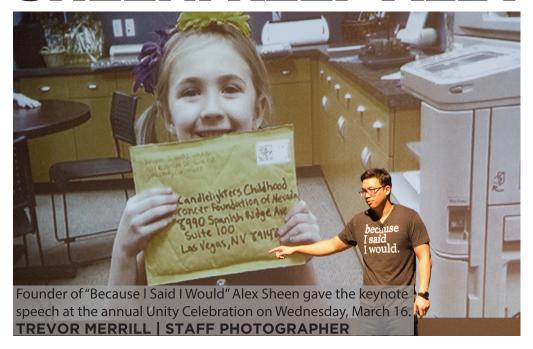


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N: KEEP ALL PROMISES



BY SYDNEE DUKE

Staff Writer

Students filled the Clement Auditorium to the tune of Taylor Swift's "Out of the Woods" to be inspired by three-time TEDx speaker Alex Sheen at APSU's annual Unity Celebration on Wednesday, March

Sheen has been featured on ABC World News with Diane Sawyer, "Good Morning America,""The TODAY Show," "Steve Harvey," CNN, NPR and many



VANDALISM

Castle Heights East Lot 3/12/16 - 7:23 p.m. On Going

VANDALISM

Castle Heights South Lot 3/12/16 - 7:23 p.m. Report

THEFT OF PROPERTY

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other programs. He speaks to audiences around the world about the importance of keeping a promise.

Sheen spoke at more than 110 events in 2014, and is a three-time TEDx closing speaker.

Sheen began his keynote with a question: "Have you ever wondered what it would be like to go viral?"

"Because I Said I would" is a social movement and nonprofit dedicated to the betterment of humanity through promises made and kept.

Since Sept. 4, 2012, more than three million promise cards have been distributed in over 153 countries by request only.

In 2012, Sheen lost his father to small cell lung cancer.

After Sheen gave his father's eulogy, he handed out his first set of promise

Sheen said his father was an average

His father was not a household name or a local celebrity, but he did have a legacy that Sheen would carry out after his father's death.

"My father was a man of his word,"

Sheen said. "He was there for me when I needed him."

Sheen has made and kept promises to many nonprofit organizations around the world in an attempt to make the world a better place.

He told story after story about promise cards, many of which were written by strangers, and how these cards have motivated him to grow this movement into something bigger than he had imagined.

In 2016, "Because I said I Would" will be forming local chapters.

Each chapter will be known as an echo, and each echo will be a group of people who come together to make and keep promises to better their community and people in need.

"The power of one is what changes the world because when enough of us believe in our own commitments, that's what adds up," Sheen said.

Many students that attended the Unity Celebration left inspired by what Sheen had to say about promises, including Ashley Boucher, a freshman education major.

"To me, a promise means something that you are dedicated to with all of your heart, no matter what happens," Boucher

Natalie Drudy, a freshman theater and dance major, said college students sometimes get too preoccupied with their day-to-day lives to make each day important.

"College students sometimes live in a bubble," Drudy said. "We spend so much time focusing on the future that we forget to make the present count."

Sheen ended the event with a quote by George Bell.

"You can pretend to care, but you can't pretend to show up."

If you are interested in learning more about "Because I Said I Would," visit BecauselSaidlWould.com. TAS

Rolling Roses BY MEGAN OLIVER **Staff Writer** APSU's Tennessee Eta chapter of

Sig Ep raises

\$5,000 with

Sigma Phi Epsilon raised over \$5,000 for the Cystic Fibrosis Foundation (CFF) on Thursday, March 17, with their fourth annual Rolling Roses event at the Rainbo Skating Center.

According to Will Roberts, president of the Student Government Association (SGA) and member of Sig Ep, this year's Rolling Roses event was a success thanks to students and community members.

On the days leading up to Rolling Roses, students were able to buy wristbands and T-shirts to raise money for CFF.

The CFF was founded in 1980 by a group of parents with children who were diagnosed with cystic fibrosis.

According to the CFF website, "The CFF allows more than 120 centers across the country to provide expert care and management for cystic fibrosis patients."

The website said the mission of the CFF is to "cure cystic fibrosis and to provide all people with the disease the opportunity to lead full, productive lives by funding research and drug development, promoting individualized treatment and ensuring access to high-quality, specialized care."

According to the website, "Cystic fibrosis is a life-threatening, genetic disease that causes persistent lung infections and progressively limits the ability to breathe."

In the past 30 years, due to the work and research of the Cystic Fibrosis Foundation, the life expectancy of people with cystic fibrosis has doubled.

The Cystic Fibrosis Foundation is one of the APSU chapter of Sigma Phi Epsilon's philanthropic organizations.

Sig Ep hosts several other events throughout the year to raise money and awareness for the foundation. TAS

BIG EVENT PAGE NO. 1

actually here to benefit Clarksville, they are seeing that we actually care more because this is benefiting our future."

At the APSU Child Learning Center, members of Alpha Phi Alpha, Alpha Kappa Alpha and Alpha Gamma Rho helped refurbish the playground by installing a new playhouse, hopscotch and a waterworks station.

Brandon Hamilton, member of AGR, spoke on why he chose to participate in The Big Event.

"I think it's important because it builds camaraderie and people get to know each other, socialize and bond while doing a good thing," Hamilton said.

SGA plans on continuing this event in hopes to make it a tradition

PAGE NO. 1

meeting on April 4, at 6:30 p.m. in the library where

members of the Pharos Task Force will answer

any questions students

have. Prange, Roberts

and representatives

on campus.

from IT and Finance and

Administration will be

present at the event to

address student concerns.

Roberts said students

should think before they

"People just have to

realize that as students

we're not having free

"It means a lot to everybody," Roberts said. "It's always good to give thanks in return to the people that help us out here at the university. TAS

> printing taken away from us," Roberts said. "We

allotment and as long as

something off that you

don't need, [then] you'll

be alright and there's not going to be much

adjustment." TAS

you think before you print

will have a pretty big

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PERSPECTIVES

WEDNESDAY, MARCH 23, 2016

INTRODUCING THE CLASS OF 2016

Editorial board seniors share fears, hopes for post-graduate life



BY KATELYN CLARK Editor-in-Chief

Being an almost college graduate makes you feel like the littlest fish in the biggest sea. Options surround you. The requirement of decisions drowns you. It's the most exhilarating and terrifying feeling.

On the one side, you feel unstoppable, like you could rule this big

On the other side, fear, doubt and the unknown can drag you down into that dark abyss. And then of course it feels like everyone you talk to feels like you should have everything already figured out.

All right, swim to the surface and take

a breath.

Don't rush it.

Don't just automatically decide to go to graduate school because it feels like the easiest transition.

For some majors, graduate school is all but required and that's great. For other majors, grad school is there solely for a future in academia.

Don't be afraid to put yourself out into the work field. You're going to learn more from experience than you would ever learn in a textbook or classroom. Secure that experience under your belt. Everyone is going to have to start at the bottom and work their way up. May as well start fresh off of that college train.

I struggled with the idea of going to graduate school or going into the workforce. Ultimately my decision to go straight into the workforce stemmed from my industry of choice, communication, only really needing a Bachelor's degree and the opportunity to gain experience, which is necessary in my iob market.

Just be sure you're making the best decision for you, no matter how scary it may be. And one day we'll become the big fish in the big sea. TAS



BY ELENA SPRADLIN **Perspectives Editor**

After missing application deadlines, and scrambling to find my "purpose" on this planet, I came to the conclusion I would spend the year working odd jobs, being a person who pays bills and essentially learning how to take care of myself.

I didn't come to this conclusion by choice, exactly.

If it was up to me, I would be going to graduate school right out of college. I need more education in the field I want to pursue (Shakespeare education outreach). Plus I like school.

If one or more of these statements were untrue, I probably would not

be pursuing more higher education. Graduate programs get expensive and if I didn't have the curiosity and dedication to follow through, I'd be wasting not only my time but my instructors' time.

I also don't see this as the worst thing that could happen to me, though. My parents didn't expect me to work a part-time job while in college (although I did work summers) and as a result I've never simply existed as a regular taxpaying citizen.

I don't look at this as killing time while I wait to go to graduate school, however. I think there are plenty of life lessons to be learned in figuring out how to make ends meet while I don't have any dependents and still have a little cushion in my parents and figuring out what kind of life I want to live before launching myself into a rigorous graduate program that will require all my time and attention.

I was never taught the value of living a normal life. I always felt like there were expectations of grandness. Now I want to take advantage of my time and learn to experience the magic of a perfectly normal, quiet life. TAS

Unemployment rate for college graduates 21-24 years old is

Compared to the year 2000, wages for college graduates (adjusted for inflation) are

Since 1983, the inflation-adjusted cost of a four year education increased

Economic Policy Insitute

SHELBY WATSON | ASSISTANT PERSPECTIVES EDITOR



BY TAYLOR SLIFKO **PHOTO EDITOR**

My goal after graduation is simple: become a photographer and make a decent living. When I researched what that actually takes, I found the job market extremely competitive.

With so many talented students that can do the same thing as me, and maybe even better, it was time to think outside the box. I knew I didn't want to spend money on grad school so I took an internship with APSU's PR and Marketing Department.

Three years later, I acquired hands on experience in photo, video, and social media content development.

University Photographer, Beth

Liggett, became my mentor and an impressive reference for my resume.

She went to art school and basically taught me everything she learned

The only difference is, I got the same education for free. It was hard work, but I wouldn't have traded it for anything in the world.

My next move was to find a job I was confident in applying for.

When I got my first phone interview, I was shocked and almost too nervous to

They arranged an in-person interview during spring break, and I eagerly agreed thinking it would be worth it.

I rushed to Dillard's and bought a blouse that said, "I'm totes profesh, but also fun to work with," packed my bags and drove five hours.

The interview went well, and in a week I received a rejection letter in the mail.

The letter said the only thing standing between me and the other candidate was, you guessed it, more experience. Though I didn't land the job, I learned one thing. Experience outplays any degree. TAS

IN SUMMARY

The numbers, odds, statistics, real world knowledge and practically everything else give us reason to doubt our ability to find and land our dream job right out of college.

And that is OK.

As it stands, we'll graduate and still be in our early 20's with plenty of time left to rule the world and have sense of purpose and direction.

We may change careers two, 10 or 40 times before landing on something that sticks.

Which, again—is okay.

Graduate programs could open us up to new and different possibilities we never considered while undergraduates.

Or we could reconnect with a mentor from these formative years who newly inspires us to go back to our roots at APSU.

The point is to not have all the answers right now and to remain open, curious and yes, maybe a little afraid.

Not afraid of the future, though afraid of remaining stagnant and disallowing ourselves to grow.

Being cynical is easy.

Putting in the work, taking the time to self-evaluate and letting yourself follow a trail that might not seem practical but feels right is taking a risk that cynicism nips in the bud.

Nihilism and cynicism are cheap, cowardly cop-outs and we're better than that.

We owe ourselves more than that. Sure, we're being dealt a terrible hand in terms of the economy.

And OK, millennials tend to be a little idealistic, but we need that idealism to propel ourselves forward into a revamped economy and quality of life for ourselves and future generations.

Keeping in mind you're paving a way of life not just for yourself but those beyond your grandchildren or great-grandchildren if you're so lucky. It is a great motivator to go forth and change your world.

We are still just talking about life after your undergraduate work is done, but keep in mind just living a mundane life and making obtuse choices that don't matter. You're creating a legacy.

Make one you're proud of. TAS









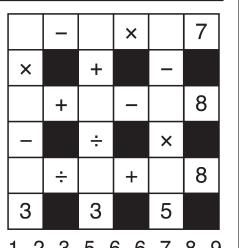
WEDNESDAY, MARCH 23, 2016

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult ★★★ GO FIGURE!



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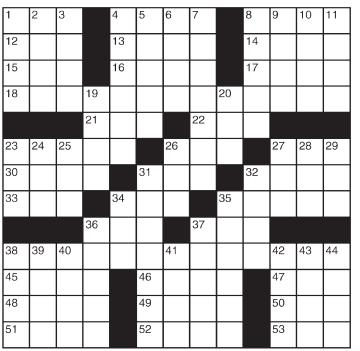
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STUDENT NEWSPAPER

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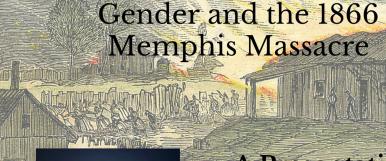
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"Oh, I am a Woman! I am a Woman!"





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SINCE







THE ALL STATE

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ABOUT THE ALL STATE

The All State is published every Wednesday of the academic year, except during final exams and holidays. Letters to The Editor should include author's full name, email and phone number, plus major and class, if applicable. Letters will be checked for authenticity and should be received no later than 4 p.m. on Friday to be considered for publication. Letters may be edited for clarity and content, and should not exceed 300 words. The mission of The All State is to empower and engage the campus community and to provide a public forum of knowledge, information and discourse in an accurate, interesting and timely manner. It serves as a voice for the students and is entirely managed and produced by APSU students. The All State is not an official publication of Austin Peay State University. The views herein do not necessarily reflect those of The All State, APSU or the Tennessee Board of Regents.







APSU March Madness history

BY NOAH HOUCK

Sports Writer

The APSU men's basketball team geared up for their 10th NCAA postseason game in APSU history.

This was APSU's first appearance in the tournament since 2008 and its 7th appearance overall.

APSU's first appearance in the NCAA Division I Tournament was in 1973, "Fly" Williams' freshman year.

The Govs progressed the farthest they have ever gone with an appearance in the Sweet Sixteen of a 25-team tournament bracket.

The Govs opened the tournament with a 77-75 win over Jacksonville where Williams scored 26 points.

The year came to an end with a 106-100 overtime loss to Kentucky in which Williams laid down another 26-point performance.

Williams wasn't the only scorer in the game. Howard Jackson had a 23-point game and Ed Childress was close behind with 22 points.

Following the tournament, the NCAA vacated APSU's tournament run for rule violation, leaving the Govs uncredited for their sweet sixteen appearance.

APSU would go on to win only one more NCAA tournament game, a 68-67 win over Illinois in the 1987 Round of 64. A No. 14 seeded Govs squad played the role of Cinderella, with only 17 wins against the 23-8 Fighting Illini.

Daryll Bedford led APSU with 24 points.

The Govs were so outmatched that sportscaster Dick Vitale said he would stand on his head if APSU won.

The 1987 journey came to an end in the Round of 32 with a 90-87 overtime loss to the Providence Friars.

Providence would go on to make the Final Four before being beaten 77-63 by Syracuse.

None of APSU's tournament

appearances since then have held the excitement of the 1987 run.

The Govs made only three appearances since then, going 0-3 in all of them.

A 1996 90-79 loss against Georgia Tech was the closest the Govs have come to seeing a win again.

The No. 14 seeded Govs traveled to Orlando before being bested by the Yellow Jackets.

In 2003 APSU was awarded the No. 13 seed and a game in Birmingham, Alabama, against the Louisville Cardinals. Louisville's tournament ended in the next round being upset by the No. 12 seed, Butler.

APSU's most recent tournament appearance came in 2008 when the No. 15 seeded Govs fell 74-54 to the Texas Longhorns in Little Rock, Arkansas.

Texas went on to lose to Memphis, the eventual runner-ups.

Looking to this year's tournament, a No. 16 seed has never done the improbable and knocked off a No. 1 seed, especially the overall No. 1.

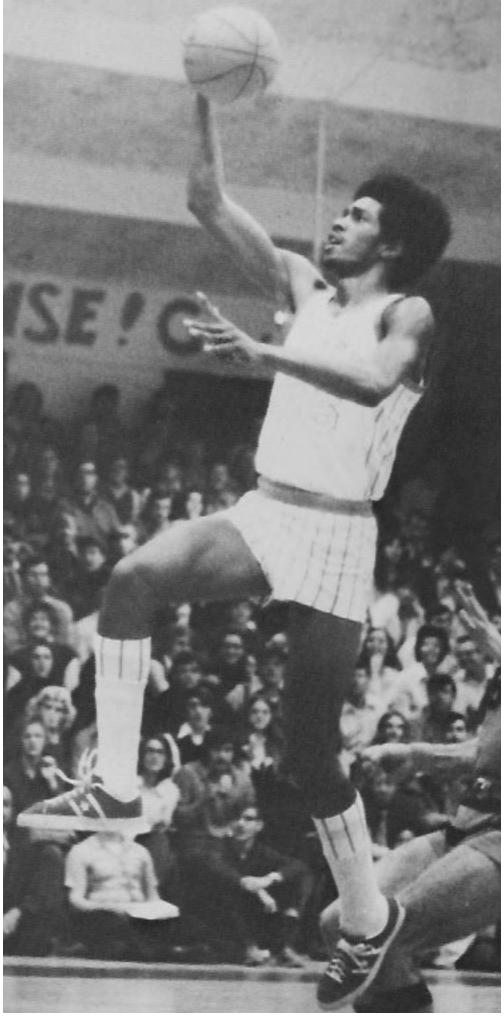
The closest a No. 16 seed has come to March Madness immortality was in 1989, when East Tennessee State University blew a 17-point lead and fell 72-71 to Oklahoma.

Kansas entered the tournament holding a 30-4 record, a 14-game win streak and the Big 12 Championship. The only common opponents between APSU and Kansas are Vanderbilt and Northern Colorado.

Kansas scored a 109-72 win over Northern Colorado and a 70-63 win over Vanderbilt. APSU beat Northern Colorado 91-76 and lost to the Commodores 80-41.

Now, APSU can add playing the University of Kansas Jayhawks to the list to give them an overall record of 2-8 in the tournament.

The Govs lost to the Jayhawks 105-79. **TAS**



FLY WILLIAMS 1973 | MONOCLE YEARBOOK

Govs iourney to the tourney

BY GLAVINE DAY

Sports Editor

Two games prior to the end of the basketball season, the Govs were 12-17 and no one thought any post-season action was in their future.

In order for APSU to get a ticket to the Ohio Valley Conference tournament, they would have had to finish one game ahead of Eastern Kentucky.

As fate had it, the Govs won their final two games of the regular season and EKU lost a game, so the Govs made the tournament as the No. 8 seed.

The Govs were able to pull off four wins in four days against No. 5 seed Tennessee Tech, No. 4 seed Tennessee State, No. 1 seed Belmont and No. 2 seed University of Tennessee at Martin.

This earned the Govs an

invitation to the big dance where a trip of a lifetime. they played the University of Kansas.

During this time, several major news outlets such as SB Nation, ESPN, SportsCenter and Fox Sports covered APSU, calling

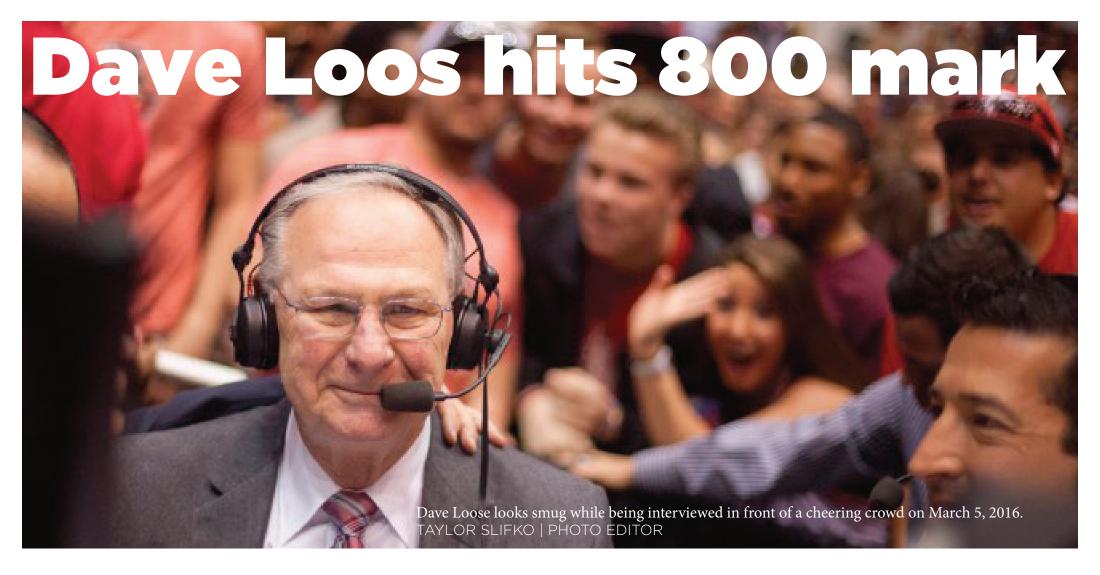
them a "Cinderella" team. The Govs only played one game in Des Moines, Iowa, losing to the Kansas Jayhawks 105-79.

Despite losing in the first round of March Madness, the Govs had

"The last thing I ever did was make it here. I did everything I said I wanted to do," said senior center Chris Horton. "I made the NCAA tournament. I won the conference tournament. I beat Murray. I did everything I said I wanted to do while I was here. I'm really happy with everything I've done here. I have a good feeling about what I've left at APSU." TAS



Khalil Davis runs down the court after realizing the Governors had won the OVC Championship on March 5, 2016. TAYLOR SLIFKO | PHOTO EDITOR



BY GLAVINE DAY

Sports Editor

On Thursday, March 17, APSU Head Men's Basketball Coach Dave Loos coached his 800th game.

Loos has gone 490-310 in his 26 seasons as APSU's head coach.

As a player, Loos went to Memphis State from 1966-1969 where he was a point guard. From 1969-1970, Loos worked as the assistant coach at his alma mater, Memphis State. He then moved to Christian Brothers, or CBU, until 1974 where he was an assistant coach.

Loos then took a step down to the high school level from 1974-1982 at Mehlville High School.

In 1982, Loos went back to CBU as a head coach for four years.

At CBU, Loos finished with an overall record of 82-53

and 42-20 in the conference.

In 1986, Loos returned to his alma mater Memphis State as the assistant coach.

Since 1990, Loos has been the head coach of APSU. In the 2015-16 season, the Govs had a miracle run as the first No. 8 seed to ever make it to the OVC Championship. They defeated the No. 2 seed University of Tennessee at Martin 83-73, also becoming the first No. 8 seed to ever win the OVC Tournament.

On the same day as Game 1, Loos' granddaughter Rhyan Loos successfully had a cancerous tumor removed. After APSU made the tournament and wearing #Rally4Rhyan warmup shirts, Rhyan's name is now known across the country. ESPN, USAToday and several other major media outlets have done stories recognizing Loos and his granddaughter.

At APSU, Loos has made four NCAA Tournament

appearances, won four Ohio Valley Conference Championships and has been the regular season OVC Champion four times.

Loos also won OVC Coach of the Year in 1991, 1997, 2004 and 2008.

From 1997-2013, Loos also served as the athletic director of APSU.

In Feb. of 2008, Loos was inducted into the APSU Hall of Fame as the most successful coach in OVC history.

In APSU's basketball arena, the Dunn Center and Aaron Arena, the court was renamed Dave Loos Court to honor his success.

Loos has had five 20-win seasons and 13 winning seasons in his 26 years as APSU's head coach.

Loos' contract is up this year and he has not said whether he will continue to coach the APSU Governors during the 2016-17 season. TAS

Not all losses are bad losses

BY GLAVINE DAY

Sports Editor

APSU may have lost to Kansas 105-79, but there are more good things to take away from the loss than bad.

Here are a few pros to take away from the loss:

During the second half, Kansas only outscored APSU 57-51. The Midwest No. 1 seed Virginia

won their game against the No. 16 seeded Hampton 81-45. Josh Robinson was the leading

scorer of the game with 24 points. He is only a sophomore. APSU is one of only five teams all

season to score 79 or more points against Kansas. Two of those teams beat Kansas and were nationally ranked teams. Two of those were

For Kansas, this game was in the top five highest scoring games all season.

Out of the 35 games they have played this season, the Jayhawks were unable to score 79 points in 19 of them, which is over half.

APSU only has two graduating players, Khalil Davis and Chris Horton.

Jared Savage almost set a school record for 3-pointers in one game during the Ohio Valley Conference Championship with eight. He is a freshman.

Assane Diop will most likely be the returning center next year as a senior. Drop is 6 feet 8 inches tall and has played second to Horton all year, so nobody has really had the chance to see his potential.

These are several good things to take away from the game. APSU is not the first No. 16 seed to ever lose to a No. 1 seed.

In fact, they performed well against the odds and scored almost 80 points on the No. 1 team in the NCAA Tournament and the country. TAS



Healy makes guest appearance at NCAA tournament

BY GLAVINE DAY

Sports Editor

APSU Head Football Coach Will Healy is a fan of APSU Athletics, not just football.

Healy made the trek to Des Moines, lowa, not to see his former school Chattanooga take on Indiana but to cheer on his current team APSU as they take on the University of Kansas at 3 p.m. on Thursday, March 17.

"It's important to support the entire athletic department," Healy said. "I'm a huge fan of the basketball team and coach Loos."

Healy brought in 26 newcomers on National Signing Day in February to take the No. 1 spot in the Ohio Valley Conference and rank among the top 10 in the Football Championship Subdivision.

"This is what we expect, to win championships at APSU, and our basketball team has led the way," Healy said

Healy said he is cheering for

Chattanooga, but will not be able to attend their game.

Healy flew in for Thursday's game and returned to Clarksville, Tennessee that night to lead workouts with the football team Friday morning at 5 a.m.



CONTRIBUTED PHOTO

Healy prepared for the team to win Thursday's game and fly back to Des Moines, Iowa on Friday, March 18.

Healy said this exposure helps APSU in every aspect.

Instead of having to see where APSU is on a map, people will know because the basketball team made it to the NCAA Tournament.

"We're using this in our recruiting now," Healy said. "You can't pay for this kind of exposure and publicity."



WEDNESDAY, MARCH 23, 2016

Sig Ep Gibson holds philanthropy close to heart

BY ANDREA ALLEN

Staff Writer

APSU senior mechanical engineering technology major Ethan Gibson was met with an extraordinary struggle during his transition from high school to college.

Unlike a majority of his classmates, Gibson had to manage his adjustment to college while battling a rare lung disorder known as cystic fibrosis or CF.

"At first it was a little awkward being a freshman in college and having health issues, but I was able to turn my experience around quickly," Gibson said.

Gibson joined APSU's chapter of Sigma Phi Epsilon his freshman year and soon found the connections he was searching for.



CF has never kept me from doing anything other than not being able to go places because I was sick. It has never hindered me from being able to take care of myself or just live life and I plan to keep it that way."

-Ethan Gibson, senior mechanical engineering technology major

"In addition to my health issues I had no one here with me; all my friends dropped out," Gibson said. "Thanks to Sig Ep I was able to play soccer again, like I did in high school, and I was able to be close to a lot of people which is what I really wanted.

APSU's Office of Disability Services also provided support to Gibson by offering a safety net to his grades when his health took a turn for the worse.

In the middle of his freshman year, Gibson's illness required him to take IV medicine and attending class became difficult.

Gibson said he recalls worrying about his missing assignments and watching his grades drop dangerously low.

"The professors were more than willing to help me out, which was awesome," Gibson said.

With the help of the professors and ODS, Gibson was able to get back to where he needed to be after recovering from his setback.

In addition to academic victory, Gibson recovered so well that his lungs were functioning as they were his senior year of high school, when he was able to play

"That's amazing because generally when you lose a lot of lung function you don't get it back, it is just gone forever," Gibson said. "So it was the best victory I've ever had."

Living with the disorder for so many years has inspired Gibson to inform others about CF in an effort to gain support for those fighting it.

"When I was younger I had a really hard time talking about it because it really bothered me," Gibson said. "But as I got older I realized how important it is to tell others about it because the more people know the more they can help."

On Thursday, March 17, Sig Ep took their support to the next level and hosted an event to raise money for the CF foundation in honor of Gibson.

While it was kept secret from him for a while, Gibson was excited when he finally learned about it and saw it as another opportunity to spread the word.

"I was really proud of them and honestly I had no idea that they cared that much about me to do something like this," Gibson said. "I was in complete shock and awe, but that is just the type of guys they are, and I'm really glad they did it."

With his doctors and medicine so close, APSU is perfect for Gibson because his medical condition is taken care of and he can focus solely on school. As graduation approaches, Gibson hopes to find a job in an engineering firm and eventually make it back to his home state, California.

"CF has never kept me from doing anything other than not being able to go places because I was sick," Gibson said. "It has never hindered me from being able to take care of myself or just live life and I plan to keep it that way." TAS



APSU's Sigma Phi Epsilon holds their annual philanthropy event Rolling Roses to support The Cystic Fibrosis Foundation. Ethan Gibson, top right, shaves Tommy Wilkins head, top left, for the cause. Paige Crawford, bottom left photo, participates in the annual event alongside Abby Terlecki, left, Jordan Kent, middle, and Alexis Larkin, bottom right photo. DANI HUNTER | STAFF PHOTOGRAPHER





because I said I would.

|CONTRIBUTEDPHOTO

Keynote inspires humanitarianism

BY AALIYAH MITCHELL

Staff Writer

Students and faculty gathered in APSU's Clement auditorium Wednesday, March 19, to hear a speech given by Alex Sheen, founder of the nonprofit organization Because I Said I Would.

The nonprofit organization gives out small white cards with the words 'because I said I would' typed on them with the reasons behind the commitment of the card included.

Anyone who participates in the movement should give the promise card to someone who will hold them accountable for their promise.

The promiser is meant to value the promise card as a symbol of integrity, and once the promise is completed, the card is returned to them. Sheen originally made the promise cards to be presented at his father's funeral in 2012 to commemorate his honesty.

When there were not as many people at the funeral as promise cards, Sheen went online and told his story, promising to send the cards to anyone in the world who wanted to participate.

Sheen went viral, and four years later has delivered over 3.1 million promise cards to more than 150 countries.

Sheen has received promise cards from children resolving to do chores, adolescents struggling with depression who promise not to give up on life and one man who committed to pleading guilty for murder in a case of DUI where no one had known he was the culprit.

The movement's emphasis on

commitment creates much of its inspirational qualities for APSU students.

"At the end of the day, it is more than just the physical thing of giving your card away and giving it back; it's a humanitarian idea," said sophomore English major Holly Bunner. "You can start out small, with promises to yourself, and then build to promises to charities and [your community]."

Though some would argue that the promise card itself is unnecessary, the intention of the idea is straightforward.

"[Because I Said I Would] puts a lot of perspective to how often people do not keep promises, and how it affects your credibility," said sophomore computer science major Samuel Sharp.

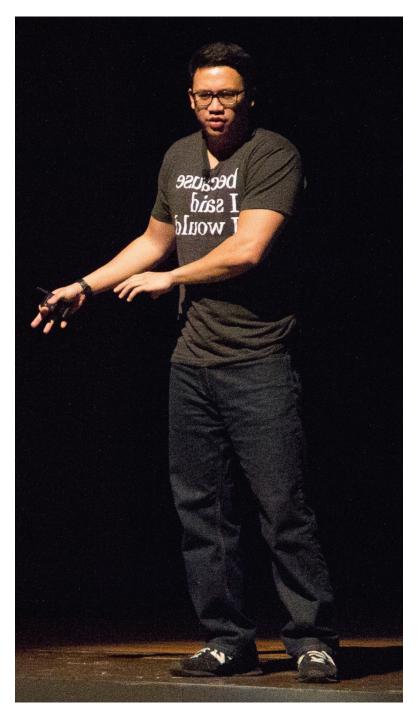
Though Sharp said one shouldn't have to use the cards to prompt themselves to keep their promises, he acknowledged that they are good

Sheen said in his speech that his movement was centered around actions, not just promises themselves.

"I ask [students] to reflect on their own lives, and their goals... to consider that [they're] not something to think about, but something to act upon," Sheen said after the show.

Students can request their own cards and learn more about the movement as a whole online at becauseisaidiwould. com.

Sheen summarized his ideas by reminding listeners that anyone can pretend to care, but no one can pretend to show up. TAS



APSU's 2016 unity keynote speaker Alex Sheen discusses his nonprofit organization, Because I Said I Would. The event took place Wednesday, March 19 in APSU'S Clement auditorium. TREVOR MERRILL | STAFF PHOTOGRAPHER

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Pitcher Sidney Hooper gets ready for another through during a game March 20, 2014. | APSU PR & MARKETING

Lady Govs drop series to SIUE

BY PRESTON BOSTAIN

Assistant Sports Editor

Coming off of two victories, the APSU softball team looked to stay on the right track.

After coming away with a double-header win against Arkansas Pine Bluff, the Lady Govs (4-13) looked to continue against Middle Tennessee State (13-12).

On Wednesday, March 16, APSU was held scoreless through seven innings as they were defeated by the Blue Raiders 6-0.

MTSU jumped into the scorer's box first with an error by APSU in the first inning

In the bottom of the first and third, the Lady Govs came up short, leaving runners on base.

MTSU earned five runs at the top of the seventh inning to close the game

APSU opened up OVC play in a three game series stand against SIU Edwardsville and lost the series two games to one.

On Sunday, March 20, APSU played the first Ohio Valley Conference game of the season against Southern Illinois University at Evansville.

Autumn Hanners was able to record the first shutout for APSU Softball since April 2014. APSU opened up OVC play on the right track, scoring in the first inning of the series.

Lauren de Castro was the last APSU pitcher to throw a shutout against MTSU on April 19, 2014.

This was the first shut out against an Ohio Valley Conference team since 2014, which was by Castro again against Tennessee State.

The Lady Govs won 2-0. Kacy Acree also recorded team best third home run of the season.

In a rare double header on Monday, March 21, SIUE took both games in scoring fashion.

They trumped the Lady Govs 6-0 and completed a sweep with an 8-5 victory.

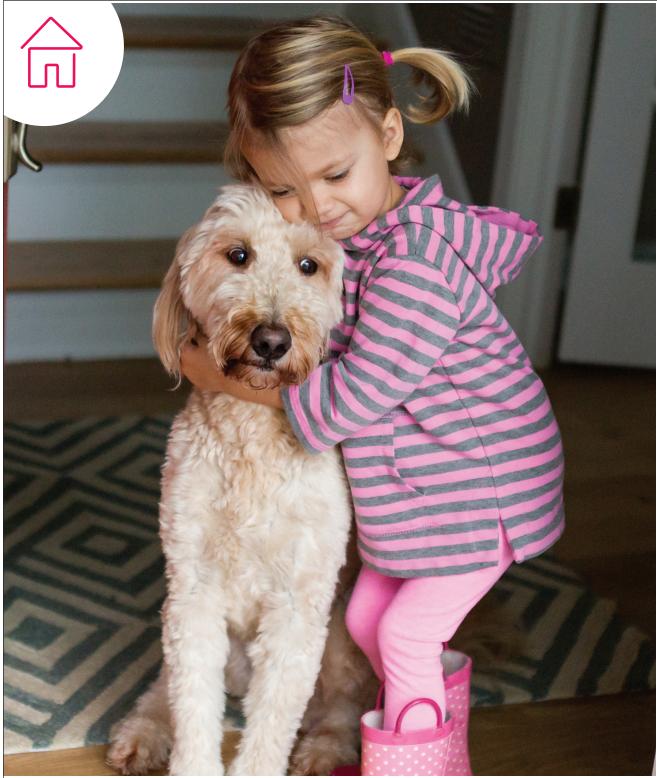
Sydney Hooper pitched the second game for the Lady Govs.

Danielle Liermann had three hits. Hanners' magic ran out against the Lady Cougars as she started in the third game, allowing six runs in an inning and a half.

Niya Sparks had two hits and three RBI's in the third game for the Lady Govs.

The Lady Govs are 5-15 overall with a 1-2 record in OVC play.

The Lady Govs take to the road to face their next OVC opponent in Morehead State on Friday, March. 25.



NCUA

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WEDNESDAY, MARCH 23, 2016

APSU baseball delivers players to pros

PRESTON BOSTAIN

Assistant Sports Editor

AJ Ellis, Matt Reynolds and Shawn Kelley are just a few APSU baseball players that have played in the major leagues.

The very first APSU alumni to play in the major leagues was Jimmy Stewart, who was signed as an amateur free agent by the Chicago Cubs in 1961.

Nicknamed "Stew," Stewart did not play his first game until 1963. During his MLB career, he played in 13 games with 11 hits for the Cubs.

Since Stewart's career, many APSU players have

Kelley made his MLB debut for the Mariners in 2009, allowing one hit in one inning with two strikeouts.

In his career, Kelley is even in wins and losses at 19, with a career ERA of 3.67. Over 289 games played, he has allowed 254 hits and 323 strikeouts. Kelley was signed to the Washington Nationals in December 2015 at the

Reynolds made his debut in 2010 for the Rockies, allowing 10 hits, two home runs and 17 strikeouts in that season.

gone on to play in the MLB. After playing over 260 games for the Rockies, Greg Tubbs, Jamie Walker and George Reynolds was traded to the Arizona Sherill are just a few people that Diamondbacks in 2012. Reynolds recorded 23 strike outs in have made an MLB career for the 2013 season in 30 appearances themselves after graduating for the Diamondbacks. from APSU. The earliest APSU Reynolds suffered an injury draftee that still and had to have Tommy John surgery which plays in the made him sit out the major leagues is Los Angeles entire 2014 season on **Dodgers** the DL. catcher AJ In 18 plate appearances in Ellis, 2015, Reynolds whom the had a 4.61 ERA **Dodgers** with a second picked season best up in .259 batting the 18th SHINGYO average. round of the 2003 Diamondbacks have signed a draft, one year deal was the catcher for Clayton

During his eight years playing for the Dodgers, Ellis has scored 35 home runs and 178 runs batted in, with 358 hits total. He is signed with the Dodgers through the end of the 2016

season at the age of 34.

Ellis.

MLB

Kershaw's

2014.

no-hitter in

The next two major league players from APSU, pitchers Shawn Kelley and Matt Reynolds, were signed during the same draft as Ellis.

Kelley was drafted in the 13th round by the Seattle Mariners while Reynolds was selected by the Colorado Rockies in the 20th round.

for the 2016 season with Reynolds. In recent years, many APSU players have been drafted but serve for their respective teams in the minor leagues. Reed and Ryne Harper are two shining prospects in the Atlanta Braves organization. Tyler Rogers, Jordan Hankins,

The

Lee Ridenhour, Reed Harper and Craig Massoni were all drafted in 2013, when APSU lost to Indiana in the NCAA baseball

championship regional. Current APSU players are looking to follow in their footsteps and are looking to win another OVC Championship. 745

LEWISWEST|GRAPHICDESIGNER



JIMMY STEWART 1961



AJ ELLIS 2003



SHAWN **KELLEY** 2007



MATT REYNOLDS 2007



RYNE HARPER 2011

ALLPHOTOSCONTRIBUTEDFROMMLB.COM



JORDAN HANKINS 2013



REED HARPER 2013



CRAIG MASSONI 2013



TYLER ROGERS 2013



LEE RIDENHOUR 2013



