

# The All State



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AUSTIN PEAY STATE UNIVERSITY

CLARKSVILLE, TENNESSEE, SEPTEMBER 26, 2001

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## Student Government Association names officers

By Gary Sutton  
GA Reporter

The pieces of the puzzle are falling into place in the student Government Association (SGA).

The Sept. 20 meeting of GA was dominated by the nomination and election of several key positions.

The first position to be filled was for the speaker pro tempore. The Senate voted Nathan Jeans to fill in for the vice president if he was to be absent from a meeting.

"I look for a chance to be involved in the Senate and to help the students get what they want," said Jeans.

Parliamentarian was the second position filled. Josh Lawrence was overwhelmingly elected to fill the position.

The parliamentarian will be responsible for proper procedure at all SGA meetings.

Chief clerk, whose main job is to ensure all paperwork is correct, went to Stephanie Potts. Potts will have an enormous job ahead of her, with a young SGA.

The next position to be filled was the public relations secretary. After a quick nomination, Kel Young assumed office. Responsible for brochures and advertisements, the public relations secretary will be heavily involved in the coming year.

After a vote, the last SGA position was filled with the election of April Thacker as the student relations secretary. The newly elected secretary is enthusiastic about the task ahead.

"I look forward to good things, and an exciting year," said Thacker.

With so many elections in one night, SGA looks to become more cohesive and accomplish crucial goals.

"I feel very strong about the positions that were filled tonight. I look forward to working with everyone over the next year. All positions filled will be vital elements for SGA," said Gavin Roark, vice president of SGA.

## 3rd Annual Career Fair set for October 1

By KRISTIN CRANDALL  
Staff Writer

Students spend years earning a degree they hope will open the door to a successful career.

Where to find the job they may not know, but Austin Peay State University's career fair is a place to look.

Open to students, faculty, staff and alumni, the 23rd annual career fair has been scheduled for Monday, Oct. 1, from noon to 4 p.m. in the Memorial Health building. The career fair will play host to representatives from both the public and private sector and graduate schools.

"The annual career fair provides opportunities for students to meet prospective employers, make connections and gain beneficial career information, which can give them the upper hand in securing a job," said Jennifer Taylor, secretary for career services.

More information about the upcoming career fair can be found at <http://www.apsu.edu/careers/fair/2001/participants.htm>, or by calling Career Services at 221-7896.

# APSU inaugurates eighth president Hoppe takes oath of office

By JOSIE L. CURTIS  
Staff Writer

Austin Peay State University formally inaugurated Dr. Sherry L. Hoppe on Sept. 17 at a 10:30 a.m. ceremony in the concert hall of the music and mass communication building.

As the eighth official president of APSU, Hoppe is not only the first female to occupy the presidency but also the first woman to officially head a four-year university within the Tennessee Board of Regents.

"Dr. Hoppe, howdy, and we're so proud for you to be here," Dr. James Diehr, former president of the faculty senate, said as he congratulated Hoppe on her inauguration.

Many dignitaries, such as Diehr, and family members attended the ceremony.

Among these people were Steve Adams, Tennessee State Treasurer; Ed Bryant, U.S. House of Representatives; Tommy

Head, Tennessee state representative; Charles Manning, chancellor of the TBR; Johnny Piper, mayor of Clarksville; Richard Rhoda, executive director of the Tennessee Higher Education Commission and Doug Weiland, Montgomery County executive.

Also present in the audience were the wife of Major General Richard Cody, commanding general of Fort Campbell; the son of Halbert Harvill, the third official president of APSU; the daughter of Joe Morgan, the fifth official president of APSU and the grandson of Austin Peay, the late governor of Tennessee and APSU's namesake.

The ceremony began with the inaugural procession.

The ceremonial mace, a traditional symbol of authority bearing the seal of APSU, preceded Hoppe, who was clothed in the APSU presidential robe that was designed and contributed by Jostens

specifically for this occasion.

As a display of support, a collection of robed men and women representing their respective colleges followed the new president in the procession.

After all of the college representatives took their places, Dr. Sharon Mabry sang "The Star-Spangled Banner," and the Rev. Jimmy Terry of the Tabernacle Missionary Baptist Church gave the invocation.

Dr. Bruce Speck, vice president of academic affairs, then welcomed the honored guests, staff and students and acknowledged the various robed colleagues.

Next, members of each selected group presented their greetings to Hoppe and complimented APSU's new president in some form or fashion.

"She [Hoppe] has been extremely honest ... [and] hopeful," Diehr, representing the faculty, said.

"You [Hoppe] honor the

See INAUGURATION, page 2



Dr. Charles Manning, chancellor of the Tennessee Board of Regents inaugurates Dr. Sherry Hoppe Monday.

# University honors Sundquist, Head

## Honorees cut ribbon on science complex

By STACY MURPHREE  
Staff Writer

The dedication of the new Sundquist Science Complex and the Tommy Head Atrium was held Monday, Sept. 17.

Both Gov. Sundquist and Rep. Tommy Head were on hand for the dedication.

"This is a time of real pride and gratitude for me. I don't believe I've received a greater honor other than being elected to office," said Sundquist.

APSU President Dr. Sherry Hoppe made the opening remarks.

"To get to this day seemed like an impossible dream, but dreams do come true. None of this would be possible without the help of many people," said Hoppe.

The science building took eight years to design and three years to construct. It was the vision of many people including Sundquist, Head and many of the APSU science faculty and staff.

Hoppe recognized several of the science professors including Dr. David Snyder, chair of the biology department, Dr. Ben Stone, director of field biology, Dr.

John Foote, chair of the chemistry department, Dr. Jaime Taylor, chair of the physics department and Dr. James Goode, chair of the agriculture department.

"Our science faculty and staff's dream has been fulfilled. I predict we will be attracting larger and larger numbers of students," said Hoppe.

Charles Manning, chancellor of the Tennessee Board of Regents was also at the dedication. He quoted the building as being "sheer magnificence." Financing the science building was the most money approved by Tennessee State Legislature for a single classroom building.

"Because of untiring perseverance we are able to celebrate this great building," said Manning.

In his remarks, Tennessee Commissioner of Veterans Affairs and friend of the governor and his family, Wendell H. Gilbert (BG-Ret.) gave a tribute to Sundquist. "He is a champion of higher education," said Gilbert.

Hoppe and Dr. Bruce Speck, vice president for academic affairs, unveiled a



(Top) Holding the large gold scissors, Rep. Tommy Head (left) and Gov. Don Sundquist (right) prepare to cut the ribbon. (Above) Tommy Head addresses the crowd at the dedication Tommy Head Atrium.

plaque of Governor Head that will be placed in the Sundquist and Representative science building.

# Middle East forum draws difficult questions

By LINDSEY REEVES  
Editorial Page Editor

On Sept. 20, 2001, a forum was held to address the issues surrounding the terrorist attacks on the United States.

The forum included a panel that consisted of Dr. Matthew Kenny, Dr. Albert Randall, Dr. Malcolm Muir, Dr. Dewey Browder, Dr. Stuart Bonnington and Dr. David Kanervo.

Also present were Dr. Sherry Hoppe, APSU president, and Johnny Piper, mayor of Clarksville, as well as community members, faculty, students and media representatives.

"I think the audience's response was positive," Kanervo said. "We had a good turnout with the room full to capacity."

The community was well represented, but as Randall said, "It would have been nice to have

more people from the community."

But even with a lack of publicity, Austin Peay State University and the surrounding communities brought forth an abundance of questions and concerns.

"I guess the biggest impact [the forum had] is to give something to the students and faculty who had an interest in the topic. [And] to come out together and become more informed about the situation we are facing with war against terrorism," said Kanervo.

Randall also said, "The majority of the questions were largely concerned with the political and military issues. In both cases Dr. Kenny, Dr. Kanervo and Dr. Muir were important to speak to that [issue]. The religious and moral issues seemed to be only a secondary focus or concern."

"What I hope it did [the forum]

was to provide some information that goes beyond the misinformation we get from the media. But concerning what *The All State* did [covering the local effects due to the terrorist attacks] is better than anything that I've seen done in the community," Randall said.

"On that basis providing an opportunity for students to think and reflect and hopefully encourage toleration of people whose ethnic backgrounds and beliefs are different for this is fundamental to our democracy," Randall said.

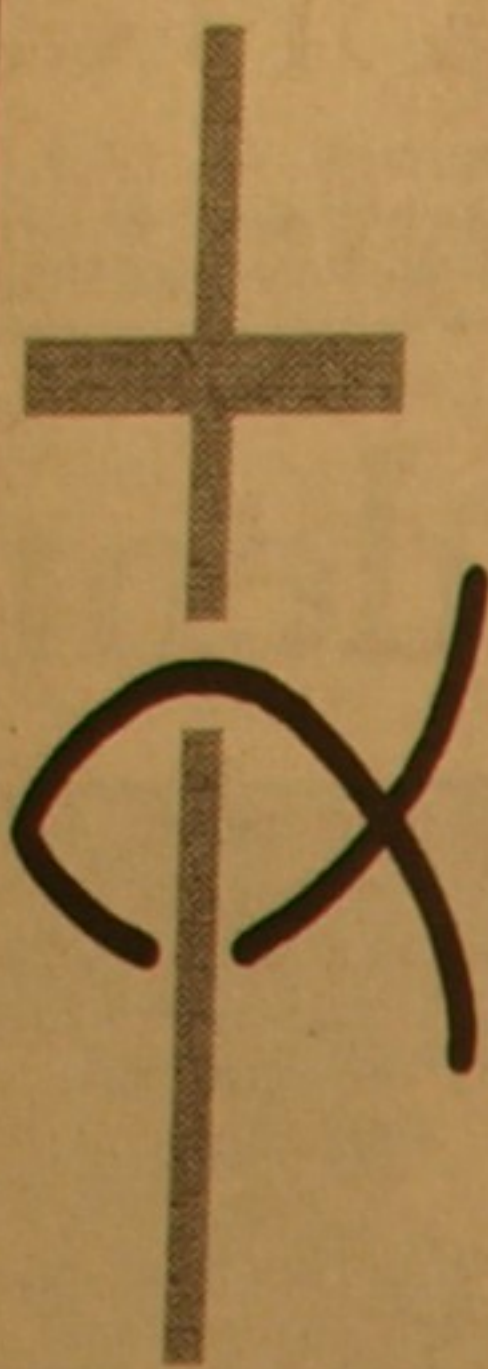
"The most important thing for us to recognize at this time is that all human life is precious. And if one wishes to put that in terms of the theologies of Judaism, Christianity or Islam, that all human beings are created in the image of God and are precious to God," Randall said.



Gary Arnold, APSU student, sports an American flag at the Middle East Forum on Thursday.



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## INAUGURATION, continued from page 1

students of Austin Peay ... the students of Austin Peay welcome you," Louise Morales, president of the Student Government Association, said on behalf of the students.

Sonja Stewart, president of the staff council, said Hoppe "truly value(s) each staff, student and faculty (member) equally."

Nelson Boehms, president of the APSU National Alumni Association, first addressed Hoppe as "madam president" then said, "We alumni are confident that under your tutelage ... the alumni of the 21st century will make their mark as did those before them."

Rhoda, on behalf of the Tennessee Higher Education Committee, said, "There is no question that Sherry Hoppe will succeed as president of Austin Peay State University."

"(Hoppe) is the right person for the right time," Piper said on behalf of the community of Clarksville.

Likewise, Weiland said Hoppe will "enhance" the community, and

that he "takes pride in this occasion."

"(I am) honored to bring you (Hoppe) greetings from the great state of Tennessee," said Adams in representation of the state. "I wish it could have been money."

Bryant of the U.S. House of Representatives noted that after meeting Hoppe, he "knew this university had made the right decision."

Then, with his baritone vocal chords, Dr. Allen Henderson presented Hoppe with a musical melody.

"Follow every rainbow 'til you find your dream," Henderson sang.

The greetings ended with Manning saying, "Dr. Hoppe, this is your day ... I know you're up to the task."

Next, Dr. Robert Robinson, president of the faculty senate, charged Hoppe "to uphold (APSU's) academic integrity; ... (to) be sensitive to Austin Peay tradition; ... (to) be progressive ... (and to) lead us (APSU) as we go into the future."

And as he placed APSU's seal around Hoppe's neck, Robinson challenged, "Make history as one of the most outstanding presidents to ever lead this university."

After being greeted with a standing ovation, it was then Hoppe's turn to address the audience.

Hoppe stated she has "profound feelings of honor, humility and yes, joy" on her inauguration day.

She went on to pinpoint her family as her chief influence and



Students and faculty packed the Music and Mass Communication Hall — including the balcony — for the inauguration of Dr. Sherry Hoppe.

said, "(I am) filled with a sense of awe as I accept the seal of the 75th anniversary of Austin Peay State University."

Also in her address, Hoppe drew attention to the budget cuts higher education is suffering in the state of Tennessee.

"Higher education, in my opinion, is at the brink of a precipice," Hoppe said. "Reducing access is not the answer."

"We must treat all of our students, and we must treat each

other as if the possibility of greatness lies within," Hoppe then vowed, "to work from individual to individual to make a difference."

With a standing ovation ceremony came to a close followed by a luncheon reception in front of the mass communication building. Speck lauded Hoppe's "balance between the best of the past and the promise of the future."

## October 2001

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breast Cancer Awareness Month			Oktoberfest Celebration 4:30 - 7 pm @ Cafe	Food Court Weekdays: 6:45 - 12am	Food Court Weekends: Sat: 11 - 12am Sun: 1 - 12am	
	Columbus Day	Food Service Mtg. 3 pm 109 Miller Free Food	Survivor 3	Africa in Food Court 7 - 9 pm	Fall Break No Classes!	
Cafe Weekends: Brunch: 11-2 Dinner: 4:30-6	Cafe Weekdays: 7am - 7 pm	American Cookout 4:30 - 7 pm @ Cafe	Dine with the Director 5:30 pm	Peay Pod Weekdays: 7-9am, 11-1pm 7-11pm	Peay Pod (C-Store) Weekends: 7-11pm	
		Vegetarian Night 4:30 - 7 pm @ Cafe		Frankenstein Friday		
Daylight Savings Time Ends	Halloween Dinner 4:30 - 7 pm @ Cafe					

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## Head returns



Rep. Tommy Head, a former APSU All-OVC basketball player, APSU Athletics' Hall of Famer and alumnus, returns to have the atrium of the Sundquist Science Complex named in his honor.

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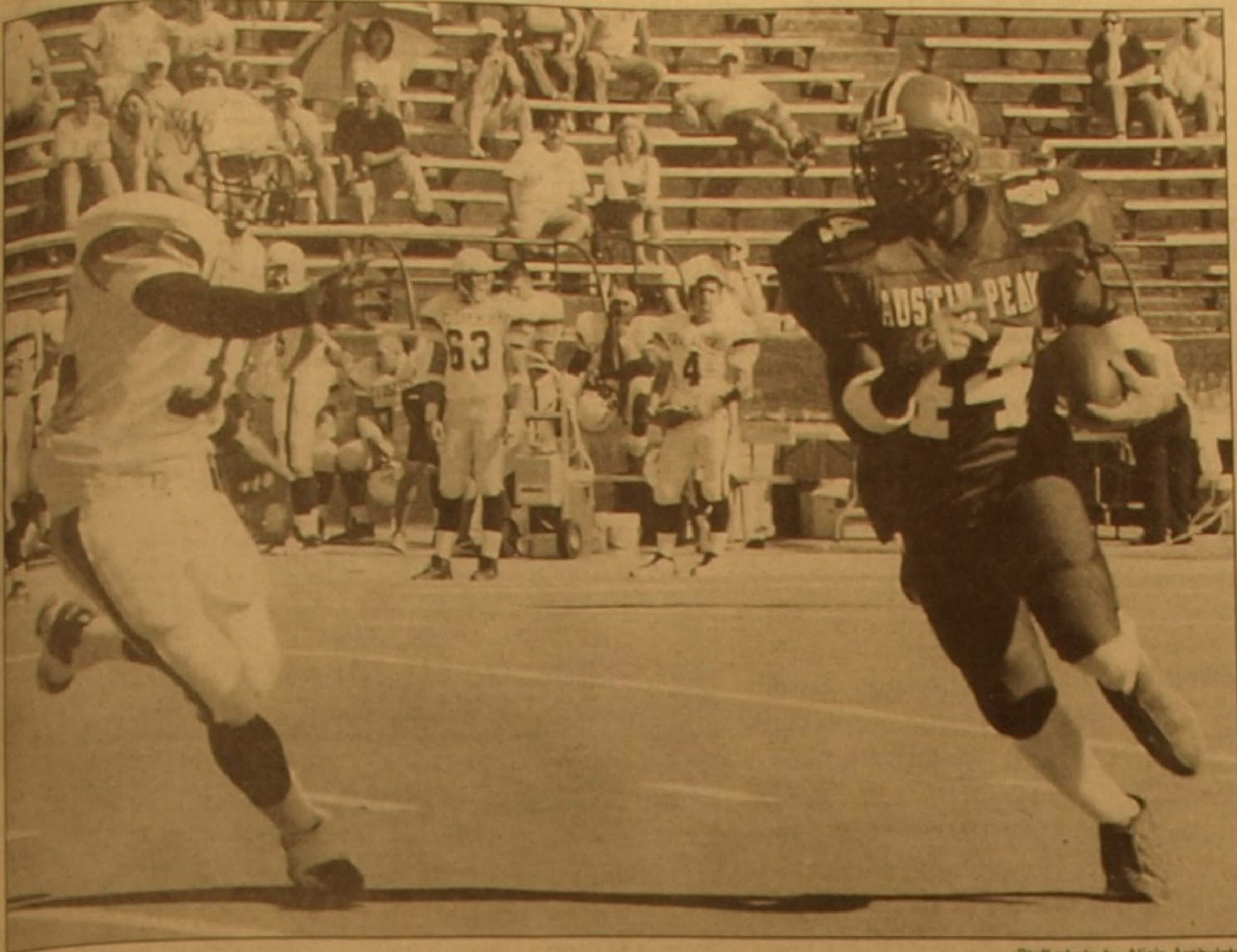
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# Sports



Austin Peay tailback Jay Bailey turns the corner against a Valparaiso defender last Saturday at Governors Stadium. The Govs' 37-13 victory was APSU's first win of the season, and broke a 16-game losing streak to I-AA football teams. Bailey finished the game with 56 yards and two touchdowns on 22 carries.

Staff photo by Alicia Archuleta

## Govs dominate

### Valparaiso held to 142 yards in APSU's first win of season

By T.J. LUSK  
Sports editor

After getting an extra week to ponder their 37-0 loss to Catawba, the Govs apparently decided to take out their frustrations on Valparaiso last Saturday.

The Govs defense showed up especially mean, as they held the Crusaders (1-3) to only nine yards rushing and 142 yards total in APSU's 37-13 blowout win at Governors Stadium.

"I thought the defense totally dominated," APSU coach Bill Schmitz said. "(Defensive coordinator) Steve Haywood did an excellent job of getting them prepared."

"They're really starting to jell." The win couldn't have come at a better time for the Govs (1-2), who open up play in the South division of the Pioneer Football League this Saturday against Jacksonville (3-0).

"Winning is a great tonic for whatever ails you," Schmitz said, "and our confidence level is high right now."

"It's a momentum thing. When you're feeling good about yourself, you're probably going to have some carryover."

And if the Govs can get just a little bit of last Saturday's performance to carry over against Jacksonville, they should be in pretty good shape.

In addition to the inspired play of the defense, the Govs' offense is again looking explosive.

After being shut out at Catawba, the Govs finished with 391 yards — an average of 5.8 per play.

Schmitz points to improved offensive line play as one of the reasons for the increased production.

A young and inexperienced group, Austin Peay's O-line gave up no sacks and managed to open its share of holes against Valpo's stingy, attacking defensive front.

"We've got five young players on the offensive line ... but they're coming along," Schmitz said. "We got a great performance out of those five guys."

For quarterback Brian Baker, Saturday's game was just one more great performance to add to his already illustrious list.

The Govs senior completed 21 of 29 passes for 252 yards, three touchdowns and one interception.

Baker was even more accurate than his stats imply — three of his passes were dropped, and three were intentionally thrown away.

The two biggest beneficiaries of Baker's passing were wide receivers Michael Farrell and Ron Blair.

The 5-foot-9 Farrell caught six passes for 89 yards and a touchdown, while Blair had three catches for 47 yards and his first two touchdown receptions of the season.

Tailback Jay Bailey also scored two touchdowns, and finished with 56 yards rushing.

However, despite the abundance of offensive fireworks,

a linebacker may have had the play of the game for the Govs.

After APSU extended its lead to 14-0 on a Baker-to-Farrell touchdown pass early in the second quarter, Valpo's Chris Daniels cut the lead in half with a 100-yard kickoff return on the ensuing kickoff.

With Valpo driving deep into

Austin Peay territory on its following drive, 6-0, 210-pound senior line-backer Bert Britton picked off Crusaders quarterback Mario Shields on a bootleg, killing the threat and swinging momentum back in the Govs' favor.

"That was definitely one of the biggest plays of the game," Schmitz said. Schmitz will almost certainly need a couple more of that type of

play against Jacksonville this Saturday.

"(Jacksonville's) team speed is my biggest worry," said Schmitz, who added that the Dolphins are especially quick at their offensive skill positions.

If history is any indication, Saturday's game should be pretty entertaining.

"Winning is a great tonic for whatever ails you, and our confidence level is high right now."

APSU head coach Bill Schmitz, after a 37-13 win over Valparaiso

After APSU beat the Dolphins 40-25 in 1998, the teams' last two meetings have been decided by a total of 11 points, with the Dolphins winning last year's

game in overtime.

"I don't see any reason why it won't go 60 minutes," Schmitz said. "It's going to be a very good football game."

Saturday's game at Governors Stadium is set to kick off at 1 p.m.



Austin Peay quarterback Brian Baker (9) lets go of a pass in Saturday's 37-13 win against Valparaiso. The 6-foot-5, 230-pound senior had his best game yet this season, connecting on 21 of 29 passes for 252 yards and three touchdowns.

Staff photo by Alicia Archuleta

## Phillips starts fast, earns medal at Sea Trail Intercollegiate

### Men's team finishes a disappointing fifth, women claim third

Defending Ohio Valley Conference champion Amanda Phillips started this season the same way she finished her last one, outshooting the entire field at last weekend's Sea Trail Intercollegiate at Sunset Beach, N.C.

Phillips, a junior, shot scores of 77 and 75 for a total of 152 to hold off Charleston Southern's Kari Hilton (154) and Elon's Sammy Sue Wilson (154).

Phillips' final round of 75 was a tournament-best.

The rest of the Lady Govs also fared well, as Austin Peay finished in a tie for third place with a total of 659.

Host Elon College beat Charleston Southern in a tiebreaker to win the championship. Both teams finished with a total score of 648.

Another standout performer for the Lady Govs was Samantha Fox, who finished 15th in her first collegiate tournament with a 165.

The men's team, which returns every major contributor from last year's OVC Championship squad,

dropped to a disappointing fifth after finishing the first round in second place.

Ahead of the Govs (615) were Charleston Southern (586), William & Mary (610), Elon (613) and Jacksonville (614).

Individually, Ryan Strickland and Adam Shanks led Austin Peay, tying for eighth place with a 7-over score of 151.

Joey Morefield also finished in the top 20 for the Govs, as his 153 (9-over) tied him for 15th.

Both the men's and women's teams will take a three-week break before travelling to separate tournaments on Oct. 1.

• **Volleyball splits first two OVC matches:** Austin Peay's volleyball team (5-4, 1-1) dropped its first Ohio Valley Conference contest to defending OVC champ Southeast Missouri (3-4) last Tuesday, but rebounded with a win at Tennessee State (2-7) two days later.

Always tough at home, SMO downed the Lady Govs in three straight games, 31-29, 30-23 and 30-25.

Sarah Schramka led Austin Peay with 13 kills (.455 attack percentage), while Natalie Rossier followed with 10 (.409).

Cindy Wall led the way with 10 digs.

The Lady Govs got back on track against Tennessee State, though, as they dominated 30-15, 30-16, 30-18.

Sophomore Amy Walk had an incredible .739 attack percentage on her way to piling up 17 kills. Rossier's 11 kills and .526 percentage weren't too shabby either.

Austin Peay will host Tennessee State on Oct. 2.

• **Cross country teams finish ninth:** Austin Peay's men's and women's teams finished in the bottom half of the field at the Vanderbilt Cross Country Invitational Saturday.

The men finished ninth out of 13 teams, while the women were ninth out of 14 teams.

Jeremy Downes (62nd, 28:52) and Sheena Gooding (51st, 29:27) were the top finishers for the Govs and Lady Govs, respectively.

Men—62. Jeremy Downes 28:52; 80. Matt Duncan 29:26; 89. John Alden 29:47; 101. Daniel Watson 30:07; 106. James Gregory 30:17; 134. David Ahrens 31:08; 163. Stewart Tanner 32:43; 171. John Beamer 33:09; 196. James Chase 35:39.

Women—51. Sheena Gooding 29:27; 90. Jordan Eads 21:21; 114. Elisa Thomas; 130. Rebecca Fleenor; 202. Melinda Simmons.



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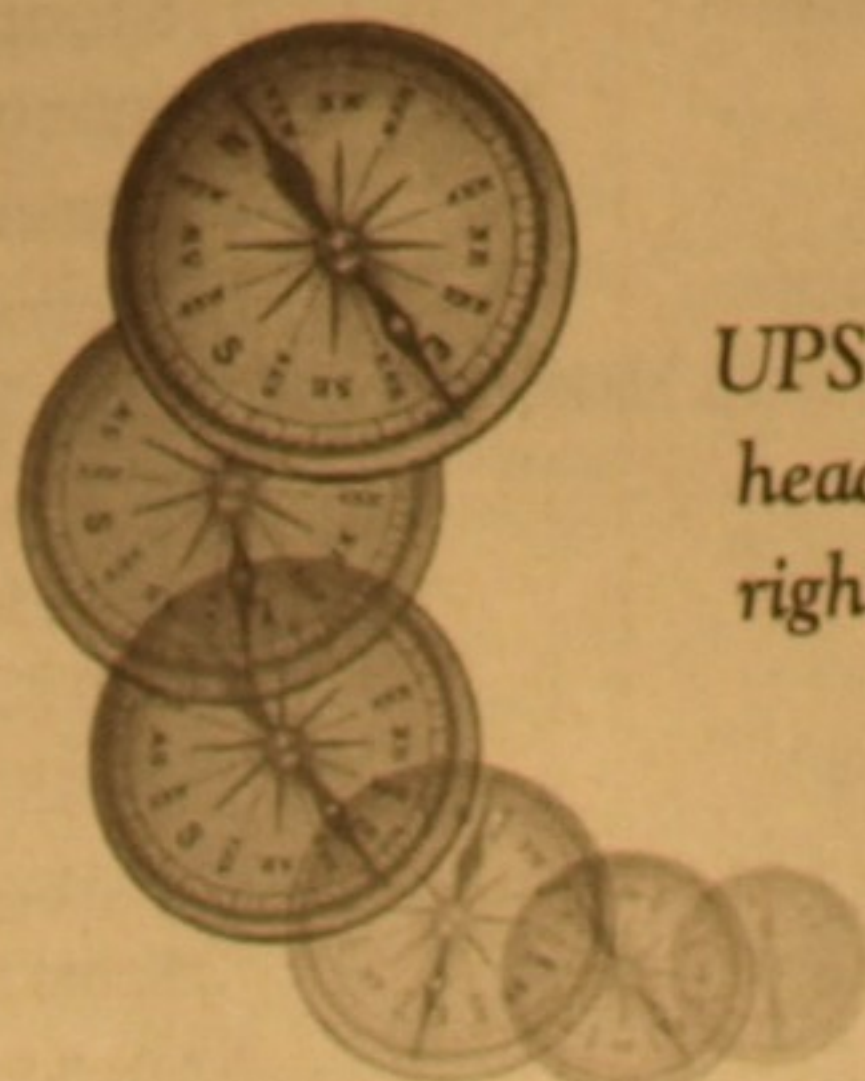
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# Features

## Hoover uses her experience to help others

By JESSICA BARROLL  
Staff Writer

"The opportunity is there for something great if you want it," Jessica Hoover says.

Hoover, a freshman at Austin Peay State University, is ecstatic about campus and student life.

Although APSU was originally her mother's choice, Hoover can't imagine going anywhere else.

"I love the campus, and now I'm going for me and not my mother."

Although Hoover's plans for the future vary from majoring in English to practicing family law or public relations, her desire to help others has remained constant. This desire manifests itself in numerous ways.

Hoover volunteers as a counselor for the youth group at Salem United Methodist Church, where she carries the title of "life-guard" or "caretaker." This means she is in charge of praying daily for a designated teen, continues to be aware of what goes on in his or her life and on occasion offers advice.

"Basically, I'm a friend they can go to when they need one," Hoover says.

Hoover also volunteers with Montgomery Central High School's band. She is classified as "special staff" meaning she helps students with their music, marching style and offers support by showing up for various practices, competitions and activities.

"I don't consider this

volunteer work since I can't imagine not being involved in my old high school band in some form," Hoover says.

In addition, Hoover works in the Admissions Office on a scholarship basis. Her duties entail answering the phone, paper work and, in general, working as a "go-for."

For 15 months, Hoover has worked as a chef at the Catfish House five days a week.

Hoover donates her time to Horizon, a two-day workshop for Montgomery County teachers. This in-service is mandatory for teachers to get accredited.

Hoover's role is to make sure the teachers arrive at their designated workshop on time, lending a helping hand when and where needed and answering general questions.

Hoover attributes her willingness to serve others to God's role in her life.

"When I was a child, I was ornery and selfish. Through some difficult experiences in high school, I began to depend on God. My only hope is that I can use these experiences, with God's influence, to help others," Hoover says.

"Take pleasure in the small things," Hoover said as one suggestion for students.

Earlier in the day as she sat under a tree studying a thought struck her.

"It was an epiphany. The beauty of the campus made me realize that you can start with a fresh slate here even for students coming back."

This one moment gave her such pleasure that she believes

she will remember it for years.

"I'm a firm believer in taking the good moments as they come and enjoying them as much as possible."

Another piece of advice she offers is to be active members of campus life since there are so many different organizations and clubs available.

"People need to find their niche, a place where they belong, wherever that may be," Hoover says.

Plans for the future are still undecided. However, staying at APSU is a joyous prospect for Hoover.

"I don't know where I will be 10 years from now, but I do know that I'll be at APSU for the next two years of my life."



Jessica Hoover

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## Students immunize

By SARAH REED  
Features Editor

Austin Peay State University's Health Services offered meningitis immunizations for students Thursday.

More than 180 students received the vaccine, which provides protection against four of the five most common strains of meningococcal disease. Together these strains account for nearly 85 percent of meningococcal cases on college campuses.

A serious disease affecting the brain and spinal cord, meningitis is often difficult to diagnose because its symptoms closely resemble those of the flu.

"I want to thank the students for their support and

heeding the information we provided them about needing to be immunized," said Dr. Diane Berty, dean of student development.

National publicity has raised concern about bacterial meningitis on college campuses. The U.S. Centers for Disease Control and Prevention and the American College Health Association recommend students be informed of their risk of contracting the disease and the benefits of the vaccination.

The meningitis immunization outreach program was co-sponsored by APSU's Health Services and VACCESSHealth, a company specializing in direct access immunization programs.

## Lisa provides advice

By LISA SYKES  
Advice Goddess

Attention, Austin Peay State University students:

Are you tired of your roommate insisting on prancing around the room naked while blasting old Neil Diamond records?

Are you clueless as to why that plaid polyester outfit is failing to attract the hotties you'd hoped for?

Are your pick-up lines so old that you couldn't even get your best friend's grandmother to go out with you?

Well, if you're like most college students, you probably don't have any of these problems. But if you do, you're in luck, because Lisa

the Advice Goddess is now here to accommodate your every advice need.

Whether it be relationship woes, chick-picking deficiencies or other assorted quandaries, the Advice Goddess will gladly deliver your perfect solution.

I understand people these days are faced with too many problems and awkward situations to live a joyous life without an Advice Goddess like me to help you along your way. Because after all, who doesn't need tips on how to tell your boyfriend exactly that his back needs a little trim?

That, my friends, is why I'm here. Send your questions to Lisa, Advice Goddess, P.O. Box 8334.



## Career Services 2001 Career Fair

*Students, alumni,  
APSU and community  
are invited to attend.*

When: Monday, Oct. 1, 2001

Where: Red Barn (Memorial Health Building)

Time: noon - 4 p.m.

Register for **FREE PRIZES** to be given away by Career Services



Visit

[www.apsu.edu/careers/cfair/2001/participants.htm](http://www.apsu.edu/careers/cfair/2001/participants.htm)

Or call 931-221-7896 for more Information.



Career Fair 2001

- |   |  |
|---|--|
| Ablest Staffing Services  | Lourdes Hospital                                   |
| Agri-Chem Inc.  | Luby's Cafeteria                                   |
| Aim Healthcare Services, Inc.   | Marine Corps Officer Programs                      |
| Air Force Officer Accessions  | Mary Kay Cosmetics                                 |
| Alabama Dept. of Transportation                                       | Maury Regional Hospital                            |
| AmSouth Bank  | Methodist Healthcare System                        |
| Aramark Uniform Services  | Middle Tennessee State University Graduate Studies |
| Austin Peay State University Graduate Office                          | Murray State University Dept. of Nursing           |
| Austin Peay State University Center for Extended & Distance Education | Nashville School of Law                            |
| Austin Peay State University ROTC                                     | Navy Civilian Jobs                                 |
| Belk, Inc.  | New England Financial                              |
| Belmont University College of Health Sciences                         | Opryland Hotel and Attractions                     |
| Brookwood Hospital  | Primerica Financial Services                       |
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| Clover Bottom Development Center                                      | State of TN, Dept. of Finance & Administration     |
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| Convergys   | Sumner Regional Medical Center                     |
| Covenant Health   | Target   |
| Deutsche Bank   | Tennessee Dept. of Audit                           |
| East Tennessee State University                                       | Tennessee Dept. of Labor and Workforce Development |
| Enterprise Rent -A-Car  | Tennessee Dept. of Transportation                  |
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| Federal Correctional Institution, Manchester                          | TruGreen Chemlawn                                  |
| FedEx Ground  | United Methodist Publishing House                  |
| FedEx Services  | United Parcel Service                              |
| Finish Line   | University Medical Center                          |
| First Investors Corporation   | U.S. Army Recruiting                               |
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| Franklin Police Dept.   | University of Memphis School of Law                |
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| Logan Memorial Hospital   |  |



# Editorial

## Yoga reduces stress in students' lives

By LINDSEY REEVES  
Editorial Page Editor

As the first month of school comes nearer to its end, it seems that stress has come much too early.

As I sit drinking my coffee in the grill or walking to my classes, I hear people complaining of how they do not have a break whether it is from school,

work, children or just their every day lives.

It seems our society has placed such an emphasis on how much you can do or how much you can handle without breaking.

It is not about the quality of work or the pleasure you take in the task.

It seems that our lives are speeding by us, while we are trying to do things that we think will make us more complete.

Sometimes we need to slow down and realize all the wonderful and beautiful aspects of life that we are neglecting just to have a pat on the back.

Sometimes that appreciation is

not enough and we are left void and full of animosity because we believe we are worth more than that.

Sometimes just slowing down can cause these feelings to go away and help us to enjoy our lives and the activities we have chosen to participate in.

The first thought that struck me when I was contemplating this subject was a common way of relieving stress: yoga.

Not many individuals know the different aspects of Yoga.

Yoga is a Sanskrit word stemming from the verbal root yuj meaning to yoke or to unite. Furthermore, in a spiritual context yoga stands for training or unitive discipline. There are more than 40 different types of Yoga, from Tāraka-Yoga, which is a medieval Yoga based on light phenomena to Dhyāna-Yoga, which is the unitive discipline of meditation.

It is believed that Yoga was originated more than 5,000 years ago, but the direct origin is not known due to the teachings being passed on from teacher to student.

Around 2,000 years ago, a sage Patanjali wrote down the heart of practicing Yoga in the form of aphorisms.

Aphorisms are short statements

that capture the very essence of Yoga's philosophy and practice. An Indian Yogi named Swami Vivekananda in 1893 introduced the United States to Yoga.

Throughout history, the common conception of Yoga is that it is only a physical way of practicing stretching of the body in different ways.

But recognizing the multifaceted nature of human beings, Yoga addresses our varying relationship with the external and internal worlds.

Nadi shodhana is one such way Yoga focuses on relieving stress through breathing. Nadi shodhana, which means the sweet breath, is simple form of alternate nostril breathing suitable for beginners as well as advanced students.

To do Nadi shodhana, hold your right hand up and curl your index and middle fingers toward your palm.

Place your thumb next to your right nostril and your ring finger and pinky by your left. Close the right nostril by pressing gently against it with your thumb and inhale through the left nostril.

The breath should be slow, steady and full.

Now close the left nostril by

pressing gently against it with your ring finger and pinky, and open your right nostril by relaxing your thumb and exhale fully with a slow and steady breath.

Inhale through the right nostril, close it, and then exhale through the left nostril.

When just starting, begin with five-10 rounds and then progress to adding more as you feel ready.

Nadi Shodhana can be done about anywhere and can help you control stress and anxiety. If you start to feel stressed out, practice this breathing exercise for 10 rounds and this will help you calm down.

Yoga is just one of the many ways you can relieve stress throughout this hectic time in our lives.

Whether you choose to do Yoga or walk in the park, make sure to take time away from the television and just breath, letting the stress be taken away for a moment. As George Washington Carver said, "I love to think of nature as an unlimited broadcasting station, through which God speaks to us every hour, if we only will tune in."

Austin Peay State University offers Yoga classes in the Red Barn. For more information contact 221-7564.

## 071 CAMPUS

Do you fear biological or chemical attack by terrorist groups...?



### Terry Fillmore

"As a National Guardsman, that's my greatest fear."

### Jonathan Jeans

"I believe it is a scary situation, and I pray to God that it never happens."



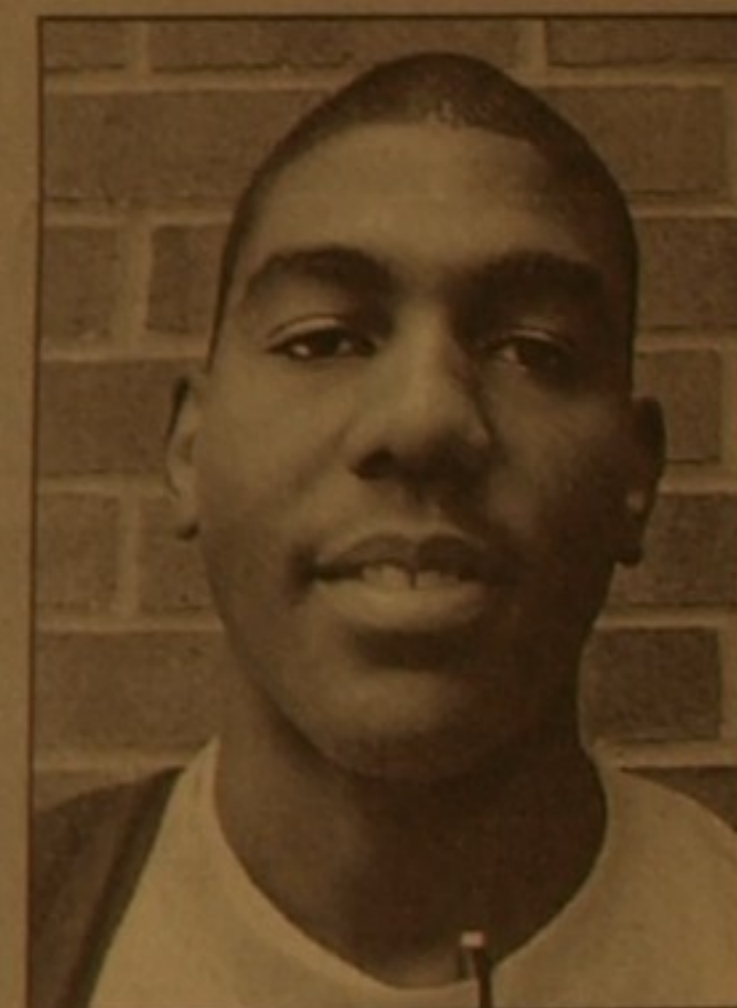
### Courtney McPherson

"Partly yes and partly no. The yes part of me says I'm afraid because you have no control over it. You can't see it, you can't smell it, you can't hear it. The only way we'll know we're under attack if we see people around us being affected."



### Adrian Henning

"I fear if we go over there and attack them, I think they might retaliate with some form of biological weapons."



### Tanesha Davis

"I am afraid of both of them. We need to prepare for them."



## Public gathers to voice opinions

By NAYDIA SPEARS  
Editorial Page Assistant

On Thursday, Sept. 20, 2001 several campus faculty members hosted an open forum at the new Sunquist Science center.

As a political science student with a chance to earn a few extra credit points, several students

from my class and I volunteered to hand out programs and help with the event.

Nearly 200 people came out to the event. Guests included President Hoppe, Johnny Piper mayor of Clarksville, numerous community residents and campus faculty, as well as media representatives and students of all majors and beliefs.

Several Austin Peay State University faculty members were on the panel, including Dr. David

Kanervo, Dr. Malcolm Muir, Dr. Albert Randall, Dr. Matthew Kenny, Dr. Stuart Bonnington and Dr. Dewey Browder.

To begin the evening three of the panel members spoke about the Sept. 11 tragedy and how it related to each of their respective fields.

Each of the speeches provided me with new insight.

As I listened to the professors speak I realized just how little I knew about the planning and effects of this historic tragedy and how much that I was not aware of these events being present throughout history.

As a professor of history, Muir spoke first about the effects of the past and how they are currently reflected in this situation.

"In order for us to take care of the future we've got to look at the past," Muir said.

He also spoke about the war on terrorism and stated his concern, saying it was a grand idea, "too grand."

Randall spoke about America's New War and how it related

specifically to the Islamic religion.

I found this very intriguing. Growing up primarily in a Southern Baptist Church, I have not been encouraged to acquire knowledge about different religions.

However, Randall vividly enlightened my own misconceptions and the ones of those attending.

In his comments, I realized a great deal of foreign nations still abide by the same principles and beliefs that were founded with their country.

Randall also relayed to us that the Islamic religion does not provoke violence, despite common stereotypical beliefs.

Kenny's concerns focused on international politics and how they relate to America's current political stance.

As I was listening throughout all three speeches, I realized that much of today's society hardly understands a glimpse of what war is like, especially young people.

I found myself daydreaming, a

common occurrence among students, about the brief memories I have of the Gulf War.

I can still see my parents watching the television each night to get the most recent updates, and I remember trying hard to stay awake as if to convince them of my interest.

Now that I am older I understand the importance of a stable economy and a positive relationship between the United States and foreign nations.

As the evening came to a close the panel was pummeled with questions from the audience.

I must say that overall I was impressed with the questions asked and the responses shared.

Over the past few days I had been concerned that much of our campus was uninterested in the events that took place.

However, I can now rest assured that Austin Peay State University, like much of the country, is also concerned with this situation and the courses of action that America intends to carry out.

## Student proclaims horror

By CRAIG ISEMAN  
Guest Writer

The horror of Tuesday, September 11, 2001 will be etched in our minds forever.

I remember the only concept my mind could comprehend when I first witnessed the breaking news - "No."

No, this is not real.

No, I am not seeing this.

No, I am asleep and dreaming.

As reality began to settle in, many of us tried to comprehend the event with words.

Unbelievable.

Devastating.

Surreal. Horrific.

Sickening.

I realized recently that while I have had the luxury to cope with my disbelief at this atrocity, there are those who have scarcely had a moment's rest.

And there are those who will never know mortal rest again.

It is estimated that 300 firefighters perished attempting to save lives on Tuesday and the New York police force is missing more than 100 officers.

Rescue workers are attempting to dig, crawl and sift through more than 450,000 tons of debris, desperately clinging to hope that they might save just one more person.

Just one more person.

Webster's New World Dictionary defines bravery as a "willingness to face danger, pain or trouble."

Under synonyms, it defines valiance as "emphasizing a heroic quality in the courage or fortitude shown."

These are not merely brave men and women. The true heroes that have us mesmerized by a baffling

selflessness are valiant beyond the true definition of the word.

Try to imagine a group of 300 people standing in front of you. How much space does that consist of?

Numbers have a way of making enormity and complexity in depth positively vague.

These 300 individuals who gave the ultimate sacrifice, and the many more who survived, rushed into a surrounding that many of us cannot comprehend the sole purpose of saving another's life at the expense of their own.

Read that last sentence again, if you would.

It would be a tragedy in and of itself to make these heroes archetypical.

These were individuals with points of view, outlooks, difficulties, hopes, and loves just like you and me.

Imagine to the best of your ability what they saw, smelled, heard, felt and feared.

Only then can we truly honor the fallen and hope that in some way, in some small part of our lives that we could reflect a fraction of character that made these people unique.

There will be many unsung heroes to stem from this tragedy as well.

Those whose ideas and plans, sleepless nights, legislation, coordinative efforts and insights all contribute to a saved life, an emotional recovery or an eradication of a threat.

The stories of the valiant heroes to triumph in this war have yet to be written.

But they will be.

And I for one will read them with reverence, sadness and undying respect.

## Letters to the Editor

To the Editor:

After several years away from an university, I've had qualms about becoming a full-time student again.

For one thing, my memory is shot. Back in the peaceful, gentle '60s, we surely didn't gripe and complain the way kids do now.

Of course, I did stand in line for TWO SOLID DAYS for a little red card with a picture on it of a woman who bares an alarming resemblance to my mother. Campus parking is so impossible that I am riding the city bus, forcing me to get up at the crack of dawn and wait in the sun, which is frying what is left of my brain.

I have noticed a few other things. Students carrying a chair through an hour long-line for a woman registering for classes despite a September pregnancy due date.

Young singers helped me down off the choir risers without snickering (least not in my face).

Most impressive of all is two campus staff members selling snacks out of a stifling tin box, whose failed air conditioning had stoked up the interior temperature an unimaginable number of stroke-inducing degrees.

Yet they joked and teased, bringing smiles from those of us whose frustrations, by comparison, must have seemed pretty juvenile.

It's hard to stay worried with people like that around. Graduate school may not be so horrible after all.

Ann Moss Betts  
Graduate Assistant, Music

We thought we'd hear from you after last week's paper. Where are all those letters you said you'd be sending?

## The All State

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## Congratulations to Chi Omega's Newest Members from the Fall 2001 Recruitment!!

Erika Arnold  
Brandy Clinard  
Jana Crockerell  
Cara Davis  
Melissa Davis  
Jamie Franz  
Fran Gallegos  
Kayla Goad  
Megan Grimmert  
Kim Heathman

Brittaney Henley  
Amelia Lewis  
Kim Morgan  
Megan O'Brien  
Audrey Parham  
Katy Patterson  
Sabrina Roberts  
Shannon Sorro  
Ashley Watson  
Sarah Zahn

She is more than parties and social activities... she is a way of life. She's someone to share special things with, to laugh with, and to cry with. She is someone to believe in and trust.  
**SHE IS A CHI OMEGA.**

## Kirtley's enthusiasm overflows into job

By SARAH REED  
Features Editor

A smile lights up, covers Brad Kirtley's face as he talks about his time at Austin Peay State University.

Kirtley's love of sports and his job is evident from the moment you begin talking to him.

"You have to love sports and have a passion for what you are doing to work in this profession. In athletics, there's no off season. I don't think people truly understand everything you have to do to publicize athletes. You can never put sports away," Kirtley says.

Serving as sports information director since February 1984, Kirtley is responsible for all publications, media guides, brochures, news releases and statistics for the athletic department. In addition, he maintains the athletic department's Web page.

Kirtley earned a bachelor's degree from the University of Missouri in 1976. After graduating, he worked as a sports writer and editor before coming to APSU.

"I like the public relations aspect of sports information because it is a way to spotlight the positive sides of athletes and coaches," Kirtley says. "They deserve the recognition we can give them."

Kirtley believes his greatest contribution is publicizing APSU's student athletes, athletic programs and coaches.

"Publicizing athletes in any shape or form. That's what sports information is here for. We have a great group of student athletes at APSU," Kirtley says.

"When the women's track team won the OVC last year, we did what we could to publicize it. It's special when this happens," Kirtley says.

Throughout his tenure at APSU, Kirtley has seen numerous changes.

"There's no question about it. It's incredible what the computer age has done to this profession," Kirtley says.

When Kirtley began at APSU, his office had only a typewriter, and all the statistics were done by hand. Today, all in-game statistics are done on the computer.

"It no longer takes 1.5 hours after a game to finish the statistics.



Brad Kirtley, APSU Sports Information Director

Everything can now be done in less than 30 minutes," Kirtley says.

"The Internet has taken it a step further. People want information, so you have to stay on top of it," Kirtley says.

Kirtley's voice fills with enthusiasm as he describes his most memorable moments at APSU. Three moments particularly stand out in his mind.

"During the 1986-87 NCAA basketball tournament, Reggie Armstrong hit a bucket at the buzzer, and APSU won the game. I was told by others to be prepared for many phone calls from the national media."

"I also remember when Bubba Wells returned after his leg injury and scored 38 points in 20 plus minutes. That was the most incredible single-person performance I've ever seen in person," Kirtley says.

"In 1987, APSU opened the football season at Kansas State and beat them 27-22 with 11 seconds left in the game. That game made Kansas State decide to commit to football, and today they have one of the best programs in America," Kirtley says.

Kirtley is thankful for the friendships he has developed at APSU.

"There have been a lot of great people working here over the years. You're only as good as the people you have working with you.



Brad and Jan Kirtley

"They're counted on," Kirtley says. "You've got to have good people working together for a common cause in this profession."

Kirtley also values time spent with his wife, Jan.

"Spending time with my wife is the most important thing to me. I'm fortunate she likes sports and is very understanding."

To relax, Kirtley also can be found working in the yard, reading a book.

Recently named "Professional Employee of the Quarter" for the fourth quarter, Kirtley is proud about this accomplishment.

"I'm in it for the student athletes and programs. I'm not in it for me," Kirtley says. "It's hard to do what you think is right for individual athletes and sports if you're looking for what you can get out of it." Kirtley says.

# HELP WANTED

## Help us revitalize the Austin Peay newspaper and campus community in 2001-02.

Students call 221-7376 or e-mail [theallstate@apsu.edu](mailto:theallstate@apsu.edu)  
if you are interested in working for The All State.

APSU students, faculty and staff are encouraged to e-mail guest columns,  
Peay Briefs, comments, suggestions and letters to the editor.

# The All State



• Serving the APSU Community since 1929 •