Govs win OVC opener

APSU defense smothers Tennessee Tech

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Derek Wright

First copy free, additional copies 50 cents each

Christmas myths unwrapped





Myth: The song "The Twelve Days of Christmas" was created as a coded reference to important articles of the Christian faith. Truth: The 12 days of Christmas in the song are the twelve days between the birth Christ (Dec. 25) and the coming of the Magi (Jan. 6). The specific origins of the song is unknown.

Myth: The modern version of Santa Claus was created by Coca-Cola. Truth: Santa Claus is actually an

evolutionary creation that came about by the merging of two religious persons-St. Nicholas and Christkindlein, "The Christ Child." The theme of gift giving comes from the Dutch tradition of St. Nicholas as a gift bringer.

Myth: Rudolph the Red Nosed Reindeer was created for the Montgomery Ward department stores.

Truth: This myth is actually true. Rudolph was created in 1939 at the request of the department store to one of its * copywriters. The store asked Robert L. May to come up with a Christmas story that the company could give away to



Myth: "Xmas" is a disrespectful abbreviation of Christmas.

Truth: Using X to shorten Christ, while offending many Christians is not an attempt at disrespect. The abbreviation came about long ago and derives from another ancient language.



SOURCE: WWW.SNOPES.COM

The birth of Christ: a Christmas story

By MANDY ROGERS Editor in Chief

During the winter holidays, consumers will spend an estimated \$457.4 billion, according to the National Retail Federation. Beyond the commercialization, Christmas has a deeper meaning.

Christmas is a day chosen by Christians to celebrate the birth of Jesus. The story is recounted in the Gospels of Matthew and Luke.

An angel appeared to Mary, who was engaged to be married to Joseph, and told her she was to bear a child—the son of God—and name him Jesus. Joseph was a righteous man and intended to dismiss Mary quietly, but the angel appeared to him in a dream and told him to take Mary as his wife, for her son would save the people from their sins.

The time came for Joseph and Mary to travel

from their home in Nazareth to the town of Bethlehem for a census decreed by Caesar Augustus.

Myth: Christmas cards date back to 1843.

Truth: This myth is actuall true. The first

formal card was designed by J.C. Horsley in

1843. The card showed children and adults

raising glasses of wine in a toast and read "A

Merry Christmas and a Happy New Year to

When they arrived, there was no room for them in the inn, and Mary gave birth to Jesus in a stable.

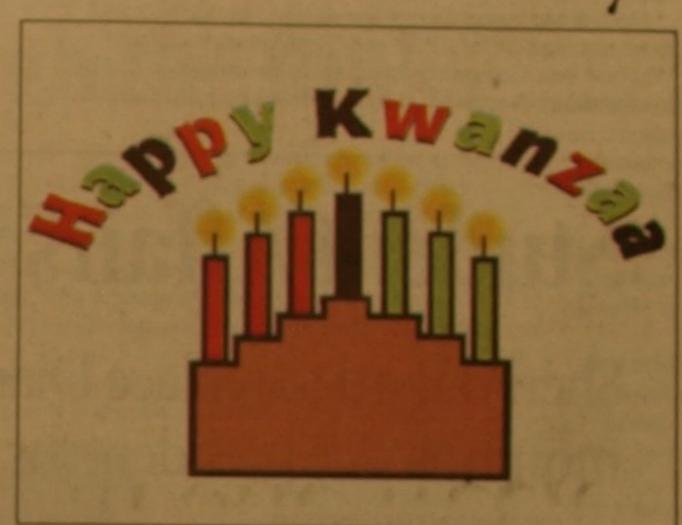
In that region, shepherds were watching their flocks when an angel of the Lord appeared to them and told them of the good news: Christ is born in Bethlehem! A host of angels appeared, proclaiming glory to God and peace on earth. The shepherds went to Bethlehem to see what the angel had said.

Wise men also came to see Jesus, following a star in the east. The star led the wise men to Jesus, in a manger and wrapped in swaddling cloths, and they fell down and worshipped him. They brought him gifts of gold, frankincense and myrrh.



With all the hustle and bustle surrounding the holidays, it's easy for Christians to forget the true meaning of Christmas. This season, regardless of your beliefs, be true to them. +

Africans plan to celebrate culture Kwanzaa holiday



By STEPHANIE COWARD News Editor

Kwanzaa is a week-long celebration of African culture and heritage. The holiday runs from Dec. 26 through Jan. 1 and is celebrated around the world.

According to the creator of Kwanzaa, Maulana Karenga, "Kwanzaa brings a cultural message which speaks to the best of what it means to be African-American and human in the fullest sense."



Karenga created the holiday to bring the African community together and reaffirm and restore the community's heritage.

Kwanzaa is modeled after the first fruits celebration in ancient Africa. First fruits celebrations, especially in South Africa, had lasted seven days, hence the seven days of

BENNETT

"It speaks to our need and appreciation for its cultural vision and affirming values, values which celebrate and reinforce family, community and culture,"

Karenga said on her Web site, www.officialkwanzaawebsite.org. The Austin Peay State University African-American Cultural Center will be hosting a Libation ceremony today from noon to 1

"[The ceremony] is a remembrance of the cultural significance of the holiday, and hopefully it will inspire the students to think of others and their community this season," said Carol Bennett, director of the African-American Cultural Center.

While the holiday honors African culture, people who are not of that heritage can still participate in the holiday.

Karenga thinks that Africans must make a conscious attempt to resist that corporate commercialization of their holiday.

She believes that the underlying principles of the holiday must never be abandoned in favor of corporate dominance, which could redefine the holiday.

Kwanzaa is not a religious holiday and was not created to be celebrated in lieu of Christmas; it is also not meant to replace a person's religious belief. Kwanzaa is a celebration of African heritage.



Hanukkah, the festival of lights, begins in one week



The menorah is used when celebrating Hanukkah. A candle is lit each of the eight nights and the center candle - the shamash - is used to light the other candles.

CANNON Staff Writers

By CHRISTIAN COULON and TANGLELIA

Every year, American's celebrate the holiday season, a time when members of different faiths represented throughout this country take part in their respective holiday festivities.

For members of the Jewish faith, this time of year signifies the beginning of Hanukkah (or Chanukah), also known as the Festival of Lights.

Hanukkah begins each year on the 25th day of the Hebrew month Kisley, and lasts eight nights. On western calendars, this day varies sometime between the end of November and the end of December.

This year, Hanukkah begins at sundown Dec. 15 and ends at sundown, Dec. 23.

According to everythingjewish.com, "Hanukkah recalls the struggle for religious freedom and commemorates the victory of the Jews over the

Hellenistic Sryians in the year 165 B.C." The victory occurred when the Maccabees, a Jewish army, overtook the Jewish temple back from the

Greeks. However, the temple was unrecognizable as a place of Jewish worship; therefore they decided to rededicate the temple with oil.

Only one bottle of oil was was found. While one bottle of oil would only have lasted one night, somehow, this particular bottle lasted eight nights.

According to the everythign Jewish Web site, "this is a miracle Jews commemorate to this day. By lighting the eight Hanukkah lights of the menorah, Jews

everywhere recount the triumph of our ancestors against immoral acts, the rededications of the Temple in Jerusalem and the miracle that a one-day supply of oil lasted eight days, which was enough time to make new oil."

In accordance with the eight days that the oil lasted, Hanukkah is also celebrated for eight days.

Some of the Hanukkah ceremonies are performed in the home while others-meant to be communal-are celebrated within a group.

During Hanukkah, additions are made to the prayers in the Siddur; the Siddur is the Jewish prayer book.

"Although the traditional practice of lighting candles at Hanukkah was not established in the books of the Maccabees, the custom most likely started relatively early. The practice is enshrined in the Talmud, which describes the miracle of the oil in the Temple," according to www.britannica.com. .

Modern Hanukkah celebrations include a variety of religious and nonreligious customs. The most significant of which is the lighting of the menorah, a candleholder with eight slots.

There is an additional holder for the shammash or shamash, which means servant, and it is used to light the other candles.

In the past, olive oil was used in menorahs, but today, candles are used in instead. A special prayer or blessing is offered each night as the candles are lit.

It is also common practice to host parties during Hanukkah and serve food - fried or baked in olive oil - which serves as a reminder of the Miracle of Hanukkah.

Mass. man named new director of Admissions

Transfer from Westfield State College will begin in January

Austin Peay Public Relations

CLARKSVILLE - Following a nationwide search and interviews with several finalists, Austin Peay State University officials have chosen a Massachusetts man as the

University's new director of Admissions, effective Jan. 2, 2007.

Ryan G. Forsythe, comes to APSU from Westfield (Mass.) State College, where he has served as assistant director of Admissions and Financial Aid since 2002. Previously, he was a student financial services counselor for Emmanuel College in Boston, Mass.

FORSYTHE Forsythe received the Bachelor of Science in Criminal Justice from Westfield State College in 2001. In May 2006, he earned a Master of Education in Higher Education

Administration from the University of Massachusetts, Amherst. Harriett McQueen, dean of Enrollment Management and Academic Support for APSU, said, "Ryan comes to us from Westfield State College in Massachusetts, an institution that has many similarities to APSU and one that has been successful in

increasing enrollment and improving retention rates."

At Westfield State College, Forsythe was responsible for assisting with construction and implementation of recruitment and retention strategies, coordinating travel for all admissions staff, planning all aspects of the campus visitation program and conducting statistical analysis of recruitment efforts. He also assisted with the college's new data system, SCT Banner.

Among his professional affiliations, Forsythe is a member of the National Association for College Admission Counseling, serving during 2003-05 on the National College Fair Planning Committee.

He also is a member of the New England Association for College Admission Counseling and the National Association of Student Financial Aid Administrators.

In his letter of interest to the APSU Office of Human Resources, Forsythe wrote: "It is ... important for the leader of any student service office to provide prospective students and families with the utmost respect, professionalism and superior service. It is equally important to provide staff with direction, motivation and strong

APSU President Sherry Hoppe said, "Ryan was extremely impressive during his campus interviews. We liked his fresh perspective, innovative ideas and knowledge of the process. He's intelligent, enthusiastic and already in sync with our goals for recruitment and retention."

Forsythe and his wife, Joanne, will be relocating to Clarksville in

Weekly SGA Round-up

By KYLE NELSON

The Student Government Association meeting on Nov. 29 discussed its survery results and new legislation. Lobby Day

In this "lobby day" SGA senators stood inside the lobby of buildings on campus and had students fill out a short survey regarding their concerns with SGA and with Austin Peay State University as a whole.

The survey results are not written in percentile form but set up largest popular response topic to the smallest.

The survery showed that students were most concerned about advisers, family activities, the smoking policy and parking. Call boxes in parking lots

A new piece of legislation was brought before the senate; it will be voted on during SGA's last meeting of the semester, Dec. 6.

This legislation would have new emergency call boxes placed in the parking lots around campus; the reasoning for this is due to several crimes which have occurred in parking lots over the past year.

SGA will dismiss for the winter with seven vacant seats in the senate which will need to be filled next semester. +

Good Morning APSU

Campus Community

Calendar

Red Mud reading Contributors to this year's Red Mud Review will be reading pieces of work Dec. 6 at 7 p.m. in the Kimbrough auditorium. The event is hosted by the department of Languages and Literature. The Red Mud Review will be available in spring 2007.

Battle of the sexes food drive

The Ohio Valley Conference has created a challenge to see which school can collect the most canned food items. APSU students will be collecting canned food items from everyone this week. Items can be dropped off at any coaches office until Dec. 8. A table will also be set up in the UC from 10 a.m. to 2 p.m. today. E-mail mmccarthy14@apsu.edu for more information.

Green seminar

XEM Chemistry Club is hosting a green seminar on paper production and recycling on Wednesday, Dec. 6 at 6 p.m. in SSC E305. All students are welcome to

Dean candidates interview

Two candidates for the position of dean for the College of Science and Management position will interview soon. Douglas Dennis will be on campus Dec. 7-8, and Ronald Williams will visit APSU on Dec. 11-

Student Affairs vacated position filled

Sherryl Byrd to replace Diane Berty this month as vice president for Student Affairs

By CYNTHIA BRYSON

Staff Writer Austin Peay State University recently hired a new associate vice president for Student Affairs and senior student affairs officer who previously served as the Assistant Vice Chancellor for Student Affairs at Auburn University-Montgomery.

Sherryl Byrd has been at

APSU since September and

has been actively involved in

projects, to include the new

fitness and recreation center

opening in January. "That is

several large on-going

a great addition to the

come. We will be providing new food service

locations in the spring with the Sundquist

Coffee Kiosk and the Rec. Center Juice Bar,

Student Affairs hopes to stay informed of

student needs and issues and believes that one

of the best ways to accomplish this is with

campus that will benefit

students for many years to



BYRD

Byrd said.

student feedback. Student involvement through survey and evaluation completions will help Student Affairs make improvements in the program and services they offer, according to A staff meeting this semester was held to

discuss future goals. This resulted in a new vision statement: "The Division of Student Affairs at Austin Peay State University will be responsive, innovative, supportive and empowering."

"This will guide our planning efforts for the next few years," Byrd said.

The upbeat attitudes of APSU students are just one of the things Byrd has noticed. Byrd enjoys seeing the students gathered together on campus and said she found them "to be very engaged with each other and the university."

"Most students are very positive about their APSU experience. Proof of that is the enrollment growth that has taken place over the past few years," Byrd said.

Byrd offers APSU an extensive background with university experience. In addition to Auburn University-Montgomery, she worked at

the University of South Alabama and Jacksonville State University in Alabama. She is replacing Diane Berty, who served in the position as an interim for about one year.

Born and raised in middle Tennessee, Byrd graduated from Mt. Juliet High School. She earned her Bachelor of Science degree and Master of Arts degree from Tennessee Tech University and a Doctorate of Education degree in Higher Education Administration from the University of Alabama at Tuscaloosa. After living in southern Alabama for more than 24 years, Byrd is glad to be in an area with changing seasons again.

Byrd likes Clarksville's environment and its proximity to a major city. "I am impressed with the way the community has embraced the military," she said.

Byrd lives in Sango with Patrick, her husband and their three cats - Duke, Tabby and Annie. During her free time she likes to travel. "especially by cruise ship," collect foreign currency and considers photography to be a major hobby.

Since we are living close to family again I look forward to spending more time with our 10 great nieces and nephews, four of which live in Clarksville," Byrd said.

Byrd encourages students with feedback or questions to call Student Affairs directly at 221-

Independents on path to campus recognition

By KYLE NELSON

The newly formed College Independents has spent this semester taking care of details to ensure the group's continued success on



After its start-up, College Independents has been on the move to become an official Austin Peay State University student organization recognized through Student Life and Leadership. The group submitted a draft of its constitution in October.

This initial draft was rejected due to formatting reasons, said Trevor Law the founder and interim president of College Independents. Now Law says that he has, "turned in the [revised] Constitution and By-laws with the membership roll to Student Life and Leadership

LAW in mid-November; it appears the College Independents will be a

student organization by next semester."

Law said that the organization is beginning to switch gears from its conception into performing an active role on campus."Our purpose and vision," Law said, "is to raise the level of discussion and debate-on issues - whether national, social, world, local anything that effects people's lives."

College Independents also has formed a group on Facebook.com in the hopes of raising awareness of their existence among students and also to aide in recruitment. "College Independents will not be taking a stand [as yet] on any national issues, but will take a stand

on campus or local issues," Law said. During this year's elections, College Independents held a meeting with Charles Smith, one of the former mayoral candidates for Clarksville. Law said that the party had not held a policy-making meeting yet, but Law gave an idea as to what type of things they

would push for on campus such as, "giving more money to the library. College Independents has also been reaching out to both the College Republicans and Democrats. Law said that he had been attending some College Republican meetings in order to open up a

dialogue between the two parties. But Law said that he had not been as enthusiastically welcomed by them as with the College Democrats. Law said that after he sent an initial e-mail to D.J. Luciano, president of College Democrats, and introduced himself that, "[Luciano] reached out more to me than I had to him." They have had one meeting to date, to open the

dialogue, according to Law. Nationally, independent voters were instrumental in the 2006 elections, especially among the contested senate races in Tennessee, Virginia, Missouri, Montana and Ohio. According to CNN.com, independent voters made up 28 percent of the vote, with 49 percent voting for Bob Corker and 50 percent voting for Harold Ford, Jr. Ford only lost the election by 3 percent. +

Hispanic and Spanish-speaking grads Celebrate

By TINEA PAYNE Staff Writer

December marks a joyous time for seniors, as Austin Peay State University prepares for fall graduation 2006. The Hispanic Cultural Center is hosting its second annual potluck dinner and Graduation Fiesta to honor Hispanic seniors and those who are majoring in the Spanish at APSU and are graduating this fall.

The fiesta will celebrate the graduates' academic accomplishments with food and music.

The celebration is today at 6 p.m. in the Morgan University Center Room 303.

Enrica Albaro, 29, junior Spanish major, said she is happy the event is happening.

Albaro noted the lack of Hispanic students that attain a college education. "Not a lot of Hispanic people graduate in this day and time," Albaro said. She also said she respects students who attempt to learn the Spanish language. "We want to congratulate them for undertaking the burden of taking Spanish and learning another language and culture," Albaro said.



RUIZ-AVILES

"[The event] is held to recognize the achievements of

Hispanic students and students of Spanish," said Miguel Ruiz-Aviles, Spanish professor at APSU.

Ruiz-Aviles also said that the event highlights the accomplishments of the

students. "It tells APSU, Hispanic students and other members of the Spanish speaking community that others like them are achieving academic success,"

Ruiz-Aviles said. "We at the Hispanic Cultural Center are the first of many to give thanks to those who manage to do so," Albaro said.

Ruiz-Aviles said that learning another language can be an easy task. He also stated how important learning another

language is when preparing for today's workforce. "This world economy every year requires more and more people who are bilingual," Ruiz-Aviles said. Tim Choate, 19, sophomore Spanish major, also

believes that Spanish is important in the workplace. "Being a teacher, it will be crucial," Choate said. "Spanish would be the logical choice; after six years, it should be easy."

Choate advises students who have not taken a language to attempt it.

"They should take a foreign language. Why be an isolationist?" Choate said.

This event will continue as a Hispanic cultural tradition on campus. +

Army enlistment regulations make way for 40-something recruits

New York native allowed into Army after enlistment age increased from 35 to 42

PETERSBURG, Va. (AP) — Sharon Samuel spent Sept. 11, 2001, on a New York City bus, trying to get to the World Trade Center to do anything she could to

When she couldn't, she looked to the Army to do her part - only to find out she was too old.

"I wanted to serve, I wanted to give back," said the 40-year-old Trinidad native who worked as a hairdresser in Brooklyn. "I have felt the pain New Yorkers felt."

Samuel got a second chance when the Army increased its enlistment age.

More than 1,460 people 35 and older have enlisted in the Army and Army Reserve since the services raised the limit from 35 to 42 over the last year and a half.

The change is part of an effort to help reach its recruitment goals amid an unpopular war and mounting casualties and has led those like Samuel to Fort Lee, about 25 miles south of Richmond, for training in logistical support.

It is also part of an effort to become more inclusive, said Col. Kevin A. Shwedo, director of operations, plans and training for the Army Accessions Command,

which oversees recruiting. Of the nation's military services, the Army has the highest age limit, with the others ranging from 27 to 34, and up to 39 for reserve components. Most consider waivers for those over the age limit who have prior military service.

Shwedo said these older soldiers, which make up less

than 1 percent of the overall recruiting class, have a greater drive to succeed and have better problemsolving skills and are able to better deal with stress.

"The overall population that you're talking about is minuscule, but what we're gaining in terms of experience and maturity and desire is phenomenal," Shwedo said. "Virtually every one of them is called mom, dad, grandma, grandpa, but they bring a special flair to every soldier in that group."

Change is what many of the older recruits had hoped for - some for a life change, and others to fulfill a call of duty.

"I was comfortable in civilian life and did that 9-to-5 thing all the time for a long time. I was just in a rut. It was good, but it didn't really mean anything," said 39year-old Pfc. Randy Covington. "When they changed the age, it seemed like the opportunity came back for me."

Others had the Army's ideals and motto - "This We'll Defend" - ingrained in their minds from childhood and sought out the call of duty when their previous desires to serve were overpowered by the needs of their family.

"When I'd see a soldier walk down the street when I was a small child, they'd look so disciplined, so sure," said Pvt. Aletha North-Williams, a 41-year-old mother of two from Houston. "I wanted that for myself and it has always stuck in my soul." Even for those like North-Williams, however, the

adjustment to military life has been an aphill battle -

particularly because of their age.

"I know I can't be 18, but I've tried," the former corrections officer joked.

Before shipping off to basic training and putting on their uniforms, recruits must not have reached 42. They also must meet eligibility and physical standards and pass medical examinations, and those 40 and older also are given additional medical screenings.

They must undergo the same training exercises as younger recruits.

"A bullet and a bayonet don't discriminate," Shwedo said. "As a result our training program has to ensure that every soldier is going to be able to outmaneuver, outfight and win on today's battlefield."

And despite mile-long marches and climbing up 60foot wooden towers, the grueling physical tasks haven't measured up to the mental toll of living, sleeping and training as part of a recruiting class with the average age of 21.

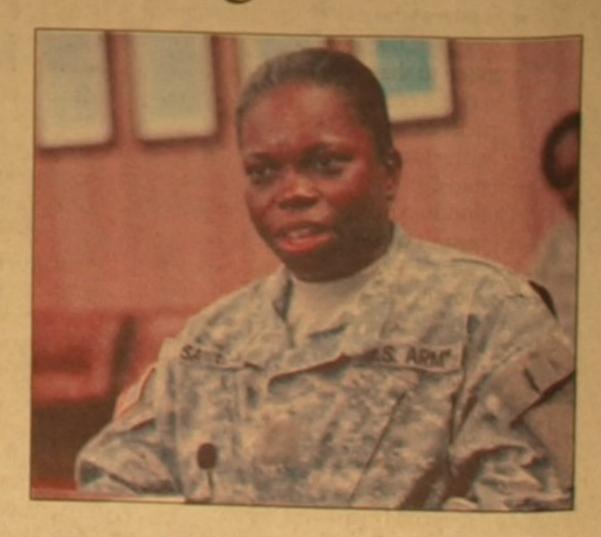
"They have the college-aged mind and the high school mind," said Pfc. Caroll Martinez, 42, of Kansas City, Mo. "I'm so beyond that."

Covington agrees — especially after being called "grandpa" by his military peers. But he had the last laugh, receiving the highest fitness score of his entire company in basic training.

"You're older, a little bit more mature than these younger kids," said Covington, from Lehi, Utah. "I felt like I just got thrown into a high school."

Still commanders say there are benefits to mixing older soldiers with those fresh out of high school or college. And the Army said preliminary studies show that older male recruits have a lower attrition rate than those under 35.

"What they're actually able to do is take some of our younger soldiers and show them some of the things they're capable of doing," said Carlton J. Branch,



ASSOCIATED PRESS Army Pvt. Sharon Samuel, 40, of Brooklyn, N.Y., talks about what it's like being in the Army at age 40 during

command sergeant major of the 23rd Quartermaster Brigade at Fort Lee. "In a way it encourages the younger soldiers to realize that they can do some of the same things."

an interview at Fort Lee, Va., Nov. 2.

At a time when military officials are admittedly having trouble filling the ranks, these older soldiers have lived long enough to know that they always have to be ready to stand and deliver.

"We're always in a war, we'll always be in a war," said Martinez, whose father and other family members served in previous wars. "I knew what this entailed and I did a long thought about it ... Wouldn't have changed my mind." +

Perspectives

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OUR TAKE

Financial aid: Have high hopes, but low expectations

The semester is coming to a close and the rush for securing financial provisions for spring semester is starting for many procrastinators. Many people will be forced to request loans in order to attend next semester, and this process can be messy if not done in a timely fashion. The subsidized Federal Stafford loan and the Parent Plus Loan will be the most common loans requested by students; however, if you are one of these students, who need to request a loan, you need to do it now. The longer you wait, the more you run the risk of failing to secure the loan in time for tuition deadline increases.

For those of you looking for money, but have taken out the maximum allowance for loans, you are screwed and will have to be extremely resourceful in digging yourself out of the hole you now find yourself in. The fact is that for anyone who didn't secure scholarships their senior year of high school will be left out in the cold after entering college. Most scholarships are awarded to incoming freshman, before they

enter college, for a four-year period. After that point, the majority of scholarship opportunities are blocked off. Most of all the scholarships have already been awarded. GPAs have nothing to do with it. The main thing is that the financial advisers probably aren't going to tell you anything of use.

There are scholarships out there that you can apply for even after you've already begun enrollment. Many of them, however, are major specific. In addition, many of those scholarships require membership to an organization, certain class level, extracurricular activities, etc. if not dependent on a high GPA. The key point is that if you are in a serious financial bind, you're going to have to do some serious, independent searching. No one is going to readily give you forms for scholarships; this is because there really aren't any left. But there are a few out there. Just don't count on the advisers to inform you of them. The best advice you'll get is to search Fastweb.com.

Keep faith through the funks

Yet those who have had no experience with it cannot understand the way that it affects each person differently. It can come in waves and for no reason at all. It can last for months or be brought on by a traumatic experience. One day might be great, the next you may feel unable to pull yourself out of bed. It really just depends on the person's particular degree and nature of the problem.

Depression can be a debilitating disease for many.

There are different shades of depression and varying

types, making it very difficult to tell sometimes what the particular problem is. People are misdiagnosed due to the overlap of certain symptoms with other unrelated problems. Certain patients are given the wrong medication because of this overlap of symptoms. For instance, Manic depression is different from depression in that Manie depression (or Bi-Polar Disorder) is an affliction on one's mood.

Campbell Regardless of the personal situation, depression does not have to keep you down. A brief disclaimer is in order at this point. Now is not the time to cite the latest study or present statistics that speak nothing to what people go through. The

Perspectives

Dave

can relate to people, not numbers. Most of us have heard about the common symptoms associated with depression but what cannot be applied to everyone are the underlying effects of these symptoms. A poorer quality of life and general functionality tends to follow the onset of depression due to complications that arise as the disease becomes more difficult to cope with. Too often it has been apparent that my full potential has been stifled by depression. For too long I tried to ignore the real

main purpose of this is to offer words that hopefully

problem. There is a main distinction that needs to be pointed out in my experience. Some depression only lasts for periods of time depending on events that could have triggered the depression. In my case, that has not been true. The disease has been ongoing since early adolescence and is chronic. So, more than likely this is something that I will continually battle throughout my life. The cause is not of importance here. We are at this point. We've acknowledged that depression is a problem that must be addressed. Now what?

There are more options beyond the myriad assortment of meds that many find themselves being pushed upon the depressed person. I can attest to the fact that there is room for hope in alternate solutions outside of medication. There are natural supplements like Ginkgo Biloba and St. John's Wort. Given time and patience, these supplements can affect a very noticeable change in demeanor as I have experienced.

In addition, there are new technologies and holistic healing options that present preferable alternatives to the old practice that many doctors still swear by: treating their human patients like a rat in a lab experiment. I went through junior and high school moving from one medicine to another until finally I got tired of feeling the side effects of the antidepressants. The one constant I found in these medications was a feeling of losing myself to a prescription that served only to mask the real problem.

On the Web site www.healthyplace.com information is available for some of these new options. New technologies such as neuro-pacemakers will help stimulate critical nerves in the brain and have been tested with full recovery in some cases. Magnetic healing is another option that may present stimulation of specific parts of the brain associated with the origin of depression and anxiety, according to the Web site.

Personally, I have found Reiki — a Japanese healing method — to be a very useful means of promoting healing. Essentially, Reiki is "life-force energy" that is used in the healing of all types of ailments. It is merely one of many holistic methods of treatment that are available. When receiving my initial Reiki treatment sessions I proceeded from skepticism to amazement in the process, as I was eventually relieved of much of the physical and mental pain of depression and anxiety. Reiki is not a cure and I am not cured now. However, the use of this healing art is largely representative of my overall battle with depression. This problem will never go away. I have accepted that. The challenges of depression present a day-to-day opportunity to figure out how to win this internal conflict and fully regenerate that ever-present potential I know is there.

Depression isn't being sad for a week, it is a legitimate disease; not an excuse for feeling down. I have had the pleasure and disgust of dealing with this disease for a few years. Officially diagnosed August 25, 2001, my dad told me he knew ever since I was one that I would have to struggle with depression. When you are depressed, you believe you're alone and nothing can help you out of

I became clinically depressed after my junior year in high school. I had worked so hard in my U.S. History

Perspectives Charles **Bridgers IV**

class, and I was stressed out because of life issues. I remember my senior year clearly, because I didn't do anything. Besides prescribed medication, all I did was sleep in and out of class or watch TV. Every little thing was a struggle to do. I craved sleep

For months I lied around, just waiting for the world to change. No wait, that's John

because I didn't want to think

my love for everything in

and live with my mind. I lost

Mayer's new song. I was waiting for the world to end. I had these weird attacks of paranoia in which I was gripped with fear, afraid of everything that could happen in life. I couldn't think. I was overwhelmed and controlled by sadness and fear. It was impossible to see beyond my small world.

"I was waiting for the world to end... I was overwhelmed and controlled by sadness and fear. It was impossible to see beyond my small world."

That was my first bout with depression. I can't tell you how I got out of it. I just always believed that there was a life beyond depression and that God would get me there if He wanted me to live it. I figured I'd either be a cautionary tale for those who deal with depression or an inspirational tale. As a cautionary tale or a inspirational tale, I accepted which ever way God chose to present me.

Right now I'm getting out of my second bout with depression. I'm back on my medication and doing my best not to skip every class I have. Over the years I've cheated myself out of a good education by getting several FA's on my transcript. While it would be ridiculous to fully blame depression for skipping class, it definitely has played a huge factor in me being a fifthyear junior.

I mainly work on my music to deal with my illness. I am a hip-hop artist and God has given me lyrics that have saved my life. At one point I made the decision to write lyrics instead of letting depression destroy me. Good friends, people I can share my fears and

experience life with, helped me out of depression. Working at The All State has been great as well; nothing cures depression like expressing my feelings and beliefs about things. Last year I was a Resident Assistant at Rawlins Hall and that was fantastic. Extracurricular activities keep me going more than homework. I'm still not quite the student I want to be, but things are definitely looking up. I would be ten times worse today if it weren't for reading scripture and constant prayer to God for better days.*

So in conclusion, my recommendations for escaping depression are God, friends, music, Zelda, Pauly Shore and Dr. Pepper. The only true freedom I've found in my life is struggling to seek God beyond myself. I don't always do it, but I believe it. So America, bless God and the rest will follow.+

The Naughty and Nice list

The last edition of the year can only mean one thing, it's time once again for my annual "Naughty And Nice" column. So, put that nasty tasting candy cane down for a second, halt your re-gifting of that fruitcake you're planning to give to Aunt Betty and consider yourself forewarned (kind of like an "Inconvenient Truth" but somewhat less dire):

Politically Speaking Dr. Greg Rabidoux

Coal in their Stocking: Judith Regan and Rupert Murdoch-She'll publish anything, He owns virtually all things media. Together they conspired to suit the "Juice" up for one last run for glory. But a funny thing happened just as

they broke

Nothing but

huddle and were about to make this dastardly call on the American public. They all got booed. And then benched. There will be joy in "Whoville" after all. And a little less pain in the Brown and Goldman families. Somewhere a candle of thanks was just lit for the two candles snuffed out by Simpson some 12 years ago.

The guy who confessed to being Jon Benet Ramsey's killer: Does it really matter his actual name? This guy was so cartoonish and stereotypically the "real" killer" that it was almost unbelievable from the start. Single, 30ish, alienated, white, obsessed with children, a supposed link to the Ramsey family, hiding out in Bangkok, alleged e-mails professing his creepy love to Jon Benet....just exactly where had this obviously guilty loser been all these years? Well, turns out it actually was too good to be true. He's not the one (neither is Keanu), despite his lurid "fantasy" confession. Another high profile murder case remains open and (unlike Simpson) the real killer remains unidentified and at-large. At least this innocent "loser" got to feast on shrimp and slurp down complimentary champagne on his "person of interest-taxpayer paid" flight from Thailand to Colorado. Gee, all I ever get is a glare and a "No" from my flight attendant if I ask for a bag of "free" peanuts. Airline Flight Attendants: For obvious

reasons. Mark Foley: He was a very naughty publicly elected guy who pretended to be nice. Wonder if he and the former Rev. Ted

Haggard are swapping stories (spit?) in

rehab. Can one truly be rehabbed having been so naughty?

Sportscasters who say "Oh, by the way" at the end of their update and "pretend" to have forgotten to share what was the real significant detail of their story. As in "Barry Bonds struck out and had an infield hit ... and, Oh by the way, he also confessed to taking steroids."

Barry Bonds. And cheaters everywhere who just cannot come clean. And, oh by the way, Mark McGwire, all the weights and protein shakes in the world didn't make you that unnaturally large. Gee, just how did "Hammering" Hank Aaron do it all those years? That's right, maybe there is still a place in professional sports for undeniable, natural talent.

Couples who chose being naughty over being nice: Britney Spears and soon to be ex-hubby K-Fed. My wish to K-Fed is please stop "rapping" or whatever it is you call the noise you make into a microphone, cease and desist from selling you and your soon to be ex-wife's sex tape on the Internet and perhaps see the former trainer for

Barry Bonds if you keep insisting on wearing muscle shirts with no apparent muscles. Holiday wish to Ms. Spears: Please find your panties. And soon. Pamela Anderson and "Kid Rock" They

were married four times since just this past August. Apparently, each marriage represented one month of wedded bliss, because just four months later they are untying this most unholy of knots. At least they'll always have their memories and like any married couple-such memories stored on video. Of course in their case, hers is a rather enthusiastic sex tape with her previous hubby Tommy Lee and the "Kids" is an equally rapturous and explicit tape made with his male buddy and Creed bandleader. And, oh by the way, a female stripper was also involved. Aren't they always?

"Holiday wish for Ms. Spears: Please find your panties. And soon."

Plastic Surgeons who provide vanity operations (like breast implants) on girls between the ages of 12 to 17. Fashion mavens, celebrities and

Hollywood producers who seem to believe that an optimal size for a woman is "0" and that girls (and women) all need breast implants regardless the age or risk. Is there such a thing as forced liposuction without anesthesia? If so, add these naughty elves to my list and attach such a hose accordingly.

Naughty and Just Strange Politicians (and others): John Kerry: Has too much "Heinz 57" sauce affected his brain? Perhaps he should just stick to windsurfing during a presidential campaign after all. How's that 'regular guy" image coming along Senator Moneybags?

Dick Cheney: For shooting your best buddy instead of innocent little animals, for saying evidence about WMDs is "incontrovertible" when such photos may have been of condos in L.A. for all I know and for implying that criticism of your beliefs is akin to "aiding and abetting" the enemy when it's more akin to engaging in constitutionally protected speech. I'm still on the fence if having an openly gay daughter actually can "square" with serving a president and party seemingly hell-bent on ensuring all gays and lesbians remain, arguably, second-class citizens, but since Sen. Kerry brought this one up once and (predictably) fumbled it, I'll take a pass. For

Michael Richards (and any comic who uses racism for "good" or evil): Stop denying you're not racist and seek to learn why and then seek to purge. There are naughty people everywhere and their skin color simply won't provide explanation, justification or cause. So stop looking for skin deep explanations. The answers lie much deeper.

Finally, a moment of thanks: To heroes everywhere. From wearing a uniform to hugging your kid, to going to class when it's easier to just say no to education, to teaching when it's easier to accept a seemingly closed mind. To questioning power when it's easier to simply agree. Peace. Love. Out.

In the Line of Fire!

affirmative action is at all needed in today's society. Isn't equality the aim of civil rights efforts? Equality does not mean preferential treatment.

It hurts me to see that President Hoppe would take advantage of her position and power to get her message across. She utilized her access to send out a mass e-mail to all faculty and students and not everyone has the ability to do this.

In response to Jessica Nobert's article titled "Happy Holidays, but not to that guy": On the Nashville radio station, 107.5 The River, they play a song that is inclusive of all holiday's. The title is: "Hana-kwanza-hindu-mas". It's rather funny.

For the love of everything that is holy, everyone please stop citing Wikipedia as a credible source.



then made comments regarding only one ethnic group. Does anyone see the irony here?

THE ALL STATE is not an official

publication of Austin Peay State University. The views herein do not necessarily reflect those of The All State, Austin Peay State University or the Tennessee Board of Regents.

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Letters to the editor

should be e-mailed as

a text only document or as a Word document including the author's full name, address and telephone number (plus major and class if applicable). All letters will be checked for authenticity. Letters should be received no later than 4 p.m. on Friday of each week for it to be considered for publication. Letters may be edited for clarity and grammar.



In the Line of Fire! is an open forum for your perspective to be heard. It gives opportunity to express what you think in a short, sweet and anonymous way. Readers are encouraged to speak out for or against any issue desired, no matter how random it may seem.

I am personally fed up with the idea that

I received President Hoppe's e-mail on Friday regarding diverstiy. I found it rather comical when she stated that she brought up the issue diversity to the Tennessee Board of Regents and



MORE USED BOOKS

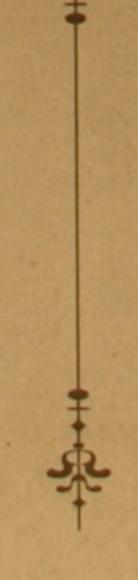
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Features

WEDNESDAY, DECEMBER 6, 2006, PAGE 5

THE ALL STATE

Peay on the Edge

pave drops a few lines: Here's hoping

everyone has a safe and happy Chrismahanakwanzaramaka. in this time of holiday cheer let's remember that there are other celebrations taking place besides those of the traditional Christmas celebration. Those responsible for decorating the Clarksville Riverwalk would do well to bear this in mind.

Quote o' the day

Happy holidays!

Lovelsa snawmobile acing across the undra and then suddenly it flips over pinning you underneath. At night, the ice weasels come."

Matt Groening "Life in Hell"

-www. quotations page.com

This day in history 1921:

The Irish Free State, comprising four-fifths of Ireland, is dedared, ending afive-year Irish struggle for independence from Britain, Like Monomous nations of the former British Empire, Ireland

was to remain part of the British Commonwealth, symbolically subject to the king. The Irish Free State later severed ties with Britain and is now called the Republic of

-www.history COM

Ireland.

Not so deep thoughts

If you don't know the what, how can you know the how? If you don't know the how how can you know the why?

Word o' the week

machination mack-uh-NAYshuhn; mash-\ noun: 1. The act of plotting. 2 A crafty scheme; a cunning design or plot intended to accomplish

-www. dictionary. com

end.

Contact info Dave Campbell Features Editor

some usually evil

-allstatefeatures @apsu.edu



Billy Womble, junior health and human performance/physical education major is working his first semester in the office of Student Life and Leadership. The office is merely one of the many departmental jobs occupied by student workers on campus.

Opportunity not lacking in student job needs

By A.J. DUGGER Staff Writer

There are plenty of on campus jobs at Austin Peay State University. "We consider students part of our staff. Our students work really hard for us," said Donna Price, director of Student Financial Aid and Veterans Affairs.

As a matter of fact, the need for student workers is always present. There are two different kinds of on-campus

There are work-study and general campus jobs. The process of finding a work-study job is relatively simple. To apply, a student should go to the financial aid office to see if they receive federal aid. If so, then that student can apply for different work-study positions that pay for schooling or scholarship.

The money is paid by the government. According to the APSU Web site a student can only work for two departments at one time.

Leah Downey works in the Morgan University Center, and she gets paid in two different ways."I work five hours for my scholarship, and then another 15 on student payroll," said Downey, a sophomore whose major is currently undecided. Downey is an information desk worker in the U.C.

"I answer the phone and help direct people around campus. I applied for the job because it was the only place open late enough for me to complete my scholarship hours," she said.

Cassidy Leming, a junior accounting major, has been employed by a workstudy job for the past two and a half

years. "I monitor the computer lab and I tutor students, usually in DSP math classes," said Leming, who works for Trio Student Support Services.

Another work study employee is Danielle Wilbur, who works in the Career and Advisement Center. "I have to work 75 hours per semester," said Wilbur, a sophomore psychology major. Various departments seek to employ student workers, and for a variety of different reasons. "We file things, and set appointments. We're kind of like a

while others may pay from \$8.50 to the job duties.

special occasions. The only way that amount can increase is if the APSU of students who work these jobs may vary. There are some people who, for work a work-study job until their upperclassmen years.

college, enabling freshmen to easily find a job. Some people retain their workstudy jobs for most of their college careers. But general campus jobs are also quite popular these days. General campus jobs are the jobs that actually pay the students checks, and it doesn't involve any financial aid. However, the pay differs greatly with this kind of job.

"There are two levels of general campus workers. Level one gets minimum wage, while level two is negotiable by the department that employs you," said Enrica Albaro, a junior foreign language major who

Most students with on-campus jobs, whether work study, or general campus, are sufficiently happy and satisfied with no heavy lifting, back breaking work that leaves employees sweaty and hating their jobs.

"It's a nice way of meeting new people," said Angela Engelhardt, a senior psychology major. Engelhardt works for the office of the dean of the College Arts

Opportunities arise often enough because of departments being understaffed, or students who are graduating or leaving their positions in some way. Price said job availability varies by departmental needs and the availability of federal funds. "The department sends requests to us," Price

"What is your game plan when preparing for finals?"

"I eat a lot of Triscuits and pull allnighters before tests. I don't reccommend



Emily M. Ellison Sophomore Interdisciplinary Theatre/ Communications

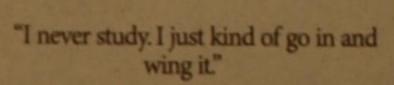


"Get lots of sleep, because if you are sleep-deprived you won't do well."

Theatre Performance

Whitcomb-Oliva

Junior





Elizabeth Crandall Sophomore Education



Carly Hatcher

Junior

History

"Make to-do lists. It makes me feel accomplished to check off stuff on my

"I don't do anything. I just pay attention all semester and remember

[the material]."



Matthew Sears Freshman Computer Science



"Drink a lot of coffee and Red Bull. I'll also be in the library a lot."

Luke Collier Freshman Accounting

"Studying makes me do bad. I do

better when I don't study and just go off

of memory."



Jeremiah George Freshman Computer Science



"I just study the night before and hope I do well"



Education

"I stay up all night drinking coffee. I do a lot of work on the weekdays and save the weekends for

stress-free things."

Stephanie Elder Senior

Public Relations



"I put everything into acronyms so I can remember. It makes it easier."



Eric Bolin Junior Economics

guidance on holiday displays through the

secretary," said Wilbur. Hourly rates and money income differ

depending on the job said Debbie Shearon, secretary for the dean of the College of Arts and Letters A lot of work-study jobs pay \$5.50 or so an hour, \$9.00 maximum an hour, depending on

However, according to the Web site the maximum rate is \$12.00 an hour for executive committee allows it, but it all depends on the circumstances. The rate some reason or another, choose not to

"It's hard to find a freshman with the work ethic of a junior," said Shearon. Still, student workers have been helpful to her. "Tve had wonderful luck with student workers," she said.

Scholarships may be offered to high school seniors who are about to enter

works in the Hispanic Cultural Center. their jobs. Actual work is required, but

It is also one way of paying one's way through school, or getting a nice check to have money in the pocket.

'Tis the season for disputes over American holiday observances

Associated Press

Colored lights, Christmas trees and menorahs are brightening town squares, but the legal landscape for such displays remains murky.

Some schools are also wrestling with how to incorporate elements of Christmas, Hanukkah and Kwanzaa in their classrooms, assemblies and hallways.

The best advice from experts: honor the year-end traditions of different religions without endorsing a particular ideology. The season often spawns lawsuits

around the nation regarding religious symbols on government property and in public schools.

Displaying a creche or singing Christmas carols have all been the subject of court fights over whether they violate the constitutional prohibition against mixing government and religion.

Some clashes have already arisen: . The manger is empty at the Festival of Lights at St. Albans, W.Va., this year, with no figures representing Jesus, Mary or Joseph. Mayor Dick Callaway said the park superintendent was unnecessarily concerned about possible lawsuits over violating the boundary between church .

· Southfield, Mich., decided to exclude a menorah from its holiday display after being approached about displaying a creche. The city-owned, \$750 menorah has been part of the display in the Detroit suburb for the past three years, but will be kept in storage now that the city's attorney learned that the religious symbol was

purchased with tax dollars. The display will feature toy soldiers, a deigh, a snowman, a lantern, grazing deer, a Christmas tree and a dreidel.

. Chicago city officials prevailed on the German American Chamber of Commerce to dump the movie studio behind "The Nativity Story" as a sponsor of a downtown Christmas festival, concerned that ads for the film would offend non-Christians browsing in the Christkindlmarket.

In New Jersey, town officials seek lawsuit, which claimed the Monmouth County township's display was an

state League of Municipalities.

The league's lawyer, Deborah M. Kole, said there is no "magic bullet" that will automatically prevent lawsuits.

"The basic thing with the issue is that the state cannot appear to be promoting one religion over another. But within that general principal, there's a lot of wiggle room," Kole said.

For example, league officials noted the U.S. Supreme Court has reached different decisions regarding Ten Commandments.

In June 2005, the high court struck down Ten Commandments displays inside two Kentucky courthouses and a second that allowed a 6-foot granite monument to remain on the grounds of the Texas Capitol

The court said the key to whether a display is constitutional hinges on whether there is a religious purpose behind it.

The state League of Municipalities offers this guidance: "Municipal holiday displays that are limited to more secular images, like Santa Claus and Christmas trees, are likely to survive constitutional scrutiny, However, it is still unclear under what circumstances more religious symbols, like creches, menorahs, or in related cases, copies of the Ten Commandments, may be displayed by a municipality or on municipal property."

Many of the league's suggestions stem from a case in which Jersey City's holiday display prevailed over a challenge from the American Civil Liberties Union after a fiveyear seesaw tour through several federal courts in the late 1990s.

Jersey City, the state's second-largest city, argued that the constitutional separation of church and state does not require that government discriminate against religion. The U.S. 3rd Circuit Court of Appeals

said that by including plastic figures of Santa Claus and Frosty the Snowman, the city had provided sufficient secular content to keep the Christmas nativity scene and Hanukkah menorah on the constitutional side of the law. In 2000, Wall defeated another ACLU

Like Jersey City, Wall used public money for a display in front of its city hall. Both towns use that space for a variety of

unconstitutional endorsement of religion

by government.

displays throughout the year, in honor of religious and secular holidays. You have to embrace all aspects of your

community," Wall administrator Joseph L. Verruni said. Its winter holiday display this year will

included a tree, menorah, poinsettias, Santa and Frosty the Snowman. A national Muslim group said it had not received any complaints about displays this

season and supports them as long as all

faiths can be represented when their

holidays arise. "In schools, if it's student-initiated and students of all faiths have access to a bulletin board or display case, we have no problem with it," said Ibrahim Hooper, a spokesman for the Council on American-

Islamic Relations in Washington. Although holiday display lawsuits often involve a complaint that religion is being promoted, a pending lawsuit involving a school district asserted that religion is being excluded.

The 3rd Circuit in October reinstated a lawsuit filed by a parent who charged that the South Orange-Maplewood School District was violating the constitutional rights of his children by barring religious music.

Like the League of Municipalities, the New Jersey School Boards Association, which represents over 600 districts, cannot provide ironclad rules. "Schools can't promote religion or inhibit religion, but it's not so, cut and dried

as saying 'no religion in school,' or 'no

Christmas in school," said association spokesman Michael Yaple. He said most schools, as part of their educational program, have Christmas carols as well as music for Hanukkah and

Kwanzaa. "I think what you're seeing now is more of a change in philosophies, for allowing more inclusion," Yaple said. +

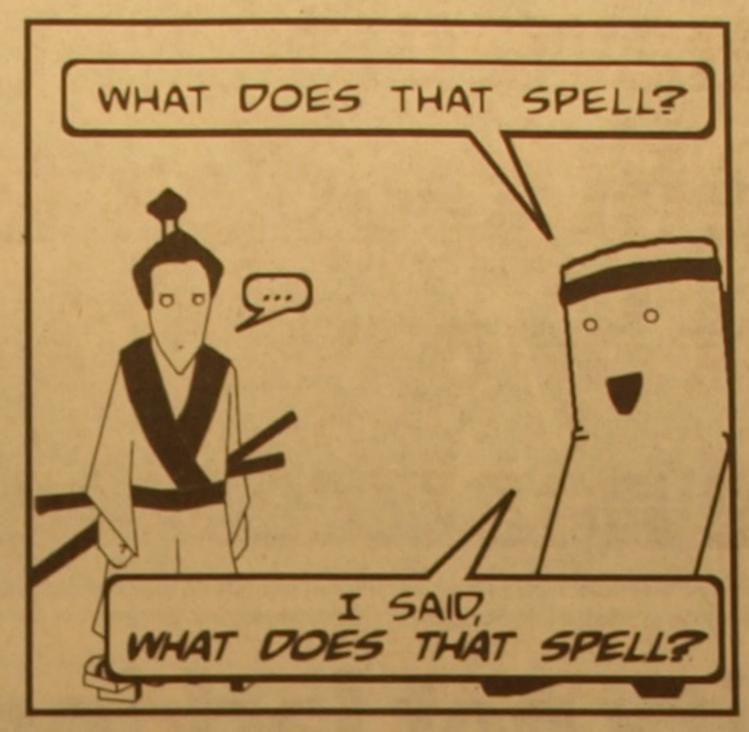
Comics

WEDNESDAY, DECEMBER 6, 2006, PAGE 6 | THE ALL STATE

SHOGUN AL CARBON



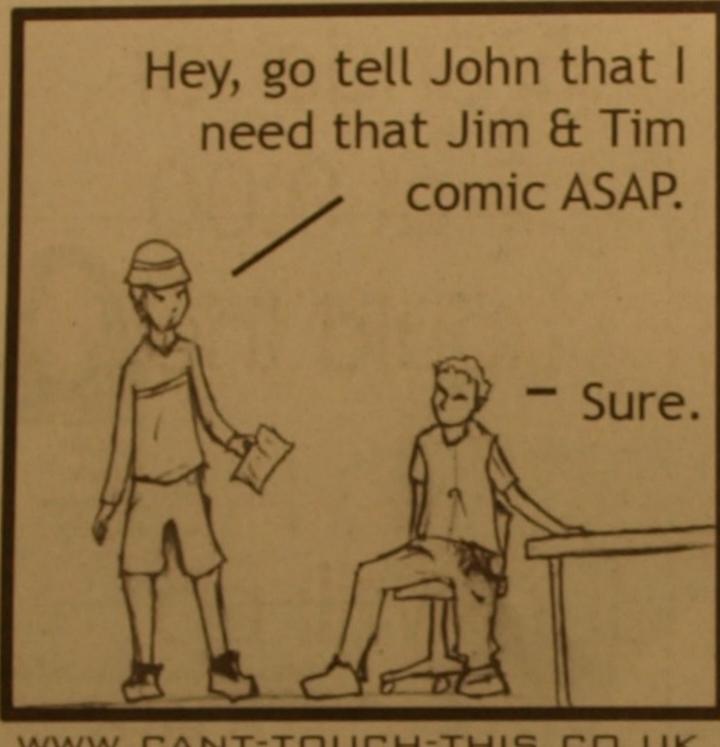
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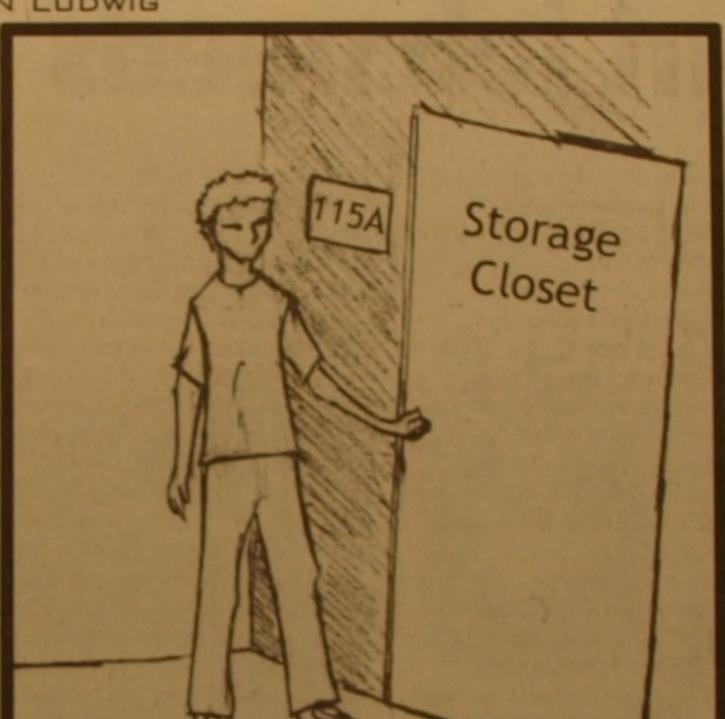
by R. Dustin Kramer



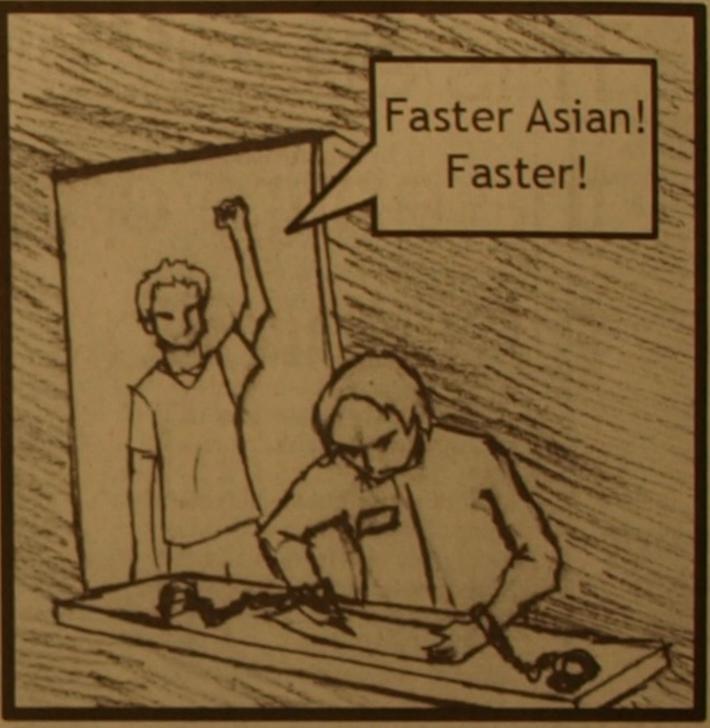
JIM & TIM WEEKLY BY JOHN LUDWIG



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OFFICE EDITION

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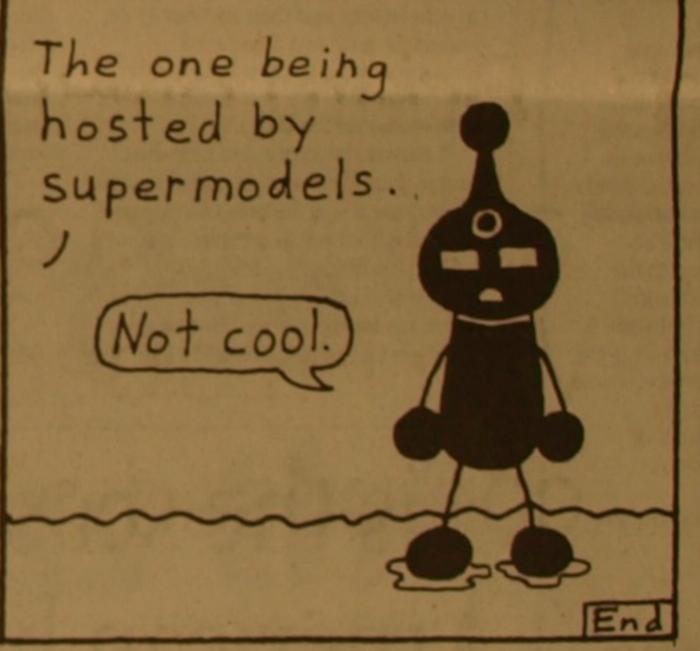
BEFORE AND AFTER



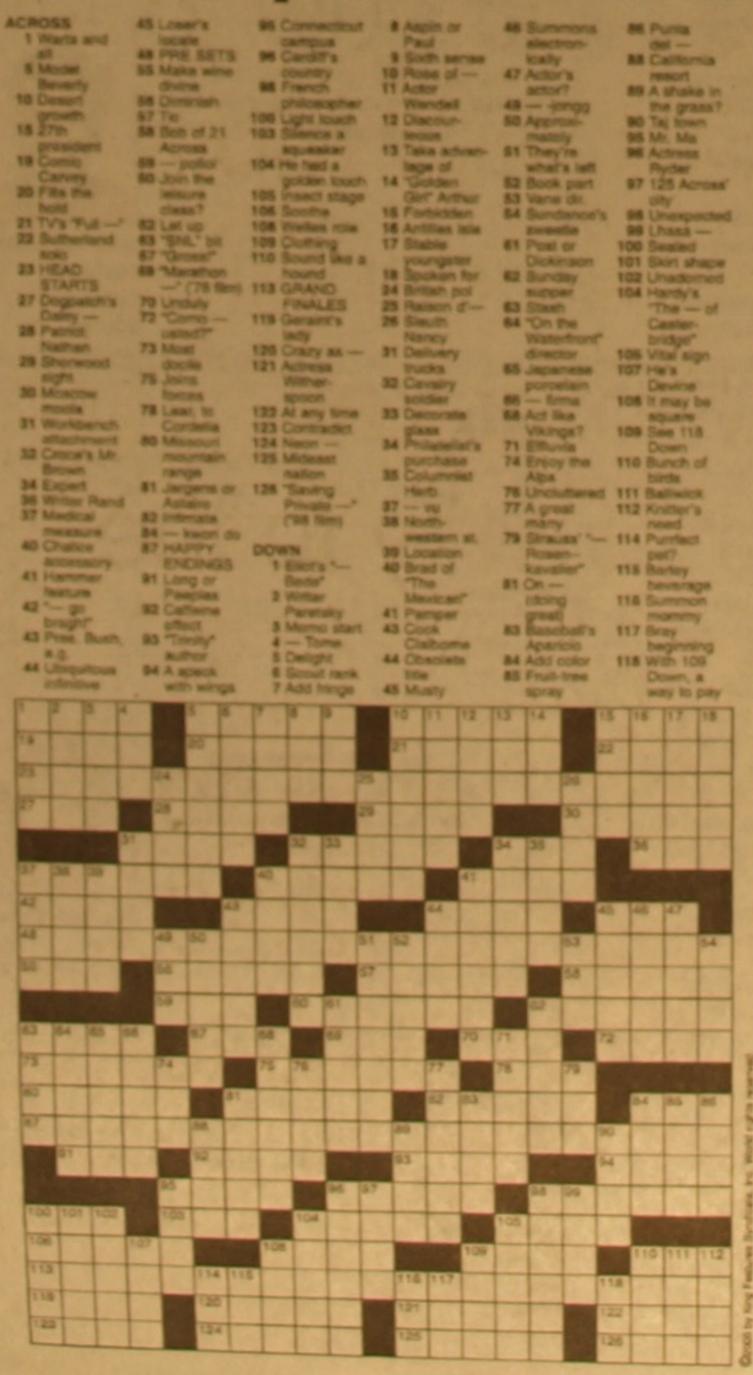
Have fun. I'm going to the party next door.



by Jennifer Otto



Super Crossword



Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ***

★ Moderate ★★ Challenging *** HOO BOY!

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Do you support Austin Peay State University increasing its energy and usage of renewable energy in order to benefit your health and environment by paying a Renewable Energy Fee not to exceed \$10 per semester?

This question will be placed into referenda for the entire campus to vote on Jan. 22 at 9:00 a.m. through 11:59 p.m. Jan. 25. Should the voting student body approve (50 percent plus 1) then the results of this referendum will be brought forth to the President's cabinet. Should it pass, it will be taken before the Tennessee Board of Regents for final approval. Upon approval, a committee will be formed by the Vice President of Administration and Finance composed of seven people to determine the amount of money to set the Renewable Energy Fee (not to exceed \$10) and how to allocate said fee. Should you have any more questions please refer to the Student Government Association Web site at http://www.apsu.edu/sga or refer directly to the legislation at http://www.apsu.edu/sga/SR%207.doc. The

http://www.apsu.edu/sga/SR%207.doc. The counting of the vote will be Jan. 26 at 12:20 p.m. in UC 305. All students are welcome to attend this meeting.

Sports

WEDNESDAY, DECEMBER 6, 2006, PAGE 8 |

THE ALL STATE

ASSOCIATED PRESS Titans' kicker Rob Bironas celebrates after nailing a 60-yard field goal for the win.

Titans get first victory over Colts since 2002

Rob Bironas' 60-yard field goal seals teams' fifth win

> By TERESA M. WALKER Associated Press

Rob Bironas stood at midfield with his family, taking lots of pictures and putting his toe to the ground near midfield.

He certainly deserved to celebrate. Only 90 minutes earlier, Bironas capped another magical comeback for the Tennessee Titans with a bit of NFL history for himself Sunday by kicking a 60-yard field goal from that spot to beat the Indianapolis Colts 20-17.

It was Bironas' second consecutive game-winning field goal and his second of the game. He also became the sixth kicker in NFL history to connect from 60 yards or better _ even though he said he needed every bit of wind to carry the ball over the

"I let the wind take it the rest of the way," Bironas said.

With that kick, Bironas kept the Colts (10-2) from clinching a fourth straight AFC South title and snapped Indianapolis' 12game winning streak inside the division. He also capped off a rally from a 14-0 deficit, the Titans' second straight comeback

against a quarterback named Manning. The Titans (5-7) posted the greatest comeback in franchise history last week in rallying from 21 points down to beat Eli Manning and the New York Giants. It also tied the second-best comeback for the final 10 minutes of an NFL game.

Tennessee didn't wait that long this time. The Titans started by scoring 10 points just before halftime, then intercepted Peyton Manning twice and kept the ball away from the NFL's two-time MVP for all but 12 minutes, eight seconds in the second half.

This is a great win, a great win for everybody," said Titans coach Jeff Fisher, who has won five of his last seven games.

Both Bironas and his holder, punter Craig Hentrich, begged Fisher for the chance to attempt the 60-yarder. A miss meant Manning got the ball again. Both Fisher and Colts coach Tony Dungy used their last timeouts before Fisher settled on letting Bironas kick away.

Colts kicker Adam Vinatieri, who had tied the game at 14 with a 20-yarder with 2:38 left and knows a thing or two about pressure kicks, called it impressive.

"It was a cold and windy day. That was a great kick. Fantastic. Congratulations to him and his team. Unfortunately, it came down to that," Vinatieri said.

Tennessee only had to kick off. With 7 seconds left, the Colts ran out the clock tossing the ball around trying to pull off their own miracle. Instead, they left with their fifth loss in their last 37 games and forced to try and clinch a record fourth AFC South title on the road in Jacksonville

"We're winners," Colts linebacker Cato June said. "We never like to lose. When you don't play well, that's disappointing, especially in a championship game when

you're trying to win the division." The victory was especially sweet for the Titans, who had lost seven straight to Indianapolis and Manning.

"It's good to go against the block bully" and win, said Titans linebacker Keith Bulluck, who had one of the interceptions.

Vince Young ran for 78 yards and threw for 163 yards and two touchdowns, including a 9-yarder to Brandon Jones for a 17-14 lead early in the fourth quarter that

was the Titans' first of the game. Indianapolis had receiver Brandon Stokley back for the first time since he hurt his knee on Oct. 8, and though he only caught one pass for 8 yards, he allowed the Colts to put three wide receivers out most

of the game. Manning threw for 351 yards, and the Colts outgained Tennessee on offense, 451 yards to 382. But the Titans ran for 219 yards and made the key stops when it mattered most.

Indy had first-and-goal from the Tennessee 1 with 4:25 left and had to settle for a field goal. The key came when tight end Ben Utecht was called for pass interference before hauling in what would have been a TD catch.

Dungy asked for an explanation but didn't hear enough to understand the call. We allowed them to get back into it," Dungy said.

Lady Govs' surge ensures win



Junior Kellea Reeves defends Tennessee Tech's Marissa Hensley. Reeves posted 12 points and two blocks while grabbing six rebounds in the contest as the team's second-highest scorer behind freshman Jackie Goetzke, who posted 14 points.

38-point second half seals victory over Tennessee Tech in OVC home opener

By MARLON SCOTT Staff Writer

The Austin Peay State University women's basketball team faced its first Ohio Valley Conference opponent, the Tennessee Tech University Golden Eagles at home Saturday.

Before the game, Lady Govs head coach Carrie Daniels encouraged the team to forget about its record and focus on the

conference opener. "Yes we're one and five, but we can't think about that," Daniels said. "The slate's

wiped clean and this is what it's all about." The Lady Govs responded to Daniels

and sent a message to the rest of the OVC by defeating the Golden Eagles, 66-57. Aggressive defense defined the play of both teams. The two teams spent most of

the game in an active full-court press that had hands waving, shoes squeaking, and bodies colliding. The sound of players shouting "Ball" and "Screen" echoed throughout the court and was second in volume only to the screeching sound of referees' whistles.

Senior guard Kendall Cavin led Tennessee Tech in the first half with eight points. Cavin converted a key three-point play in an 8-0 run that gave the Golden Eagles their biggest lead in the game, 19-12, with 10:23 left in the first half.

APSU senior guard Saundra Hale responded with a shot from downtown. Hale's short jump shot on the next possession cut the lead to four. Hale was one of five Lady Govs who scored at least 11 points in the game.

The Lady Govs made some changes in their starting lineup. Freshman forward

Jacki Goetzke debuted as a starter and junior center Kellea Reeves played off the bench.

Goetzke and Reeves adapted well to their new roles. Together, they made a fivepoint run that brought the Lady Govs within one point of the Golden Eagles, 23-22, in the first half. Reeves scored the last points of the half for the Lady Govs off an assist from junior guard Ashlee Mcgee who stole the ball under the Lady Govs' basket.

Junior forward Cara Reed scored 10 of her 16 total points in the second half for Tennessee Tech while also leading the Golden Eagles defensively with five rebounds, two steals, and one block.

Goetzke certainly made a strong first impression as a starter, missing one shot in the game while leading the Lady Govs with 13 points.

When I saw the open shot, I just took it," Goetzke said. "I don't really think about it; I just shoot."

When the Lady Govs wrestled the lead from Tennessee Tech in the second half, they protected it with consistent offense and defense. They Lady Govs shot 46.5 percent while Tennessee Tech posted 34.8 percent from the floor in the game. In addition, the Lady Govs made 11-of-12 free throws in the last two minutes of the game and out-rebounded the Golden Eagles, 23-9, in the second half.

Despite playing off the bench, Reeves contributed the APSU's overall effort with 12 points, six rebounds and two blocks.

"I feel like we finally put two and two together, defensively and offensively," Reeves said. "Tonight, everybody put everything together and it came out well."+

Governors upset Tech



KEITH DORRIS/ DORRIS PHOTOGRAPHY Sophomore forward Drake Reed is surrounded by Tennessee Tech defenders as he reaches for a rebound during the Govs' win over Tennessee Tech last Saturday. Reed led the

APSU defense stifles preseason No. 3 Golden Eagles

By MICHAEL KELLUM Assistant Sports Editor

APSU offense with 21 total points while point guard Derek Wright chipped in 17 points of his own.

Coming off an ugly win against Tennessee Wesleyan, the Austin Peay State University men's basketball team was looking to show everyone it was better than it was.

Ohio Valley Conference opponent Tennessee Tech witnessed first-hand how good APSU was Saturday night as the Govs knocked off the Eagles, 77-70.

"We hadn't performed real well before tonight," APSU head coach Dave Loos said. "We played well defensively, and that's really where it starts for us. We had good practices leading up to this game and just executed offensively."

APSU forced the Golden Eagles to commit 13 turnovers while pulling down 25 defensive boards compared to Tech's 19. The first half was a close battle between both teams

with neither one falling too far behind, matching each other score for score. By halftime, the Govs had extended their longest lead of the night to 39-29. Sophomore Landon Shipley led the Govs in scoring at the half with eight points and

J.P. Felder had three blocks as APSU shot 53.3 percent from the field. "Coach told us before the second half got started that we still had another half to play and to just keep the

intensity up," junior point guard Derek Wright said. The Govs did exactly that, coming out with the same intensity that gave them the lead, but the Golden Eagles did not fly away so easily.



Junior point guard Derek Wright sets up APSU's offense during the team's win over Tennessee Tech.

APSU ran the lead up to 14 points with 12:37 left to play, but Tennessee Tech scored seven straight to cut the lead down to seven.

With 36 seconds left, Tennessee Tech pulled within three points of the Govs before fouls and converted free throws by APSU sealed the victory.

"We came out and executed well tonight," Wright said. "We still have a long way to go, but were getting it together. I felt like I wasn't having a good season, so I had to step it up."

Drake Reed led the Govs in scoring with 21 points, while Wright and Shipley added 17 and 13 points, respectively.

The Govs shot 51 percent from the field and 75 percent from the free throw line during the contest. Tennessee Tech guard Anthony Fisher posted 35 points, but the Govs held the Golden Eagles other scoring threat, Belton Rivers, to eight points.

"It feels good to get this first OVC win out of the way," Loos said. "We came out ready to play, and I think these two wins will help in our confidence. We defended their best players well tonight."

Loos said he thinks Reed is starting to emerge as one of the leaders on the seniorless squad of players. "He made some big pressure shots tonight, not

forcing many things, including shooting 9-of-9 from the free throw line," he said. "He was good tonight." "At halftime, I told him to try to get to the free throw line more because that would open him up for more shots. He listened, and he did well," Wright said.

The Govs next opponent will be rival Morehead State on the road in Kentucky on Thursday. "This was just one game, and we have to take it one

game at a time," Loos said. "Now we have to go on the road, and that's going to make it a little bit tougher."+