

Govs and Lady Govs basketball finish the season in Coming Home games, 7



Wednesday, March 6, 2013

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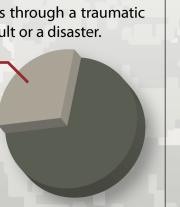
Soldiers face tough challenges at home

Screening of Frontline's "The Soldier's Heart" raises awareness of PTSD on campus.

What is **PTSD**?

Posttraumatic Stress Disorder (PTSD) is a mental health problem that can occur after someone goes through a traumatic event like war, assault or a disaster.

29 percent of veterans receiving VA health benefits have been diagnosed with **PTSD.**



Sources:

-"Mental Disorders Among OEF/OIF Veterans Using VA Health Care: Facts and Figures". Erin Bagalman Feb. 4 2013. --ptsd.va.gov Accessed March 4, 2013 --Justin Machain, Military Student Center Coordinator

» By BRITTANY HICKEY

Staff Writer

More than 10 percent of APSU's enrolled students are veterans of the military, not even accounting for the active duty soldiers and members of the reserves. The Military Student Center had that demographic in mind for the Friday, March 1 screening of PBS's "The Soldier's Heart," a documentary from the Frontline series.

What classifies a traumatic event?

Witnessing a death or injury Accidents Combat Natural Disasters

Individuals with PTSD may have

Elevated risk of mood, other anxiety, and substance abuse disorders Greater functional impairment Reduced quality of life Elevated risk of poor physical health

At least **10** percent of APSU students are veterans. (This number does not include active duty military and members of the reserves)



GRAPHIC BY DAVID HOERNLEN | ONLINE EDITOR

"The Soldier's Heart" was shown twice Friday, March 1 in the UC ballroom, with the Military Student Center coordinator, Justin Machain, hosting the event. The film explores the psychological effects of combat on the soldiers in the Iraq war.

Before the film began, Machain gave a short introduction and explained that post-traumatic stress disorder is an anxiety condition that usually happens after a traumatic event. However, for the purposes of the film and the Military Student Center, Machain focused on those who acquire the disorder as a member of the military in combat.

"I think that unless you have personally been either through it, like firsthand experience, or with a loved one – family member, spouse – I think it's hard to understand what that person may be going through," Machain said. "Not only that but service members themselves may not understand that what they're dealing with is actually a disorder."

CONTINUED ON PAGE 2

Physics student chosen to study at CERN lab

» By FAITH JOHNSON

the world's largest and most powerful particle



Senior theatre performance major Rafael Tillery performs his solo dance piece "Rainbows Aren't Black...?" during APSU's seventh annual spring dance concert. This year's showcase featured various styles, with choreography ranging from contemporary to ballet to

Guest Writer

APSU physics junior, Chris Hayes, is getting a very rare opportunity to travel to Switzerland to study at the European Organization for Nuclear Research's Geneva laboratory also called CERN.

Hayes was named as one of the students in the team with the University of Michigan Research Experience for Undergraduates program, which is highly competitive. The opportunity is rare, with only 10 to 12 students from the United States being able to attend. By being named to this team, Hayes will be traveling to Switzerland to work at CERN.

"I will be performing research into the underlying structure and interactions of matter, specifically in the field of high energy particle physics," Hayes said. "I hope to participate in the search for theorized particles and their interactions, be it in quark-gluon plasmas or the search for new physics at high energy."

Once the research contracts are given out in March, exactly what Hayes will be doing and with who, will be more concrete.

CERN houses the Large Hadron Collider,

accelerator. The LHC is the most recent addition to CERN's complex of accelerators, having been added in September 2008. Essentially, the LHC throws particles at each other at high speeds to study what will happen when they collide.

While Hayes is at CERN, he may be paired with a research studies group, a theoretical studies group or an experimental studies group. Which group he will be paired with has not been decided yet, although, each group has tremendous opportunity.

In both the research and theoretical studies groups there are projects and data that will be observed, sorted through and analyzed. In the experimental group, a unique opportunity presents itself because of the Long Shut Down that started on Feb. 14. Hayes said the shutdown should allow him to help upgrade some of the main detectors and also see the inner workings of the LHC firsthand.

The Long Shut Down, as CERN named it, will last about two years while the accelerators on site are upgraded and maintenance is performed.

CONTINUED ON PAGE 2



Junior physics student Chris Hayes was selected for a rare opportunity to study in Switzerland at the European Organization for Nuclear Research's Geneva laboratory. JOSH VAUGHN | PHOTO EDITOR



SEE THE FULL STORY IN FEATURES ON PAGE 5

APSU hosts workshop for job seekers

» By CHASETON DONAHOE Staff Writer

The Tennessee Department of Labor and Workforce held a career development workshop in the APSU African American Cultural Center on Wednesday, Feb. 27.

It was a chance for people seeking employment opportunities to discover new techniques for searching for available jobs and primarily consisted of a series of examples and descriptions of the best ways to secure a job.

Many tips were given at the event from three speakers. The first two speakers, Wayne Simpson and Tyrone Parker, were marketing workers from the Department of Labor and Workforce. They help match people with available jobs by contacting employees regularly to find which positions are best for each individual. The last speaker was the department's career advisor, Michele Lowe.

All three speakers provided detailed examples of the best ways to set oneself apart in terms of appearance and behavior.

"People don't realize that before they go get a job, there's a process they have to go through," Simpson said. "When I get a résumé, the first thing I do is say, 'when can we meet?"

For the interview process, dressing appropriately is a huge concern. Simpson made

the point that in an interview, "Your clothes should never speak before you do."

Two short skits were performed, one detailing what not to do during an interview, and the other detailing what one should do. These were focused primarily on dress and behavior.

Lowe explained, "Even if you are just picking up an application, dress to get hired right then." She stated that the most important thing to keep in mind was that, "It's not about you. It's about revenue, about how much you can make the company."

The last point made was that it is often the little details that can make or break your chances of getting hired. Attention to detail means much more than you think. Two people can have the exact same credentials, but a small detail out of place that the employer notices may make all the difference.

A person has to speak once the interview starts. At that point, job applications and résumés no longer matter; what matters is whether one can speak. Something small may be what sets a person apart from the competition, and those will be noticed, because as Lowe noted, "Someone's always watching."

The Tennessee Dept. of Labor and Workforce helps job-hunters discover new tactics and learn new skills, while they assist individuals locate employment opportunities in the future. **TAS**

'Sequester' impacts Fort Campbell

» ASSOCIATED PRESS

FORT CAMPBELL, Ky. - Fort Campbell's garrison commander said on Thursday, Feb. 28 that the installation's 8,000 civilian employees could face up to 22 unpaid days off this year.

Col. David L. "Buck" Dellinger told reporters that the unpaid days are needed to offset at least \$55 million in budget cuts scheduled to hit the home of the 101st Airborne Division, one of the most heavily deployed Army units since 9/11.

Fort Campbell's leaders are constantly revising budget plans as they prepare for the local impact of \$46 billion in overall Pentagon reductions scheduled to start taking effect on Friday, March 1, Dellinger said.

The automatic cuts would drain \$85 billion from the federal government's budget over the coming seven months, imposing an 8 percent cut on the Pentagon and a 5 percent cut on domestic agencies. The cuts are the resulting failure of a 2011 deficit "super committee" to reach agreement. The original idea was that the threat of the "sequester" would drive Democrats and Republicans to strike a budget bargain.

Dellinger said soldiers' pay won't be directly affected, but they are going to feel the cuts when programs and services they rely on are reduced to shorter hours or as they face longer wait times at offices.

Funding for uniformed personnel and combat operations is exempt from the cuts, so the furloughs are going to be largely felt by the civilians who work for the military in support roles. The Defense Department has said it expects to furlough 800,000 civilian workers for 22 days each, spread across more than five months, which would mean a 20 percent pay cut over that period. The Pentagon also plans to lay off as many as 46,000 temporary and contract employees.

The furloughs would include everyone from custodians to school teachers at Fort Campbell, Dellinger said, and only a few exceptions will be made for staff members who are deemed critical to health and safety.

The budget for maintenance on facilities was cut from \$62 million to \$28 million, requiring officials to defer even critical maintenance projects, Dellinger said.

Dellinger noted that the installation serves many more than just the 31,000 active-duty soldiers and 8,000 employees. Tens of thousands of family members and military retirees depend on services and programs at the installation. TAS

CERN Lab

CONTINUED FROM FRONT

"I have always dreamed of having the opportunity to go to CERN, but it seemed like just a dream before I was accepted into the program," Hayes said. "Research will coincide with this dream and I am excited to be able to participate in the research on the international level."

Hayes said his interest can be summed up in a quote from Richard Feynman: "Our imagination is stretched to the utmost, not, as in fiction, to imagine things which are not really there, but just to comprehend those things which are there."

Hayes simplifies the study of physics as the creative nature of the mind, comprehending the world that surrounds us.

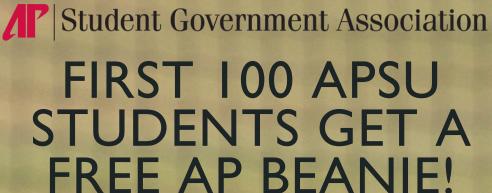
Hayes suggests that his love of the beauty in things is what gives him the desire to figure things out. Hayes points out that when he looks up at the night sky, he sees the stars that everybody else does, but he also wants to know what all is out there and why it is so beautiful.

"It's the wonder that we can observe galaxies millions of light-years away, that we can build 17 mile long particle accelerators to search for new forms of matter, that we can develop novel solutions to the energy consumption by manipulating a few physical properties of molecular structures in materials," Hayes said. "That is what makes physics worth it to me ... The fact that I can understand a small part of the wonder that the universe presents to us."

Hayes attended an REU at Louisiana State University in Summer 2011. He also worked with Alex King and Kevin Schultz on an acoustic model of quantum chaos. Hayes also attended an REU in biophysics at the University of Michigan in Summer 2012.

King, the department chair of physics and astronomy pointed out that several well-qualified students applied for this REU in the past three years but Hayes is the first to have been accepted.

"CERN is the premier facility for the study of particle physics in the world," King said. "This REU is a tremendous opportunity for Chris." TAS



PTSD

CONTINUED FROM FRONT

PTSD is not a new issue despite the recent rise in media coverage. According to a report published by the Vietnam Veterans of America for Congress from over 20 years ago, PTSD is "a new name for an old story."

The report goes on to describe recorded instances of a similar condition by many different names that span from the Egyptians in 490 B.C. to soldiers in the American Civil War in the 1860s and through the Vietnam War.

The story of PTSD has changed dramatically since the trailblazers of the Vietnam War, according to Machain.

"Medical advancements helped people realize this isn't 'battle fatigue,' this isn't delirium, this is a disorder that takes place when you experience trauma," he explained.

Soldiers considering getting help are often hesitant for a number of reasons, namely concern over the stigma they perceive to be attached to mental illness. However, Machain insisted the stigma is nonexistent.

"I see mental disorders or illness the same as you would see someone with a physical ailment," Machain said.

In his experience as a counselor at a psychiatric hospital in Pennsylvania he found a consensus among psychiatrists who believed that those with mental illnesses should seek help - whether it is therapy or medication — just as a person with kidney disease should seek treatment.

For those who are suffering from PTSD, Machain sees a solution in having a strong support system and an opportunity to reach out and request help. He knows that the issue is prevalent and most soldiers are aware of it, but he thought the film would push them forward.

CRIME LOG

The campus crime log includes arrests and dispatch call-ins. As mandated by Tennessee law, the crime log is updated within two business days of an incident and new information to an incident available for public inspection any time during normal business hours.

- 10:26 a.m.; Feb. 27; University Ave/College St Lot; vandalism
- 4.34 p.m.; Feb. 26; 9th & College Lot; sexual battery

"It's more like the fire under the veteran or service member's butt who hasn't gotten help yet and they know they have something going on," Machain said.

At the screening, APSU senior Elizabeth Burnett was hopeful that it would help her understand the issues that face the service members, like her husband, after being in combat.

"It's so common," Burnett said. "So many soldiers suffer from it."

Her friend, Brittney Jackson, came with Burnett to learn more about the issue, and being married to a man in the Army as well, she is already acquainted with PTSD. Jackson found that people underestimate how difficult recovering from PTSD can be.

As a veteran himself, Machain hopes APSU's veterans take advantage of the resources at their disposal, like the Military Student Center resources that were not so common when he left the service in 2003.

"Hopefully I can be a tool and a resource for them," Machain added.

But he is concerned that the prominent coverage of the issue is creating the false impression that every veteran suffers from it, when only 29 percent of veterans receiving Veterans Affair's health benefits have been diagnosed with PTSD, according to a congressional report.

"Is it a pressing issue?" Machain asked. "Absolutely it is. But I also want to get out there that not every veteran has PTSD."

"The Soldier's Heart" is available in full on the official PBS Frontline website.

For students and families who are interested in learning to work with veteran issues, Machain said that the Military Student Center will be offering workshops next fall and spring. For more information on PTSD, visit the national PTSD center at ptsd.va.gov. TAS

- 11:31 a.m.; Feb. 22; Hand Village; theft of property
- 6:31 p.m.; Feb. 18; Hand Village; alcohol violations
- 12:04 a.m.; Feb. 15; Hand Village; other agency warrant
- 2:14 a.m.; Feb. 14; Sevier/Blount Lot; assault
- 8:54 a.m.; Feb. 12; Burt Lot; theft of property
- Visit TheAllState.org to see an interactive map of the campus crime log and crime statistics.

Austin Peay State University Student Government Association

IDBADBRSHIP SIN IN YOU?

Be a voice for all students

IIP Lead

GOVS ARE NO. 11 IN COLLEGE **BASEBALL DAILY MID-MAJOR POLL**

GOVS BASEBALL VS. WESTERN KENTUCKY 3 p.m. Wednesday at Raymond C. Hand Park **BEANIES PROVIDED BY STUDENT LIFE & ENGAGEMENT**

adership LRADE **Applications for** Senate and Executive Committee postions are now available PI online at www.apsu.edu/sga

The deadline for applications is March 20th at 11 AM.

Leadership Leader

DER

eade

Questions? Contact Chief Justice Jawaun Rogers at sgacj@apsu.edu





Do your professors make the grade?









»PHILLIP SWANSON Staff Writer

was one of

semester.

your

I heard that

of one of my

classes last

The course

my worst subjects, and I hated doing homework, as it was usually the last thing on my mind.

The first thing I thought was "Man, I'm going to fail. I just know it. This teacher is going to drive me crazy."

The next few weeks were difficult, and I honestly didn't think I was going to get out with even a decent grade.

If you have been a student for any amount of time. I am sure vou have teacher as well. been in a similar situation at some point in your college career.

"Get ready that the professor only wants to make for a lot of life hard for you or felt like a number amidst hundreds of students.

> You have probably asked yourself, "Why does this have to always happen to me?"

About midway through the semester, one of my friends was talking about how his classes were going and he mentioned a site where you could actually see other students' reviews of teachers.

He told me that he picked all of his classes according to the reviews, and as a result, he was having one of the best semesters yet.

name of the site and, the next chance I got, I checked it out for myself.

Ratemyprofessors.com is exactly what the name implies: an open site that allows you to not only see specific professor's rating from their former students, but also allows you to post about your experiences with a eight thousand schools and more than 15 million entirely studentgenerated comments and ratings."

From what I have seen, the best way to use the site is to access it when you are signing up for classes.

Once you have found the teacher you are thinking of learning from, you can analyze their statistics from the ratings of former students.

Students rate their professors on four main points: easiness, helpfulness, clarity, and rater interest. They can even be rated on their attractiveness, or "hotness".

Accompanying the grade is a written review pointing out key characteristics of the professor, both positive and negative.

Some reviews even go so far as to inform the reader of the teacher's habits, such as how he or she formats tests and how often they assign work.

Sophomore Amaha Teferra has been using the site every semester since he graduated from high school. He said that he likes using it the largest online destination for because, "It's been fairly accurate, so

Graphic by CHRISTY WALKER | CARTOONIST

exactly which teacher I want to take." He said, "A few of my friends told me about it after I graduated and since I've been using it, my grades have been great. I get to pick a teacher that suits me. What could be better?"

Like Teferra, I used the site before I signed up for this semester's classes and now that spring break is nearing, I can safely say that everything is going significantly smoother than last year.

I was able to get an academic visual of what my teachers were going to be like, and prepare for the classes I was about to take.

I know what to expect from my teachers and that definitely gives me a greater chance of passing my classes with As.

So, if you are stuck in a situation like I was in last semester, just hold tight. Focus on just getting through the class and know that things will change soon.



Have you ever looked yourself up on RateMyProfessors. com?



I have not checked myself on the site, and I believe student opinions about me don't matter because they don't affect my teaching." >>Linda Darnell, nursing department



I have looked myself up and I find all the comments to be quite amusing. I don't feel like the site is useful at all." >>Dan Frederick, geosciences department



I look at the site because I think it's hilarious, but I don't think it's very useful, mainly because the people that go onto RateMyProfessor are either all charged up about the professor or really hate them and most people are in the middle somewhere so you're only getting the two extremes."

I immediately asked him for the

Like me, you have probably felt

The website claims that it "is professor ratings. The site has over far, and it has helped me pick out

Besides, when you are done with it finally, won't it feel good to give your

professor a grade for once? TAS

And God said, 'Tip thy server 18 percent'



»RONNIESIA REED Staff Writer

Recently, an Applebee's server in St. Louis posted a picture of a co-worker's receipt on Reddit.com that said the words, "I give God 10 percent. Why do you get 18?"

After posting this, the worker, Chelsea Welch, was fired from her serving position.

she attempted to Alois Bell was the customer who wrote conceal the identity this on the receipt and of the customer, but is a pastor at Truth in the customer said her the World Deliverance signature is "easily Ministries Church in recognizable," which is St. Louis. why her friend was able After the picture

to inform her of the of the receipt went situation. "Because this person

viral, she called the got embarrassed Applebee's restaurant and demanded that that their selfishness everyone be fired. was made public, Having a change Applebee's has made it of heart, she told clear that they would

The Smoking Gun, rather lose a dedicated "My heart is really employee than lose broken. I've brought an angry customer. embarrassment to my That's a policy I can't church and ministry. understand," Welch It was a lapse in my told Consumerist.com. character and judgment Customers come that has been blown and go, but faithful out of proportion." employees should

The waitress said be respected. Not

everyone will put up with certain conditions in the workplace, and the company should have given Welch another chance before firing her.

"I am expected to portray a canned personality that has been found to be least offensive to the greatest amount of people. I come home exhausted, sore, burnt, dirty, and blistered on a good day. And after all that, I can be fired for 'embarrassing' someone who directly insults their server on religious grounds," Welch said.

"Our guests' personal information including their meal check is private, and neither Applebee's nor its franchisees have a right to share this

information publicly. We value our guests' trust above all else," spokesperson for Applebee's, Dan Smith, told The Daily News.

Being a server is not always easy, and many customers are aware of this. As the saying goes, "if you don't have anything nice to say, don't say it at all." Just because a person is a waiter or waitress

does not mean he or she should be treated disrespectfully.

Most servers are paid two to three dollars per hour, plus tips. In other words, their income is reliant on tips.

Tipping is a form of humanity, and it is a sign of respect.

Servers have to serve and clean. Then, they usually split their money with others at the end of the night.

This is why tipping is a nice gesture.

If an entire shift goes by and a server is not tipped, he or she wasted their time that night. After taxes are removed from their paycheck, they are left with almost nothing.

Therefore, when eating out, always remember to tip the server. TAS

>>William Glunt, mathematics department



I haven't checked it for several years. Do I tend to think it's useful? From a faculty stand point, probably not. I would say, things like the evaluations that we get at the end of the semester are much more beneficial to me and the reason why is because we get a wider variety of students that can respond so it's a representative sample."

>>William Brooks,

sociology department

Professors' takes gathered by PATRICK PIERCE

ABOUT US

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ABOUT THIS PUBLICATION

The All State is published every Wednesday of the academic year, except during final exams and holidays. Letters to The Editor should include

author's full name, email and phone number, plus major and class, if applicable. Letters will be checked for authenticity and should be received

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The All State's mission is to publish timely and pertinent news for the Austin Peay State University community. It serves as a voice for the students and

is entirely managed and produced by APSU students.

The All State is not an official publication of Austin Peay State University. The views herein do not necessarily reflect those of The All State, APSU or the Tennessee Board of Regents.

EVENTS

Features

Wednesday, March 6, 2013

Wednesday, March 6

- 10 a.m.-2 p.m.; TN Dept. of Labor and Workforce **Develop**ment Job Fair; WNDAACC
- 10 a.m.-2 p.m.; **APSU Job** Seekers with the Career Coach; **MUC Plaza**
- 4 p.m.-7 p.m.; Diversity Film Series; MUC 303
- 5 p.m.; Wellness **Class:** Cooking Concepts: Foy Center

Thursday, March 7

- 10:45 a.m.-1:15 p.m.; **Free Pies** for Pi Day; MUC Lobby
- 12:45 p.m.; John S. Zeigler Leadership **Series: Etiquette** Luncheon; MUC
- 4:30 p.m.-5:30 p.m.; Spanish Game Night; MUC 213
- 7 p.m.-

Stress-free spring break Use condoms Stay safe 3 out

26 percent of males and nearly **36** percent of females failed to use a condom during sex with someone they met on spring break.

75 percent of all students reported never or rarely using a condom on spring break.

Don't binge

Nearly **50** percent of the males and **40** percent of the females reported having consumed alcohol just prior to sex.



Be responsible

49 percent of men and 38 percent of women reported having sex as a direct result of drinking.

Be smart

Students reported their decisions were negatively influenced by alcohol or drug use just prior to sexual activity.

No regrets

relax, not a time to make

things more stressful on

About **48** percent of men and women who had sex under the influence regretted the experience.



GRAPHIC BY DAVID HOERNLEN | ONLINE EDITOR

The All State's guide to having a fun spring break and avoiding all its pitfalls, perils

» By PHILLIP SWANSON

Staff Writer

C ince the start of the semester, the weather here **J**in Tennessee has been almost unbearable. Every day, we get up to the rain and to the cold and watch as the workload piles up in front of us.

After several weeks of this nonsense, most of us are hoping and praying for a vacation.

Thankfully, we are almost there. In just a few days, we all get a nice long week off to tie up loose ends and hopefully relax.

No matter where you go on your break, please use caution and discretion during your activities. If you decide to drink, don't drive.

Call a cab or designate someone to stay sober and drive for you.

We all know that driving while intoxicated is illegal and very dangerous.

There is absolutely no reason for you to ruin your vacation by potentially hurting yourself or someone else.

on vourself.

I'm sure that most of you have long since planned your spring break getaway and already have your tickets and "mental

bags" packed.

For those that haven't, however, I have a couple last minute getaway ideas that might be of interest.

If you absolutely have to get to the beach for spring break, then Gulf Shores, Ala. might be just for you.

The city is located

around 500 miles from Clarksville, which is about eight hours of driving.

It is right on the edge of the gulf and plays host to a large amount of things to do.

You can parasail over the gulf from Orange Beach, go on a deep sea fishing venture with one of the

The Smoky Mountains in East Tennessee are a great destination for those who enjoy the cold weather. Gatlinburg is only about 250 miles away

> and is tucked away in the hills, far away from the busier side of life.

Given the recent weather, there will probably be a bit of snow up in the mountains, which could make hiking a very beautiful experience. However, if you

don't want to hike,

there are a multitude of stores to shop in along the main strip.

You can visit the Space Needle and eat in one of the restaurants at the top or play laser tag, as well as plenty of other activities.

You can even climb the mountains or travel along



yourself."

9 p.m.; Spring Fiesta; MUC Ballroom

7:30 p.m.; Chamber Singers Concert; MMC Concert Hall

Friday, March 8

- 7:30 a.m.-9:30 a.m.; **Social Work** Day; MUC 303/305
- 3:30 p.m.-6:30 p.m.; Govs **Baseball vs.** Milwaukee; Baseball Field

To submit on- or offcampus events for future Community Calendars, email allstatefeatures@apsu.edu.

Unfortunately, many students "let loose" on spring break and engage in unsafe sexual activities. Qpid.me is an online site that will send anyone a

report of your STD status free of charge, as long as you authorize it.

Always use discretion in choosing to have sex and always use protection. Remember, this is a time to relax, not a time to make things more stressful

charter boats nearby and even head to one of the nearby amusement parks to ride go-karts and golf.

Most of the hotels are around \$75-100 a night, and at vacationrentals.com, you can get package deals that have your hotel and amusements included in one package.

The beach is great if that's what you're looking for, but there are closer, cheaper destinations as well.

zip lines and see the city from a view you've never seen before.

Visit Gatlinburg.com/deals for more information about lodging and coupons for your trip.

Wherever you choose to go and whatever you choose to do this Spring Break, stay safe and enjoy your time off.

You've earned it. TAS

Speaker Hill talks race, politics, American life

» By MYRANDA HARRISON AND SABRINA HAMILTON Guest Writers

"America, listen to yourself," were the first words of Lamont Hill's lecture given in conjunction with the African-American Cultural Center on Tuesday, Feb. 26.

On the subject "Race, Politics and American Life," Hill attempted to give students and patrons an objective assessment on the condition of American society as a whole.

Hill is a well-known social activist, television commentator and media personality who has provided regular commentary for networks such as CNN, NBC, MSNBC and Fox News. He has written numerous articles for The Washington Post, Essence magazine, and the New York Times. Hill is currently a professor at Columbia University and is the host of the nationally syndicated show "Our World with Black Enterprise."

Hill is a founding board member of My5th, a non-profit organization aiming to educate underprivileged youth about their legal rights and responsibilities, and actively tours colleges giving speeches on pressing issues.

With the lecture, Hill spoke on the ever-changing condition of America. On President Barack Obama's reelection, Hill emphasized it is important to "admire what we have built" as a nation. Hill continued, talking about the Civil Rights Movement at length, and its impact on us as a society.

"The Civil Rights Movement was not just a 'black



Lamont Hill gave a talk about race and politics on Tuesday, Feb. 26. JANAY NEAL | STAFF PHOTOGRAPHER

thing," Hill said. "It never was ... King didn't want the world to just look like a Gap commercial."

Calling for reform of the political system, he proposed for listeners to ask themselves, "What is America's promise? We're committed to all this stuff, yet it's still unfree."

Speaking of the importance of youth, Hill said, "There is no revolution led by old people. There's no exit strategy for old black leaders."

Considering the technology and opportunities of today's world, Hill said he believes a revolution in thinking, politics and power is fully in the hands of the younger generation, when previously youth had little or no say in political America.

Lift every voice. We must listen to every voice." - Lamont Hill

"The intersection between race and politics is often unseen," Hill said. Intertwining lessons in political diversity, hip-hop and increased literacy, Hill included his view on integrity in oneself.

"We let the wolves watch the sheep," Hill said, "and after the slaughter, say, 'Damn, if only those sheep were more responsible.""

The evening continued with Hill touching on controversial topics such as the shooting of Trayvon Martin, poverty, affirmative action and racial lines. Hill believes that America needs to come to terms with its democratic promise and wants people to have a better understanding of race and politics in American life.

Hill ended the evening by stressing the importance of listening to the perspectives of others, no matter what economic class or race they come from.

"Lift every voice," Hill said. "We must listen to every voice. TAS

Poetry in motion

Dance department presents 7th annual spring showcase

» BY CONOR SCRUTON AND CHARLES MCCRARY

Features Editor and Guest Writer

"APSU's seventh annual spring dance concert was a quality performance received by appreciative audiences," said Margaret Rennerfeldt, assistant professor of dance and this year's concert director.

Annually, the spring concert is the highlight showcase of APSU's dance minor program, according to Rennerfeldt. Running from Wednesday, Feb. 27, to Saturday, March

2, this year's spring dance featured choreography from faculty and select students, as well as the first ballet to be performed at one of the spring concerts.

Rennerfeldt has only been with APSU for two years, but said she feels secure in the opinion that the caliber of the students' performances is especially high this year.

Associate professor of dance and former spring dance concert director Marcus Hayes, said that originally, the spring concert accepted all interested participants, but it has recently changed into a highly quality-driven performance. Rennerfeldt said only the most committed of students, as chosen by experts in the dance minor program, are given the chance to perform.

The same is true for students selected to display their own choreography, as this is a privilege unavailable in some universities.

"As a choreographer, I remember when that dance was a single page of scribbles in a brainstorming notebook," said sophomore Maggie Jackson of her piece "Later." "Seeing it fully-fledged onstage with that in mind was breathtaking."

The styles of performance ranged from a Pas de Deux ballet piece featuring Qian Andring and William Ladd to a modern solo performance choreographed and performed by Rafael Tillery, and everything in between.

Attendance for the concert included friends, family and fellow students, among other community members.

For those with that same appreciation Rennerfeldt encourages you to come down to watch the next live dance concert.

"Anybody who comes to see a live dance knows it is not the same as watching one on video or TV," Rennerfeldt said. **TAS**









Top: William Ladd and Qian Andring perform a Pas de Deux to Vivaldi's concerto "Alla Rustica." Left: Brittany Jeffers, Alex Broady, Jade Maghoney, Dominique Sims and Dasha Smith open the 2013

spring dance concert with professor Marcus Hayes' Vernacular Jazz piece "Never Stop."

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NEED ANSWERS?

Visit TheAllState.org (search: extras) for answers to this week's

and the previous weeks' puzzles.

Extras Wednesday, March 6, 2013



1959: Farthest radio signal heard (400,000 miles).

1947: The first airconditioned naval ship,"The Newport News," is launched from Newport News, VA.

1918: U.S. naval boat "Cyclops" disappears in Bermuda Triangle.

1854: At the Washington Monument, several men stole the Pope's Stone from the lapidarium.



King Crossword												
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1808: At Harvard University, the first college orchestra is founded.

1521: Ferdinand Magellan discovers Guam.

Info from brainyhistory.com & on-this-day.com 10. American Source: Onepoll.com

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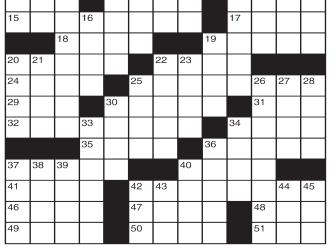
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Phi Kappa Phi

FACT

Philander Claxton, the "Crusader of Public Education in the South" and president of Austin Peay Normal School from 1930-1946, was U.S. Commissioner of Education under Taft and Wilson.

-Jennie Preston-Sabin



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Junior Kacy Kemmer delivers a pitch against a Michigan State hitter on the Sunday, March 3 contest. **JOSH** VAUGHN | PHOTO EDITOR

Grey misses track qualifier

» By BRITTANY HICKEY Guest Writer

Ohio Valley Conference Indoor Track Athlete of the Year, Chantelle Grey, ran in the 800-meter event at the Alex Wilson Invitational at Notre Dame Saturday, March 2 against some of the top track schools in the nation.

Grey placed 17th in her event, running a 2:08.12, beating out athletes from Kansas, Texas and many other universities.

The time is not Grey's fastest, but her personal record of 2:07.72 would have placed her in 15th.

Track and field coach Doug Molnar thought Grey got a bad draw, placing her in a particularly tough heat. "Overall, I think she ran a solid race," Molnar said. "She ended up having to do a lot more work than we were hoping."

Grey's only consistent issue is starting her races too fast. Molnar said she had the fastest 600-split, but said she doesn't have the strength to hold that pace.

The senior also recently received recognition, naming her the Copies in a Flash Player of the Week after dominating at the OVC Indoor Track and Field Championships.

At the 800-meter event Grey ran a 2:12.61 and still won handily, the closest runner coming in three seconds later. Invitational did not qualify her for the NCAA Indoor Track and Field Championships this coming weekend, but she will continue her last season as an APSU track and field athlete when the outdoor season begins Saturday, March 23.

Molnar is hopeful for Grey's chances in the outdoor season, where she can do what she is best at and race her way in rather than run in heats. He thinks she can build on last year's record of making it to regionals and make 2013 the year she goes to nationals.

"Obviously she's a little disappointed," Molnar said. "We were hoping to qualify for nationals, but she had a great year, being named Conference Player of the Year and OVC champion." **TAS**

Her time at the Alex Wilson

SCHEDULE

UPCOMING SPORTS SCHEDULE

WEDNESDAY, MARCH 6

Baseball - 3 p.m. versus Western Kentucky

FRIDAY, MARCH 8

Softball - 10 a.m. versus Miami (Ohio) at Louisville

Baseball - 3:30 p.m. versus Milwaukee

SATURDAY, MARCH 9

Tennis (W) - 11 a.m. at Northern Kentucky

Softball - 11 a.m. versus Illinois State at Louisville Tennis (M) - 1:30 p.m. at Northern Kentucky Baseball - 3:30 p.m.

> versus Creighton Softball - 4:00 p.m. at Louisville

W SUNDAY, MARCH 10

Softball - 9:00 a.m. versus Miami (Ohio) at Louisville

Baseball - 2:30 p.m. versus UALR

MONDAY, MARCH 11

Golf (W) - All Day at Lady Eagle Invitational Tennis (M) - 2:00 p.m.





Lady Govs player fields a ground ball during a game last season. JOSH VAUGHN | PHOTO EDITOR

» By FAITH JOHNSON Guest Writer

The sound of a softball smacking the leather of the glove did not occur this weekend for the Lady Govs.

Due to the weather conditions with freezing temperatures and the threat of snow in Southern Indiana, the University of Evansville Tournament was cancelled.

According to the conference rules, no Ohio Valley Conference games can be started if the temperature or wind chill is below 35 degrees.

The high on Saturday was 32 degrees while the high was 39

degrees on Sunday, March 3in Evansville.

The tournament originally had games scheduled for Saturday, March 2 and Sunday, March 3, in which the Lady Govs would play Cleveland State, Indiana University-Purdue University Indianapolis, and Evansville.

It is unknown as of press timeif these games will be made up at a later date.

Next up for the Lady Govs are games against Miami Ohio, Illinois State and Louisville. All of the Lady Gov's games will be played in Louisville March, 8-10. **TAS**





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Subway 10:30 a.m. to 2:00 p.m. & 4:30 p.m. - 6:30 p.m. unday March 1 Cafe' 4:30 p.m. to 6:30 p.m.

Subway 10:30 a.m. to Midnight



APSU teams wrap up basketball seasons

» By KORY GIBBS Staff Writer

The Govs and Lady Govs both ended the 2012-2013 season with a homecoming doubleheader against UT Martin last Saturday, March 2, evening at the Dunn Center. The Lady Govs fell to the Lady Skyhawks in the opener while the Govs finished with a big win.

Senior Meghan Bussabarger of the Lady Govs scored eight points early on as the Lady Govs were able to capitalize on missed three pointers by the Lady Skyhawks. The two teams kept it close for the majority of the first half, but neither team could really pull away as both teams committed double-digit turnovers. The Lady Skyhawks continued to come up short from three-point territory, going 4-19, but held on to a four-point lead over the Lady Govs at halftime, 39-33.

The Lady Skyhawks began to pull away in the second half, capitalizing on the Lady Govs' turnovers. The Lady Govs had a few scoring runs in the second half, but the Lady Skyhawks consistently stopped the Lady Govs' inside game. The Lady Skyhawks also were deadly from the free-throw line, going 20-22 as the Lady Govs stayed in foul trouble throughout the entire game.

The Lady Govs outrebounded the Lady Seahawks and also finished the game with a higher shooting percentage, but it did not matter when the buzzer sounded as the Lady Govs fell by a final score of 81-64. Bussabarger finished her career with the Lady Govs by leading the team in scoring with 19 points.

In the second game the Govs set the tone early, came out hot, and went on a 16-0 run as the Skyhawks were held scoreless for the first eight minutes. Junior forward Will Triggs led the Govs' charge in the first half, scoring 16 points and snatching five rebounds.

The Govs controlled the game in every category, especially in shooting percentage as the Govs shot nearly 60 percent while the Skyhawks shot a mere 20 percent from the floor. The Govs had a comfortable 42-21 lead going into halftime.

The Govs picked up where they left off in the first half by completely taking over the game. Freshman center Chris Horton and Triggs continued to dominant the paint on both ends of the court, while seniors Anthony Campbell and Jerome Clyburn had things well under control up top.

The Governors out rebounded, out scored, and out played the Skyhawks on the way to a much-needed, seasonending victory at home, with a final score of 91-58.

Horton finished the game with seven blocked shots, including his 100th block as a Gov; he also scored 10 points. The victory ended a season of frustration for the Govs, who at least were able to send seniors Campbell and Clyburn out on a high note with a victory.

The Lady Govs finished the 2012-2013 campaign with an overall record of 7-21, going 2-14 in the OVC. The Govs finished at 8-23 overall and 4-12 in the Ohio Valley Conference. TAS





TOP: Guard Leslie Martinez goes in for the shot. BOTTOM LEFT: Guard Jerome Clyburn lays up a shot against SEMO. BOTTOM RIGHT: Center Chris Horton attempts a jump shot against SEMO. The Lady Govs were defeated by UTM while the Govs lost to SEMO. JOSH VAUGHN | STAFF PHOTOGRAPHER

Senior basketball player Campbell has no regrets

» By JOSHUA STEPHENSON liked what he saw. Guest Writer

"Coach actually watched me

two years he still feels like he made a connection with the



Senior ForwardAnthony Campbell will graduate in May with a Master's Degree in Business. Campbell finished the Govs campaign averaging 14.6 points a game. DARRELL SHEFFIELD | STAFF PHOTOGRAPHER

Senior forwardAnthony Campbell stepped on to the campus of APSU for the first time at the age of seventeen on a recruiting visit.

Since then he has had his share of ups and downs. The way he bounced back from the low points is what people will remember most about him.

"It felt like a great fit, the Dunn Center is a great place to play. It was home," Campbell said, thinking back to that recruiting visit five years before. That visit started a career for the senior forward that will forever be remembered by Governors faithful.

"It started at a young age," Campbell said when asked about where his love for basketball came from.

"My dad played division two ball in Missouri and he would take me to the gym and we would shoot. My dad is a mentor and someone I look up to."

Even though the game of basketball ran in his family, it took a while for Campbell to realize his potential.

"I never made a really good travel AAU team until sophomore year of high school," Campbell said, "but then I started growing into my body and college coaches started noticing me."

Campbell's courtship with APSU did not take long; his father used some connections to have Coach Loos come watch him play, and the coach in one AAU game and offered me a scholarship," Campbell said.

Campbell felt at home at APSU and established a connection with Coach Dave Loos that would last through his entire career.

66

It felt like a great fit, the Dunn Center is a great place to play. It was home" — Anthony Campbell, senior forward

Campbell was an immediate contributor in his freshman season, averaging 7.8 points per game and playing in every game that year. In his sophomore season, Campbell came into his own as he started every game and was second on the team in scoring and rebounding, but his next two seasons were cut short by major knee injuries.

Campbell's injuries also hurt the Governors' chances for making their mark in the Ohio Valley Conference.

"You know injuries. They happen," Campbell said. Even though he did not get to contribute on the court the way he wanted to these last

APSU fans.

"It feels great to have a fan base like this behind you," Campbell said, who was granted a fifth year of eligibility and will graduate in May with his master's degree. "There are a lot of loyal fans, especially when I was healthy and I mean even now."

The now that Campbell speaks of is the season the Governors are having on the court. Already eliminated for a spot in the OVC tournament, Campbell, who is averaging 14.6 points this season, played his final game against UT-Martin this past weekend.

"I want to go out of here with somebody remembering Anthony Campbell," Campbell said, a member of the Govs 1,000 points club.

"It's more about the person I want to leave here than the records. I wanted people to get to know the person, and I feel like they have."

He talks about his plans to be a businessman and leave the game of basketball behind him, even though he doesn't rule out a return in some fashion or another down the road.

"I always want to be around it," Campbell said. "Hopefully, I'll have a son that wants to play basketball and that will be a way I can get back into it."

He said he is ready to walk away with no regrets. "I will always love the game and feel that I'm woven into the fabric of APSU." TAS