# Beautiful Sadness

By: Delaney Patterson

## Thesis

This is a collection of works in which I have tried to captured my feelings of depression.

#### Thesis Proposal

• For my senior thesis, I have decided to explore my feelings of depression. I chose this for my thesis because I wanted to create something that was deeply personal to me as well as allowing myself to be emotionally present in my work. Discussing depression is an uncomfortable subject for me as I imagine it is for most people. It is also unique to each person who experiences it. For me bouts of depression consist of moving between depression and apathy, so I am attempting to bring my experience to life.

#### Artist Bio

Delaney Patterson is currently a senior at Austin Peay State University in Clarksville, TN, where she has completed her BFA in Studio Art. Her art practice is currently focused on experimenting with multiple disciplines, media and substrates. Her discipline of choice is drawing. Her inspiration stems from master artists, from modern artists Brad Kunkle, Ler Huang, Jessica Rimondi and her mind's eye. She is currently expanding her portfolio and preparing for her career in the art world.



#### Delaney Patterson Clarksville, TN • ArtistDelaneyPatterson@yahoo.com• (931)-217-4439

#### **Education:**

- Austin Peay State University, MS Business Management
- Austin Peay State University, BFA Studio Arts, Drawing
- Austin Peay State University, AS Liberal Arts

#### **Employment History:**

9/2021-Present Artist at Horsefeathers Art Studio, Franklin ST, Clarksville, TN 8/2016-Present, Assistant teacher at First Learners Preschool, Madison St, Clarksville, TN

#### **Related Experience:**

9/21-Internship at Horsefeathers Art Studio, Franklin ST, Clarksville, TN

9/21-Present-Teaching painting classes at Horsefeathers Art Studio, Franklin ST, Clarksville, TN

#### **Exhibitions:**

4/12-16, 2021-Beautiful Sadness, Austin Peay State University, Clarksville, TN

#### **Skills:**

**Central-** Drawing, painting, ceramics

Additional-Paper making, book making, photography, bilingual.

#### First Presentation

Thesis: This is a collection of series in which I have explored my personal depression

Thesis Proposal: For my senior thesis I would like to delve into a sense of vulnerability by exploring my personal depression. I chose this concept because being vulnerable and open is something I struggle with a great deal especially when trying to convey my emotions, I have even repressed my feelings so much I was worried I would eventually feel nothing. By nature, I am a very private person and I often feel as though showing my emotions to others makes me vulnerable and that is an extremely uncomfortable feeling for me. I believe that this concept would allow me to have an outlet for such feelings creating a cathartic experience so I can work through these feelings in healthy manner. It will also push me to be more forthcoming and share a deeply personal part of myself with viewers and forcing myself to be vulnerable. For my project I would like to create multiple series of three piece works that would rely heavily on symbolism, color theory, line, realistic and abstracted realistic representations. I would like to explore these concepts by using multiple mediums such as paint, oil pastel, charcoal, other drawing mediums and thread.

#### First Presentation Research







Yoko Ono, Felix Gonzalez-Torres, AnaTeresa Barboza

#### First Presentation Research





Jeff Huntington, Caledonia Curry

# First Presentation Progress



## First Presentation Progress





Symbolism:

**Flowers** 

String/Thread

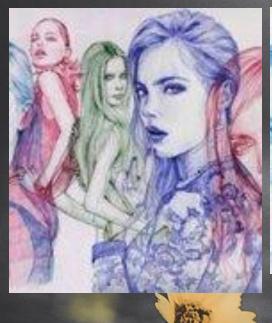
Candles/ Memento Mori

#### First Presentation Timeline

- 8/24 -9/4: Formulate thesis, choose mentor, meet with mentor, write thesis draft
- 9/7 -9/18: Meet with mentor, complete mentor contract, refine thesis, compile research,
- decide on supplies, begin working on presentation, start working on pieces
- 9/21-10/2: Meet with mentor before review, review presentation before review, faculty
- review, rework thesis based on recommendations by faculty, work on pieces
- ▶ 10/5 -10/16: Meet with mentor, work on pieces
- 10/19 -10/30: Meet with mentor, work on pieces, work on final presentation
- 11/2-11/13: Meet with mentor, work on pieces, continue working on final presentation
- 11/16-11/27: Meet with mentor and look over final presentation, make final presentation
- 11/30 -12/2: Make changes to thesis based on recommendations from the faculty, final
- exam



- Do I convey a cohesive body of work?
- How can I improve my works?









Ler Huang







Amy Judd









Douglas Gordan







Jessica Rimondi

Color Theory:

Color theory plays a large roll in my work because not only do colors have a wide range of meanings, but they also affect how the work itself functions.

As a rule of thumb, I try to stay from flat blacks and stark white, because both change pieces so drastically.

Also blue is an important constant in my work it is my favorite color, but it also plays a huge role in how I develop a color scheme.

# Second Presentation Progress





## Second Presentation Progress



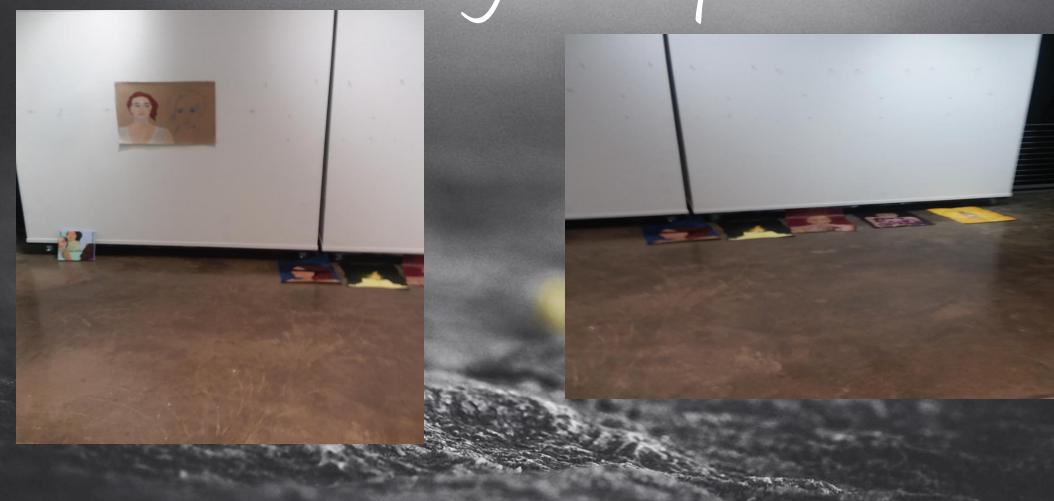


- I am planning on reintroducing nature symbology into my work and mirrors.
- I am also wanting to explore the use of space in my future projects.
- Considering what I intend to do for my 4160 show.

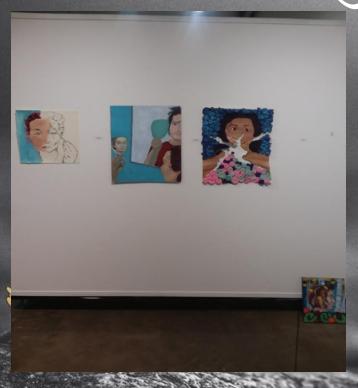
#### Second Presentation Timeline

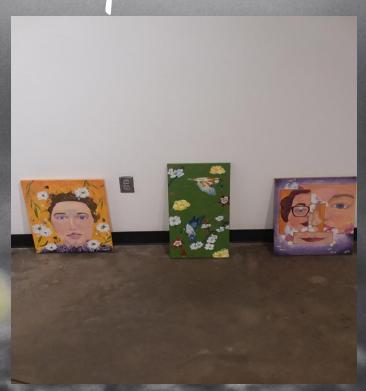
- 11/2-11/13- Meet with mentor and discuss presentation
- 11/16-11/27- Prepare for presentation, Research for future projects
- 11/30-12/2- Work on Senior Thesis book, Create new work, Meet with mentor
- 12/3-12/6- Create new work
- 12/6-12/13- Create work
- 12/14-12/20- Research for thesis
- 12/21-12/27- Research for thesis
- 12/28-1/3- Work on pieces
- 1/4-1/9- Work on pieces
- 1/10-1/18- Work on pieces and plan to meet with mentor

Gallery Set Up



# Gallery Set up





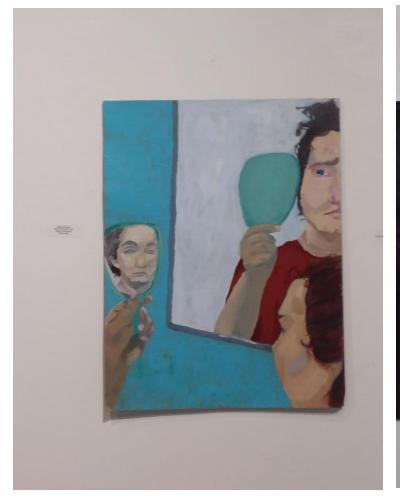




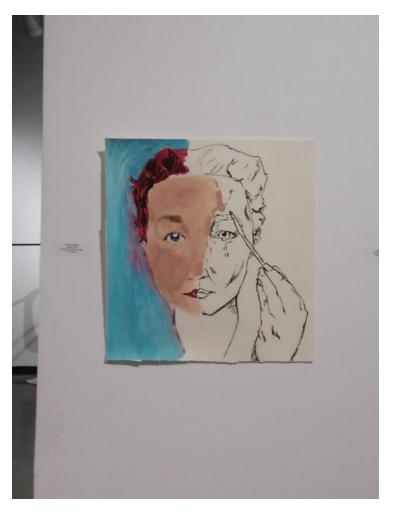


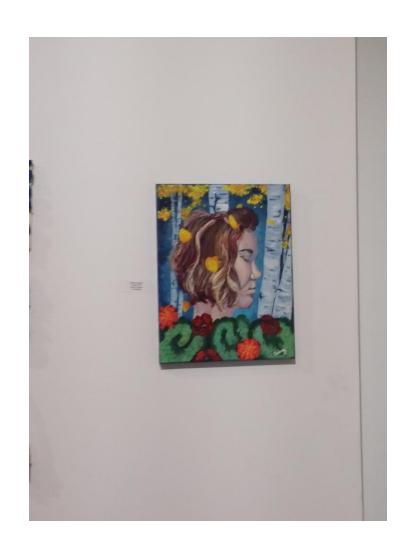


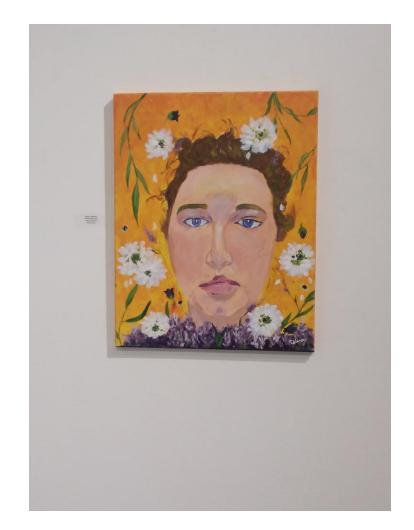






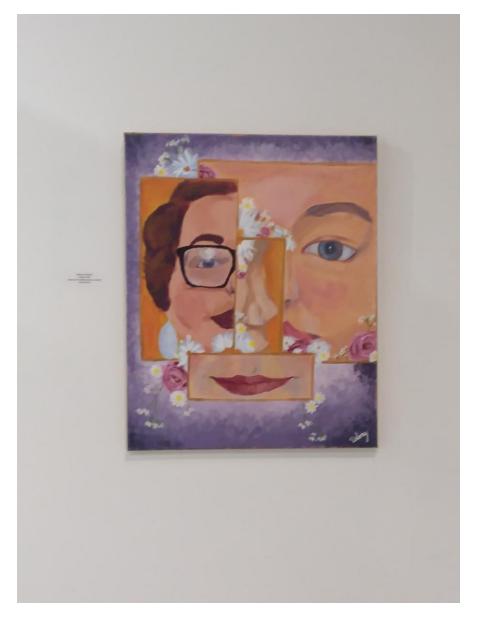












#### Reflection

My senior show has been an amazing experience for me not only as an artist, but as an individual. While I started this journey early, my only wish is that I had dedicated more time to my earlier pieces when my emotions were rawer, but I am pleased with the body of work I have created. I forced myself to be vulnerable and have tried to get comfortable with allowing people to see me this way and let them into a very personal part of my life. While I was not entirely comfortable with sharing my depression, it has opened my eyes to the fact that it is something you can share with others instead of bottling it up. This work has also forced me to get comfortable with looking at myself and examining myself as separate from myself as an individual and more as one of many who suffer with depression. I think this would be a great project to continue as I continue to grow and age, especially as I go through different phases of life and my depression ebbs and falls.