



The All State



Textbook prices continue 20 year climb

By CYNTHIA BRYSON
Staff Writer

As a new semester begins, many students feel a sharp pinch in their wallets; the reason is simple. Textbooks. Considering that the average student spends hundreds of dollars every semester on textbooks, this fact should come as no surprise. The federal level of the Government Accountability Office (GAO) is concerned with textbook costs and has launched their own probe into this issue.

The concern arose because many students are on federal loans. The GAO findings show that textbook prices almost tripled between 1986 and 2004.

Further research conducted by the National Association for College Admission Counseling (NACAC) revealed that faculty is far less to blame than most think. "Academics say faculty is far less to blame for soaring textbook prices than publishers releasing unneeded reprints. Moreover, they are also increasingly 'bundling' their books with expensive study material not all students need or want but which inflate the overall cost," according to NACAC research findings.

"Many instructors look for the best books at the most reasonable price because some of us, like me, are still paying off students loans," Cynthia McWilliams,

Assistant Professor of Languages and Literature department said.

Some faculty members and students at Austin Peay State University utilize their own methods to get around these costs. "In my two intro level classes, Philosophy and Religion, I make extensive use of materials I have written that are duplicated by the APSU Printing Services," said Albert Randall, professor of history and philosophy. He also advocates using a website such as www.booksprint.com as a cost-saving measure.

The Department of Languages and Literature does not have a written policy on the choosing of textbooks. "We want faculty members to have control over the books they use," said David Guest, Chair of the Languages and Literature department. He adds that the general education core classes have a standard textbook chosen by a committee, and although it is optional for faculty use, most faculty members do use it.

"We try to keep this standard text book as long as it is in print. This practice helps ensure a good supply of used textbooks," Guest said. Many students forgo the campus bookstore, choosing Studymaster Book Co. instead. Studymaster is conveniently located near the APSU campus at 329 N. Second St. "We're cheaper and

we're nicer," said Mike Lowe, an employee at Studymaster. Lowe should know, not only does he see a steady flow of APSU students; he's also a 28-year-old junior at APSU.

"Our location is a little better and we try to advertise a little bit," said Lowe. He attributes the college-friendly environment to the fact that several of the employees are also APSU students.

Yet another beef that many students have is the resale value of their expensive purchases, that is, if they can be resold at all due to constant revisions. Kristen Morgan speaks on this from experience. The 20-year-old sophomore once paid approximately \$200 for an English book, only to see a return of about \$30. "It's not fair," Morgan said. Few students would argue with her. The highest price she's ever paid was \$400 for an anatomy book, which she opted to keep for future use.

When asked to comment on rising textbook prices, Deborah Johnson, the APSU Bookstore Store Manager, declined to respond. "We have to refer that our corporate office," Johnson said. She suggested calling Cliff Ewert, vice-president of Follett Corporation's Public and Campus Relations Department. A telephone call and follow-up email to Ewert were not returned. ♦



DUSTIN KRAMMER/ART DIRECTOR

New minors encourage global awareness

By STEPHANIE COWARD
News Editor

Austin Peay State University is providing more options to the campus community this fall though the offering of four new minors.

College students have a slew of decisions to make when they begin college. One of the most important decisions to be made is what they will do for the rest of their lives. Before making this decision, they must decide upon a major and a minor.

Students can now minor in Asian studies, geographic information systems and spatial analysis, theatre or dance, and global security. The University curriculum committees approved the new curriculum.

The Asian studies minor was approved in fall 2005 and is now implemented. The Geosciences Program along with the departments of history, philosophy, and political science will host the minor. Eighteen credit hours are required for this minor.

The geographic information systems and spatial analysis minor falls under the School of Agriculture and Geosciences. According to an APSU press release, this minor will "prepare students for current trends in geospatial technology, computerized mapping, digital image processing and spatial analysis."

The new minor of theatre or dance is offered within the College of Arts and Letters and provides students with an introduction into theatre business.

The Global Security Studies program that was implemented last fall along with the College of Professional Programs and Social Sciences will be hosting the new global security minor. This minor is directed toward students preparing for a career in government, business, education or international organizations.

"Our new GSS minor complements any major. It arms the students with knowledge of many transnational issues, which threaten the security of people and nations today," Greg Kaufmann, Executive Director in the Institute for Global Security Studies said.

Kaufmann also said the minor prepares APSU students for the "rapidly globalizing world" they will soon be entering.

— **Information in this article was contributed by APSU public relations.**

Mold welcomes dorm residents



PHOTOS BY SHANNA MOSS/STAFF

- Blount and Harvill dorms were closed when mold was found inside.
- The displaced students were set up in local hotels.
- The housing office will be open this weekend and can be reached at 221-7444.
- The APSU housing Web page will be updated regularly (www.apsu.edu/ho using/index.html

Library investments ensure student success

By APRIL MCDONALD
Senior Staff Writer

Austin Peay State University library personnel have been busy initiating a variety of changes within Woodward's doors. There are new computers, work areas, hours and a website to ensure APSU students get the most from the library.

Students can checkout one of the 10 new Dell laptops for three-hour increments while working in the library. In addition to the laptops, the library is receiving 57 more Dell desktops after the closure of the Clement extended hours lab; there is also between two and five new Mac computers on the way. All the computers will now be housed on the 2nd (main level) floor of the library. The information desk is now side by side with the circulation desk in order to provide one stop to receive any help that a member of the APSU community may need.

"Last year we put forward a proposal for 30 more new computers," Deborah Fetch, Director of Library Services, said. "Because of low resources, the administration decided instead to close the extended hours lab and give us those computers."

Moving all the computers to the main level while centralizing them also brought computer users closer to the help and information desks. Students can expect increased security in the library as

well because the location helps to cut down on the number of non-APSU students coming in from the surrounding community to utilize the equipment. Keeping the number of unauthorized users down allows the computers to be more readily available to students.

Fetch has a target date of September 24 to begin staying open until 2a.m. First security must be looked at and a budget decided upon in order for workers to be hired for the late hours. Library personnel is looking into installing door readers so that after a certain hour only those with an APSU I.D would be allowed to enter in order to increase security for the people inside the building.

A computer access area is going to be set up for group work. These areas will be large tables with a centrally located computer in order for groups to work on projects together.

The library recently unveiled its newly designed website, much different from the previous website, with less text and more graphics.

"Michael Hooper and Gina Garber did a very good job," Fetch said. "They got rid of wordiness, and made it much more functional. It's a nice clean design."

Fetch said, "Our intention is to provide the best service we can, and make things as easy as possible." ♦

BBQ hosts meet, greet between new students and organizations

By KYLE NELSON
Guest Writer

Austin Peay State University's incoming freshmen and their families were treated to a barbecue after the student convocation Aug. 24. The event was held at the newly fenced in intramural field.

The students and their families had the chance to meet with representatives from many of the APSU student organizations that set informational tables promoting their various causes. The organizations ranged from Baptist Collegiate Ministries, Student Government Association all the way to a group rallying against global warming.

The Greek organizations dominated the event and easily composed two-thirds

of the tables. Member of the various Greek organizations also manned several of the "bounce-a-rounds" that were provided for the children in attendance.

Students received their new APSU ID cards after they ate.

Overall, the parental response was full of nothing but praise. "It's great to have stuff at the beginning of the year that is enjoyable and gives you an opportunity to mingle and get to know people," said Charles Walker, a student and father.

Though it was hot and the air was still, the lure of free food was too strong to keep people away.

"Good food and a slight wind from the east to cool off from the hot boiling sun [reigned]," said Tim Hall, a 19-year old nursing major. ♦

Freshmen convocation inspires mapping road trips through the future

By CYNTHIA BRYSON
Staff Writer

Austin Peay State University's Dunn Center was packed with incoming freshmen and their parents Aug. 24 at the annual Convocation to receive a welcome from university president, Sherry Hoppe.

The crowd rose to their feet as APSU's ROTC opened the event with a Presentation of the Colors in military tradition. Marc Bady's singing of the National Anthem. The event was led by Kell Black, Professor of art, and featured speeches from Nick Pitts, Student Government Association president and Fred Landiss, Senior vice president of F & M Bank. Hoppe's motivational speech to the new students focused on a metaphorical a "road trip" to describe the university experience awaiting the new students.

"What you're really starting is a journey; your destination is graduation from college," Hoppe said. Hoppe also cautioned the students of the "road blocks" and obstacles they will face during their journey, and encouraged them to seek help along the route to their ultimate goal.

"Don't run off the highway because you weren't willing to ask for help," she said. Pitts appropriately used the "Don't Stop Thinking About Tomorrow" theme, borrowed from musicians Fleetwood Mac. Landiss, an alumnus of APSU, kept the tone light while relating lessons he learned at APSU. "Don't be judgmental, enrich your life by the associations you're going to make at Austin Peay," Landiss said.

Hoppe also addressed the temporary closure of Blount and Harvill dorms. One of

the affected students, Delaron Banks, a 19-year-old freshman from Memphis, sat with his mother, during the ceremony. The closure disrupted her plans to be home before dark. The students had not yet been told which hotel they were assigned. Toward the end of the ceremony, Black shared five of his pointers for success. "Have faith, work hard, be honest, have no fear, and begin every new endeavor with a song," he said. The ceremony ended with the singing of the APSU Alma Mater by APSU students.

The newest additions to APSU's student body exited the Dunn Center headed toward the barbecue awaiting them at the athletic field. Beth Kistler, an 18-year-old Physics major from Greenville, Illinois, went with her parents. She found the convocation "very informative. I like the Clarksville area; it has a lot to offer." ♦



LOIS JONES/SENIOR PHOTOGRAPHER

Students attend convocation in the Dunn Center as part of their Austin Peay State University Freshmen welcome.

New hires poised to better campus community

By APRIL MCDONALD
Senior Staff Writer

The Austin Peay State University administration has undergone some personnel changes. There will be several new faces throughout campus this fall.

Michael Becraft is the new Special Assistant to the Provost.

"I am very pleased to have received this opportunity at APSU," Becraft said. "During my transition period, I immediately knew that one could not ask for a more knowledgeable and supportive faculty and staff than that of APSU. The understanding that one can always get any assistance required is a great testament to the nurturing culture of this community. My simple hope is to be as effective as possible in supporting the mission and vision of APSU. As a first-generation college student myself, I am aware of the opportunities that higher education can open to our students."

Donna Price has gone from the interim director to permanent Director of Student Financial Aid and Veterans Affairs.



PRICE

"It is my good fortune to work with a dedicated and experienced staff of financial aid and VA professionals at both our main and Fort Campbell campuses," Price said. "My goal is to offer quality customer service in the most efficient manner possible, while following required federal and state guidelines. We will always strive to improve our communication with students and assist them as much as possible with the financial aid and VA processes."

Heidi Scheusner is the new Director of Student



SCHEUSNER

Life and Leadership.

"I'll be working this year to develop our leadership program for subsequent years as well as looking at ways to improve the services and programs that we currently offer," Scheusner said. "I feel strongly that our programs should meet the current needs and desires of students, so with everything we do, I'll be evaluating how effectively we meet those needs."

The Office of Student Life and Leadership is also holding an open house Sept. 5 from 8:30 a.m. to 4 p.m. for students to come by, meet the staff and see the changes already made in the office.

Carlette Hardin has been hired as the interim Director of the School of Education, replacing Dr. Phil Roberson.

"I am excited about the opportunity and nervous about the challenges ahead," Hardin said. "Our biggest opportunity and challenge this term will be preparing for our National Council for Accreditation of Teacher Education (NCATE) accreditation visit in February. Therefore, we will have a lot of work ahead but I am confident that we will be successful. I'm looking forward to the huge celebration in March."

Michael Dunn came to APSU to fill the newly created position of Online Academic Advisor. He is in charge of assisting online students with academic support and advising.

"With the number of online students growing



HARDIN

and the addition of new online academic programs, it is essential that our online students have someone who can help them navigate through the college process," Dunn said. "Many of the students can't come to campus, so one of my duties is to act as an advocate for them. Additionally, I will work with the departments to supply the student with the most up-to-date information possible. As our online program grows, so do the needs of the online student and I believe that the creation of this position will be an asset to all of our online programs."

Telaina Wrigley is the new Registrar after holding the position on an interim basis for the past year; she had initially replaced Sheila Bryant.

"I am thrilled at the opportunity to serve in this capacity and proud to be working with such a competent staff," Wrigley said. "I enjoy working with the students and the entire campus community. I want to continue to look for better ways to serve our students and the campus community."

Other new members to the APSU community include Carol Bennett, Director of the African American Cultural Center; Sheryyl Byrd, Associate Vice President for Student Affairs beginning Oct. 5; and Chita Cisneros Farrar, Director of the School of Nursing.

Diane Berty is replacing Patrick Meldrim as the Dean of Student Affairs; she declined comment. Meldrim was on contract as the Interim Dean of Student Affairs from Jan. 2005 until Sept. 5, when Berty will take over for him. ♦



BENNETT

Conditional admission requires academic strengthening

By STEPHANIE COWARD
News Editor

"Conditional admission" or "conditional admit" are two phrases that will be heard often throughout Austin Peay State University corridors this semester. APSU has set forth new admission standards for their students and Fall 2006 is the first time all of the new standards will be implemented together.

The standards for new students require an ACT composite score of 20 or higher unless the student has a high school GPA of 2.85 or higher; according to Harriet McQueen, Dean of Enrollment Management and Academic Support. Before the new requirements, students enrolling in APSU had to have an ACT composite of 19 or a 2.75 GPA.

"We believed that many of these students [who do not have the required ACT score or GPA] could succeed in meeting university expectations if they would participate in academic strengthening," McQueen said. These thoughts led to a campus wide discussion held with various focus groups and faculty after which a proposal was sent and approved by the Tennessee Board of Regents.

The conditional admission policy is a permanent policy. A conditional admit student is limited to 13

Resources for extra help

- Academic Support Center—UC Room. 114—ext. 6543
- Career and Advisement Center—UC Room. 210—ext. 7896

credit hours during their first semester; if the student is required to take a developmental studies course, there is a specific list of classes that they must choose from.

While a conditional admit student cannot pledge any Greek organizations, they can join any of the other student organizations. "We would like to see more involvement on the part of these students, research shows that engagement in campus activities enhances the chances for student success," McQueen said.

Conditional admission is not the only new policy enacted this fall. Mandatory midterm grade reporting is now required in all 1000 and 2000 level courses. According to McQueen, the mandatory midterm grade reporting is part of the APSU campus early alert program. Mandatory midterm

grade reporting is another avenue that allows APSU to identify students who have academic problems and are struggling in some or all of their classes, which is the main goal of the Early Alert Program. After a student is identified, McQueen and the rest of academic support will work with the student to ensure the necessary help is received to prevent student drop out or withdrawal from the university.

Students who enter APSU with ACT or GPA figures at or above the newly required level show a retention rate of 70 percent while those who fall below are at a 40-45 percent retention rate, McQueen said.

"The entry requirements apply only to students under twenty-one. Students 21 and over are being required to complete their COMPASS testing before admission," McQueen said. Those students whose COMPASS test scores place them in two or more developmental studies courses are conditionally admitted and have the same requirements as the new students under 21.

McQueen also said that the number of hours a student works while in college "greatly impacts student success" and those student workers are at greater risk of failing or dropping out. ♦

Good Morning APSU

Campus Community Calendar

Organization/Vendor Fair

Vendors will be in the Morgan University Center lobby with various items on sale for APSU students and faculty from 11a.m. to 2p.m. Monday Aug. 28.

Breakfast after dark

Gamma Sigma Sigma Sorority will host a breakfast after dark meal from 8p.m. to 10p.m. in the Morgan University cafeteria on Monday Aug. 28.

Govs Caricatures

Students can have thier caricatures drawn from 10a.m. to 2p.m. in the lobby of the UC on tuesday Aug. 29. The event is sponsored by Kappa Alpha Psi.

One Night Stand fundraiser

One Night Stand fundraiser hosted by the One Night Stand committee in the UC lobby from 10p.m. to 2 a.m. Friday Aug. 31.

Ice Cream Social

Ice cream social with the 2005-2006 homecoming queen in the UC Plaza Friday Sept. 1 from 11a.m. to 2p.m. The event is hosted by Chi Omega.

Friday Night Movie

Friday night movie hosted by Alpha Kappa Alpha. The event is from 7p.m. to 10p.m. on the library lawn.

Govs Temporary Tattoos

APSU students, faculty and staff can get temporary ink drawn on them from 10a.m. to 2p.m. in the UC lobby on Tuesday Sept. 5.

Hot Topics series

A series of open forum discussions on controversial issues, this series will bring students and professors together outside of class to discuss current events in an open and honet manner. Speak your mind and hear what your peers think. Dates include Sept. 13, Oct. 18 and Nov. 8.

One Night Stand

This all-night social activity set for Oct. 27 includes food, music, dance, fun and games to help raise awareness of childhood cancer. The even also raises money for the Children's Miracle Network.

Student organizations: Do you have an announcement for Good Morning APSU?

E-mail your announcement to allstatenews@apsu.edu.

More tuition changes may be in store next year

By APRIL MCDONALD
Senior Staff Writer

Tuition rates generally increase annually and are proving to be a growing concern among students. Austin Peay State University tuition increased 4.1 percent this year and there are possibly more tuition changes on the horizon.

"The [TBR Central Office] board is actually studying the possibility of changing or eliminating the fee cutoff point which is currently set at 12 hours," Mitch Robinson, Vice President for Finance and Administration said.

Currently students taking 12 or more hours pay a flat tuition rate. Eliminating that flat rate will mean higher tuition for some. "Revenue neutral impact" is one of many things that is being considered with regards to changing the tuition structure, Robinson said.

"Revenue neutral position means that a student taking 15 hours would not pay anymore than they are now, but someone taking more than 15 would," Robinson said.

The Tennessee Higher Education Commission (THEC) judges a full-time student to be one taking 15 hours, whereas the federal government uses 12 hours to judge a full-time student. The actual number of hours that will be used should these tuition changes occur has yet to be determined.

According to an e-mail sent out by Chancellor Charles Manning of the Tennessee Board of Regents to the 104th General Assembly Senate and House "some students sign up for 18 hours of classes never planning to take them all, but instead planning to try them all out, see which classes they like the best, then drop the ones they don't like. This means that other students may be closed out of classes they need because the classes show up as full."

Some professors, who realize they will have students withdraw, permit additional students into the classes. If the changes go into effect, Robinson, and the board are hoping that professors will no longer feel the need to permit students for the class in order to keep it full.

"A decision will not be made until all issues have been looked at and studied," Robinson said. "It is being looked at [TBR] system wide at how we do business and how we can do it more effectively."

No change in the current tuition structure will be made before fall 2007 at the earliest, as all things must be considered.

The tuition increase for this year is 4.1 percent, compared to 9.7 percent last year. This increase is the lowest increase for tuition in at least a decade.

"This year the state was able to provide more money for operating costs, allowing the Board of Regents to keep the tuition increase low compared to previous years," Robinson said. ♦

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Decorate your dorm room in style

Sherry Hoppe, university president, was unavailable for comment. ♦

- **Wall decorations** - There is no way your place will feel anything like home if you do not cover those ugly cinder blocks. This is the trickiest challenge of decorating a dorm room because one may not drill holes in the walls to hang things. However, there are many functional avenues around this. Command hooks are plastic hooks that apply adhesive to the wall and are easily removed. The biggest of these hooks, unfortunately, can only support five pounds. Another solution to a not-so-sticky situation is screw-hooks for the ceiling. After installing the hooks, one may suspend lights, picture frames with rope, wall tapestries and

— Sarah and her roommate won Ipods for placing first in last year's Homestyle Decoration Contest hosted by APSU's housing department.

To learn about the other safety programs at APSU visit www.apsu.edu/police/crimeprevention.html ♦

Senate is the legislative branch of the S.G.A. The Senators serve as the voice of the students. They propose legislation to make APSU's campus better and more beneficial to the students. They also organize networking and community service events such as Mudbowl and G.H.O.S.T.

Association

OUR TAKE

Mold plans for fall housing residency

What? Moldy McMoldsmith isn't rooming with me this year at Harvill? But I just got the Austin Peay State University letter in last week telling me we would be sharing the same room.

We had such good times last year. There was that one time when I left my pillow at home and it was Moldy who comforted my little face with his sweet, silky sponginess.

Who could forget those fun times in the shower we had together?

He sat there and stared for one second too long, but it's okay, I didn't feel awkward.

I just had to remind myself that he was just a silly, yet potentially deadly toxin, but I know he didn't want to hurt me or want to molest me. And what about that one month we had together?

It's kinda a haze when I think about it. With the constant dizziness, memory-loss, acid reflux, and asthma attack it had to be a good time even if I can't remember it.

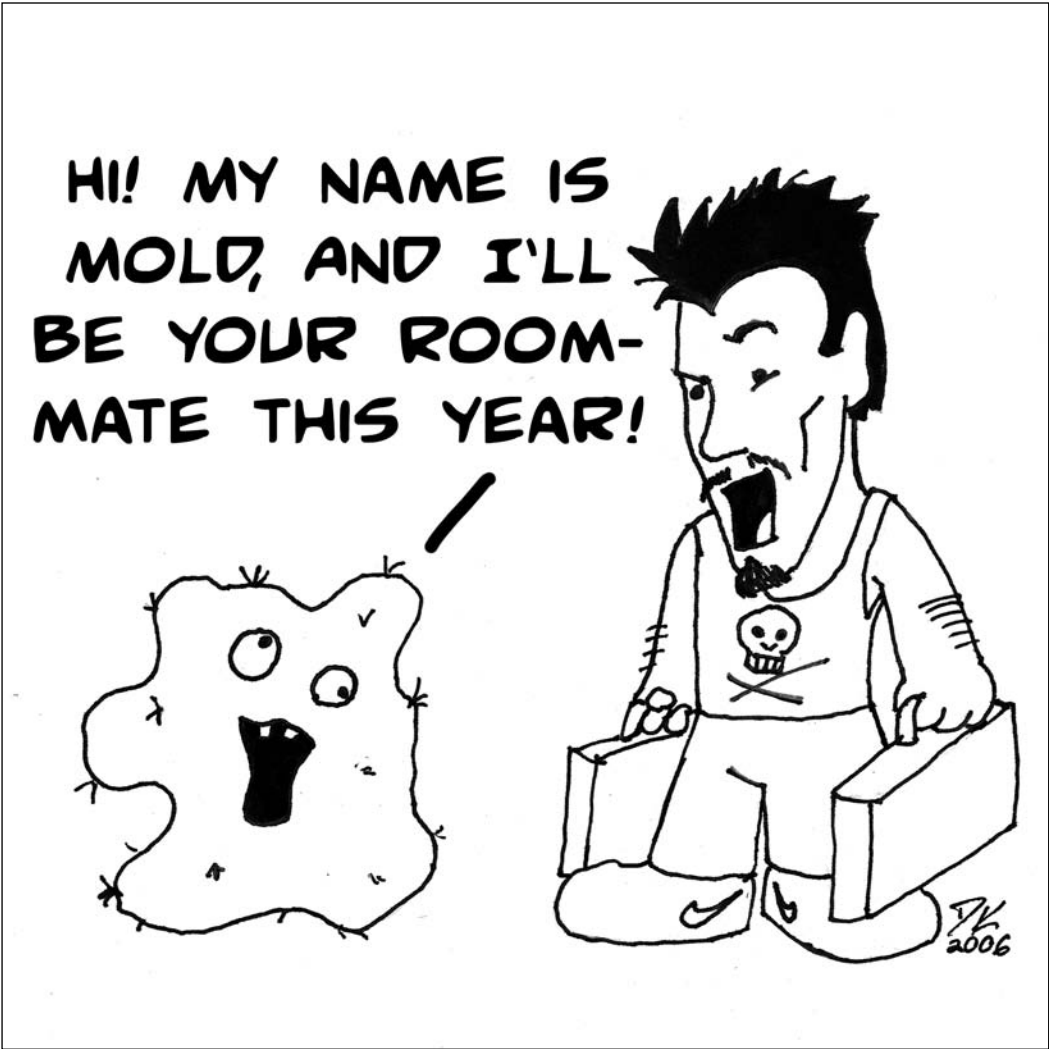
I remember those times when my roommate forced to have you evicted. They kept turning in work order after work order and I knew that even after the maintenance men came and took you away I'd see you again.

See, I knew silly temporary chemicals and simple scrub downs would never be enough to separate us.

I knew that the only thing that would break apart our friendship would be controlled low moisture levels.

And we think that Austin Peay isn't fiscally interested in buying the appropriate and expensive equipment to make that possible. But, I'm sad for Moldy. Professional cleaners are now here to rip us apart. And our friendship may be no more. But I still have hope.

I know that until Austin Peay decides to reach deep into their pockets and buy those air regulators, there's always going to be room for Moldy. ♦



Castro's legacy lives on

Sometime in the 1950s, Fidel Castro earned a free pass from moral responsibility that endures to this day.

Decades ago, he cut a romantic figure as an embattled revolutionary in the Cuban mountains, and that has been enough to keep him forever in the esteem of a slice of Hollywood celebrities, Democratic congressmen and the American left.

As Castro's health fails -- creating hopes that it is at least the beginning of the end of his rule -- the world contemplates the exit of a man who has proven that it is possible to run a country like a military camp and still be beloved by self-styled liberals and progressives.

The same people who decry a budding tyranny in the U.S. because the government now enjoys enhanced surveillance powers against terrorism suspects, celebrate and yuck it up with a ruler who jails anyone who disagrees with him.

Castro is the last revolutionary still standing. And his was a real revolution. Venezuela's left-wing strongman Hugo Chavez pales in comparison.

He offers only populist economics and an obnoxious travel itinerary. Castro delivered the real thing: the expropriation of all foreign property, an assault on private real estate, the exiling of the Cuban middle class, the militarization of society.

His revolution had the advantage of not being quite as embarrassing as the others. Stalin, Mao and Pol Pot all became indefensible even for the most credulous.

At least the transgressions of Castro's rule can almost be papered over with lies and wishful thinking.

It only adds to his prestige that he has managed it while defying the United States.

Part of the American left is in love with the idea of American weakness, that we are a clumsy colossus whose actions always fail.

And there is Castro -- survivor of the Bay of Pigs and countless assassination attempts -- a living exemplar of American ineffectualness.

With a whiff of admiration, news accounts say that he has outlasted eight American presidents -- who had the inconvenience, of course, of dealing with free elections.

The common defenses of Castro's regime, that he has dramatically improved health care and literacy, are propaganda. ♦

Gullability opens Americans to accepting conspiracy

Since the theme this week seems to be "culture," I thought it might be worth a minute to address an aspect of modern American culture that simply mystifies me. In fact, with the five-year anniversary of September 11, 2001 coming up, this is about as good a time to address it as any.

A few weeks ago, I was confronted with a Scripps Howard/Ohio University poll that indicated something like a third of America believes 9-11 was a government conspiracy.

If you are among this number then please forgive me for thinking a) you need a remedial course in logic, b) you probably spend way too much time on Internet sites where the "Caps Lock" function is used to simulate screaming, c) you are probably given to using more exclamation points in a paragraph than most good writers use in a career and, d) you may even possibly be unconsciously racist or culturally-biased since you apparently believe that only white people are capable of executing complex plots.

Having taken the tour of the outer reaches of the blogosphere to check this stuff out myself, I'll just forego the point-by-point rebuttals and reiterate my fallback position from a column I wrote a few semesters ago: if a government is capable of murdering 3000 of its own people through a conspiracy that would have involved even more thousands of people, and if it is capable of executing the plan with ruthless efficiency and a complete disregard for all morality and law, then how is it that they draw the line at killing Michael Moore and the other idiot (the one who made the "Loose Change" video)? Why didn't they take ten minutes to nip that in the bud?

Defenses of this idiocy that do not take the above question into account hold no interest for me at all.

You can twist facts and video (now hey, that's something the government does do pretty well, as does the media) and you can construct a presentation like the one Colin Powell used on TV to prove that Iraq had WMD, but then guess what? Eventually you have to come across with something resembling proof or you end up looking as stupid as this administration.

You see, to get us into Iraq the government did pretty much the same thing as the



OPINION
Phil Grey

Advertising impedes the path of culture

Thank God for people like Steve Lonegan, mayor of Bogota, N.J., a guy willing to stand up against teacherous, America-hatin' McDonald's ads in Spanish -- even if it means having to go on MSNBC, CNN and Fox News.

All that free publicity. It might even remind people of the laughingstock that his statewide political career has become.

Ah, such is the price to pay for a life of public service.

And what service.

Earlier this summer, Lonegan was checking around his hometown (that's Buh-GO-tuh, not some foreign pronunciation), when at the corner of River Road and Elm Avenue, he comes across the unspeakable: a McDonald's billboard that, believe it or not, says, and I quote, "Un frente helado se aproxima."

Well, unspeakable to the mayor, anyway.

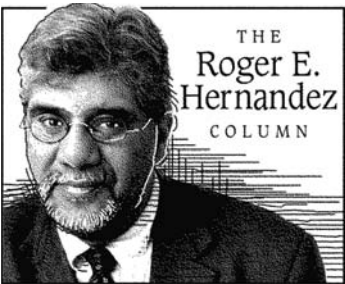
A fast-growing number of his constituents know it means "A cold front is approaching."

The picture of a grande (can I still say that?) cup filled with iced coffee speaks the message clearly to everybody who doesn't know Spanish.

Little does McDonald's realize, as Lonegan expatiates, that the sign sends a message telling Hispanic Bogota-ites that they shouldn't bother with English.

Why, we at Mickey D's will cater to your needs, in YOUR language, so that you never learn the national language of this once great country.

It says so right in the ice cubes, if



you look hard enough, next to the naked girl. Very subliminal.

All of which, Lonegan says, causes "a division where some of the non-Hispanic population is offended that this group appears unwilling to assimilate," as he told Fox.

"But that's not the case," he continued.

Huh? Now, wait a minute, Mr. Mayor.

If you believe the sign in Spanish prevents assimilation, how can you also say it is "not the case" that Hispanics have failed to assimilate?

And if, as you say, some citizens in your town erroneously believe their immigrant neighbors have failed to assimilate, shouldn't you make it your job to correct such misimpressions?

Maybe by pointing to Census figures showing that out of the 1,388 Spanish-speakers in Bogota as of the 2000 Census, only 90 said they did not speak English "at all"?

Or perhaps the figures that show

Bogota is 21 percent Hispanic and has a median yearly family income of \$69,841 -- nearly \$5,000 higher than the family median for the state?

Could you, as mayor of little suburban Bogota, possibly use those figures to prove that the Hispanic community is as solidly middle class as anybody else in town?

Or to show that most Bogotenos have no problem with English?

Will Mayor Steve Lonegan of Bogota, N.J., admit that no amount of "frente helado" billboards is going to keep people from learning English, in Bogota or anywhere else in the United States?

No? No.

To be a right-wing nut in a blue state and lose primaries in embarrassing ways is easier than shedding light on the truth. ♦

Roger Hernandez is a syndicated columnist and writer-in-residence at New Jersey Institute of Technology.

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Publication Schedule:
The All State is published every Wednesday of the academic year, except during final exams and holidays.

Letters to the editor should be emailed as a text only document or as a Word document including the author's full name, address and telephone number (plus major and class if applicable). All letters will be checked for authenticity. Letters should be received no later than 4 p.m. on Friday of each week for it to be considered for publication. Letters may be edited for clarity and grammar.

Current racial privilege harms others’ human rights

James Baldwin once wrote, “The obligation to anyone who thinks of himself as responsible is to examine society and try and change it and to fight it – no matter what the risk.”



Perspectives Editor
Kasey Henricks

Well, I am a white, and I enjoy, but dislike my whiteness because I benefit from privileges that stem from it, but I do feel remorse. I, along with the the other 65 percent of APSU students, have been indifferent to the fact that we, “whiteys” reap the benefits from living in a white-supremacist environment.

Being a part of the white race, I enjoy benefits that are made possible through illegitimate deceptions and the disadvantaging of others.

I enjoy being able to walk into a College Street gas station and know that no clerk behind the counter will feel uneasy from my non-threatening pale skin.

I like the fact that when I’m driving down Kraft Sreet late at night, I’m not going to be pulled over for violating any law like “driving black on a Tuesday night.”

I like getting the majority of jobs I interview for because of the comfort and security my similar reflecting face seems to offer, all the while my lack of experience and incompetence are overlooked and disregarded.

I benefited from the fact that as I applied to Austin Peay my lousy ACT composite scores took precedence over black, brown and red students who had similar or somewhat lower scores.

I enjoyed the luxury of attending a catered to school, but minorities never enjoy such luxuries because most have had to overcome much more adversity from an underprivileged, under-funded educational systems.

Also, I enjoy that whenever talking about anyone or anything, I, “whitey,” am always the point of reference. When people mingle and are not talking about something or someone white, specification has to be made; this makes me and the rest of the white race the standardized and superior norm, so anything else, well that’s just abnormal and therefore, inferior.

I enjoy that not one of my experiences has ever left me feeling racially discriminated against.

I have had the luxury of never being confronted with the same adversity a non-white person has to deal with on a daily basis.

Non-whites understand race long before whites do; race is a privilege that allows whites to ignore and never fully grasp the obstacles and baggage that come from racism.

Don’t forget about the whiteness you are learning here at Austin Peay either. APSU and practically all other universities have decided it to be of much more value if we exposed ourselves to subjects of study by looking through the narrow lens of whiteness.

Don’t take this the wrong way; I enjoy

learning about the Byzantine empire and Gregorian reform in world history, getting lost in the works Kierkegaard and Locke in philosophy, reading Dante and Milton in literature and hearing Schubert and Handel in music, but I have a hard time recalling any enjoyment that came from reading or hearing non-western criteria. That is not because the content has a lack of appeal, but it is because it lacked depth in coverage.

Not having to compete with and overcome a negative racial stereotype has also been a plus. I love the fact that I never get written off on the fact that whites have more than their fair share of dysfunction; “white blindness” allows us to overlook our fair share of criminals, addicts and just all around foul-ups. I mean I could shave my head and drive through Oklahoma City in a yellow Ryder rental truck and no one would question my intentions or feel threatened that I may be a Timothy McVeigh copycat.

I benefit from not being generalized because I do not fall victim to being viewed through the lens of race. White-caused tragedies are quick to be excused from being a common trend applying to the white race.

Take all those trigger-happy, white dominated, un-diverse towns where the school shootings took place for example. Littleton, Colorado; Springfield, Oregon; Paducah, Kentucky; Pearl, Mississippi; and Moses Lake, Washington – these are all towns where misfortunes like this are not “supposed to happen.” These are suburban, not urban, areas; these towns are filled with good church-going people.

Yet these towns are the only ones that have had to deal with these types of wholesale, white boy gun-slinging slayings. Bottom-line: I could walk through the Morgan University Center wearing a trench coat with no questions asked, but whites walk past one Islamic guy wearing a turban in the Nashville airport and instantly they feel threatened and label someone as a terrorist.

Taking all of these factors into consideration, I cannot help but feel guilty. My faith and moral compass have always instilled in me that in life we must treat others as we want to be treated. But we can’t live in unity where my unearned benefits lie on the suffering of others. How can we look others in the eye? We can’t.

Through the benefits of white privilege we become people we do not necessarily want to be; we desensitize ourselves of our humanity.

We must to be our true selves, so it starts now; by breaking down barriers that perpetuate separation between the privileged and those who are not. Redemption can be found through the resurrection of our humanity.

I dream of a day when we all can be fully human. And dreams are sometimes what get us through each day; our love has a home in them. But a love in dreams without action is a love of no value. Love in action can be a hard and ugly thing to do, but the confrontation must be approached for this is what is right.

What I’m getting at can best be summed up by something Dostoevsky once wrote: “Love in action is a harsh and dreadful thing compared with love in dreams.” ♦

Many rush to pledge

Some students should wait before absolutely deciding to pledge Greek. Rush week is an integral part of the social exploration that one embarks upon once they enter college. It builds a strong social



Assistant Perspectives Editor
Dave Campbell

base for interaction and service to campus and community alike. However, there are certain things to be wary of. Many students underestimate the amount of responsibilities that their college career will incur. As a member of a Greek organization, let there be no misconception

of merging into the crowded lane of conflicting interests by appearing to advertise or discourage rush week. Pledging in social fraternities or

sororities are excellent as options to better oneself through maintaining required GPAs, branching out socially or “finding oneself” through unique and trying challenges. Yet, many students are entering college under the newly implemented “conditional admission” status.

This new decision will require certain levels of satisfactory academic performance before one could pledge in a Greek organization. Though students would not be barred from joining other student organizations, more geared toward reaching the ideal academic environment.

The change is a beneficial one. By the time that students have readied their academic success, they most likely will be ready to pledge.

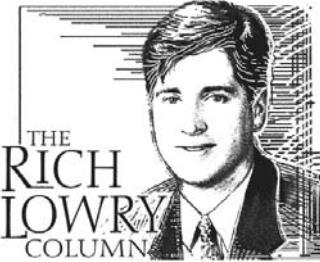
This will also keep many students from being disappointed due to sub-par academic performance. Make students work for it first.

The experience will likely be much more rewarding, knowing that they have persevered and may continue to encourage them in maintaining a quality record of coursework once they enter Greek life. ♦

Bush praises stagnant conservative policy by staying the course

If there is one bedrock conviction underlying President Bush’s foreign policy, it is that freedom is the desire of every human heart. Bush repeats the phrase at every opportunity, and it is the premise of his push for democracy in the Middle East and elsewhere: Given a free choice, it is assumed, people will choose freedom and the political system best suited to foster it.

The problem with Bush’s freedom rhetoric is that it appears to not be true. Hezbollah and Hamas, and the populations that support them, desire the destruction of Israel above all, and are willing to endure warfare and dysfunctional societies to bring it about. The Sunni insurgents in Iraq want power more than anything else, and are willing to kill and maim to gain it. The Shia militias, in turn, desire revenge against the Sunni.



All around the chaotic and violent Middle East, human hearts are yearning for many things, but freedom isn’t high on the list.

Bush’s belief in the desire for freedom has influenced the policy of his administration in crucial ways. One reason



Wartime wiretapping requires blind faith in president’s executive power

I cannot think of a more emphatic way to say, America, we are at war. Whether or not each of us agrees with the war effort is irrelevant. We are at war. Along with this unfortunate plight



Perspectives
Sarah Bullock

comes sacrifices of self and promotion of our government, without which, the effort will be in vain. No American will argue with an effort to thwart terrorist activity. Imagine what would have happened if our president implemented wire-tapping

before Sept. 11 tragedy and in doing so, eliminated the threat to the World Trade Center.

How would you be different? Our country shared a moment of terror and a unified gasp of disbelief on that day that changed each of us. After which, signs declaring our resolve and patriotism were everywhere, and liberals bit their tongues.

If only this respectful silence could have lasted long enough for Judge Anna Diggs Taylor last weekend when terrorism reveled in its latest victory.

On Aug. 17, US District Judge Taylor declared President Bush’s National Security Agency’s wire-tapping program unconstitutional in favor of the lawsuit by the ACLU, whose clients included miffed lawyers and journalists.

The specific offended sections of the Constitution were said to be the First and Fourth Azmendments. This Jimmy Carter appointed-for-life judge also reminded us that “there are no inherent Kings in

“The most publicized fear of the ACLU, Bush’s ‘inherent powers,’ is also the most ridiculous. This is a time of war.”

America,” in case we hadn’t heard. Did I mention judges are appointed for life?

Luckily, Taylor will not have the last say in this hearing as president Bush immediately appealed his case.

Although, her intention to defend the constitution was timed rather ironically - a week after the NSA foiled the terrorist plot to blow up British U.S. bound airliners with liquid bombs.

If this court hearing took place merely one week earlier, America could have been recovering from an event that would have made Sept. 11 look like target practice.

What Taylor and her journalist cohorts refuse to realize is the motivation behind surveillance programs. They are not some power-hungry exercise in ‘inherent powers’ or some sinister plot to chill domestic dissent. They are a matter of life and death.

To examine Taylor’s argument, let’s first look at the Fourth Amendment and what NSA is really doing.

Clients of the ACLU claim that their right against unlawful search and seizure is being infringed by NSA wiretappings,

except no one is being denied their liberty and the information they gather isn’t even being used as evidence against them in court.

This is an intelligence operation, not a law-enforcement proceeding. It has nothing to do with the Fourth Amendment.

Journalists also were afraid that their First Amendment rights were infringed upon because their conversations might have been, but almost assuredly were not, listened to unless they were speaking to terrorists.

Again, no one was preventing them their right to make telephone calls or write e-mails. In fact, that would defeat the purpose of the wiretapping because if terrorists weren’t making any phone calls, there would be no one to listen to for potential terrorist activity information.

The most publicized fear of the ACLU, Bush’s ‘inherent powers,’ is also the most ridiculous.

This is a time of war. It doesn’t matter how many times Bush may repeat this information to Americans, we won’t feel that way until Bush fails to do his job and we are attacked again.

Ironically, this is the easiest claim to dismiss.

Hopefully, the next presiding judge will remember that the founders of the Constitution vested the war-making decisions in the president for reasons of energy, dispatch, secrecy and accountability.

Our president is accountable for his actions during this time of war and that is why he is doing all he can to protect America and justice.

Taylor, however, is not accountable to voters for her decisions. She can make her opinions, smile for the cameras, and no one can hold her accountable for the number of Americans that might die because of it. ♦

This doesn’t mean that Bush should abandon the liberalizing thrust of his foreign policy. A democratizing Middle East offers the best alternative to the violent, dictator-plagued region of today. But his administration would be well served to focus on the particular instead of the universal, and talk more of the messy compromises and disappointments that are inevitable on the path to a better Middle East, even if we eventually get there.

It would be nice if James Madison were by default the world’s favorite political philosopher. He’s not, because the human heart is more complicated -- and twisted -- than President Bush acknowledges in his rhetoric.

Rich Lowry is editor of the National Review. ♦



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Peay on the Edge

Word from Jason

(the editor)
Hey everyone, you are currently reading the edge. I hope you all had a great summer. We all long for the next holiday break so we can once again sleep in. In between the breaks, I hope with this section I give you something that will entertain you and, who knows, you might learn something. Let me know if there's something you want to see more or less of. Enjoy, peace out!

A moment with Chuck :

When Chuck Norris does a pushup, he isn't lifting himself up, he's pushing the Earth down.
— *www.chucknorrisfacts.com*

Quote of theDay:

"Complaining is good for you as long as you're not complaining to the person you're complaining about."

-Lynn Johnston (1947 -), For Better or For Worse, 11-06-03
— *www.quotationspage.com*

This day in history: 1963

Martin Luther King, Jr. gives "I have a dream" speech
On the steps of the Lincoln Memorial in Washington, D.C., the African American civil rights movement reaches its high-water mark when Martin Luther King, Jr., speaks to more than 200,000 people attending the March on Washington. The demonstrators—black and white, poor and rich—came together in the nation's capital to demand voting rights and equal opportunity for African Americans and to appeal for an end to racial segregation and discrimination.
— *www.historychannel.com*

Word of the Week

denizen
(DEN-uh-zuhn), noun:

1. A dweller; an inhabitant.
 2. One that frequents a particular place.
 3. [Chiefly British] An alien granted certain rights of citizenship.
 4. An animal, plant, etc. that has become naturalized.
- *www.dictionaries.com*

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GRAPHIC BY DUSTIN KRAMER/ART DIRECTOR

Worldwide opportunity to meet Mr. or Ms. Right should be explored

By LOIS JONES

Staff Writer

Internet dating. Think you would never do it? Never say never. Internet dating has opened up the dating world literally. On any given dating site, you can tell it where you want to look for "Mr. or Ms. Right". It can be locally, across the continent or even in another country. You can set an age range, what gender you want and even give a physical description of the person you would like to meet.

Next is your personal profile. Most sites suggest a photo of yourself. Dating sites should monitor the photos better! If you are bored and want to laugh just go online and look at some of the pictures that are posted. How some of the people ever think they will get a date with the horrible photo they put up is amazing.

"My experience with computer dating was that the one person I met sent me a photo that was her; but a much younger photo and she didn't look like her photo at all," said Robert Whitehead, a freshman business major.

Some sites want you to take a personality test, like eHarmony.com. Most sites require at least a paragraph describing yourself and a paragraph describing the date you are looking for. Describing yourself and not sounding fake, conceded or stuck on yourself is not easy. You want to be honest, but on the other hand you don't want to scare anyone either. The phrase "sounds good on paper" takes on a whole new meaning.

Reasons for trying online dating differ with each person. "I went on Match.com because my buddy said he would do it if I did. I did it but he still hasn't," Whitehead said. "It's pretty interesting and helped pass the summer with lots of e-mails to answer. At one time I had seven girls that I was e-mailing back and forth."

Looking on several Web sites was very informative. There were Austin Peay State University students and faculty looking for that special someone. On one site was a very

famous eye doctor from Nashville. The bulk of the people are just trying to meet someone special using the technology that is now available to us. Just like old fashioned dating, you have to kiss a lot of toads — read a lot of profiles and e-mails — to find that prince or princess.

"I wouldn't do it again because it is not personal enough on a Web site, I can tell a lot by the persons eyes and facial reactions," said Whitehead.

Will you meet "the one?"

Maybe he or she is out there in the cyberworld. Maybe they are right here in front of you. The old-fashioned way of dating by meeting someone in your daily life, or being fixed up by your friends can still be a good option. Adding computer dating is just another way to meet people and increase your chances at success in the dating world. It is a personal choice to use online dating. It also helps if you have a sense of humor. ♦

By A.J. DUGGER

Staff Writer

People find love every day. These days, it can be found in the oddest of places one could imagine. Ordinary people don't just find that special someone in school or through a mutual friend like it was done before the late 1990s. There's something relatively new that brings people together, and it is called online dating.

People meet each other online every day. In recent years, it has become a very common way of meeting potential mates. According to a study conducted by the O.P.A. (Online Publishers Association), U.S. residents spent \$469.5 million on online matchmaking sites and personals in 2004, resulting in the biggest segment of paid content on the Internet.

Despite the recent climb of popularity, there are some people who would never get involved with online dating. Several dangers lurk, including murderers and rapists. A more common negative factor of online dating is the possibility of people lying on their profiles.

"Some people upload fake pictures," said D.J. Luciano, a sophomore political science major. RaShaune Echols, senior English major, has suffered the fate of meeting someone who lied on her profile. "That happened to me before," recalled Echols. "She really wasn't the same person as the picture, so it was awkward when I met her."

Experiences like this one are not uncommon.

On profiles and other personals, people sometimes lie about their age, height, weight and other physical attributes. Some even upload pictures of themselves when they were younger. Some people upload false pictures altogether. Scenarios like these do nothing but set up for disappointments.

Adam Carter, senior English major, knows people who have suffered such disappointments. "I've heard people who said, 'Oh, my God! That guy was 525 pounds!' or 'That girl's head was shaped like a pepperoni pizza!'" Carter said, laughing.

On the contrary, online dating has its

benefits. "It's a great way to meet people that you would not meet in your everyday routine," said Dianne Sanders, senior classical language major.

Common interests may also be easily displayed when dating online. "You get to know what they're involved in," explained Margaret Wallace, sophomore corporate communications major.

Howard Thomas, a senior biology major, has witnessed many friends who tried finding mates online. "Everybody puts on their best face for a date," Thomas observed. "When you get to know someone for a while, then you get to see who they are when the mask is not on their face." However, Thomas also noted that a friend of his found his love on the Internet and recently got married after an online courtship for several years.

Online dating is also ever-present in pop culture. Two movies that feature Internet dating at the forefront are "You've Got Mail" and "Must Love Dogs." Also, in the hit movie, "Napoleon Dynamite," the title character's older brother is a fan of online dating.

Social networks also are used as matchmakers. MySpace and Facebook have generated several hookups around campus. People also hookup by using Yahoo, AOL, Hotmail, GMail, and Black Planet.

There are also matrimonial sites out there. Right now, the most popular and advertised matrimonial site is eHarmony.com. In 2004, eHarmony received the fourth largest venture capital investment of that year from Sequoia Capital and Technology Crossover Ventures, which are two California companies. This resulted in the successful advertisement of the Web site. Internet dating is something that could be considered a gamble. The results may be unpredictable, which could also make it exciting.

People who participate in online dating may have disastrous results, or they could just as easily find someone who is a great mate, and would have never been found otherwise. It could go either way very smoothly. ♦

Students can be a part, apart from the classroom

Become involved this semester, find where you fit

By Charles Murphy

Guest Writer

The sun is rising. You stare into it armed with your backpack, expensive textbooks and an eagerness that you believe will get you through at least the first day of class. You feel like you're marching into another dimension, one filled with endless vortexes of mathematical calculations, animal dissections and essays. But college can't be all about studying, sleepless nights and stress, right?

The college experience can be somewhat intimidating to incoming freshmen and transfer students. Austin Peay State University has an extremely diversified student body. People from all age groups, races and educational backgrounds attend classes here. In reality, however, this shouldn't frighten newcomers; it should present itself as an opportunity.

According to the university's Web site, APSU is the fastest-growing school in the state of Tennessee with a student population of almost 9,000 students. Along with the boom in attendance, there has been an increase in the number of organizations you can join to occupy that free time (you know, the time you're supposed to spend writing that paper).

With almost 100 accredited organizations on campus, you can find groups concerned with just about anything: philanthropy, spiritual growth, human rights, collegiate camaraderie... it's all here.

Many freshmen come to APSU with high expectations of the social realm. Ben West, president of the Kappa Sigma fraternity, says Greek life is much more than being a socialite. "We have a lot of fundraisers for organizations such as the American Cancer Society and the Nashville Zoo. Sometimes we all drive down to Nashville and work a Titans' game to get money for those organizations."

When asked about the social aspect of Greek life, West replied, "We have a lot of grill-outs. I'm really looking forward to the canned food castles we're going to be building on the intramural fields this year. We're going to be handing out prizes for people who build the biggest castle of cans. It should be really fun."

While most freshmen crave fraternization, others long for a spirit quencher. APSU has an assortment of different religious affiliations. The First Baptist Church located in downtown Clarksville is one of them.

Pastor Greg Moore is excited about Overflow 235, the new coffee house that his college and single adult ministry is opening this semester. "It will be a great place for students to relax, talk and hang out," Moore said. "Throughout the week, students can enjoy each other, live music and coffee. We usually open at 7 p.m. with the exception of Sunday, where students can come to our morning Bible study at 9:30."

The new facility located at 420 Madison St., Suite A, will be fully equipped with a big-screen TV, a Bose sound system and an X-Box.

The First Baptist college life and singles ministry offers much more than local recreation, however. "Last month, we went on a whitewater rafting trip. I try to have a main event for the group every



GRAPHIC BY DUSTIN KRAMER/ART DIRECTOR

month," Moore said. "In October we will have a huge barbecue and a hayride."

The events that First Baptist sponsors are advertised on campus and in the *The All-State*. For more information, contact Pastor Moore at *greg.moore@fbct.org*.

To get involved with any of APSU's many organizations, you can contact the Student Life and Leadership office at 221-7431, Monday-Friday from 8 a.m. to 4:30 p.m. The staff is eager to help those who are searching for a niche on campus.

So the sun is bright...you're ready for the move into university life, right? Put those shades on and cruise into class. ♦

Titans leave mark behind on campus



LOIS JONES/SENIOR PHOTOGRAPHER
Cedrick McKinney is proud of his “Ferrari” which is signed by the Titans.

Cedrick McKinney shows off autographed washing machine

By LOIS JONES
Staff Writer

How many people do you know that have a Ferrari? That is what Cedric McKinney calls the new washing machine Austin Peay State University athletic department acquired in preparation for the Titans Training Camp at APSU this summer. McKinney, the assistant facilities manager for the athletic department calls the new washer the “Ferrari.” He calls the old washer, which has been at APSU since 1973, “the 57 Chevy” and the two dryers, “the Porsches.”

McKinney’s “Ferrari,” a giant stainless steel behemoth of a washing machine sits side-by-side the “57 Chevy” and the two “Porsches” located in



LOIS JONES/SENIOR PHOTOGRAPHER

the Dunn Center’s athletic departments laundry facility.

When talking to McKinney at the Dunn Center, one of the first things he said was come see my Ferrari. “They all have signed it,” McKinney said. The “they” he was so excited about, were the Titans players, coaches, trainers and staff. McKinney did not get any autographs for himself while the Titans were here. “I didn’t get anything signed for me, but I thought why not have the team sign the new Ferrari,” McKinney said. “This was all Cedric’s idea,” said Bud Jenkins, facilities manager for the athletic department.

As the Titans got ready to leave APSU at the end of training camp, McKinney got his Sharpies ready. One by one the players signed the “Ferrari.” Jeff Fisher signed in the front upper right. Pacman Jones signature and jersey number is there, as well as Vince Young, Billy Volek and the rest of the team.

In one athletic season, McKinney said they might be doing laundry for 6-8 different sports teams. The laundry doesn’t stop. While we have great athletic teams at APSU, it was special to have a National Football League team here on campus.

McKinney has been with APSU for 13 years. Both McKinney and Facilities manager Jenkins keep the Dunn Center humming. Ready with a smile, McKinney does his job. McKinney’s response about the Titans using the campus and the Dunn center was, “I had a great time. My goal in life is to become a facilities manager for a professional team or venue.”

For McKinney, to “Remember the Titans” is only to go into the laundry area and see the “Ferrari” shining with all it’s signatures. This will remind McKinney and anyone else that gets to see it, of training camp 2006 and a NFL team that made a permanent mark on this campus, literally.♦



LOIS JONES/SENIOR PHOTOGRAPHER

Top, Jeff Fisher signed the control panel along with the other Titans. Above right, “Ferrari” looks like an autograph book more than a washing machine.

Exercise: good for student body and mind

By SARAH BULLOCK
Staff Writer

You’re in college to expand your knowledge, not your waistline. Many students start college with a schedule of classes and often leave little time for exercise (the dreaded freshman 15). The following benefits of frequent exercise will cause all of your harbored excuses to melt away.

Increased Athleticism: Fitness results in better coordination of muscles, and an increase in strength, flexibility and stamina. While improvements in these areas certainly help athletic performance, they also help reduce the risk of injury: stronger, limber muscles are less susceptible to strain and sprain according to www.fitnessjournal.com.

Fat Loss: Aerobic and strengthening exercises can result in weight loss when combined with a calorie-reducing diet. Without exercise, dieting can cause the loss of muscle as well as fat. Aerobic exercise burns fat while building muscle.

Latoria Wilson, a junior health and human performance major, enjoys watching the changes fitness makes. “I notice that the dedicated patrons of the Memorial Health Building are consistent and highly motivated,” Wilson said. “Over time, I can see the changes in their physique and overall personalities.”

Heightened Self Image: A fitness regimen offers many psychological benefits, but the biggest payoff comes from an improved self image. Achieving fitness goals leads to self-confidence, improved body image, self awareness and esteem.

At the gym, there are no outside reasons to be there. In a very simple way, working

out is completely selfish. This helps you mentally improve your self-image whether you loose weight or not. You know you are becoming healthier and this provides more confidence than any “extreme makeover” ever could.

Michael Kellum, a personal trainer and a staffmember of *the All-State* has been working out for two years. “When people see you workout, they’ll respect you and ask for advice,” Kellum said.

Social Benefits: Ultimately, it’s the betterment of your confidence, not your waistline, that leads to improved social life. In the gym, you are surrounded by people who share the same goal of self-improvement.

Casey Holcombe, a health and human performance graduate student, has been working out for three years. “The more you work out, the greater your results,” Holcombe said. “People notice your effort and it makes you feel better and more confident. You know they acknowledge the changes you’re making in your life.”

Intellectual Gains: The reasons aren’t entirely understood, but several theories promote the effects of discipline and self confidence gained through working out. Exercise increases blood and oxygen flow throughout the body, including the brain. This may explain why studies have shown that those who exercise react more quickly to stimulus than their less fit counterparts, pointing to a possible link between motor and intellectual skills according to the www.fitnessjournal.com.

Andrea DuBois, a junior education major has been working out for three years. “Through fitness, you can gain knowledge in many areas,” DuBois said. “The longer

you work out, the more you explore other areas that improve yourself not only physically, but mentally.”

Enjoyment: You may forget that the most important reason for fitness is because you enjoy it. People often mention weight control, feeling “better,” and gaining strength as priorities for working out. But you won’t lose weight, get strong, or feel “better” if you can’t find motivation to exercise. One way to increase enjoyment is to try several different things.

Sara Williams, a senior education major has been diligently exercising for six years. “Whenever I work out I always feel better about myself,” Williams said. “I enjoy it because I feeling a sense of accomplishment every time.”

Once you find your niche, remember these dos and don’ts of exercising.

Watch out for over-exercising because your body needs to recover. Never push an injury. If you feel abnormal pain, stop. Don’t get bored. Try new exercises and perfect your skills for motivation. It’s important not to loose concentration or become preoccupied. The secret to working out is actually working out. Your body needs about four to eight ounces of water ever 20 minutes while working out.

Good things to implement into your work out habits are to start off moderately and work your way into a routine. Warming up and cooling down is an essential part of working out and also gives you a chance to become comfortable with the gym. Remember to stretch. Finding a workout partner can be beneficial because they can spot you during your workout and can help motivate you. Above all, have fun.♦



LOIS JONES/SENIOR PHOTOGRAPHER

Left to right, Chris Lee, Gloria Dunlap, Angelica McNeal and Marc Chamberlain Badly exercise on the elliptical machines in the Memorial Health Building (the Red Barn).

Brothers of Kappa Sigma polish up old house giving fresh look to campus



SHANNA MOSS/STAFF

The newly rennovated Kappa Sigma house is on 322 Home Ave. Clarksville, TN 37040. It’s located across the street from Hand Village. They will be hosting an open house Wed. Sept. 6. Drop by and see what the guys have done.



SHANNA MOSS/STAFF

The brothers showcase their autographed Greek letters proudly on the basement wall.



SHANNA MOSS/STAFF

As a final touch to the living room, they disply a quilt made from the Kappa Sigma t-shirts of the past..

By JASON DRUMM
Features Editor

If you thought moving in last week was hard, imagine having to build a house. During fall ’06 and summer semester, Kappa Sigma did just that.

The brothers of Kappa Sig renovated their fraternity house inside and out. The fraternity purchased the house around 1985. Since then there has been a small amount of upkeep until now.

“Our house was in bad shape. A comment was made to a house member that if we had to go through a housing inspection, they would fail us within 15 seconds,” said Ben West, President of Kappa Sig. “The railing was loose. We had 10 people out on the deck. You could see it bow. It was horrible.”

These guys just didn’t sit back and pay some people to do the work; they did most of it themselves. The brothers of Kappa Sig tore down all the walls, repaved the basement, The only things that were outsourced were the roofing, some of the siding and some electrical work.

“We laid all the tile, we did some of the wiring, and built the deck,” West said. “We had some supervision from a contractor. He went through leveling and pouring the cement to make sure it’d be safe. We really did have a hand in building the entire deck, from setting the wood to pouring the cement.”

The deck was only one of the projects they took on. They installed wood paneling on the kitchen ceiling, put the granite on the countertops and fireplace, made the mailboxes, built the fence, put in and stained the

stairs as well.

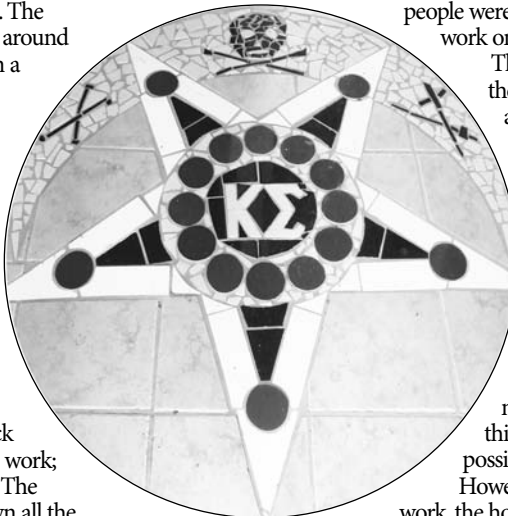
“Everything from light sockets to the toilets,” West said. “We did 95 percent of the work on this house. I’m pretty excited about how many of the brothers actually came out and worked on this. I was scared, being 18 to 22 year-old college students, that a lot of people weren’t going to show up and work on this.”

They received funds from their alumni organization. The alumni made a housing core committee of five people. These five men signed as guarantors for a loan. Banks aren’t the most willing to give out loans to fraternities commented West. “These five guys really put their necks on the line for us. We’re doing everything to make sure we’re going to get this house paid off as soon as possible.”

However, after months of hard work, the house looks brand new. This project gave the brothers a positive boost they desperately needed. Because of overcoming such a large project together, the brothers are closer now than ever. It brought them together with a common bond through a common purpose. They are excited about their accomplishment and about this semester.

“The house is a symbol for bringing people together and helping the campus look nice. We cookout a lot and have several events,” West said. “This is a place for people to hangout. The house is a fun time. Everyone’s invited”

Come check out the newly renovated Kappa Sig house during their open house Sept. 6.♦



SHANNA MOSS/STAFF

‘Talladega Nights’ is laugh out loud fun for viewers

By SAM THACKER
Guest Writer

"Help me Jesus! Help me Tom Cruise!" If you are unfamiliar with the aforementioned quote, chances are you are one of the few people who have not seen "Talladega Nights: The Ballad of Ricky Bobby" this summer. Depending on your perspective, you may be missing out on an uproarious laugh riot or an overblown display of blatant product placement and awkward humor that sporadically falls flat. The film chronicles the rise, fall and the rise again of NASCAR driver Ricky Bobby (Will Ferrell.) The film begins with our hero serving as part of the pit crew for driver Terry Cheveaux, who is played by director and co-writer Adam McKay. After the sudden incapacitation, if you will, of the racecar driver, Bobby takes over the wheel and wins the race at hand. Before you know it, Ricky Bobby is a NASCAR phenomenon whose most popular catch phrase is, "If you ain't first, you're last." However, when Bobby crashes and burns during a race, the downward spiral begins. At his lowest point, Ricky Bobby lives with his mother and his sons, Walker and Texas Ranger, toting around pizzas for a living. Bobby eventually picks himself back up again with the help of his long lost, speed-loving daddy. From there, the plot is pretty predictable. Talladega Nights features an eclectic cast that works wonderfully together on-screen. Will Ferrell ("Anchorman: The Legend of Ron Burgundy," "Old School") and Sacha Baron Cohen ("Da Ali G Show") both showcase their knack for comedic performance in this film. All the while, both Michael Clarke Duncan ("The Green Mile," "Daredevil") and John C. Reilly ("Chicago," "Magnolia") show their lighter, more silly sides for Talladega Nights. All-in-all, if it's some chuckles, a bunch of out-loud laughs, and several knee-slappers are what you're looking for, then "Talladega Nights: The Ballad of Ricky Bobby" is just the movie for you to see. ♦

Find peace at the Pottery Room



SHANNA MOSS/STAFF

The Pottery Room has a wide variety of inexpensively priced ceramic pottery to choose from. Take your pick.

Pick a piece, paint it, take it home, call it yours

By JASON DRUMM
Features Editor

You have dinner and a movie, but a week later what do you have to show for it? The movie will be out to rent soon and the food will digest. "At the Pottery Room, you can have a great time and take it home," said Zarifah Joudah, owner of the Pottery Room. The Pottery Room just celebrated its second anniversary Aug. 6. When you walk in, you immediately see two shelved walls covered with pottery. They have plates, mugs, martini glasses and much more. The mood of the Pottery Room is to come in and have a good time. "Get in, relax, be happy and really get involved with the painting and your piece," Joudah said. "I had a customer who is a therapist. They said they should add this to their techniques." Joudah is a kind soul. She loves to help and be a part of each customer's life. She used to be a language teacher for the Special Forces Language School. "I've been a teacher my whole life," Joudah said. "I love to see the smiles on the people's faces. I want them to forget what's behind the door and in their own world. Everyone is creative and can create a masterpiece." You can come in with \$20 and easily walk away satisfied. With an Austin Peay ID, a large coffee mug (almost like a bowl with a handle) cost \$16. Add \$5 to paint it any way you want, up to six different colors. When you're done painting, hand it over to Zarifah. They then fire it up in a kiln that reaches 1860 degrees. "This is what makes all our pottery dishwasher and microwave safe," Joudah said. After 1860 degrees, the pottery can take almost any heat

you throw at it. The glazing and firing process takes a week. However, if you are in a rush to make a present for a friend's birthday, for an extra \$5 they can shorten it to three days. "For a three-day order we stay overnight to glaze and fire," Joudah said. Groups are welcomed but should call ahead of time. They can accommodate up to 40 people. "I prefer to have only one group at a time," Joudah said. "This allows me to be a better host and give them the attention they need." "Bring your friends," Joudah said. "You are all my children. I take care of the college students and always have specials for them." Every Friday night is college night. Bring your Gobs ID. For more information, call the Pottery Room at (931) 920-4777 or visit www.thepotteryroom.com. ♦

"Get in, relax, be happy and really get involved with the painting and your piece. Everyone can create their own masterpiece. We all can be creative."

— Zarifah Joudah, owner of the Pottery Room

Pottery Room hours

Monday: closed
Tuesday: Mommy/Daddy/Grandparents and ME! all day long
Wednesday: Two for Wednesday: All day long
Thursday: Ladies Night 5-9 p.m.
Friday Night: Student Night 6-9 p.m.
Saturday Night: Date Plate 6-10 p.m.
Sunday: Everyone a Kid Day 1-6 p.m. (everyone paints for the price of a child studio fee, regardless of age. (\$4 flat fee)
2214 A Madison St. Clarksville, TN 37043



SHANNA MOSS/STAFF

Above, owner, Zarifah Joudah, and her husband, Ahmad Joudah, enjoy the smiles of the customers. Below, from figurines to picture frames, The Pottery Room has something to offer everyone. The ceramics can be painted with up to six colors of your choice.



NEWS THE ALL STATE PAGE 2; WEDNESDAY, OCTOBER 6, 2004

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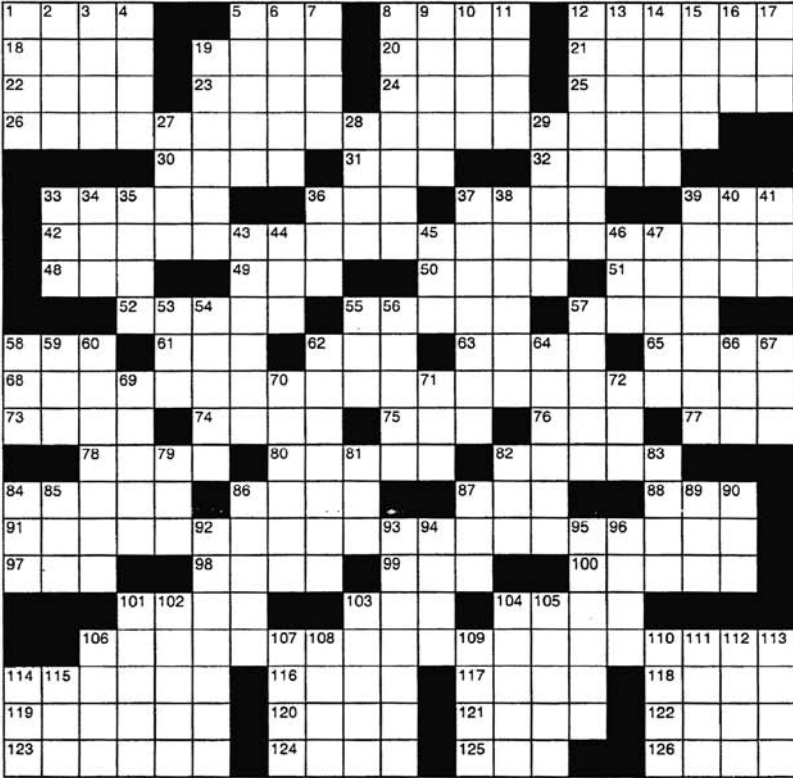
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Super Crossword WISHLFUL THINKING

- ACROSS
- 1 Velvety burrower
- 5 Welcome item?
- 8 Belfry sound
- 12 Most rational
- 18 In the course of
- 19 Actor Auberjonois
- 20 Betting setting
- 21 "Electric —" ('83 hit)
- 22 Sitarist Shankar
- 23 TV's "The — of Night"
- 24 Toast topper
- 25 Elastic band
- 26 My doctor told me . . .
- 30 Chip's chum
- 31 Made one's mark
- 32 Cry of disgust
- 33 Salivate
- 36 Slangy sib
- 37 Burn
- 39 AAA handout
- 42 My dentist told me . . .
- 48 Ending for "auction"
- 49 Pitch in
- 50 Wrath
- 51 Stationed
- 52 It's out of this world
- 55 Clouts a cad
- 57 Milk measurement
- 58 Arthur or Pons
- 61 Cockpit fig.
- 62 Stephen of "The Crying Game"
- 63 Bishop of Rome
- 65 Summer top
- 68 My mechanic told me . . .
- 73 Thousand —, CA
- 74 Jeremy Fisher, for one
- 75 Scand. nation
- 76 — Tome
- 77 Giovanni or Rickles
- 78 Rotisserie part
- 80 Jeeves' profession
- 82 Sitcom set in Nantucket
- 84 Shun
- 86 Quick snack
- 87 Hold the title
- 88 "— Gotta Be Me" ('69 hit)
- 91 My accountant told me . . .
- 97 Switch-board abbr.
- 98 Smidgen
- 99 Med. test
- 100 Bald bird
- 101 Cold-war accord
- 103 Pub order
- 104 Comic Sahl
- 106 My son's teacher told me . . .
- 114 Pester
- 116 Dickens villain
- 117 Turgenev's birthplace
- 118 Screen-writer James
- 119 Verdi opera
- 120 Ages
- 121 "Good gracious!"
- 122 Liberate
- 123 "Children should . . ."
- 124 Bump
- 125 Dover's st.
- 126 Semester
- DOWN
- 1 Shopping center
- 2 Actor Epps
- 3 Roman historian
- 4 Correct a text
- 5 Olympic award
- 6 Harmon or Dickinson
- 7 Rock hound?
- 8 Claim
- 9 Sniggled
- 10 From the top
- 11 Bow part
- 12 Southwestern sticker
- 13 — garde
- 14 "Revenge of the —" ('84 film)
- 15 Middle Earth denizens
- 16 Author Gratton
- 17 Dist.
- 19 Entertain lavishly
- 27 Bouquet
- 28 Geometry term
- 29 Spout like Cicero
- 33 Turn blue?
- 34 Caviar
- 35 Yours and mine
- 36 Turf
- 37 Food fish
- 38 Urges
- 39 Sandwich spread
- 40 Sleeve contents?
- 41 Third degree?
- 43 Element
- 44 Speak with a forked tongue
- 45 Roth —
- 46 Kimono closer
- 47 Devilfish
- 53 Good buddy
- 54 High up
- 55 Make a muumuu
- 56 Singer Cleo
- 57 Pie nut
- 58 Jacket info
- 59 Letter from Athens
- 60 Invites on a date
- 62 Henley happening
- 64 Model's job
- 66 — Dinh Diem
- 67 He's a doll
- 69 "A Dandy in —" ('68 film)
- 70 Communist council
- 71 Plant disease
- 72 Grab all the goodies
- 79 Ms. Lupino
- 81 Wahine's wreath
- 82 1914-18 letters
- 83 Perform in "Parsifal"
- 84 Backer
- 85 — populi
- 86 Gravy ingredient
- 87 Assoc.
- 89 Cubic meas.
- 90 Lady of the lea
- 92 "Without You" singer
- 93 Backslide
- 94 Got by, with "out"
- 95 Announce
- 96 Birmingham
- 101 Marshy lowland
- 102 Usher's beat
- 103 Winning
- 104 Highway sign
- 105 Ron of "Superfly"
- 106 Infuriates
- 107 Impatient interrogative
- 108 Architect
- 109 — the line (obeyed)
- 110 Huck's craft
- 111 Brute
- 112 —
- 113 Appear to be
- 114 Elf
- 115 Gobbled up



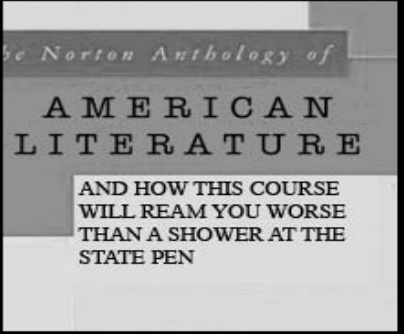
SHOGUN AL CARBON



JIM & TIM WEEKLY BY JOHN LUDWIG



THE LITERATURE BOOK FROM HELL



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Weekly SUDOKU

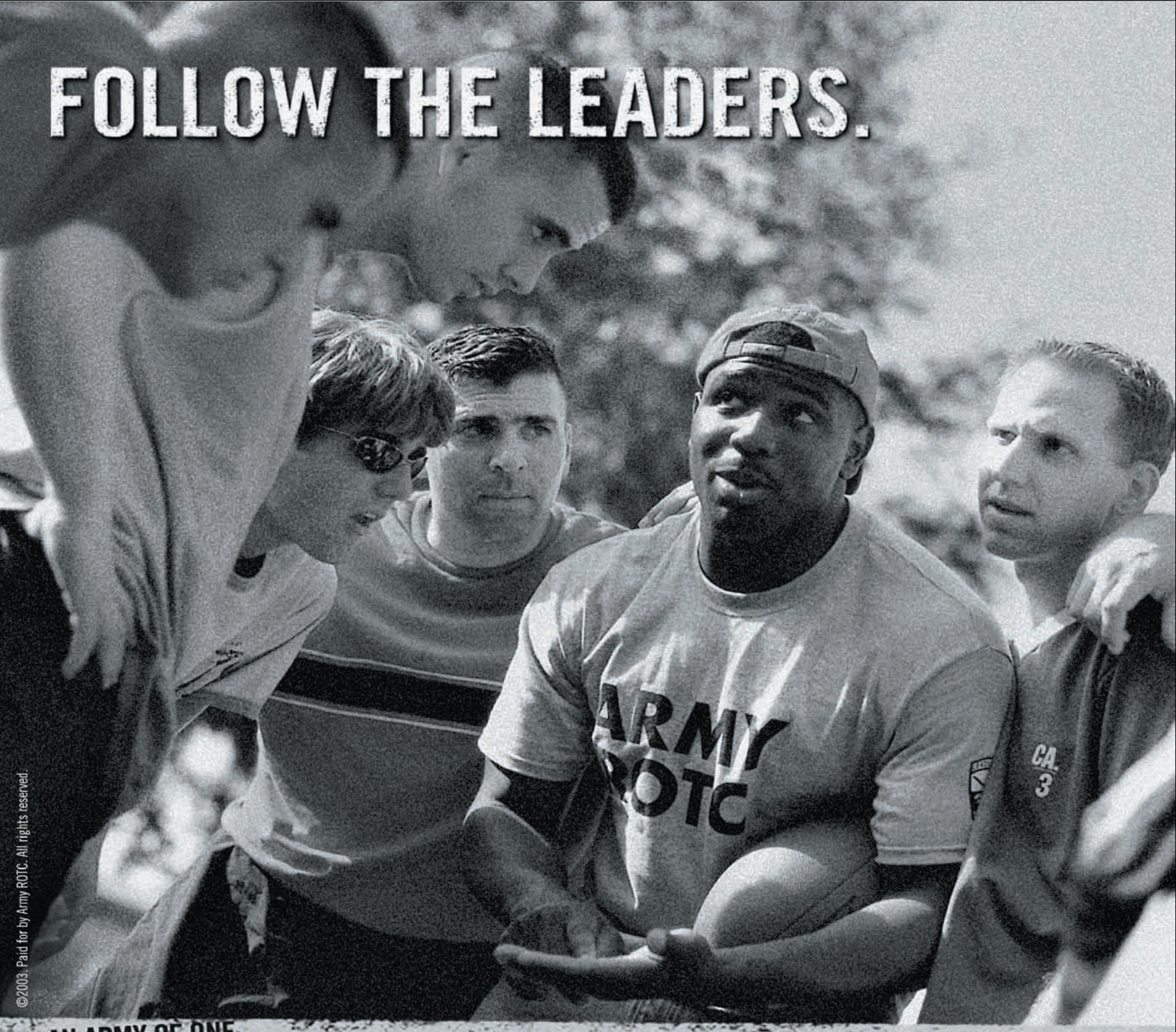
by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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Training camp: A two-week whirlwind

A day in the life:

Tennessean writers give budding reporter lessons in coverage

By MANDY ROGERS
Editor in Chief

When the alarm clock went off at 7 a.m., it came too early for Jim Wyatt, a sports reporter for the Tennessean. But Wyatt dragged himself out of bed, ready for another day of the Tennessee Titans training camp - this morning's practice would be the 20th one he's covered in 12 days. "I think I'm lucky to be in the position I'm in," Wyatt said. "I used to cover high school preps at the Tennessean, and I never thought I'd have the chance to cover an NFL team. I never thought I'd be in this position."

Wyatt, along with fellow Tennessean sports reporter Paul Kuharsky, arrived early to the scheduled 8:30 a.m. practice and gave me my first tip. Lucky enough to follow these professionals around while they rub elbows with Jeff Fisher and the like, this amateur sports writer grabbed a pen and her trusty reporter's notebook.

"The first tip is that attendance is important," Kuharsky said. "Make notes of who's practicing and who isn't. Then we can ask about injuries or changes in lineup."

I looked around in bewilderment. With 87 guys on the roster, I didn't know where to begin. Kuharsky, on the other hand, had his roster almost completely checked off. It must be something you learn with experience, I promptly justified to myself.

Each day of training camp, the two Tennessean reporters, along with David Boclair from the Daily News Journal - also a Gannett newspaper - are responsible for an incredible amount of work. Combined, they account for three online blogs, two notebooks, a main story and usually a secondary story.

Wow, I think to myself. At The All State, I usually write only one story per week. I guess that's the difference between a daily and a weekly paper.

"We do the same thing every day," Kuharsky said. "We watch, talk to people about what we see, dump that into the computer and the story takes care of itself after that."

During practice, I stuck close to my mentors. They made notes about players who've changed positions. I then attempted to make notes about players who've changed positions. It probably helps when you know who all the players are, I think as I flip through the official Tennessee Titans 2006 Media Guide I snuck out of the press room.

Right after the morning practice, reporters are able to grab players and assistant coaches for questioning as they walk off the field. This morning, Wyatt talked to defensive line coach Jim Washburn for a story about the defensive line batting down balls, which will probably run in the Tennessean early next week.

"We work on stories a couple of days in advance," Kuharsky said. "We plan stories well in advance and only change if something big comes up. Like, if Vince Young got hurt today, then we would write a live story. But in most cases, ideas we generate today will be used 10 days from now."

About 10 minutes after practice was over, Jeff Fisher made a few comments to the press. At training camp, Fisher usually makes comments after the team's second practice of the day. However, today's second practice was moved from 3:30 to 7:30 p.m. because of the heat, which means any comments the head coach might make then would be too late for the news stations to get their packages done. A media-conscious team - I like that.

Back in the press room located in Dunn Center, Wyatt, Kuharsky and I typed away, hard at work on our stories. Until, that is, we got the phone call. Lunch time! After the Titans have eaten, the media are allowed to chow down. Today the menu highlighted tender steak salad, Philly cheese steak sandwiches, and burgers and fries. For dessert, a player or a lucky reporter could choose from a smoothie bar, ice cream selection or jello.

I practically waddled back to the Dunn Center under the blazing mid-day sun. Back to work in the press room. When we returned, the guys from the Tennessean held a budget meeting, a session where they discussed story ideas for next week. Soon after, it was back to work, each typing away in a state of key-striking frenzy.

In only a couple hours, it will be time for the Titans final practice of the day and the second-to-last practice at Austin Peay State University. And Wyatt and Kuharsky will do it all over again. Fifteen-hour days aren't my idea of fun, but I'm sure glad they are for someone. What else would I read with my morning cappuccino? ♦

"Getting away from Nashville for camp is a good thing, especially for the younger guys. It's like a real football camp for them, like Football 101. In Nashville, they go back home or wherever, but here they experience a real, live football camp."

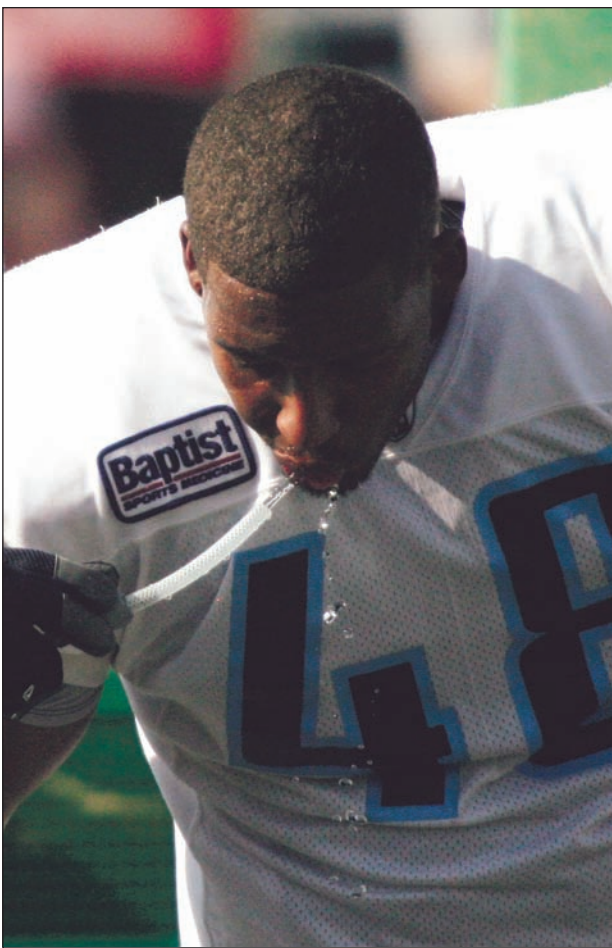
— Keith Bullock, Titans veteran
linebacker



LOIS JONES/SENIOR PHOTOGRAPHER
Drew Bennett, wide receiver, takes a moment to recover from the heat before the next drill. Heat index for the day was in the 100's.



LOIS JONES/SENIOR PHOTOGRAPHER
Rookie quarterback Vince Young takes time to sign autographs after morning practice.



LOIS JONES/SENIOR PHOTOGRAPHER
Marcus Randall, linebacker, takes a much needed water break during practice. The heat was in the triple digits in Clarksville.



LOIS JONES/SENIOR PHOTOGRAPHER
Adam "Pacman" Jones talks to a group of sports reporters after the day's practice.

Going 'back to school' a welcome change for veterans

There are a few differences between this year's training camp and those of years past. The walk from the locker room to the practice field and, more importantly, the walk from the locker room to the dining hall have increased exponentially. The comfort of a veteran's own bed is missing, replaced by the uneasiness of a night spent on a full-sized mattress laid across two single bed frames.

For the first time since the team moved into their new facilities in 1999, the Titans have left town for training camp. Left behind are the comfortable, convenient confines of Baptist Sports Park. Ahead lay 11 more days of campus life at Austin Peay State University.

For many veterans who were accustomed to the yearly preseason routine at the team's practice facility, the change has been surprisingly well-received. Whether it is living in a dormitory or the lengthy walk from the dorm to the locker room, the first days of camp have reminded them of their long lost college years.

Arriving at the players' dormitory Thursday evening, wide receiver Drew Bennett was immediately reminded of his days strolling the UCLA campus five years ago.

"It is very nostalgic," Bennett said. "I was walking down the dormitory hallway and all of the doors were open and people were in their rooms listening to music or just hanging out and watching TV. It reminds me of living in the dorm with some of my teammates at school."

The dorm rooms are the most prominent difference between this training camp and those at Baptist Sports Park. The bare, undecorated walls and the shared bathrooms hardly remind the veterans of their homes in and around Nashville. But like any college student would, the players have taken the necessary steps to make their dorms a comfortable living space. And what constitutes comfortable is different for each player.

On the simple side, Bennett brought only his pillow and his guitar. Quarterback Billy Volek packed only magazines, candles and a few snacks. Veteran tight end Erron Kinney is getting by with only his computer, a quilt and a pillow from home.

"I didn't bring any electronics or anything," Kinney said. "I told my wife when I was packing that I wanted to come up here and focus on football."

On the more extravagant side, guard Zach Piller brought a rug, curtains, and lamps to decorate his room. Running back Travis Henry arrived Thursday with a moving truck, bringing his own bed and a giant flat screen TV.

"My room is across the hall from his (Henry's)," Kinney said. "He

just brought home to the dorm. Everybody is just doing what they need to do to get focused for camp and the season."

Upon leaving their temporary homes, the players are met with another task reminiscent of their college days: walking. At Baptist Sports Park, only a short hallway lies between the locker room and the practice field. At Austin Peay, a large parking lot and a softball field separate the two. And that walk follows a stroll of similar distance from the dorm to the locker room.

"I think we have been a little spoiled in years past," Volek said. "It is a good walk from the dining hall and the dorms to the locker room, but it's nothing too bad."

Long-time Titan linebacker Keith Bullock agrees. "What are we going to do?" Bullock said. "This is work. We are fortunate to get to do this for a living. If we have to walk 700 yards, we have to walk 700 yards."

Two guys with a few training camps under their belts, Bennett and free-agent acquisition Kevin Mawae thought ahead and arrived at camp with a bicycle in tow. The two cruise briskly by their walking teammates and have mastered the art of the off-sidewalk pedestrian pass.

"I just ride right past them," Bennet said.

The one thing that bothers the veterans about training camp away from home is a similar problem to what upsets many college students: being away from friends and family. Both Kinney and Volek left wives and three kids at home. Kinney's wife had the couple's third child less than three months ago.

"It's tough leaving the family, especially with my three young children," Kinney said. "Being away from them is definitely the toughest part for me."

Head coach Jeff Fisher brought the Titans to Austin Peay so the team would have a chance to bond both on and off the field. Thanks to a healthy dose of living, eating and playing together, the veterans have noticed a difference in the team right away.

"There are distractions for a lot of the young guys if we stay at home," Bullock said. "Coming here and spending this time together has helped the chemistry and the welfare of this team already."

With 11 days remaining before the team vacates the campus of Austin Peay to complete camp at Baptist Sports Park, Fisher's plan to strengthen and bond his team in preparation for a long NFL season is nowhere near complete. But with the veteran players on board, going back to school should be a pretty good start. ♦

—Titans Media Relations

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OPINION

Governors' schedule doesn't play to strengths

My 2006 Predictions		
Opponent		Result
Southeast-Missouri	L	36-14
Cumberland	W	31-7
Samford	L	35-0
Dayton	L	40-20
UT-Martin	L	28-14
Open Week		
Missouri-Rolla	L	35-14
Univ. of the		
Cumberlands	W	35-14
Charleston	W	28-24
North Greenville	W	35-0
Morehead State	L	31-20
Western Kentucky	L	42-0

By MICHAEL YOUNG
Sports Editor

Well, it's football time again at the Peay and I can actually say that I'm excited. Though football time is my favorite time of the year, some things just never change. Take, for instance, the Govs' 4-18 record for the past two seasons. Do I think the Govs will rebound and have their first winning season since 2002? I think our red and white-clad players have a better chance at winning the national championship. I know the task of overcoming the win-loss margin is probably too big so I'll change the subject to something smaller.

Do I think the Govs will beat any of the three Ohio Valley Conference teams on the schedule this season? Again, I don't think APSU is that much improved from last season's 44-6 loss to a Murray State team that did not win a single OVC game and finished dead last.

Other than the OVC teams, the Govs' schedule features three familiar opponents from last season that are all long shots from victory this season. Realistically, I believe that the Gov' are poised for an improved 4-7 season.

Scholarships will help Austin Peay State University turn it's football program around. With 30 scholarships this season, the Govs will receive some help from freshmen with the talent to start.

However, you can't just throw money at a problem organization. If that were true then the Yankees would win the World Series every year. With practically all the linemen, running backs and receivers returning from last year, the Govs should actually be able to put the ball in the air this season with some regularity.

Junior quarterback Mark Cunningham takes over for last year's graduate quarterback Jesse Kellogg. Unlike Kellogg, Cunningham does understand that a football can successfully travel through the air from one person to another.

With an improved, strong defense returning, the Govs will be much improved from last year's team. However, I do believe their tough schedule will not allow them to display just how good they really are.

If you are a Govs' fan looking for a dominating, winning team, then practice this phrase with me - Better luck next year.♦



YOUNG

Scholarships help revitalize APSU football

By DUSTIN GANT
Staff Writer

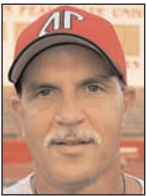
After the hours and hours of practice in the summertime heat, religiously watching game film, reviewing each play, the constant weight-lifting sessions, wind sprints and two-a-days, the summers can be draining to an Austin Peay State University football player.

Now imagine having to work, go to class, make grades and deal with all of the pressures of a typical student athlete every day. And now imagine not having any scholarships to show for it.

This is what the four remaining APSU football seniors have done for at least three and some even four years. Now, APSU gets to reward some of its finest athletes for their hard work and dedication by going back to scholarship football by giving their senior leaders and their freshman the

financial help they deserve.

According to APSU head coach Carroll McCray, there were at least 24 athletic



McCRAY

grants handed out to the football team: some full scholarships, some partial and some via the Hope Lottery Scholarship.

The return of scholarship football has attracted some top talent from out-of-state and some of the area's finest up-and-coming players.

There are freshmen from California, Florida and Georgia that came to APSU because of the quality of the coaching staff, the expanding campus and student body and the financial aid they would receive.

McCray, however, is quick to point out that the rewards are not necessarily given

out for on-field statistics.

"This is a reward system for representing the university in a first class manner," McCray said.

McCray says there are three main evaluation criteria that are taken into account before any award money is handed out.

These include the players' behavior in the community, their academic progress and their off-season work as well as work ethic.

Of course, talent and dedication are also a large part of the reward process, but statistics alone do not seal the deal.

"I also wanted to give something back to the seniors," McCray adds. "They are the ones who have sacrificed the most"

"I think the scholarships will help rebuild the program because we will have more talent coming in," freshman LaDarius

Davis said. "I think this will benefit everyone."

The freshmen are not the only ones who are reaping the rewards of hard work and talent; all four of APSU's seniors - including defensive linemen Steve Young and Drew Wilson, linebacker Brian Wipprecht and wide receiver Emmanuel Yancey - are also receiving assistance.

"These guys have sacrificed a lot," McCray said. "They were here through all of the transitions. It's neat that we could help them."

However, Govs' seniors know that scholarships alone will not save a struggling program.

"Scholarship or no scholarship, you have to love to play," Young said. "The two-a-days, all the work - no matter what year you are, to do this every day, you have to love it"♦

Chasing Glory

APSU running back will be rushing for all-time record

By MICHAEL YOUNG
Sports Editor

Two years have flown by for Austin Peay State University's star running back Chris Fletcher. With two years of his college career down, the third and upcoming season seems to be his most anticipated.

Along with the introduction of scholarships into the Governors' football program, Fletcher stands as the leader of a more experienced offense whose only safe-haven in the past was its running game.

Fletcher accumulated 1,944 yards during back-to-back 2-9 seasons as the Govs' go-to running back. The mark is just over 1,000 yards shy of former Govs running back Jay Bailey's career record of 2,992 set from 2000-02. However, the 5-10, 190-pound Clarksville native is only concentrating on one thing for the 2006 season - winning.

"I haven't thought about it," Fletcher said. "I had no idea that I was even that close to the record. I am just going into the season with my expectations high to get a winning record and turn this program around."

As a pre-established back with a good work ethic, Fletcher already realizes what it takes to reach Bailey's mark and he plans to take it one yard at a time.

"It's a lot of work to come out here every day and run hard," Fletcher said. "The tough yards on the short yardage situations are not easy, but it's like Coach Haywood said in that it's not going to be a big play every time. You take two, three or even four yards at a time and every now and then you'll have a blown assignment and one of

us will be able to break it big."

"If Chris stays healthy then he will be able to put up the numbers just like the past two seasons," APSU head football coach Carroll McCray said.

"The linemen will be big this year for Fletcher," McCray said. "We have four guys returning from last year and so far they have shown a lot of maturity. We lost our all-conference center, but Travis [Dumke] has stepped in and settled things down."

In order to break the record, Fletcher will need more than a little help from his offensive line and new quarterback as the team enters a treacherous schedule that features three Ohio Valley Conference opponents and four familiar opponents from last season that handed the Govs lop-sided losses.

"I think our schedule is going to test our running game at first but if our offensive line keeps going then everything will be fine," APSU fullback Adam Shockley said. "Especially since four starting offensive linemen are returning"

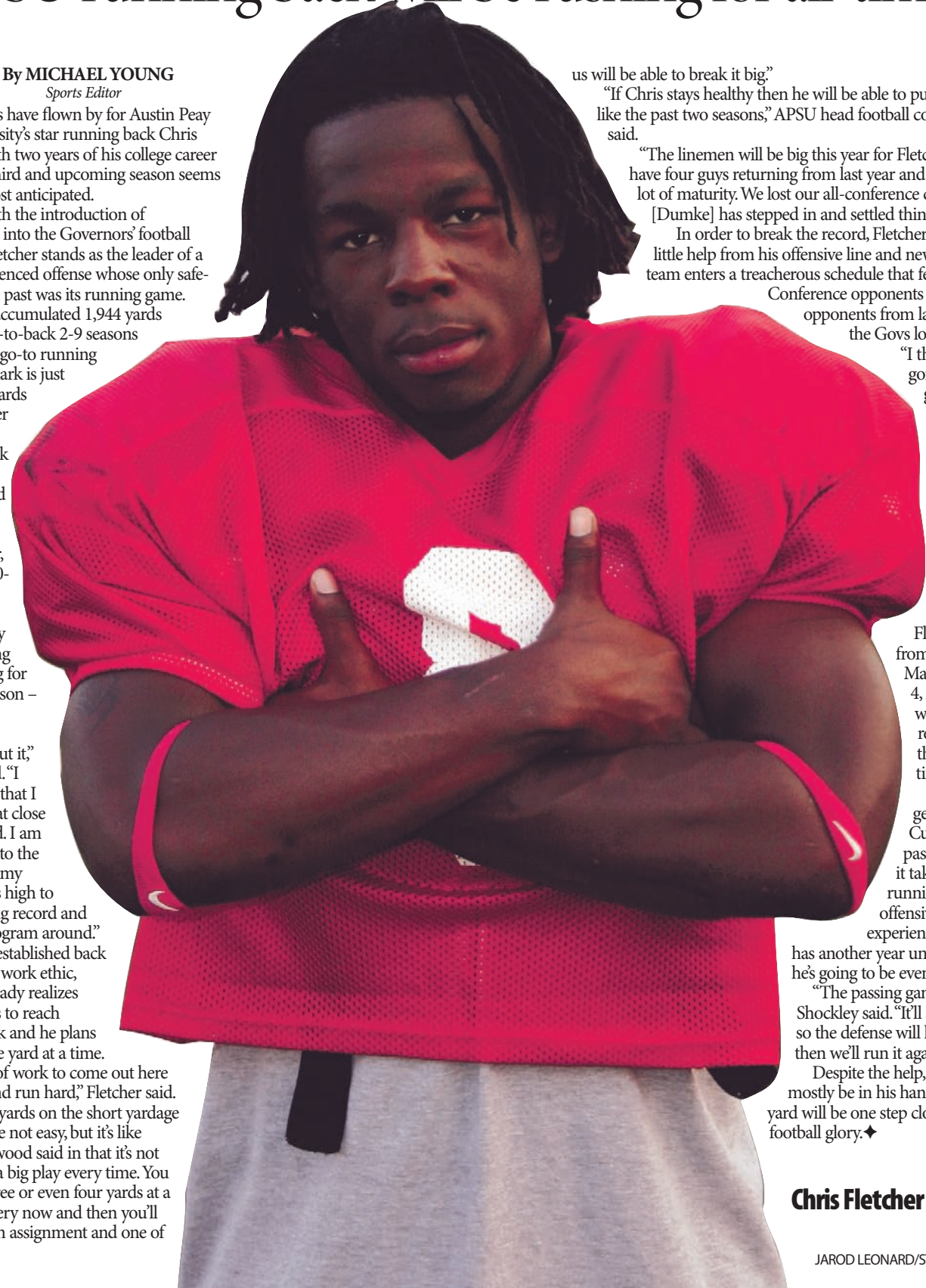
Along with the Govs' experienced line, Fletcher will also find help from junior quarterback Mark Cunningham. The 6-4, 200-pound quarterback will allow the offense to reinvent its passing game that faltered so many times last season.

"It's just a matter of me getting the ball off," Cunningham said. "If our passing game picks up then it takes pressure off the running backs. Plus, our offensive line is more experienced this year and Chris

has another year under his belt so I think he's going to be even better this year."

"The passing game will help us out a lot," Shockley said. "I'll spread out the receivers so the defense will have to play back and then we'll run it against them."

Despite the help, Fletcher's fate will mostly be in his hands this season as every yard will be one step closer to Bailey and APSU football glory.♦



Chris Fletcher

JAROD LEONARD/STAFF

Becker, Gulmire's opposition leads to friendship on APSU football team

JAROD LEONARD
PHOTO EDITOR



Spencer Gulmire

By MICHAEL YOUNG
Sports Editor

Austin Peay State University freshmen Daniel Becker and Spencer Gulmire have sort of a running history together by now.

Becker, a scholarship linebacker from Ravenwood High School, and Gulmire, a scholarship running back from Oak Ridge High, had known each other for a year before they met on the field.

Through football camps and acquaintances, the two had become familiar with one another before the two squared off on Dec. 3 of last year in the Tennessee High School 5A State Championship game.

After four quarters of hard-fought football, Becker, who would be named defensive MVP of the game, and his Ravenwood Raptors came out with a 14-7 victory

over Oak Ridge and Gulmire. The loss is something that, even today, Becker doesn't allow Gulmire to live down.

"That's probably 50 percent of the talk that we have is how we beat them in the state championship game," Becker said. "We actually watched the game [tape] just a few nights ago. Spence played a good game and Tyler Trent, who is another guy from Oak Ridge's team, usually comes down to our room. Dylan Williams was also a running back from Ravenwood, so it's always a battle going back-and-forth about the game."

It wouldn't be but a few weeks after the state title game that the two stars decided to sign their letters of intent with the Govs' and be a part of the first scholarship class at APSU since 1996. It was then that Becker first got the idea for the two former opponents to room together.

"Once [Daniel] decided to come here then I decided to sign here too and he called me not long after that with the idea that we should room together. Since we knew each other then we thought it would be a good idea."

Gulmire and Becker realized that the rooming assignment would work when the two roomed together as members of the Tennessee All-Star football team this past spring. The two

helped the underdog Tennessee team break a three-year slump against a Kentucky All-Star team that boasted multiple five-star prospects according to Rivals.com. It was there that Becker and Gulmire's friendly dispute over the state title game began to grow.

"[Daniel] was just messing with me a lot about the game so one day, me and a guy from Cookeville decided that we were going to take his ring so we did," Gulmire said. "We hid it from him and he looked for it for a whole day and he couldn't eat or sleep so it got him back."

Becker retaliated when Gulmire moved into their APSU dorm room when he found multiple Ravenwood state champion banners lying on his bed. Now, as members of the APSU football team on opposite sides of the ball, the two freshmen still compete against each other.

"We kid around sometimes like if the defense really stops the offense or if I make a tackle on Spence then I'll give him a hard time afterwards just like he'll do to me if it goes the other way that day," Becker said.

Naturally, however, the two still have something in common in that both players are set to see some quality playing time for the Govs' this season.

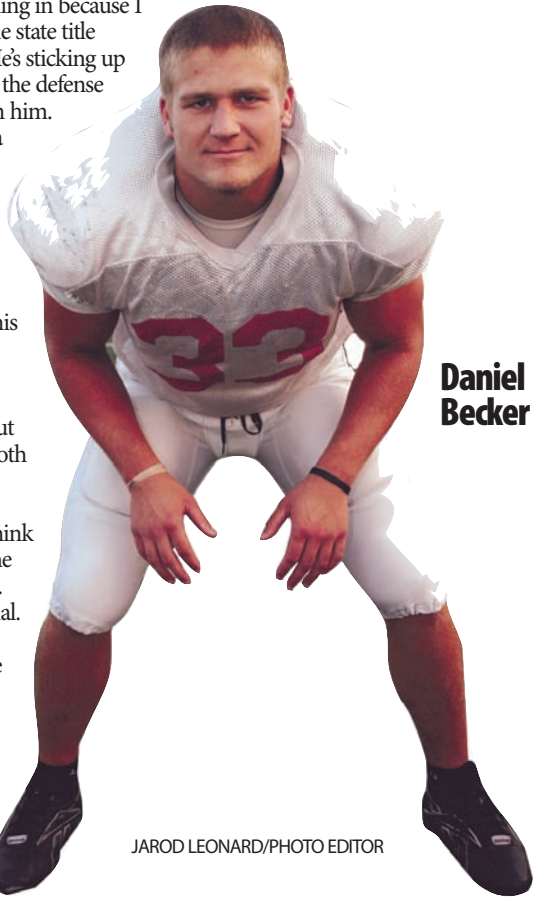
"[Daniel] is coming along real well," junior linebacker Josh Hackett said. "I

have been impressed with him. I knew he would be good coming in because I watched him play in the state title game in high school. He's sticking up real good and learning the defense so I am real happy with him. He's going to help out a lot."

Despite a shoulder injury that occurred last week during a Govs' scrimmage, Gulmire is expected to return to full contact this week and also earn playing time in the backfield.

"I've heard a lot about Spencer since we are both from Knoxville," junior quarterback Mark Cunningham said. "I think he was a sophomore the year that I was a senior. He has big play potential. From what he has shown so far I think he is going to be a good back for us this year."

In the end, however, both players are now competing together in order to help the Govs' win in 2006.♦

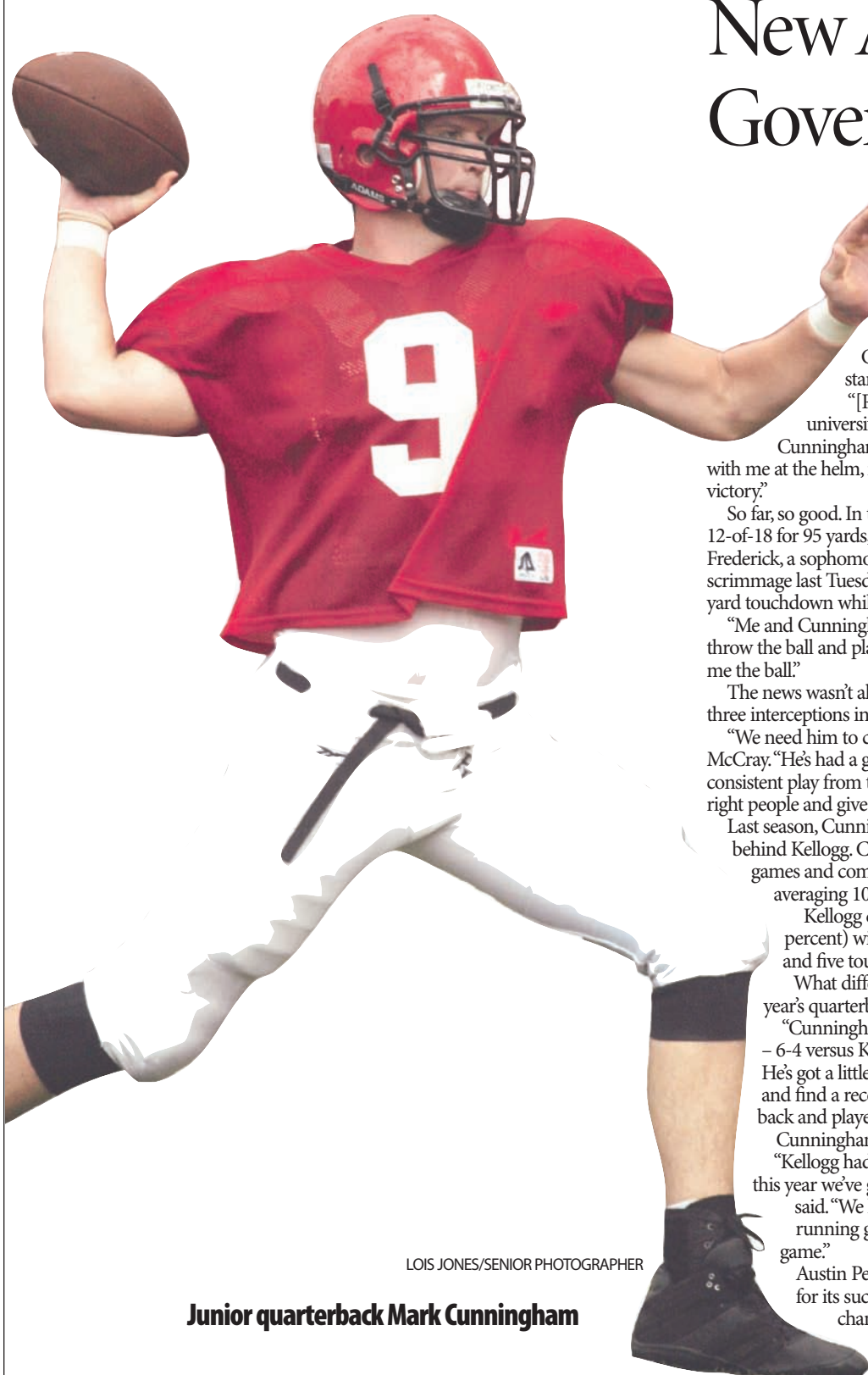


Daniel Becker

JAROD LEONARD/PHOTO EDITOR

Passing all the tests

New APSU quarterback leads Governors into scholarship era



LOIS JONES/SENIOR PHOTOGRAPHER
Junior quarterback Mark Cunningham

By **MANDY ROGERS**
Editor in Chief

Scholarships aren't the only new entity in the football arena this fall. Govs fans also will see a new quarterback calling the plays. As a new era begins, junior Mark Cunningham will take over after three-year starter Jesse Kellogg graduated. "[Returning to scholarships] is big for this university, and it's big for this football team," Cunningham said. "We've got quality players in here, and with me at the helm, it's exciting. Hopefully, I'll lead them to victory."

So far, so good. In the first Govs' scrimmage, Cunningham went 12-of-18 for 95 yards, including a 35-yard touchdown pass to Lanis Frederick, a sophomore from Clarksville. In the Govs' final scrimmage last Tuesday, Cunningham again hit Frederick for a 45-yard touchdown while going 10-of-18 and racking up 106 yards.

"Me and Cunningham watch film together," Frederick said. "We throw the ball and play catch. I can always depend on him to get me the ball."

The news wasn't all good, however, as Cunningham also threw three interceptions in the two scrimmages.

"We need him to continue to grow," said head coach Carroll McCray. "He's had a good summer. We need leadership and consistent play from that spot. He's got to distribute the ball to the right people and give us a chance to make plays."

Last season, Cunningham didn't get to see much game time behind Kellogg. Cunningham played in nine of the season's 11 games and completed 21 of his 35 pass attempts (60 percent), averaging 10 yards per completion with no interceptions.

Kellogg completed 118 of 252 pass attempts (46.8 percent) with 12 interceptions. He threw for 1082 yards and five touchdowns.

What differences will fans notice between this and last year's quarterback?

"Cunningham is bigger, physically," McCray said. "He's tall - 6-4 versus Kellogg's 6-foot - and he sees the field better. He's got a little more confidence in the pocket to sit there and find a receiver downfield. The receiving core is also all back and played well together in the spring."

Cunningham hopes the experience will pay off.

"Kellogg had some trouble with freshmen receivers, but this year we've got older, more mature players," Cunningham said. "We have an excellent offensive line and I think our running game will take some pressure off the passing game."

Austin Peay State University's football team isn't known for its successes on the field. But Cunningham wants to change that, and with scholarships, it just might be

a possibility.

"I want us to go undefeated," Cunningham said. "I don't care if I throw four touchdowns a game or if we run the ball. I want the whole team to get recognized and for us to win games."

Cunningham said his biggest fear this season is to not be respected. "It hurts when fans don't come out," he said. "So we're out here every day at 5:30 a.m. working our tails off to improve."

The Knoxville native knows what it's like to work hard to improve. He didn't start playing football until his freshman year of high school.

"My freshman year, I played junior varsity just to condition for basketball," Cunningham said. "No other quarterback came out, so it was just me. I stuck with it and played varsity my sophomore year."

By the end of his high school tenure, Cunningham earned all-state and all-region, was named Region 1A Offensive Player of the Year and finished as the East Tennessee-area leading passer.

"I love touching the ball every play and being a leader on the field," Cunningham said. "I'm a lead-by-example kind of guy." ♦



JAROD LEONARD/PHOTO EDITOR

Junior quarterback Mark Cunningham, sporting his yellow practice jersey made for quarterbacks, is ready to take control of the Govs' offense during the 2006 season.

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Welcome Back Events!

Organization/Vendor Fair

Monday, Aug. 28, 11 a.m. - 2 p.m. @ University Center Plaza

Breakfast After Dark

Monday, Aug. 28, 8 -10 p.m. @ University Center Cafeteria
Hosted by Gamma Sigma Sigma Service Sorority

Govs Caricatures

Tuesday, Aug. 29, 10 a.m. - 2 p.m. @ University Center Lobby
Hosted by Kappa Alpha Psi Fraternity, Inc.

One Night Stand Fundraiser

Thursday, Aug. 31, 10 a.m. -2 p.m. @ University Center Lobby
Hosted by Sigma Gamma Rho Sorority, Inc.

Ice Cream Social w/ 05-06 Homecoming Queen

Friday, Sept. 1, 11 a.m. - 1 p.m. @ University Center Plaza
Hosted by Chi Omega Women's Fraternity

Friday Nite Movie: "Scary Movie 4"

Friday, Sept. 1, 7 -10 p.m. @ Library Lawn
Hosted by Alpha Kappa Alpha Sorority, Inc.

Govs Temporary Tattoos

Tuesday, Sept. 5, 10 a.m. - 2 p.m. @ University Center Lobby
Hosted by Zeta Phi Beta Sorority, Inc.

Welcome Back Tag Game & BBQ

Wednesday, Sept. 6. 6 - 8 p.m. @ Intramural Field
Hosted by all APSU Fraternities & Sororities
Co-sponsored by University Recreation

Drunk Driving Simulator

Thursday, Sept. 7, 11 a.m. -3 p.m. @ University Center Plaza

Mark Sterner: DUI A Powerful Lesson

Thursday, Sept. 5 - 6:30 & 7:30 - 9 p.m. @ Clement Auditorium
Hosted by Govs Programming Council

Govs Postcards to Home

Friday, Sept. 8, 10 a.m. - 2 p.m. @ University Center Lobby
Hosted by Chi Delta Chi Veteran's Organization

Family Fun Day

Saturday, Sept. 9, 10 a.m. - 2 p.m. @ Intramural Field
Hosted by National Pan-Hellenic Council

Titans training camp



LOIS JONES/ STAFF
Rookie cornerback Cortland Finnegan angles his way towards running back Travis Henry. Finnegan, an alumni of Samford University, is one of four Titans players who hail from OVC schools.

OVC players impact NFL

Titans roster contains former conference players

By MANDY ROGERS
Editor in Chief

With Austin Peay State University entering its scholarship era, many fans wonder what will become of the previously underprivileged squad of years past. Will scholarships make a difference? What type of talent will the school now be able to recruit?

Taking a look around the Ohio Valley Conference, there could be a chance for the Govs to get some quality players. In 2007, APSU will join the league, and included in that are 60 full scholarships and a definite step in the right direction for recruiting talented players.

Four former OVC football players currently hold a place on the Tennessee Titans roster.

Eugene Amano is the veteran in the group with three years of NFL experience. The center went to Southeast Missouri and was a seventh-round draft pick by the Titans in 2004.

In each of last season's 16 games,he played in a special teams role and has experience at both the center and guard positions. In high school, Amano played in every game, and in his senior campaign he won the 1-AA Dave Rimington Award, given annually to the top center in college football at each level of competition.

Also with one year of professional experience is Marcus White, a graduate of Murray State. He was signed in 2005 as an undrafted free agent and earned a spot on the practice squad. This year, he will compete for a spot on the defensive line.

At Murray State, White was named All-OVC in both his junior and senior seasons.

In the two seasons combined, he totaled 80 tackles, 12 sacks, 26 tackles for loss, five forced fumbles and two fumble recoveries.

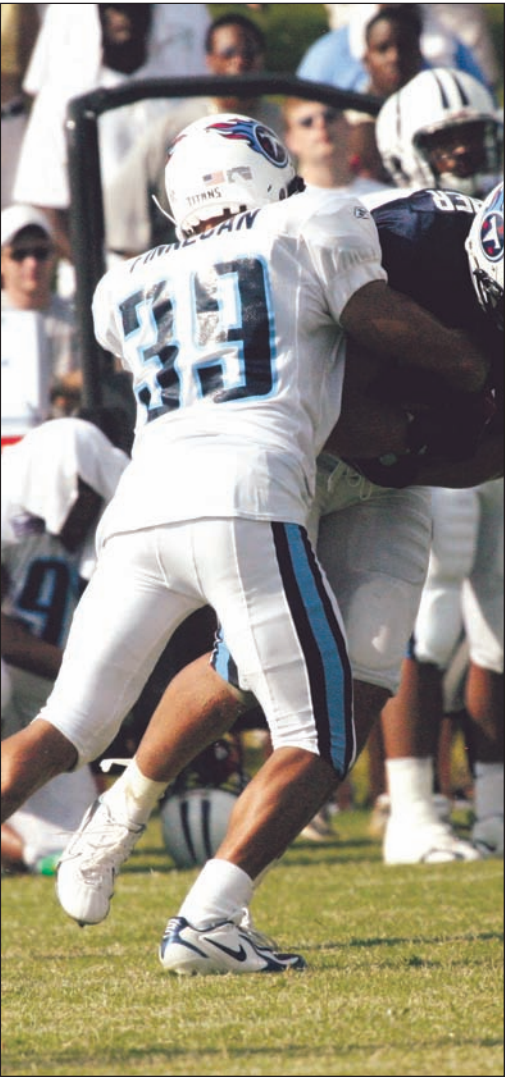
Rookie Cortland Finnegan graduated from Samford and was the Titans first pick of the 7th round in 2006.

"It's a blessing and an honor to play in the NFL," Finnegan said. "It was a childhood dream, you know? I hope I represent it well"

In high school, Finnegan was named to the first-team All-OVC three times. In his four-year career, he totaled 338 tackles, seven tackles for loss, nine interceptions, 26 passes defended, three fumbles forced and three fumbles recovered. As a return specialist for the Bulldogs, he also holds the NCAA Division I-AA career record with a 28.3 kickoff return average.

Rod Olds, a rookie center from Jacksonville State, joined the Titans as an undrafted free agent earlier this year. As a senior at JSU, Olds played left guard while helping his team lead rushing in the OVC. He was also a first-team All-OVC selection.

These four are only a fraction of the OVC players who have reached the professional level. So what does it take to get there?



LOIS JONES/ STAFF
Finnegan makes a tackle during one of the Titans' practices in training camp held at APSU's campus during the summer.

"You've got to do extra [work] to really excel your game," Finnegan said. "And that goes even when nobody's watching. It builds character. I played in the OVC, not the SEC. To get where I am today, I had to go the extra mile."

So maybe APSU does stand a chance to recruit athletes who have the talent as well as the dedication to work hard and go the extra mile. The step toward scholarship football certainly helps.♦

Lady Govs soccer young, but ready for '06 season



LOIS JONES/ STAFF
Freshman defender Nikki Moore attempts to block a pass by an opposing player during the Lady Govs' 6-0 exhibition win over Erskine.

Lady Govs' faced with replacing all-conference keeper

By DUSTIN GANT
Staff Writer

In only five years of Austin Peay State University women's soccer, head coach Kelly Poole-Guth has turned her young team from the new kids on the block to an upstart contender for the 2006 season.

On the practice field, there is a youthful energy and an obvious feeling of anticipation for the upcoming season. After one morning practice, many players left with smiles on their faces.

Part of the reason for the positive atmosphere is the love of soccer each girl possesses. It seems the other reason for the high spirits would be confidence. It is clear that this team knows it has talent.

Sophomore phenom Ashley Beck put a very clear perspective on the upcoming season.

"We can win the OVC and not just make it to the first round of the tournament," Beck said. "We improve every year. But last season we lost four games in the conference. This season, we can win all nine."

The girls will have to overcome some key losses to their roster before conquering the Ohio Valley Conference. Perhaps the biggest loss is the talent and leadership of Sarah Broadbent, who was a three-time all-conference keeper.

Broadbent was APSU's first-ever all-conference player and holds the NCAA record for saves in a game, which was set in 2002. The team also lost outside midfielder Kaylee Yago, who earned second team all-

conference honors along with fellow senior Amanda Hanson.

While the loss of such senior leadership might seem devastating to an up-and-coming team, Poole-Guth has been impressed with her freshmen class as well as her returnees and believes that they will be able to close the gaps on the players lost to graduation.

Replacing Broadbent at the keeper position will be the most intriguing task. She has a difficult decision between the raw talent of freshman Michelle Smith and the experience of Brooke Abrams to choose for a starter at a very vital position.

"It's a battle every day, but the job will go to the person that performs the best," Poole-Guth said.

The Lady Govs also look forward to major contributions from forward Monica Dunham and the return of Claire Bennett, an attacking center who was lost last year due to injury.

Two games the Lady Govs' are ready for, according to senior Tara Tidwell, is Southeast Missouri and defending OVC champion Samford.

"We are stronger than we were last year so we will be ready for [SEMO] this year," Tidwell said.

Poole-Guth knows she has one of the most talented teams in the OVC, but she is quick to add that there is still stiff competition around the league.

"There is so much parity in this league," Poole-Guth said. "There is a lot of competition and it basically comes down to who shows up on game day?"♦



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