

Lady Gobs soccer triumphs against UT Martin, 8



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APSU gets muddy



Top: Students and organizations compete and get dirty Sunday, Sept. 29 at the 2013 MudBowl. Above: Inflatables were available at this year's Mudbowl. WHITNEY DAVIS | STAFF PHOTOGRAPHER

» **By LAUREN COTTLE**
Staff Writer

Students got muddy at the SGA-sponsored MudBowl on Sunday, Sept. 29, continuing a 12-year-old APSU tradition.

The 2013 MudBowl winners were Chi Omega for the women's bracket, Sig Ep for the men's and Swole Patrol for coed.

Sixty-four teams competed this year wearing a wide variety of costumes.

Some participant costumes included the Powerpuff Girls, 'minions' from "Despicable Me" and Superman.

"Every year the participation continues to grow," said Kelsey Smith, SGA chief justice. Smith explained that MudBowl used to occur on Thursdays but had to be moved to the weekend because of the event's growth. The SGA provided

CONTINUED ON **PAGE 2**

GSA's funds stolen for personal use

» **By PHILLIP SWANSON**
Staff Writer

A former member of the Gay Straight Alliance at APSU has admitted to being disciplined after accusations of using \$1,960 of the organization's funds for personal use were confirmed.

An anonymous tip said Ryan Whipkey was the alleged student who used the funds, and Whipkey admitted this was true.

According to Bill Persinger, executive director for Public Relations and Marketing at APSU, "there was an issue with misuse of funds by a member of the GSA, and this was addressed through the student discipline process by Dean of Students Greg Singleton. The individual involved in misuse of the funds repaid the amount in full."

It is against APSU policy to comment specifically on student disciplinary actions or student records.

Persinger said in an email,

"We cannot discuss student disciplinary actions beyond confirming that one took place."

According to Jess Brundige, public relations officer for the GSA, a member who had access to the GSA account used all of it, taking approximately \$1,960. In the spring, GSA raised funds by hosting a drag show, and by August, these funds were gone.

"At the start of the school year, the GSA noticed that their bank account was empty and began an investigation," Brundige said. "The student accused was the only one with debit card access. At that time, we turned it over to the university to investigate. Now, we have been notified that the investigation is over, and we will be getting our funds back from the student."

Whipkey said in a message that he was the only GSA member available to attend Summer Welcome sessions. "I

CONTINUED ON **PAGE 2**

Second resolution proposed at SGA meeting



New Senators Ben Pafford and Sam Hall repeat the oath of office as Chief Justice Kelsey Smith swears them into the SGA on Wednesday, Sept. 25. MEGAN ENDSLEY | STAFF PHOTOGRAPHER

» **By LAUREN COTTLE**
Staff Writer

On Wednesday, Sept. 25, resolution No. 2 was proposed to the SGA. The resolution proposed to send a recommendation to the Physical Plant asking them to pour concrete on the gravel area of the Gobs Lane, which is a high traffic area between the gravel area between the UC and the flower bed.

Senators Taylor Gaston and Thomas Thornton presented this resolution.

According to the bill, the loose gravel causes a "safety hazard" and doesn't

"present the best possible image" of the campus to future students.

"This is an issue that I identified during my previous term as a freshman senator," Thornton said.

Thornton also said he assumed it would be fixed over the summer because it would be more convenient.

Chief Justice Kelsey Smith told SGA members to "get excited" for MudBowl. Senators volunteered to prepare the event Saturday, Sept. 28. Smith mentioned MudBowl was at capacity with 64 teams and there was a 40 percent chance of rain.

The SGA talked about preparing for its next big event, G.H.O.S.T., which is a safe Halloween festival for children and their parents. G.H.O.S.T. will be Sunday, Oct. 27 from 4 p.m. to 7 p.m.

Vice President Jessi Dillingham reminded senators to submit their legislation for the fall semester and not to "wait until the last minute."

Senators Ben Pafford and Sam Hall were sworn in with the oath of office led by Smith.

"This is exciting, because we now have a full senate," Dillingham said. **TAS**

Foy to receive \$8.7 million upgrade

» **By MYRANDA HARRISON**
Staff Writer

A year ago, a proposal was pitched by Director of the Foy Fitness and Recreational Center David Davenport with Student Affairs to add more space to the Foy.

The project was submitted to the Tennessee Board of Regents in 2013 to move forward as a part of the budget.

Once the project is approved, Davenport explained, there will be more gym courts, more locker rooms, a covering for the pool to make it indoor and Health Services will make the transition from Ellington to the Foy.

"There is a need for it," Davenport said. "We need more."

Kasey Panczer, a graduate assistant at the Foy, said the fitness center needs more lockers because they sell out quickly, as well as other complaints they hear from students.

"We get comments all the time as to why we don't have an indoor pool," Panczer said.

Vice President of Student Affairs Sheryl Byrd said \$8.7 million is the most they think they can finance.

"It's sort of like buying a car or a house," Byrd said. "The bottom line is: Do you have enough income to make the payment? We have to design it around what we can afford rather than everything we might want. Unfortunately, this amount of money doesn't build as much as you might think."

According to Mitch Robinson, vice president of Finance and Administration, the earliest time the project can be brought forward is July 2014.

This is because APSU is also working toward building a new football stadium, and Davenport said the Foy project will not take place until after the stadium is complete.

"Nothing is set in stone," Robinson said. He explained the estimated 2014 date is for the hiring of the designer and not the actual construction.

The construction will possibly take place in 2015 and nothing will be completed until 2016.

The estimated cost to upgrade the Foy will likely exceed \$8 million.

Different estimates came from different designers based on the square footage.

"It's just an estimate," Robinson said. "It could be more, could be less."

The backing for this project comes primarily from the student debt service fees and support from the university. Student debt service fees are a portion of the \$642 student fees paid every semester that fund facilities like the Foy, the UC and the new stadium.

"I believe it's very important for us to keep moving forward to provide the best services and facilities possible for students," Byrd said. **TAS**

Under fire, 'Obamacare' going live

» ASSOCIATED PRESS

WASHINGTON — Contentious from its conception, President Barack Obama's health care law has survived the Supreme Court, a battle for the White House and rounds of budget brinkmanship. Now comes the ultimate test: the verdict of the American people.

A government shutdown could dampen the rollout Tuesday, Oct. 1 as insurance markets open around the country. But it won't stop the main components of "Obamacare" from going live as scheduled, glitches and all. The biggest expansion of society's safety net since Medicare will be in the hands of consumers, and most of their concerns don't revolve around ideology and policy details.

People want to know if they can afford the premiums, if the coverage will be solid, where the bureaucratic pitfalls are and if new websites will really demystify shopping for health insurance. Full answers may take months.

People who don't have access to job-based health insurance can start shopping right away for subsidized private coverage. Or they can wait to sign up as late as Dec. 15 and still get coverage by Jan. 1. Many will probably want to see how it goes for the first wave of applicants before they jump in.

Glitches are likely to pop up in the new online insurance markets. Over the weekend, several states were still struggling to get plan information to display accurately on their websites. Earlier, the federal

government announced delays for small business and Spanish-language signups. A protracted government shutdown could slow needed technology fixes.

Consumers also could run into problems getting their right subsidy amounts. People with complicated tax returns and extended families living under the same roof could find they need personal assistance to work out the issues. Referrals to state Medicaid programs might go smoothly in some states, not so well in others.

"As this unveils, it is going to be very clear that everything can't be done on a computer," Christine Ferguson, director of Rhode Island's marketplace, said in an interview prior to the launch. "But by Day 60 to 120, and the year after that, it's going to get a lot more user friendly and effective."

People who do have access to employer-based plans will also see changes. Starting Jan. 1, virtually all Americans will have an obligation to carry health insurance or face fines. Passing up the company medical plan in exchange for a bigger paycheck may no longer be an option.

But employees who lose their jobs, entrepreneurs starting their own businesses and people in between school and work could have an easier time getting coverage.

A partial government shutdown, driven by Republican opponents of increasing the federal role in health care, will not stop what they call "Obamacare." Core provisions and benefits are shielded from annual budget battles.

If other government services are shut down, the health care overhaul can largely keep going — much like Social Security and Medicare.

The federal government is taking the lead in running the new insurance markets in 36 states.

Polls show the country remains divided over the law, with opponents outnumbering supporters. Nonetheless, a Kaiser Family Foundation survey found 56 percent of Americans disapprove of cutting off funding to expand coverage for the uninsured, as Republicans are pressing to do.

In states not expanding Medicaid, millions of uninsured people below the federal poverty level will likely be shut out of coverage.

That's the case in Texas and Florida — both of which have large uninsured populations — and in many, but not all, Republican-led states.

It's because under the law, people below the poverty line — an individual making \$11,490, a family of four \$23,550 — can only get the new coverage through expanded Medicaid.

The other arm of "Obamacare's" coverage expansion — subsidized private insurance through the new markets — is mainly geared to uninsured people in the middle class.

The administration is hoping to sign up 7 million the first year.

Young, healthy adults are prime customers, since they'll help offset the cost of caring for sicker people sure to sign up once insurers can no longer reject them. **TAS**

MudBowl

CONTINUED FROM FRONT

free CiCi's pizza and water to participants. Students also slid on a large water inflatable.

Women's and men's teams played first, followed by coed.

After winners were decided, a loser's round was held for each bracket.

The temperature was in the mid-60s and it rained sporadically throughout the event.

To prepare for the event, the MudBowl Executive Committee meets weekly along with the SGA Chief Justice Kelsey Smith and the SGA Adviser Greg Singleton.

"We begin these weekly meetings about a month before school lets out in the spring and continue them once the fall semester begins until the event occurs," Smith said.

The SGA also worked with multiple sponsors for MudBowl, including Greenfield Trucking, who supplied the dirt, Co-Op, who supplied the hay, Sam's Club, Campus Police, the Clarksville Fire Department, CiCi's Pizza, APSU student organization presidents, Physical Plant, University Facilities and others. **TAS**

CRIME LOG

The campus crime log includes arrests and dispatch call-ins. As mandated by Tennessee law, the crime log is updated within two business days of an incident and new information to an incident available for public inspection any time during normal business hours.

- 4:04 p.m.; Sept. 24; Harvill Bookstore; theft of property
- 8:17 p.m.; Sept. 24; 505 York Street; unlawful drug paraphernalia

- 3:28 a.m.; Sept. 24; Castle Heights; vandalism
- 9:51 p.m.; Sept. 23; Governors Terrace North; simple possession/casual exchange
- 11:49 a.m.; Sept. 23; Morgan University Center; theft of property
- 8:18 p.m.; Sept. 24; Castle Heights; theft of property
- Visit TheAllState.org to see an interactive map of the campus crime log.

GSA funds

CONTINUED FROM FRONT

In the message, Whipkey said he told the GSA president he used the funds, and he would repay them.

"The day before I put the funds in, the adviser saw they were gone," Whipkey said. "Instead of asking me, he opened an investigation, even though the president told him that she knew where money went and when it would be back."

In the message, Whipkey said he was charged with theft for every transaction from the organization's account for which he didn't have receipts.

"So, trips we took as a group, conferences I went

to on behalf of GSA and items we bought for GSA, I had to pay back for no reason other than I didn't have receipts," Whipkey said.

"So I had to give GSA the money back and was banned from campus."

Brundige said the funds were used for shopping, gas, haircuts and at hookah businesses.

Brundige said Whipkey pleaded guilty to theft charges.

"Operating without funds has been a challenge, but the community has really stepped up to help," Brundige said. "Coldstone Creamery donated ice cream for our Ice Cream Social in August, and we already have several performers lined up for the Fall Drag Show who will not be charging us for having them in our show," she said in an article in the *The Leaf Chronicle*. **TAS**

Dr. Lonise Bias

“The best is yet to come, for community, family, and our schools.”

A mother's compelling story of her son, Len Bias, who died due to cocaine intoxication just two days after being drafted by the Boston Celtics in 1986.



Monday, Oct. 7
7pm, Clement Aud.
Doors at 6:30pm

This event is free and open to all APSU students.



Peay Read



Copy editors wanted

Do you consider yourself a words smith?
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**Bring this advertisement to your interview with the
necessary corrections.
Look for AP style and basic spelling and grammar
mistakes.**

Top: APSU students and community file into the Dunn Center on Thursday, Sept. 26 for the Peay Read. Ron Rash, author of "Saints at the River" spoke at 7 p.m. "Saints at the River" is a story about a young girl who drowns in a river after getting trapped in a deep eddy. Her parents wanted to rescue her body but environmentalists were worried the rescue would cause damage to the river. In the story, Maggie Glenn, a newspaper photographer, who grew up in the town is sent to document the incident. While documenting the incident, she finds herself struggling with her past. Far Left: Rash autographs copies of his book for students. Left: APSU President Timothy Hall speaks during the Peay Read. Below: Rash talks about his book. BRITTANY WARREN | STAFF PHOTOGRAPHER



HOMEcoming CONCERT 2013 • PRESENTED BY THE GOVS PROGRAMMING COUNCIL



CRAIG MORGAN

with **BRYNN MARIE**

MONDAY • 10.21.2013

7 P.M., RED BARN

DOORS OPEN AT 6 P.M.

TICKET INFO

BEGINNING MONDAY, OCT. 7

Main campus students (residential, commuter and online main campus) will be able to pick up one FREE ticket on a first-come, first-served basis. Must have current APSU I.D.

BEGINNING WEDNESDAY, OCT. 16

Fort Campbell and all online students, faculty and staff will be able to purchase tickets, if available and main campus students may purchase one additional ticket (\$20).

Tickets available 10 a.m.- 2 p.m. and 4-6 p.m. weekdays in the Morgan University Center Lobby.

NO bags/purses, alcohol, firearms, tobacco products or illegal substances allowed.

For more info, visit www.apsu.edu/sle/gpc.



AP Student Life & Engagement





What would you do if you won the lottery?

» By DANIELLE BOOKER

Guest Writer

Money has been very important to society for years; one would be correct to say money makes the world go 'round.

Without some method of payment, everyone would be burdened with the task of finding a way to make, grow or build everything that he or she needs.

Money is very important in our lives, so what would you do if you won the Powerball?

"I would invest it," said freshman biology major, Heather Merrill. Although I couldn't agree more, it would also be quite fun to spend the money on some expensive items. Claire Estes, a freshman special education major, and Keana Illgen, a freshman early childhood development major, agreed they would spend the money on a nice car, "specifically an Audi R8," said Illgen.

There are a number of things you could buy for yourself, but how about using the money to pay for something that would benefit someone less fortunate than you?

"I would start an organization for pregnancy [in] sex-trafficking victims, the efforts of which are much needed," said Asia Tate, a junior biology major.

Gambling habits, such as participation in the lottery or Powerball, can become addictive and might lead to other unwise choices, such as selling important items to fund your bad habits.

Currently in America, there is a huge problem with debt. Deciding what to spend our money on has become an issue, with the average American credit card debt being \$15,185, the average mortgage debt \$147,133 and the average student loan debt being \$31,509.

As consumers, we should be more financially aware.

Winning the lottery or Powerball happens once in a lifetime and only happens to a select few. We should aim to be successful in whatever we do and mindful of what we do and do not have. Budgeting and saving up for things you want is a step in the right direction.

Miracles like winning the lottery or Powerball do not happen every day, but when they do, one should be mindful of steps that can be taken in order to continue to live and act in the smartest way possible and to maintain mental, as well as financial, happiness. *TAS*



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The All State's mission is to publish timely and pertinent news for the Austin Peay State University community. It serves as a voice for the students and

is entirely managed and produced by APSU students.

The All State is not an official publication of Austin Peay State University. The views herein do not necessarily reflect those of *The All State*, APSU or the Tennessee Board of Regents.

Just Like Cats & Dogs by Dave T. Phipps



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CryptoQuote

AXYDLBAAXR
is **LONGFELLOW**

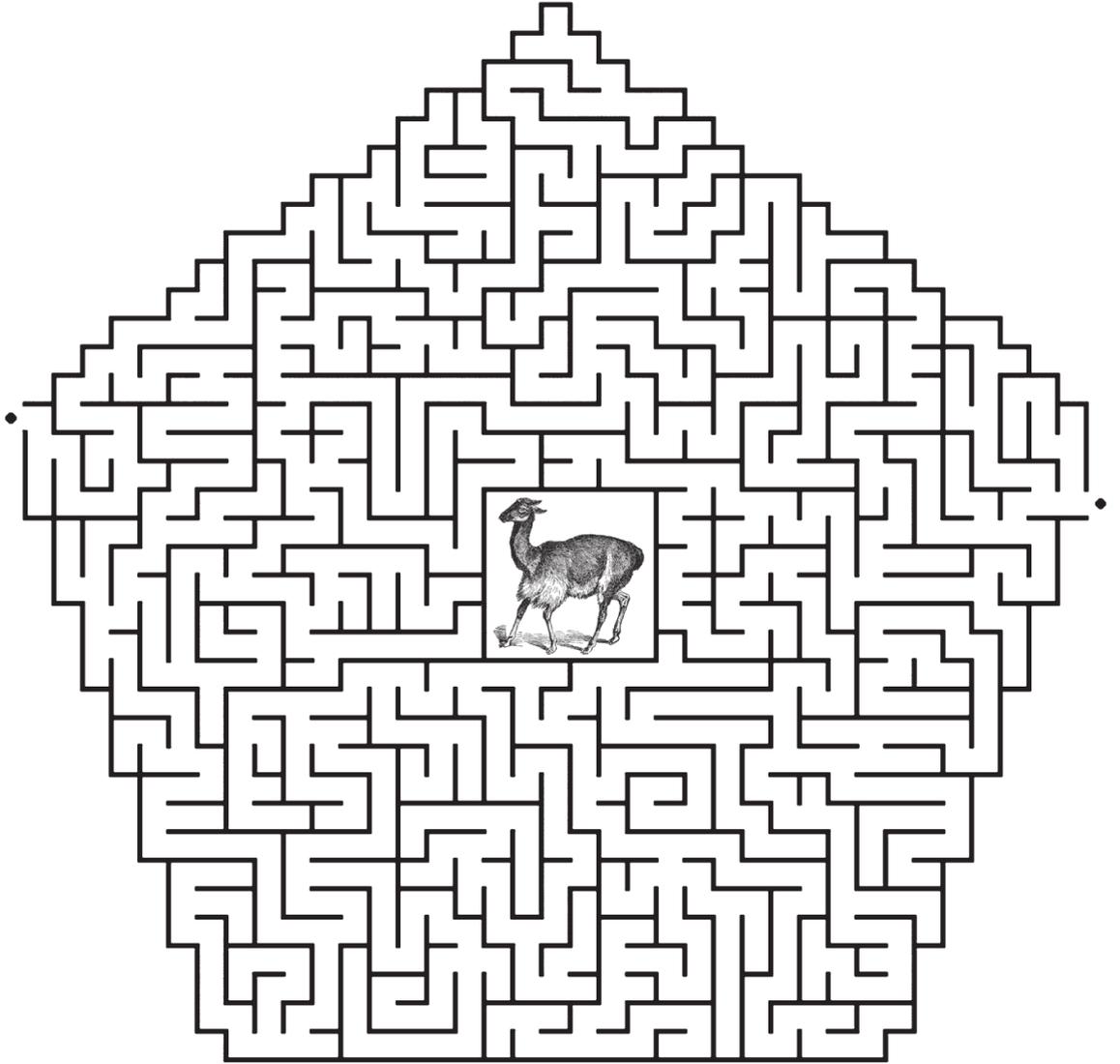
One letter stands for another. In this sample, **A** is used for the three L's, **X** for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

HBJ RQJEHJVH JLWTV EQJ
XQNK OWHBWP ZV; EPM
XQNK NZQVJTLJV ETVN OJ
KZVH TNNS XNQ HBJ
RQJEHJVH RNNM.
— DJQJKA HEATNQ

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Mega Maze

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Super Crossword

SOMETHING IN COMMON

- | | | | | | |
|---|---|---|---------------------------|----------------------------------|------------------------------|
| ACROSS | 49 Trio after K | 86 Capitol body | 126 Phys ed | 40 "— Forgettin'" (1982 pop hit) | 76 Rome's — Fountain |
| 1 Move belly-up on all fours | 50 Angels' rings | 88 Good bud | 1 10 sawbucks | 78 Snake eyes | 82 Of one's forebears |
| 9 Take — (do some traveling) | 52 Husband of Sarah Palin | 90 Daytona 500 entries, e.g. | 2 Gads about | 43 "How Great — Art" | 84 Dog relative |
| 14 Capital of Tanzania | 54 Droid or iPhone, e.g. | 94 Tiny air sacs in the lungs | 3 See 41-Across | 44 Goddess of concord | 85 Gets bloated |
| 20 Restricted zone | 57 9-Down seaport | 98 OPEC | 4 Abuts | 45 Sliding by | 86 Torah locale |
| 21 Espresso with steamed milk | 58 Lions lie in it | 99 Toughen, as to hardship | 5 Obi- — Kenobi | 46 Eatery list | 87 Emerald Isle |
| 22 Reaming appliance | 59 "Filthy" gain | 100 Loud couple in a marching band | 6 NPR's Shapiro | 47 Aquatint, e.g. | 88 Deprive (of) |
| 23 One using a spare bedroom | 61 Retro hairstyles | 104 Artificial fat | 7 Drumstick | 48 War film, when tripled | 89 Farm alarm? |
| 25 New York's — Island | 63 Strike and ball caller | 108 They require double reeds | 8 Madeline of "Clue" | 53 Actor Mulrone | 91 Weep |
| 26 Minister to | 64 It's smart to back this up | 109 It's all wet | 9 Like Casbah natives | 54 Of the earliest ages | 92 U.S. spy org. |
| 27 Scottish refusal | 68 19th-century king of Sweden and Norway | 110 Missions, for short | 10 Hellenic "T" | 55 Pigeon shed | 93 Brian of rock |
| 28 Metalliferous rock | 70 Sothern of "Maisie" | 112 Rail supports | 11 Hwy. | 56 Ending for enzymes | 94 Orbital point |
| 30 Quiver | 71 Butterfly's title | 113 Italian-style ice cream | 12 "There, there" | 58 Chemist Mendeleev | 95 Stereotypes |
| 31 Gloria of pop | 72 People who call without being asked | 115 What this puzzle's seven longest answers have in common | 13 — dish | 59 Red Square honoree | 96 Bluish-purple |
| 35 Surf zone sights | 77 Prefix with car or law | 121 High dice roll | 14 45 spinners | 60 Banquet coffeepots | 97 Suffix with robot or poet |
| 39 Bicycle spokes, e.g. | 79 "Soap Talk" co-host Lisa | 122 Bird claw | 15 Defeat in a pool race | 61 Uses a "+" | 101 — come (in the future) |
| 41 With 3-Down, many a tax auditor | 80 — to go (fired up) | 123 Priced separately, as 46-Down items | 16 "Julia" star Carroll | 62 Italian monk | 102 Taj — |
| 42 Inventors of new words | 81 Kind of PC monitor | 124 Nitrate and nitrite, e.g. | 17 Scale range | 64 Vena — | 103 UV ray-blocking stat |
| 43 What many corporations are listed on | 82 Stratford's river | 125 Actor Edward James — | 18 Less bold | 65 "... — quit!" | 105 Pageant crown |
| | 83 Hang behind | | 19 James of westerns | 66 Rikki-tikki- — | 106 Takes ten |
| | 84 UPI bulletin | | 24 Diner bill | 67 Women's patriotic org. | 107 Embers |
| | 85 Pollen carrier | | 29 Env. addition | 69 It aired "Crossfire" | 111 Male caribou |
| | | | 32 Lot in life | 70 Google find to friends | 114 Roll- (deodorants) |
| | | | 33 Fusses | 72 Work to get | 116 A hardwood |
| | | | 34 Actor Cage, to friends | 73 Actress — de Matteo | 117 "— hoo!" |
| | | | 36 Transgress | 74 Request | 118 Bridge writer Culbertson |
| | | | 37 Request | 75 Wine cooler | 119 "Rambo" site |
| | | | 38 Victor's color | | 120 CL doubled |

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Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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EVENTS
Wednesday, Oct. 2
Free Lunch & Conversations 11:30 a.m.- 1 p.m., Sponsored by WNDAACC
Friday, Oct. 4 First Friday Noon- 2 p.m., MUC Plaza Sponsored by SLE and SOC
Dance Marathon 6 p.m. - 2 a.m., Red Barn Sponsored by SLE
Intramural Ultimate Frisbee Registration Deadline
Saturday, Oct 5.
Intramural Ultimate Frisbee Tournament Noon, Recreation Field Sponsored by URec
Sunday, Oct 6. New Member Institute TBA Sponsored by the FSA
Monday, Oct. 7.
Grad Finale 2 - 6 p.m., MUC Ballroom GPC Speaker: Dr. Lonise Bias Doors open at 6:30 p.m., Clement Auditorium
To submit on- or off-campus events for future Community Calendars, email allstatefeatures@apsu.edu.

Online shopping in college

APSU students tell all when it comes to the appeal of shopping online

» By SABRINA NICOLE HAMILTON
 Staff Writer

With e-commerce at an all-time high, generating \$231 billion in sales for U.S. retailers in 2012 and expected to increase 13% to \$262 billion this year according to Indivik, Mashable.com, it's a wonder the economy isn't in better shape.

Online retail giants such as Walmart, Apple and Amazon according to netonomy.net account for a lot of the internet's sweeping popularity among young, tech-savvy shoppers.

For some, online shopping has its perks: staying open 24/7, purchase prices are easier to negotiate because of the high sales volumes, and stores are cheaper to operate online.

Lexi Corby, a sophomore psychology major, said online shopping is her go-to for a better deal.

With many students working part-time during the school year, time commitment can be an important factor, as well as cost.

Regularly in the APSU post office, Amazon and Zappos boxes fill the slots along the wall and the help desk is busy with students picking up packages. Amazon, for instance, carries many standard textbooks at lower prices than university bookstores, on top of carrying clothing and accessories.

Additionally, students can sign up for Amazon Prime, which offers free two-day shipping on millions of items, unlimited instant streaming of movies and shows and a Kindle Owners' Lending Library.

Jacob McCoy, a computer science and physics major, said it's easier to find what he's looking for online, as opposed to wandering through a mall or a store.

"I wear a size-14 shoe, and sometimes I can't find that in a store. I actually have to buy it online," McCoy said.

Online shopping is a convenient way for students to buy what they need while saving money and time. **TAS**



Students use online shopping to find deals on necessities, to save time and to splurge on trendy items. **STOCK EXCHANGE**

It's possible: Eating healthy on a student budget

» By LINDA SAPP
 Staff Writer

Eating healthy can be difficult for college students who are often on a tight budget.

T. Colin Campbell's heart disease reversal study offers candid advice on eating healthy. Based on his study, and recommendation by Dr. Oz, Campbell said, "There is not one single mechanism in a plant-based diet that is responsible for its health promoting effects. It's not about individual nutrients. It's about the 100,000 chemicals from plant foods that work together synergistically that bring about good health."

APSU student Etenia Mullins said, "Both on and off campus, I prefer plant-based and whole foods, which I can afford off campus but not on campus."

Mullins said she believes APSU should lower prices. "The vending machines sell the cheapest snacks which unfortunately have higher sodium, sugar and cholesterol," Mullins said.

There are healthier items on the food court shelves. Coolers are lined with five types of salads, fruits, raw vegetables and yogurt.

But some students doubt it is cheaper to eat on campus. "I don't feel like eating on campus. When I eat at home, I like both plant-based foods with meats," said student, Rebecca Vargas.

Alexis McCarty, graduate assistant

“Eating smart for two or three days per week and limiting eating out will save money.”

— Alexis McCarty, graduate assistant for Health Services

for Health Services, believes being a student influences one to eat foods that aren't healthy.

"Students go for foods that are convenient," McCarty said. "Eating smart for two or three days per week and limiting eating out will save money."

McCarty said buying food in bulk and using leftovers rather than buying "junk food" or \$3 salads will save money and be healthy.

"Students can afford to eat healthy more than they think," McCarty said. "Steak should be no larger than an iPhone, fish should be checkbook size

and chicken no larger than a deck of cards."

For those interested, there is a graphic regarding food choices and portions online at myplate.gov.

For students who live on campus and cannot shop off campus, McCarty recommended the APSU Café.

She said she thinks they offer well-balanced meals with vegetables. When eating at the Café, remember McCarty's tip on portion control.

"The average family throws away 14 percent of their food," McCarty said.

That food could be bagged and either frozen or taken for a lunch within a day or two.

In addition to eating healthier food, nutritionists recommend water be chosen rather than soft drinks. Many who work in the health-related fields also recommend daily exercise. **TAS**

APSU Agriculture students learn about, collect insects

» By JULIE COLE HULSEY
 Staff Writer

A recent field trip led by Donald Sudbrink, APSU agriculture department head, brought students with the department-loaned insect nets collecting insects after dark at the APSU Farm and Environmental Education Center three miles north of main campus.

In the fields near the West Fork of the Red River, Sudbrink's colleague Tom Payne rigged an elaborate lighting system to attract different flying insects.

Payne and Sudbrink taught students how to collect and identify species of insects they need to know in a hands-on environment.

"There were all kinds of moths, beetles, bugs and other insects found there. It was definitely well worth the time for this study," said agriculture student Michael Hurn.

An agriculture class, Economic Entomology, covers "running with insects" in numerous

outside class excursions based on collecting and examining the small creatures.

Economics of Entomology's textbook entitled Entomology and Pest Management, said, "Insects represent one of the most important forms of life on this planet. They have influenced human existence since its very beginning and continue to control many of our daily activities. Therefore, we need to know about them so we can deal with them," though often this may be in the context of a threat.

"Many scientists consider this to be the geologic age dominated by insects, humans and grasses," Sudbrink said, "Insects are the most diverse group of any organisms that have ever existed on earth, including millions of species and quintillions of individuals, which is more than our current human population of 7 billion."

Sudbrink said, "In agriculture, we are particularly interested in



Sudbrink demonstrates field sweeping in a soybean field with an insect sweep net. **DONALD SUDBRINK | PHOTO CREDIT**

insects due to their pest status and we seek ways to reduce their damage to our crops, livestock and structures.

"This becomes increasingly important in a world with a human population that will top nine billion mouths to feed by 2050."

Recently, Sudbrink's students scouted a local soybean field farmed by APSU agriculture alumnus, Jay Head, to

monitor pest populations. "Jay is on our Ag Advisory Board," Sudbrink said.

"He farms many acres of corn and soybeans in the county, and we are lucky he allowed us to teach students about soybean pests in his fields."

Students took sweep-net samples in the soybeans and checked for pests like the green stinkbug, three-cornered

alfalfa hopper and soybean looper.

Each student got to sample 100 sweeps and count the pests populations to determine whether fields needed to be controlled or were below economic threshold.

They found that most pests were well below threshold levels with a few hot spots holding higher populations of stinkbugs.

"Having the opportunity to do a field sweep helped me appreciate taking insect samples from various locations within one field - near the woods, beside a road, and other micro-climates - to achieve an effective average for determining if the field was above threshold for insect pests," Hurn said.

The count information was relayed to Head so he could make decisions on pest control for his soybeans.

"It is an interesting concept," said agriculture student Bill Kinney, "and it proves how important field sampling is in agriculture. It is a good cost-effective way to determine if and what kind of pest control measures are needed in a particular crop field. It was a good experience to see how field sampling is done, also, how physically demanding this job can be."

Information about course offerings in the APSU agriculture department can be found at apsu.edu/agriculture. **TAS**

APSU gets some color at the Gov Run



APSU held the inaugural Gov Run on Saturday, Sept. 28 from 5-8 p.m. Hosted by the Alumni Relations Office, the Gov Run was "a one-mile run around campus where participants in bright clothing were splashed with non-toxic colored starch. Starting on the recently new Gov Trails, the run concluded at the UC Plaza where more color and music awaited the runners. Booths were set up throughout the run for participants who wanted more color splashed on them.

BRITTANY WARREN | STAFF PHOTOGRAPHER

New natural gas pipeline proposal for Clarksville

» ASSOCIATED PRESS

A proposed \$6 million natural gas pipeline for Clarksville has hit a snag. A Kentucky county wants access to the gas being transported on it before granting approval.

Todd County, Ky., officials won't grant approval for the 25-mile line without being able to tap into its contents.

Clarksville Gas & Water General Manager Pat Hickey told *The Leaf-Chronicle* granting anyone access to the pipeline would increase administrative costs by \$100,000 a year.

Dwight Luton works for Kentucky Energy Systems, the company that Guthrie, Ky., contracts with for their utilities.

Luton said opening up the line would fill a void in southern Todd County.

"South Todd does not have gas, and there's a lot more gas needed there," Luton said. "I think it's a good idea for the line, and I just think Todd County needs a connection, since it is going through a large portion of their county."

Clarksville Gas & Water is trying to do environmental assessments, but not all of the 141 affected landowners have let the utility onto their property.

"We don't have anyone here that does that stuff," Hickey said. "We'd have to hire someone or contract with someone to do it, and if we don't have any added gas load up there, it would just make things more expensive."

The proposed line will take natural gas from a Texas Gas Transmission line north of Elkton, Ky., to a CGW transfer station.

The proposed route would occupy 82 acres of easements, mostly in farm land, according to a

CGW filing with the Federal Energy Regulatory Commission.

If CGW allowed Todd County to tap into the line, it would become an open-access line instead of a proprietary line and require that CGW allow anyone in the country access to it.

The City Council approved \$5.6 million for the line in this year's budget so Clarksville would have a redundant line.

Hickey said opening the line may mean that Clarksville no longer has enough volume on the line to use it as a redundant source.

Johns said Todd County has hired the Washington-based Crowell Moring law firm to petition the federal commission.

"We believe that the burden to this community outweighs the benefit, and we've intervened in the impending FERC petition, and we'll intervene in the next one that's re-filed and do our best to accomplish what's in the best interest of our community," Johns said.

CGW has held multiple open houses for people affected or interested in the line to ask questions, both in Kentucky and Clarksville, and the utility plans to finish their application even if they can't get onto all of the affected land.

The commission could deny the pipeline, require changes to the route or even require CGW to make it open-access.

Hickey said CGW will have the right to force the easements on land owners if FERC grants certification for the line.

"We would be fair and equitable and try to negotiate with people, but occasionally, you can't negotiate with people and that's when the right of eminent domain comes in," Hickey said. For more information, visit *The Leaf-Chronicle* website at theleafchronicle.com. *TAS*



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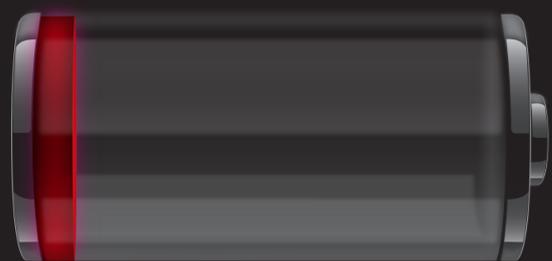
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Fantasy breakouts and busts from Week 4

»**COREY ADAMS**
Staff Writer

It's Week 5 in the NFL season, and Peyton Manning has thrown as many interceptions as I have: zero. We are witnessing an impressive display in NFL history every time number 18 steps on the field. If you are playing someone who has Manning as their fantasy quarterback, good luck, because he shows no signs of slowing down.

For this week's column, I'm going to stress bye weeks once again. In Week 5, there are four teams who are off: Minnesota Vikings, Pittsburgh Steelers, Tampa Bay Buccaneers and Washington Redskins. If you have anyone that is normally in your starting lineup (i.e. Adrian Peterson), make sure you put them on your bench. Here's what you need to know this week in fantasy football.

Injuries to Watch

Pay attention to the injuries throughout the week. If you are still waiting on "Gronk" to be

cleared to play, pay extra attention because it may be a game-time decision like last week.

Rob Gronkowski (back), Alfred Morris (ribs), Darren McFadden (hamstring), Danny Amendola (groin), Steve Smith (hip), Miles Austin (hamstring), Ahmad Bradshaw (neck), Fred Jackson (sprained MCL), Kenny Britt (ribs/neck), James Starks (knee), Eddie Lacy (concussion), Jermichael Finley (concussion), Antonio Holmes (hamstring), Jake Locker (expected to miss a few weeks, hip).

Breakout Players to Add

If you have players on bye week that need replacements, give these names consideration.

QB Philip Rivers - Hopefully you listened last week when I said pick up Rivers. He passed for over 400 yards on Sunday and now has the Raiders in Week 5. If you need a quarterback, pick up Rivers.

WR Nate Washington - I'm repeating myself again. I also said last week to pick up Nate Washington, and he put up 22 points to be tied for the top receiver in Week 4. You still have

another chance to add him.

RB Danny Woodhead - This guy does it all on offense. He had success in New England, and finally had a break-out game for the Chargers by having two receiving scores. If you are in a deeper league, Woodhead would be a solid addition.

WR Alshon Jeffery - Jeffery is likely owned in your league, but if he's available, grab him. The Bears wide-out had 107 yards and a touchdown on Sunday.

WR Kenrell Thompkins - Thompkins still isn't owned in all of leagues, so he could be out there.

WR Robert Woods - Woods will likely be added to a lot in leagues after putting up 15 points. If you need some wide-receiver depth, give Woods a try.

Defenses to Get

If you play your defense on a week-by-week basis, or if it is on a bye week, consider picking up one of these:

Chiefs D/ST - The Chiefs have the top de-

fense in the NFL. After another 20-point game, they travel to Tennessee, who are starting Ryan Fitzpatrick for the first time this season. This should be another big game coming for Kansas City.

Rams D/ST - St. Louis is playing Jacksonville in Week 5. Need I say more?

Panthers D/ST - I would feel confident with the two defenses above, but the Panthers aren't a bad option. After holding the struggling Giants scoreless, they have Arizona in Week 5.

Awards of the Week

Best Performances: Peyton Manning (29 points), Tony Gonzalez (26 points), Philip Rivers (26 points), Adrian Peterson (26 points) Biggest Surprise: Alex Smith (22 points) Biggest Letdown: Ray Rice (one point), Vincent Jackson (two points), Chris Johnson (three points) Defense of the Week: Titans and Colts (22 points) Kicker of the Week: David Akers (18 points)

*Updated before Monday Night Football game **TAS**

Football

CONTINUED FROM PAGE 10

4. Will FBS experience

lead to defensive

improvement?

The Gavs have faced three solid FBS offenses to begin the season. The Gavs have given up 38 or more points in each of those three contests, but the defense improved in that stretch. Against the Bobcats, APSU forced three

fumbles, two by EnRiques Perry.

It will be interesting to see how this defense fares against ECU after going up against high-level athletes to open up the season.

5. Special teams

When stopped inside your opponent's territory on third down, you have to convert three points when faced with a field goal try.

This season, the Gavs are two-for-six on field goal opportunities.

Junior Walter Spears missed two and had one

blocked against Ohio, all inside the 40-yard line.

While the weather conditions weren't the best due to rain and 15 mph winds, there are still chances that will be needed for the Gavs. The punting game will also be key on Saturday.

Ben Campbell has attempted 31 punts in four games, and will be called upon to pin the Colonels deep in their own territory and help the defense.

If the Gavs can't control the field position to give Campbell a chance to do so, it could be another long night. **TAS**

Gray ready to help start new chapter for program

»**ANDREW THOMPSON**
Guest Writer

Tiasha Gray is one of APSU's rising basketball stars, and in her sophomore season, she said she is determined to be great.

Gray has lived her entire life in Clarksville, where she has developed the skills which made her into the player she is today.

She is a multi-sport athlete; in high school, not only was she on a team that saw all five starters recruited to Division-I schools, but she was also a successful softball player, setting Clarksville High School's record for both batting average and stolen bases.

Gray said about the choice between softball and basketball, "Basketball was more of a challenge, and I just enjoy it more than softball."

Gray said she could have gone to UT to play softball, but had already committed to APSU.

"Basketball is what I've always wanted to do," Gray said. "Softball was just kind of a fun thing to do; I never had to choose. I was already choosing basketball."

That choice led her to APSU, where she averaged 8.1 points per game and had 73

assists last season.

Gray joined a team with a lot of senior talent, yet emerged amidst a disappointing season as one of the team's best players.

However, Gray said she was far from satisfied with her play on the court.

On how she and the team performed last season, she said "It was a disappointment, honestly. Both from a team aspect and me, personally. I did not perform well, and I'm sure the team was the same."

Gray's personal performance, alongside the team's, was fueled in large part by a negative mindset the team carried for much of the season that had them dwelling on mistakes instead of moving past them, according to Head Coach Carrie Daniels.

Coach Daniels saw this trait in Gray, and last year, she took the mistakes hard.

"She does take so much to heart. You know when she makes a mistake, or something on the floor happens that doesn't go our way, she would show that so much," Daniels said.

To shake that mindset and move forward, Gray is looked to as a leader on this team as a point guard and returning player.

Daniels said it is her determination for

improvement that will play a large role in this team's success this season and for the future.

"She expects more out of herself than anyone," Daniels said, "which is a good thing. She's a gym rat. She puts in time."

As if to predict what her coach would say about her, one of the first things Gray mentioned was putting in gym time working to improve her game.

"I've mostly just been doing conditioning stuff, kind of trying to work hard in the weight room so I can stay up to par with the bigger guards. Just working on my shot and working on ball handling to make sure I don't have any turnovers," Gray said.

That drive and push to improve on every aspect of her game is what the coaching staff loves to see and improvements are already showing.

Gray spoke of how the team atmosphere has improved over last season, and said this year they're "all together as one."

The team's progression will depend upon their chemistry together, and Gray is trying to use her work ethic as an example "I know you can't be perfect," Gray said, "but I do strive to be." **TAS**

Titans lose Locker, win against Jets

»**ASSOCIATED PRESS**

NASHVILLE, Tenn. — Here are the five things we learned from the Titans' big win:

BALL SECURITY:

The Titans joined the 1995 St. Louis Rams as the only NFL teams in the Super Bowl era to play the first four games of the season without a turnover. Locker may not have been asked to throw the ball much the first two games, but he certainly did a good job protecting it. The Titans now have nine takeaways this season. Cornerback Alterraun Verner, who had to fight off Tommie Campbell in the preseason to keep his starting job, leads the NFL with six takeaways by himself, including four interceptions.

DEFENSE:

The Jets came in with the stingy defensive reputation under Ryan. The Titans have been putting together their own hard-hitting unit under coordinator Jerry Gray with help from senior assistant coach Gregg Williams. Tennessee hit Smith 11 times, and Ropati Pitoitua, who started his career with the Jets, had two sacks against his former team. The Jets wound up outgaining Tennessee in total offense, but it sure didn't feel like it the way the Titans kept setting up their offense with short field after short field off turnovers.

STILL MY QUARTERBACK:

Ryan has no choice but to stick with Smith, at least until Mark Sanchez's shoulder allows him to return from injured reserve. Ryan was asked if he planned on starting Smith when the Jets visit Atlanta next week. Ryan said yes with a laugh.

TITANS QUARTERBACKS:

Locker was taken to the hospital, and a person familiar with the situation told The Associated Press that Locker was staying overnight. The person spoke on condition of anonymity because the Titans had not commented on Locker's status. The Tennessean reported first that Locker was being admitted to St. Thomas Midtown Hospital. Locker had a career-best three touchdown passes before being hurt, and he has six TDs for the season with no interceptions. He also is completing 62.2 percent of his passes.

PENALTIES:

Both the Titans and Jets cleaned up their act from a week ago when the teams combined for 30 penalties in games they won.

But Tennessee did a better job with only four flags for 30 yards. The Jets only cut their mistakes down by half to 10 penalties for 66 yards and had at least one wiped away by a turnover. **TAS**



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Lady Govs put OVC on notice



Frankie Carbajal attacks the Skyhawks defense in APSU's conference opening game. Carbajal scored her first goal in her APSU career in the second half against UT Martin during the Friday, Sept. 27 game. ARIANA JELSON | STAFF PHOTOGRAPHER

Lady Govs beat the Skyhawks for the first time since 2006

»**JOSHUA STEPHENSON**
Sports Editor

APSU's Lady Govs soccer team fell one game short of an OVC championship last year to the UT Martin Skyhawks. On Friday, Sept. 27, the Lady Govs had a chance at redemption.

After a program best 5-0-1 start to the season, the Lady Govs fell in double overtime in Buffalo before a 12-day layoff. This was caused by a team withdrawing from a scheduled game before the season in preparation for the start of the conference schedule.

The hot start to the season continued through the first home conference weekend as the Lady Govs defeated UTM 2-1 and registered a 1-1 draw against the Southeast Missouri Redhawks for a current 1-0-1 record in the OVC.

Senior Tatiana Ariza scored in both games and continues to lead the OVC in goals as she looks to repeat as the OVC Offensive Player of the Year. Ariza's goal against SEMO came on a penalty kick, which was the eighth of her career and a new APSU record.

The only other Lady Gov to score was junior Frankie Carbajal who scored on a corner kick against UT Martin midway through the second half. This was the first goal of Carbajal's APSU soccer career.

"We have been practicing corner kicks every day for games like this," said Carbajal in interview with APSU Sports Information. "My job was to be in the back, and if a ball came back there, I was suppose to pick it up

and that's what I did."

Lady Govs Head Coach Kelly Guth spoke highly of the junior after her first career goal. "Frankie has been rewarded for working hard with additional playing time this season and has done a great job," said Guth in a post-game interview with APSU Sports Information. "As far as scoring her first goal, it was a beautiful effort on her part and very rewarding for us as a coaching staff."

For the two home games, the Lady Gov defense only allowed two goals, one in each game in the second half allowed in by senior Haylee Shoaff, after two scoreless first halves allowed by sophomore Nikki Filippone.

UTM and APSU were picked to finish first and second respectively in the conference preseason polls and Coach Guth knows how important a win is against the Skyhawks.

"It's a huge win for us, because we know Martin is a great team," Guth said. "I was really proud of our girls. We had a number of them step up and make that difference, and I was pleased with the result."

Against SEMO, the Lady Govs defense only allowed five shots on goal in regulation and outshot the Redhawks 16-6 for the entire game. The lone score for the Lady Govs came in the 40th minute, delivered by Tatiana Ariza.

"It's kind of disappointing; I thought we really got into a rhythm in the second half and created a number of quality scoring chances," Guth said. "We didn't finish or execute, and you have got to score goals to win. I thought we had all of the pieces of the puzzle together today. We just didn't have that finishing

touch." The Lady Govs are now 6-1-2 on the season, the best start in the program's history, and are preparing for their first OVC clash on the road.

"The games mean a lot in the OVC, and no matchup is going to be easy," Guth said. "At the end of the day, we get out of here moving

into next weekend on the road, and we have to go out and take care of business away from home."

The Lady Govs play their next two games on the road with a trip to Tennessee Tech and then Belmont for the second weekend of conference play. **TAS**



The Lady Govs huddle after halftime. The Lady Govs defense help the Skyhawks scoreless in the first half. ARIANA JELSON | STAFF PHOTOGRAPHER

APSU football looks to find a winning way

»**COREY ADAMS**
Staff Writer

After a brutal five weeks against Football Bowl Series opponents Tennessee, Vanderbilt and Ohio, along with UTC, APSU is set to open up the Ohio Valley Conference on Saturday, Oct. 5 against Eastern Kentucky University.

The Govs will go to Roy Kidd Stadium with a 0-4 record, while the Colonels have dropped below .500 (2-3, 0-1) after falling to Eastern Illinois 42-7.

EKU was picked to finish second in the OVC preseason rankings, just eight points behind Eastern Illinois in the poll, after receiving four first-place votes.

Here are five story lines to watch against Eastern Kentucky:

1. Will the drought end?

The Govs have not walked off a football field with a win since Nov. 17 of last year after defeating Tennessee Tech to

close out the season.

But this isn't APSU's only drought. It has been three years since the Govs have won a road game, on Sept. 18, 2010, at Tennessee State. As for their history against ECU, they haven't won in Richmond since 1977. Can the Govs put an end to two droughts in one day?

2. Can Spivey build off a 100+ yard performance against Ohio?

With longtime APSU quarterback Jake Ryan no longer under center, the Govs are trying to find the best replacement to lead the offense.

Junior transfer Andrew Spivey is the starter, while Jacob Sexton and Timarious Mitchell have also gotten reps in the first four games.

Spivey has 306 yards with two interceptions for the season and had his best outing as a Gov against Ohio by completing 50 percent of his passes for 114 yards but can not put a consis-

tent game together beginning to end.

The California native now has a chance to top that in his first OVC match-up against a Colonel defense that allowed four touchdown passes last week.

3. Phillips/Williams running back duo

In week four, the Govs running back duo of senior Tim Phillips and freshman Omar Williams, combined for 29 carries, with Williams leading the way with 108 yards, including a 57-yard run, while Phillips totaled 71 yards on the ground.

Phillips will be the lead back behind Spivey in the backfield, but expect to see Williams receive touches as well after a strong performance against Ohio. Coach Cannon wants to be a passing team, but until he has the personnel he wants, he has to rely on the running game.

They will be the key for this offense, as the backs will be relied on to move the football down field.

CONTINUED ON **PAGE 9**