

THE ALL STATE

CLARKSVILLE, TN 37044



AUSTIN PEAY STATE UNIVERSITY

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November 18, 1992

Thomas shares White House experiences

By JEFF WISDOM

news editor

She has covered every president since John F. Kennedy. She knows the politics of the White House inside and out. She enjoys a unique perspective of the nation's top elected office.

The preceding phrases depict Helen Thomas, the White House Bureau Chief for United Press International. Austin Peay was honored by her appearance in Clement Auditorium Monday night.

Thomas spoke to an audience of students, faculty members and the community offering her humor and in-depth insight of presidential politics.

Thomas, who graduated from Wayne State University in Detroit, Mich., in 1942, has had the opportunity to work with a number of chief executives. Naturally, each president has had his own list of accomplishments and shortcomings.

Of all the chief executives Thomas has covered, she said she enjoyed working with Kennedy most.

"He was the most inspired," she said. "He had the most vision. His eyes were on the future. He wanted to involve young people in public service. He had a goal to

land a man on the moon in a decade. Although he didn't live to see his dream realized, it happened just as he had imagined."

"Kennedy had the wit and the warmth," she added. "He had a sense of humor. A sense of humor is essential for a president. It is a saving grace, a sign of intellect."

Thomas stated that Lyndon Johnson, who succeeded Kennedy following his assassination, probably made the most significant contribution of any president since Franklin D. Roosevelt. Johnson's contributions came in the form of his

"Great Society" reforms.

"He was responsible for landmark legislation, mainly in the areas of civil rights, voting rights, head start, public health, environmental laws and Medicare," she said.

Concerning America's military involvement in Vietnam under Johnson, Thomas stated that this led eventually to his downfall.

"Johnson should have declared victory and gotten out," she said. "(Vietnam) was the reason he didn't run for a second term."

Thomas also pointed out the reason that Richard

Nixon created such division and animosity in the United States.

"The American people will forgive you

for doing something wrong," she said. "One thing the people will not forgive you for is not telling the truth. This caused the Nixon administration to come unraveled."

Thomas stated that Gerald Ford's presidency was hurt by maintaining the "status quo" and failing to implement any new programs.

According to Thomas, the greatest achievement of the Carter administration was the introduction of human rights into foreign affairs.

"He signed the controversial Panama Canal Treaty," she said. "He started the SALT II talks, although they were never ratified by Congress. He also initiated the Camp David Accord between Egypt and Israel."

Thomas also thinks Carter has been an excellent role model as an ex-president.

"He is turning out to be one of the best past presidents in terms of humanity," she said.

The most conservative president during the past 30 years, according to Thomas, was Ronald Reagan.

"There was a Reagan Revolution," she said. "He was able to move the country to the right. He wanted to chip away at all

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WORDS OF WISDOM--Helen Thomas speaks in Clement Auditorium Monday. (photo by Donna Lovett)

Organization offers 'H.E.L.P.' for those with disabilities

By DARCY HARTZ
assistant news editor

Governments can pass laws and universities can set policies, but legislation can only go so far. There are still many barriers facing individuals with disabilities which are on a more personal level, but through awareness and self-empowerment these obstacles can be torn down.

One campus group has dedicated itself to not only making our campus more aware, but also to aid disabled students confront issues that affect them each day. The Handicapable Educational Liaison Partners organization was formed by students with the help of Beulah Oldham, coordinator of Disabilities Issues.

The group is open to students with physical handicaps as well as those with other disorders such as dyslexia. H.E.L.P., however, is not restricted to disabled

students. All interested students are welcomed to attend meetings and other activities.

H.E.L.P. promotes self-empowerment so that disabled students can face problems themselves. Tips on how to talk with professors and workshops on issues

"We do what we can to make people aware." --Irene Howard

such as assertiveness are designed to aid students achieve this empowerment.

According to Irene Howard, chairwoman of H.E.L.P., the group does not seek special concessions, but wants to serve as a liaison between students and campus officials.

"The purpose of H.E.L.P. is to let students that have special problems voice their concerns so we can let university officials know of these special needs," Howard said. "We do what we can to make people aware."

Not only is awareness a major priority, but motivation is a focus as well. A sharing time at each meeting is designed to let members speak comfortably about their disability or any problems they may encounter.

As an officer of the group, Angela Barksley thinks that her job requires more than taking attendance or reading minutes, but instilling encouragement is also a duty.

"We have to learn how to confront issues ourselves in order to help others learn to confront them," Barksley said.

OPINION

The year of the woman?--pg. 5

SPORTS

Volleyball team takes OVC title--pg. 7

FEATURES

AIDS still a threat--pg. 9

News



TESTING ALCOHOL AWARENESS--Members of Kappa Sigma Fraternity square off against residents of Miller Hall in the finals of the Alcohol Bowl sponsored by the Peer Educators last week. (photo by Donna Lovett)

Healthy eating and exercise--key to shedding unwanted pounds

By DONNA LOVETT
guest writer

This article is part one of two in a series on healthy eating.

Americans spend more than 10 billion dollars unnecessarily each year on diet aids. Only 5 percent of all Americans who use diet aids actually maintain their weight loss at the end of one year, and 95 percent of all those who diet gain back more than what they initially lose.

The losing of unwanted pounds and maintenance of desired weight can be attained by eating healthy.

According to the American Heart Association and the American Cancer Society, the healthiest American diet includes a variety rich in complex carbohydrates, fruit, vegetables, fiber and low fat dairy protein; moderate in meats, polyunsaturated fats and cholesterol; and low in saturated fat, sugar, alcohol, caffeine, simple carbohydrates, sodium (salt) and cured meats.

Dieters should choose a low fat diet for the best nutrition. They can reduce their fat intake by using low fat cooking techniques, minimizing high fat food choices, selecting low fat dairy products and lean protein, and avoiding use of fats on foods.

Health experts recommend that 60 percent of Americans' daily caloric intake comes from complex carbohydrates such as potatoes, rice, whole grain breads and cereals, and pasta (without high fat toppings.)

The director of Student Health Services at Austin Peay, Ken Jackson, RN BSN explained, "The body works harder to metabolize complex carbohydrates, therefore burning more calories in the process."

"There is also a myth which some people believe that says it takes as many calories to burn the complex carbohydrates as in the food itself, therefore you don't

gain any calories."

Simple carbohydrates like sugar, honey, molasses and corn syrup should be avoided because they are high in calories containing no nutritional value.

To be a success in losing weight, three guidelines should be followed: The dieter's food selections must change, an exercise program must be followed and a dieter's attitude must change.

Food selections become an important part in a successful diet. Dieters should choose foods they like.

The losing of unwanted pounds and maintenance of desired weight can be attained by eating healthy.

"It's up to the person what they eat, as long as they eat it in the right amounts," Jackson said.

Exercise marks the second step in maintaining a weight loss. "Swimming is the best overall sport when you're trying to lose weight or keep in shape, though walking is the easiest and safest. Whatever you choose, the exercise right for you is the one that you can do well and enjoy," Jackson said.

As with any exercise program, people should always begin slowly and increase the exercise time and pace as the program progresses. A planned warm up and cool down period should be included in the program. This will allow the body to limber up and ready itself for the exercise. Poor preparation can result in injuries.

People maintaining their weight should exercise 30-60 minutes three to five times a week, Jackson said. It

Cultural Center to honor first African American student

Austin Peay State University's African American Cultural Center is to be dedicated and named in honor of the first African American to enroll as a student and the first to graduate from APSU.

On Thursday, Nov. 19, the Rev. Wilbur N. Daniel will participate in a day of activities in celebration of the center's dedication in his honor and name.

Daniel was the first person of color to be accepted for study at the university during the mid-1950s while he was pastor of St. John's Baptist Church, Clarksville. An honors graduate from Austin Peay, he earned a

master's degree in 1957—pioneering the way for racial integration of the institution.

The day's events begin with a dedication luncheon, by invitation only, hosted by APSU President Oscar Page. A proclamation will be read by Dr. A. J. Stovall, director of the center, with comments from Clarksville Mayor Don Trotter, Montgomery County Executive Joel Plummer and Gene Washer, president-elect of the Clarksville Area Chamber of Commerce.

At 1:30 p.m. in the Cultural Center, there will be a student dedication. During the early evening, local ministers will attend a reception in the cultural center.

The public is invited to attend the dedication banquet, slated for 7:30 p.m. in the ballroom of the Joe Morgan University Center. Cost per person is \$15, and reservations are required.



Daniel

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helps if dieters have a friend to exercise with them, since neither of them will skip a scheduled exercise session because the other one can talk them out of skipping it. Exercise sessions should not be canceled because of bad weather either. Stairwells and covered parking lots serve as great places to exercise during bad weather.

An attitude adjustment toward dieting constitutes the best and most important step in the dieting process. Those people who constantly think about food probably constantly eat. They should involve themselves in things that don't revolve around food. This way they will think less about food and eat only when they are hungry.

Dieters should also stop weighing themselves, according to Jackson. A loss of fat may not show as a loss in weight on the scales because the fat turned to muscle weighs more than the fat did initially. If dieters want to know how much they have lost, they should depend on their clothing size and not what the scales read.

Along with the a change in attitude, a change in eating habits is also necessary. For instance, dieters should drink a large glass of water or another low calorie drink before eating their meals. This causes the stomach to be full so a person eats less.

A dieter should take at least 20 minutes to eat a meal, eating it slowly and enjoying it. Jackson said dieters should "eat in only one place, and don't combine eating with other activities like studying and watching T.V."

If dieters combine these activities, then the body will expect to be fed during those times. It helps a dieter to eat with at least one other person, since conversation will slow the eating process.

Campus Briefs

ROTC cadets sponsor Christmas bazaar

There will be a Christmas arts and crafts bazaar in the ROTC Armory Saturday, Nov. 21, from 8 a.m. until 8 p.m. and Sunday, Nov. 22, from 11:30 a.m. until 5 p.m.

The bazaar is free and open to the public. Proceeds from the sale will go to the ROTC cadet fund.

Computer students place in programming contest

Two student teams from Austin Peay State University's department of mathematics and computer science competed in the site competition of the ACM Mid-Central Regional Programming Contest on Saturday, Nov. 7.

The contest, held on the campus of Middle Tennessee State University in Murfreesboro, was sponsored by the Association for Computing Machinery.

One team composed of Geoffrey Faivre-Malloy, Carsten Slosberg and Roger Smith placed second in the contest. This team solved one problem out of a possible seven. A team from Vanderbilt finished first, solving a total of two problems.

No other teams in the contest solved any problems. Another team from Austin Peay composed of Kumi Suzuki, Cynthia Wilminko and Art Yarbrough also competed in the contest.

Other schools that entered teams in the contest were Belmont College, Middle Tennessee State University, Tennessee Technological University, University of Louisville, University of Tennessee at Martin and Western Kentucky University.

Results from this site will be combined with results from several other sites to determine the Mid-Central Region winner which will advance to the contest finals to be held in Indianapolis in February.

The team composed of Faivre-Malloy, Slosberg and Smith did their programming using the C programming language while Suzuki, Wilminko and Yarbrough used the Pascal language.

APSU Honors program explores modern age

Where have we been and where are we going in the near future? Honors 2040, The Modern Age: Experiments in Freedom, is open to Honors and other Austin Peay students upon approval of Honors professors Drs. Allene Phy-Olsen and Nora Beiswenger.

This course offers opportunities for a provocative analysis of often controversial solutions to human problems. Primary focus will be on the 19th and 20th centuries.

Topics include utopian societies, issues of historiography, examination of gender roles, global awareness, the information revolution, the role of the U.S. in the world and futurist proposals. For further information, please call either 7714 or 7891.

Education students meet for teaching assignments

All teacher education students who plan to student teach during the fall 1993 semester are to meet on Nov. 24 at 3:15 p.m. in Claxton 103 to request student teaching assignments.

Students must have met all requirements for admittance to Teacher Education before enrolling in EDUC 4070-4080 and student teaching.

Methodist bishop visits Wesley Foundation

The Wesley Foundation is pleased to announce that new Tennessee area bishop, Kenneth Carder will be at the student center on Sunday, Nov. 22, at 7 p.m.

The Wesley Foundation invites all Austin Peay students, faculty and staff—United Methodist and all others—to welcome Bishop Carder and to hear his short, informal address.

This event will be held at The Wesley Foundation Student Center, 510 College St. For further information, call 647-6412.

Museum sets workshop on flower arranging

Carole Harris will conduct a flower-arranging workshop at the Clarksville-Montgomery County Museum on Dec. 3 from 10 a.m. until noon. Participants will make a simple arrangement that can be used during the holiday season.

Materials needed for the workshop include a paring knife, holly-type greenery from home, a low container and a candle. Red and white carnations and mums will be provided.

Cost for this workshop is \$6 for museum members and \$8 for non-members. Reservations must be made by Nov. 30. Payment can be made on the day of the event. For more information, call 648-5780.

Psi Chi announces speaker, new officers

Psi Chi will be having their November meeting on Nov. 18 in Claxton 109. The business meeting will start at 2:30 p.m.

At 3 p.m., Dr. Nancy Woods will speak on her research on cocaine-exposed infants. Members are encouraged to attend.

The BSU will be having a praise and worship night led by the students on that night.

AP alumni addresses psychiatric issues

The Psychology Club and Psi Chi are proud to present Jay Albertia of Cumberland Hall Psychiatric Hospital on Thursday, Nov. 19, at 3 p.m. in the Gov's Room (UC 313).

Albertia is an alumni of Austin Peay State University and is currently Coordinator of Public Relations at Cumberland Hall. He will share information about various aspects relative to the daily operations and experiences of the hospital and personnel. Everyone is invited and encouraged to attend.

Correction:

The All State would like to make a correction to last week's article.

The Phone-A-Thon article was written by Bridgette Jennings and the by-line was inadvertently left off. We apologize for this error.

ATTENTION:

The last edition of The All State will be Nov. 25.

The deadline for campus briefs is Nov. 20.

Submissions should be turned in to P.O. Box 8334 or

The All State office, 610 Drane St.



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Thomas

continued from page 1

the social programs and build up the military. He believed that government was part of the problem and not the solution."

Thomas pointed out that Bush was more of an active president than Ronald Reagan.

"He was his own man," she said. "His interest was in foreign affairs, and he was very adept at it. He just didn't get the wake-up call on the economy, and that cost him the election."

"He held more press conferences than any other president I have covered," she said. "He was always on the top of the news."

Thomas stated that it was too early to tell what kind of president Bill Clinton will be.

"Clinton is supposed to be an instrument of change," she said. "People are going to expect him to move fast and keep his promises."

According to Thomas, national health care reform should be a main priority of Clinton's administration.

If you are interested in utilizing the new Student Book-Buy-Back plan, please fill out the form below and return to The All State, P.O. Box 8334. This is a free service.

The deadline is Nov. 20.

A special section of the paper will list books to be sold by departments in the Nov. 25 issue. This service is for your benefit, so tell everyone you know to take advantage of this opportunity.

Without student support, this alternative plan will not be successful. The first attempt is crucial, so please participate.

Book-Buy-Back Plan	
Name _____	P.O. Box _____
Phone (optional) _____	
Books to sell	
Title _____	Ed. _____
Price _____	
Title _____	Ed. _____
Price _____	
Title _____	Ed. _____
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Title _____	Ed. _____
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Title _____	Ed. _____
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(If more blanks are needed, you may attach an additional sheet.)	

THE ALL STATE

Classifieds

Subway on Riverside Drive is now taking applications. Apply in person.

SPRING BREAKERS!
Promote our Florida Spring Break packages. Earn MONEY and FREE trips. Campus Marketing 1-800-423-5264.

Student worker needed for the Admissions Office for 12-15 hours per week. Duties include data entry, mailing information to prospective students, and various other office responsibilities. Computer experience helpful. Contact SFAO.

Looking for a top fraternity, sorority, or student organization that would like to make \$500-\$1500 for a one week marketing project right on campus. Must be organized and hard working. Call 1-800-592-2121 ext. 308.

Computer Services needs a student to work 12-15 hours per week. Proficiency in clerical/receptionist duties such as typing, filing, mailing, and answering phones. Familiarity with WordPerfect preferred. Must be able to work intersession and summer. Contact SFAO.

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Alpha Delta Pi Sorority would like to congratulate the faculty member of the month:

Wendell Gilbert

Vice President of Development

Alpha Kappa Psi

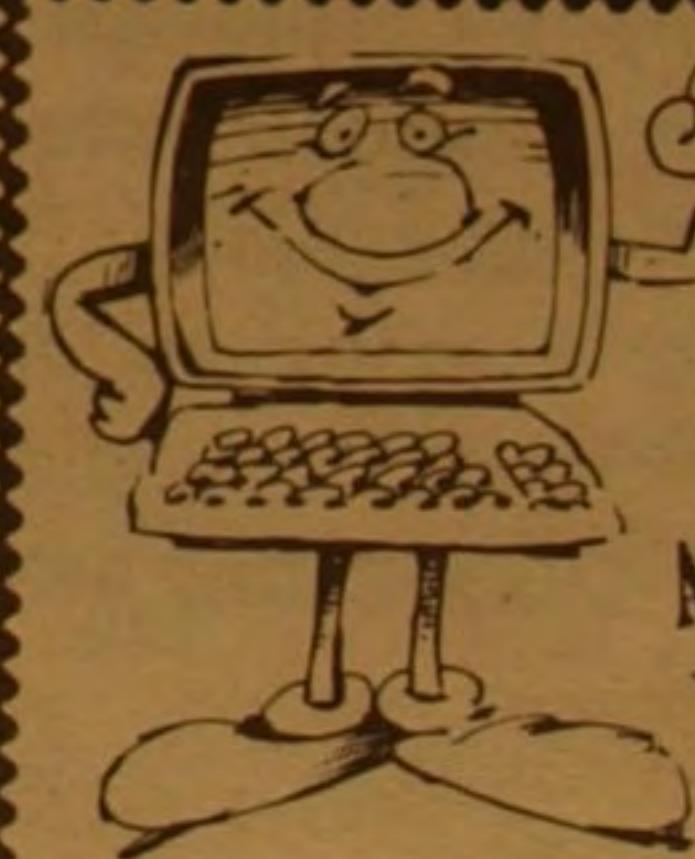
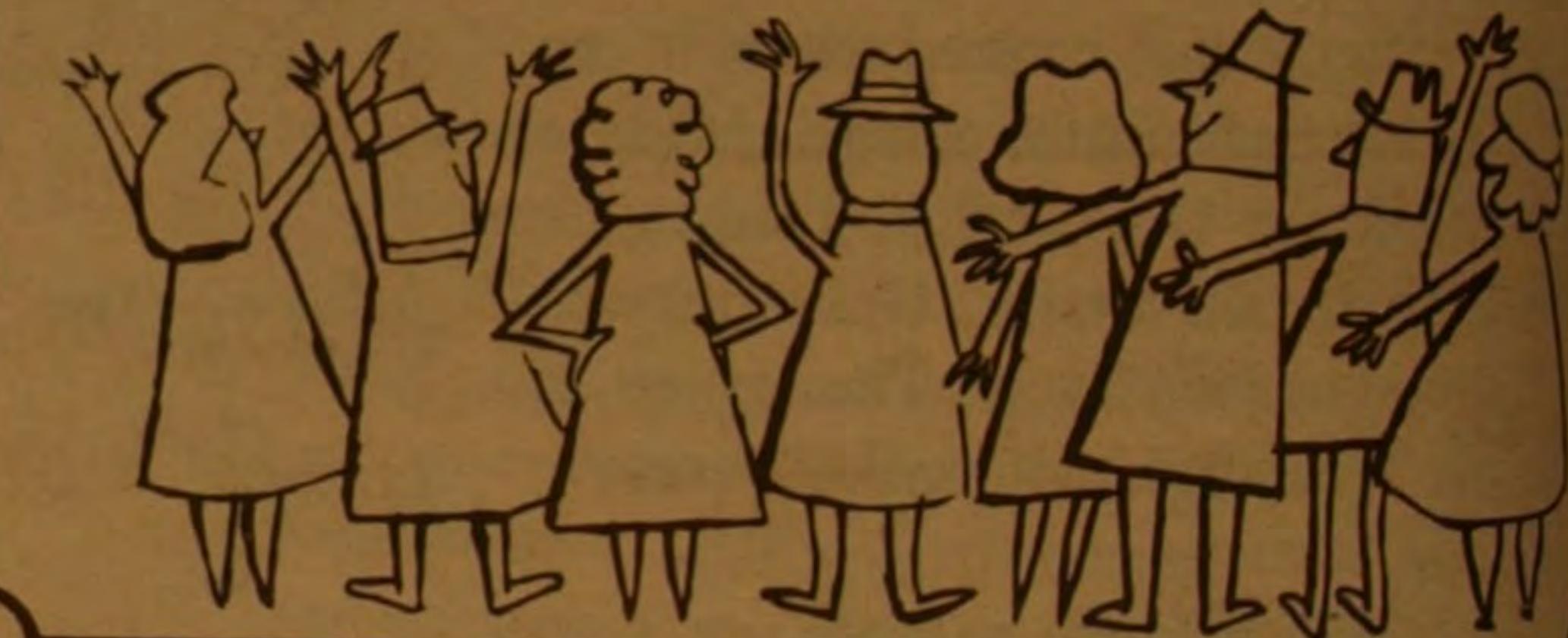
Professional Business Fraternity

Invites you to attend a lecture by Guest Speaker

Frank Parker
of Nations Bank

November 18th at 7:30 p.m.
in Gentry Auditorium

Topics: Careers in the banking industry, qualifications that banks look for in resumes and interviews, and possible internships.



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Opinion

Editorial

THE ALL STATE

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Book-Buy-Back promotes student cooperation

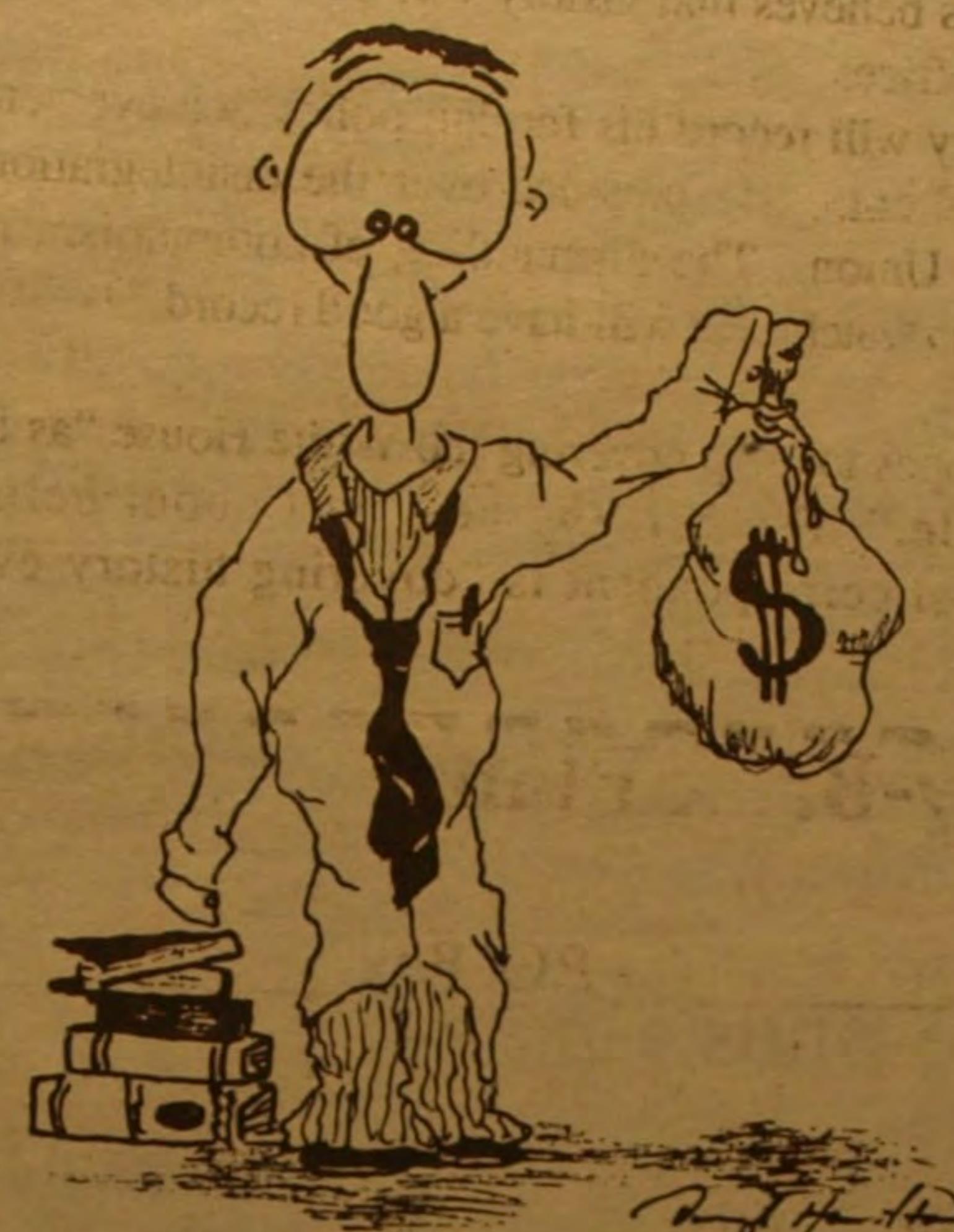
The Student Book-Buy-Back program is a great opportunity to sell your books back at a reasonable offer. In an all-encompassing view, you pay less for books from other students and receive more for your books in return.

If you are not familiar with this plan, it is a system where students will be able to list the desired books that they would like to sell in a special section of the Nov. 25 All State.

Please understand that this is the first attempt at this alternative book plan.

Some kinks will have to be worked out, but students have nothing to lose by including the books that they wish to sell in a free classified listing in The All State.

If students do not have a good response and are unable to sell their books through this system, selling books back at the book store is still an option.



This plan focuses primarily on core books such as history, math and English. All listings are welcome but a better response may come from core books.

Also, books that are two or three years old are not usually used in classes anymore. A list of books that professors are tentatively planning to use will be posted in highly-trafficked areas of campus.

Even if the books are out-of-date, students may sell old notes from classes. This is one item that is not available in the book store.

The University Book and Supply is still a good establishment and cooperates with students on most levels. This plan is not a replacement for the book store, but it is an alternative.

The deadline is approaching fast, Friday, Nov. 20. So send in your form enclosed in this issue.

Participation by students and even cooperation from the university community is imperative for this plan's success.

Women moving in on Senate, though still statistically behind

Am I the only woman who feels like our gender is getting shafted lately? In politics, judiciary decisions and other issues of the women's movement, females remain comparatively underpaid,

by the Senate Judiciary Committee, as did Moseley.

Another first was the election of two Democratic female senators from California: the former mayor of San Francisco, Dianne Feinstein, and Patty Murray, a woman who proclaimed herself a "Mom in tennis shoes."

Though these four women were victors in a system that rarely allows female players, there were the usual defeats. Four women lost their senatorial campaigns, as well as three House candidates.

Campaign 1992 was a step forward for women's equality, but it was a baby step in a political game where women need to be going by leaps and bounds.

Basically, women are not being adequately represented in the House or Senate, though 54 percent of all voters are women.

I also have differences with recent judiciary decisions. I believe Anita Hill. She had nothing to gain by her accusations and, in fact, lost everything because of it. The asinine questions thrown at her by clueless senators were

an insult to every woman trying to maintain a career in this society.

One man actually asked why she didn't complain while she was working for him. Could it be because she knew how the system works?

You tattle and your political career is dead. There is no such thing as a second chance around Washington—politicians are the most experienced and powerful black-ballers in the known world.

Now Clarence Thomas is on the Supreme Court, making other decisions that affect our lives, including women's rights on the choice for or against motherhood. I suppose that's one gift from George Bush that we'll be seeing for a while after his winter departure.

Speaking of departures and arrivals, Hillary Clinton stayed in the hot seat throughout her husband's entire campaign due to her ambitious lifestyle and successful career.

Is it too much for voters to swallow—having a first lady whose life does not revolve around her husband?

Rumors flew early in the race that perhaps Mrs. Clinton's success in

Arkansas was enhanced by her husband's governorship.

Again—a slap in the face to working women who maintain their own careers while their spouses do the same. Why should Mrs. Clinton have given up her goals and desires because of her husband's success?

I feel that we should be proud to have Hillary Clinton as first lady—she embodies many of the ideas of the women's movement that sometimes seem so far away from our actual everyday life.

She represents the majority of women in our society today—a working mother.

My only explanation for the difficulties Mrs. Clinton, Anita Hill and other career-oriented women in society are facing is simply that for the first time, a generation of strong-willed, successful women are springing forth, and America is having a hard time acclimating.

I don't mean to belittle men in politics—this is not an intentional male-bashing session. In all instances, I believe the most qualified candidate should be elected.

However—qualified does not mean experienced, nor does it mean incumbent. Women must take initiative for themselves. We must stand up for our rights and get the representation we need in political issues.

These capable women managed tough campaigns...only to see their female senator total rise from two to six.



By
KIEZHA SMITH
opinion editor

underestimated and overworked.

Election 1992, proclaimed the "Year of the Woman," actually produced the "Year of the Token Female."

These capable women managed tough campaigns against incumbents and heavily financed candidates, only to see their female senator total rise to six.

The addition of four senators is impressive but far from qualifying as the "Year of the Woman."

Most notable victor is Carol Braun Moseley, who now holds the title of first black female senator, triumphing over Republican Rich Williamson.

However, another female senatorial candidate, Lynn Yeakel, lost to incumbent Arlen Specter by a narrow margin. Yeakel, a strong women's activist, entered the senatorial campaign to protest the Thomas-Hill hearing run

Campus Comments

1992 was predicted to be the "Year of the Woman." Based on the recent elections, do you believe that '92 lived up to these expectations?



"No, I just read in the paper the other day that the majority of the women registered to vote did not, and many of the women old enough aren't registered." --Eddie Ensor, sophomore



"Yes, statistically more women voted in this election than in the past, and more women's issues were at stake." --Rebecca Hance, senior



"No, I think 1993 will be the year of the woman because Clinton will be in office so women will advance." --Donna Frazier, junior

✉✉Letters to the Editor✉✉

Fine arts major thanks open-minded columnist

Dear Editor,

As last year's Student Art League president and as a fine arts major, I applaud your article, "Pornography vs. Photography: What's 'art' to America?"

Thank you for sharing your open-minded thoughts with the campus community. It's obvious that you really take the time to write quality articles (in regard to content, language and grammar).

Also, several friends of mine have mentioned your article and have expressed their appreciation for its "art appreciation." In short, we like your work! Thank you!

Stephanie Keller

Affirmative Action Office ready to listen or respond

Dear Editor,

Do you find yourself sitting in class and feeling uncomfortable because of the way you are looked at or spoken to by a professor?

Have you gone up to ask a question before or after class and been given "special" attention you didn't ask for? Have remarks been made to you that state more than just words? If you find yourself receiving this kind of unwanted attention, do something about it!

There are many young women on this campus that have this kind of experience everyday in the classroom but feel helpless. They are afraid to tell anyone because they feel like no one will believe them.

You are not the only one in this situation, but until we start speaking out as a group, it is only going to continue.

I know that this is an unpleasant issue to talk about, and that you must wonder what will happen when the other professors find out. You wonder how they will treat you in the future. Will you be considered a troublemaker?

Don't be afraid to stand up for your rights as an individual. You are here to learn and you are paying for the time you are here. Don't allow anyone to make it an unpleasant experience for you.

If you are reading this and can relate to it,

please contact Ann Derr in the Affirmative Action Office. There are people on campus to listen, understand, and help in these areas.

Darlene Dunbar

APSU employee finds housing article offensive

Dear Editor:

In the Nov. 11 issue, the article written about on-campus housing was not only arrogant, but also offensive. Did Ms. Smith ever stop to think that perhaps some of those students living in those dorms happen to like those living arrangements?

Maybe, just maybe, those "checkpoints" are for the safety of the student residents. Bi-weekly inspections are not only for the benefit of those living around you, but are also for your health. Would you want to live in a room or suite with trash piled up to the ceiling and flowing out of the door? I don't think so.

As far as having visitors in your room past midnight, I think it is just common courtesy for others to respect their roommate's right to privacy. I, for one, would not care to get ready for class with my roommate's male friend still in the room at 8 a.m.

In this article there is a valid argument. I do not agree with having to buy a meal plan if you live on campus. I do think you should be able to choose when, where and what you eat.

I am sure you are wondering how I know so much about dorm life. I lived in Sevier for four years before coming to work full-time at APSU.

Yes, I did have a social life. Many nights I stood on the porch struggling with the combination lock, and yes there were many nights when someone had to come and open the door for me. I chose to live there for those four years. My choice was plain and simple. Granted, there may be others who do not appreciate those rules and regulations, but I did. I think that is one reason why I have become a responsible adult.

I guess the whole point of writing this letter was to let you know you do have a choice. Some choose to live their lives one way, and others choose a different style. Maybe that is why we have the freedom to choose.

Jana Fort

"But, you're doing so well in this course... REALLY!"



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THE ALL STATE

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Sports

THE ALL STATE

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Lady Governors capture first regular season title

By LUCY ANN GOSSETT
sports editor

The Austin Peay State University Lady Governor volleyball team were crowned the Ohio Valley Conference regular season champions with their victories over Tennessee State and Tennessee-Martin.

The Lady Govs record is now 26-6 overall and gives them the honor of being the only team in the history of Austin Peay athletics to win that many games in a single season.

Senior Isabel Canedo, who in the past had been dubbed the strength of the team had to sit out the final matches of her career due to a hand injury. However, if all goes well, Canedo will be back for the tournament this weekend.

Andrea Miller and Dawn Grimes have become two key players for Coach Cheryl Holt and her Lady Govs as they have been the reserves for Canedo. How these two stand up during the tournament will say a lot for how the Lady Govs play. Holt feels that the girls will do just fine. "Sure I know they are probably uneasy about the tournament, but since they have played well lately, I don't think they will have any trouble during the tournament," Holt said.

The biggest advantage the Lady Governors have going into this match is the fact that they will be playing on their home turf. "Our biggest strength is that we are playing at home and it is easier to play with parents, friends and fellow students in the stands supporting you," Holt said.

"Our conference is set up so that anyone can come into the tournament and take it all. The OVC tournament is



MAYBE NEXT TIME--JUCO Heather Eubanks sends home a spike against UT-Martin to help the Lady Govs defeat the Lady Pacers 6-15, 15-7, 15-3, 15-10. The win also gave Austin Peay their first regular season championship. (photo by Donna Lovett)

when you have to throw out all past records and start from scratch," Holt said. "The winner of the championships will be the team that can come in

here and play good solid volleyball for three days," Holt added.

Austin Peay will be playing the winner of the Tennessee Tech/Tennessee

State match at 7:30 p.m.

Tickets are available for students for \$1, adults \$3 or a three-day weekend pass for \$5.

Govs lose 45-14; Colonels dominate

By LUCY ANN GOSSETT
sports editor

The Austin Peay Governor football team put forth the effort but failed to make the grade as they were defeated by OVC powerhouse Eastern Kentucky 45-14.

The Governors held the Colonels close in the first quarter with a score of 7 all. Austin Peay scored off a Crenshaw fumble that was recovered by freshman Jeff Gooch.

EKU racked up a few more touchdowns, and the Govs added to their growing penalty list, but they did not give up. The offense and defense fought back and fought back hard. With 6:49 left in the game the Governors scored on a David Stooksbury option that resulted in the final score.

Austin Peay will now take their 2-8 overall 1-6 conference records back to the locker room until Saturday when they host the Pacers from the University of Tennessee Martin. Game time is set for 1:30 p.m.



FEEL THE FORCE--James Lloyd (25) and Richard Darden sandwich an EKU ballcarrier as their teammates give chase. The Govs lost to the Colonels, 45-14. (photo by Donna Lovett)

EASTERN 45, APSU 14

Team Statistics

	EKU	APSU
First Downs	23	10
Rushes-yard	61-391	40-211
Passing	121	5
Return yards	15	51
Comp/Att/Int	7-11-0	2-17-1
Fumbles/Lost	2-2	3-0
Penalties-yards	6-30	4-45
Punts	3-30	7-40
Time of Possession	33:16	26:44
SCORE BY QUARTERS		
Austin Peay	0 7 0 7 --- 14	
Eastern	7 17 14 0 --- 45	

INDIVIDUAL SCORING

APSU: Jeff Gooch 51-yard fumble recovery (Steve Munnell kick). David Stooksbury 35-yard run (Munnell kick).

INDIVIDUAL STATISTICS

Rushing -- AP: Samy Hillman 5-51; Stooksbury 5-49; Daniel Williams 9-39; Jody Smith 12-35; Anthony Hickey 6-28; Sean Counihan 1-13; James Upton 2-(4). Passing --- AP: Daniel Williams 1-11-1-10; David Stooksbury 1-6-0-(5). Receiving - AP: Hickey 1-(5); Tony Brunetti 1-10. Attendance: 984

Bell looks to lead Governors' hardcourt charge

By BYRON SHIVE
assistant sports editor

With the first exhibition game down for the Governor cagers and the regular season right around the corner, senior Devlin Bell looks to challenge for a starting spot on a team loaded with talent.

The 6-7 bigman, considered an explosive leaper, feels the team chemistry this season will aid the Govs in their OVC quest.

"We have a great chance of winning this season," said the easygoing Bell. "Everyone is playing together and we have no negative attitudes."

Traveling the junior college route,

the multi-talented Bell came to Austin Peay via Oakland Community College. After averaging 17 points and 12 rebounds per game as a sophomore, he was named All-State, as well as first team All-Conference and All-Region. As a prep star at Cooley High School in Detroit, Bell earned honorable mention All-Detroit after posting 10 points and 16 rebounds per game averages.

With the Govs staring down the barrel of a loaded preseason, Bell looks for the benefits of a tough schedule.

"We've got one of the toughest preseason schedules in the nation," Bell said. "Any kind of success will be beneficial, but the OVC is just as tough as our preseason. Hopefully, the pre-

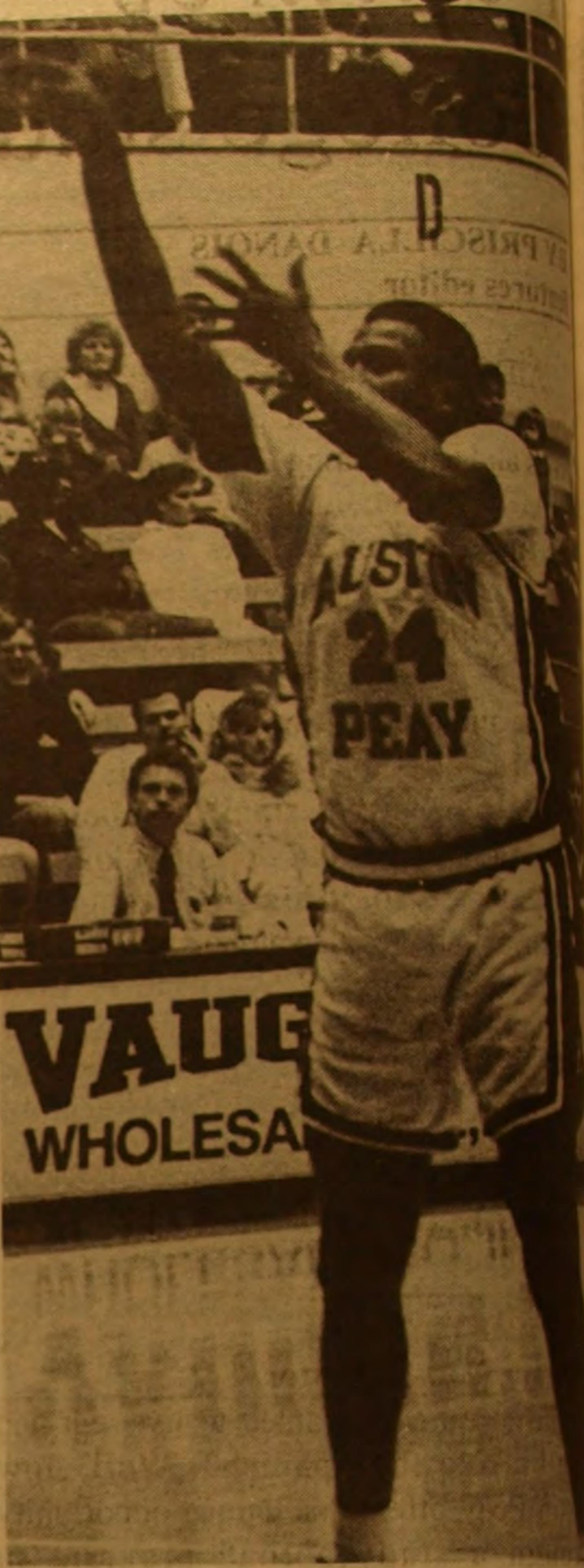
season will mold us into better players." In his final year, Bell hopes to see some improvement in certain aspects of a near-flawless game.

"I want to crash the boards harder this year," he said. "I also want to improve my offense around the basket. As for the team, I want to help keep everyone's head in the game, because basketball is 99 percent mental."

The respectful senior looks no further than his own family for inspiration.

"My mother is the best inspiration that I ever had," Bell said, "and still is."

With the opening tip of the opening game getting closer every day, No. 24 figures to play a key role for the Govs this season.



OVC Volleyball Tournament

Friday, Nov. 20 at 2 p.m.

TN Tech vs. TN State

Winner plays APSU at 7:30 p.m.

EKU vs. Morehead

at 7:30 p.m. Friday.

5:00 p.m. games

Semo vs. Martin
MTSU vs. Murray

Winners play each other Saturday.

The games on Saturday will be at 5:00 and 7:30. The championship game will be played on Sunday at 2:30 p.m.

Tickets prices are \$1 for students, \$3 for adults and \$5 for a three-day pass. There will be no pass outs given.

Bland at point of Lady Govs' attack

By BYRON SHIVE
assistant sports editor

With the Lady Govs' basketball team looking to turn things around this season, a key aspect of any success will rest with the play of junior guard Jametta Bland.

The cat-quick Bland has seen a marked improvement in the squad since practice opened Nov. 1.

"We have progressed a lot since practice started," said the exceptional passer. "We all come from different places and styles of basketball. We're getting to the point where we're learning each other's game and also the plays. This has helped to make others aggressive."

After a standout prep career in Rockford, Ill., Bland came to APSU via Ellsworth Community College, where she earned first-team All-Conference honors after averaging 20 points per game as a freshman. As a high school star, Bland was a four-year starter, while averaging in double figures all four years, including knocking down 30 points per game as a senior. She is a three-time All-Conference selection and a two-time league MVP.

Though expected to aid in the Lady Govs' running and pressing style, Bland knows she won't be playing the whole game. Therefore, she has goals for both situations.

"I'd like to help keep the team together," said the outstanding leader, "and help out the team both on and off the court. When I'm in the game, it's 100 percent basketball, but when I'm on the



bench, it's 100 percent cheerleader."

A big fan of Cheryl Miller, Bland idolizes the former college standout and USA Olympian, but draws inspiration from her mother.

"My all-time favorite athlete is

Cheryl Miller," Bland said. "I still have tapes of her playing that I watch. My biggest influence, though, is my mom. She really went through a lot and a lot of the time, it was just her supporting me."

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Features

THE ALL STATE

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College students remain susceptible to the AIDS virus

BY PRISCILLA DANOIS
features editor

AIDS. It's still around. Whether people realize it or not, or realize it and just don't care--the disease still exists and is snatching lives across the world.

AIDS, or Acquired Immune Deficiency Syndrome, was first reported in New York City in 1979 and has since reached epidemic proportions. By late 1987, more than 35,000 cases had been identified in the United States.

The majority of the patients diagnosed with having AIDS has been male homosexuals and intravenous-drug users along with a small number of hemophiliacs. However, people that do not belong to either of these groups are also at high risk of getting the disease. Heterosexuals, women, babies and children have all been affected by AIDS.

People used to assume that most AIDS victims were residents of New York City and California only. But

AIDS can hit anywhere. AIDS does not care where it lands, according to Dr. Greg Wilson, M.D. "A lot of people assume that AIDS just cannot happen to them. They think that they're out of reach, but that is not the case--especially if a person is sexually active and has been with many different partners," he said.

The only proven modes of transmission of AIDS are through intimate contacts involving blood transfusions. Pregnant women can transmit AIDS to their fetuses, which are often born malformed.

The impaired immune system of an AIDS patient leaves the individual prone to many disorders. Among those often observed are kaposi's sarcoma, a rare cancer; and an unusual form of pneumonia; neurological disorder meningitis; and herpes. Some can be relieved by treatment, but some cannot.

College students need to be particularly careful, according to Dr. Wilson. "University people are often at a very young and impressive age. College days are viewed as a time for fun and excitement, but people need

to be aware of certain dangers, and AIDS is out there, and one of the biggest dangers a young person can face, or any person for that matter," he said.

There are many precautions people can take to avoid this deadly disease.

Some steps, according to Dr. Wilson, of avoiding AIDS are: limit your number of sexual partners; always use a condom to help protect yourself; don't use drugs or needles; and take an AIDS test yearly if you have been promiscuous in the past.

"AIDS is the most feared disease in the world now. People took it seriously when it first broke out, but I'm afraid that people aren't as concerned as they were a few years ago," Dr. Wilson said.

"Always be concerned regarding your health and the health of others. You're in school to prepare for a nice future. Make sure your health and safety remain a top priority," he added.

Open house features Mexico

By CHRISTI AKINS
assistant features editor

Have you ever wanted to live, eat and breathe like the Spanish? Well, now Austin Peay offers this unique opportunity through a study abroad program in Mexico. This program is scheduled for July 9 - Aug. 8. If you want to stay longer, you can participate for a semester, a full summer or a whole year.

Participants will receive up to eight hours of upper division college credit in history, art, political science, Spanish, literature, business, or graduate studies. The cost is \$1,500 and current financial aid may be applied. Fund-raisers by FLAGS will also help to defray expenses.

Dr. Ramon Magrans, director, said that

the purpose of this trip is to satisfy any deficiency in the Spanish language, or just learn the all around Spanish culture. The design of this trip consists of attending class from 8 a.m.-2 p.m., living with a Spanish family within the participant's career interest, and visiting many places such as monumental pyramids, ballet, museums, churches and Indian towns. It also includes a relaxing weekend in Acapulco. Participants will also visit two children sponsored by FLAGS.

There will be an open house on Nov. 24 at 1:30 p.m. in Clement, Room 331, for information and discussion with previous participants of the program. Anyone interested may register anytime with Dr. Magrans at 648-7847.

Greeks unite to participate in Animal Week for Humane Society

BY JEFF GRIMES
staff writer

Chi Omega was announced as the big winner of the Pi Kappa Alpha fraternity Animal Week activities.

The Pikes held Animal Week to raise money for the National Humane Society.

According to Sonny Goodowens, the objectives for Animal Week were to raise money for the Humane Society and to unite Greeks and athletes on campus.

The activities began on Monday last week with a party at the Pike house. The Nashville radio station 104.5, the Fox, provided music for the party.

On Tuesday, the NPC sororities competed in a bowling tournament at Eastgate Lanes, with Alpha Delta Pi winning.

A hot-wings eating contest was held at O'Charley's on Wednesday. Christy Allwien of Alpha Delta Pi won after eating 28 hot wings.

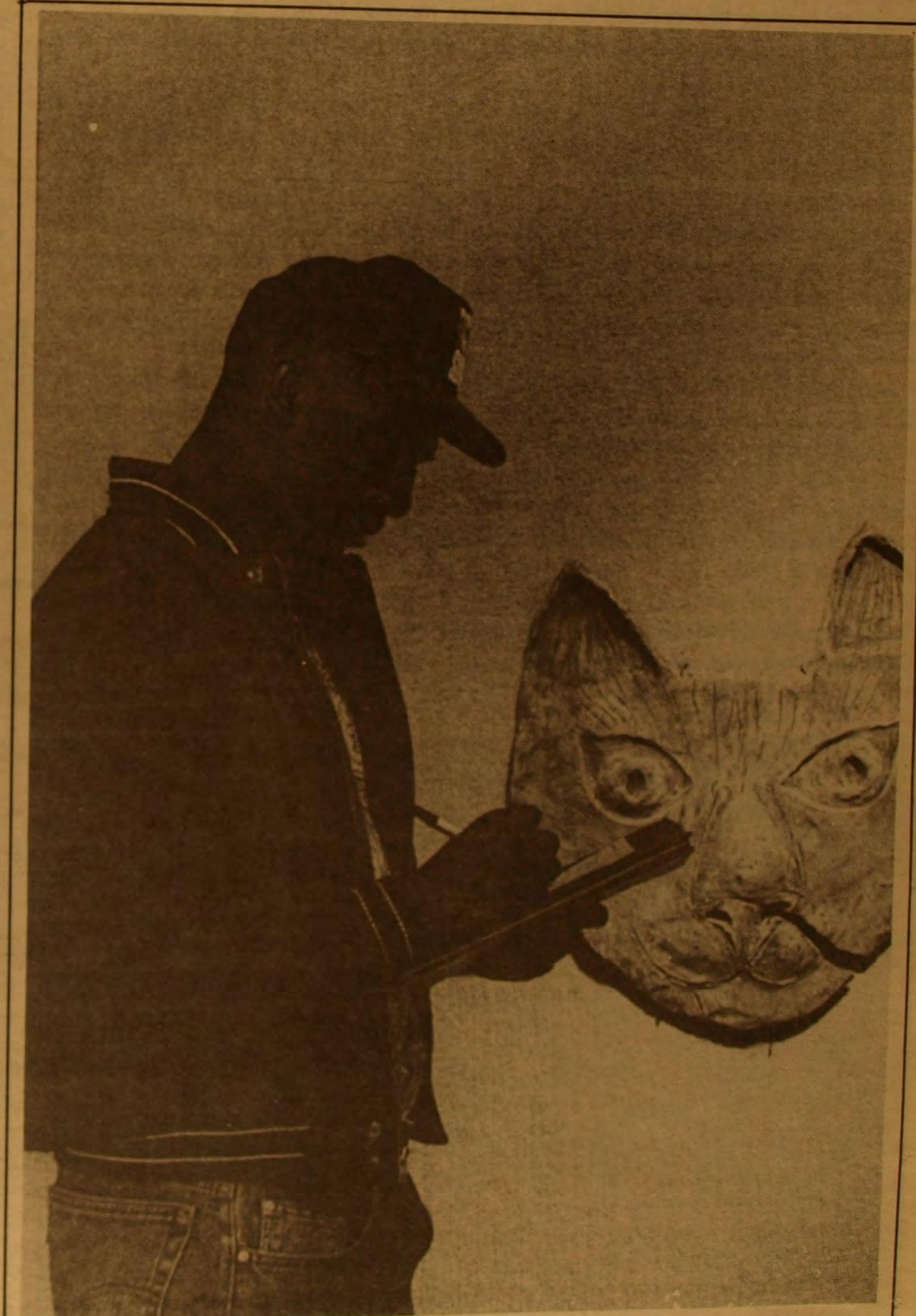
An all-Greek/athlete mixer was held at the Pike house on Thursday.

The last event of Animal Week occurred Friday night at the Warehouse. The band "A Pack of Crazed Dogs" played for a Pike toga-party.

Chi Omega won the dance contest held that evening.

Chi Omega was announced as the overall winner of Animal Week during halftime of the Austin Peay-Eastern Kentucky football game.

The winner was determined by participation and how teams did in the competitions.



WORKS OF ART--Marcu Watkins admires the clay sculptures now on display in the Trahern Art Gallery. The exhibit runs through Dec. 10. (photo by Donna Lovett)

Page 10

Local museum offers exhibits on Montgomery County history

BY KIEZHA SMITH
opinion editor

This is the first in a two-part series on the Clarksville-Montgomery County museum.

If you're ever in downtown Clarksville, you may have noticed an unusual building on the corner of Commerce and Second Street. The building stands out due to its tarnished copper roof and filigreed steeples, which have turned somewhat green in its 96-year history. It is the Clarksville-Montgomery County Museum—full of history and amusement about both the Clarksville area and the United States in general.

The building that houses the museum's artifacts has a rich history of its own. Opened in 1897, it was a U.S. Post Office until 1939, when it became the Department of Electricity for Clarksville-Montgomery County area. It then sat empty for one year before reopening as the museum in 1987.

The director of the museum, Robert Patterson, has been with the Clarksville-Montgomery County Museum since the beginning. He has a master's in Museums and Archives from Florida State University. Patterson explained that the opportunity to start a museum from scratch was, "... a chance to do it right, the kind of chance you get once in a lifetime."

The museum offers exhibits for everyone's tastes, from children to adults. The museum time-chart begins with the Mississippian Indians, who lived in the Clarksville-Montgomery County area, and finishes with displays of NASA and other science exhibits.

For kids, there's an exhibit called Dinostories, which uses hands-on displays to teach children what dinosaurs were really like, from diet to size. The children can "dig up" plaster-cast replicas of fossilized bones in huge mounds of rice, sit in chairs that are shaped to be actual size dinosaur heads or put together huge puzzles both flat and three-dimensional.

The permanent children's exhibit, Aunt Alice's Attic, provides children a place to try on period costumes, listen to a Lone Ranger show on the radio or telegraph friends across the room using Morse code.

Older visitors will enjoy exhibits like the turn-of-the-century dentistry display, which features a pedal-powered drill used by a dentist in the Clarksville area almost 100 years ago. Also on display is the Gracey family collection of antique furniture and artwork. An invention by a Clarksville man, the Family Pop Corn Sheller, was apparently very popular in a time where popcorn could only be had if you were willing to hand-shell it yourself, a tedious and tiring process.

Another permanent exhibit, Memory Lane, imitates what life was like for a small town similar to that of Clarksville. Three-dimensional objects like horseless buggies and clothing add authenticity to the displays.

"The Road to Victory: Clarksville during WWII" takes a look at life in Montgomery County and how the city fared during war. Donations and loans by the community are largely responsible for the items on display. This exhibit will be for public viewing until the summer of 1993.

If you've lived in Clarksville all your life or just moved here three months ago, the Clarksville-Montgomery County Museum has something to interest you. Learn something about your community and how your ancestors lived. For more information, the museum can be reached at 648-5780.



PRACTICE MAKES PERFECT—Linda Chesis of the Manhattan School of Music in New York assists a local high school student in playing her flute during the Wind and Percussion Exchange. (photo by Donna Lovett)

Art Scene

• A Medieval Fair will be held Nov. 18-22 in the Trahern Theatre. Step back in time and enjoy the pageantry, drama, music and spectacle of medieval festivities.

Activities include the performance of The Second Shepherd's Play, a Middle English reading, music by the Cumberland Collegium and the APSU Madrigal Singers, along with food booths and other exhibitions of medieval crafts by The Society for Creative Anachronisms and Food Sampling.

General admission is \$5, students \$3. Tickets are available at Trahern Box Office from 2-5:30 p.m. weekdays. For more information, telephone 7379.

• Tickets are on sale for the Madrigal Feaste at the music ticket office for the 19th annual Madrigal Feaste which will be held at 6:30 p.m. Dec. 4-5 in the University Center Ballroom.

Cost is \$16.50 per person, and all seats are reserved. Ticket office hours are 11:30 a.m.-3:30 p.m. weekdays through Wednesday, Nov. 25. For reservations and/or information, call 648-7001.

• The "New Deal Studies—Clay Sculpture" exhibit continues through Dec. 10 in the Trahern Gallery.

The exhibit contains a group of large-scale works by regional artists. Gallery hours are 9 a.m.-4 p.m. weekdays, 10 a.m.-2 p.m. Saturday, and 1-4 p.m. Sunday.

The exhibit is free and open to the public. For more information call the APSU department of art at 648-7333.

• A senior recital by Bart Dixon will be held Nov. 22 at 6 p.m. in the concert theater of the Music/Mass Communication Building. The percussion recital is free and open to the public.

• The APSU Woodwind Ensemble will perform Nov. 22 at 8 p.m. in the concert theater of the Music/Mass Communication Building.

A wide range of works from contemporary to classical will be featured. The concert is free and open to the public. For more information, call 648-7818.

• A workshop and lecture will be conducted by German sculptor Hubertus von der Goltz on Nov. 24. The 1 p.m. lecture will be held in Trahern 104 and requires reservations; the 7:30 p.m. lecture in Trahern 401 is free and open to the public. For more information call 648-7333.

• Carol McKinnon, an APSU graduate, will present a voice recital on Nov. 24 at 8 p.m. in the concert theater of the Music/Mass Communication Building.

The recital is free and open to the public. For more information, call 648-7818.

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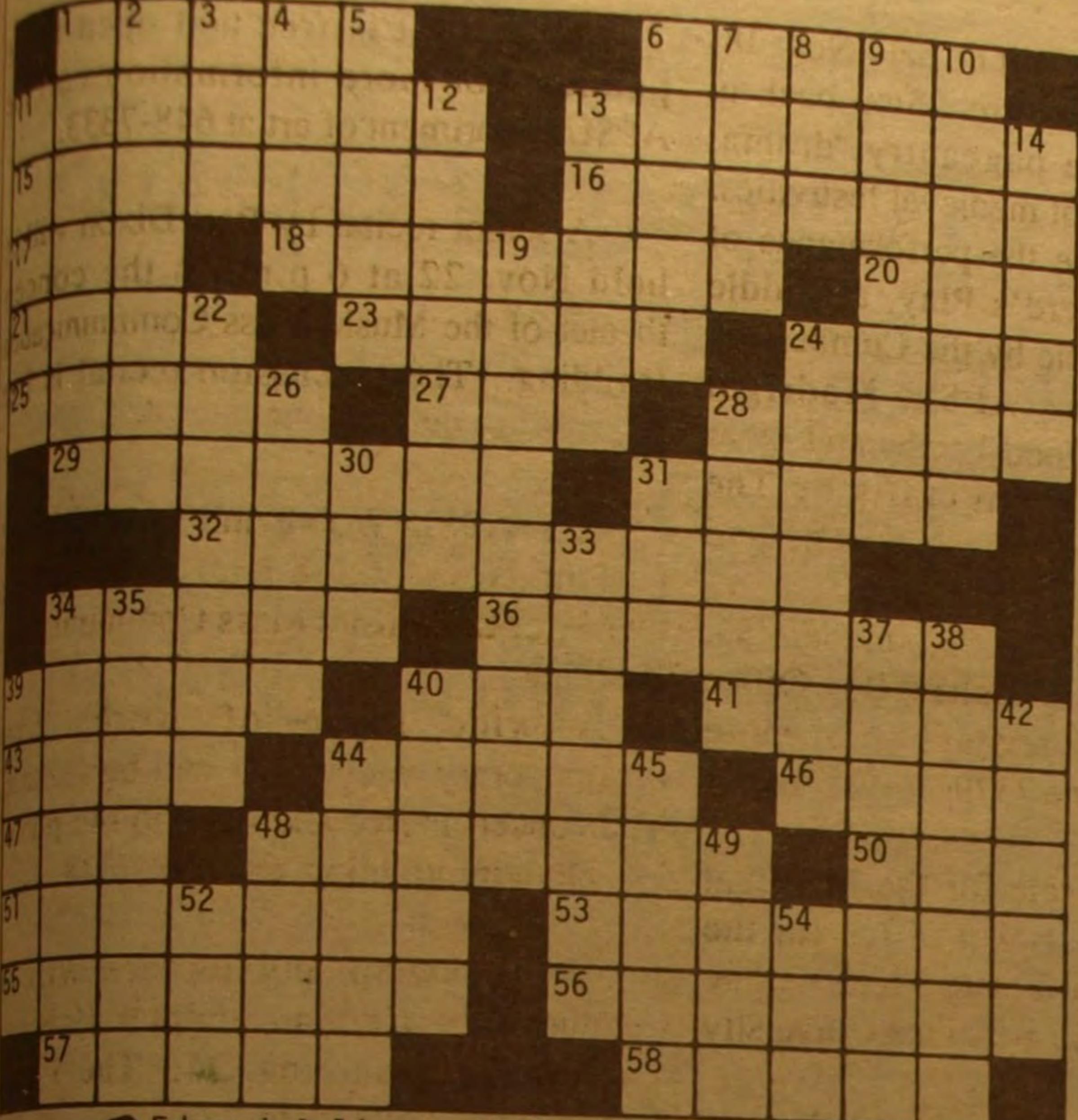
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collegiate crossword



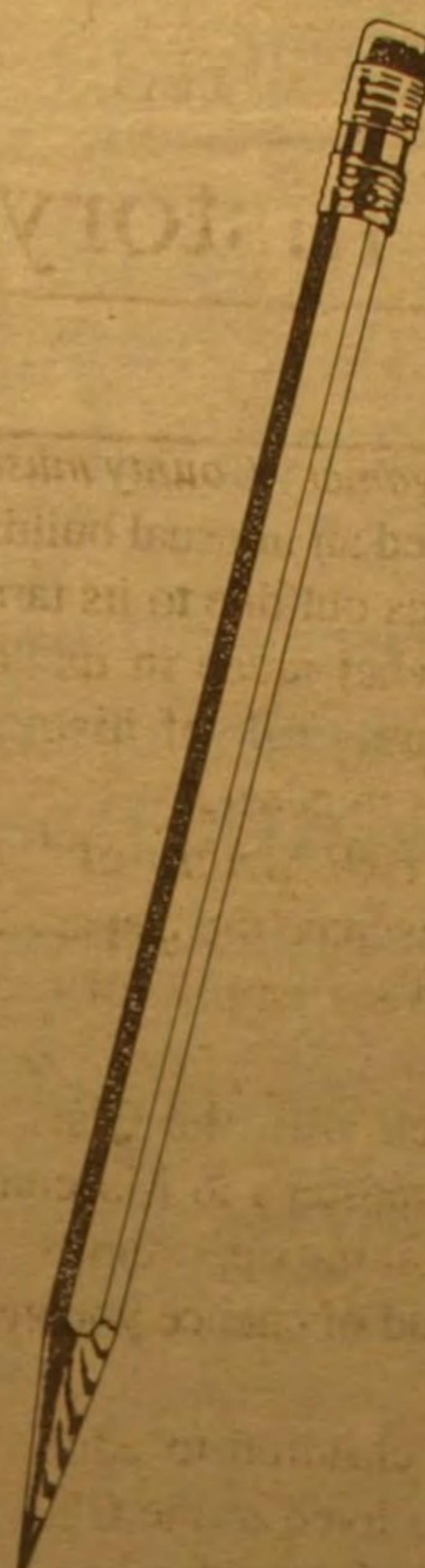
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THE ALL STATE

- 3 Prefix for gram or graph
 4 Drop into water
 5 Lamprey fisherman
 6 Like a snake
 7 Prison section
 8 Building wing
 9 Unyielding
 10 Takes back, as a statement
 11 Belief
 12 Angry outbursts
 13 Low, wet land
 14 Stupid
 19 Grouped closely
 22 Hospital convalescence rooms
 24 Supporting under-garments
 26 Hangs ten
 28 Ways of conducting oneself
 30 God of the sky
 31 Ike's initials
 33 Piano keys
 34 Quality
 35 South American river
 37 — nail
 38 Musical pieces
 39 Distributed
 40 Forest inventory
 42 Ancient harps
 44 College in Maine
 45 Type style
 48 — one's time
 49 Formal fight
 52 Siesta
 54 Short for Deoxy-ribonucleic acid

- ACROSS**
- paper
 - Cut
 - String of beads
 - Berated
 - Italian food
 - "60 Minutes" host
 - Linguistics suffix
 - Cotton cloth
 - Part of BMOC
 - Time periods
 - Tennis term
 - Slang for fires
 - The Flintstones' pet, et al.
 - 27 Statement term
 - 28 Baseball hall-of-famer, — Irvin
 - 29 Military gestures
 - 31 Soils
 - 32 Greek statesman
 - 34 Greek island
 - 36 Leveling devices
 - 39 Baseball MVP of 1961
 - 40 — forma
 - 41 Piano seat
 - 43 Mr. Kazan
 - 44 Coffin stands
 - 46 Well-known electronics company
 - 47 — ear
 - 48 Exchanged words
 - 50 Wide's partner
 - 51 Bowling ball material
 - 53 Scholarly
 - 55 Periods of time
 - 56 Brownish pigments
 - 57 Know the —
 - 58 Gives a signal
- DOWN**
- Polishing cloth
 - Old Italian capital

The answers to this puzzle will be given in the next issue.



off the mark

Page 11
by Mark Parisi

NOT BAD... ALL IT NEEDS IS A LITTLE BIT OF GINGER...

© 1992 MARK PARISI

MARK PARISI



GODZILLA VISITS GILLIGAN'S ISLAND.

SCRIBE	ANSWERED
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RIDING	FORENSIC
ACTED	NON IDA
PHASES	ASP ADEN
EEG	REEL SPENT
STA	RESILIENCE
PHLOGISTON	MALAMUD TED
ROILS	INCH MIB
IRMA	MOA HELENA
NEE MAD	MOTHS
KANGAROO	AMTRAK
LUTETIUM	RETILE
ESSAYERS	GROCER

These are the answers to last week's puzzle.

ALCOHOL AWARENESS WEEK WAS A GREAT SUCCESS!!!
The Peer Educators want to congratulate

Miller Hall as the Residential winners and

Kappa Sigma as the Organization winners

Hats off to the Kappa Sigmas as the over all winners of the Alcohol Awareness Bowl!!



Thanks to all APSU students who participated.

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APEX LEADER POSITIONS

Applications are now available for APEX Leader's positions for the 1993 program.

Candidates **MUST** be current APSU students who have completed 12 hours by the end of the 1992 fall semester, with at least a **2.20 cumulative GPA** and a clear disciplinary record. Candidates **MUST** be available for the training sessions the evenings of

Feb. 22, March 22, and April 22, 1993.

Candidates also will be required to return for additional training one week prior to the beginning of the 1993 fall semester. For complete position description and application materials, please come to Room 203, Ellington or Student Activities Office, University Center.

DEADLINE:
December 11, 1992

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