

# BOARD OF TRUSTEES

Student Affairs Committee Meeting
Austin Peay State University
317 College Street
Clarksville, TN 37040
March 18, 2021
1:30 PM

Call to Order

Roll Call/Declaration of a Quorum

**Action Items** 

A.Recommendation for Selection of Student Trustee

Information Items

A.Student Affairs Initiatives Toward Retention

B.Health and Counseling Center

C.Student Code of Conduct Revision

Adjourn

# Singleton, Gregory

From: Sent: To: Subject:	no-reply@apsu.edu Thursday, October 22, 2020 4:48 PM Singleton, Gregory Student Trustee Application submission
fullname - Lauren Paige Wood	d
gpacumulativegpafromthese	mesterm - 3.73
numberofsemesterhourscomp	oleted1 - 63
majorminor - Psychology	
apsustartdate - 08/2018	
anticipatedgraduationdate -	05/2022
highschoolname - Dickson Co	ounty High School
yearofgraduation - 2018	
highschoolcityandstate - Dick	son, TN
highlightsofcampusandcomm and Health Sciences (08/2019-) APSU Baseball- Baseball Manag	
branch -	
datesserved -	
rankatdischarge -	
typeofdischarge -	
ifotherthanhonorableexplain -	
areyouatennesseeresident1 -	['Yes']
doyouhaveajudicialrecordorcur1 - ['No']	
ifyesexplain -	
haveyoueverbeenconvictedo	ofafe1 - ['No']

ifyesexplain1 asanapplicantforstudenttruste1 - ['Yes']
signature - Lauren Paige Wood
date - 10/22/202â?

# Lauren Wood

#### **OBJECTIVE**

Seeking position of Student Trustee to serve the students of Austin Peay State University by using the skills acquired from the Student Government Association

#### **EDUCATION**

Seeking a B.S. in Psychology: Psychological Science and Counseling
Austin Peay State University, Clarksville, TN

2018-2022

## PERSONAL QUALIFICATIONS AND SKILLS

- Excellent interpersonal skills and ability to relate well with people from all walks of life
- Excellent written and oral communication skills
- Leadership abilities in academic arenas, employment and community service positions, and social activities
- Skilled at time management and organization skills
- Ability to work effectively with other members to better the community of Austin Peay State University

#### **EMPLOYMENT**

Senator. Austin Peay State University, Clarksville, TN. (08/2019-present). Holds position of Senator of the college of Behavioral and Health Sciences for the Student Government Association. Maintains position by serving both the students of Austin Peay State University and the community of Clarksville. This includes creating proper legislation and being involved in community events.

<u>Baseball Manager.</u> Austin Peay State University, Clarksville, TN. (07/18-present). Works with the coaches and staff to create a positive environment for the team. Represents the Austin Peay State University baseball team on and off the field by being involved in the community. This includes providing proper care for umpires with welcoming hospitality.

<u>Leasing Consultant.</u> University Landing, Clarksville, TN. (04/20-present). Help make a positive community for residents at University Landing. Works with coworkers to maintain our property and welcome a new home for prospects. This includes both office work and meeting goals to attain a proper leasing role.

Administrative Assistant. Trauma & Therapy Center of TN, Clarksville, TN. (05/2019-12/2019). Held position of administrative assistant of Trauma & Therapy Center of TN in completing paperwork, faxing paperwork, filing paperwork, setting patient's appointments, filing patient's insurance, and running office errands.

#### REFERENCES

Available upon request.

I am interested in applying for the position of Student Trustee so that I can speak on behalf of all of the Governors of Austin Peay State University. Every voice must be heard and by having this position, it will give me a chance to allow these voices to be acted upon. I have received the opportunity to serve as a Senator in SGA for two years; however, I feel as if I can do more. By having the opportunity to serve as a Student Trustee, it will give me a chance to sharpen my leadership skills and help lead the campus of Austin Peay State University. I have a strong passion for this school and for all of the people that it holds home to. Those who are speaking on behalf of the students must have a broad-based vision for the university, and that is something that I possess.

My college experience has given me many different opportunities that have prepared me for this type of position. I have had the chance to serve as a Senator of the college of Behavioral and Health Sciences for the Student Government Association. By having this opportunity, I was able to not only serve the students of Austin Peay State University but was able to be involved in community events that served the community of Clarksville. My Senator position allowed me to attend events that allowed me to speak on behalf of the students of Austin Peay State University. This position has also allowed me to create legislation that plays a role in the students' experience at Austin Peay State University. Since my freshman year, I have been able to serve as a manager for our baseball team. This position has taught me the importance of both time management and organization skills. I have also learned the importance of always having good hospitality and being personable because you never know who you might meet. Both of these opportunities have helped me grow as a person and has allowed me to have progressive involvement at Austin Peay State University.

Student Trustee Austin Peay State University

R. Dale McCarver, Adjunct Professor Austin Peay State University Clarksville, TN

**RE: LAUREN WOOD** 

26 October 2020

Dear Selection Committee:

It was my pleasure to instruct Ms. Lauren Wood for three semesters of English. She impressed me from the very first day of class, and it was a joy to watch her skills and confidence steadily improve over the last two years.

She is a dedicated student. She demands much of herself. Earning a high grade is not good enough for Lauren. She pushes herself to be the best she can be.

Lauren came to APSU as a good writer, but today she is even better. She is a confident speaker. Her attendance in my class was excellent.

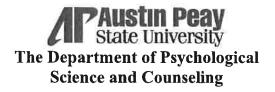
My interactions with her were always pleasant. She has a great sense of humor. Her laugh is infectious. Her stellar attitude would be welcomed in any group.

Lauren is very involved in campus activities, including APSU Student Government and as manager of the university baseball team. As a leasing consultant for University Landing, Lauren has worked hard to make a positive impact on its residents.

Lauren has been a joy to know. She is an impressive young lady with a bright future. I do not hesitate to give her my highest recommendation.

R. Dale McCarver, Adjunct English Professor mccarverr@apsu.edu

**Austin Peay State University** 



October 16, 2020

Re: Student Trustee

To Whom it May Concern:

I am writing to give Lauren Wood my highest recommendation for the position of student trustee on Austin Peay State University's Board of Trustees. I have known Lauren since Fall 2018 when she was assigned to me as a advisee. Since then, I also have had the pleasure of having her in my Research Methods course. At the time of this letter, Lauren has a 3.73 GPA at Austin Peay and continues to do well in all of her courses.

Lauren is a great student, but it doesn't just end there. She takes the initiative to become involved both in the Austin Peay community and larger Clarksville community. Lauren has had many opportunities to grow as a leader, most recently, she became a senator for the College of Behavioral and Health Sciences through the Student Government Association. This is a prestigious position as she is able to serve both the students of Austin Peay State University and the greater community of Clarksville. She also is currently the baseball manager here at Austin Peay where she works with the coaches to help create a positive environment for the team. In addition to these two positions, in April of this year, Lauren became a leasing consultant for University Landing here in Clarksville where she works in a team capacity to maintain their property. One notable thing is that she has not let her grades suffer while working within both the Austin Peay and greater Clarksville communities.

I always enjoy meeting with Lauren during our advisee meetings because she always comes prepared with what courses she would like to take next to ensure she is getting the most out of her undergraduate career. Lauren is the type of person who believes in constant learning, bettering herself, and challenging herself. She is goal-oriented and thinks with the long-term in mind. She displays enthusiasm and interest in pursuing her academic career and helping the community. In summary, I believe that Lauren would be an ideal choice for the position of student trustee. With her dedication to her academics and the community, and her drive to do well in all aspects of her life, I firmly believe that Lauren will be a great fit with the Board of Trustees. If you need any additional information, please feel free to contact me.

Sincerely,

Emily Pica, Ph.D. Assistant Professor (931) 221 – 7231

Emily Pica

Picae@apsu.edu



# **Dear Student Trustee Search Committee:**

I have the pleasure of writing this letter in support of Lauren Wood's application to become a Student Trustee on the Board for APSU. I have known Lauren for a little over a year, as a Professor at Austin Peay State University. Although I was not her advisor, we have discussed her plans for the future and I had advised her on how to get the most out of her undergraduate training.

I had taught Lauren in our PSYC 2010 Statistics course. As you can imagine, this is a difficult course that most students struggle, but Lauren excelled, completing all the assignments, even small 5-point home works that really do not affect one's grade. She also did well on the exams, which were all essay and application style questions. As you can see by her GPA, she works hard in all her classes to do well.

Lauren has been a wonderful student both in and out of class and shows the emotional maturity and professionalism needed to successfully serve on such a committee. She currently serves as Senator on SGA and is a Manager for our Baseball Team. I believe her other experiences gives her unique perspectives and skills that would be valued as a Student Trustee and I am confident that she will continue to work hard to represent all her fellow students, to make sure that all voices are heard.

In conclusion, Lauren Wood has been a great and enjoyable student who would make a wonderful addition to the Board for Austin Peay State University and shows great promise for a successful career in Psychology. I would eagerly accept her into my own research lab if given the opportunity.

If you feel that you need any additional information or have any questions, please do not hesitate to contact me.

Sincerely,

Brian J. Hock, Jr.

Brang Hock

# Singleton, Gregory

From:

no-reply@apsu.edu

Sent:

Wednesday, October 14, 2020 2:16 PM

To:

Singleton, Gregory

Subject:

Student Trustee Application submission

fullname - Molly Howard



gpacumulativegpafromthesemesterm - 3.8032

number of semester hours completed 1 - 61 (90 if including transfer hours from high school)

majorminor - Nursing

apsustartdate - August 2018

anticipated graduation date - May 2022

highschoolname - Woodridge High School

yearofgraduation - 2018

highschoolcityandstate - Peninsula, OH

highlightsofcampusandcommunityse - Student Athlete Advisory Committee - Fall 2019 to present - Co-Chair for Programming Committee

75+ hours of volunteering per semester at Child Learning Center

75+ (scholarship worker)

Athletic Mentoring Program - Mentor since Fall of 2020 Fellowship of Christian Athletes - Member since Fall 2018 Volunteered at Burt Elementary School Fall 2019 Member of APSU Women's Cross Country and Track and Field Programs - 2018 to present Student Nurses Association (SNA) - Spring 2020 to present - Member

branch - N/A

datesserved - N/A

rankatdischarge - N/A

typeofdischarge - N/A

ifotherthanhonorableexplain - N/A

areyouatennesseeresident? - ['No']

doyouhaveajudicialrecordorcur1 - ['No']

ifyesexplain -

haveyoueverbeenconvictedofafe1 - ['No']

ifyesexplain1 -

asanapplicantforstudenttruste1 - ['Yes']

signature - Molly Howard

date - 10/14/2020

Austin Peay State University Clarksville, TN Education

August 2018-Present

May 2020

**Associate of Science in Liberal Arts Bachelors of Science in Nursing** 

NCAA Division I Athletic Scholarship – Track

Leadership &

#### **APSU Track & Cross Country Teams**

August 2018-Present

Work Experience Member & Representative

- Manage a full-time student course load with 20+ hours a week training and competition
- Serve as a leader throughout APSU and the Clarksville community as a representative of the University and Athletic Department

#### **APSU Student-Athlete Advisory Committee (SAAC)**

August 2019-Present

Cross Country Representative & Programming Committee Co-Chair

- Advocate for concerns and interests of student-athletes at APSU
- Serve as a leader in planning and implementation of programming-related events and activities
- Represent the cross country team honestly and fairly

#### Athletics Mentoring Program (AMP)

August 2019-Present

Peer Leader

- Provide insight and knowledge to freshman athletes that will aid in their transition to becoming a Division I student athlete
- Participate in monthly meetings every fall
- Facilitated conversation between freshmen and upperclassmen to voice potential concerns, fears, or worries related to their transition into life as a student-athlete

#### **Riverfront Family YMCA**

June 2020-August 2021

Summer Camp Counselor

- Prepared and organized summer camp activities for children ages 7-10
- Facilitated learning through play for children during their summer camp experience

#### **APSU Child Learning Center**

August 2018-December 2021

Scholarship Worker/Volunteer (75 Hours/Semester)

- Aid preschool teachers throughout the workday by performing housekeeping duties, planning activities, and maintaining an optimal learning environment for preschool-aged children

Community Involvement

APSU First Friday, Volunteer August 2019-Present Face Mask 3-D Printing, Volunteer August 2020 AP Day School of Nursing, Volunteer November 2020 Burt Elementary School, Volunteer August 2020-December 2020 G.H.O.S.T, Volunteer October 2018-October 2020

Honors OVC Academic Medal of Honor

August 2018-May 2019 Provost Scholarships August 2018

August 2020-December 2020 Dean's List August 2019-December 2019

January 2019-May 2019 August 2018-December 2018

Summary of

Advanced interpersonal and team-oriented skills

Skills Outstanding leadership skills

> Strong oral and written communication Excellent time-management skills Resiliency in high-stress situations Certified CPR/BLS Provider



#### Department of Allied Health Sciences

October 28, 2020

To Whom It May Concern.

# A LETTER OF RECOMMENDATION FOR MS. MOLLY HOWARD.

I am writing this letter at the request of Molly Howard who took my Fundamentals of Hematology course (MTEC 3910) during the fall of 2019. Molly is one of those students any professor would like to have in class. She actively participated in class discussions and took the initiative to attend my office hours for additional questions. She performed brilliantly in the lecture and laboratory sections of the course even though this course was not required in her nursing major. Molly is very proactive and craves to explore other academic areas with a mindset of self-development. For example, on the first day of class, during class introductions, Molly explained that she was taking hematology to be better prepared for the nursing program. I can confidently remark that she was the first student I have had in class to pursue the nursing program, which is impressive considering that most students would take relatively easier or non-laboratory courses as electives.

In addition to her excellent performance, Molly is also a member of the Cross Country and Track and Field teams here at Austin Peay. I would infer that she is great at time management and have great organizational skills to juggle classes and her sporting obligations. She would always inform me when there was going to be a conflict between my course and her athletic events. She made sure that assignments were submitted on time and that exams were completed as soon as possible upon her return from her athletic trips. It is no surprise that Molly is a recipient of multiple scholarships: including, presidential, provosts and athletics. She has been on the Dean's list every semester since coming to Austin Peay State University.

Molly is also active in the community and on campus. She volunteers and participates in a variety of community service opportunities throughout the year. She serves as the Cross Country representative on the Student Athlete Advisory Committee (SAAC) as well as the program co-chair of SAAC. She extended her leadership abilities to serve as a peer leader for the Athletic Mentoring Program. Molly has many remarkable attributes: great communication skills, outstanding interpersonal qualities and admirable time-management abilities.

I know that Molly embodies excellent attributes that she needs to be a spectacular Student Trustee. I will be enthusiastic to answer any questions that you may have. Please do not hesitate to contact me at 931-221-6498 or <a href="mailto:jatore@apsu.edu">jatore@apsu.edu</a>.

Sincerely,

Eleanor Jator, Ph.D., MT(ASCP)<sup>CM</sup>

Professor

Allied Health Sciences Department

Medical Laboratory Science and Phlebotomy Programs Coordinator

Austin Peay State University

#### 11/1/2020

## To Whom It May Concern:

I would like to give my highest recommendation to Molly Howard for a student position on the board of Trustees. I have known Molly for the past three years as a student and as an athlete at Austin Peay State University. Molly is a hardworking, knowledgeable, honest, and a trustworthy individual whom I would not hesitate to recommend for this opportunity.

As a student, Molly is very bright and extremely hard working. She has the ability to work well within a group setting as well as on her own with minimal supervision. If she sets a goal, she'll accomplish it. She has a strong will to learn and has overcome numerous obstacles to reach this point in her life. Undoubtedly, her greatest strength is her persistence. She has the cognitive ability above her peers, yet has the ability to work with and communicate effectively as to motivate those around her to greater success.

Molly always contributes to making the team, her class, and herself the best that each can be. She has the ability to motivate others around her to be better with a drive and motivation that is second to none. As an athlete, she always gives her all in every practice and competition. And now, as a potential candidate for this opportunity, I know she will be dedicated, knowledgeable and capable of making a difference. I am sure she would be an outstanding asset.

In conclusion, I would highly recommend Molly for this position. If you have any questions or comments, please do not hesitate to get in touch with me. Thank you for your time and consideration in this matter.

Sincerely,

Valerie Brown
Head Coach
Track & Field and Cross Country
Austin Peay State University
(931) 221-7211
brownv@apsu.edu



October 20, 2020

#### **Dean Singleton:**

I am very pleased to recommend Molly Howard for the Student Trustee position at Austin Peay State University (APSU) and write this letter on her behalf. I have known Molly for the past two and a half years through my role as Assistant Athletics Director for Academics and specifically the Women's Track and Field advisor at APSU. Molly has been a standout among my students showing great maturity and intellectual ability from the day she arrived on campus.

Molly is a true leader and models the behavior we want from our students at APSU. She has maintained a very high GPA in the competitive APSU Nursing program while playing an integral part as team captain on the track and cross-country team. She serves as Co-Chair of Programming for the Student-Athlete Advisory Committee (SAAC) where she plans and executes campus wide events. In addition to SAAC, she serves as a Peer Leader for our Athletic Mentoring Program where she coordinates and facilitates meetings with a group of freshmen students to assist with their transition to APSU. Also, Molly is a member of the Student Nurses Association and Fellowship of Christian Athletes.

She makes an impact in the community as well because she volunteers every free minute she has and encourages her teammates to give back as well. She has volunteered at the Child Learning Center, Burt Elementary and various other community outreach events across Clarksville. I have been advising and mentoring student-athletes for over 15 years and can honestly say Molly is one of the most impressive I have had the pleasure of working with.

I could continue on with more glowing accounts of Molly, but will instead simply say that I really do think the world of her and respect her greatly. I would without any reservation recommend her for the Student Trustee position at APSU. Please do not hesitate to contact me if you need further information.

Sincerely,

Katie Ethridge Katie Ethridge ethridgem@apsu.edu 931-221-7605

#### **Molly Howard Responses**

#### Why are you interested in applying for the Student trustee position?

I am interested in applying for the Student Trustee position at Austin Peay State University because I want to be part of something positive that is far bigger than myself. I have always loved being part of team, serving my community, and advocating for the people that I care about. With that being said, I think this would be a great position for me not only to do those things, but also to gain a more vast knowledge of the inner workings of our university, build valuable relationships with others on the Board, and share my experiences as a student-athlete to promote positive growth throughout Austin Peay and our surrounding community.

### How has your college/university experience prepared you for this type of position?

This university has prepared me for this position more than I ever could have imagined. Even from the very beginning of my time here at Austin Peay, I have been challenged to step out of my comfort zone and do things that were oftentimes difficult to do. I am originally from Northeast Ohio and had lived there my entire life up until moving to Tennessee for college. Moving 8 hours away from my home, my family, and my friends to a place where I knew literally no one was terrifying. However, the minute I stepped foot on this campus it felt like home. My new teammates instantly became my family, the faculty and staff genuinely cared, and I never once felt like just a number. I had never lived in a place so highly populated by members (and families of) the military and instantly fell in love with the "military town" aspect of Clarksville as well. My faith was rediscovered upon moving here too, which has had a huge impact on me in all aspects of my life.

As stated in the previous question, some of the main reasons I am interested in this position are that I can be part of something bigger than myself, be an advocate for others, and serve the community. Austin Peay has already prepared me to do these things through my experiences as a nursing student and student athlete. As nursing students, we are taught that advocating for our patients is a top priority in quality care. The experiences that I've had throughout my classes and clinicals have taught me the communication skills that I need to advocate for those who may not be able to do so themselves, which is exactly what I hope to do while serving on the Board of Trustees. Austin Peay Athletics has also prepared me to be a successful advocate by providing me the opportunity to serve on the Student Athlete Advisory Committee (SAAC): a committee that allows myself and one other member of my team to have direct access to athletics administration in order to advocate for our team(s) both on and off the track. This committee is also highly involved on campus and has given me the opportunity to practice and utilize my leadership and teamwork skills in other ways as well.

As far as community service goes, I have had nothing short of hundreds of opportunities to serve the Clarksville community. I have participated in everything from dressing up for G.H.O.S.T, spray-painting hair at fall festivals, working high school cross country meets, volunteering at the Child Learning Center, helping out in the classroom at Burt Elementary School, and dressing up as an elf at basketball games. These experiences showed me just how special this community is and how amazingly diverse we all are. As a leader on my cross country and track teams, I have also been able to get my teammates involved and together we really do make a difference in the lives of others, which is a truly inspiring thing to see.

To conclude, the experiences that I have had here at Austin Peay have been crucial in preparing me to be an advocate, a leader, and a great team member on this Board. I hope to be able to use the skills that I've gained while at Austin Peay to step into the role as Student Trustee and utilize them to an even higher degree. This university has given me so much, and I would love the opportunity to start giving back.