

BOARD OF TRUSTEES

Student Affairs Committee
Austin Peay State University
317 College Street
Clarksville, TN 37040
March 19, 2020
1:30 PM

Call to Order

Roll Call/Declaration of Quorum

Action Items

A.Recommendation for Selection of Student Trustee

Information Items

A.Residence Life Curriculum

Adjourn

Singleton, Gregory

From:

From: Sent: To: Subject:	no-reply@apsu.edu Tuesday, October 29, 2019 12:48 PM Singleton, Gregory Student Trustee Application submission
fullname - Abbey Hogan	
mailingaddress -	
phone -	
<u> </u>	
apsuemail - (
gpacumulativegpafromthese	
numberofsemesterhourscomp	
majorminor - Health and Hum	an Performance with applied exercise science concentration/Leadership Minor
apsustartdate - August 2017	
anticipatedgraduationdate -	May 2021
highschoolname - Clarksville /	Academy
yearofgraduation - 2017	
highschoolcityandstate - Clar	ksville, Tennessee
January-August 2018 Personne community Church, January 20 APSU Pass Leader, Austin Peay	nunityse - Alpha Lambda Delta Fall 2017- present Intramural Chair, Chi Omega, I Chair, Chi Omega, January 2019- Present Small Group Leader, Grace 019- Present APSU Peer Leader, Austin Peay State University, August 2019- Present State University, August 2019- Present Member, Omicron Delta Kappa, October dor, CIS Abroad, January 2019- Present
branch -	
datesserved -	
rankatdischarge -	
typeofdischarge -	
ifotherthanhonorableexplain -	·
areyouatennesseeresident1 -	['Yes']

doyouhaveajudicialrecordorcur1 - ['No']

ifyesexplain -

haveyoueverbeenconvictedofafe1 - ['No']

ifyesexplain1 -

asanapplicantforstudenttruste1 - ['Yes']

signature - Abbey Hogan

date - 10/29/19

Why are you interested in applying for the Student Trustee Position?

Being involved on campus has been one of my main goals since arriving to Austin Peay my freshman year. I joined Chi Omega and Alpha Lambda Delta as a freshman, but I did not truly invest myself into the Austin Peay community until the end of my sophomore year. Since branching out of my comfort zone, I have realized so much about myself, Austin Peay's community, and the overall quality of my education here at Austin Peay. Because of this, I want to be the Student Trustee in order to get more involved on campus and to act as an advocate for the students on campus and for all of the opportunities Austin Peay has to offer.

One of the ways that I currently advocate for our university, and specifically for Freshman students, is through my role as a Peer Leader. This opportunity has made me appreciate all aspect of Austin Peay and given me the understanding that I am representing this university with every step I take and every word I make to these incoming Freshman. I now get to be an advocate between staff members and students. I get to help students navigate through their first semester at Austin Peay State University. And most importantly, I have the privilege to make an impact on this campus. I would be honored to continue this advocaton at the higher level as the student trustee.

Another reason I am interested in this position is because I would love to bring light to the stereotypes that are placed on different opportunities that the university gives us, like Greek life and global learning. Both of these areas of my life have made me into the person I am today. I want individuals to know that they can be a part of any area on campus that they want to, they just have to ask questions and step out of their comfort zone. I believe that many students feel discouraged to be a part of organizations on campus because they have difficulties envisioning themselves being able to make a difference. I want to show students that making a difference on this campus is up to the individual and that no stereotype determines the impact they leave when they graduate, they do. By being the student trustee, I will be able to encourage students to apply for positions on campus that are out of their normal element.

My intentions for applying for this position are that I will be able to continue to make an impact on this campus, as well as in our community, by representing the student body as an average student with an immense love for the university and for the people that choose to get their education here. I would love to be a voice for this campus by giving the students perspective to the board on how decisions would benefit us. I am passionate about the growth and development of this university and I would love to be a part of that growth by serving as the student trustee.

How has your college/university experience prepared you for this position?

My collegiate experience has prepared me for this position in many ways. The biggest role that has made me feel equipped for this position is being Personnel Chair for Chi Omega . As Personnel Chair, my role is to implement and educate my chapter on our national rules and policies, as well as our own individual bylaws. I have conducted personnel meetings, served on the Personnel Board, attended conferences educating me on Fair Play Procedures and how to implement different ideas into my chapter, I have remained confidential throughout the year about circumstances that happen behind the scenes, and I have been a leisan between nationals and my chapter.

Because of this, I understand the importance of being knowledgeable and being able to apply rules and policies that are in place for the organizations that we are involved in. This position has taught me to trust the decisions being made above me because I am one individual who truly does not understand how everything works. This position has taught me how to voice my opinion in a productive way. And most importantly, this position has taught me to think outside the box and to keep striving to come up with great ideas even after they get turned down. I think this perspective, my drive, and an overall understanding of how this works in my own chapter will benefit my role as the student trustee.

The next way I think that my collegiate experience has prepared me is by studying abroad for a semester in Italy. Not only do I have a perspective of a student starting out at the university as a Freshman, I now know how scary leaving your home country to study somewhere completely new can be. With that, I would love to be an advocate for students that are coming here from another country. I want their experience at Austin Peay to be as outstanding as my experience has been and I think Austin Peay has the resources to make that happen.

Finally, I think the best way that my collegiate experience has prepared me for this position is by being an APSU 1000 leader and a PASS leader. I say this because my time in this role has pushed me out of my comfort zone and developed me as a leader. I now have perspectives on the university and a greater love for this school than I already had. I understand the importance of getting students to be actively involved on campus. I understand how disheartening students can feel after coming to a university and feeling like they do not belong. I understand the importance of engaging with students and doing everything we can as individuals, and as a university, to make sure their time is worthwhile here at Austin Peay. This position has made me strive to be the best student and classmate I can be by always stopping to say hello or lending an extra hand when needed. Being an APSU 1000 leader and a PASS leader has allowed me to invest in the lives of the students on campus and continuously be a point of contact for them about all areas of Austin Peay.

Because of all of this, I would be completely honored to represent, advocate, and share my passion for the University as the Student Trustee. I think my collegiate leadership experience has prepared me for this position by giving me passion for the success of our university and the people in it.

Abbey Hogan



Education

Austin Peay State University

Clarksville Campus

Clarksville, TN

May 2021

Major: Bachelor of Science in Health and Human Performance

GPA: 3.88

Minor: Leadership Science

Florence University of the Arts

Study Abroad

Florence, Italy

August-December 2018

• Taught English in the Italian Public School System

Educational Honors

- Austin Peay State University Dean's List
- Alpha Lambda Delta Honor Society
- Omicron Delta Kappa Honor Society

Work Experience

Austin Peay State University Student Success Office

Course Registration Assistant

Clarksville TN

June 2019 - Present

- Assist students in registering for classes
- Responsible for getting in contact with students who have not registered or signed up for orientation

Mildred and Mables

Sales Associate

Clarksville TN

August 2017 - August 2019

- Responsible for customer service
- Responsible for inventory, daily sales, and salon rent
- Oversee the entire store

The Copper Petal

Inventory Clerk

Clarksville TN

February 2019 - August 2019

- Responsible for inventory
- Responsible for customer service

Leadership

Austin Peay Student Success

APSU Peer Leader

Clarksville TN

August 2019 - Present

- Assist instructor in classroom
- Meet with students twice a semester
- Be a role model for incoming freshman
- Be a constant representation for the university

2017

2018

2018

2018

2018

2019

2019

2019

2019

2017-2018

		A.Hogan 2
PASS 0900 Leader	Clarksville TN	August 2019 - Present
Assist instructor in clMeet with students toProvide insight of res	help them succeed academically	
Level II Advanced Certificatio	on	
75 hours of mentorin10 hours of training	g experience	
Chi Omega Sigma Kappa Chapter	Clarksville TN	August 2017 - Present
Intramural Chair		January 2018 - August 2018
Personnel Chair		November 2018 - Present
Received Chi Omega National	Scholarship to attend UIFI Summer of 2019	
Vice President		November 2018 - Present
Maintain order in meEncourage academic	_	
Grace Community Church	Clarksville TN	July 2018- Present
Small Group Leader		
 Responsible for 14 hip Meet with them week Attend their events Be a role model 	gh school girls dy to worship and talk about God	
CIS Abroad Alumni Ambassador	Clarksville TN	January 2019- Present
 Hold events on campus prom Responsible for two events ea Responsible for encouraging 	9 -	

Community Service

Young Life Work Crew

Italian School System

Manna Cafe

Warmth in Winter Counselor

Relevant Students Camp Nurse

American Red Cross Blood Donator

Worship team at Hilldale United Methodist

Grace Community Church weekend camp

Relevant Small Group Highschool Leader

Grace Community Church Spiritual Track Leader



Student Trustee Selection Committee
October 31, 2019

To the Selection Committee;

It is with great pleasure to write this letter of recommendation for Abbey Hogan (A00650600). Abbey is one amazing young woman and you would be hard pressed to find a more qualified Student Trustee.

I have been working in higher education for the last 22 year, 18 of which was a college administrator, and I have never met a more impressive student. I first met Abbey at the beginning of the Summer 2019 term. She was assigned to be my Course Registration Assistant for the summer's GOVS ROW. And from the beginning I was incredibly impressed with her knowledge about APSU, more impressed with her passion about helping her peers, but blown out of the water with how much she love APSU. She stepped up and calmly helped students during a chaotic time. Abbey also soothed students who were anxious and unsure about their freshman year. She would bend over backwards to help her peers and help out in the office.

During the Fall 2020 semester, Abbey was assigned as the peer leader to help me with the APSU 1000 and PASS 0900 classes I was teaching. I couldn't has asked for a better peer leader. She is patient, kind, and extends herself to help the students in our classes. She takes time outside of class to check in with the students. Helping them with typical issues associated with APSU like registration and navigating APSU, but she also has helped a few students with relationship issues and issues they are facing trying to balance children, work and school. I think it is because she has an amazing ability to balance all her responsibilities that not only include her classes at APSU, but her duties as a leader in her sorority and church.

She has a level of maturity that I have rarely seen in a college student. I have witnessed her diffuse situation in the classroom when students are upset about their classes and she does this while still maintaining the respect of her peers.

It is without reservation that I highly recommend Abbey Hogan as the next Student Trustee at APSU. She would be an amazing student representative.

Sincerely,

Mary Catherine Denmark

Academic Recovery Coordinator



October 24, 2019

Dear Selection Committee:

This letter is written in support of Abbey Hogan and her application for student trustee for the Austin Peay State University Board of Trustees. I have known Abbey since the fall semester of 2017 when she began her academic work at APSU. Without hesitation in thought or voice, I believe Abbey embodies the character and mindset we seek to foster in APSU students.

Abbey has an excellent scholarly record and is actively involved in leadership activity across the APSU campus and Clarksville community. In addition to membership in scholarly and social organizations, she serves as a Small Group Leader for Grace Community Church, as an Alumni Ambassador for the Center for International Studies (CIS), and chapter Personnel Chair for Chi Omega Women's Fraternity. Abbey is pursuing a Bachelor of Science with a major in Health and Human Performance, concentrating in Applied Exercise Science, with a minor in Leadership Studies. It has been a pleasure to watch Abbey grow and mature through opportunities in which she has chosen to engage at Austin Peay State University and the greater Clarksville community.

Abbey serves APSU as a Peer Leader for APSU 1000 Freshmen Seminar course and as a Course Registration Assistant. As a student in these roles, she dedicates her time and talents to supporting current APSU students' success on campus. Her willingness to help her fellow students maximize their academic performance and increase their engagement in positive co-curricular activities is to be commended. Her contributions in this area are based on her interest in helping others professionally develop and grow. Most importantly, she leads by example.

Abbey is a member of the Executive Board of the Sigma Kappa Chapter of Chi Omega with membership of approximately 75 APSU students. She provides leadership through organizing development and service activities, maintaining organizational records and reports, and contributing to sisterhood activities (morale & team building activities) in collaboration with colleagues. In addition, her position as Personnel Chair requires she takes the lead in



enforcement of organizational policies and procedures. Abbey is able to communicate, listen to her audience, clarify and restate when needed, navigate to consensus when possible, and make decisions to meet goals and objectives of the organization.

Abbey excels in the classroom, engages in APSU campus and community life, and seeks opportunities to contribute to the success of others. She is an exemplary member of the APSU and Clarksville community. As a faculty member, administrator, advisor, alumni, and supporter of APSU, I believe Abbey is well suited to serve on the Board of Trustees. Without reservation, I recommend Abbey Hogan as the next Austin Peay State University student trustee.

Sincerely,

Dr. Loretta Ussery Griffy

Associate Vice President of Student Success Strategic Initiatives

Division of External Affairs

Austin Peay State University



Languages and Literature

November 1, 2019

I am delighted to support Abbey Hogan in her application to be the Student Trustee on the APSU Board of Trustees. Abbey is an excellent student, as her record attests. She is a member of two honors societies and has been on the Dean's list for several semesters. Deeply involved in the life of the university, she has demonstrated strong character and integrity in all her activities.

As an APSU Peer Leader, Abbey has taken on a mentoring role for incoming students. With her warm, energetic personality, I have no doubt that she has experienced great success in her teaching role. Furthermore, she has extensive knowledge of the university and how its systems work, which will make her a valuable addition to the Board.

I would note that her Study Abroad semester sets her apart as a global citizen, committed to understanding the world beyond her own community. She has embraced all the opportunities presented to her, has risen to the challenges of academic life, and has shown significant leadership potential.

Abbey is a determined, persistent, and ambitious woman who will show the world how outstanding APSU alumni can be. It has been a joy to watch her grow and thrive in the university environment, making positive contributions everywhere she goes. In short, APSU will be well served if she were our Student Trustee, and I give her my highest recommendation.

Sincerely,

Mercy Cannon, Ph.D.

Professor of English

Chair, Department of Languages and Literature



APSU Student Trustee 2020 Application Form APPLICATION DEADLINE – Friday, November 1, 4:30 pm

Applicant Information

Full Name: Lainey Persinger		
Mailing Address:		
Phone:		
APSU Fmail:		

GPA (cumulative GPA from the semester most recently completed): 3.95

Number of Semester Hours Completed: 71

Major/Minor: Health and Human Performance: Concentration Applied Exercise Science

APSU Start Date: August 2017

Anticipated Graduation Date: December 2021 High School Name: Clarksville High School

Year of Graduation: 2017

High School City and State: Clarksville, TN

Highlights of Campus and Community Service and Involvement:

President's Emerging Leader's Program Student, Austin Peay State University, August 2017-

Current

Volunteer Team Leader, Clarksville YoungLife, March 2018-Current

Volunteer Sunday School Teacher and Youth Leader, Clarksville Cumberland Presbyterian

Church, August 2018-Current

Enrollment Management Assistant, Austin Peay Enrollment Management, August 2017-Current

Outreach Team, Baptist Collegiate Ministry, July 2018-May 2019

Women's Basketball Team Member, Austin Peay Athletics, August 2017-March 2018 Assistant Basketball Coach, Clarksville Christian School, October 2017-February 2018

Volunteer Camp Staff, YoungLife, June 2017-July 2017

Military Service (if applicable)

Branch: N/A

Dates Served: N/A Rank at Discharge: N/A Type of Discharge: N/A

If other than honorable, explain: N/A

Are you a Tennessee resident? YES

Do you have a judicial record or current judicial charge at APSU? NO

If yes, explain: N/A

Have you ever been convicted of a felony? NO

If yes, please explain: N/A

On a separate page, answer the following questions. Please limit your response to one page per question.

- 1. Why are you interested in applying for the Student Trustee position? (Attached)
- 2. How has your college/university experience prepared you for this type of position? (Attached)

As an applicant for Student Trustee, do you verify that you meet all criteria for the position as outlined on the cover page of the application? YES

I certify that my answers are true and complete to the best of my knowledge. I understand that my application will be shared with a selection committee comprised of APSU students and university employees, the University president, and the APSU Board of Trustees and grant permission for this information to be shared.

I understand that my GPA and judicial standing will be confirmed and that providing false or misleading information in my application or interview may result in me being disqualified for consideration or release from an appointment as Student Trustee.

Signature Laim Kernign

Lainey Persinger
Student Trustee Application

Question 1: Why are you interested in applying for the student trustee position?

Austin Peay State University is a quickly evolving and rapidly growing university. Additionally, it is located in my hometown, which holds potential to support and sustain the university's continual improvement. As a member of the President's Emerging Leader's Program, I have been continuously updated on and involved in campus growth and improvements throughout my collegiate career at Austin Peay. It has been an adventure to experience Austin Peay as a student. I've grown up around Austin Peay my entire life, but now I have my own, personal story unfolding on what it is like to be a part of the university. I have taken a personal interest in the betterment of the university and feel as though serving in the Student Trustee position would be the most advantageous opportunity to continue serving the university and aiding its best interests while still gaining a higher understanding of University operations.

Question 2: How has your college/university experience prepared you for this type of position?

I feel as though my experience at Austin Peay has extended over a broad range. I am in the President's Emerging Leader's Program (PELP), so I have access to many leadership opportunities and education. Being a PELP student also allows me to take honors classes, exposing me to higher levels of general education, and allowing insight to higher achieving groups of students. In continuance, I am more often enrolled in general level classes, as is the majority of students at Austin Peay, giving me direct connections with the general population from an education standpoint. Additionally, I was a member of the women's basketball team through my freshman year, which adds a level of understanding towards the campus's athletic sphere. A wide network of continued relationships with students who chose to attend other universities is beneficial to my overall understanding of how each University operates in a fashion specific to its goals and standards while also allowing the opportunity to consider aspects of success in other universities similar to Austin Peay and evaluate how we compare and can adapt toward continued success in university excellence and student satisfaction. Core leadership classes that have been available to me via the PELP program have helped me expand on leadership approaches, principles, and allowed me to grow in my strengths and weaknesses as an individual. These skills combined with the variety of roles I assume and have experienced as an active student of the university allow me to offer insight for many different populations throughout the campus. I feel as though I have been well prepared on how to take my personal experiences at the university and translate them into the position of Student Trustee, in efforts to continue the traditions of excellence, leadership, and accessibility at Austin Peay.

LAINEY PERSINGER

OBJECTIVE

To further my experience in the professional business world.

EDUCATION

- Austin Peay State University, Health and Human Performance major with a concentration in Applied Exercise Science, currently holding a 3.9 GPA; projected to graduate in May 2021
- 2017 Graduate of Clarksville High School with a Diploma of Highest Honors

EXPERIENCE

- I am a Team Leader with the Christian organization YoungLife at Clarksville Academy Upper School
- I work part time as a sales associate at Downtown Clarksville's Mildred and Mable's
- I provide childcare as well as house and pet sitting services for a variety of people in Clarksville on a regular basis
- I volunteer at my church, Clarksville Cumberland Presbyterian, by assisting as a volunteer leader of the youth, and a co-teacher of the high school level Sunday School class
- I work as a part time assistant in the Enrollment Management office at Austin Peay
- This previous winter break, I served on a Disaster Relief trip to assist in rebuilding efforts in Warsaw, NC
 a town suffering from hurricane damage
- Within the past year, I have served on two mission trips to Reynosa, Mexico, where we worked with
 established missionaries to provide disaster relief efforts, improve living conditions for citizens of Mexico,
 and provide emotional support to those individuals
- For the 2017-18 season, I served as an assistant coach for the middle and high school women's basketball teams at Clarksville Christian School
- During the Summer of 2017, I served as a volunteer staff member at a YoungLife camp for four weeks

ACHIEVEMENTS

- I am a member of the President's Emerging Leader's Program for leadership and academics at Austin Peay
- I have been honored on the Dean's List each semester I have attended Austin Peay
- For the 2017-18 season, I played for the Austin Peay Women's Basketball team
- I am a current member of the Alpha Lambda Delta honors society
- Throughout my Senior year of high school, I served as Student Body President
- Awarded the Civitan Key of Honor by the faculty at Clarksville High School, honoring a senior of excellent character, citizenship, and service
- I was a four-year member of the varsity basketball team at Clarksville High School, and served as team captain throughout my senior year
- I played for Clarksville SOL, an AAU basketball team in Clarksville, for four seasons
- I am a 2016 Graduate of Youth Leadership Clarksville

REFERENCES

Samantha Henry | Clarksville YoungLife Staff Member and Volunteer Leader

Taylor Young | Youth Minister at Clarksville Cumberland Presbyterian Church

Kimberly Silvus | Associate of Wiseman Ashworth Law Group

Andrea Herrera | Owner of Mildred and Mable's Boutique

October 22, 2019

Greg Singleton
Associate Vice President for Student Affairs and Dean of Students
Austin Peay State University
601 College St.
Clarksville, TN 37044

Dear Mr. Singleton,

It is my honor and pleasure to offer my unreserved recommendation for Lainey Persinger for the position of Student Trustee.

I taught Lainey in APSU's Presidents Emerging Leaders Program (PELP) and highly recommend that she serve on APSU's Board of Trustees. A natural leader, Lainey is a young woman of character who makes a positive impact wherever she goes. As the student-body president of Clarksville High, graduate of Youth Leadership Clarksville, and Dean's List student at APSU, Lainey gives 100% in all she does. Competence, selfless service, and tireless work ethic are just a few of the attributes that will make Lainey an outstanding Student Trustee!

Lainey is passionate about this opportunity and I am confident she will bring great value to the board of trustees. Please feel free to contact me at 931.802.1222 or john@theirgrouppartners.com with questions.

Sincerely,

John Montgomery

Affiliate Broker, Crye-Leike Realtors

931.802.1222

john@thejrgrouppartners.com



Languages & Literature

Stephanie Dugger, PhD Austin Peay State University Harned Hall, Room 115 P.O. Box 4487 Clarksville TN 37044 (931) 221-7894

To Dean Singleton and the Board of Trustees:

I am writing this letter on behalf of Lainey Persinger, a student I taught in English Composition and World Literature in 2018, to recommend her for Student Trustee.

Even in the short time's acquaintance, Ms. Persinger has become one of the top students I have had in over ten years of teaching. In my classes, she exhibited vital reasoning and exceptional leadership skills. She brought constructive conversation to the classroom, offering insightful contributions that were both respectful to her classmates and also challenged us all to think more critically. In my literature class, each student was charged with an in-depth project on a text we discussed; Ms. Persinger's presentation was especially creative and well-executed. It was one of the best in the class, and it provided students with a unique and impassioned understanding of the text. She also has a talent for giving helpful, astute peer assessment, but in a way that leaves her fellow students feeling supported and encouraged. In both my courses, Ms. Persinger turned in every single assignment (all done with thoughtfulness and consideration), and she never missed a class—a feat very few of my students have accomplished. However, Ms. Persinger did this in addition to active participation in important university and community activities such as basketball, teaching and tutoring, PELP, and YoungLife, as well as working a job, which is beyond remarkable. She received the highest grades I have given (97/100 and 98/100). She was one of the classes' most valuable members and is one of the hardest working students I have ever had the pleasure to teach.

It is with this in mind that I give her my highest recommendation. If I can answer any questions or be of any further assistance, please don't hesitate to contact me at duggers@apsu.edu or 931-221-7894.

Sincerely,

Stephanie Dugger, PhD

Assistant Professor of English



History and Philosophy

October 28, 2019

Greg Singleton Associate VP for Student Affairs & Dean of Students Austin Peay State University 601 College Street Clarksville, TN 37044

Dear Dean Singleton,

Lainey Persinger has asked me to write in support of her application for the Student Trustee position for Austin Peay State University for the upcoming 2020-2021 academic year. I have known Lainey for approximately two years as she was a student in my US history survey courses here at APSU. During that time she has impressed me with her honesty, hard work and commitment to her academic career and her community. As such I believe that she would perform exceptionally well as the student representative on the University's Board of Trustees.

In the fall of 2017 Lainey enrolled in my History 2010 course which is a survey of American history from the colonial period through the Civil War. She followed that up in the spring of 2018 by taking an Honors section of the second half of the course, History 2020. Lainey performed very well in both sections. She was always well prepared for class and willing to contribute to our discussions over the assigned readings and lecture material. She did an excellent job on her exams and demonstrated strong analytical and writing skills by being able to successfully pull together information from the textbook, lectures and supplemental readings to craft well argued and focused essays. She consistently scored in the top five percent for each exam and earned an A in both courses. She had the fifth highest grade in my 2010 history course and this was out of a class of 100 students. Lainey has performed equally well in all her other classes. She made the Dean's List every semester and currently maintains a 3.957 GPA as a Health and Human Performance major with a concentration in Applied Exercise Science.

In addition to being an exceptional student, Lainey has been a leader both academically and within the local community. Here at Austin Peay she is a member of the President's Emerging Leader's Program, the Alpha Lambda Delta Honors Society, and played for the APSU Women's Basketball team during the 2017-2018 season. In high school she served as Student Body President of Clarksville High School and was a member and team captain of the varsity basketball team. Her senior year she was awarded the Civitan Key of Honor which recognizes a student for excellence in character, citizenship and service. In 2016 Lainey also participated in the Youth Leadership Clarksville program. Lainey has also been very active with community service. In 2017 she volunteered as a staff member for the Christian organization, Young Life

Camp, for middle and high school students and currently serves as a Team Leader with the group at Clarksville Academy Upper School. She served as an assistant basketball coach for Clarksville Christian School's middle and high school women's basketball teams during the 2017-2018 season. Lainey volunteers at Clarksville Cumberland Presbyterian Church and works as a part-time assistant in the Enrollment Management Office at APSU. On top of all of that, she has also found time during her school breaks to assist other communities. Last year she served on a disaster relief trip to Warsaw, North Carolina following Hurricane Florence and participated on two mission trips to Reynosa, Mexico dedicated to improve living conditions for the residents of the region.

In short, Lainey has demonstrated a strong commitment to her community, peers and academic career. She is an honest, conscientious and highly motivated student who clearly has the leadership qualities to serve in this important position. Her background and experience as an honors student, athlete and community volunteer is a strong testament to her leadership capabilities as well as her ability to successfully represent a large cross-section of Austin Peay's diverse student body population. I therefore strongly recommend her to serve as the student delegate on the APSU Board of Trustees and I am confident that if given the opportunity, she will excel in this position. If you would like to discuss her qualifications in greater detail, or if you have any questions, please contact me at <a href="mailto:freezeroscolor: bedeen the community of the c

Sincerely

Christos G. Frentzos, Ph.D.

Professor of History

Austin Peay State University

P.O. Box 4486

Clarksville, TN 37044

(931) 221-7945

Zachary Anderson



Graduate GPA: 3.8

APSU Semester Hours: 129

Completed Degrees: B.S. in Human Movement; M.S. in Performance Enhancement and Coaching

Current Degree: M.S. in Industrial-Organizational Psychology

APSU Dates of Attendance: 08/2014 - 04/2021

Camden Central High School

Class of 2014 Camden, TN

Highlights of Campus and Community Involvement:

- Graduate assistant at Student Life and Engagement, where I coordinate the APSU Character Counts program, strategically plan calendars of events, and oversee budget management of various events. (08/2019 – present)
- Consulting intern at Solutions 21, responsible for developing a leadership development program for university athletics and assisting in strategic planning and development sessions with Clarksville and Hopkinsville governments. (01/2019 – 08/2019)
- Graduate assistant at Boyd Health and Counseling Services, where I served as the health educator for Austin Peay, developing promotional materials for over 10,000 students, implementing health forums in diverse communities, and facilitating a team of three interns, receiving the Outstanding Graduate Assistant award for my efforts. (08/2018 – 05/2019)
- ESL coordinator intern at the APSU ESL institute, where I co-coordinated a visiting culture and language study abroad program of 12 students visiting from Hiroshima, Japan. (01/2018 - 05/2018)
- Marketing intern at Chartwell's dining services, responsible for development and distribution of all dining-related marketing materials. (08/2015 – 12/2015)
- Member of the Health Promotion standing committee at APSU, which seeks to promote healthy habits and behaviors through community engagement, ongoing assessment, and data-driven best practices. (09/2018 – present)
- Member of the Ziegler Leadership Conference planning committee, responsible for the organization and implementation of APSU's annual leadership conference. (10/2019 – present)
- Member of the Unity Celebration planning committee, responsible for planning the first week-long Unity Celebration at APSU. (11/2018 – 05/2019)

- Member of the APSU peer educator planning committee, responsible for steering the development and implementation of a peer educator program at APSU. (02/2019 – 07/2019)
- Member of the Coordinator of Student Wellness and Prevention hiring committee, responsible for the initial screening and interviewing of potential candidates. (07/2018)
- Graduate representative speaker at the 2018 freshman convocation.
- Vice President of Housing and Vice President of Programming at Sigma Phi Epsilon Fraternity on APSU campus, responsible for the strategic planning and governance of an organization of 40 men. (04/2015 05/2016)
- Benton County Volunteer of the Year. (2014)

Tennessee resident? Yes

Judicial record at APSU? No

Felony convictions? No

As an applicant for Student Trustee, I verify that I meet all criteria for the position as outlined on the cover page of the application.

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Dear Selection Committee:

Throughout my collegiate career I have experienced a plethora of emotions, hardships, and successes, with the common theme of support from my community. In my 6 years at Austin Peay State University I have had many opportunities to share my story, and it's always a resounding praise of the sense of family and encouragement that has manifested itself on this campus. My name is Zachary Anderson, and I am currently completing my second graduate degree, a M.S. in Industrial-Organizational Psychology. I hope to continue adding valuable insight into the APSU community, both through my education and my experiences.

Adam Grant, IO Psychologist at the Wharton School of the University of Pennsylvania, describes people as operating under one of three reciprocity styles: givers, takers, and matchers. I, myself, have operated as a giver my entire life. As a military dependent and a native of Camden, Tennessee, I have had the pleasure of experiencing a small-town, close-knit community. Through my service in food drives, the Benton County Ministerial Alliance's family garden, and the Reaching Our Communities' Kids afterschool program, I impacted the children and families of my hometown, receiving the Benton County Volunteer of the Year award in 2014. This has been further illustrated at APSU through community service, collaboration with organizations, and a willingness to support a diverse collective of groups in their health and wellness initiatives. I have had the pleasure of making connections with all sorts of people, with the intention of adding value to their efforts and sharing knowledge. My interest in the Student Trustee position stems from this realization: by working alongside the top advisors of the University, I can positively impact the decisions that affect the individuals that walk these grounds; staff, faculty, and students alike. Many people have the desire to impact others, however, few make efforts in actually doing so.

As a 6 year student of APSU, I have dedicated myself to becoming this change. As a member of the Unity Celebration committee, peer educator planning committee, health promotion standing committee, and the Ziegler Leadership Conference planning committee, I have highlighted and celebrated our diversity, unity, and leadership. As health educator, I put boots to ground on tackling the health issues that present themselves across our campus communities, receiving the Outstanding Graduate Assistant award for these efforts. While serving as Vice President of Programming and Vice President of Housing of Sigma Phi Epsilon, I learned to make calculated decisions to positively impact a group of people. As graduate assistant at Student Life and Engagement, I have learned ways to creatively increase involvement while maintaining a budget. Additionally, as a consulting intern at

Solutions 21, I have worked hand-in-hand with city and county governments and business organizations to craft strategic plans and develop internal leadership. As a collective, my history provides a unique perspective of the University and community.

Thank you for taking your time in reviewing my application for Student Trustee. As a prospective candidate, it is clear I bring a diverse range of experiences to an already established and experienced Board. As Student Trustee I would be able to provide exceptional guidance and oversight for Austin Peay, all in an effort to give back to the University and community. It would be an honor to serve alongside the entirety of this committee.

Sincerely,

and be

Zachary Anderson



EDUCATION

M.S. Industrial-Organizational Psychology

Austin Peay State University

08/2019 - 08 / 2019

M.S. Performance Enhancement and Coaching

Austin Peay State University

08/2018 - 08/2019

SKILLS

Leadership Development

Strategic Planning

Research

Training & Development

Graphic Design

Budget Management

WORK EXPERIENCE

Graduate Assistant - Student Life and Engagement

Austin Peay State University

08/2019 - 05/2020

Achievements/Tasks

- Coordinate the APSU Character Counts program.
- Oversee budget management of SLE events.
- Volunteer recruitment and facilitation of job duties.
- Strategic planning of complex schedules of events.

Consulting Intern

Solutions 21

01/2019 - 08/2019

Achievements/Tasks

- Developed a leadership development program for athletic coaching staff.
- Shadowed consultants with a combined experience of over 50 years in leadership.
- Assisted in leadership development sessions with Clarksville-Montgomery county government.

Contact: Rob Salome - rsalome@solutions21.com

Health Educator

Austin Peay State University

08/2018 - 05/2019

Achievements/Tasks

- Designed and distributed health promotional materials to 11,000 students at Austin Peay State University.
- Developed and implemented a health forum structure suitable for college students.
- Increased social media engagement across all platforms, with a 400% increase in page views, 100% increase in post engagements, and 144% post reach.
- Facilitated a team of three interns in promoting health and wellness across campus.

Contact: Isaiah Hurtado - hurtadoi@apsu.edu

ORGANIZATIONS

Healthier Tennessee Campus Committee (09/2018 - 10/2019)

Ziegler Leadership Conference Planning Committee (10/2019 ~ 03/2020)

Unity Celebration Committee APSU (11/2018 - 05/2019)

Peer Education Planning Committee (02/2019 - 07/2019)



Health and Human Performance

10/15/2019

Office of Student Affairs:

I am writing this letter in support of Zachary Anderson for the APSU student trustee position. I have known Zach for over three years, and my relationship with him and basis for reference are based on serving as his professor in multiple health and human performance courses required for his undergraduate major as well as chairing the health promotion standing committee, on which Zach serves.

In my time of getting to work with him, Zach has displayed qualities of success both in and out of the classroom. In class, Zach attended regularly, displayed a positive disposition, and worked diligently to meet course objectives and learn. He always had a positive attitude and could be counted on to communicate with fellow students and professionals during campus and community wide projects. Additionally, Zach's critical thinking abilities are among the top 5% of students I've worked with. These are important character traits for campus leaders, and Zach has shown successes at APSU through his course and extracurricular involvement, including being an active member of the health promotion committee standing committee on campus, serving on the peer education sub-committee as well as the Ziegler Leadership Conference planning committee, and leading several efforts on campus as a health educator. It has been a pleasure having Zach in class and on the committee, and I am confident that he will become an effective, open-minded, and continually improving student trustee for the University.

To provide an example of Zach's successes, I can speak about my experiences working with him on the health promotion standing committee. Zach currently sits on the health promotion standing committee that I chair. During meetings Zach provides thoughtful perspectives that represent student views of health on campus. Last year, Zach was responsible for leading several of our committee's efforts on campus including surveying attendees at events for





Health and Human Performance

program evaluation (Zach also assisted in development of the surveys as well as the human subjects committee application), leading efforts to market all events, attending a health fair at the Morgan University Center, and planning multiple events on the topics of nutrition, physical activity and smoking cessation. He is currently working with a public health honor society on campus, Eta Sigma Gamma, to facilitate a stress management workshop to be held just prior to final exams. Zach has prepared a presentation for the workshop on the topic of resilience. This is his second time assisting with the stress management workshop, as he was a member of the student panel during last year's workshop where he provided excellent advice to students regarding stress coping skills. As you can see, Zach is a driven student and young professional who not only wants to get the most out of his education, but also strives to help his campus community become healthy. Having obtained both undergraduate and graduate degrees from APSU, Zach has a vested interest in the University, and I'm certain he will represent students with utmost integrity and passion.

Once again, I would like to give my endorsement of Zachary Anderson in his pursuit of the APSU student trustee position. Please feel free to contact me with additional questions.

Respectfully,

Kadi Bliss, Ph.D., CHES®

Associate Professor

Health and Human Performance Department

Austin Peay State University

PO Box 4445

Clarksville, TN 37044

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blissk@apsu.edu





Student Counseling Services

Student Trustee Search Committee,

Zachary Anderson has asked me to supply you with a letter of recommendation in support of his application to serve as the student member of the University's Board of Trustees. Zach has previously served as an invaluable member of the Austin Peay Health and Counseling Center team from August 2018 through May of 2019, serving in the role of Graduate Assistant for Health Education. I had the pleasure of directly supervising Zach throughout this time.

The vision of our office is to create a culture of wellness among the students, staff and faculty at Austin Peay State University and Zach played an integral part in achieving this. As the GA for Health Education, Zach was responsible for the development, implementation and evaluation of health promotion programming through the direct supervision of three undergraduate health promotion and wellness internship students. Projects included the creative development of health education resource materials, classroom presentations and workshops, pop up wellness tabling events, and the assessment of student needs through surveys and focus groups. A large part of this position was understanding the health and wellness needs of our student populations across multiple dimensions; physical, mental, emotion, spiritual, social, and financial and then communicate this information with Health and Counseling staff to develop programs better equipped to meet these needs. By meeting with various student groups and being an advocate for student success, Zach was able to effectively improve communication efforts. Such efforts did not go unrecognized as he was recognized as the APSU Graduate Student of the Year for 2019.

Through his tremendous work ethic, Zach has proven himself to be one of the top student leaders I have had the opportunity to supervise. His outstanding grasp of communication skills, adaptability, time management, and empathy has made him standout as a great leader on the campus of Austin Peay. I view these skills as being very valuable as the student member of the University's Board of Trustees, especially as I have understand this position is awarded to a student who has shown outstanding dedication and leadership for Austin Peay and the region.

As an academic scholar and eclectic leader, Zach served as a representative of the APSU student voice and has been a great mentor to the students he supervised. His ability to show empathy with a willingness to learn, proves that a foundation has been set for future success. It is for these reasons, and many more, that I provide Zach with my most outstanding recommendation. Zachary will make a great student member of the University's Board of Trustees.

Isaiah J. Hurtado, M.S., CHES

Coordinator, Student Wellness & Prevention

Austin Peay State University

524 College Street

Clarksville, TN 37044

931-221-6226

hurtadoi@apsu.edu