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# Consume Me

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Makenzie Hart

Art 4160

Fall 2019

# Makenzie Hart's Artist Bio

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Makenzie Hart is currently a fourth year BA Studio Art student at Austin Peay State University. Her research interest centers around the recreation of human anatomy while creating unspoken conversations between her art and the audience. As an artist she tends to be focused on topics centered around subjects like rape, women's rights, depression, sexual orientation, miscarriage and suicide. She represents these topics by sculpting full figured forms as well as painting portraits of the human body. During her time in school she has had her art hung in various locations for extended periods of time. These locations include the Trahern Dance and Theater building at Austin Peay State University lobby (one school year), and the women's study's office at Austin Peay State University (2 years). She was also awarded a student Living Gallery space for the duration of spring semester. This is a live working space for teacher and students to visit and view her progress along with 9 other students through the semester. This space is awarded to ten students each semester from the many students who apply. After graduation she intends to attend graduate school for Art Therapy along with furthering her career in sculpting.

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# Makenzie Hart, Curriculum Vitae

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3193 Fort Campbell BLVD, APT 1331 Clarksville, TN 37042  
931-436-8340.  
School: [Mhart9@my.apsu.edu](mailto:Mhart9@my.apsu.edu).  
Personal: [Makenziehart93@gmail.com](mailto:Makenziehart93@gmail.com)

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## Education:

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**Bachelor's in Fine Arts, BA Studio Art**  
Austin Peay State University Clarksville, TN.  
December 2019.

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## Skills

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Sculpting  
Painting  
Charcoal Drawings  
Power Point and Excel Skills

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## Languages:

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English  
French

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## Other Contributions: Awards and Honors.

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### Academic Awards:

Awarded Student Living Gallery Space.  
**Spring Semester 2018**

Most Advanced Student Award by Art Pregame  
**High School 2012**

Second Runner Up in Age Group  
**Houston County Fair 2012.**

Best Use of Medium  
**Houston County Fair 2009**

Overall Best in Show  
**Houston County Fair 2011**

Best in Age Group (tie between two pieces).  
**Houston County Fair 2011**

Overall Best in Show  
**Houston County Fair 2012**

Best in Show  
**Houston County Fair 2009**

**Showcase**

Consume Me  
**Senior Show Case 2019**

Watercolor Painting "Postage Stamps"  
**Student Showcase 2019**

Watercolor Painting "Between Worlds"  
**Student Showcase 2019**

Watercolor Painting "The Forgotten"  
**Showcased in Trahern Lobby for 1 School Year. 2016 -2017**

Plaster Sculpture "Untitled 01"  
**Student Showcase 2016**

Acrylic Painting "My Secrets"  
**Showcased in Women Studies Office at Austin Peay State University 2015.**

High School Spotlight Senior Show (included 12 pieces)  
**Houston County High School 2012**

Student Showcase (included 5 pieces)  
**Houston County High School 201**

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## Thesis Statement:

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An insulation created to embody the weight of an individual living with a mental disease every day. The motive of the installation is to consume the viewer with the emotion and thought of these very individuals.

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## Senior Show Split into 2 parts

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In the beginning of my 4150 I created a show around the same thesis but with a different concept idea. Of course, this idea changed a lot through the semester in 4150. I then began working on this show in the early part of the 2019 summer, however on July 4 I found out I was pregnant. Meaning that by my show date on November 4 I would no longer be able to hang or work on my projects due to weight and material restraints that come along with pregnancy. So, come the fall semester in 4160 my show did a complete 180 and was back at square one. I took the same thesis and created a final show with materials that were safe for pregnancy. This show developed a whole lot within the short period. Therefore, this book is split into my 4150 concept and my later 4160 concept.

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Spring Semester 4150

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## 4150 Thesis Proposal:

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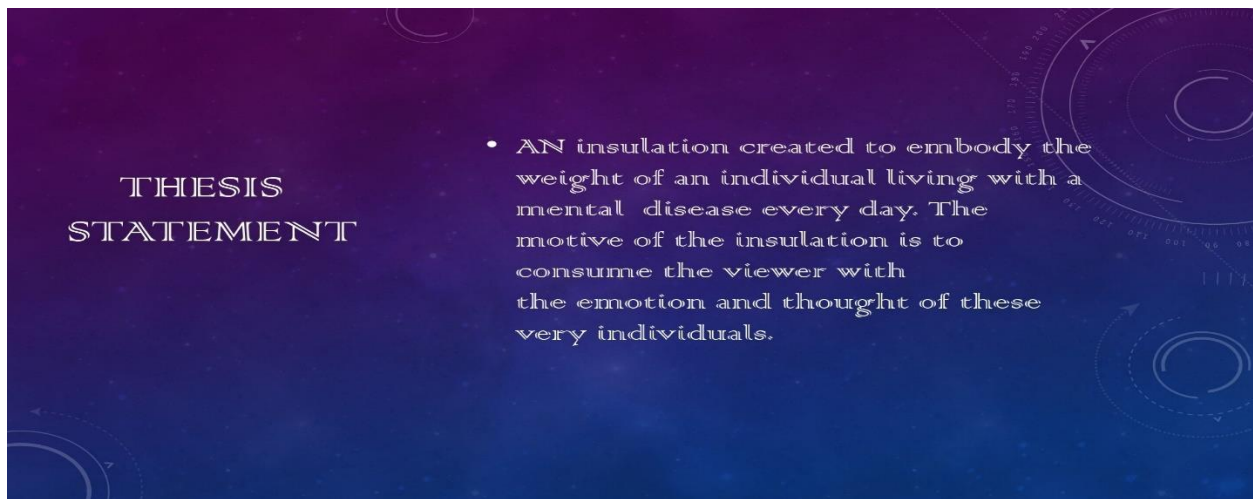
My new proposal is to consume my viewers with a room full of senses to feel what a person living with anxiety and manic depression feel on a daily basis. I want to paint the room completely red. Then within the room I want a display of four rows of mask in each row there will be five mask 10cm apart. The first face will show my normal resting face each face after that will change in some degree till the final face displays my true raw emotion that's hidden daily. These masks will be plaster cover in clear sealant to give them a shine. On the walls will hang three sculpture. One will be of me from the back with multiple hands holding me. The second will be my front being held down by multiple hands. The third is three cages with a silhouette in a fetal position, these cages will vary in size. Finally, in the background there will be a rising heartbeat playing.



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First presentation in 4150 (February 15):

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- AN insulation created to embody the weight of an individual living with a mental disease every day. The motive of the insulation is to consume the viewer with the emotion and thought of these very individuals.

# First presentation in 4150 (February 15):

## PROJECT PROPOSAL



For the remaining two semester I have here at Austin Peay State University I want to focus on the life changing effects that living with manic depression has on an individual. Within the last year I have been diagnosed with this mental disorder which has changed me not only as an individual but as an artist as well I plan to conceptual portray this idea by first going through my journals and finding the main six emotions I went through the most. With these emotions I am going to choose a journal passage that express this feeling the most. I then will create a mask capturing that emotion. These six mask will all be the same material, color and size. This consistency is the same to show that the individual feeling this is always the same no matter the emotion. These mask will be displayed in the center of my show. The next conceptual part of this show is an insulation of what I call "brain wave clusters". They are abstract cluster cylinders I have started to developed. These clusters are all made of different material centered on an episode or mood shift. I have research and will further research the use of clay, slip casting and paper mache to make these clusters. I will chose materials like candy wrappers, used condoms/condom wrappers, baby diapers, baby blankets, journal inputs, new paper add/ articles, rope or mops. These materials will then be manipulated into the clusters to be hung in a growing or consuming effect around the mask. They are all different size ranging from the size of a small table to as small as a gum ball. This will be a representation of the servility of an episode and the length of time it lasted. I feel like the use of different material and the size variation will show the drastic range and changes within this life style. My main focus of this is to portray how this diseases consumes an individual's life behind a normalcy of a mask.

## RESEARCH AND REFERENCES

### Insulation artist

- Japanese artist Hiroshi Fuji- for her insulation using recycled toys ( found material insulation)
- Oscar Oiwa – for his 360 insulations because the viewer has to walk through his piece, they consume the viewer.

### Feminist artist

- Zoey Frenk – her paintings and structure of the female body.
- Eleanor Antin, Carving: A Traditional Sculpture
- Vanessa Beecroft- for her insulations with naked models. The interaction of viewer with her art.
- Laura Shill- her exhibition Phantom Touch

### Artist over the subject of depression:

- Tsoku Maela – his photo series "Abstract Peaces," from 2016.
- Gloria Swain – her abstract show case "Mad Room," from 2016
- Christian Hopkins- "Execution of the butterfly", and his photo series of Depression

### Artist working with mask

- Ron Mueck- his realistic sculptures like his work "Mask II"
- Johnson Tsang- multiple series of sculpted faces.
- Sophie Khan- bust of females
- Lionel Smith – bronze mask



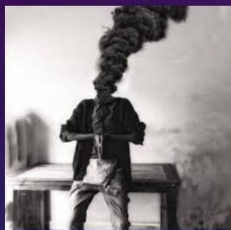
# First presentation in 4150 (February 15):



Hiroshi Fuji



Laura Shill → phantom touch



Tsoku Maelad - abstract pieces

Johnson Tsang



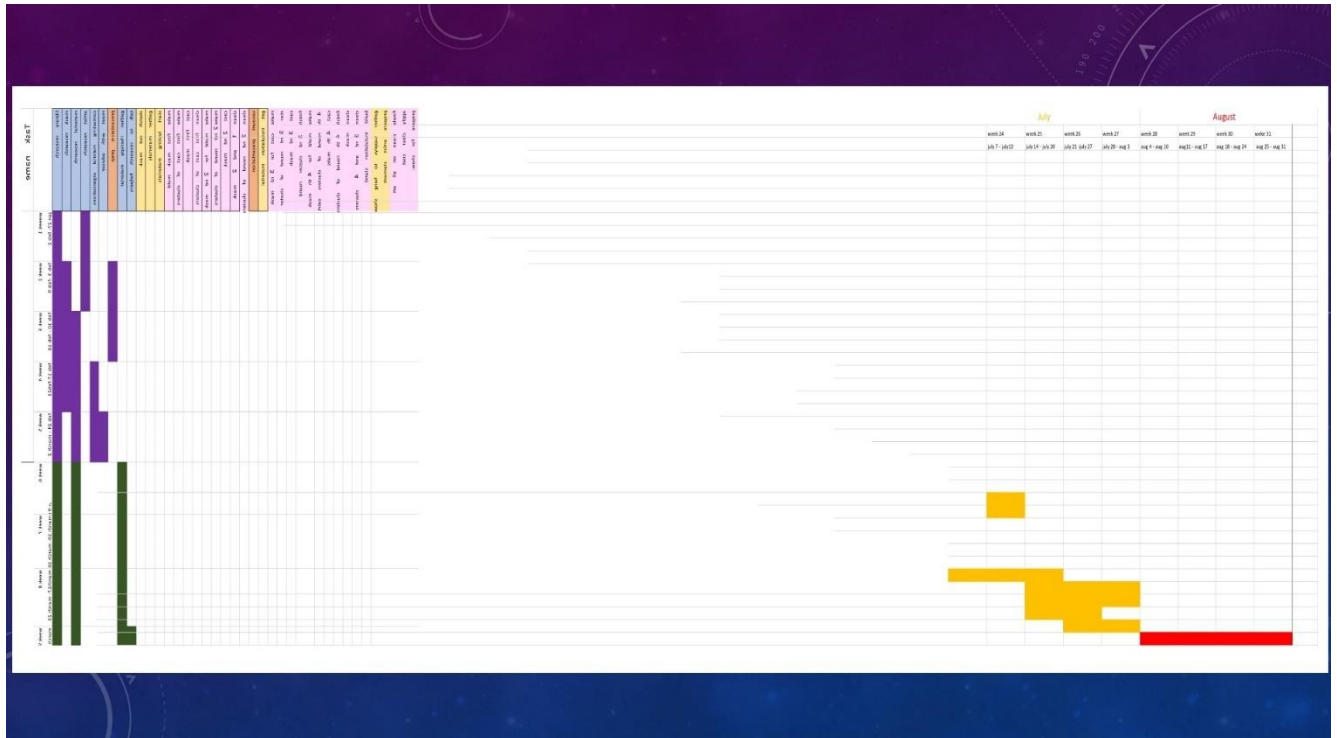
## TASK LIST

### Getting started

- Finish Finding resources for material 03/ 30/ 19
- Mentor meeting – first week of march
- Start mold for mask 04/ 07/ 19
- Start testing cluster materials 04/ 01/ 19
- First round of clusters built 04/ 28 /19



# First presentation in 4150 (February 15):



## PROGRESS TO WEEK

### Research

- Started to gather mine and two others notes from therapy
- Contacted the womens center in Clarksville
- Have gathered resurch over depression, ptsd , and anxiety
- Looked at the history of mask
- Really looking at artist who talk about depression

### materials

- Looked into places I can contact to reciev recycled materal in bulk ( queen city)
- Chosse some of the main materials for the clusters ( baby blankets , condoms , chains , Bras, baby adds)
- Decied on porcilin for the mask because it is so fragile

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# Secant Presentaion in 4150 (April 12):

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## CONSUME ME

By: Makenzie Hart



### Recap

#### ■ Thesis

– AN insulation created to embody the weight of an individual living with a mental disease every day. The motive of the insulation is to consume the viewer with the emotion and thought of these very individuals.

#### ■ Proposal

– AN insulation of clusters made from multiple different materials. These materials would of included condoms, chains, baby blankets, and other things that would trigger a depressive state. The would surround a set up of mask that represent the emotions I hide on a daily basis.



# Secant Presentaion in 4150 (April 12):

## New research:

■ Mask : Johnson Tsang.

■ sculptures



## New research count.

### ■ The color red

- Intensifies emotions, cause feelings of comfortable and uncomfortable at the same time. Red is associated with anger, fear, stop, and high tempters.

### ■ Heart beat

- When blood vessels expand during a panic attack cause the induvial to only hear there own heart beat

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## Secant Presentaion in 4150 (April 12):

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### Remaining Task

- My back casting in progress
- My frontal casting in progress
- Casting my face, May 1- 30
- Hand casting May 1 – 30
- Building pedestals and sculpting boxes, June 1-10
- Fully casting two large sculptures , June 12- 30
- Cage sculpture, July 1- 20
- July 20 – 30 clean and make sure everything is good
- Request Trahern gallery august

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Fall Smeaster 4160

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## Finale Thesis Proposal:

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My new proposal is to consume my viewers with a room full of senses to feel what a person living with anxiety and manic depression feel daily. I want to paint the room completely black. Then within the room I want a display of different paintings and sculptures. These pieces will show my progression from being diagnosed with manic depression to where I am in the recovery journey today. On the walls will hang three sculpture along with an insulation piece and roughly 7 paintings. While in the background there will be a rising heartbeat playing. In the end the viewer should be able to relate and understand how I and many others feel living with manic depression.

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## Artist Statement:

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My work thus far creates personal imagery based off my own experience with manic depression. While also luring my audience into an understanding of my daily struggles that I overcome. This show creates a conversation with in one's self and between others that we may not have had before.

With this project I began by choosing a conversation to spark a desire for more between my art and audience. When creating this conversation represented in the "Consume Me" gallery. I looked within myself and reached out to three other individual who live with manic depression daily. Our conversation, interactions, and just every day movements change due to the internal struggle each day with depression. Some days you wake up with the ability to fully function. While other days depression will cripple your ability to walk, talk or think clearly.

Within this work I started by choosing to show from base emotions to extreme emotions through a varied display of masks. This allows the audience to see the internal struggle to the external representation. I then took personal passages and created pieces to how these passages made my body and mind feel through the experience. I wanted to connect my internal thoughts with an image my audience could interpret for themselves. Through this process I realized I was not researching the connection between actual feelings and the interpretation of feelings. This is where I chose to place the gallery in color and sound to create an atmosphere that represented my mind during a panic attack.

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## Promotional Material

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### Business Card:



### Poster:



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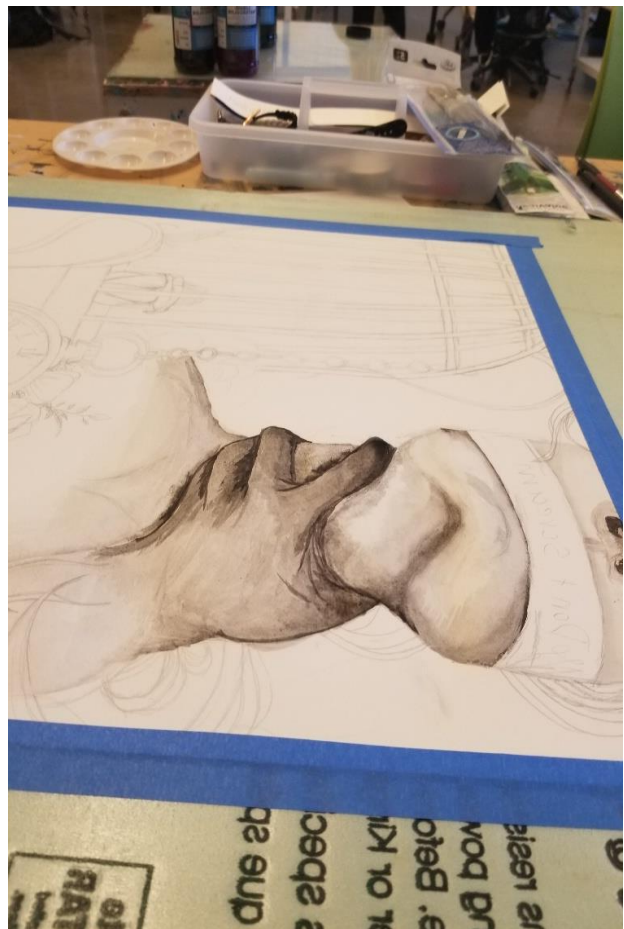
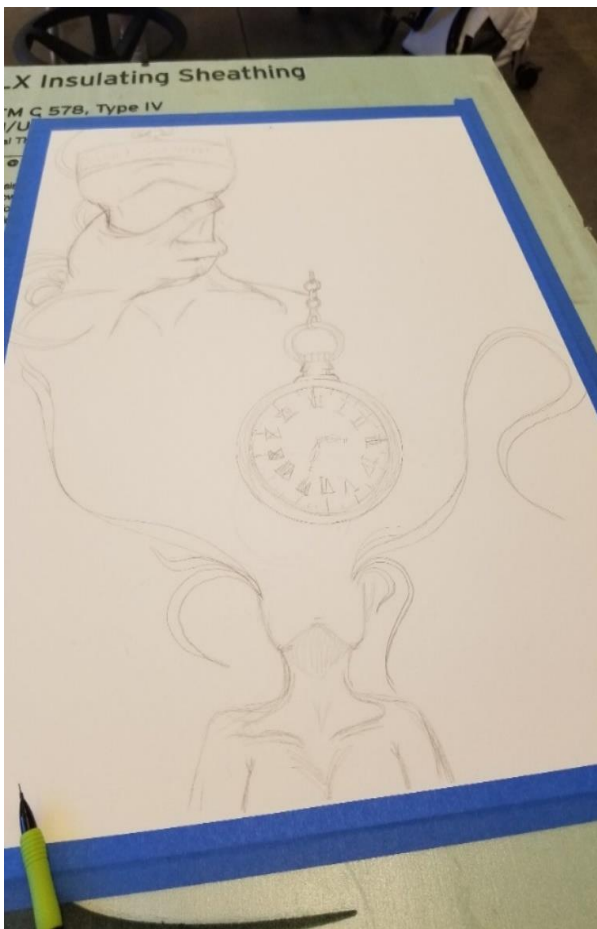
# Promotional Material

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Website: [Http:// makenzielynn20.wixsite.com](http://makenzielynn20.wixsite.com)

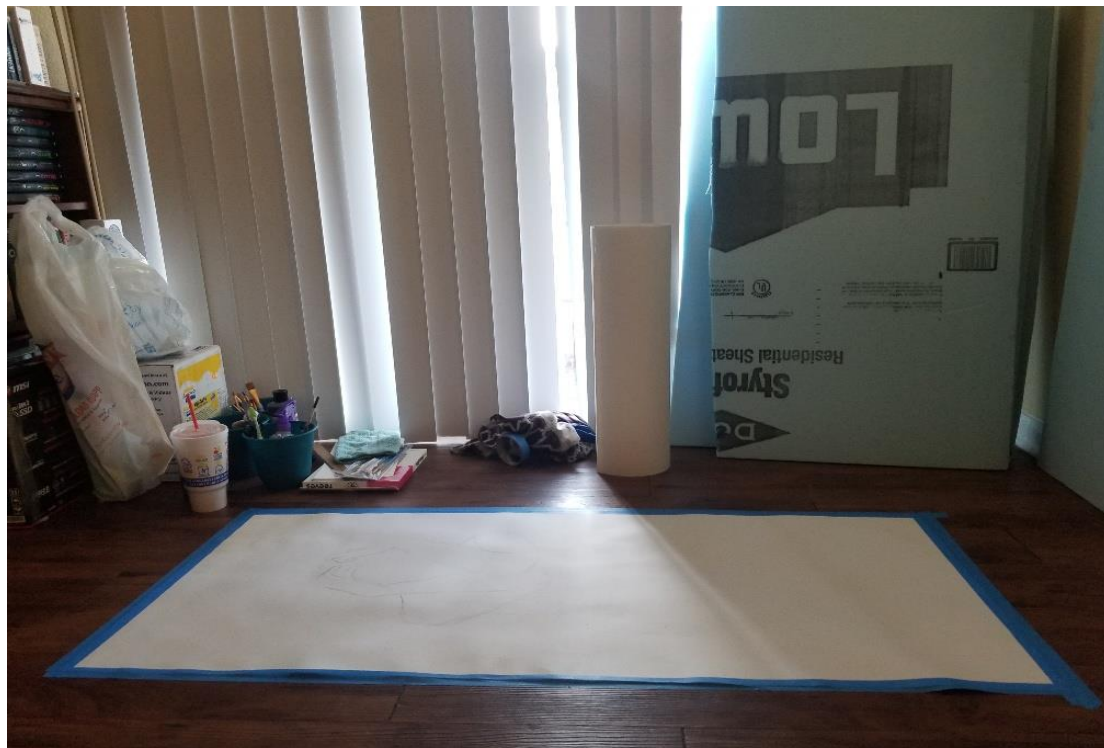
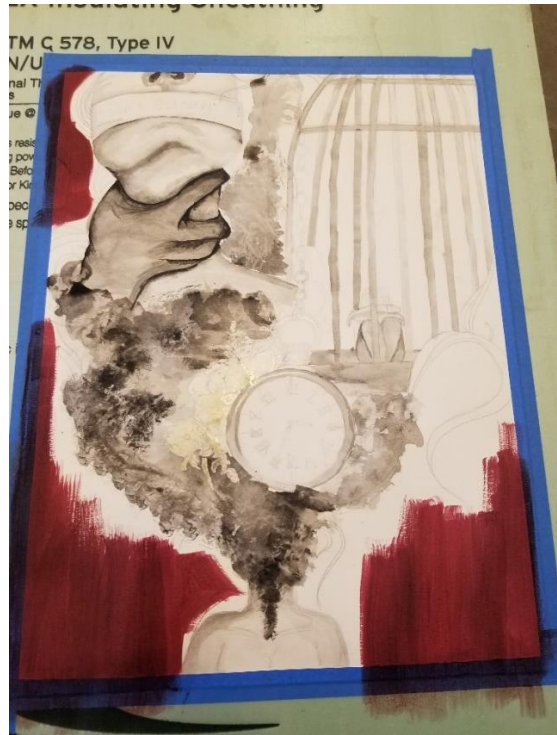
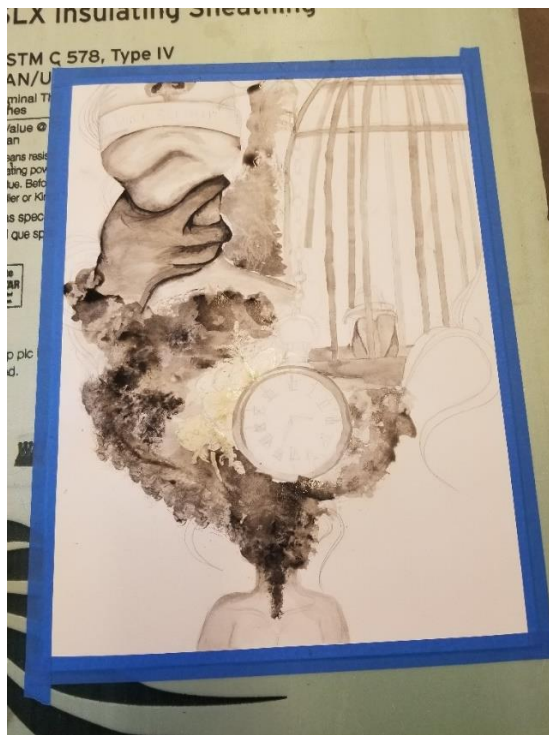


# Work in Progress





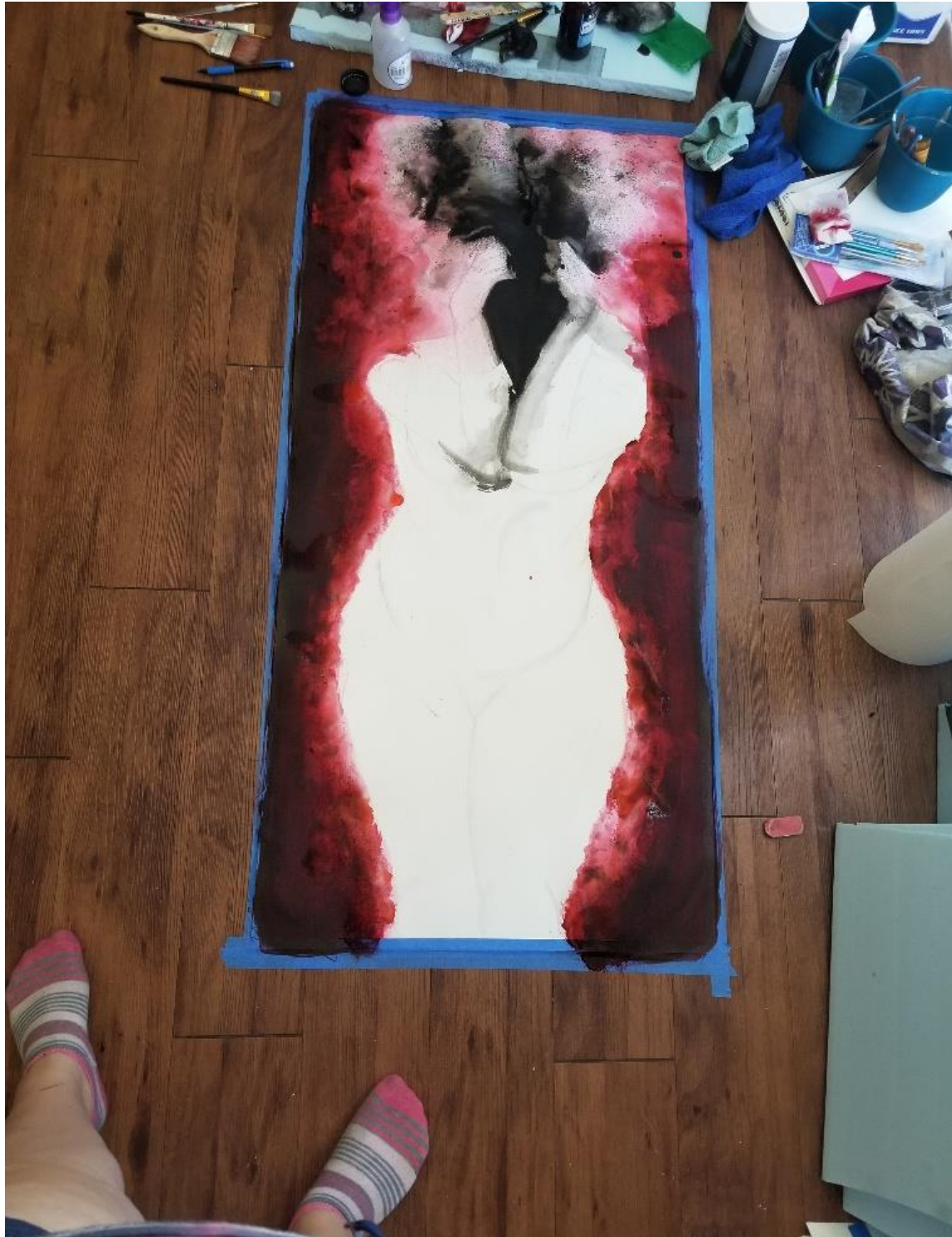
# Works in Progress



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## Works in Progress

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# Work in Progress

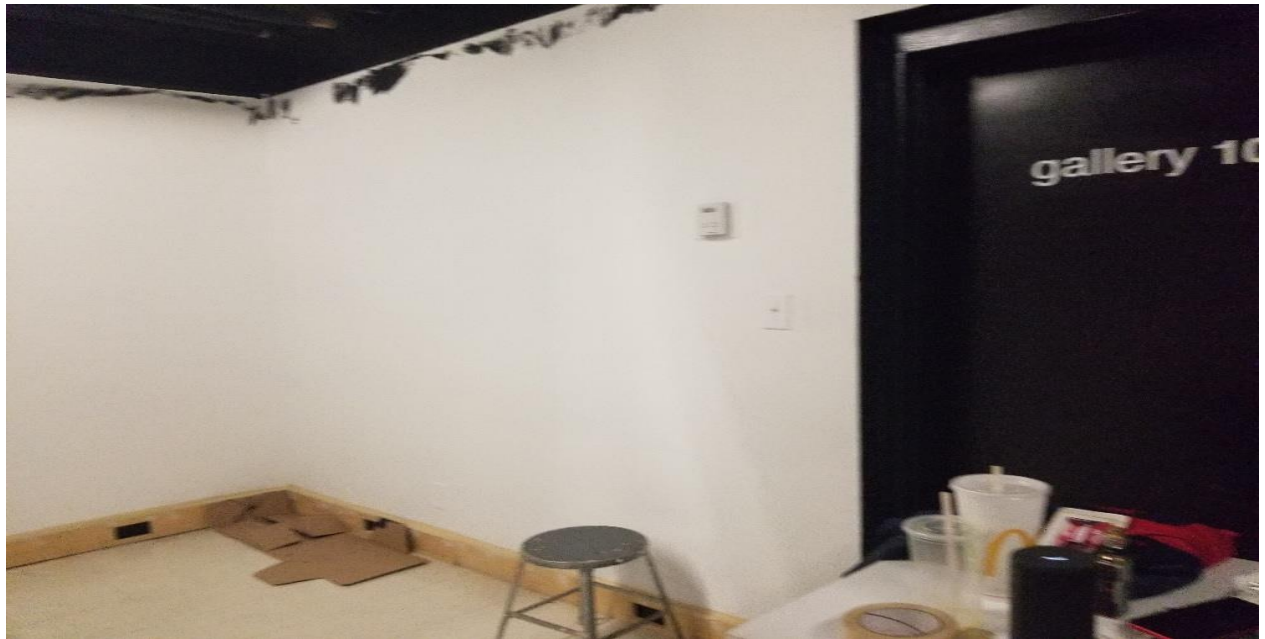




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## Work in Progress

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## Final Show

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# Consume Me

by Makenzie Hart

Trahern building  
Gallery 108  
November 4th - 7th  
Reception Nov. 4th 5 - 7 pm  
Artist Talk @ 5:30





# Final Show



# Final Show





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# Final Show

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# Final Show

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# Final Show

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## Final Show

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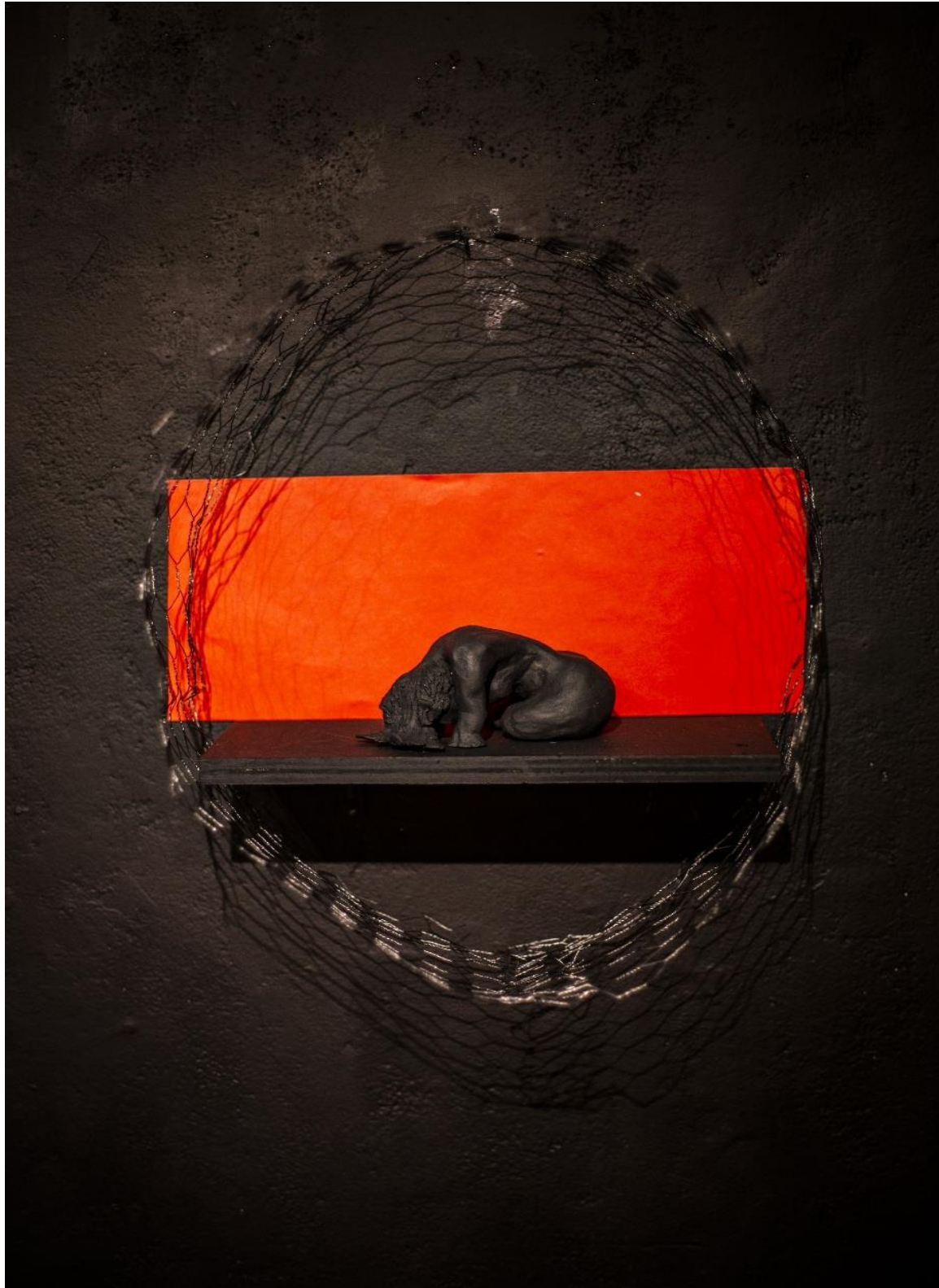




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# Final Show

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# Final Show

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# Final Show

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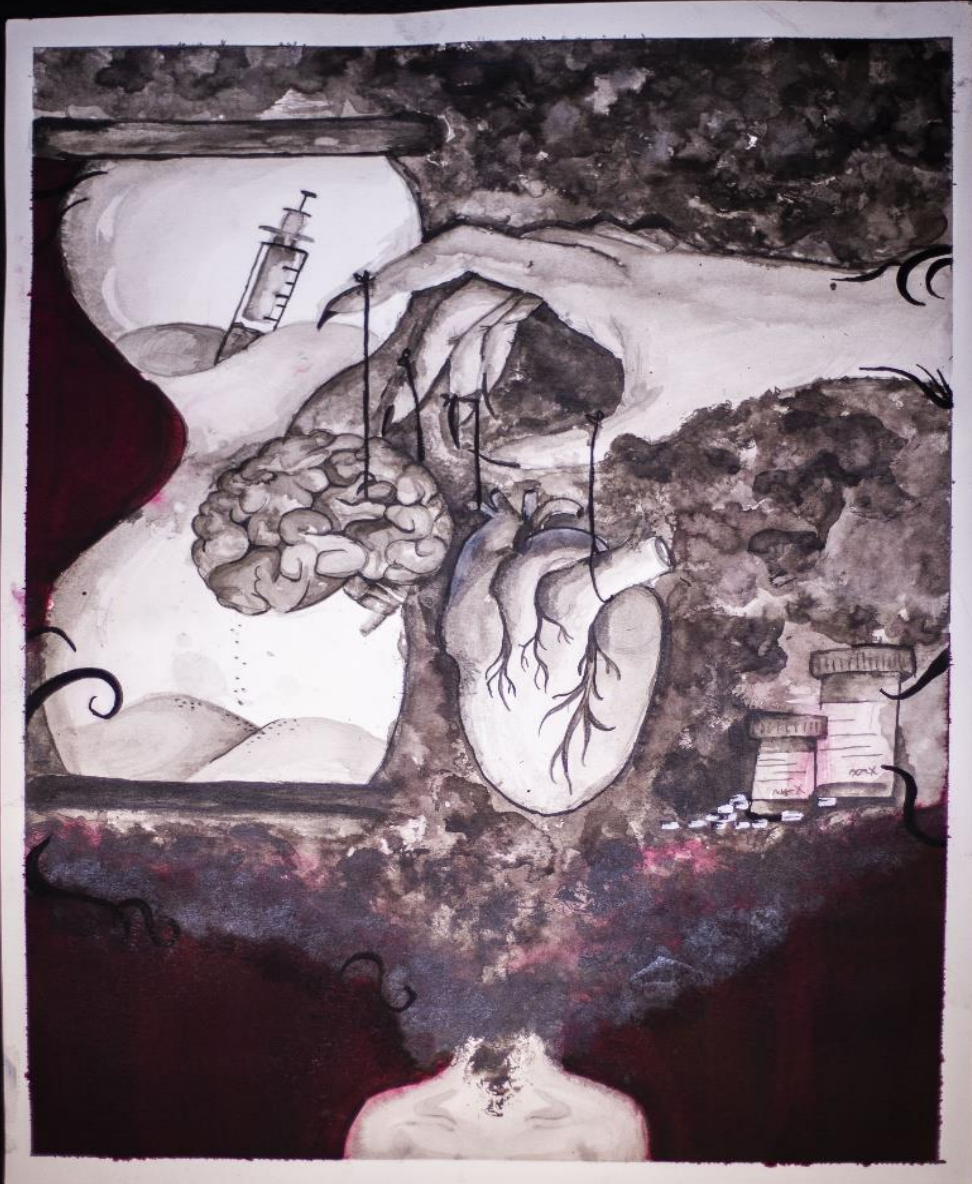
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# Final Show

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# Final Show





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# Final Show

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# Final Show





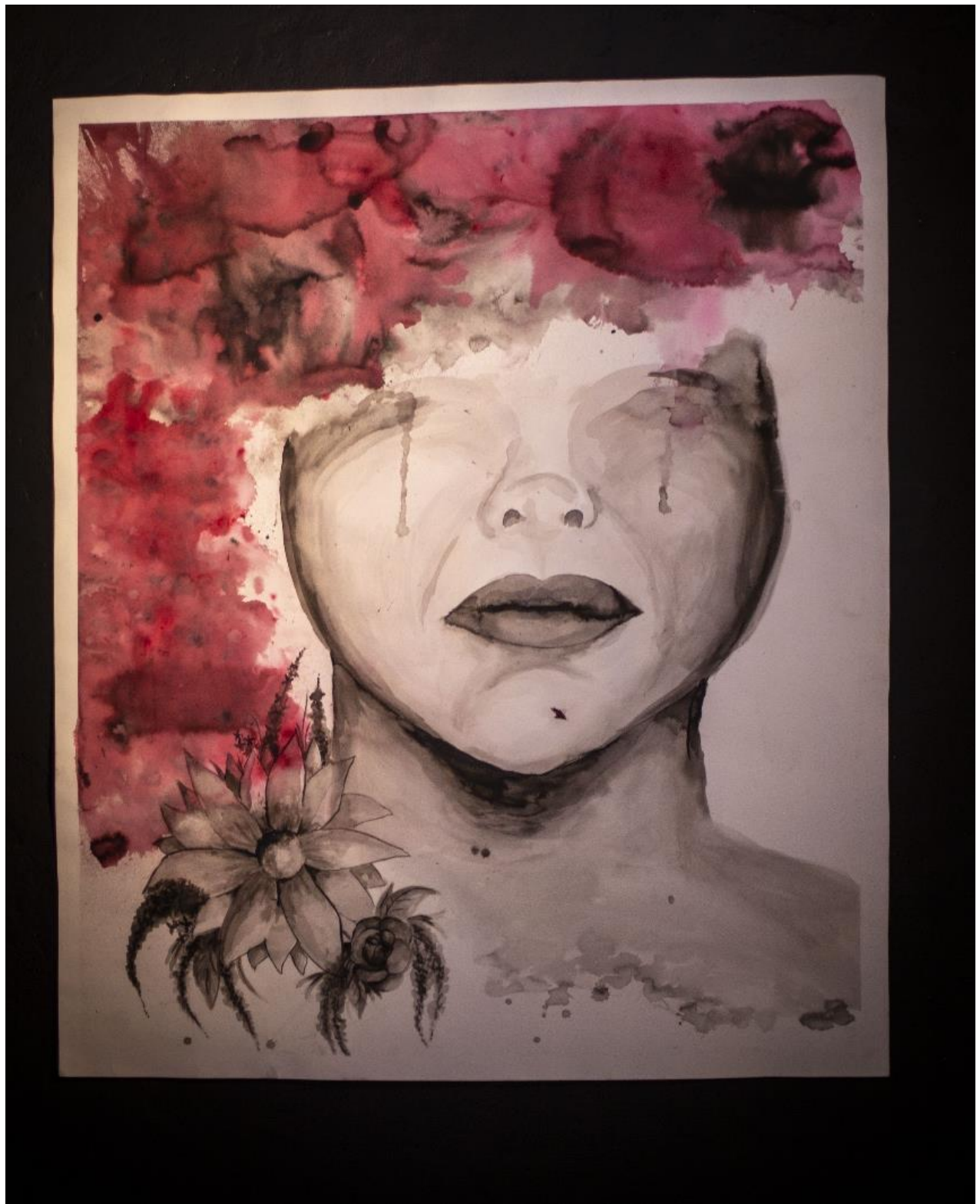
# Final Show

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# Final Show



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# My Reflection

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While in senior thesis 4150 and 4160 I not only went through many obstacles that challenged me, but I also become more aware of who I was as an artist. In the beginning of 4150 I found out that because I was a BA I didn't have to take 460 or have a senior show, however I was not okay with that. So, I approached, my advisor and professor about having a senior show and taking 4160. After a faculty vote I was granted a senior show slot. This was the first step to completing my education the way I seen benefitable to my future.

Throughout 4150 I ran into the normal problems and artist has flushing out an idea. The options of material, time restraint, and just overall concept. However, I had gotten to a good place to begin working towards the end of the spring semester. My show still carried the same story line of Manic depression, but it was in a more general sense with out any personal input. Witch I feel after looking back would have not been as successful as my final show was.

Most of my self-reflection happened with my work and show happened in the early months of the fall semester. My biggest hurtle was becoming pregnant during this period of time. I was overjoyed but knew I had loads of work ahead of me. I quickly jumped into action. My media went from plaster and cement to clay, insulation, and paintings on paper. The concept switch foam board to my personal and kind of a story line of who I was with manic depression. After many meetings with my mentor and many other teachers I began working on a completely different show Then the one I had originally presented in 4150.

In the end being a conversational and confrontational artist I not only choses a topic that was hard for my audience to start conversations about, but I also struggled with my own personal journey through creating my show. Through these pieces I used my own stories. This created the hardest hurdle of them all due to emotional limits with some of these topics I had to stretch out deadlines I didn't have much wiggle room on. This affected some of the other pieces quality because I no longer had as much time to work on them.

Through this experience I realized how flexible I was as artist, and just how much this program has taught me about the art profession. As well as how important it is to rely on the community of artist you have around you. Some of the relationships I have created through my education really lead to the success of this show. In the end after all the twist and turns this show changed me as much as it changed. I now understand where I want to go as an artist, the path

I am on healing and how to be a successful member of the art community I end up in all after my experience in 4150 and 4160.