

## Standing Committee Annual Report

**Name of Committee or Council:**

Health Promotion Committee

**Chair:**

Kadi Bliss

**Meeting Dates in Current Year:**

Due to the pandemic, our committee worked via email and virtual small working groups during the 2020-2021 academic year.

### **Major Actions or Accomplishments:**

- I. “I-Care” Faculty Messages were developed over the summer in an effort to make it easier for faculty to check in on students’ health and well-being. Many of our committee members contributed to those messages throughout the year and we were able to get them promoted by the Provost and uploaded to the faculty resource page.
- II. We had a few members of our committee working with others on planning and putting together Mental Health “Baskets” for students in quarantine during the fall semester.
- III. We formed a small health promotion working group to work with Jill deGraaw and her intern to help promote the flu vaccine drive on campus and later the COVID-19 vaccine.
- IV. We had another small working group looking at NCHA results – NCHA was administered fall 2019 and we received final survey results over the summer. We put together a few interactive quiz/polling slides and attended First Fridays to start communicating results to students in efforts to improve social norms and make students aware of health services available to them (let’s talk, get zen, foy).
  - a) Melissa Kates, Adriane Sanders and Kadi Bliss are working to analyze NCHA results, focusing on vulnerable populations.
  - b) We also organized student town halls for student groups to get qualitative information about student health issues. We were able to pilot with one student organization during the spring semester and will continue the events during fall 2021. The link to sign up for a town hall will be placed on the Health and Counseling Services Outreach Requests webpage.