

## APSU has toilet troubles

By **LEILA SCHOEPKE**  
*Guest Writer*

Back in April 2008, APSU toilets were replaced with the “Uppercut” brand toilet equipped with a “Dual-Flush Flushometer.” These green-handled toilets were installed to save water and were an idea credited to the Sustainable Campus Fee Committee. However, since their installation, not every new green toilet has worked as expected.

Al Westerman, the director of Facilities Planning and Capital Projects at APSU said when they purchased the green-handled toilets, the merchant failed to mention

an important detail. They had to find out themselves about the glitch after the fact.

After discovering the new green feature was not working with all the toilets the APSU Physical Plant staff investigated and isolated the problem.

APSU’s older toilets were made to operate up to five gallons of water pressure while the new green toilets were only meant to deal with up to 1.6 gallons of water pressure. For instance, some of the toilet devices in the Browning building, which Westerman said is over 50 years old, are among the toilets that would need to be replaced in order for

the new toilet technology to function properly. This new technology has existed for only 10 years now according to Westerman.

“When they built this university, of course at that time, they had standard toilets, standard commodes—the five-gallon variety in a lot of different configurations. Well, a lot of these buildings around here are old. The newer buildings, the University Center, the Foy Center, the new HSC building which we just started this week, the new dormitory ... they’ll have new equipment. We won’t have a problem, but it’s

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TRENTON THOMAS | SENIOR PHOTOGRAPHER

One of the new green toilets currently in the UC equipped with a dual flush option.

## New task force tackles H1N1

By **JENELLE GREWELL**  
*Assistant News Editor*

On June 11, the World Health Organization declared the novel H1N1 virus, swine flu, to be a pandemic. The Centers for Disease Control and Prevention continue to update their guidance about responding to the H1N1 influenza as new developments arise.

According to the CDC’s Web site ([www.cdc.gov/H1N1flu/](http://www.cdc.gov/H1N1flu/)) as of 9 a.m. Thursday, Sept. 3, in over 50 states and territories, 9,079 people have been hospitalized because of the swine flu and 593 have died.

On August 28, APSU President Timothy Hall released an e-mail stating two commuter students were suspected of having the swine flu.

Since the release of that e-mail, APSU has assembled a task force due to the pandemic. Sherryl Byrd, the associate vice president of Student Affairs is a member of the task force.

The list of the other faculty, staff and students who are included on this task force can be found by e-mailing [flu@apsu.edu](mailto:flu@apsu.edu).

Byrd said the goal of the task force is to increase awareness of preventative measures that can help reduce the spread of the flu; make available educational information regarding symptoms and CDC’s recommendation for treatment; provide and distribute appropriate cleaning supplies for offices, classrooms and residence halls; inform the campus community of how to respond to suspected cases; and monitor reported cases in order to make recommendations to President Hall if necessary.

“It is impossible to prevent an outbreak,” Byrd said. She said preventative measures such as hand washing can significantly reduce cases of the flu.

Byrd said the qualifications for members of the task force included knowledge and

experience related to nursing, public health, microbiology and epidemiology, as well as any staff members whose positions or areas of responsibilities would provide critical support for ongoing preventative and response efforts such as in Housing, Residence Life and Dining Services, Health Services, Physical Plant, Public Safety, Human Resources and Public Relations.

Byrd said other measures implemented to reduce cases of the flu around campus are:

— Participating in a webinar on Tuesday, Sept. 15, titled “H1N1 Campus Management: Perspectives from Human Resources, the Business Office and Health and Safety Management.”

— The task force has met Aug. 24, 28 and Sept. 4, and meetings will continue as needed.

— Established contact with Montgomery County Health Department to track local cases of suspected H1N1 flu.

— APSU Health Services is registered with the Tennessee Department of Health to receive the H1N1 vaccine when it becomes available, track suspected cases of the flu by those visiting the clinic, have disposable thermometers available to monitor temperature of those with suspected flu and masks available in the waiting area if needed.

— Eight ounce bottles of hand sanitizers were given to new students at Freshman Convocation.

Chad Brooks, assistant professor of biology, gave a presentation about regarding preventative measures, good hygiene and flu symptoms at both the Freshman Convocation and the Faculty/Staff Convocation.

—The APSU Health Services site was updated with current information and links to other resources such as the CDC.

A dedicated e-mail address

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### FIRST WEEK



SYNTHIA CLARK | STAFF PHOTOGRAPHER

Students enjoy a slip ‘n’ slide, one of many activities that took place during the first week of this Fall semester.

## Fall Fling tradition debuts

By **LEILA SCHOEPKE**  
*Guest Writer*

The new school year started at APSU with scores of events on the agenda. The 2009 Fall Fling will start a new APSU tradition this fall. The event is sponsored by APSU’s Alumni and Friends and is open to the Public.

Fall Fling Planning Committee member, Debbie Nichols, said the committee, which comprised an array of people from the richly diverse Clarksville community, joined together to introduce “the first Fall Fling as an inclusive event to celebrate the university.” The committee was in charge of planning, talking about the menu, the band, the location, and identifying people to invite. Some of the committee were also overseeing the decoration of the event’s site while making sure to retain its natural charm.

“With the leadership of Shelia Ross, we decided on a name for the event, the theme, and details including date, location, menu choices and of course a great band,” Nichols said.

“The President had suggested that we have

another event that was like a counterpart to the Candlelight Ball that we do in the spring,” Ross, Director of the Office of Alumni Relations, said.

According to Ross, APSU’s Candlelight Ball was initially for an older crowd, but over the years it started attracting young professionals.

“Last year, we celebrated the 25th anniversary of the Candlelight Ball. It did originate being held in Clarksville, but later was moved to Nashville and it continues to be held in Nashville. It’s a formal event, it is fairly expensive, it’s a fundraiser and it could require an overnight stay at a hotel,” Ross said.

Distinct from the Candlelight Ball, which APSU President Tim Hall describes as, “a black tie affair” that has been for many years the university’s “signature social event,” and will remain one of its celebrated occasions, the Fall Fling is a more casual gathering of people, good fun and fellowship.

This year’s pioneering social event is scheduled for Friday, Sept. 18, at the Clarksville Country Club. Prices for the event are \$75 per couple and \$40 per

person. Early reservations are necessary since seating is limited and dinner will be provided.

“We’ve been really busy this week with reservations ... Advance reservations are required. With food involved, a dinner involved specifically, we just can’t sell tickets at the door. We have to know ahead of time,” Ross said.

Ross said the Friday, Sept. 11, deadline is a soft closing date for the advance reservations. If people want to reserve a large table, Ross can facilitate their request as well.

Guests will start their evening with a 6 p.m. social hour, followed by a dinner buffet in style at 7 p.m. served in different stations set up around the room and featuring a variety of meats, pastas, sauces, cheeses, crackers, fruits and vegetables as well as Asian cuisine.

“I am really excited about that, I think the food will be excellent and the offerings will be plentiful for people,” Ross said.

Subsequently, a lively dance accompanied by the music and signing of The Big Thrill band, a 7-piece

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ASSOCIATED PRESS

The household products and chemicals used to make meth.

## New methamphetamine made by ‘shake-and-bake’ method

*Associated Press*

TULSA, Okla. — This is the new formula for methamphetamine: a two-liter soda bottle, a few handfuls of cold pills and some noxious chemicals. Shake the bottle and the volatile reaction produces one of the world’s most addictive drugs.

Only a few years ago, making meth required an elaborate lab — with filthy containers simmering over open flames, cans of flammable liquids and hundreds of pills. The process gave off foul odors, sometimes sparked explosions and was so hard to conceal that dealers often “cooked” their drugs in rural areas.

But now drug users are

making their own meth in small batches using a faster, cheaper and much simpler method with ingredients that can be carried in a knapsack and mixed on the run. The “shake-and-bake” approach has become popular because it requires a relatively small number of pills of the decongestant pseudoephedrine — an amount easily obtained under even the toughest anti-meth laws that have been adopted across the nation to restrict large purchases of some cold medication.

“Somebody somewhere said ‘Wait this requires a lot less pseudoephedrine, and I can fly under the radar,’” said Mark Woodward, spokesman for the Oklahoma Bureau of

Narcotics and Dangerous Drugs Control.

An Associated Press review of lab seizures and interviews with state and federal law enforcement agents found that the new method is rapidly spreading across the nation’s midsection and is contributing to a spike in the number of meth cases after years of declining arrests.

“It simplified the process so much that everybody’s making their own dope,” said Kevin Williams, sheriff of Marion County, Ala., about 80 miles west of Birmingham. “It can be your next-door neighbor doing it. It can be one of your family members living downstairs in the basement.” ♦



# H1N1: task force focuses on prevention

Continued from Page 1

was established for questions and to report suspected cases for tracking purposes which will be monitored by Task Force members. This e-mail address is flu@apsu.edu.

— Hand sanitizers and disinfecting wipes have been provided to all offices and common areas, one personal four ounce bottle for each employee and a large bottle for their office.

— CDC flyers were sent to each building coordinator to be posted in the all the buildings and restrooms to encourage people to “Cover

Cough/Clean Hands.”

— An e-mail from the provost to all faculty requesting H1N1 preventative measures be discussed during the first meeting of each class, asking faculty to develop accommodations for students who are absent due to the flu as much as possible and reasonable and make more use of D2L capabilities.

— A request for faculty and supervisors for employees to document self-reported suspected cases of flu from students in their classes to the task force Web site, so campus cases can be

tracked.

— Eight ounce bottles distributed to residence hall rooms and apartments and commercial sized hand sanitizer dispensers for all lobbies.

— Information flyers e-mailed to all residents, CDC flyers posted in residence halls, preventative measures and the video of Brooks’ presentation airing on the Housing television channel.

— Discussions at mandatory hall meetings for all residents and students asked to self-report suspected flu cases to a RA

and or hall director.

— “Clean Rooms” are designated if a roommate of a student who is suspected of having flu wants to be moved.

— Contact and methods established to get meals to sick students if needed.

Byrd said APSU has a campus-wide, detailed Emergency Preparedness Plan that covers a health emergency among many other possible scenarios can be found on the A-Z index.

“The task force will continue to monitor suspected cases to determine what additional responses

are warranted, if any,” she said. “We encourage all students to register for the AP Alert to be notified quickly in the case of any campus emergency,” Byrd said. Byrd said in the extreme and unlikely case that the flu outbreak becomes so severe and

widespread the cancellation of events or classes becomes necessary, the AP Alert will be used as the first and fastest way of notification.

For more information on H1N1, students can visit [www.apsu.edu/healthservices/H1N1](http://www.apsu.edu/healthservices/H1N1) for links to resources. ♦

# Toilets: green project unfinished

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these older ones where those green valves will do the most good.”

“The flush valves operate correctly in the newer china bowls, however, they have a problem in the older china,” David Lemons, Physical Plant Interim Director, said who has been directing the installation of the green flush valves after APSU received them.

“There is a project to replace the older china, which Mr. Westerman is the project manager, and as far as I know, the green flush valves will remain,” Lemons said.

The energy management firm Ameresco is the company under which Westerman is managing one of his APSU energy related projects, such as the replacement of the old boilers in the boiler house, which are beyond their normal life span and need to be changed.

Westerman said this project is funded by stimulus money, which is enough to

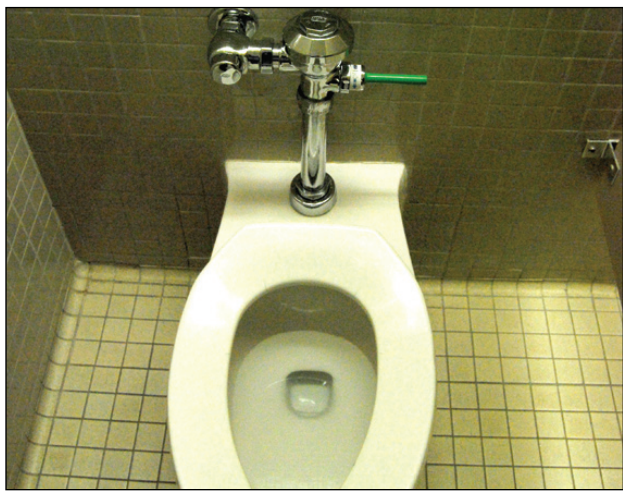
pay off the stimulus projects outright. That includes the commodes, the changing of the china and the boilers, etc. The saved money from the energy will be conserved can be applied to pay off the note that would normally be borrowed money.

He explained what happened is initially there were three different designs on the 1.6-gallon toilets.

He said the first one came out to be a terrible failure due to the round shape of the bowl that makes the water swirl without disposing of the waste and flash the toilet over and over again, which ends up wasting all the savings.

“Another case of our best intentions to do something great turned out well wasn’t quite perfect, but now we’ve got it fixed.”

Under the Ameresco project, APSU will locate all the old toilets that are five gallons and replace them with the 1.6-gallon variety, which will make the green handles work extremely well, according to Westerman.



TRENTON THOMAS | SENIOR PHOTOGRAPHER

Older china bowls, such as the ones in Browning, must be replaced for the green toilets in order for them to work properly.

According to Westerman, the Sustainable Campus Fee Committee bought the green handles and paid to have them installed, but now under the new Ameresco project, APSU will replace all the china so the commodes will function effectively.

Another energy saving project, like the new popular electric cars, Westerman is working on with the Sustainable

Campus Fee Committee is a recommendation from his part to replace all the faucets around the academic buildings with others that are touch free. This will not only prevent the spread of germs but will also save water.

“The fact is the green handles do work. Now the new commodes don’t have this problem,” Westerman said. ♦

# Fling: casual alternative to Candlelight Ball offered

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band from Nashville, who will play a wide range of sounds from the ‘30s, ‘40s, all the way to the ‘80s, without forgetting to enchant the attendees’ ears with some rock ‘n’ roll, Motown country, oldies, old standards, and the best of modern music.

Later in the evening, dessert and coffee will be served as the entertaining social gathering continues until midnight. A cash bar will also be open throughout the evening.

According to a press release from APSU’s Office of Alumni Relations, “a courtesy shuttle will be available to transport guests from the country club to the parking lot after the event.”

Soon after President Hall’s arrival to APSU and attendance to the Candlelight Ball, he communicated to some of the alumni the idea of organizing “something comparable to the Candlelight Ball here in Clarksville, so that alumni need not drive to Nashville or stay at a hotel there overnight, to enjoy the friendship and fellowship of other Austin Peay alums and friends.”

Ross, said the Fall Fling is a unique event because

it not only is a new and original addition to APSU’s annual social activities, but also because it seeks to reach out to a more diverse audience and bring people together, old pals and new friends, to enjoy a relaxed atmosphere and a pleasant

“I think there is room in the university’s social calendar for something a bit less informal, and for which tickets are not so expensive. So, we are looking forward to seeing many of the university’s alumni and friends at the inaugural Fall Fling,”

**Timothy Hall,**  
**APSU President**

evening, locally, at an affordable price.

Besides, this occasion does not require formal attire. The attendees can wear casual elegant clothing if they wish.

“The Fall Fling is special because this is the first of

what will hopefully become an annual event. It is located in Clarksville and is a bit more casual occasion. The cost is also reasonable. One of the objectives of the committee was to make the Fall Fling more accessible to more members of the community. The committee hopes to achieve a memorable evening gathering with friends, dining and dancing and saluting a great university,” Nichols said.

“It is not a fundraiser. It is what we call a friend raiser. It is just a party,” Ross said.

“I think there is room in the university’s social calendar for something a bit less informal, and for which tickets are not so expensive. So, we are looking forward to seeing many of the university’s alumni and friends at the inaugural Fall Fling,” Hall said.

“I’ve seen on the reservation list there are several administrators who will be attending and faculty, alumni, boosters, donors. We can accommodate around 300 people at the Country Club. Honestly, I would be really pleased to have around 200 for our first event. We’re just really excited and glad to have the opportunity to have a different attraction to offer,” Ross said. ♦



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## Fall Fling details

For more information about the 2009 Fall Fling or to make reservations, you can contact Shelia Ross at the Office of Alumni Relations at 221-7979, or check out the Alumni Calendar of Events at [www.apsu.edu/alumni/index.asp](http://www.apsu.edu/alumni/index.asp).



OUR TAKE

H1N1 flu virus concerns APSU

It has recently come to the attention of the editorial board of *The All State*, and apparently the rest of campus as well, the H1N1 virus, also known as 'swine flu', is a hot topic on campus as well as worldwide.

While some of us believe it is encouraging that APSU is nipping the issue in the bud, others are concerned it may be blown out of proportion.

Why is the H1N1 virus currently such a major concern? According to APSU's Web site devoted to the virus, the World Health Organization declared H1N1 to be a pandemic June 11, 2009. By definition, a pandemic is a disease prevalent throughout an entire country, continent, or the whole world, or an epidemic over a large area. Cases of H1N1 have been reported all over the world, and as flu season approaches, the masses are preparing for the worst. The Web site pointed out the pandemic was declared because the illness is widespread, not because it has become any more severe than it was previously.

The question is: How worried should we be? In comparison to other strains of influenza, H1N1 is not significantly different.

According to the Centers for Disease Control and Prevention, it is simply the most dominant flu virus in the world at this time. The major symptoms include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue.

Many cases have also reported symptoms of vomiting and diarrhea. We've surely all experienced a few or all of these symptoms at some point in our lives, and the majority of us have most likely contracted some form of the flu. Does this sound deadly?

We at TAS feel that the students and faculty/staff of APSU should not panic. True, extra hygienic and health precautions should be taken, but this time of year brings those kinds of worries anyway.

We are impressed that APSU has stepped up and created a task force to deal with the matter, but we believe students should be informed, not paranoid. The bathrooms on campus are filled with fliers proclaiming the importance of hygienic practices. These are common sense tasks that mature, educated adults should all be practicing anyway.

The paranoia has escalated so far as to lead to the termination of employment,



LEAH JOLLEY | CARTOONIST

and even rude glances from classmates for a simple runny nose. According to Boyd Health Services on campus, no confirmed cases of H1N1 have been reported at APSU.

There are also several other diseases and illnesses just as pressing, if not more, as H1N1, that should not be ignored.

Students should be on their toes regarding all illnesses that impact people gathered in large groups. H1N1 may be serious at the time, but more fatal diseases can sneak up on us if we are too absorbed in a possibility.

APSU students have surely

heard about the issue through their professors. Students are even allowed excused absences if they contract the illness. This is very generous and wise as far as quarantine purposes go, but chances are it will be severely abused.

Another important aspect of the H1N1 virus is its vaccine. The CDC reports the vaccine is being developed and should be available in the fall, and the vaccine provided for other strains of the flu is not expected to help prevent H1N1.

In a poll of the editorial board, only three of the 11 members said they plan on

getting vaccinated for H1N1 if it is available for free. This is not a very high number. Perhaps we are afraid of the risks of such a new development.

We believe this is not an issue to be laughed at, but there is also no reason to become an overnight hypochondriac.

We should all take measures to keep ourselves clean and healthy, but continue to live our lives this semester without fear of impending doom.

Tell us what you think about the H1N1 vaccine by voting in our online poll at [www.theallstate.org](http://www.theallstate.org). ♦

Freshman Convocation inspires student

By J.M. HEUFT  
Guest Writer

The APSU freshmen class assembled 9 a.m. Friday, Aug. 28, in the Dunn Center. The crowd took up about half the gym and was polite as well as interested in the speakers.

Speakers included the Faculty Senate president Lori Buchanan, President Timothy Hall, and Student Government Association leaders.

The things I heard that day may help me have a positive college experience. The following are some of the things I learned during the speeches.

I was told to prepare for and attend every class, every day. The speakers said to seek information beyond class and textbooks. They told us to ask questions and go beyond Google.

They want us to better understand classroom learning by looking for a wide range of thoughts. Follow up on what you start and meet challenges as they come.

Plan ahead and use a calendar and an alarm clock

to follow your schedule.

Talk to teachers, fellow students and anyone else who can help you learn broad concepts that go beyond the classroom.

Relish opportunities as they come and make the most of them. Ask a lot of questions. Go for the free stuff for the total college experience.

Be prepared to use a computer to check your e-mail, pay bills, find forms and find scheduled events on campus.

Read, write and think every day. Offer your ideas to others and be ready to listen to their ideas and viewpoints

Make a friend because a shared experience will be remembered longer.

Most importantly, keep your brain and body in balance as you study, work, play, laugh, eat healthy, listen to music and exercise every day.

I believe I have to put the most into my college time to get the most out of it, and that is just what I intend to do. How about you? ♦

Middle College students boot upperclassmen out of spots in classroom

By NICOLE JUNE  
Perspectives Editor

Middle College: It's something of an oxymoron in the eyes of most traditional college students.

What is Middle College, you ask? It is a dual enrollment program offered to local high school students in which they can take classes at APSU for both high school and college credit.

According to APSU's middle college Web site, the mission of Middle College at APSU is to "engage students who find it difficult to connect or become engaged in traditional high school programs."

These students are required to have completed their sophomore year of high school and have a minimum GPA of 3.0. They are even eligible for certain scholarships.

While this may seem to be an innocent addition to our fine university, it in fact has its own seedy underbelly. This mission statement does not mention these students are

receiving the same privileges as full-time undergraduate students.

While sitting in a lower-level communications class, it came to my attention a Middle College student was in the class. This student seemed ready to embrace the college experience, prepared with a new patterned bookbag and freshly sharpened pencils. I am not the only one who noticed this student.

The professor of the class addressed the student, explaining she was very lucky to be in the class. Why, you ask? Several upperclassmen had been vying for the same spot in the class, which has limited availability, but were unable to get in.

However, little miss Middle College seemed to get in just fine. Is this an injustice? Should middle college students have priority over upperclassmen struggling to keep their heads above water and graduate?

Upperclassmen students should be permitted

entrance into a class before Middle College students. Upperclassmen have more at stake and less time to meet their requirements than these mutated high school students.

APSU is growing larger and larger every semester. Each time we come back, the freshman class seems to be larger than the last.

Now we not only have to fight with freshmen for those coveted desks, but also with students who are not even of legal age. Where does the madness end?

That's not to say Middle College students are not welcome at the Peay. Anyone who wants to take on such responsibility at a young age is admirable.

However, these students should be placed at the bottom of the list when an upperclassmen needs to take a certain course.

The next time you see a Middle College student gallivanting around campus, give them a pat on the back — and a warning glance. ♦

This week in ridiculous: arsonists to milkshakes



Jess Nobert  
Chief Copy Editor

Last week was no stranger to ridiculous news. Between Obama's school address and the California station fire, people did not fail to, well, fail.

As you read this, keep in mind the school address was scheduled for after press time, so things may have changed. President Barack Obama addressed students last Tuesday, kindergarten to sixth grade, I believe, to encourage them to stay in school, and value the importance of education.

Before any word was spoken, parents and extremists started throwing a fit over "Obama getting to them while they're young." I'm sure to push his "socialist" agenda. I read an article a friend posted on Facebook about how five states were going to refuse to show the address all together. Among those states was Illinois, Obama's home state.

No matter how you feel politically, he is still the president. If George W. Bush had suggested this, those same protesters would be so excited to hear Dubya was going to be in school with their kids.

Guess what: George H.W. Bush addressed school children back in his day, and you know what the democrats' problem was? Cost. There are schools saying students can be excused from the address if they bring a note from home.

There is a Facebook group, according to NBC Nightly News, that is encouraging parents to call their kids in sick. Really?

In local news, why does Austin's never have anything you want? If the menu says milkshake, we should all be able to get one. If they don't have it, they need to order it. It's getting out of hand. I talked to someone the other day that said the entire time they've been in school, Austin's has not had shakes. It's been three years for her. I know it's new, but I'm willing to put money down that says we won't have these kinds of problems at Blondie's.

The station fire in Los Angeles County was started by arson. It has already been dubbed the largest fire in county history, and it is still burning. I saw an article headline saying officials were going to try to

bring up homicide charges on the people or person who started it. Good luck, arsonist. You're going to need it.

I'm not even going to say anymore about it after this week, or at least I'll try, but this whole swine flu freak out? Really?

Finally, most of my close friends are well aware of my love for two things: baseball and politics. Bringing the two together, however, not always a wise choice. According to the ticker on ESPN's last week, and a quick Google search, Curt Schilling is considering running for the seat vacated after Ted Kennedy's death.

Really Schilling? We all know he has experience in congress after his steroids allegation hearings, but to get paid to hang out? Perhaps he should pull a Brett Favre and un-retire from baseball for a season. ♦

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[theallstate@apsu.edu](mailto:theallstate@apsu.edu)  
[allstateads@apsu.edu](mailto:allstateads@apsu.edu)

**Main Office:**  
phone: (931)221-7376  
fax: (931)221-7377

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# APSU professor runs for Congress



CONTRIBUTED PHOTOS FROM WWW.RABIDOUX4CONGRESS.COM

Right: Greg Rabidoux with former Vice President Al Gore after the Jackson Day Dinner Saturday, Aug 29.

Above: Greg Rabidoux, wife Mara and son Valentin in front of the Lincoln Memorial in Washington, D.C. this summer.



By TANGELIA CANNON  
Features Editor

Greg Rabidoux, assistant professor of political science, has been keeping busy during the past months. Not only has he published his first book, “Hollywood Politicos: Now and Then,” provided support to wife Mara, and son Valentin, but he also began his campaign for Tennessee’s 7th Congressional District in June.

A Connecticut native, Rabidoux worked a variety of jobs including clearing brush and trees, splitting and quartering firewood, and fixing fences before entering the world of politics. “My parents instilled in me a very strong sense of hard work and the value in getting a good education,” Rabidoux said, “I took both to heart.”

As a child Rabidoux worked with his grandfather, who was a small business owner and state representative. For years saw his grandmother fill the role as head of the Women’s Political Auxiliary and other political roles.

“Since a very young age, I saw being a public servant and trying to fight on behalf of the common good as a noble and just calling.”

“When my wife and I moved to Tennessee several years ago to both accept positions at APSU, we were quite aware of the politics and reputation of the current incumbent for District 7, Marsha Blackburn,” Rabidoux

said. “We never felt she was neither representative of nor an advocate for us, our friends, our community, or colleagues and the many Tennesseans we grew to know and care about.”

After being approached by several different people, who continued to ask Rabidoux to run for congress, he decided to run for office shortly after the 2008 election. Prior to this decision, Rabidoux had worked for a US member of Congress and the United Nations.

During the last few months Rabidoux has spent his time meeting with a variety of individuals including local, state and national leaders. Rabidoux also had the opportunity to meet and speak to former Vice President Al Gore and current Tennessee Governor Phil Bredesen.

“A typical day not too long ago saw us in Nashville, at Fort Campbell, in Perry County and finishing up in the Memphis area,” said Rabidoux.

“It is a geographically large congressional district but I am energized by the opportunity to connect with so many people throughout the district that want caring, moderate, and informed representation which I bring to the table.”

Rabidoux has also taken the time to read several books, while on the road, which include “An American Lion” (President Andrew Jackson), a book on lessons of life by Og Mandino, my personal Bible given to me many years

ago by a friend, and for fun just about anything by John Grisham,” Rabidoux said.

In addition to taking some time to read, Rabidoux has had the time to catch some sports, and hopes to see “Vandy, the Vols and the Govs make some noise, and would love to see a strong Memphis Grizzly team for that area.”

Although Rabidoux has not detailed his plans for change, he said “these plans will reflect who I am, essentially someone who believes that the best days for our state of Tennessee are ahead of us and not behind us.”

As a congressman, he does not want to say “no” to everything, “but to roll up my sleeves and seek solutions to our common challenges like creating sustainable jobs, becoming a leader in alternative energy, improving our education’s quality and workforce readiness, and re-tooling our infrastructure to ensure we not only can compete but can be a leader in the 21st century.”

Rabidoux’s team is comprised of many student volunteers who fill the roles of campaign management, advising, fund-raising, event-planning, polling, volunteer coordination, communication and media, and technical services and research, as well as others. If you would like to learn more about Rabidoux’s Campaign For Congress visit [www.rabidoux4congress.com](http://www.rabidoux4congress.com). ♦

# Trainer spills secrets of Michelle Obama’s arms

Associated Press

WASHINGTON (AP) — At last, the secret to first lady Michelle Obama’s sculpted arms? Tricep pushdowns and hammer curls.

So says Cornell McClellan, Mrs. Obama’s longtime personal trainer, who described the workout routine of his famous client in the October issue of Women’s Health magazine. She began working with McClellan in 1997 at his Chicago fitness studio.

“She’s truly committed herself to the importance of health and fitness,” he says.

McClellan said that at the end of an intense routine of cardio workouts and weight training, Mrs. Obama finishes with the “arm-shaping superset” of tricep pushdowns and hammer curls to tone one of the most commented-upon pair of arms in the world. Mrs. Obama often wears sleeveless outfits.

The details of Mrs. Obama’s fitness routine came as part

of a series of interviews by President Barack Obama and Mrs. Obama on health care and their personal fitness and nutrition habits.

Obama was interviewed by Men’s Health; he also was featured in the magazine last November. Mrs. Obama gave her first interviews to Women’s Health and Children’s Health, a new magazine by Rodale Inc., publisher of the men’s and women’s health magazines.

Obama is again on the cover of Men’s Health, while his wife graces the cover of Children’s Health. She is joined by some of the Bancroft Elementary School pupils who have been involved with the White House garden.

Obama said he works out six days a week: two cardio days and four weightlifting days split between the upper and lower body. He also discussed his effort to overhaul the U.S. health care system and his late mother’s bout with cancer.

“My blood pressure is pretty low, and I tend to be a healthy eater,” he said in the interview. “So I probably

could get away with cutting (my workouts) back a little bit. The main reason I do it is just to clear my head and relieve me of stress.”

Mrs. Obama cited small changes to her family’s diet that she says have made a difference. They include eliminating processed foods, cutting back on sugary drinks, eating more fresh fruits and vegetables, eating together more as a family and teaching her daughters how to read food labels.

She said she tries to be conscientious about health and fitness because her family is like many others — too busy to think about it every day.

“But health and fitness and how we eat and thinking about it has become part of our lives, because of our kids,” she told Children’s Health. “We are their primary role models. And if they see me exercising and thinking about what I’m eating, if they see their father, as busy as he is, getting to the gym and playing sports, when they grow up they’ll understand that this is a natural part of being an adult.” ♦

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up an application for  
**The All State or The Monocle,**  
**APSU’s yearbook!**

## Student Government Association Elections are coming soon!

Elections will begin September 15<sup>th</sup> at 9:00 am  
and end September 17<sup>th</sup> at 11:59 pm

Visit [www.apsu.edu](http://www.apsu.edu) and click on the red “Vote”  
button.

Candidates will be running for 5 Freshmen Senate  
seats and 2 Graduate Senate seats.

This is your opportunity to have your voice heard  
by voting for your choice of candidates!



# Becky Burke: mentor, friend to freshman



LOIS JONES | SENIOR PHOTOGRAPHER

Becky Burke is the peer mentor for psychology professor Nancy Woods’ APSU 1000 class. Burke, a senior Communications major and involved in many organizations on campus.

By JACKIE MOSLEY  
*Guest Writer*

Every Monday and Wednesday morning at 10 a.m. sharp, Becky Burke, senior public relations major, attends a class that is not included on her schedule. She does not get a credit for it, she is not on the roll and she is already familiar with all the information the professor will present. Burke is not bored. She is a peer mentor.

“I was in Honors APSU 1000 when I was a freshman,” Burke said. “I had a really great peer mentor. So I decided I would like to be one too. Almost all of us in Honors APSU 1000 decided to be peer mentors.”

The concept of peer mentoring was designed as a way to help freshmen get adjusted to campus life, as well as introduce them to their field of study. APSU 1000 is required for every first-time, full-time

freshman, and it is divided into three sections.

Discipline-specific sections are geared toward a certain major or field, and students are placed into these sections according to their fields of study. These classes meet once a week. Burke’s class is for psychology students. Led by Nanci Woods, professor of psychology, they discuss topics related to psychology during class, and brainstorm about what they might like to do with their majors once they graduate.

“This is a good time for them to decide that psychology is not for them,” Burke said. Conditional sections of APSU 1000 are specifically for students who have been conditionally admitted. This could be the result of low ACT scores or a low GPA. These classes meet twice a week, and they cover the same basic principles that all

APSU 1000 classes cover, in addition to teaching study skills.

General sections are the third APSU 1000 category, and these classes simply catch the overflow of students who have not been placed in the other sections.

Burke is responsible for attending her classes and being familiar with the students. She knows them on a first name basis, and they know that they can come to her with any problems they might be having on or off campus.

“I’ve already had five or six phone calls since Friday,” Burke said after her Monday, Sept. 1, class. “They ask me where their classes are. They ask me for help with their four-year plans. They ask me where Wal-Mart is.”

Burke is actually a peer mentor leader, which means other peer mentors can come to her if they have any questions about their classes or the program.

To continue the APSU 1000 hierarchy, Burke and the other peer mentors report to Melissa Gomez, director of new student programs.

“Ninety-eight percent of all disciplines are represented on campus,” Gomez said about APSU 1000. “There are also honors sections, athletic sections, and classes for those with undecided majors.”

There are 77 peer mentors this year at APSU. One week before classes began, these students gathered on campus for one day of rigorous training and then a group retreat.

The mentors learned and reviewed skills to help freshmen transition into college life, as well as make welcome packets for orientation.

APSU 1000 is worth one credit hour, and there is a short list of expectations that freshmen are expected to complete. “There is a library component to the class that includes a research paper,” Gomez said.

“They must also attend two campus events, participate in group work and presentations, as well as be prepped for advisement.”

Summer reading was also required this year. Paul Rusesabagina, the author of “An Ordinary Man,” will give a seminar on the book on Oct. 1, for the APSU 1000 courses, as well as any other students who are interested.

There are certain requirements for being a peer mentor like Burke. All mentors must be sophomores or higher with a GPA of at least 2.75.

In addition, each applicant must have two nomination forms, one from a faculty member, and leadership development sessions must be completed in order to acquire points throughout the year.

Benefits of being a peer mentor include a \$400 scholarship for the general and discipline specific sections. A \$600 scholarship is rewarded for conditional sections.

Considering Burke’s class is only worth one credit and it is in the morning, she believes her students are surprisingly eager to talk to her and participate.

“This is the most intrigued class I’ve ever had,” Burke said. “Sometimes you get a class that just doesn’t want to be here, and then it becomes a chore, but these guys are really eager to learn.”

Burke will graduate from APSU and from being a peer mentor in December. After interning last summer with the Naval Oceanographic Office at Stennis Space Center in Mississippi, she will be returning there after graduation as a full-time Public Affairs Specialist.

APSU 1000 has taught Burke to be a leader. From instructing to directing to advising, she is a wealth of information on a hundred different topics when it comes to life at APSU. The skills she has acquired by being a peer mentor are ingrained and applicable.

For more information on becoming a peer mentor, visit [www.apsu.edu/academicsupport](http://www.apsu.edu/academicsupport) and click the link titled APSU 1000. Applications will be reviewed in February and March for next academic year. ♦

# Gallery finds downtown home on Strawberry Alley

By DEVIN WALLS  
*Guest Writer*

The storefront building at 116 Strawberry Alley is not much to look at right now. It has been vacant for a while, with decaying ghost images that give clues to the former business, a blueprint maker, which occupied it.

However, a metamorphosis is taking place. Soon the building will be APSU’s first off campus art venue and will be christened the Austin Peay Downtown Gallery, a home for alumni and faculty work from the Art department.

Gregg Schlanger, art professor and first director of the gallery, is hesitant to speak about the project due to the tentative nature of its completion and opening. “I’m trying to get the contractors committed,” he said. “When I asked [the contractors] if it was possible to have [art] work hanging around Oct. 10 or 15, [the contractors] said yes.”

The grand opening is tentatively set for Nov. 5, just in time for the First Thursday Art Walk that the city holds every month. However, Schlanger is hoping to have a “soft opening” before that.

He also wants the doors open on Homecoming Weekend, Oct. 30 and 31, to coincide with the alumni show that will be featured in the Trahern gallery. The opening will display a group show of select work by former students. After that the gallery will feature work by only one or two artists at a time.

“The location has two stories,” Schlanger said, “so it would be easy to feature one artist upstairs and another downstairs. Any alumni interested in having work featured in the gallery will have to apply to a committee.”

The project has been in development since April

2008 when the Art department faculty put forth the vote and approved the motion. Next, it was time to find a location. At first, Schlanger said they were looking for a space in Nashville around the art district so the department could show off the work of alumni to an audience outside of Clarksville. That location would also have served as a recruiting tool to attract potential students. A location was found and considered in June 2008, but the plans ultimately fell through.

Eventually, the idea was brought back home. “It makes sense that it’s here,” Schlanger said. He said it will enrich the community and add to the cultural atmosphere in Clarksville, bringing a contemporary gallery to the downtown area.

Remodeling on the inside, which will entail ripping up carpet, painting the walls and installing proper lighting, has yet to pick up steam as the building’s landlord is currently making repairs to water damage in the front.

As for the layout of the building, Schlanger estimates that it is about 1,500 square feet. “A rough estimate,” he said. “Upstairs has really, really high ceilings. Maybe 12 to 14 feet. Some of the walls are wooden and some are brick, so it has a nice historic feel,” he said. “It reminds me of the New York or Chicago gallery districts.”

Schlanger’s vision for the space goes beyond displaying art. He hopes other departments will get involved and take advantage of the off campus location. “Maybe [the English department] will come and do some readings there. And the music and theatre departments can use it for something.”

Art department funds are paying for the building and renovations, said Schlanger. “But we are willing to share.” ♦



SUSAN TOMI CHEEK | SENIOR PHOTOGRAPHER

APSU’s newly acquired Faculty and Alumni Art Gallery, which is still under construction, is located at 116 Strawberry Alley.

# Photographer Leibovitz on verge of losing life’s creative works



ASSOCIATED PRESS

American photographer Annie Leibovitz is in risk of losing copyright to her images.

*Associated Press*

NEW YORK (AP) — Annie Leibovitz’s artsy, provocative portraits of celebrities regularly grace the covers of Vanity Fair and Vogue, images that have made her as famous as her subjects and earned her millions.

Now Leibovitz risks losing

the copyright to the images — and her entire life’s work — if she doesn’t pay back a \$24 million loan by Tuesday, Sept. 8. Art Capital Group, a New York company that issues short-term loans against fine and decorative arts and real estate, sued her in late July for breach of contract.

“We have clear contractual rights and will protect them in any scenario,” said ACG spokesman Montieth Illingworth on Friday, Sept. 4. “Our preference is for this to be resolved.”

Leibovitz’s images of musicians, presidents and Hollywood glitterati are cultural touchstones. One of her earliest photos is of John Lennon curled up naked in a fetal position with Yoko Ono, taken just hours before he was assassinated in 1980. So to many, her decision to gamble the rights to her work seems inexplicable. “Jaw-dropping,” Stern said.

Last year, Leibovitz put up her homes and the copyright to every picture she has ever taken — or will take — as collateral to secure the loan to pay off her mounting debt: unpaid bills, mortgage payments and tax liens, ACG said.

While no one has suggested publicly how Leibovitz got into such desperate financial straits, the mortgage debt on all her properties — including the townhouses in Greenwich Village and a sprawling estate in Rhinebeck, N.Y. — totaled about \$15 million. This includes the \$1.2 million loan she took out on two of the townhouses, and another \$2.2 million three years later, according to New York magazine.

In addition to her mortgages, court records show that she piled up years of federal, state and city liens and judgments from vendors for unpaid bills — all

presumably now satisfied with the \$24 million she borrowed. Federal records show that Leibovitz owed a total of \$2.1 million in unpaid taxes for tax years 2004, 2006 and 2007. She also had New York state tax liens of \$247,980 for six years, including \$135,915 in 2007. And she owed New York City several thousand dollars for three years.

Art Capital Group, which consolidated all her loans in September 2008, charged in its lawsuit that Leibovitz breached the contract by refusing to allow real estate experts into her homes to appraise their value and by blocking ACG from selling her photographs. ACG has estimated the value of the Leibovitz portfolio at \$40 million; real estate brokers say her New York properties are worth about \$40 million.

Manhattan luxury real estate broker Leonard Steinberg of Prudential

Douglas Elliman estimated the two Greenwich Village townhouses would be worth \$14 million to \$18 million in today’s market.

ACG, with art gallery-like offices on Madison Avenue, is in effect a high-end pawn shop and just like pawn shops, is just as happy to see a default, according to art and money experts.

Under the sales agreement with Leibovitz, Illingworth said, the company would get 10 percent commission on the sale of Leibovitz’ real estate and 15 percent on the sale of her portfolio. Leibovitz would get the remainder after paying off the \$24 million loan, interest and other fees, he said. If she defaults, the company would get a net 12 percent commission, after paying approximately 13 percent for costs and fees.

A meticulous and demanding artist designated a “Living Legend” by the

Library of Congress, Leibovitz makes her photo shoots lavish, sometimes theatrical affairs.

Her financial problems escalated in 2003, during the renovation of her Greenwich Village townhouses. A neighbor sued her for \$15 million after a common wall between their buildings was damaged. Leibovitz eventually settled by buying the neighbor’s property for \$1.9 million.

Silverman, a past president of the New York State Bar Association bankruptcy committee, is not familiar with Leibovitz’s case. But he said a bankruptcy reorganization filing would give her control of what assets need to be sold and which to keep.

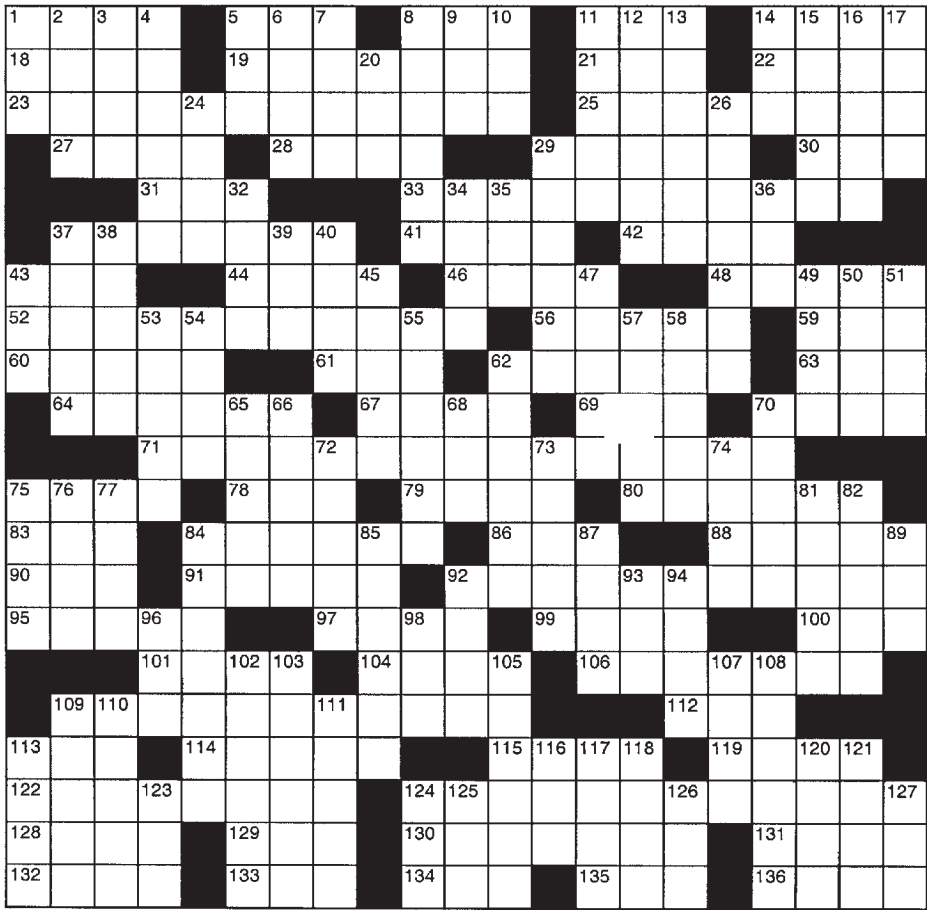
“It would allow her to decide the manner and method of the disposition,” he said. ♦



## Super Crossword

POETIC  
PEOPLE

- ACROSS**
- 1 Gravy vessel  
5 Lord of the ring?  
8 School subject  
11 Energy  
14 Early bird's reward  
18 Competent  
19 Land mass  
21 Epoch  
22 Field of study  
23 Prime-time cartoon character  
25 Speed  
27 Discern  
28 Fill to the gills  
29 Rug material  
30 W. Hemisphere grp.  
31 Lend an — (listen)  
33 "Cheers" actress  
37 Marvels  
41 "Star Trek" navigator  
42 Novelist  
43 — -Magnon  
44 Late-night name  
46 Limber with language  
48 Proclamation  
52 "In the Heat of the Night" role  
56 Grant and Elwes
- 59 Muckraker  
60 Actress  
61 Schoolboy's shot  
62 "Friends," e.g.  
63 NASA  
64 Marley's music  
67 Blind part  
69 Common  
70 Egg on  
71 Gary  
75 Pacific archipelago  
78 Stain  
79 To be, to  
80 Muzzles  
83 Hosp. area  
84 Snow  
86 Bach's "Bist du bei —"  
88 Civil Rights org.  
90 "I kid you —"  
91 John of "The Addams Family"  
92 '37 Masters Tournament winner  
95 Mournful sound  
97 Granola fruit  
99 Challenge
- 100 RN's specialty  
101 Spanish-American coin  
104 Shape  
106 Hung loosely  
109 TV pioneer  
112 Mintz or Whitney  
113 Offense  
114 A Ford  
115 Cinderella's soiree  
119 Gymnast  
122 Charm  
124 "The Pink Panther" director  
128 Prayer finale  
129 Pub potable  
130 — cuff  
131 James of "Rollerball"  
132 Moreno or Hayworth  
133 Take-home  
134 What a feller needs  
135 — Day Now" ('62 hit)  
136 Rotund wrestling?
- DOWN**
- 1 Humbug lead-in  
2 Bassoon relative  
3 Charity  
4 Home on the range?  
5 Loser to DDE  
6 San — Obispo, CA  
7 Cookbook author  
8 Evaluate  
9 "Blame It on —" ('84 film)  
10 Catch some rays  
11 Problem for Pauline  
12 Pencil end  
13 Tropical treat  
14 Gum gob  
15 Sky stalker  
16 Price — twice  
17 Giants Hall-of-Famer  
20 Intelligent  
24 Author  
26 Malady  
29 Channel  
32 Bagel or bialy  
34 Warm embraces  
35 Pipe connection  
36 Unmatched  
37 Earlier  
38 Mezzo  
39 Encountered  
40 Impudent one  
43 Eckerd competitor  
45 Stout  
47 Uncovered  
49 Bridge support  
50 Drain problem  
51 Little guy  
53 Tenor  
54 Emilia's husband  
55 "Petrushka," for one  
57 Annoys  
58 Neighbor of Oman  
62 Tempestuous  
65 Llama turf  
66 "Aida" setting  
68 Cover girl  
70 Ordinary  
72 Foul-smelling  
73 Yankovic descriptive  
74 Completed  
75 Informer  
76 Computer image  
77 Burlap fiber  
81 Sample the soufle  
82 Negative one?  
84 Honors  
85 Kind of paint  
87 Highway  
89 MBNA competitor  
92 Class ring?  
93 New Deal agcy.  
94 Hawaii's state bird  
96 Cholesterol letters  
98 Rocky hill  
102 Basketball's Dennis  
103 Store sign  
105 Cross words?  
107 Be happy  
108 Fragrant flowers  
109 TV's "— Vice"  
110 Small bay  
111 Stephen Vincent —  
113 Night light?  
116 Alias initials  
117 "— smile be your . . ."  
118 Spinks or Trotsky  
120 Writer  
121 Shirley Ann  
121 Leading man?  
123 — nutshell  
124 Bikini part  
125 Deli delicacy  
126 Word with cell or spell  
127 — Cat (winter vehicle)



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## Weekly SUDOKU

by Linda Thistle

	8				4	5		
6				7	5			2
7		3	6				4	
5				8		6		
		2	9				5	1
	4				7	8		
		5		9				4
1			3			2		
	2			5	1		9	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging  
★★★ HOO BOY!

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## GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult  
★★★ GO FIGURE!

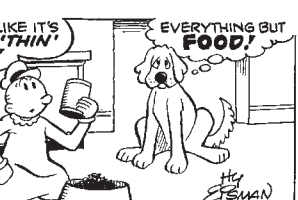
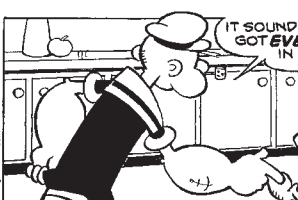
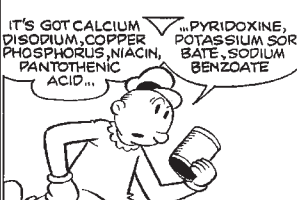
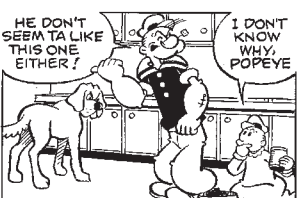
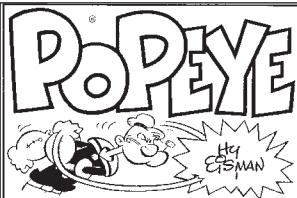
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	+		x		11
15		4		21	

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## Go Figure!

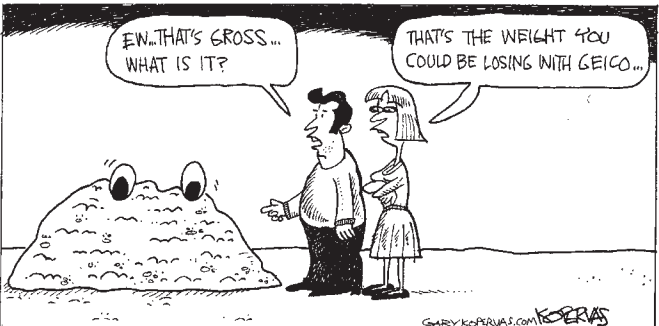
8-31-09 Answers

1	x	9	+	8	17
+		—		÷	
7	x	6	÷	2	21
+		x		+	
9	—	5	x	4	16
17		15		8	



## Out on a Limb

by Gary Kopervas



AREN'T YOU GLAD  
GEICO ISN'T IN THE  
WEIGHT LOSS  
BUSINESS?

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## Weekly SUDOKU

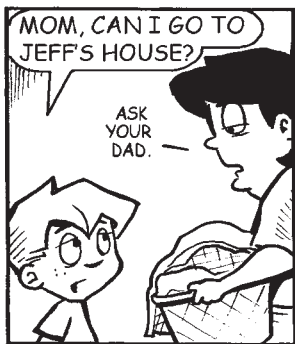
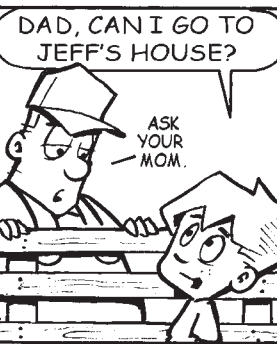
8-31-09 Answers

8	7	2	6	4	5	3	1	9
6	9	5	3	1	7	4	2	8
4	1	3	8	9	2	5	7	6
7	3	9	4	5	6	2	8	1
1	5	6	9	2	8	7	3	4
2	4	8	1	7	3	9	6	5
3	6	7	5	8	4	1	9	2
5	8	1	2	3	9	6	4	7
9	2	4	7	6	1	8	5	3



## Amber Waves

by Dave T. Phipps



## Super Crossword

8-31-09 Answers

B	O	A	T		A	L	I		A	R	T		P	E	P		W	O	R	M	
A	B	L	E		E	U	R	A	S	I	A		E	R	A		A	R	E	A	
H	O	M	E	R	S	I	M	P	S	O	N		R	A	P	I	D	I	T	Y	
	E	S	P	Y		S	A	T	E			S	I	S	A	L		O	A	S	
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	P	H	E	N	O	M	S			S	U	L	U		R	A	N	D			
C	R	O			L	E	N	O		G	L	I	B			E	D	I	C	T	
V	I	R	G	I	L	T	I	B	B	S		C	A	R	Y	S		B	L	Y	
S	O	N	I	A			P	E	A		S	E	R	I	E	S		A	O	K	
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F	I	J	I		D	Y	E		E	T	R	E		S	N	O	U	T	S		
I	C	U		S	E	P	T	E	T		M	I	R			N	A	A	C	P	
N	O	T		A	S	T	I	N		B	Y	R	O	N	N	E	L	S	O	N	
K	N	E	L	L			D	A	T	E		D	A	R	E			T	L	C	
			D	U	R	O		M	O	L	D		D	A	N	G	L	E	D		
	M	I	L	T	O	N	B	E	R	L	E				E	L	I				
S	I	N		E	D	S	E	L			B	A	L	L		O	L	G	A		
T	A	L	I	S	M	A	N			B	L	A	K	E	E	D	W	A	R	D	S
A	M	E	N		A	L	E			R	O	T	A	T	O	R		C	A	A	N
R	I	T	A		N	E	T			A	X	E		A	N	Y		S	U	M	O



# Govs celebrate opening day



LOIS JONES | SENIOR PHOTOGRAPHER

Left: Ft. Campbell's 101st Airborne dropped three soldiers onto the field by parachute to deliver the game ball to APSU President Tim Hall at the season opening game at APSU, on Saturday, Sept. 5.

Top: Craig Candeto, graduate sstant working with the offense, chest bumps Trent Caffee after a completed pass into the end zone for a touchdown. Darryl Miller (1) and Tremayne Townsend (21) celebrate as well.

Bottom: SGA Vice President Kenny Kennedy runs the flag at the opening game Saturday, Sept. 5.

## Govs fall in Golden Eagles finale, 1-3



FILE PHOTO

Senior Stephanie Champine leaps for the kill. Champine led the Lady Govs with 18 kills in the lost against the Marquette Golden Eagles.

### APSU Sports Information

APSU's volleyball team relied on consistent hitting to win its first three matches at the Marquette Invitational, but ran into the blocking of host Marquette and fell, 3-1 (18-25, 25-21, 25-20, 25-19), in the tournament finale, Saturday night.

APSU (4-3) had more or less cruised in its first three matches of the tournament and had committed no more than six errors in its first 11 sets in Milwaukee. The Lady Govs ran that streak to 12 sets with just five errors in the opening set against Marquette, while posting 17 kills en route to a 25-18 victory.

However, Marquette (6-1) ramped up its front-row defense the rest of the match and the APSU hitting numbers took a beating. The Golden Eagles posted four blocks in the second set and

forced 10 APSU attack errors to win 25-21. Marquette's pressure slackened in the third set, recording only two blocks, but APSU committed a tournament-high 11 attack errors to help the hosts in a 25-19 loss.

The fourth set saw both teams display their blocking prowess as each club finished the set with four blocks. However, Marquette had just five attack errors against the Lady Govs eight miscues to eke out a 25-20 win.

"Marquette played their best match of the tournament in front of their home crowd tonight," said Lady Govs head coach Mike Johnson. "We came out and fought to the bitter end tonight. I'm proud of the way this team represented itself this weekend."

Senior outside hitter Stephanie Champine and senior opposite hitter Kirstin Distler were each named to

the all-tournament squad. Champine led the Lady Govs with 18 kills and a .279 attack percentage in the tournament finale and finished with 49 kills overall. Distler had 11 kills and 12 digs for her third double-double of the tournament. She finished her Milwaukee stay with 46 kills and an impressive .360 attack percentage.

"This team is realizing how good we can be," Johnson said. "Our performance in this tournament was gritty and we got superb performances both offensively and defensively across the board. Kirstin had a coming out party here; her play was above and beyond."

APSU returns to action at the Chattanooga Challenge, Sept. 11 and 12, where they will meet Chattanooga, Loyola-Chicago and SIU Edwardsville. ♦

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APSU FOOTBALL

# Holt, White rush Newberry off the field



LOIS JONES | SENIOR PHOTOGRAPHER

Terrence Holt crosses the goal line in one of two touchdowns he scored during the game. Holt gained 288 all-purpose yards with 152 rushing yards and 120 kick return yards in the 34-23 win against Newberry Saturday, Sept. 5.

By **ANTHONY SHINGLER**  
*Assistant Sports Editor*

With a senior loaded team, the APSU Governors football team led a the two-headed rushing attack the night of Saturday, Sept. 5, in a 34-23 win over Newberry College to open their campaign.

“The game plan revolves around our running game,” APSU head coach Rick Christophel said.

APSU outrushed Newberry 371 to 114, led by Ryan White’s career-high 210 yards on 23 carries. Terrence Holt showed why he is so dangerous, contributing 288 all-purpose yards (152 yards rushing two touchdowns, 120 kick return

yards and two yards on a punt return).

“From the get-go we knew they were a blitzing team, and we knew if we got past the eight-man box we knew it was a homerun,” Ryan White said.

When asked about his career-high night, White said, “Being small you have to be determined, and breaking tackles is what I have to do.”

As the running game was clicking in all ways, APSU’s defense kept up the intensity, shutting down the Newberry running game, allowing only 114 yards and forcing two fumbles, including one on the first play of scrimmage, which was taken back for a touchdown for APSU by

senior linebacker Kit Hartfield.

The senior-led defense which plugged the run saw Newberry’s quarterback Brandon Gantt light up the numbers passing for the second straight week with 335 yards on 35 completions on 47 attempts and one touchdown.

“I hope [we will keep the intensity up], it is tough every week to keep that intensity but if we can keep that intensity every week and go about our business we will be in good shape,” Christophel said.

The APSU offense did just as well as the defense, scoring on their first drive from scrimmage on a 20-yard field goal from freshman kicker Stephen Stansell to push the lead to 10-3 at the end

of the first quarter.

After a three-and-out by Newberry, APSU took over with 13:09 left in the first half, moving the ball down the field with another heavy dosage of the White-Holt combo that resulted in Holt’s first touchdown of the season and a 17-3 lead at half.

To open the second half, Newberry cut the lead to 10 with a field and again APSU answered with a field goal of their own from 29 yards out by Stansell to lead 20-10. With a turnover by APSU, Newberry would score to cut the lead 20-17 heading into the fourth quarter.

From there APSU took control with a 75-yard touchdown by Holt. After Newberry answered

Holt’s scamper APSU again would strike on a 25-yard pass from Trent Caffee that found Darryl Miller in the corner of the end zone for the touchdown that secured the win.

After this win to start the seasons campaign, APSU will have to travel to Ohio next week to face a physical Youngstown State team.

“They are a big physical football team I know that and we need to play a physical football when we go up there, if we cant take advantage of the things were doing,” Christophel said.

“They played Pittsburgh today; hopefully we can have a chance to get in the fourth quarter to win the football game.” ♦

# APSU, Pine Bluff struggle offensively in no-score tie



LOIS JONES | SENIOR PHOTOGRAPHER

APSU midfielder Michelle Johnson struggles for possession with Arkansas-Pine Bluff midfielder Erika Forbes. APSU played Arkansas-Pine Bluff 7 pm Friday night, September 4 at Morgan Brothers soccer field. The game went into overtime ending in a no score tie.

By **JORDON CHAFFIN**  
*Guest Writer*

The Lady Govs soccer team held their second home game Friday, Sept. 4, at Morgan Brothers’ Soccer Field, against the Golden Lions of University of Arkansas-Pine Bluff. After 90 minutes of regulation play and two 10-minute overtime periods, the game ended in a score of 0-0.

From the time the whistle blew to begin the match until the end of the second overtime, the match was extremely physical. Both teams committed double-digit fouls; the Lady Govs committed ten and Arkansas-Pine Bluff were

charged with 11, however there were no bookings throughout the match.

The Lady Govs came close to getting on the board on a free kick from Danielle Roos that hit the cross bar, came down and was deflected out-of-bounds by the Arkansas-Pine Bluff goal keeper.

The Lady Govs dominated the offense category, taking 17 shots and placing six on goal, while Arkansas-Pine Bluff took four shots. Both teams conceded three corners; however, neither team conceded a penalty kick.

Arkansas-Pine Bluff had few opportunities but

one of their chances came midway through the second half. After a Lady Gov shot sailed high, Arkansas-Pine Bluff’s goal keeper served a goal kick into the defense. Arkansas-Pine Bluff sent a ball through the middle of the defense to one of the forwards of Arkansas-Pine Bluff but was met by Lady Govs keeper Mackenzie Ladd, who emerged with the ball.

Neither team managed any production in the first overtime. In the second overtime, however, the Lady Govs had two chances they came out on the short end of. Roos’ shot in the 117 minute went high and

junior Monica Dunham’s attempt off a corner sailed just wide off the post.

When asked about the game, Lady Govs coach Kelly Guth said it was “a step in the right direction.”

“I commend the effort tonight, because it seemed like we had a fire in us. Trying to go after the win, just unfortunately couldn’t find the back of the net.”

The Lady Govs will continue their season next Friday, Sept. 11, as they carry their 1-3-1 record down to Tampa to face the Bulls of the University of South Florida. Their next home game is Friday, Sept. 18, against MTSU. ♦

## APSU SOCCER SCHEDULE



LOIS JONES | SENIOR PHOTOGRAPHER

APSU midfielder, Samantha Northrup, traps the ball and takes possession for the Govs.

Sept. 11	South Florida
Sept. 13	Florida Gulf Coast
Sept. 18*	Middle Tennessee
Sept. 20	Chattanooga
Sept. 25*	Morehead State
Sept. 27*	Eastern Kentucky
Oct. 2	Southeast Missouri
Oct. 4	Eastern Illinois
Oct. 9	Jacksonville State
Oct. 11	Tennessee Tech
Oct. 16*	SIU-Edwardsville
Oct. 23*	Murray State
Oct. 25*	Tennessee Martin

\* denotes home game