

The Austin State

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Maya Angelou visits campus for celebration

TANGEE REYES
CARINDA BASSO

Thousands of students and community members gathered to hear world renowned author Maya Angelou speak at the Student Government Association sponsored "An evening with Maya Angelou." Friday night on campus.

The evening kicked off with Voices of Triumph, an Austin Peay gospel group. They performed in honor of the event, singing songs and doing poetry.

Of the more than 6,000 tickets available, 51 were left unsold," said Cynthia

behind the stage.

Even with the large and sometimes noisy crowd, Angelou's message to "find a rainbow in the clouds" seemed to be heard loud and clear.

"Despite the fact that it was only an hour long, she was effective in getting across to everyone the message that the best kind of learning is that in which you discover yourself," said Brent Meredith, senior.

Angelou spread her message with the use of laughter, song and poetry. She read her own poetry as well as works of those she admires.

Angelou's visit was the culmination of the university's celebration of the birthday of slain civil rights leader Martin Luther King Jr.

She said it "was sad" that some have elevated King to the status of a "larger than life" icon because it is more difficult for people to believe they can emulate him.

She spent much of the evening reading the poetry of other African American poets, including Countee Cullen and Edna St. Vincent Mill-

lay.

The final two poems that she read were her own. Audience members laughed with her as she read the poems.

Many audience members, who are Angelou fans, felt that her poems "came to life" as they witnessed the author performing them.

"I wasn't really sure that I wanted to go see Maya because I had studied so much of her poetry before and I was kind of burnt out on it, but actually hearing her read turned my opinion around," said Jamie Grubbs, junior.

Angelou encouraged the audience to go to the library and read the work of the great poets to help educate themselves.

Many people felt that Angelou's lecture was short, but they also agreed she got her point across.

"I expected it to last longer, but that was okay because her exit showed that she was a true professional," said Heather Legg, junior. "She left you wanting more."



Maya Angelou, a famous author, poet and novelist speaks to a near-capacity crowd in the Winfield Dunn Center on campus last Friday night. Angelou read some poetry and spoke about finding a rainbow in the clouds. Her visit was sponsored by Austin Peay's Student Government Association. The event culminated campus activities in celebration of Martin Luther King Jr. Day.

(Photo by Andy Segelke)

University remembers King with events

Heather Guest
Jr. writer

Austin Peay celebrated the life of Dr. Martin Luther King Jr. in a series of events last day.

The activities were made possible by several organizations including the African American Cultural Center, MultiEthnic Series, Felix G. Woodard Library, African American Student Association, Student Government Association (SGA) and the men's Studies Program.

The day began with the first annual Martin Luther King Jr. memorial continental fair, held at the African American Cultural Center. Approximately 100 people joined



Dr. Martin Luther King Jr., a slain civil rights activist, was the focus of attention as campus observed MLK Day.

in the remembrance of King's work.

Some of the events occurring during the day were the first annual Martin Luther King Jr. book fair, which was conducted by Alkebu-lan Book Sellers, a pictorial display of King, video documentaries and a graffiti wall.

There also was a panel discussion titled "Prelude to a Phenomenal Woman: An Overview of Maya Angelou's Poetry and Prose." The panel discussion was held in preparation for a program with Maya Angelou, who spoke in the Winfield Dunn Center Friday evening.

A panel of five, including Mandice Popwell, english graduate student; Coretta Pittman, english graduate student; Jill

Eichhorn, professor of language and literature; Jacqueline Wade, African American Cultural Center; and Susan Calovini, Women's Studies Program. The panel presented summaries and invited discussions of seven of Maya Angelou's works.

Between events at the African American Cultural Center, students were given the opportunity to view the video film series "Eyes on the Prizes."

The remembrance of Martin Luther King Jr. can be continued throughout the month. Students may view the exhibit "We have a Dream: The Journey and Legacy of Martin Luther King Jr. 1929-1968" at the Felix G. Woodard Library through January.

1997: A year in review at Austin Peay State University



Bernard Randall, professor of philosophy and Faculty Senate president, explains the secret ballot process to the Senate before voting on a 'no confidence' resolution which passed 27-14 in October. In early December the Tennessee Board of Regents released their findings in a report which found no basis for the 'no confidence' vote.

(Photo by Andy Segelke)

Harvill Hall to be site for Enrichment Center

By Carinda Basso
assistant news editor

(April 23, 1997)—Harvill Hall is involved in a plan that is aimed at changing the focus of the hall.

With the development of the Council for Enrichment Programs, which is designed to strengthen the focus of liberal arts at Austin Peay, there is interest in the creation of an enrichment center.

This center is designed to allow students and professors to meet in an educational environment. Harvill Hall is being considered for that function.

"We are inviting the possibility of creating this opportunity for students involved in the Enrichment Programs," said Dr. Joe Filippio, professor of speech, communication and theater and a member of the CEP.

Students who are involved in any of these programs are being asked if they would consider living in Harvill Hall. If approved, the residence hall will have a new function beginning in the fall.

CEP includes the African American Cul-

tural Center, African American Studies, the Center for Creative Arts, Center for Field Studies, Distinguished Speakers Series, Environmental Education Center, the Heritage and Honors Programs, MultiEthnic and International Services, President's Emerging Leaders and Women's Studies.

Several of the programs in the Council for Enrichment Programs involve coursework that lies outside of the student studies. The enrichment center would allow guest speakers and center activities to be brought directly to those students who are involved with the particular programs.

"It's a place where students and professors can get together and benefit from being around each other," said Filippio.

One of the next steps involved in the decision process is to find a theme for fall 1997. This theme would assist in giving students a way of identifying with one another.

"We want them to be known as a group of one," said Filippio.

Filippio is hoping that within the next two weeks a decision can be made concerning a central theme. "It needs to promote something

within the mission of the university," said Filippio.

With this change, Harvill Hall would become a 12-month co-ed residence hall, with rooms for university guests.

"We're founding a foundation that would cut across this university," said Filippio.

Along with the changes in Harvill Hall, there are changes being made within the Council for Enrichment Programs.

MultiEthnic and International Services will begin providing greater publicity for students going abroad, along with combining to celebrate the different ethnic groups represented on campus.

There also has been interest in an Intensive English Program. International students who choose to attend Austin Peay must take a test called the TOEFL, Test of English as a Foreign Language. Some students may receive a low score, and this program will assist those students who need extra assistance in learning English.

For those students who are not in one of the Enrichment Programs, it is not too late to become involved.

Scholarship football comes to an end at APSU

By SCOTT HOSKINS
sports editor

(Jan. 15, 1997)—Austin Peay's tradition of scholarship football was delivered a death sentence at a press conference called on short notice at the end of last semester.

Austin Peay State University President Dr. Sal Rinella announced that Austin Peay would drop scholarship football and start playing NCAA Division I-AA non-scholarship football beginning with the 1997 season.

"Austin Peay State University has a long history in intercollegiate football," Rinella said.

"Our challenge as we approach reality is how is it that we best continue football at Austin Peay State University at a competitive level."

According to Rinella, the Tennessee Board of Regents sets a limit on the amount of dollars that each school can spend on intercollegiate athletics. Austin Peay is spending right up to the

amount that it can spend.

The only other way that schools can receive money is through gate receipts, game guarantees and gifts.

"As we look at our intercollegiate football program, especially the scholarship line, which is the most expensive line, we find that the scholarship line has historically been underfunded, right up until this season," Rinella said.

Since there is a cap on the amount each school can spend, APSU cannot transfer money to the football program.

The Austin Peay football program has not had a successful history over the last decade. Since 1988 Austin Peay football has achieved only 21 victories while suffering 78 setbacks.

"We have not been able to experience success with football," Rinella said. "One can speculate as to why."

One of the reasons given by Rinella is that Austin Peay is not able to spend as much money on football as other Ohio Valley

Conference schools. Austin Peay has one of the smallest football budgets in the conference.

"It's been my determination after talking with key members of the staff of Austin Peay and speaking with other presidents who are heads of other NCAA Division I non-scholarship schools that the best direction for Austin Peay... is into I-AA non-scholarship," said Rinella.

Rinella announced at the same press conference that Coach Roy Gregory would not return for the 1997 season.

Gregory, head football coach at Austin Peay since 1990, was given the option to take the newly created position of Associate Director of Marketing Promotions in Athletics.

As of press time, Gregory had not made a decision as to whether he would take the position.

Rinella went on to say that the assistant coaches' contracts, which expired on Dec. 30 would be extended until May 15, 1997 in order to give each assistant

coach an opportunity to find employment elsewhere.

Additionally, each assistant coach has teaching duties during the spring semester that must be fulfilled.

In regard to the returning players, Rinella stated that the university is under no obligation to continue to offer scholarships once the announcement has been made.

"We do not believe that that is the right thing to do," Rinella said.

"A student who came to Austin Peay State University with a guaranteed athletic scholarship will continue to get that scholarship as long as long as he continues to play football."

That means that a freshman who played football last season for Austin Peay can continue to receive a scholarship. For the remaining three years, should he elect to do so.

As far as funding other sports is concerned, Austin Peay will be

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1997 Homecoming Queen Nancy Washington is congratulated by Jeremy Faulk, former SGA president, after being crowned at halftime of the homecoming football game in October.

(Photo by Andy Segelke)

Spring break advice for the weary college student

Austin Peay students are notorious for making price the determining factor when planning their spring breaks.

Travel agents say researching your trip, as well as your travel company or agent, is the key to a no-stress vacation.

Last year, several local college and high school students were stranded in Mexico by agencies and tour operators that didn't keep their end of the bargain.

"Just because it sounds good, doesn't mean it is," warned Bill Winch, a student travel specialist for James Travel Points International in Boulder, Colo. He's urging students to research travel companies' reputations for standing behind their travel arrangements.

Some companies usually work through student representatives who blanket colleges with spring break travel brochures. Many students enamored by the bargain pricing, do not take the time to research the company.

Sometimes these companies will send out flyers and confirm travel arrangements before they have actually booked seating on planes. Some tour operators buy bulk seats on planes to get special rates but scramble at the last minute to accommodate overlooked flights.

Experts advise students to watch for trick advertising used to camouflage "add-ons," fees hidden between the lines. Be aware of out-of-pocket costs, such as travel taxes, departure taxes, price-increase dates and processing fees. Many flights, for example, are priced for East Coast departure, charging extra to leave from other airports.

When problems do arise, these companies are nowhere to be found, as some students discovered last March.

"They claim to have an office on location, but they never say where," said Winch of unreliable travel companies.

Winch, who has been in the business of student travel for more than 15 years, has heard hundreds of horror stories about students who

didn't research their trip.

Some of these unfortunate travelers spent more time moving in and out of hotels (as many as three in the course of a week) than they did on the beach. Others found that "breakfast included" meant a free coupon for a biscuit at a fast food restaurant, he said.

Watch for tricky wording, Winch added. "They claim to have airfare but never promise secured seating."

Not all of these companies are sketchy, but do your homework to have a worry-free vacation.

No matter what, the earlier you book, the better off you are. Travel agents advise students to book before Christmas to avoid possible problems. You'll have your choice of destinations, and find the best bargains, and you might be able to pay your bill in installments.

If you've been too busy in previous years to go on a spring break trip, this might be a good winter to head elsewhere. Here's a head start on the hottest places to go this year.

The No. 1 destination this year will likely be Cancun, Mexico. Cancun is known for its beautiful climate, reasonable prices and organized activities for spring breakers.

"Cancun is gorgeous and everything is moderately priced," said Shane Burbach, a teacher in Denver. "The hotel I stayed at had it all, even free bike rentals and volleyball tournaments."

Cancun caters to the tourists with a night life that shuts its doors and a beach full of hotels and shops where you can barter with the local merchants.

Another popular destination in Mexico is Mazatlan. Not as Americanized as Cancun but also less expensive, Mazatlan is known for its beaches. For music and disco-dancing fans the highlight of the trip will be a dazzling disco club, the dance floor of which juts out over the ocean.

The third most popular spring break vacation spot is Jamaica.

Jessica Lavender, a Colorado University student who traveled to Jamaica, said, "We decided to rent a house to get away from the typical hotel. We had more space and privacy. We were much more of the island than our friends who spent their time in and around the hotel in Montego Bay."

The cities offer exciting attractions, like carnivals every night and many dance clubs and shops.

For the vacationers trying to avoid the spring break extortion, there are other options guaranteed to offer fun in the sun at an affordable price. These included Puerto Vallarta, Cabo San Lucas and Padre Island. While these places may not cater quite as much to the college students, there is still plenty to do, such as scuba diving, parasailing and bike-riding.

If airfare and airports is something you want to avoid, drive down to South Padre Island in Texas.

Other experienced travelers recommend the Caribbean. "Scuba diving in the waters of the Caribbean is incredible," said Stakes, president of Steeprock Builders in Boulder.

Besides the underwater activities along the coral reef, there are many inland adventures into the untamed rain forests and dramatic waterfalls.

Mary Kukral, travel manager for Rocky Mountain Driving and Boulder Scuba Tours, suggests travelers check out the Pacific because summer there occurs during our winter months.

This area offers several diverse countries, including Australia, New Guinea, Fiji and the Kingdom of Tonga.

"Traveling to these countries is a different kind of experience," Kukral said. "It's not that much farther, and it doesn't cost much more than your typical vacation destinations."

Austin Peay scholarship football ends

Continued from page 1

able to fund women's sports on a more equal footing with men's sports.

Part of this results from the Title IX ruling that states women's sports must have the same number as men's sports, as well as equal funding.

Rinella is interested in soccer as a possible sport. "My interest first and foremost in that area is to start off with a women's soccer team."

Austin Peay must petition the Ohio Valley Conference for a ruling that allows the school to run football, but continue in the conference in other sports.

Two years ago, Morehead State University successfully petitioned the OVC for the identical move that APSU seeks.

In order to do this, Austin Peay will have to pay double the fees to be members of the OVC, which results in an additional \$26,000 a year to the university.

1997: A year in review—continued

State cuts \$1 million from 97-98 budget

By CARINDA BASSO
and KELLY WILKERSON

(March 19, 1997)—Austin Peay is in the process of planning the 1997-98 budget after recent projected cuts to higher education in the state of Tennessee.

The Tennessee Legislature is cutting money from the higher education budget due to sales tax revenues which have fallen below projection. Over \$40 million is being cut from the Tennessee Board of Regents, TBR, schools.

According to Carol Kominski, director of Institutional Planning and Analysis, Austin Peay is cutting \$1,121,500. According to Kominski, the Strategic Long Range Planning Committee (SLRPC) made an alternative recommendation that every division cut back a certain percentage. Each division is cutting back 3%.

All division heads, including the president, the vice-presidents for Academic Affairs, Finance and Administration,

Student Affairs, Development and University Relations and the athletics director is currently working to determine what cuts should be made.

After the cuts are decided on, the President's cabinet will meet to discuss what impact the cuts will have.

"What we're looking at now are ways to avoid negatively impacting the integrity of the academic programs," said Dr. Steven Pontius, vice president for academic affairs.

The cuts were made proportional to each TBR school and were based on the size of the university. Until the state legislature has made their final decision, Austin Peay, along with other TBR schools, will have to cut the budget based on unstable figures.

"We have to respond to what was proposed in the budget, but we won't know exactly what the cut will be or how large until the state legislature has completed its final session," said Pontius.

Several items of jewelry have been turned in to Campus Police. If you have lost any, please contact them at 572-7786.

Peay Briefs

Intramural basketball leagues beginning

Rosters are available for men's open, women's and men's under-6 basketball leagues. There will be a captain's meeting on Wednesday, Jan. 21 at 6 p.m., in room 107 of the intramural complex. Please bring forfeit fee receipts to meeting.

There will be a Jambooree on Monday, Jan. 26 at 6 p.m. For more information, contact Intramural Recreation at 7564.

Schick Super Hoops tournament planned

The Schick Super Hoops three on three basketball tournament will begin on Jan. 23 through Jan. 25. There are men's and women's divisions with prizes from Schick. Winners will advance to regional championships.

Registration will be held Friday, Jan. 23, from 5 p.m. to 6:30 p.m. The games begin at 6 p.m. For more information contact intramural recreation at 7564.

Gay/Lesbian/Bisexual Student group to meet

The gay/lesbian/bisexual student group will meet in the University Center faculty lounge on Thursday, Jan. 22 at 5:30 p.m. All students are welcome to attend.

Aerobics interest meeting held today

There will be an aerobics interest meeting today at 4:30 p.m. in the aerobics room of the intramural complex. For more information contact intramurals at 7564.

NBS meeting

National Broadcast Society will be holding a meeting on Thursday, Jan. 22 at 3:30 p.m. in the conference room of the mass communication building.

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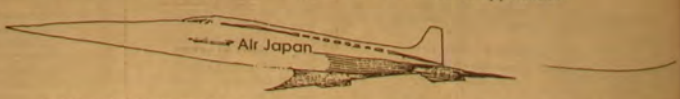
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DON'T LET COST STAND IN YOUR WAY, IF YOU INTERESTED



In late November of 1997, a member of the Austin Peay community decided to add a little Mickey to the life of the campus by decorating the Browning clock tower with large Mickey Mouse.

(Photo by Andy Segal)

Austin Peay's Fall Semester In Japan Program

Diana: Who Cares!

By
LANE
CRAWLEY
opinion writer

Is anyone else as sick and tired of hearing about Princess Diana as I am? Every time I turn on the TV I see Diana plates, Diana stamps, Diana brand perfumes. There's a Princess Diana memorial fund, Princess Diana checks and books, there is even Princess Diana collectible cheese.

I was coming back from a football game when I heard the news. "Wow! This is history," I thought. It always is when someone who has been on TV a lot dies. Even my grandmother cried. Don't get me wrong. I'm sorry she's dead. I wouldn't wish anything on her, but enough already!!!!

I would like to get my hands on the paparazzi though. Not because I want revenge for Diana's death, but more because I want revenge for having to HEAR about Diana's death just because they were trying to take some snapshots. And here is the root of the problem: We'll never hear the end of it.

"Why is her death so significant anyway?" I've asked some people.

"Because she was so wonderful, she did a lot of charity work you know." Yeah, well, so did Mother Teresa. Who ever gave more of herself than her? She died the same week as Diana and nobody's putting out collector's plates with her picture on it, or charging admission to view her grave site.

"Because she walked among her people," said one magazine. How kind of her to mingle with those of us who were NOT brought up in a castle. Truthfully, had she refused to socialize with anyone having less than she did, she wouldn't have had a lot of people to talk to.

Call me arrogant, but I don't think that mingling with others who have less money than you makes you such an extraordinary person. If this were true, then everyone in Clarksville should have a shrine set up in their name for dealing with us college

students. Most of us are as broke as Austin Peay resident assistants, we all know that. We sell plasma, we wash and save sandwich bags, we steal ketchup and napkins from McDonald's. Any money we spend typically comes from 4-5 years worth of student loans.

I suppose the view of the standard journalist is that God wove her of better linen than the rest of us. Mom always used to tell me that nobody was better than anyone else until their character made them so.

Which brings me to another point, how many Brits was Diana schmoozing around with? I hope no one is making a case for her continuous and ceaseless memory based upon her "character," because that case is shaky.

"She had a hard life, with all the press." Hey, so has Kathy Lee Gifford. Who hasn't heard about the bedroom exploits of husband Frank, or the sweat shops that crank out her clothing line available at a K-Mart near you. She probably had little to do with either one, except that they both carried her name.

I have not yet heard the real reason for these never-ending tributes, which would go something like "she was an icon" or maybe "she was a princess, and she wasn't a bad looking one either."

The bottom line is that this whole carnival surrounding her death has gone too far. And the only reason it has gone anywhere is because New York reporters thought Diana was a famous babe—which, I might add, accounts for a lot of our news.

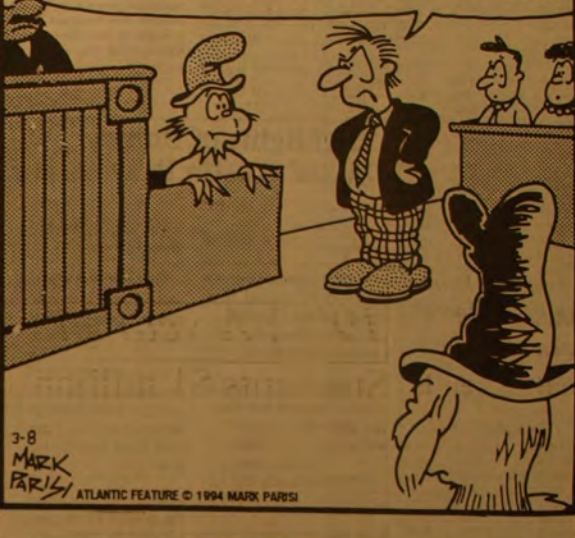
Examples? How about Jon Benet Ramsey, the little model girl who was murdered. It didn't leave print for weeks. Now the little tyke hadn't done any charity work, she simply walked the stage a few times in those kiddie beauty pageants into which parents sporadically fling their children. Had she lived in a trailer, no one would have cared.

So enough of Diana, I've mentioned her name too many times in this article alone. It's over, she's dead. So let her lay and leave me alone.

off the mark

by Mark Parisi

DID YOU, OR DID YOU NOT, KNOWINGLY POISON MY CLIENT BY PRACTICALLY FORCE FEEDING HIM HAM AND EGGS SO ROTTEN THEY ACTUALLY TURNED GREEN?



Policing the police?

By
CHARLIE
PATTEN
opinion writer

Policing the police?

This nothing new. It seems that every so often we hear stories of someone getting killed, assaulted or treated without "respect" while in the custody of the police.

There are usually protests and calls for more action on how the police operate.

Recently in Knoxville this all happened again, according to the *Knoxville News Sentinel*, Friday, Jan. 9, Andre Stenson died after a scuffle with police officers.

Stenson, on parole for burglary conviction, in the third black man in eight months to die during a confrontation with Knoxville police officers. It was reported that police stopped Stenson for driving without his headlights on. After telling officers that he didn't have his driver's license, he then ran to a nearby field where, after the struggle, he was arrested.

An autopsy revealed that he had a congenital heart defect and the exertion of the struggle caused him to have a heart attack. A subsequent rally at the First Baptist Church led to calls for a citizens' police review board. A petition was signed requesting that the initiative be put on a referendum ballot. The people at the rally were noticeably angry. Mayor Victor Ashe was even booed as he offered condolences.

Well excuse me, but what were the officers supposed to do, just let him run? According to the reports Mr. Stenson had not had a valid driver's license for more than eight years. If he was afraid of getting arrested then he shouldn't have been out driving in the first place. Sorry, but that's the law.

Also, when you run from the police you are fleeing arrest, and the are going to chase you. They didn't know he had a heart condition. They only knew that someone was violating the law and it was their job to bring him in. The fact that he was black was irrelevant.

I've had some run-ins with the law (three speeding tickets) and on each occasion, I wanted to run but I knew that I couldn't. I knew that if I did, I would get caught, arrested, go to jail, and later have to face the wrath of my father. If you let this situation escalate, it will usually get ugly.

The police have no tolerance for evasion and resisting arrest, and rightly so. That is why I didn't run. In Stenson's case he should have known better than to drive without a license, not to mention running from the police.

The officers involved with the arrest have had complaints filed against them before. The complaints range from harassment to physical abuse and after internal investigations they were cleared.

What does this mean? There is definitely something wrong when police departments are getting overloaded with petty grievances. Now I realize that sometimes people have legitimate reasons to file a complaint. A lot of them, though, are pretty ridiculous. One officer had a harassment charge filed against him when he gave someone a ticket twice in the same day for driving without a license. After an investigation it was declared that he was justified in giving the second ticket. Of course he was justified! If you don't have a driver's license you walk. If you got caught once you should have the good sense not to do it again.

How is enforcing the law harassment? As Rush Limbaugh said, it is getting to the point where we are putting cops on the defensive. We are constantly telling them what not to do. These people put their lives on the line for us every day.

Yet there are still some people who do not appreciate the job the police do. I tend to take this personally, because my uncle is a police officer in my hometown. I've heard his stories and I know the stress that is involved.

The police aren't out to get anyone. They are out doing the thankless job of keeping our cities safe. By putting more and more restrictions on how they do their jobs, it will not only make what they do more difficult, but it could have a ripple effect that may lead to a weakening of our criminal justice system.

I don't want anyone to think that I am advocating police brutality. It is indeed sad when someone dies while in the custody of the police. I would be willing to bet that the officers who arrested Andre Stenson felt terrible when they heard of his death.

The real tragedy, however, is that he brought it upon himself. We don't need to restrict the police anymore than they are. We just need to let them do their jobs without the scrutiny that they are always under.

Lessons learned on life without a Ph. D

By
JOSHUA
ROBERT
JONES
guest columnist

Let me first begin by telling you my personal feelings on people who feel that one must be schooled to be educated or wise; they are fools. I have never once allowed my schooling to stand in the way of my education. I have only allowed my ambitions to stand in the way of my dreams.

I am only a fool-turned-philosopher because of an event that happened in my life not so long ago. My wife left me because I was neglectful in loving her and harmful with my words. I never thought that divorce was possible for us because we had stood before our family and God and promised our lives to each other.

If she would have stayed, however, I might not have learned as much about the great lessons of love. It has been said that true wisdom is only gained through physical or emotional pain. While I have surely gained my wisdom through emotional pain, I do not feel that it must be experienced by others for them to gain it.

My wish is that you will be able to take some of the lessons I have learned and take them to heart.

The one principle that is absolutely required for a healthy relationship is complete and total honesty.

It is an essential part of our character. When I was married, I had questionable morals and even less integrity. I cheated on my wife. I thought it did not hurt her because she never knew. But even though she did not know about it, I knew, and it affected my character. It made me want to change, to improve myself so that I would be good enough for my wife.

I wanted to be the perfect husband, but I couldn't be, because the perfect husband is always honest and I was not.

This caused me to be even more unhappy, which led to the gradual destruction of our relationship. If we truly want a complete relationship, we must always examine our motives and ask ourselves not only is this going to hurt them, but is this going to hurt me.

The lessons of Christianity are of immeasurable wisdom, even if you choose to reject the concept of the living God. The 13th chapter of 1 Corinthians gives a clear-cut definition of love: "Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self-seeking, it is not easily angered, it keeps no records of wrongs. Love does not delight in evil but rejoices in the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails."

Webster defines love as "a powerful emotion felt for another person manifesting itself in deep affection, devotion and/or sexual desire. I contend that the truest love is the love manifested in devotion. When it comes down to it, as far as marriage is con-

cerned, love is simply the promise to endure all the hardships of the relationship.

The ability to keep our promises adds to and does not take away from the human experience. In our society, we often measure our worth by what we have instead of what we give to others. But the true value of a person at their death is not determined by the temporal things left behind, such as wealth and property. The true value of a person at their death is measured by the lessons and memories left to live on in the minds of their survivors.

I have learned that anything can be fixed and a marriage is never better off ending. With indulgence comes pain, but with patience comes reward. Get your lessons where you can, but it is always better for you to learn from someone else's pain than to experience it yourself.

The attempt to reinvent ourselves is often preceded by disappointment. I have experienced this lesson. After my wife left me, I tried my hardest to understand the logic behind our lives. It was so simple, really. She was lonely and neglected that when someone came along who filled her needs, she left.

While there were plenty of causative factors on my behalf, the disintegration of the "romantic love" in our marriage can only be blamed on a lack of communication.

There is always a simple solution for these kinds of things. People waste

great amounts of time and effort looking in the past and asking themselves what they should have done. I believe that we are better off looking at the future and asking ourselves what we should be doing.

I am a man who loves children and animals. I care about the world and I am concerned when people give up on themselves. I repay hate with love, and cry tears of sorrow when someone I love hurts because of me.

I am a simple man. I want only to bring myself joy by causing happiness in others. Accept me and I will accept you. Score me and I will forgive you. Simple feelings from a simple heart. Can you define yourself as well?

As humans, we are not born knowing how to treat people. The Golden Rule says "do unto others as you would have them do unto you." This works with most human relationships, with the exception of intimate ones. There are things that must be done in order for someone to feel loved and these things are different for each individual.

It all goes back to communication. You have to be able to communicate your needs to the one you love. If you can't "do it," then you are headed for disaster. It is the reason I am now left with out the relationship I truly want and the love I desperately need.

There is a phrase that I like to quote: "If you don't know where you are going, you will never get there." I hope that you gained something from reading my thoughts. There is still much more to learn about life and love that is undiscovered.

The All State

Austin Peay State University's official weekly student newspaper

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Features Editor
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Sports Editor
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Sports Briefs

Austin Peay "buddy tickets" are available throughout the basketball season. Any APSU student with a valid ID may purchase up to four extra tickets in the general admission seating section of the Dunn Center for \$3 each. These tickets may not be purchased in advance, but only at the door on game day. Students who purchase these tickets will be able to sit in the general admission area with their guests.

The Lady Govs' basketball home games can now be heard on Austin Peay's Magic 91.7 FM, with announcers Chad Setzer and Matt Crossman. The next broadcast will be tonight at 7 p.m. when the Lady Govs face Belmont University.

There will be a pre-game dinner to celebrate the retirement of Bubba Wells' jersey tomorrow in the UC ballroom at 5:30 p.m. Tickets are available through the ticket office (648-7761).

Austin Peay sports this week

Men's basketball
1/22—Murray State,
7 p.m.
1/24—UT-Martin,
7:45 p.m.
1/27—Eastern Illinois,
7 p.m.

Women's basketball
1/21—Belmont, 7 p.m.
1/24—UT-Martin,
5:45 p.m.
1/26—Murray State,
7 p.m.

Rifle
1/24—Newkirk Invitational,
Cookeville,
6 p.m.

APSU to retire Wells' 13

By SCOTT HOSKINS
sports editor

Former Austin Peay star Bubba Wells will return to the Dunn Center tomorrow night for retirement ceremonies of his jersey during the Austin Peay-Murray State basketball game.

Wells starred for the Govs from 1993-1997, leaving as Austin Peay's all-time leading scorer with 2,267 points. He was the 1996-97 Ohio Valley Conference Player of the Year after averaging 31.7 points per game, the nation's unofficial leading scorer.

During his career at Austin Peay, he underwent successful surgeries to have two tibial nails placed in his legs after suffering stress fractures in both. He was awarded the InfoSport Comeback Player of the Year for his efforts.

Wells became the focus of attention during the 1996-97 basketball season not only at Austin Peay and the OVC, but around the nation as well. He was featured on CBS's NCAA College Basketball Halftime Show, NBC's Today Show, USA Today and in The Los Angeles Times.

Drafted in the second round by

the NBA's Dallas Mavericks in the 1997 draft, he has played sparingly in his rookie season, averaging 1.7 points in 15 games. He was put on the injured list Sunday with a sprained right toe.

Wells joins fellow APSU standouts John Ogles (football), Harold "Red" Roberts (football) and Howard Wright (basketball) as the only athletes to have their jerseys retired.

The Austin Peay ticket office expects a large crowd for the basketball game and jersey retirement ceremony. Students are encouraged to arrive early.



Former Austin Peay basketball star Bubba Wells will have his jersey retired at the APSU-Murray game (photo by Andy Sargent)

Highlights of Bubba Wells' Austin Peay career

• Three-time first-team All-OVC selection

• Of 19 games played in 1996-97, scored 30 or more points 11 times, including three 40-points-plus efforts.

• Ohio Valley Conference Player of the Year in 1996-97.

• 21.6 points-per-game career scoring average.

• Finished career with 58 straight double-figure games.

• APSU's all-time leading scorer with

2,267 points; third in OVC history.

• Set six OVC tourney records in 1997 and named to all-tourney team.

• As a senior, shot 52 percent from floor, 42.3 percent from three-point distance and 72.7 percent from free-throw line.

• Named Third-team Preseason All-America by Athlon Magazine.

• In April 1997, named Tennessee Sportswriters College Basketball Player of the Year.

Govs down Tech on road
Only 2nd road win of season

By SCOTT HOSKINS
sports editor

Austin Peay's men's basketball squad picked up only their second road win of the season Saturday night in Cookeville, beating Tennessee Tech 75-71.

The team rebounded from a blowout loss to Middle Tennessee State two days earlier to post its third Ohio Valley Conference victory of the season.

The Govs (8-7, 3-4 OVC) hadn't won on the road since a season-opening win over Evansville on Nov. 15.

"It's been awhile," APSU head coach Dave Loos said. "To win one period feels good, but we played well, too."

APSU led most of the first half, but failed to score in the last 2:16 of the half, while Tech's Alex Franco scored the last six points of the half for the hosts.

The Govs came out strong in the second half to go up 65-54 with 9:24 remaining in the game, but Tennessee Tech (4-15, 0-8 OVC) went into a zone defense and shut Peay's offense down.

"The zone hurt our aggressiveness and momentum," Loos said.

"Down the stretch we really got tentative."

The Golden Eagles pulled to within 74-71 with a minute left in the game, but senior Jake Powers grabbed two crucial rebounds and made an insurance free throw to ice the victory.

Men's OVC Standings (through Saturday's games)

Murray State	7-1
Middle Tennessee	7-1
E. Illinois	6-2
UT-Martin	5-3
SE Missouri	4-5
AUSTIN PEAY	3-4
Tenn. State	3-5
E. Kentucky	3-5
Morehead St.	2-6
Tenn. Tech	0-8

After the poor effort against MTSU, Loos was pleased with the team's effort against Tennessee Tech.

"We were executing our half court offense particularly well

and played together and had good screens," he said.

Jerome Jackson said Stewart tossed in 48 points to lead the Govs. Jackson pulled down nine rebounds.

The Govs dominated the Eagles on the boards, controlling them 39-30, including offensive rebounds.

"The plan was to try to ball inside and let Jerome work," Loos said. "Stewart put a terrific lift."

The 18 points were a career for Stewart, a freshman from Nashville.

Reggie Crenshaw scored 18 points, while Joe Shott added 10 points. Powers had six rebounds.

The Govs face preseason favorite Murray State tonight in the Dunn Center. The Ravens are 7-1 in the conference for first place with MTSU. They are coming off a 101-86 loss of Southeast Missouri State.

The Ravens are led by OVC season Player of the Year Greg Mayes and guard Chad Thomas.

Tip-off is 7 p.m. The game features the retirement of Austin Peay star Bubba Wells.

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Tech bombs Peay by 30

Behrenbrinker returns to score five

By SCOTT HOSKINS
Sports editor

Amanda Behrenbrinker returned to the lineup for Austin Peay's Lady Govs' basketball team Saturday, but couldn't prevent the squad from falling to 1-6 in Ohio Valley Conference play after a 78-48 loss to Tennessee Tech.

The Lady Govs are winless on the road in OVC action this year. The squad's downfall was their inability to hit from the outside, finishing the game shooting just 19.4 percent. APSU attempted 19 3-pointers in the game, but converted just three.

Behrenbrinker entered the contest with 13-40 left to play in the first half, her first action since early in the season. She finished with five points.

The Lady Govs jumped on Tech early, leading by seven with

13 minutes left in the first half and 24-22 late in the half. Tech (11-5, 5-2) outscored APSU 12-3

Women's OVC Standings (through Saturday's games)

E. Illinois	6-2
E. Kentucky	6-2
Tenn. State	5-2
UT-Martin	5-2
Tenn. Tech	5-2
Middle Tenn.	4-3
SE Missouri	3-5
AUSTIN PEAY	1-6
Murray State	1-6
Morehead State	1-7

over the closing minutes of the half to post a 34-27 advantage at

intermission.

The Lady Govs continued their cold shooting in the second half (27.6 percent) as the Lady Eagles turned a close game into a rout.

Angelica Suffren led the Lady Govs with 19 points and eight rebounds, the only Peay player in double figures.

Rhonda Neely chipped in seven points and Julie Virta had six.

The Lady Govs return to action tonight at the Dunn Center, facing Belmont University from Nashville. Tip-off is 7 p.m.

The game is the beginning of a five-game homestand for the Lady Govs. Tennessee-Martin comes to town Saturday for a 5-45 contest while Murray State comes to the Dunn Center next Monday.

Packers to rout Broncos in Super Bowl

By SCOTT HOSKINS
Sports editor

It's no surprise that the Green Bay Packers are favored by 12 points in Super Bowl XXXII. After all, they are the defending champions, and they rolled through the playoffs hardly touched.

The Denver Broncos certainly didn't roll through the playoffs. They had to come from behind to beat the Kansas City Chiefs and were a couple of bad calls away from losing to the Pittsburgh Steelers.

So who has the advantage? Sure the Broncos have John

Elway. Elway is nearing the end of a brilliant career and he deserves a Super Bowl championship. He's been THE MAN for the Broncos since 1983. He's also been THE MAN for the Broncos in three previous Super Bowls, all blowouts.

Unfortunately the Packers have THE MAN for the NFL the past three seasons—Brett Favre, the NFL MVP.

Favre is the reason the Packers will dominate the Broncos. He's simply the best quarterback in the National Football League.

Yes, the Broncos also have Terrell Davis, a great runner. They have Neil Smith, who is

also overdue for a Super Bowl ring. The Broncos are a good team.

The Packers are just better.

The Pack will use their running game to set up the pass and Favre will throw circles around the Broncos defense. Although Denver will be able to keep it close for maybe a quarter, the Packers will prevail with their solid defense in the end.

Elway will be denied his Super Bowl ring once again as the Packers will repeat as NFL Champions.

There's always next year for Elway but don't count on it. Packers 38, Broncos 20.

Griese steps out of father's shadow with national title

By MARCO BUSCAGLIA
College Press Service

Michigan quarterback Brian Griese has always relied on his father for advice, whether it's about football or life in general. And usually, the former Miami Dolphin can help steer his son in the right direction.

"My dad's been through a lot of the same things that I'm going through, so his input is really helpful," the younger Griese said. "It's nice to be able to bounce things off of him. We have this common experience so that helps."

Bob Griese was quarterback for the perfect team—the 1972 Dolphins who finished 17-0. His son has always had to live in that shadow, constantly having to deal with the comparisons.

"Sometimes I wished my father had never played football so I could make my own name, do my own thing, but I know that's not possible," Griese said. "Being a Griese, being a quarterback, that's just part of who I am. Would I have been doing these same things if he hadn't done them? I can't say. I think so but you never know. If he was a butcher, maybe I'd be a butcher, too."

Griese says the time for resenting his father's fame has passed.

"You can let something like that crush you, and neither he nor I wanted that to happen," he said. Still, Bob Griese's current profession—ABC's college football telecasts—puts the relationship in the spotlight.

"I don't hear him do the games, obviously, so it's some-

thing I don't think about," Griese said. "But I see him during the week, getting background on the team. It's kind of funny. He gets to watch some of my games and still get paid for it."

The elder Griese worked two Michigan games this year, including the team's dramatic win over Ohio State.

Brian Griese knows that he, like his father, will live forever in the hearts of Michigan football fans because he led the Wolverines to the Rose Bowl title and a share of the national title with a 21-16 win over Washington State.

Griese can relate to Tennessee quarterback Peyton Manning, also the son of a famous NFL quarterback, former New Orleans Saints quarterback Archie Manning.

"We've probably gone through a lot of the same things," Griese said. "A lot of kids follow in their father's footsteps, but Peyton and I get to do it with the whole country watching us. That makes it a bit more intense."

Intensity has always been a part of Griese's persona. As a walk-on, Griese quickly showed Michigan coaches he could help lead the Wolverines to victory. He had a successful sophomore season, getting the starting nod midway through the year. Then, the bottom fell out.

Griese was involved in a scuffle at a campus bar after the season. He was suspended for six months, finally re-joining the team just as the season began.

Instead of sulking or walking away, Griese used his suspension as a learning experience, setting

up a workout routine that mimicked that of his teammates. If they were running laps in the stadium, he'd be running laps around campus. When they were in the weight room, Griese lifted weights in a dormitory basement.

"I knew I could quit or fight my way back," Griese said. "And I'd already put in too much time to quit."

When he was finally allowed to return to the team, his starting quarterback position was filled by Scott Dreisbach. Griese accepted the role of pooch punter. "I was happy just to be out there again," he said. "That's where my focus was."

And when Dreisbach was hurt in last year's game against Ohio State and the Wolverines needed a miracle, it was Griese who came off the bench to spark a comeback that would knock OSU out of national title contention.

"That was a thrilling moment," he said. "It was like, 'OK, I'm back.'"

Griese has aspirations to play in the NFL, but if it doesn't happen, he'll enroll in the George Washington University graduate program in international studies and eventually head to South America to help build schools and enrich communities.

But that's still a world away. For now, Griese is relishing his victory over Washington State in the Rose Bowl and his national title.

"I'm ready for whatever may happen," Griese said. "This is where my life's taken me so far, and I'm going to see it through." Just like dad.

Govs Spirit Nights

Jan. 24, Jan. 31 & Feb. 14

Guidelines:

- 1) Every group must be registered prior to the start of the game.
- 2) Groups must sit together so that they can easily be distinguished.
- 3) Contest only open to students.
- 4) Contestants can do anything, within reason, to distinguish themselves from other groups, such as dress crazy, make signs and any other other creative way to display school spirit and support for the basketball teams.
- 5) Groups can be of any size.
- 6) The loudest, most original group, as decided by the judges, will win.
- 7) Winners will be announced at the end of the last game played.
- 8) Show the Austin Peay spirit.
- 9) Please, no unsportsmanlike conduct.

1st Prize Winners—\$100 Cash
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The winning group must attend both men's and women's games to be considered. Check in for your group or organization will be in the Dunn Center Floor Level, West Side, North End (sign in table)

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Features

Losing weight tops new year's resolution lists

Kim Tillema, a sophomore at Grand Valley State University in Michigan, smiles when she says she successfully avoided the infamous "Freshman 15."

"I gained more like 10 pounds," she said. A desk job that limited her exercise, bags of peanut M&Ms stashed around her dorm room and late-night runs for ice cream and pizza added inches to her waistline. The extra pounds were no big deal until this last round of holidays, she said.

"Whenever I tried on dresses for parties, I noticed they weren't fitting so well," she said. "I'm going to start exercising and changing my eating habits—you know, cutting back on all the junk and taking smaller portions."

"It's not really the weight; it's my shape that I care about," she said.

She's far from alone. Losing weight tops most Americans' lists of New Year's resolutions, according to a recent study conducted by the Marist College Institute for Public Opinion in Poughkeepsie, N.Y. At 19 percent, shedding extra pounds ranks above spending less money (12 percent) and last year's top pledge to stop smoking (11 percent).

Such promises are easy to make, but tough to keep—especially the one about losing weight, many college fitness instructors say. Curb your spending, and watch your bank account grow overnight. Cut out smoking, and feel better right away.

"But losing weight is different," said John

Poitras, a strength and conditioning coach at Marist College's fitness center. "It takes weeks, even months, to notice a difference. That's probably the biggest stumbling block that keeps people from accomplishing their goals."

There's nothing magical about losing weight; it takes discipline and a willingness to change your lifestyle, many fitness instructors say.

"You can't do this for a couple of weeks and then go back to your old ways—just like you can't exercise during the day and eat whatever fatty foods you want to at night," said Jim Johnston, head athletic trainer and coordinator of exercise/sports science at Hiram College in Ohio.

Among many steps people can take to lose weight this year:

- Establish realistic goals, and stick to them. The average person should not lose more than one or two pounds a week, or eight to 10 in a month, Johnston said.

- Consume fewer calories. Avoid cheeses (white cheeses are generally more healthful than yellow ones), cream-based sauces, oils and salad dressings, and choose spices instead. Count fat grams. "Order pizzas loaded with vegetables because they'll fill you up faster," Johnston said. "Or order pizza with

your favorite meat topping, then pick it off. You'll still get the flavor and not have to eat five pepperonis on every slice."

Another of Johnston's favorite calorie reduction tricks is the "dip and stab method." "Dip your fork into a salad dressing or gravy, and then stab your food," he said. "Once again, you get the flavor and a lot of fewer calories."

- Lay off alcohol and soft drinks. "I can't think of one healthy thing either of them does for you," Poitras said. "They're filled with empty calories your body won't use. They make your kidneys and liver work harder than they should. If you don't want water, drink juice or sports drinks instead."

- Eat less at night. "Pizza at midnight is not a good idea at all," Poitras said. "If you're eating when you're less active, you're consuming more calories you're not going to burn. It's common sense."

- Exercise more often and at your "target heart rate." "When you exercise isn't as important as long as it's at least an hour after you last ate," Johnston said. "You'll see results if you exercise four to six times a week and keep your (target) heart rate up for 20 minutes per session." To find your target

heart rate, subtract your age from 220, and take 60 percent and 80 percent of that number. The number and low numbers provide a healthy range, and the number of times your heart should beat per minute.

- Vary your exercise. "People have their routines, but they should choose exercises that work different parts of their bodies," Poitras said. "It helps tone and condition, and it keeps them from getting bored." Aerobic exercises, such as jogging, walking, typically keep heart rates up, Johnston added.

- Make a note of it. "When people wonder what they do, they can look back to see the improvements they have made," Poitras said.

- Avoid weighing yourself every day. "People are discouraged when they don't see changes," Johnston said. "The best factors to determine if you're gaining or losing are the clothes you put on each day. If they're fitting more snugly or loosely, you know."

- Reward yourself. "I tell people they can have one meal (made up of) whatever they want to eat—fettuccine Alfredo, french fries and ice cream—every four days," Johnston said. "As long as you're exercising and eating those foods in moderation, not every single day you'll still see a difference."



The Crossword

ACROSS

1. Prio
2. Mure award
3. Memorable periods
4. Shaker
5. Like some weather
6. Camper's need
7. Destroy completely
8. ADP
9. —the line (silly)
10. Motors
11. Supp
12. Rara —
13. Facade
14. —Island, NY
15. Urgent
16. Synthetic fabric
17. Appeals
18. Compels
19. Camera head
20. Clamored
21. Do road work
22. Top card
23. Curmudgeon
24. Takes out



Sculptor occupies Chair of Excellence

Internationally acclaimed sculptor Frances Yeatts Whitehead has been named recipient of the 1997-98 Roy Acuff Chair of Excellence in the Creative Arts at Austin Peay. Whitehead will be in residence during the spring semester as the 11th occupant of this prestigious visiting faculty position.

During her residency, Whitehead will co-teach a special topics studio/seminar course with APSU Associate Professor of Art Billy Renkl. The course "Passions and Wonders" will focus on ideas related to collecting and display, especially concerning the advent of natural history museums. The ways that displays are constructed also will be explored. These ideas will be related to the contemporary artistic practice of using found objects, culminating in an exhibition in April at the Clarksville-Montgomery County Museum, curated by Whitehead and Renkl.

She also will give a public lecture and slide presentation surveying her personal work Tuesday, March 24, at 7 p.m. in Gentry Auditorium, Kimbrough Building. Presented by the APSU department of art and Center of Excellence for the Creative Arts, the lecture is free and open to the public.

Whitehead currently teaches at the School of the Art Institute of Chicago, where she also pursues her own work that combines an encyclopedic interest in botany, history, medieval philosophy and other topics. A native of Richmond, Va., she holds a BFA degree from East Carolina University and an MFA from Northern Illinois University.

Her awards include an Individual Artist Award from the Tiffany Foundation Grant, a National Endowment for the Arts Individual Artist Grant, a Chicago Artists International Program Award from the Chicago Department of Cultural Affairs, an Illi-

nois Arts Council Visual Artist Grant, a Summer Fellowship from the Indiana Arts Commission and others.

Her list of exhibitions is extensive and includes solo exhibits in museums and galleries in New York, New York, Scottsdale, Ariz., and St. Louis, Mo. She also has exhibited at the Museum of Contemporary Art, Chicago; the National Gallery of American Art, Washington, D.C.; the American Academy of Arts and Letters, New York; the National University Museum, Second, Chicago; Art Expo, Basel, Switzerland; Chicago Institute of Art Expo, the Drawing Center, New York; the Cultural Center, the Museum of Contemporary Art, Chicago; The Contemporary Arts Center, Cincinnati; and numerous others in Spain, New Hampshire, Wisconsin, Texas, Tennessee, New York and Ohio and New Mexico.

Whitehead's work may be found in public collections at the Art Institute of Chicago, American Museum of Art, Tucson; Museum of Contemporary Art, Chicago; Arizona State University, Tempe; University of New Mexico, Las Cruces; University of Alabama, Birmingham; and universities in Chicago, San Francisco, New York and Kansas City, Mo.

As a visiting artist, Whitehead has given lectures and slide presentations at colleges and universities, museums and galleries in the United States and Japan and Spain.

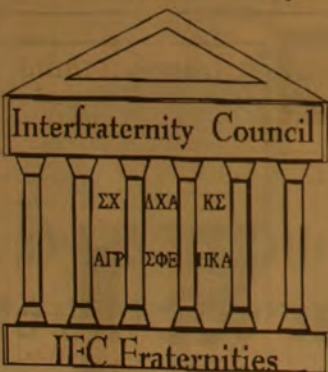
She joins former chairholders, distinguished artist/scholars Carolyn Forché, poet; Elizabeth Dyke, actress; Timothy Gerber, music educator; Nutt, visual artist; John Haines, poet and editor; Howard Stein, professor emeritus of the University of Columbia; Ron J. Nelson, cartoonist; Ted Orland, photographer; David Madden, poet, essayist; and Arthur Kopik, playwright.

Answers to the above crossword



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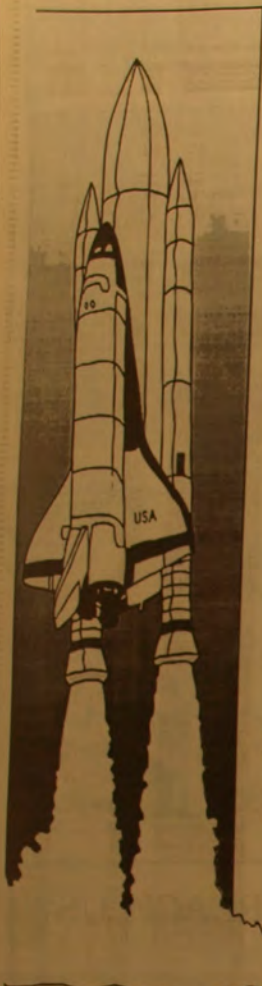
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see table for more information

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RECRUITMENT TABLES

JAN. 26 - 29
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9 a.m.- 2 p.m.

INFORMATION SESSION

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