I TIRESIAS

HEATHER O'MALLEY

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I Tiresias

Heather O'Malley

I Tiresias, though blind, throbbing between two lives Old man with wrinkled female breasts, can see At the violet hour, the evening hour that strives Homeward, and brings the sailor home from the sea.

- The Wasteland, T. S. Eliot

You have eyes to see with, but you do not see yourself, you do not see the horror shadowing every step of your life, the blind shame in which you live, you do not see where you live and who lives with you, lives always at your side.

- Tiresias to Oedipus, Oedipus Rex, Sophocles

I Tiresias

I had this dream of walking in an old and dark forest could feel the trees alive

watching me with cold, dirt fed minds, reaching out to snag my white tunic.

Their voices were clear in the creak of wood, rustle of branch, in the shudder of leaves.

I beheld these two serpents, helixed about each other, a caduceus without the wings.

I stood there and watched them twine, and when I saw a gap open. I set my staff there. That's it.

That's the dream I had. Now this, This is my life, my curse, mine and I am telling you as my friend.

I cried the first day after changing. That was new. I'd never wept until hiccups shook me, my face burning from the salt.

I don't really know if this is real or dream. I was a man and now I am a woman but in a way neither feels right.

Is my life a dream? Do I sleep now, dreaming my life as a woman or did I dream my life as a boy?

I wish I knew. I cannot think of any way to tell one from the other, that I'm not some thing of braided gender?

The only thing I can think of to return to my former life, the life I miss, is to find those snakes again, set my staff. That old life calls to me strongly and so does this one. It's difficult to live this life of separation.

All I ever wanted was a normal life, without all these vagaries, to be a boy, a girl, either would be better than this.



Elegy

They say, "What's in a name?" First, last or otherwise it is nothing but a term, some frame of reference. Can you change a name to change a life?

Can a name die?
How do you bury a name?
Celebrate its glories?
Lament its faults and follies?
How do you say good-bye
when it is clear something remains?

Empty Glass

He always set another place for dinner, laid out a plate, saucer, cup, folded a napkin and put utensils on it.

He never poured a drink for that place or served up any of his meal, a pat of butter, a salad or anything else.

He did this at restaurants as well, asking the wait staff for the extra place ignoring the looks cast his way.

He never answered the question why, when friends or others asked, only smiled shyly, eyes bright.

But near the end of every dinner he raised his glass, held a silent moment, bowed head with hair in his face,

to empty his glass and set it down, wipe his face on the napkin, lost to something in his past.

Bus Ride

What do they see? A man in a dress? A sideshow freak? Something broken?

The bus lurches and I grab a pole, an old man looks at me with wrinkled eyes, liver spots, gumming slowly.

A child burbles back, her mother turns her, over her to shoulder to face the plastic window.

A young man leers, his dark eyes narrow on my legs, on my breasts, a slight smile turns the corners as they slowly rove.

A young girl in uniform, a fast food girl looks at what I wear, critical eyebrows.

We lurch to a stop.

Rites

His brother's head was in the box, * packed tight with old newspapers, ads for bras, soup, cold remedies pressing on the forehead, staining it.

When the moon was full, he would remove the head, place it on top of the television, and speak with his unquiet dead.

He would stay up all night long nattering to the head, rumors, sharing the hopes and dreams birthed and crushed in that last moon.

He would lovingly wash the face, brush the thinning hair, kiss the grin as the lips curled back, teeth protruding from flesh.

When the sun rose, he gathered his brother's head and nested it, in a weeks worth of fresh newspapers. He hoped his brother would forgive him.

^{*} From "As Simple As That" by Marilyn Nelson

One Hundred and Eight Beads

There are one hundred and eight beads in the mala, one hundred and eight breaths to open and close the lungs, to reach for quiet.

Sometimes it works and she sits serene in the silence of mind. Other times she goes through the motions, turbulence distorting chants into noise.

She uses these beads to find herself, to breathe her back into her body, back into the life she fears.

One hundred and eight beads to hold off her terror, to tie it away at least for a while as she sits and breathes.

The rise and fall of her chest keeps her here, keeps her now, keeps her in dialogue with her hands sliding from bead to bead,

the texture, smooth, a few ridges to catch the fingers, yellow thread knotted, holding each bead, each breath, each prayer together until the end.

Sunday Night

She lies a naked tangle in the sheets, clutching fabric, clutching hair, arching like a bow, strong and taut, never stopping, thrashing the bed until she collapses, a spent moment, breath short, panting like a runner, eyes blinking the ceiling, walls, face of the shy smile, reverently gazing back.

Oak Tree

The bark is rough, scarred in some places where you can see the white inner flesh, wet with sap.

Its branches flare out and up, each new limb reaching for light, green soaked, leaves giving its fullness.

Roots burrow ever deeper holding on, drinking the vitality of dirt, mingling light and dark.

The heart wood must pulse, feeling its body expand, layer by layer into this life, warmed by the sun.

Trying to Connect

She was different. We let her go. We could not justify keeping a cat who only seemed to attack others: never choosing a lap over solitude, never purring over an uncertain hiss.

A beautiful, black American Shorthair, she was different, how we did not know. She skittered through the house, swiping at ankles, our dog and her brother, uncomfortable even in her sleep.

We made the effort to deal with her, to make her more comfortable in our lives but she was different, we tried in vain, neither catnip, toys, some different food, would change her, make her fit in.

She clawed my hand as I pet her, turning and hissing something out, running to hide under the guest bed. She was different. We did not understand. We had to take her to the shelter.

I don't know if they put her down or if some new family took a chance on a cat we could not get to love us. All I know is I wept when we left her. She was different and more than we could bear.

The Emperor's Tortoise

The Emperor's tortoise is meant to teach the secrets of immortality, three hundred years old. Its rough, green and brown shell oiled by servants until it glows, covered by cloth of gold. It is carried around on pillows, they rarely allow it to walk.

For rituals it is placed on a pedestal, its short legs move feebly in the air, shell resting on stone, belly flat. It stretches out its wrinkled head, eyes blinking at the pomp and circumstance, trying to bite a passing morsel. They feed it by hand, the tastiest bits, holding them out by delicate chopsticks as it sits lonely in its wooden bed.

Lash of Memory

I forgot the memory of weeping rocks,

of water trickling down gray, dripping from dangling moss to make small pools below,

of the flash of daylight at night burning the image of trees before thunder into the hungry retina of my eyes,

of the delirious flavor of smoke spicing camped food, tainting cool draught of water with ash,

of fields in autumn, golden grain moving with the wind, birds lifting into visibility.

I forgot the memory of you, pale skinned, naked, laughing in the snow as I move above you, the cold banking the ardor, tempering the thrusting, to crest screaming, shivering in climax, to fall next to you, kissing blue lips.

I forgot the acrid smell of your anger, eyes returning nothing as I reached out to touch forgiveness,

the bitter taste of a phone buzzing dead, held unbelieving to my ear, wanting it all to not be true,

the bite of words fading to memory, sound bites stored forever, to speak when the pain fades.

I forgot until reminiscence tore open healed wounds with the lash of memory.

I forgot pain isn't forever.

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Running on the Shore

I lingered there, on the shore, running in the sand, past a dead seal wrapped in seaweed, bloated and bitten, white eyes staring into each passerby the barks of sea lions drown the chiding of gulls, the breeze pushes against me, salt crusts my face, cracking, red, keeping me on this shore.

The air heavy with fish and wet salt, the unmistakable smell of the ocean, my nose wrinkles as I run, legs burning from the sinking sand, the water yanks my feet out and under, to spill me, cover my body with wave, pulling me out into the dark deeps and letting me rest in the silence of tide.

I want to cross over, to taste the air on that distant shore and know it for my own. Answer the call of emptiness dragging my eyes out farther, until they ache unblinking into the setting sun, the roll of wave stripping the sediment, tumbling me in the rough sand.

I spit the salt, the sand from my mouth, shake the foam from my stubbled head, pluck and toss the slimy, air pocketed seaweed from off of me. I lope into a run, mouth yearning for clean water, eyes stretching to where I want to be, miles from this shore, the pain of running, to stand on the other coast looking back to where I was, out my changed eyes.

Italian

Three cloves of garlic, well crushed, stirred into the pasta sauce. Soon I'll add the sausage to give it that extra something.

The sauce, dark and red, its scent fills the house with hunger, with longing for something that is no longer there.

My father taught me to cook, though not with any lessons. I watched from round the corner, too afraid to stay close for long.

Basil, a little red wine. Some for me, some for the sauce. Some oregano and thyme, slow cooked until it is perfect.

Perfection takes time you know. A child does not know that; the weight of a fathers fist bears down, blackening the past.

I turn down the burner's heat Waiting for the flavors to blend, to leech the crushed herbs, transforming sauce to something rich.

Pain was what you taught me most, how to flee from quick gestures, how to pacify, to hide, to watch around corners for you.

But you sang in the kitchen, songs I could not understand sprinkling tomato with the only love you ever knew.

Shunyata

It grows

echoing in the space, lightness, filling the hollow, something held,

let go to fall away in a breath opening and closing, a bellows feeding as it keeps expanding into

filling life with an expansive emptiness, setting down roots where it can.

Shopping

It overwhelmed me while I was looking for pita, a want,

I shopped down my list, crossing off cans of soup, walking slowly from item to item, noting crackers on sale, two for a dollar if you use your bonus card.

I wanted something more real than groceries, than couples buying pregnancy tests, than a woman clutching fresh peaches to her chest than green vested clerks checking prices on aisle five, than a woman holding the freezer door open looking at peas, than the bright red of fresh meat wrapped for sale.

The Dance of a Thousand Nighttimes

The dance of a thousand nighttimes comes slowly at first, hesitant steps, stumble to the stage.

It begins with lifted toes, awakening bare feet, moving to the rhythm pounding in vein.

It grabs my legs, arms, contorts torsos slick with glistening release, swaying in the movements of a cobra.

I can feel the drums building, an emerging storm, feet pounding time to the flurry of hands.

The dance takes me, rides my flesh, intoxicates, slides me into moment, breath and motion.

I spin facing the wide stars, lost in my senses, feet guiding me strong and sure.

the dance awakens something furry, deep inside, slick with birth, roaring voice back into life.

The spin takes me and I fall panting the earth, eyes pulsing with my heart.

The drums sing the rhythm of blood awakening an urge, finally free to dance myself.

Distant Drums

If a person does not keep pace with his companions, perhaps it is because he hears the beat of a different drummer. Let him march to the music he hears, however measured or far away. - Henry David Thoreau

I wander lost, under the evergreens, pick my way round rocks, over fallen trees, moving on tired feet, weary eyes try to spot the outlines of the trail, little more than an animal's path to the river I could hear ahead.

I followed the trail laid under my feet, not my choice to walk here, to crunch along fallen branches, leaves, trying to get closer to them, to better hear but they teased me cruelly, stayed just at the edge of hearing.

After fifteen minutes I reach an old covered bridge, paint on the side flaking in chunks, falling like leaves to drift in the water. I cross over, going further than I had before footsteps resounding, heels strike the wooden slats, through darkness to the opposite bank.

I turn, the path stretched behind, I sit down on a fallen tree to rest, breathing heavy from walking. Is this my life, picking through trees, beating a new trail with my feet, trying to lose something always with me?

I shake my head, dropping thoughts like leaves, a trail is too simple, sounds like a purpose, like a striving towards a summit. Life is just life, trails and paths nothing, but a way to shape the terrain of a life too big to hold.

I say goodbye to my footsteps, regrets turn eyes behind, words try to break my lips, to speak apologies, seek absolution from the trees. I stand, brush bark and dirt off, turn not wanting to let my life walk away.

I could hear their singing over the din of campers, faint, miles away, filing the air with summoning.

Compelled to see them, to dance under that song which had no name yet lingered in my ears.

I needed a day off, apart from the campers constant demands, a time for me to simply be.

I headed into the woods, following no trail but sound, hearing my way through trees, guided by impulse, desire.

The expanse of trees felt comforting, welcome, like I belonged under the patterns of broken shade.

On the hill it grew fainter and I could feel it stretch, distance between song and self, I turned my feet elsewhere.

The song grew as I moved up through the wooded draw, a clearing of undergrowth, the trees tall, sure in their age.

I stood there, off center, gazing at the darkness of leaves when it crested, engulfed me under the rush of song.

My blood fevered, boiled out into motion, clothes binding, I tore myself naked as the first faint drops fell.

Raw to the world I danced this dryad music urging, feet pounding the loam, leaves scattering as birds.

My heart ached with expansion, soft rain down skin, through hair, rivulets down adolescent chest, weaving around faint body hair,

soaking the tangled nest, the semi hard penis moving in time to my steps, I smile up at the veiled sun.

The song was all I knew, pulsed within me as I jumped, whirled, a dervish, touching the divine, making contact.

Each pulse stretched me out, dissolved me in movement, spinning me into more than self, drunk with the music of trees.

My eyes beheld turning stars, other things danced with me, the wind dressed me in fragrance, the rain a baptism, a rebirth.

Barbed wire slammed me into flesh, back to trees, fallen leaves and dirt, blood washing down my thigh, blinking back to the world before.

The pain would arrive later, my clothes felt like a shroud, clinging to wet skin as I pulled on some human façade.

I limped along the path through the trailless maze of trees, back to the din of campers and into a life apart.

Ale never washes out the taste of ash.

It's so hard to forget that weight, even when the light shines in the blue sky and the air is rich with spring, my hands folded deep in earth coaxing life from seed.

I can still feel the burden, smell the heat, choke on foul air, feel fingers round my throat.

The past holds me and I flail against it like a web on my face that I can't remove and its spider hunts me.

Friends sing and dance, find joy in food, ale.
I wish I could as well but they never felt that, never felt dragged down, spared the worst I endured, for them.

It haunts my waking, my sleeping, burns my finger with memory until I cry and Rosie holds me.

I yearn for the seagulls call.

He promised me that when I am too tired, the burden too great, I can go west, birds calling me home.

Going Home

I stare at the mirror,
I know I need to be there
so I close my eyes, bind my breasts,
keeping the ace bandage taut,
pressure, my breasts ache,
as I create the lie of flatness,
the clips lock into the bandage
to keep it from unraveling on me.

Next the T-shirt, pulled tight, tucked into my jeans, the lines of bandage clear, the shirt bought for this occasion hangs awkwardly on me, forest green, heavy broadcloth, with pockets where my breasts should be. Nothing pushes out the fabric, you cannot see the bandage at all.

I pull my hair back with both hands, slick it into a tight pony tail with gel rinsing my fingers of the sticky residue. I pick up my bag and plane ticket, walk away from the silvered glass, carry them to my car, not quite ready for the drive to the airport, to travel the two thousand miles that divide us.

I do this for you.

Jellyfish

They are small, eight would fit my hand, clear, they have a slight whiteness, bobbing along the tide, passively floating, tendrils small, reaching for something, unable to hurt you with their little stings. Still she panics until she learns how fragile.

How feral her wide eyes are, as she sharply snaps her cupped hand, the force of the water tears the jellyfish, separating their soft flesh into death, as she now plays happily in the waves, at last finding something that keeps her swimming.

Visitation

Something invisible stands beside me itching my skin with expectant lightning

My hair moves from whispers too soft for my ears to understand

I want to touch, to reach out, to hear salutations from someone gone

Who is it who takes the time to visit me, to remind me of those I have never forgotten

Breaking up is hard to do

She wept as the sting arrived, the skin on the left side of her face showing a red palm blossoming, her head turning back to forward.

The pain didn't blink her back to now, didn't help her swallow the knowing, feeling the liquid weight of the sticky redness of life

puddled in her lap, his stringy hairs congealed into clumps, didn't help her keep from replaying the moment, the dry lipped kiss he gave her,

the sadness heavy in his words, the surprise in his eyes, the touch of thunder, the meaty sound of falling backwards, and the beginning of tears, the bitter

smell of cordite drifting to the ceiling in blue black wisps slipping from the barrel, the pounding feet, questions and accusations falling on her sorrow deafened ears.

Answering Trees

I sit back against the bark, feel its folds and ripples, and I breathe in the greening air, fresh, smelling faintly of water and flowers. Across from me the sun traces lines through other branches, outlining and illuminating until the green glows with gold.

A couple tussles on the grass, smiling, laughing, eyes bright, they kiss, pulling each in close, a hand moving through hair.
Do their faces contort with anger?
Tears broken by sobs? beg for forgiveness?
What are they like screaming in passion?

This moment in the grass, touched by sunlight, is this the truth of them?

I listen to the murmuring leaves, trees my only answer.

He knew it was a lie meant to bind, ensnare, wrap in swaddling, sucking sustenance from one pair of lips until boxed away for a pretty death.

He could never hold love in his hand, weigh it, taste it in his pores, grow sick in its consumption. How could he?

He wanted to believe, yet no sign ever assured, no kiss ever persuaded, repeated I love you's, He could speak to others but not his to know.

Her kiss, warm on his lips, lulled him into belief, into feeling she was the elusive One, prophesized and promised.

He held her warm in his arms, whispered to her of his hopes, feeling her strength hold him as they lay down together. Yet like the others all have, she dissolved like smoke in his hands carried away by the wind.

Breakings and screaming, the only remains of love. Picking through shattered dreams for shards to make his mosaic, his altar to the desired, praying for the belief in true love lest it never believe in him.

The Plate

The green and white plate has a chip in it, been there for three years ever since a knife was dropped and bounced off the edge.

It clattered from the plate down, spun across the table, dropped, wet with gravy onto the hard wood floor.

The knife lay there even after the meal had finished.
The plate was cleaned and kept in memory of the event.

A Buffoon's Pantoum

Weighed down by a cat Pressed into my chair Held by more than that as he nibbled on my hair

Pressed into my chair trying to do my work as he nibbled on my hair listening to coffee perk

trying to do my work purrs filling my ears listening to coffee perk half a moment from tears

purrs filling my ears dreams crossing my eyes half a moment from tears the memory of lies

Dreams crossing my eyes held by more than that the memory of lies weighed down by a cat

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Snorkeling in the Bahamas
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Without knocking
I wade into the surf
unannounced
fins flopping
to knee; to thigh;

to fall forward and stretch out on the surface with powerful kicks

I rummage through the reef
gaze at
bright fish darting around shapes
contorted like brains

branching like leaves coral moving like fronds in the roll of waves

I stop

Two Barracuda slice through the water ahead

Their glassy disk-like eyes cold inhuman

weigh me

measure gain to effort

as I I hang weightless breathless

watching their long slender bodies

sway smoothly

strutting wetly under the surface

tooth filled maws grin

my heart pounding
throbbing my chest
as I watch them intently

Time falls distorted

as my heart ticks

the minutes

as I hang there

unsure of what to do

if they come for me
jaws wide
I would die
struggling
in a churn of blood and foam
to rest meaty in their stomachs or
be lost in bits on the sandy floor

with a tail flick I'm dismissed

the two glide on
eying me until I and they
fade from sight

A wave dumps water down my snorkel;

I cough and spit air floods burning lungs I thrash briefly confused fight for the surface in a near panic look for land steady kicks speed me shoreward to stumble awkwardly up the slope of sand to collapse panting on the beach tropical sun the white sand hot and itchy against my wet skin crawling into my shorts as I pant like the first fish to crawl from the sea Distance

His touch was welcome but remote, it meant nothing to her as hands explored every part of her, leaving her bare.

She didn't feel naked, even then, didn't feel anything as she moaned in time, at all of the appropriate places.

She would close her eyes, open her legs and picture herself anywhere else but in his arms, in his touch.

She wanted but nothing came of it, merely played the role her mother warned her about years ago.

Spent, he would fall upon her, using her breasts as pillows as he slept, unaware of her sobs hidden by snores.

He said he loved her, swore by God to do all he could to make her happy, but that was a burden she refused to carry.

Some lines on the night sky

1.

The geometry of ancient dreams hangs in the firmament in patterns with names that change across the globe.

2.

What I see my forefathers did not, though the veil does not change so the images of an age get reflected in the constant stars.

3

They say the stars change place in the velvet expanse and what I see now, looking to the heavens, is not the same sky Alexander slept under as he gazed across the Indus.

4

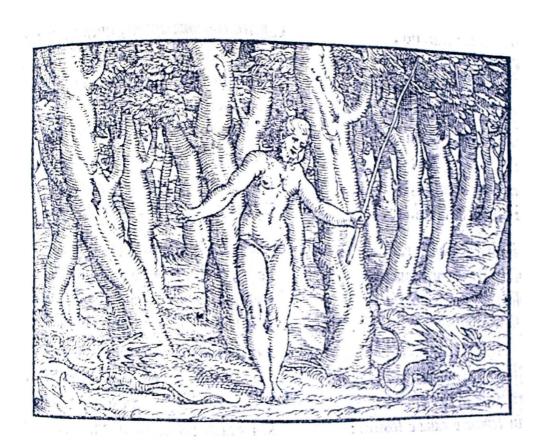
For me, there is no greater feeling than to stand and gaze at the spine of heaven holding up the weight of all these varied dreams.

Endings

Endings are much better than the tension of hello, awkward and nervous, palm sweating, the same stories repeated yet again, pleasant smiles fading as introductions go too long, too much to bear.

Endings are simple things a turned back, a furrowed brow, slam of the phone at night, line dead in the others hand no questions, no answers, just silence hanging between, coffin lowered into a six foot pit dug by strangers.

No words can soothe the ache as time turns to other things, this responsibility fades under the weight of earth. Hellos bring you new pain, makes you sing under the lash, wanting, hating this game as each new hello cuts you again.



The Night Of Man

Far from the night of man, he cried
Far from the night of man
Far from the night on man, he cried, she cried
Far from the night of man.

Into the void it flowed, he cried
Into the void it flowed,
The current rushed down, he cried, she cried
Far from the night of man.

Rivers flowed on and on, she cried Shaped the world with song Rivers broke into life, he cried, she cried Far from the night of man.

Life it sang her song, he cried Sang 'til the stars did cry Danced the shape of time, he cried, she cried Far from the night of man.

Dance to the song of life, she cried Dance to the song of life Lift up your voice, he cried, she cried Far from the night of man.

We gather to sing that song, he cried To praise the flowing void Creation an act of love, he cried, she cried Far from the night of man.

Far from the night of man, he cried
Far from the night of man
Far from the night on man, he cried, she cried
Far from the night of man.