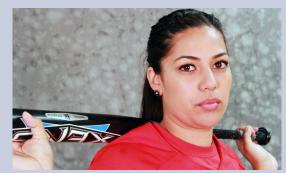


Profile on Govs softball player Lauren de Castro, 8



Is the **Pull up test** fair for women?, 3





/theallstate



Friday, March 19, 2014

www.theallstate.org

The Student Newspaper of Austin Peay State University Since 1930. First copy FREE, additional copies 50 cents each.

Suspect in Holly Bobo case arrested



Zachary Adams is led to the Decatur Country Courthouse on Tuesday, March 11, 2014. AP PHOTO

» By LAUREN COTTLE

News Editor

29-year-old Zachary Adams, the accused murderer and abductor of 20-year-old Tennessee resident Holly Bobo, plead not guilty in an arraignment on Tuesday, March 11.

Bobo disappeared on April 13, 2011 from her home of Parsons, Tennessee. Adams had not been named as a suspect in the case until he was arrested on an unrelated charge on Friday, Feb. 28.

The charge will update Adams' extensive rap sheet of assaults he has gained since he

A man in camouflage was reported in 2011 by Bobo's brother as leading her into the woods near her house. Adams lives 15 miles from Bobo's home in Parsons.

Bobo has yet to be found. A recent report

from the New York Daily News claims her family still hopes to find her alive.

A search warrant was carried out at Adams' property on Friday, Feb. 28, which led to two vehicles being towed from the property.

Adams was indicted with aggravated kidnapping as well as first-degree felony murder in relation to the Bobo case after a recent unrelated charge to his record.

Adams was arrested on this unrelated charge after he reportedly held a woman at gunpoint on Thursday, Feb. 6, at his home. Adams was accused in the assault case of threatening to "gut" her.

Adams' record includes various prior charges, including a conviction of shooting his mother in the knee and threatening to shoot his grandparents.

Adams was sentenced to two years in Decatur County Jail, as well as nine months served in the community correction

program, after being charged with theft of over \$10,000 in May 2007.

Adams's bail was set at \$1 million by Judge Rick Woods. Adams had no lawyer in court to represent him. The court date was Adams' first public appearance since the murder charge of Bobo.

"Don't take pictures of me," Adams said to a reporter in court. "I'm not the one."

Members of Bobo's family were present at the court appearance. Adams' next court date is Wednesday, April 9, to begin motions in pre-trial and to schedule his case.

Nashville defense attorney David Raybin spoke to reporters about the case and explained prosecutors might want to charge Adams before the case becomes "cold."

"Witnesses die and evidence evaporates," Raybin said. "It could be that it was now

CONTINUED ON PAGE 2

Introducing:



FULL STOCK EXCHANGE | CONTRIBUTED PHOTO



» By KATELYN CLARK

Features Editor

Welcome to the sex-tion, a place for students to read what they really want to know about ... sex. This section will encompass all things college related when it comes to sex. It is

important for students to be able to read about these topics not only for awareness and information, but for entertainment, as well. Explore the new sex-tion and keep your eyes open for the upcoming sex blog.

This week's sex-tion can be viewed on page 6. TAS

Students present at regional conference for APSU's chapter of Phi Alpha Theta



Members of Phi Alpha Theta and faculty pose with President Tim Hall after winning fifth consecutive award. CONTRIBUTED PHOTO

» By LAUREN COTTLE **News Editor**

Phi Alpha Theta, APSU's history honor society, attended the society's regional conference at Tennessee Technical University from Thursday, Jan. 2, to Sunday,

APSU hosts the Theta Delta chapter, which was established in 1961, making it the third-oldest chapter in the state of Tennessee.

Four members presented at the 2014 conference: Patrick Toth, Amanda Lawson, Jennifer Kaiser and Michael Farrell.

- Toth presented, "Vitis vinifera and Rome: How Wine Helped Forge a Civilization."
- · Lawson presented, "The Good, The Bad and the Crazy: A Look into Women in the Athenian Tragedy."
- · Kaiser presented, "Starving for Glory: Food Shortages in the American Civil War."
- Farrell presented, "A Poet's War: The Events and People that Shaped Siegfried Sassoon's Post during WWI."

More than 100 history

CONTINUED ON PAGE 2

APSU PR and Marketing recognized

The office of Personal Relations and Marketing was regionally recognized in February by the CASE in the Southeast District III

» By DAVID HARRIS

Staff Writer

Last month, the Office of Public Relations and Marketing was recognized by the Council for Advancement and Support of Education - Southeast District III.

brochure is a philanthropy piece that provides information about construction of the new stadium and the progress of APSU's football

The piece was written by Melony Shemberger, designed by

Kim Balevre, and produced by

merit awards. One award was in the graphic design specialty category. The honored piece was the acceptance package "Congrats! APSU Acceptance Package." It involved many people in the department, and several from admissions and aimed to "increase yield by matriculating applicants

into enrollees." The second award was for "Best Photographer of the Year," recognizing University Photographer Beth Liggett. Ligget was one of three photographers in the Southeast to be recognized. Liggett said the recognition "is both humbling and motivating," in light of other schools considered against APSU, such as North Carolina

State and the University of Georgia. "Liggett is incredibly talented and has truly brought our department to the next level in photography, not only through her ability to capture incredible images, but in way to share them through things like Instagram, Facebook, etc," Persinger said.

Persinger said any CASE award is a compliment to his "incredibly talented team," and he hopes they can continue to excel. TAS

Any CASE award is a compliment."

Bill Persinger, Executive Director of PR and Marketing

"CASE is a professional organization that provides support through education and collaboration to help universities advance in alumni relations, philanthropy, communication and marketing by offering conferences, professional collaboration, publication and related services," according to Executive Director for Public Relations and Marketing Bill Persinger.

APSU received an Award of Excellence in the category of print and digital publications. The piece honored was the brochure "Scoring New Beginning." The

Michelle Tyndall. Persinger said he is incredibly proud to work with such talented people. APSU competes against all Southeast universities in the competition.

"The 'Scoring New Beginnings' brochure was one of my favorite projects before I left APSU in 2013," Shemberger said. "I was thrilled to learn the piece garnered such a prominent distinction from CASE III ... I am a huge sports fan, so helping to concept and write this piece was more like fun than

work." APSU also received two special 2 News Friday, March 19, 2014 www.theallstate.org

Holly Bobo

CONTINUED FROM FRONT

or never."

USA Today reported that prosecutors are "considering asking for the death penalty if Adams

According to the Facebook page "Bring Holly Bobo Home," there is currently a \$250,000 reward for her safe return. A total of 12,748 people currently "like" the page.

Posts on the page include short prayers from many Tennessee community members. People from places such as Chattanooga and Denver, among others, comment on the page's posts.

"We have been praying for Holly [and] your family since the moment we found out she was missing," Rita Roach Moore posted on Wednesday, March 12.

"We will not stop any time soon," she said. **IAS**



Picture of Bobo pulled from the "Bring Holly Bobo Home" Facebook page. CONTRIBUTED PHOTO

History

CONTINUED FROM FRONT

students and faculty attended the 2014 conference.

Members of the APSU chapter

Experience gained at the conference will benefit students 'when they apply for jobs or gráduate school."

Minoa Uffelman, Theta Delta Chapter faculty advisor

are not required to be history majors to join.

History professor Minoa Uffelman is the Theta Delta Chapter faculty advisor. Uffelman's specialties in history are American, Southern, and gender. Uffelman was honored with the Socrates Award in 2009. The award recognizes exceptional teachers at APSU annually.

"Students benefit in several ways by presenting at a conference," Uffelman said.

» ASSOCIATED PRESS

Tennessee.

NASHVILLE — The House has rejected

Senate changes to a bill to require the

governor to seek legislative approval for

any prospective deal to expand Medicaid in

Republican Rep. Jeremy Durham of

Franklin at first sought to agree to the Senate

changes that that would bar lawmakers from

being reimbursed for meal and lodging

Theta-Delta.

Uffelman said experience gained at the conference will benefit students "when they apply for jobs or graduate school."

Uffelman said experience

in "researching, writing and

revising," is vital to the regional

Students' papers can also

be edited for publication in

the APSU student journal

conference.

John Steinberg, department chair of History and Philosophy, spoke positively about the conference.

"It was well organized," Steinberg said. According to Steinberg, this encouraged "participation among students."

House rejects Senate changes to Medicaid bill

Take our survey and get a coupon for a FREE fountain drink plus

You could win a Galaxy Tab 3!

web: http://tinyurl.com/lydsu7k

Two easy ways to participate:

Governor Haslam must seek legislative approval to expand the program

APSU will be hosting the

conference in 2015.

Last September, APSU's PAT chapter won "Best Chapter of the Year" of 2013 for the fifth consecutive year.

Uffelman said she was "thrilled" to be the leader of the successful organization.

The honors society was given a \$250 check for the award, which was used to buy books for the Felix G. Woodward Library. During the last five years, the organization has donated \$1,250 to the library to purchase new

PAT offers a variety of opportunities to students, such as national and regional meetings, eight national scholarships and a quarterly journal, The Historian.

PAT has more than 350,000 members nationally with an estimated 9,500 new members each year. PAT includes 860 local chapters in the US.

Nels Cleven of the University of Arkansas established the organization on March 17, 1921.

PAT's mission is "to promote the study of history through the encouragement of research, good teaching, publication and the exchange of learning and ideas among historians."

The national headquarters is in the University of South Florida.**TAS**

expenses if a special session had to be called

But Durham withdrew that motion after

Republican Rep. John Ragan of Oak Ridge

cited a provision in the state constitution

that bars the adjustment of expense levels

The bill now goes back to the Senate,

which could either agree to strip out the

special session language, or send the bill to a

during a sitting General Assembly.

to consider a Medicaid deal.

conference committee. TAS

Hankook recruiting to start soon

» ASSOCIATED PRESS

CLARKSVILLE - Hankook Tire will begin recruiting soon for the first openings at its Clarksville plant and focus primarily on administrative jobs with production positions to

President of Clarksville-based Workforce Essentials Inc., Marla Rye told The Leaf-Chronicle the company's hiring team will arrive in the United States by mid-to-late April. They will work out of temporary offices in the Clarksville-Montgomery County Corporate Business Park until the 1.5 million-square-foot plant is constructed in a few years.

The Leaf Chronicle reports "The Hankook start-up staff will be divided into teams - to include HR, engineering, accounting and others - and local officials said they will spearhead construction of the plant while simultaneously being trained in the tire manufacturing process.

The Korean human resources team consists of two people: HR Team Manager Hyung Lee and HR Manager Jay Jung.

The HR team will announce all of the open positions online at www.Jobs4TN.gov.

All applications and resumes will be reviewed and accepted through that website, Rye said. Hankook is not accepting paper applications, nor is it accepting applications or resumes through its international company website.

The initial openings will be announced at Jobs4TN.gov on Friday, March 14.

Anyone who has difficulty navigating the website is asked to visit their local Tennessee Career Center. The Montgomery County Career Center at 350 Pageant Lane in Veterans Plaza has staff on hand to assist applicants.

The positions that are being advertised Friday are human resource manager, payroll administrator, recruitment specialist, project manager, accounting manager, civil engineer, mechanical engineer, electrical engineer, electromechanical engineer, environmental engineer, executive administrative assistant, interpreter and administrative assistant.

Job descriptions, skill sets, educational background, language capability and other requirements will be found on Jobs4TN.gov.

Rye said the Hankook HR team will accept applications for these initial positions for three

Rye says the first hiring phase will bring in managerial, administrative and engineering employees. Hiring for production employees will come later."

When the plant is completed by 2018, Hankook hopes to have hired about 200 administrative staff and 1,600 manufacturing staff, for a total of 1,800 people. **TAS**

CRIME LOG

The campus crime log includes arrests and dispatch call-ins. As mandated by Tennessee law, the crime log is updated within two business days of an incident and new information to an incident available for public inspection any time during normal business hours.

- 10:20 a.m.; Feb. 24; Woodward Library; theft
- 3:31 p.m.; Feb. 25; Clement; burglary
- 1:26 a.m.; Feb. 25; Emerald Hills apts.; domestic assault
- 10:47 a.m.; Feb. 26; Woodward Library; theft of property
- 10:18 a.m.; Feb 26; Harned Hall; theft of
- 11:37 a.m.; Feb. 27; Ann Ross Bookstore; theft of property
- 7:59 a.m.; Feb. 27; Morgan University Center; theft of property
- 6:27 p.m.; March 1; Sundquist Science Complex; theft of property
- 2:09 p.m.; March 7; Castle Heights; simple possession/casual exchange
- 2:00 a.m.; March 8; Meacham Apartments; underage possession/consumption of
- 6:23 p.m.; March 11; Greek Village 550 Robb Ave.; assault
- 3:35 p.m.; March 13; Trahern building; theft of property
- Visit TheAllState.org to see an interactive of the campus crime

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www.DrsCare.com





scan:

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www.theallstate.org

Is the pull up test really fair for women?

» By VALERIE **MCALLISTER**

prides itself on possessing many characteristics, including its use of tactics, size and most importantly to

strength. As with any country's military force, strength is of the utmost are impossible for women to importance. In general, large Obtain?" organizations hold standards

its ever increasing

individuals must reach. The "I believe both sexes should be military is no exception. Being that the U.S. branches of service pride themselves in their strength, these standards are crucial to obtaining a functional

In 2013, women were given at APSU. If women choose the right to serve in combat war zones, where men previously fought alone.

This led to the question of if their male counterparts. women service members are capable of doing a "man's job".

Due in part to the backlash of this seemingly unfair and sexist outlook, standards for men and women service members became nearly equal.

Men and women should be held to the same physical standards when it comes to a physical job. The pull-up test, used commonly in the Army and Marine branches, is a physical fitness test which measures the amount of pull-ups a soldier can perform before falling off

of the pull-up bar. Biologically speaking, men, in general, are physically stronger than women, due to more muscle mass. So The United States Military should the standards be equal for different sexes if they are impossible for women to obtain?

held to the same standard, as

you may be aware of the fact

that now women are allowed

in the infantry, which used to

be strictly males," said George Dial, a freshman ROTC cadet

to serve in combat infantry

situations, the standards for them should be equal to those of

"With the downsizing of the

Army," said Alexis Eldridge,

sophomore ROTC cadet. "I

think there should be an equal

strength standard for both men

and women. Men by nature are

presumed to be stronger than

women; however, women should

still be able to do a strength test

based off of their body weight

just the same as men. So women

should be able to reach the same

standard as males in strength

events such as pull-ups." Both

genders must be physically

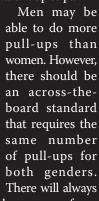
capable of lifting and firing

long distances. Sensibly enough, when one chooses to accept a duty, he or she must accept the standards held. Priding oneself on strength means weeding out the ones who aren't up to par.

machinery and transporting it

Should the standards be equal for for different sexes if they

> be those who can perform more than others, but there should be a minimum singular requirement. Perhaps a pull-up test is not an accurate way to measure one's physical ability. Since men and women have to carry the same amount of equipment and machinery, a fair test of physical strength may be walking or running with the equipment, as commonly done by service members. Since both genders are required to carry the same amount of weight, being able to pull yourself up on a bar may not measure accurately your ability to carry, run and shoot. Women have slowly gained their rights throughout history, but not without a fight. Just as with the right to vote and right to fair pay, women deserve the right to serve their country. However, no one person should have physical exceptions made when it comes to building a strong military force. **TAS**





Saving is the key to success for college students

» By CHELSEA LEONARD

As college students, we are all sorely lacking a six-figure bank account to provide our every need or want. It is hard enough to plan out the next semester without the added pressure of having to hear loaded questions from adults 20 or more years older asking, "What will you do when you graduate?"

"How will you support yourself financially?" "Will that major amount to anything?" We have

concerns for our own futures, too. "Will I ever be able to pay off my student loans?" "Will I land my dream job?"

"When and where should I invest my money, when I actually have some?"

"Is there enough money on my card to get a Chik-Fil-A sandwich from the Grille tomorrow?"

According to a survey conducted by Adecco Staffing US, "college graduates lack confidence in their future retirements. The survey found that only 19 percent of participants believe Social Security will exist when they retire, and only 46 percent had confidence that their personal savings plan will be able to fund their retirement lifestyle." Navigating the adult world of investments and 401Ks is no easy feat, and just like you, I am no expert. Graduating from college gives a person a financial edge for the future, allowing the possibility of better paying jobs. We've got the advantage.

Here is a suggestion, for those of us coming out of college with a degree and a dream, and a less than average bank account statement: Save your money. Invest when it feels right. Investing money can seem like a daunting task better left for stock broking Wall-Streeters with all the business know how one could ever want.

It is easy to think investing is something for the "old" ones to worry about: the people who have already lived long enough to figure out what it means to budget, save and spend their hard earned pennies and dollars within their meticulously calculated personal limits. However, Forbes Magazine suggested in a recent article that it's not too soon for college graduates to think about investing. "In fact, one of the great advantages you have over people at your parents' and grandparents' age is that you have many, many years ahead of you, which means more time for your money to grow," said Kerry Hannon, Forbes contributor. "And, historically, buying stocks or mutual funds is the best way to do this." While we should not wait until we are 60 years old, investing right now is not the best idea. Before we can buy these stocks or mutual funds, we need to save. "If you have less than \$2,000 in both your checking and banking accounts you should prioritize saving over all other money to-dos," according to Lifeaftercollege.org. Many of us fall into this category.

With student loan debt, along with possible unemployment until the right job presents itself, graduates can be stuck in financial limbo. We do not have enough money to pay the bills, much less invest. Unexpected expenses such as a car repairs, replacing stolen items or hospital visits could leave graduates in even more debt than they started with if they do not begin to save the money they are earning. Begin saving, and educate yourself along the way. Luckily for us millennials, the internet is teeming with information to sift through, giving us the opportunity to become educated and, in turn, make decisions for ourselves. Pick up a copy of The Wall Street Journal and talk to a financial advisor at a bank, or even just an older relative with experience investing. After your bank account is stable, then think about taking a walk down the investment road. **TAS**

TIPS ON HOW TO SAVE MONEY FOR COLLEGE STUDENTS

- 1. Your second term is the time when various bills incurred in your first term may catch up with you. Think carefully as you go along about what you need to be earmarking for those future bills and what you really have to spend.
- 2. If beer appears on your budget as a category in its own right, you may have bigger problems than personal
 - 3. You do not need every new Apple device as it is released. Unless you are doing a specific course with specific requirements, you may find that one machine lasts you three or four years.
 - 4. Understand that there is a difference between 'buying cheap as possible,' and 'buying best quality possible so it lasts, and that there are different circumstances under which you should apply different methods.
- 5. Remember that college is not just about getting technical knowledge from professors into students, it's also about growing up and making friends who will (hopefully) be with you for decades. So, don't assume that your 'social activities' budget should be the first item to be cut and turn yourself into a hermit.
- 6. If you are not in America, then then you do not need a car to be a student. If you are in America, you might not need a car. A car is a device for transferring money from you into the hands of the oil companies.

Information from Forbes.com

ABOUT US

Jenelle Grewell, editor-in-chief Jennifer Smith, managing editor Conor Scruton, chief copy editor Lauren Cottle, news editor Josh Stephenson, sports editor Katelyn Clark, features editor Ronniesia Reed, perspectives editor Ashley Durham, online efitor Ariana Jelson, photo editor Chastity Crabtree, advertising manager Jake Lowary, **adviser**

Morgan University Center, room 111 P.O. Box 4634, Clarksville, TN 37044 phone: (931) 221-7376 theallstate@apsu.edu allstateads@apsu.edu

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ABOUT THIS PUBLICATION

The All State is published every Wednesday of the academic year, except during final exams and holidays.

Letters to The Editor should include author's full name, email and phone number, plus major and class, if applicable. Letters will be checked for authenticity and should be received

no later than 4 p.m. on Friday to be considered for publication. Letters may be edited for clarity and content, and should not exceed 300 words.

The All State's mission is to publish timely and pertinent news for the Austin Peay State University community. It serves as a voice for the students and

is entirely managed and produced by APSU students.

The All State is not an official publication of Austin Peay State University. The views herein do not necessarily reflect those of *The All* State, APSU or the Tennessee Board of Regents.

DID YOU KNOW?

THIS DAY IN HISTORY March 19

1831 - The first bank robbery in America was reported. The **City Bank of New York City lost** \$245,000 in the robbery.

1994 - The largest omelet in history was made with 160,000 eggs in Yokohama, Japan.

FUN FACTS

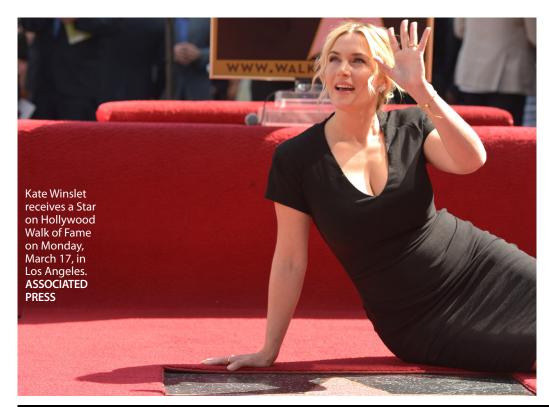
Every time you lick a stamp, you're consuming 1/10 of a calorie.

A duck's quack doesn't echo, and no one knows why

A 'jiffy is an actual unit of time: 1/100th of a second

Debra Winger was the voice of E.T.

Info from http://www.begent. org/funfact.htm





R&B singer Chris Brown appears in Los Angeles Superior Court on Monday, March 17. After a weekend in jail, Chris Brown has been ordered to remain in jail without bail for allegedly violating his probation stemming from his 2009 assault of then-girlfriend Rihanna hours before the Grammy Awards. ASSOCIATED PRESS



From MTV's hit show



Warning: May contain mature content.

as seen on...



Thursday, March 20 Doors at 6:30 P.M. Show at 7:00 P.M. Clement Auditorium







This event is free & open to all APSU students.







7 P.M. MARCH 25 CLEMENT AUDITORIUM

BOOK SIGNING TO FOLLOW.

Sponsored by: Student Affairs Programs, Diversity Task Force, Wilbur N. Daniel African American Cultural Center, Student Transitions, Student Life & Engagement







EVENTS

Wednesday, March 19

WNDAACC Spoken Word Workshop with **Southern** Word 12:20 to 1:15 p.m. **CL 120**

URec Wellness Workshop: **Nutrition** for Life 5 p.m. **Foy Wellness Ed Room**

Thursday, March 20

Indoor Soccer and Softball "Earlybird" **Deadline** \$30/team

Friday, March 21

Indoor Soccer \$40/team, Softball \$40/team and Tennis \$5/person Registration **Deadline**

Monday, March 24

College of **Science and** Math/Career Services, **STEM Career** Fair 10 a.m. to 2 p.m. **UC Ballroom**

MSC/VA/FA & **OR Workshop** 11 a.m. to 1 p.m. **MUC 120**

HCC NAAT: EI Salvador 12 to 1:30 p.m. **MUC312**

Tuesday, March 25

Unity Keynote Speaker: Soledad 0'Brien 7 to 9 p.m.

To submit on-or off-campus events for future Community Calendars, email allstatefeatures@

The SMX-Tion

A spoonful of sugar helps the college bills go down

A glimpse into the life of a sugar baby

» By JENELLE GREWELL Editor-in-Chief

Being a sugar baby is a new trend college students and graduates are following to help pay their expenses.

Instead of turning to part-time jobs or finding career paths associated with their degrees, some college students and graduates are turning to a sugar daddy or a sugar mommy to help foot their bills.

What does it mean to be a sugar baby? "[Sugar babies are] attractive, intelligent, ambitious and goal-oriented," according to Seeking Arrangements, a dating website specifically for sugar babies, sugar mommies and sugar daddies.

Seeking Arrangements describes sugar daddies as "modern gentlem[e]n" who are respectful and generous.

"Some call you a mentor, sponsor or benefactor. But no matter what your desires may be, you are brutally honest about who you are, what you expect and what you offer," Seeking Arrangements posted to describe sugar daddies and sugar mom-

A sugar baby and sugar daddy or mommy enter "a mutually beneficial relationship," in which the two partners agree on what they want and what they have to offer one another prior to starting the relationship according to Seeking Arrangements.

Eve, a sugar baby from New York, said there have been more girls seeking to enter the sugar baby lifestyle in the past year.

Laszlo Stojalowsky, assistant director of student counseling services at APSU, said every relationship has a cost/benefit factor.

According to Stojalowsky, there reaches a point in relationships where people tend to like each other for who they are rather than what they can give one another. He said a sugar baby's relationship with a sugar daddy or mommy seems to have more of a time frame or limit and is based off what those in the relationship can do for each other.

For some college stu-

dents and graduates, it can be asking for an allowance to pay rent or utility bills in exchange for going on dates with their sugar daddy or sugar mommy, or it can mean occasional shopping sprees in exchange for committed time to their benefactor.

According to an article by CNN, college students made up 44 percent of memberships for Seeking Arrangements in 2012.

> Girls think it's easy money, but it's not; it's hard work, and dangerous work."

Eve, sugar baby from New York

The website describes having a sugar daddy or mommy as a "sugar baby scholarship" because some sugar daddies and sugar mommies are willing to pay college tuition.

The question of ethics behind being a sugar baby also comes into play. Some consider being a sugar baby comparable to prostitution.

However, according to the CNN article, sugar daddies and sugar mommies do not always want sex in return for gifts and allowances. Many relationships on these websites mirror actual romantic relationships, in which sugar daddies or mommies take their sugar babies on trips and buy

Some relationships become more serious when they reach a point of intimacy, therefore, sugar daddies or sugar mommies may spoil their sugar babies more.

"It could be considered prostitution in the sense that you are being paid to be someone's companion, whether or not sex is involved," said Morgan Stephens, a senior psychology major.

Freshman business major Brandon Benson said he does not think it is right to compare being a sugar baby to prostitution since the relationships aren't always about the money.

"It is just a poor decision for being in a

relationship, because you would be with someone for what they can do for you rather than who they are," Benson said.

Eve said there are dangers of being a sugar baby. "[Girls] think it's easy money, but it's not; it's hard work, and it's danger ous work," Eve said. "And these are girls who end up getting raped or worse. It's obviously not their fault, but you have to be aware of the risks that come with this

Steven Pasternack, creator of Sugardaddie.com, told CNN many men who become sugar daddies do so because they enjoy pampering young women and taking on a mentor role to support struggling young women.

"I wouldn't ever be a sugar baby, because that is not what I am paying all this money in tuition for," Stephens said.

Stojalowsky noted emotional dangers that could come with being a sugar baby. "Initially, the expectations are clear ... but then, as a relationship progresses, sometimes expectations veer off or get added," Stojalowsky said.

Stojalowsky said, in his research, he discovered many sugar daddies are married. Thus, these relationships could harm not only the two parties involved, but also potentially their families and marriages.

"In the majority of the cases I read, [the decision to become a sugar baby] came out of desperation," Stojalowsky said. He said the decision also seems to come from the idea of paying off student loans sooner and being supported during that time.

Stojalowsky said it is easy to make a snap judgment about someone who chooses to be a sugar baby, but advised not to make generalizations.

"There are so many different situations," Stojalowsky said. "You have to look at individual life situations and factors."

Benson said he wouldn't think anything less of someone who chooses to be a sugar baby, but worries about them being able to prepare themselves for meaningful relationships.

"Look into the pros and cons before getting into a sugar baby arrangement," suggested Stojalowky.

"Most people don't [make pro and con analyses] in making decisions in general," Stojalowsky said. "I think it can be such an important component." TAS FREE STOCK EXCHANGE

» By TAYLOR B. JONES

Guest Writer, creator of sugardaddyformula.com

When you say the words "sugar baby," there's often a look of disgust in return.

Immediately, they think "escort" or "gold-digger."

It's not something you tell your parents or friends, and you immediately feel as though you're alone in this journey.

Many of us keep our sugar daddy dating a "dirty little secret," and we never talk with anyone else about it. I never set out to become a

lifestyle coach for sugar babies. Like a lot of women, I've always been attracted to worldly men, and I wanted to surround myself with them to get inside their heads and experience a different lifestyle than what I was accustomed to.

Perhaps I yearned for the maturity and wisdom they provided.

I became obsessed with wanting to know more about this world. I came across books about being a sugar baby, but they only left me wondering what to do next. I had no one to ask or turn to for help.

It taught me something I never would have realized on my own: With my passion for human behavior and discovering the nuances that drive a man to give a woman what she wants, I could create a system. It has worked for me, and I now share it with other sugar babies.

I am a woman who has chosen to enhance my lifestyle by dating successful men, so I can speak about these stereotypes from my own experience.



I am a woman who has elevated herself by dating successful men."

Most sugar daddy/sugar baby relationships are ongoing, not one-night stands, and they are as monogamous as any other relationship, often moreso.

Many sugar daddy relationships evolve into marriages or long-term committed relationships indistinguishable from any other traditional relationship.

Many other sugar babies are women who were tired of dating immature "pretty boys" or "bad boys" with no money who always seemed to hurt or cheat on them in the end.

When they were finally ready to meet more mature men who treat women right, who could be mentors and help guide them to happier, more successful lives, they started to consider the option of dating an established, mature, worldly, considerate sugar daddy.

I find it alarming that a woman having set certain standards of living for herself can't simply be embraced as a woman who knows her worth.

What is so bad about a woman who sets her sights on high things

Sugar daddy/sugar baby relationships existed prior to dating sites, but most women try to stay clear of being associated with any union of the sort for fear of being labeled a gold-digger or opportunist.

It's no secret the average woman would prefer a man with substantial wealth when it comes to dating or

Now more than ever, women can safely and secretly conduct their searches for wealthy and affluent benefactors without shame.

But joining these sites is only half the battle in attracting a sugar daddy.

I am a woman who has elevated herself by dating successful men. I have dedicated my career to coaching women who seek beneficial relationships with successful men.

The message I feel is at the core of what I try to teach is to give yourself time and do a thorough analysis of what it is you are trying to achieve before joining any websites.

Many women keep their sugar daddy dating a secret and are left to wonder if thery are the only ones dealing with the issues.

I have created a sugar baby support group to get us talking about it and to provide that support system.

I know what it is like. I was once clueless in this lifestyle.

I would have done anything to have someone experienced when I was getting started and that is why I am here now.

When a sugar baby starts her journey, she must understand the dynamics of this lifestyle and, above all, not make her Sugar Daddy solely responsible for her happiness.

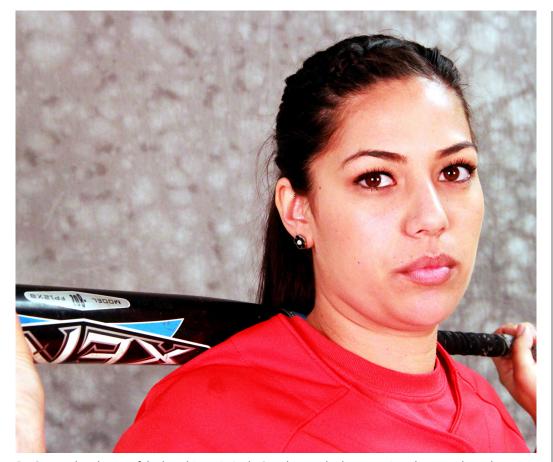
Be realistic in expectations. Women have a tremendous influence on the quality and fate of their

relationship. If a sugar baby knows the sugar

daddy game, the rewards she will reap will be limitless. **TAS**



7 Sports Friday, March 19, 2014 www.theallstate.org



De Castro, already one of the best hitters in Lady Govs history, looks to continue her assualt on the record books as she leads the offense this year. MICHELLETURNER | STAFF PHOTOGRAPHER

De Castro Profile

CONTINUED FROM PAGE 8

in slugging percentage, RBIs, fielding percentage and innings pitched.

"I think she was excited about the coaching change, but I don't know if it made an impact on her as far as her performance," Paris said. "She is just a great player, and she is going to be able to adapt to whatever situation she is in, and that's what she did."

Despite having a lot of responsibility, de Castro said she wouldn't want it any other

"I love feeling that everything is on my shoulders and having the pressure put on me," de Castro said, who currently ranks fourth in the OVC with 14 hits through 17 games. "It's great to know that people are counting on you and expect you to get things done. I've grown up with it since I was little, so I'm used to it and like the pressure."

Being one of five seniors on a team with 12 players who are sophomores or younger, de Castro said she knows she is in a position to help tutor the next generation of APSU softball players.

Second Round

"I just want to lead by example and be an example of what this program should end up looking like in the future," de Castro said. "I'm hoping that I can show these freshman what it takes and what they need to be at the top. Hopefully, this program will continue to flourish after I leave and gets better and better."

De Castro currently sits fourth all-time in APSU career batting average with .344 and third all-time in slugging percentage at .579. De Castro is also fourth on the all-time home run list with 20 in her career and currently tied for sixth in career runs batted in with 81.

Although de Castro has already had an effect on the APSU softball record books, she said she looks to help get this team to the postseason and be remembered as player who left the program in a better place than when she arrived.

"When you have someone like that on your team you are automatically going to be followed whether you're a vocal leader or not," Paris said. "People are going to gravitate to you because they want your skills or to be as good as you. That just comes with the territory. When you're a great player, people are going to follow you, and she takes that in stride and does a great job with that." TAS

Regional

Third Round

National

Michael Sam

CONTINUED FROM PAGE 8

develop and to realize who they are as

It seems when people are open about their personal lives or sexual orientations and make a statements like this, others tend to look at them in a different light, despite them being the same people they were before. Recently at the NFL combine, during their media day, Sam said he wants to be seen as "Michael Sam the football player, not Michael Sam the gay football player."

Who am I to judge someone because of something he or she believes or stands up for?

Michael Sam is not the first gay football player who will ever play in the NFL; it is the law of averages. He is just the first to stand up and say, "this is who I am and I am not hiding it anymore" because he shouldn't have to do so.

It makes me hopeful that if, one day, an APSU athlete wants to make his or her sexual orientation known, he or she will not be treated differently.

"Great organizations accommodate differences, they don't exclude them," van der Merwe said. **TAS**

Vols make NCAA tourney

» ASSOCIATED PRESS

KNOXVILLE, Tenn. — Tennessee isn't griping about the fact it will have to begin NCAA tournament play a little earlier than it expected. The Volunteers are simply relieved to be in the field at all. Tennessee (21-12) faces Iowa (20-12) on Wednesday in the First Four at Dayton, Ohio. The winner meets No. 6 seed Massachusetts (24-8) on Friday in Midwest Regional action at Raleigh, N.C.

The Vols hoped their late-season surge would keep them out of the First Four, but they like this scenario better than a third straight NIT appearance. Each of the last two years, Tennessee was optimistic about getting an NCAA bid on the day the selections were announced, only to end up disap-

"The NIT isn't fun," Tennessee forward Jarnell Stokes said Monday. "As we practiced today, we just pictured how it was last year when we saw those NIT balls in our gym. Guys were mad, ready to fight each other. It was very ugly. We were very happy today. We're actually playing for something meaningful."

This marks the first NCAA tournament appearance in the head coaching career of Tennessee's Cuonzo Martin, who avoided a fourth consecutive trip to the NIT. Martin had reached the NIT in his final season at Missouri State before coming to Tennessee.

"I'm just excited for the program, the fans that were there through thick and thin and continued to support," Martin said. "I'm happy for all of them. You wouldn't imagine how many former players - I'm not just talking about basketball, but football, baseball, volleyball, (people in the) military - who send letters and emails (saying), 'We support you

Regional

National

guys.' It's just tremendous for those people that really stuck with our program."

Tennessee earned its bid with the type of late-season surge that has become customary during Martin's three-year tenure. The Vols won five consecutive games by an average margin of 23 points before falling 56-49 to No. 1 Florida in the Southeastern Conference tournament semifinals Saturday. Now they want to build on that momentum.

"This would mean everything to me," Tennessee guard Jordan McRae said. "This was one of the main reasons I came back (for my senior year), just to get a chance to go to the tournament, and we're doing it. We're not satisfied with just getting to the tournament."

Martin said that even when Tennessee was struggling, he believed the Vols could get an NCAA bid if they played consistently effective defense. The Vols haven't allowed any of their last five opponents to exceed 54 points.

That sets up an interesting matchup with Iowa. The Hawkeyes average 82 points per game to rank ninth among all Division I teams. Tennessee hasn't given up more than 78 points in a game all season. That isn't the only difference between the two teams. While Tennessee has won five of its last six games, Iowa has lost six of its last seven. That late-season slump caused the Hawkeyes, who were ranked much of the season, to slide into one of the tournament's so-called "play-in" games.

One thing Iowa and Tennessee have in common is a lack of NCAA tournament appearance. Iowa earned its last NCAA bid since 2006, while Tennessee is here for the first time since 2011. Memphis transfer Antonio Barton is the only Vol who has played meaningful minutes in an NCAA tournament game. TAS

Second Round

Third Round



NATIONAL

Regional Sites: Anaheim, Indianapolis, Memphis, New York

PRESENTED BY

Early-Round Sites: Buffalo, Milwaukee, Orlando, Raleigh, San Antonio, San Diego, Spokane, St. Louis



Senior de Castro, Lady Govs look to put the OVC on notice

When you're a great player

people are going to follow

stride and does a great job."

Stephanie Paris, Head Coach Lady Govs Softball

you and she takes that in

» By JOSHUA STEPHENSON

Sports Editor

As a junior at Torrance High School, Lauren de Castro was a dominant pitcher, hitter and utility player for her softball team. She had started to garner attention from college soft-

ball teams around the country and saw a bright future in collegiate softball. Then, during her junior year, de Castro injured her elbow on her pitching arm and prospective teams became worried.

"I sprained my ulnar collateral ligament; it wasn't torn, so it wasn't a Tommy John injury, but they couldn't do anything about it. I just had to rehab for eight months," de Castro said. "So a lot of other offers from dif-

ferent schools just ended up falling through, but APSU stuck with me, and I loved the campus when I came to visit, and I felt like it was a good fit for me."

De Castro has fit in well as a Lady Gov, with a career batting average of .344, 81 runs batted in, 20 home runs and a .579 slugging percentage.

"She is our table setter; every team would probably want 20 just like her," said Lady Govs Head Softball Coach Stephanie Paris. "Someone who can obviously be a threat in the

pitching circle but Lauren's major threat is at the plate. She is a hitter and one of the best hitters in the conference, if we had eight or nine in the lineup just like her we could do some damage."

Not only is de Castro a threat when she steps up to the plate; she is also a successful pitcher with a 3.85 earned run

average over 51 career starts in the circle. As a utility player in the field, her career .980 fielding percentage ranks eighth in Lady Govs softball history and her .995 fielding percentage from last season is the best for a single season in program history.

"I have always been one of the best hitters since I was young so I wasn't always just seen as the pitcher," de Castro said, who is a two-time All-Ohio Valley Conference first team selection. "It's always been when I

didn't pitch I was always playing another position because they needed me in the lineup."

Between her sophomore and junior seasons, de Castro, along with her teammates, went through a coaching change as Paris became the seventh Lady Govs softball coach. The coaching change did not affect de Castro on the field, as she had arguably her best season as a Lady Gov with career highs

CONTINUED ON PAGE 4

Michael Sam bringing a change in culture?

» By JOSHUA STEPHENSON

Sports Editor

I love looking at unique situations in professional or collegiate sports and wondering all the "what if's". What if it happened somewhere else? What if that team was in a different conference? What if that player was on a different team? Would he be as successful?

That is what draws me so much to the Michael Sam story that has developed over the last month. He was the best defensive player in the toughest conference in college football, but now that he has made his announcement about being gay whether or

this a unique situation or, would this have happened on other campuses?

"When you are part of a team you have close friendships, and he must have felt he was in a place that he could make this stand for him personally," said APSU Athletic Director Derek van der Merwe, who played offensive line for Central Michigan University from 1991-1995. "If you are on a team that respects you for who you are, teams support each other and support his position, as well."

A lot of factors would play into a situation like this if it ever took place at APSU. In the South, there are a lot of people set in their ways



Great organizations accommodate difference, they don't exclude them"

Derek van der Merwe, APSU Athletic Director

not he will fit into a National Football League locker room is being called into question. Some think that Sam's announcement will hurt his draft stock and that some organizations might pass on him because of his choice to come out and not because of his ability as a football player. His body of work in college shows he deserves not only a shot in the NFL, but serious consideration as a mid-round pick instead of a late-round selection.

It is not my place to say if he will fit in or not as a professional, despite the fact that he should not be discriminated against in the workplace. I do wonder, though, how an athlete who made this type of announcement would be handled on our campus here at APSU. Sam let his teammates know about his sexual orientation before the start of his senior season and they went on to have a very successful season as a team. Sam had terrific individual performance throughout the season. Is

when it comes to beliefs and religion. The love of sports and football in particular would also be a factor. It is no question that college football is king in this part of the country, and the idea changing something so loved and revered is a potential hurdle. There is also the open-mindness that should come with attending an institution of higher learning. If you asked the 18-year-old version of me my thoughts of this topic, they would differ greatly from what I would say at 23 years old. Understanding and acceptance are traits that can be learned and are things I have acquired at APSU.

"Universities are built structurally on the foundation of openness, community, acceptance, inclusion; that's what great universities are," van der Merwe said. "In an ideal world, you would hope universities, right down to their athletic programs, would choose to have an environment that is welcoming and allows students to

CONTINUED ON PAGE 4

Bat Govs start Ohio Valley Conference play 2-1 at home against Eastern Illinois Panthers

» By COREY ADAMS Staff Writer

The 2014 APSU baseball team has showed moments of promise throughout the season's first month, but all the pieces finally came together to earn the first conference series win.

The Govs (8-10, 2-1 OVC) won both games of a doubleheader against Eastern Illinois (4-15, 2-4 OVC) on Saturday, March 15 by scores of 14-10 and 10-6. Pitching, hitting, and fielding came together as APSU walked out of Raymond C. Hand Park, now above the .500 mark in conference play.

Game one, saw 24 runs and 32 hits lead to four ties and five lead changes throughout the course of nine innings, with the Govs holding on in the end. Starter Ryan Quick exited the game after allowing 11 hits and seven runs, and the APSU bullpen held off the Panthers, giving the offense opportunities to put up big numbers.

Senior Kevin Corey did just that, going 4-for-5 at the plate, and the remaining veterans followed his lead. The four seniors in the lineup — Corey, Rolando Gautier, P.J. Torres and Matt Wollenzin — combined to drive in eight of the 12 runs, which set the pace for the team.

"I thought Ro [Gautier] did a great job setting the tempo all day, and Matt and P.J. had really good at-bats," Corey said. "It was nice to see. I thought there was really good leadership, and I think the freshmen and younger guys fed off that"

The Panthers led 10-9 going into the seventh inning, but the Govs put up five runs in the bottom half to pull away. A two-run pinch hit home run by Logan Gray, who didn't start for the first time this season, was the blow that gave APSU the lead and sealed its first win of the day.

In game two, freshman starter and lefty Levi Primasing earned his second win of the season, going seven innings, allowing just two runs on five hits and striking out a career-high five batters. EIU managed to chip away with four runs in the final two innings, but the bats provided enough early on to create too great a gap to overcome.

The Govs added two runs in the third, then broke through for six in the fourth. A two-run home run by Cayce Bredlau, his first of the year, started it all while Ridge Smith belted his second homer of the season to put the Govs up

"It's really nice, especially as a pitcher," Primasing said of the run support. "When you get an eight run lead it makes it a lot easier to pitch, pressure comes off."

The second contest was also the first of the year in which the Govs did not commit a fielding error, as a new infield alignment of Alex Robles at third base, Garrett Copeland at shortstop and Corey at second worked well. 745



Rolando Gautier awaits a ptich at Raymond C. Hand Park. The Govs shook off a loss to begin the weekend series and won the final two to begin conference play on the right foot.

COREY ADAMS | STAFF WRITER