

Standing Committee Annual Report

Name of Committee or Council:

Alcohol and Other Drugs (AOD) Committee

Chair:

Amanuel Asfaw

Meeting Dates in Current Year:

Spring Meetings: 03/30; 04/23, AND Some
Email Exchanges

Major Actions or Accomplishments:

- ❖ AOD requested all faculty and staff to complete an anonymous survey about changes in alcohol intake over the pandemic in an attempt to plan for resources needed as APSU is transitioning back in the fall.
- ❖ Prepared IRB proposal and received approval to send an anonymous survey to faculty on the changes in alcohol intake since COVID-19 to help guide us on what programs/education/resources might need to be available as they transition back onto campus
- ❖ Conducted a self-care techniques presentation to APSU faculty and staff on April 29.
- ❖ Reviewed APSU's annual wellness survey results and came up with training ideas for Spring
- ❖ Planned to offer Narcan Training in the Spring to AOD members
- ❖ Conducted need assessment to create a collegial recovery support center to college students